

LIVE WELL SAN DIEGO INDICATORS

The *Live Well San Diego* Indicators are part of a framework of Indicators spanning five Areas of Influence that track progress toward one vision of a region that is Building Better Health, Living Safely and Thriving. The *Live Well San Diego* Indicators have been carefully selected with input gathered from community representatives. With this framework, the County can track whether or not collective efforts under *Live Well San Diego* are truly making a difference, as reflected in changes in one or more Indicators.



Look for these icons that display data for San Diego County compared to data for the State of California and the nation.

Area of Influence: HEALTH

Enjoying good health and expecting to live a full life

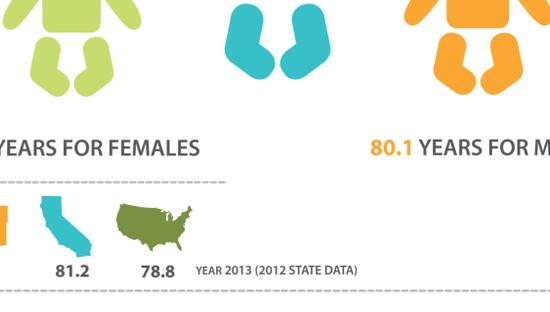


Indicator: Life Expectancy

Life expectancy at birth is measured as the average number of years a baby born today is expected to live if current mortality patterns continue throughout his or her lifetime. Females born today are expected on average to live longer than males born today.

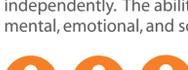
AVERAGE LIFE EXPECTANCY FOR A BABY BORN TODAY

82.3 YEARS



84.5 YEARS FOR FEMALES

80.1 YEARS FOR MALES



82.3

81.2

78.8

YEAR 2013 (2012 STATE DATA)

Indicator: Quality of Life

Quality of life is measured as the percentage of the population sufficiently healthy to live independently. The ability to live independently has a positive impact on physical, mental, emotional, and social well-being.



1 IN 20 PEOPLE NEEDS HELP WITH DAILY LIVING*

*Needing help with daily living is defined as having a physical, mental or emotional condition that impacts a person's ability to live independently.



95.0%

94.5%

94.2%

YEAR 2013

Area of Influence: KNOWLEDGE

Learning throughout the lifespan



Indicator: Education

Education is measured as the percentage of the population with a high school diploma or equivalent. Education has a beneficial influence on a variety of economic, social and psychological factors which impact the health and well-being of a population.



5 IN 6 STUDENTS GRADUATE FROM HIGH SCHOOL

2 IN 6 STUDENTS GO ON TO GET A BACHELOR'S DEGREE



84.7%

81.7%

86.6%

YEAR 2013

Area of Influence: STANDARD OF LIVING

Having enough resources for a quality life



Indicator: Unemployment Rate

Unemployment rate is measured as the percentage of the total labor force that is unemployed. The rate of unemployment has a strong negative influence on the financial health and overall well-being of a population.

10.3% OF PEOPLE IN THE TOTAL LABOR FORCE ARE UNEMPLOYED



Adults **without** a high school diploma have an unemployment rate of

11.8%



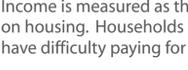
Adults with a **high school diploma** have an unemployment rate of

11.4%



Adults with a **bachelor's degree or higher** have an unemployment rate of

5.6%



10.3%

11.5%

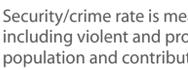
9.7%

YEAR 2013

Indicator: Income

Income is measured as the percentage of the population spending less than 1/3 of income on housing. Households who spend more than 1/3 of household income for housing may have difficulty paying for necessities such as food, transportation or medical care.

1 IN 2 HOUSEHOLDS SPENDS MORE THAN 1/3 OF INCOME ON HOUSING



49.9%

53.5%

63.3%

YEAR 2013

Area of Influence: COMMUNITY

Living in a clean and safe environment



Indicator: Security/Crime Rate

Security/crime rate is measured as the number of crimes per 100,000 people. Crime, including violent and property crimes, can have a significant impact on well-being of the population and contributes to premature death and disability, poor mental health, and lost productivity.

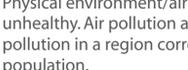
2,138.7 TOTAL CRIMES

REPORTED PER **100,000 RESIDENTS**



6 OUT OF 7 CRIMES ARE PROPERTY CRIMES

1 OUT OF 7 CRIMES IS A VIOLENT CRIME



2,138.7

2,837.2

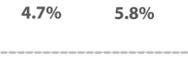
2,961.6

YEAR 2014

Indicator: Physical Environment/Air Quality

Physical environment/air quality is measured as the ratio of days that air quality is rated unhealthy. Air pollution affects more people than any other pollutant. Lower levels of air pollution in a region correlate with better respiratory and cardiovascular health of the population.

1.5 OUT OF 31 DAYS AIR QUALITY IS RATED POORLY



4.7%

5.8%

N/A*

YEAR 2014

*N/A means there is no comparable national data available.

Indicator: Built Environment/Distance to Park

Built environment/distance to park is measured as the percentage of the population living within a half mile of a park. Access to parks and recreation services has been shown to have positive health impacts, including the physical, social, and mental aspects of health.



1 IN 2 PEOPLE LIVES WITHIN A HALF MILE OF A PARK



50.0%

58.0%

36.8%

YEAR 2010*

*Due to data constraints, we are unable to update this Indicator from our original source. Considered a relevant indicator by national standards in measuring population health and well-being, we are seeking alternative data sources to provide the most current data available.

Area of Influence: SOCIAL

Helping each other to live well



Indicator: Vulnerable Populations/ Food Insecurity

Food insecurity is measured as the percentage of the low income* population who have been unable to purchase enough food on a regular basis. Food insecurity affects not only current health, but also physical, mental, and social development.



2 IN 5 PEOPLE WITH LOW-INCOME* EXPERIENCE FOOD INSECURITY

*Low-income is 200% or below the Federal Poverty Level (FPL)



38.1%

38.4%

N/A**

YEAR 2014

**N/A means there is no comparable national data available.

Indicator: Community Involvement/ Volunteerism

Volunteerism is measured as the percentage of the population who volunteer. Volunteering creates a meaningful, positive impact on the community and benefits the volunteers themselves.



1 IN 4 PEOPLE ON AVERAGE VOLUNTEERS

APPROXIMATELY **147 HOURS PER YEAR**



26.9%

24.3%

25.4%

YEAR 2013

HOW CAN I MAKE AN IMPACT?

The *Live Well San Diego* vision of a San Diego region that is Building Better Health, Living Safely and Thriving involves everyone - not just County government - working together. This includes cities, schools, businesses, health care organizations, military and veterans organizations, and faith-based and community organizations, as well as residents taking action to improve their own lives.

For full descriptions of each *Live Well San Diego* Indicator and links to current data, visit LiveWellSD.org/make-an-impact/

