



Live Well San Diego Top 10 Indicators

October 2015



Indicator	Measure	We want to increase this ↑ We want to decrease this ↓	San Diego	California	United States
			Latest Yr Data	Latest Yr Data	Latest Yr Data
HEALTH - Enjoying good health and expecting to live a full life					
Life Expectancy	Measure of years of length and duration of life expected at birth	↑	82.3 (2013)	81.2 (2012)	78.8 (2013)
Quality of Life	Percent of population that is sufficiently healthy to be able to live independently (not including those who reside in nursing homes or other institutions)	↑	95.0% (2013)	94.5% (2013)	94.2% (2013)
KNOWLEDGE - Learning throughout the lifespan					
Education: High School Diploma or Equivalent	Percent of population with at least a High School Diploma or equivalent	↑	84.7% (2013)	81.7% (2013)	86.6% (2013)
STANDARD OF LIVING - Having enough resources for a quality life					
Unemployment Rate	Percent of the total labor force that is unemployed (actively seeking employment and willing to work)	↓	10.3% (2013)	11.5% (2013)	9.7% (2013)
Income: Spending Less Than 1/3 of Income on Housing	Percent of population spending less than 1/3 of household income on housing	↑	49.9% (2013)	53.5% (2013)	63.3% (2013)
COMMUNITY - Living in a clean and safe neighborhood					
Security: Crime Rate	Number of crimes per 100,000 people (all crimes, including violent and property)	↓	2,138.7 (2014)	2,837.2 (2014)	2,961.6 (2014)
Physical Environment: Air Quality	Percent of days that air quality was rated as unhealthy (<i>New data Source</i>)	↓	4.7% (2010)	5.8% (2010)	N/A
Built Environment: Distance To Park	Percent of population living within a half mile of a park (<i>No new data</i>)	↑	50.0% (2010)	58.0% (2010)	36.8% (2010)
SOCIAL - Helping each other to live well					
Vulnerable Populations: Food Insecurity	Percent of population with income of 200 percent of poverty or less, who have experienced food insecurity	↓	38.1% (2014)	38.4% (2014)	N/A
Community Involvement: Volunteerism	Percent of population who volunteer	↑	26.9% (2013)	24.3% (2013)	25.4% (2013)

Note: The most current local data, that has state and national comparison data, is reported. N/A means data is Not Available.



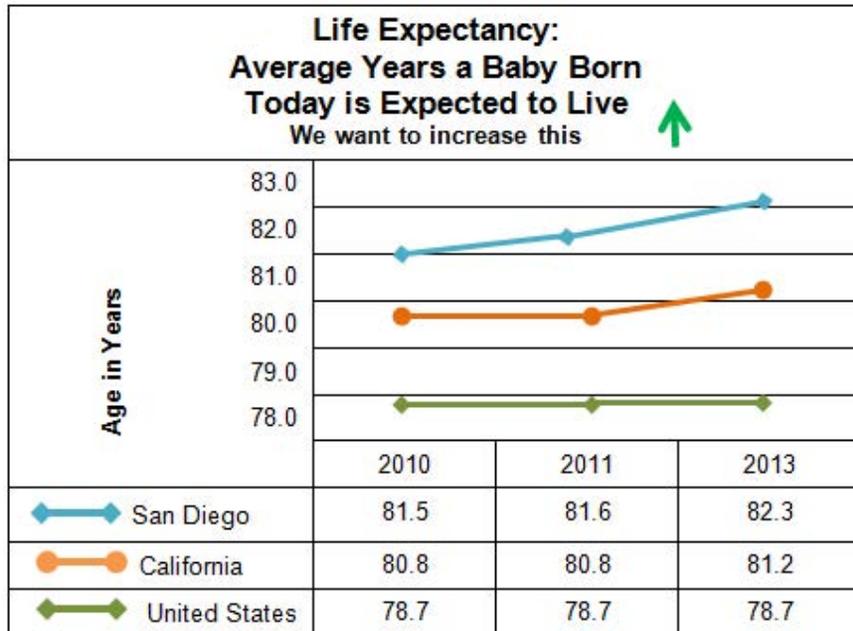
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Indicator	Indicator Data Trend	Description & Source
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HEALTH - Enjoying good health and expecting to live a full life

Life Expectancy:
Measure of Length
and Duration of Life
Expected at Birth



Expected number of years a person will live as determined by the mortality rate. Life expectancy at birth is the average number of years a baby born today is expected to live if current mortality patterns continue throughout his or her lifetime. A widely used indicator of the health of a population, life expectancy reflects the overall mortality of a population and measures quantity rather than quality of life.

Sources: Average number of years a person is expected to live at birth. US/state data: <http://www.cdc.gov/nchs/fastats/life-expectancy.htm>
County and regional data: Prepared by County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch, 6/2015 .
Original Date:7/9/2012. Accessed: 9/2015.



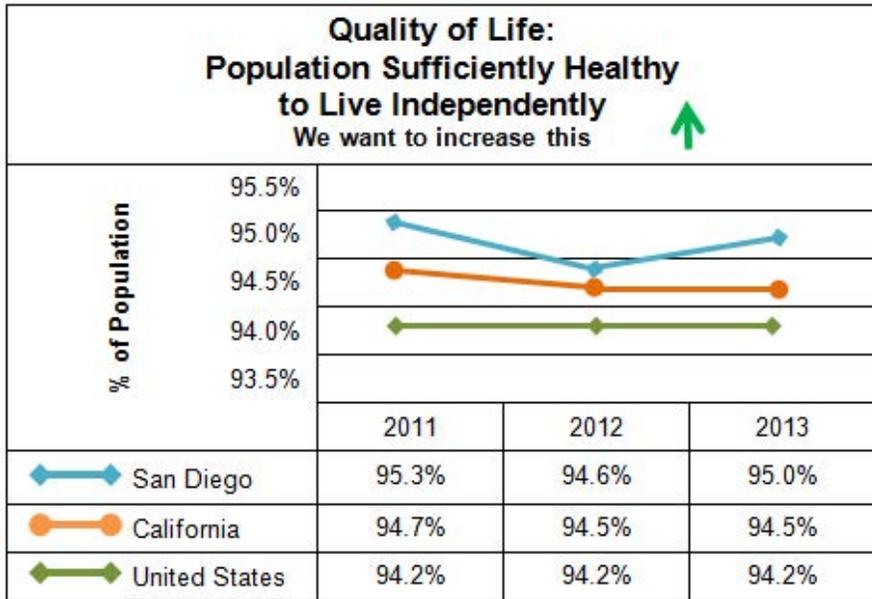
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Indicator	Indicator Data Trend	Description & Source
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HEALTH - Enjoying good health and expecting to live a full life

**Quality of Life:
Ability to Live
Independently**



Percent of population that is sufficiently healthy to be able to live independently (not including those who reside in nursing homes or other institutions). There is substantial research under way to measure quality of life in terms of health, including measures that adjust for disability or other factors assumed to affect quality of life. However, there is no consensus currently on the best measure. Until such time as a definitive measure is identified, this measure of sufficient health to be able to live independently will be used to track quality of life. This measure captures the percentage of the adult population that do not have health issues that prevent them from living independently. The measure is based on self-reporting of ability to carry out Activities of Daily Living (ADL). The adult population included are not living in nursing homes, hospitals, mental health facilities, jails or other institutions.

Source: American Community Survey (ACS) 2013 1-yr estimates, tables S1810 for those with independent living difficulty.
Original Date: 8/23/2012. Accessed online 8/2015.



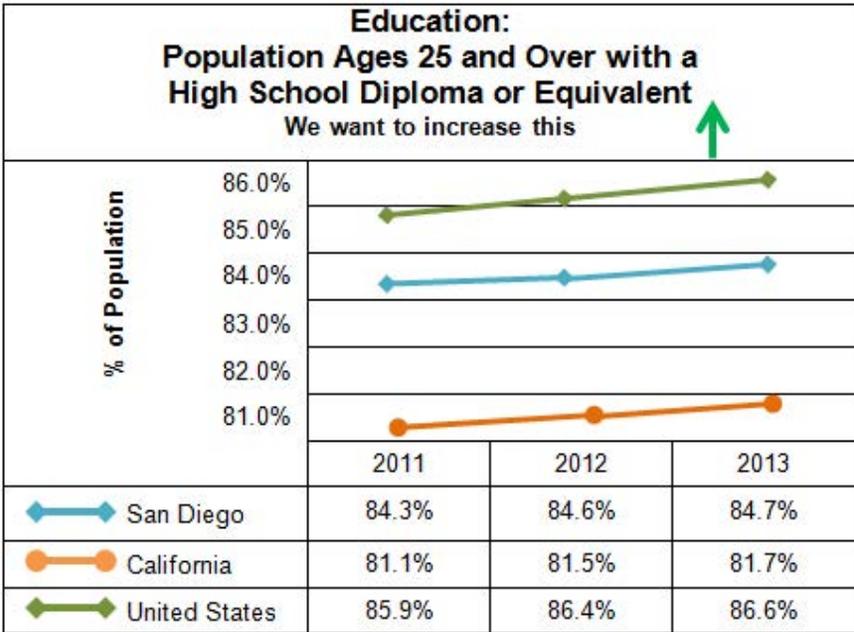
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KNOWLEDGE - Learning throughout the lifespan

**Education:
High School Diploma
or Equivalent**



Among the 25 years and over percent of population; this includes everyone with at least a high school diploma or equivalent.

The U.S. Department of Health & Human Services Healthy People 2020 has adopted targets for similar measures related to the achievement of a high school diploma or equivalent, however due to differences in methodology the targets are not applicable to the Live Well San Diego Education Indicator.

Sources: County data from pivot tables; National and State data from American Community Survey (ACS) query data 1 yr. estimates Table S1501, 2013. Original Date: 7/18/2012. Accessed online 08/2015.



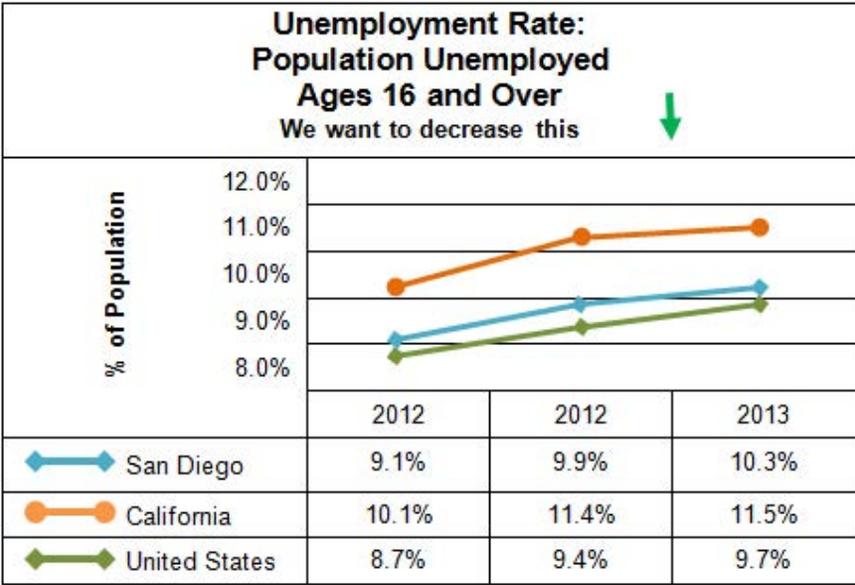
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STANDARD OF LIVING - Having enough resources for a quality life

**Unemployment Rate:
Percent of the Total Labor Force that is Unemployed**



Unemployment is defined as those members of the total labor force, ages 16 and over, that do not have a job, are available and willing to work, and are actively seeking employment.

More current local unemployment data is available but may not have State or National comparison data, or is subject to being adjusted over time. Even though there is about a 2-yr lag time American Community Survey data is updated annually, includes comparison data and will not be adjusted over time.

The County Health Rankings & Roadmaps, produced by the Robert Wood Johnson Foundation, establishes a similar measure, a national benchmark of 4.4% for the percent of population age 16+ unemployed but seeking work. This national benchmark is based on the top US performers at the 90th percentile (only 10% are better).

Source: American Community Survey (ACS) 2013 5-yr estimates for County; 1-yr estimates for State and nation. Table S2301. Original Date: 11/3/2012. Accessed online 08/2015.



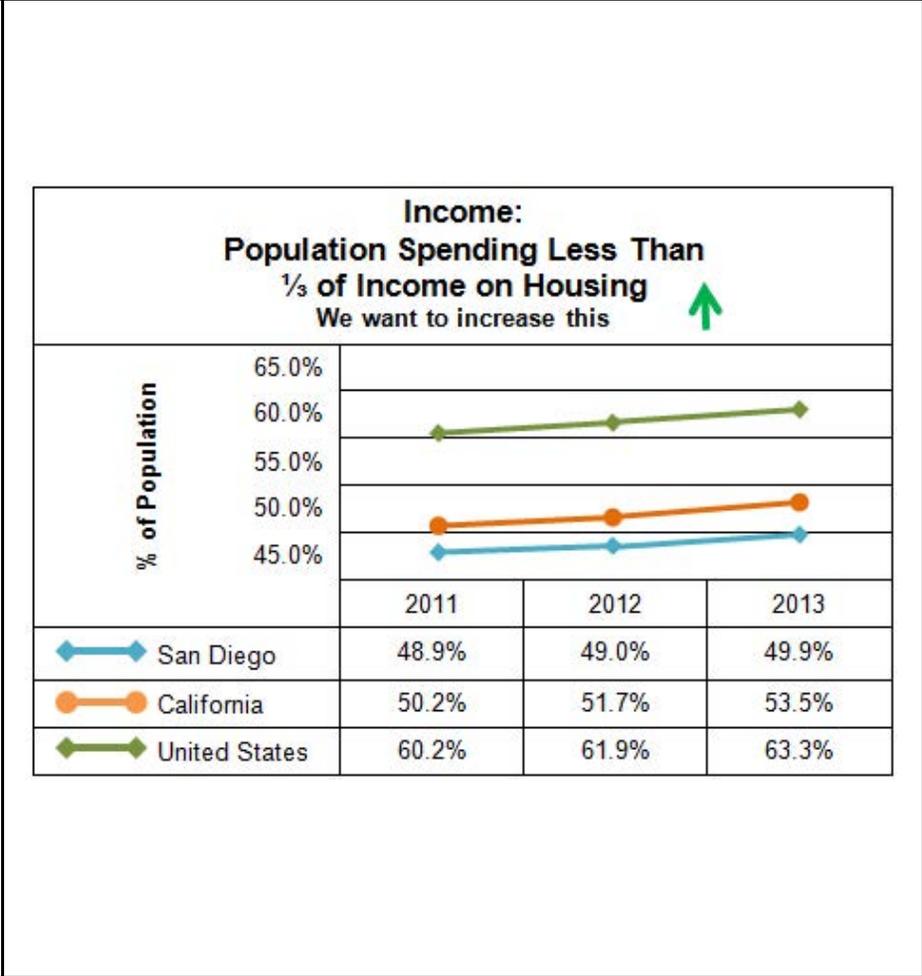
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STANDARD OF LIVING - Having enough resources for a quality life

**Income:
Spending Less Than
1/3 of Income on
Housing**



Percent of population spending less than a third of household income on housing. This is considered the acceptable housing cost threshold used by many government agencies.

The U.S. Department of Health & Human Services Healthy People 2020 is in the process of developing an indicator that tracks the proportion of households that spend more than 30% of income on housing.

Source: American Community Survey (ACS) 2013, 5 and 1-yr estimates. Table S2503 breakdown by income using those 29 percent and less on income on housing. Original Date: 9/24/2012. Accessed online 08/2015.

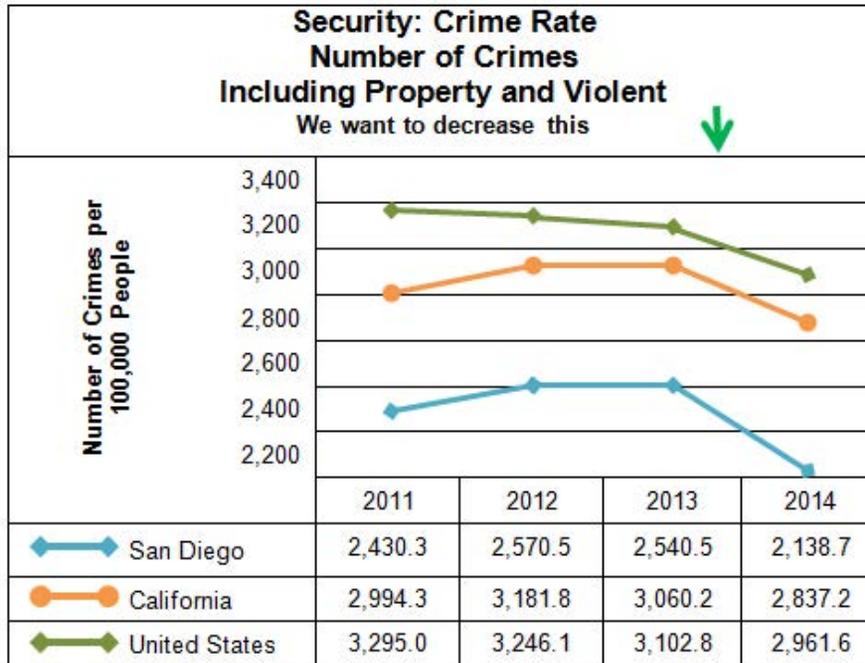


Live Well San Diego Top 10 Indicators



COMMUNITY - Living in a clean and safe neighborhood

Security: Crime Rate



Number of crimes per 100,000 people, reported to law enforcement. All crimes are included-violent and property crimes. The data presented in the FBI's *Crime in the United States* report requires that only the most serious offense in a multiple-offense criminal incident be counted. In descending order of severity, the violent crimes are murder and non-negligent manslaughter, forcible rape, robbery, and aggravated assault, followed by the property crimes of burglary, larceny-theft, motor vehicle theft and arson.

More current, local crime statistics are available however this data is not yet included in the FBI Criminal Justice Information Services data base due to the lag time in collecting data.

Source: US Department of Justice-Federal Bureau of Investigation's *Uniform Crime Reports 2014*. Original Date: 8/22/2012. Accessed online 10/2015.



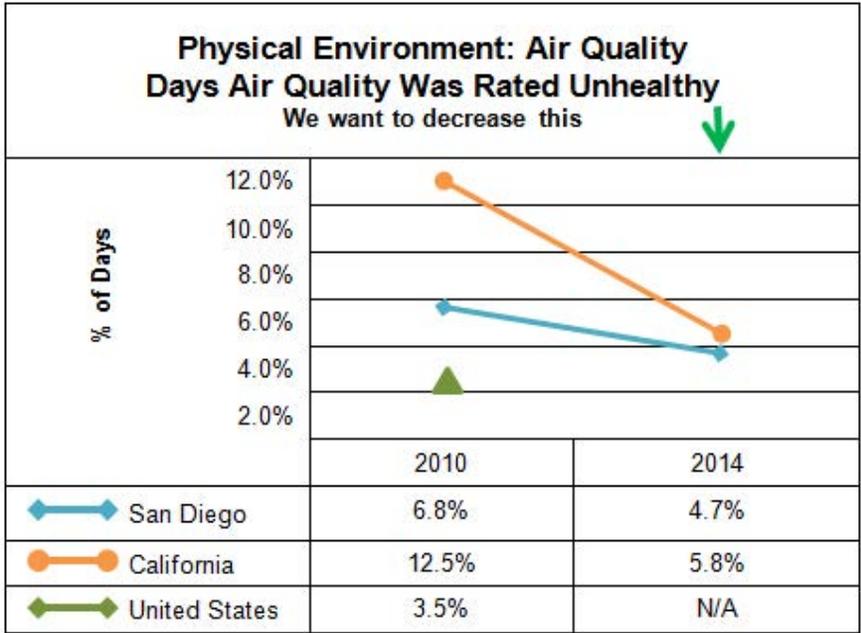
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COMMUNITY - Living in a clean and safe neighborhood

**Physical Environment:
Air Quality**



Percent of days that air quality was rated as unhealthy for sensitive populations due to ozone and fine particulate matter (FPM, <2.5 um in diameter). This is a 3-yr average percent of days (2009-2011) with Air Quality Index value greater than 100 in the San Diego Air Basin. Most current air quality data is from 2014.

Source: *Number of Days with Air Quality Index Values Greater than 100 at Trend Sites*. 2014 San Diego Air Pollution Control District. State and Nation data from Environmental Protection Agency (EPA) AirData System. http://www.epa.gov/airtrends/ad_rep_con.html. Excludes exceptional events. Accessed online 09/2015.



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COMMUNITY - Living in a clean and safe neighborhood

**Built Environment:
Distance to Park**



Percent of population living within a half mile of a park (about a ten-minute walk). Access to parks can influence choices to engage in physical activity and community involvement, resulting in positive health impacts. Most current distance to park data is from 2010.

Due to data constraints, we are unable to update this indicator from our original source. Considered a relevant indicator by national standards in measuring population health and well-being, we are researching alternative sources to provide the most current data available.

Source: Centers for Disease Control and Prevention. Healthy Community Design Initiative and Geospatial Research Analysis and Services Program. Accessed from Environmental Public Health Tracking Network 2010. <http://www.cdc.gov/ephtracking>. Accessed online 07/24/2013.



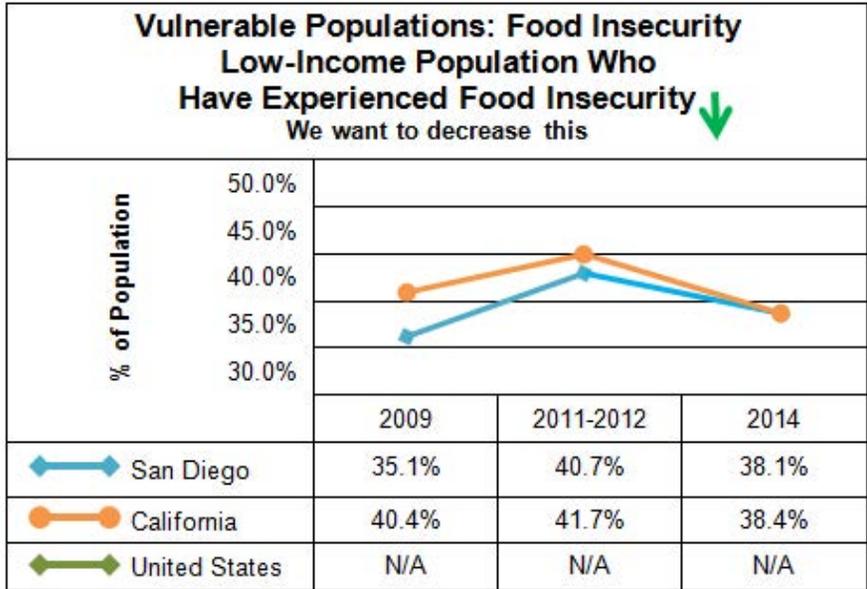
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SOCIAL - Helping each other to live well

Vulnerable Populations: Food Insecurity



Percent of population who have experienced food insecurity. Based on a survey of individuals with income of 200 percent of poverty or less who answered affirmatively to at least one of six questions that reflect an inability to purchase enough food to meet individual or family needs. There is no comparable national data available.

The U.S. Department of Health & Human Services Healthy People 2020 has adopted a target for a similar measure based on the proportion of US households classified as food insecure over a 12-mo period, however due to differences in methodology the target is not applicable to the Live Well San Diego Food Insecurity Indicator.

Source: California Health Interview Survey, 2014. Accessed on: 9/2015.



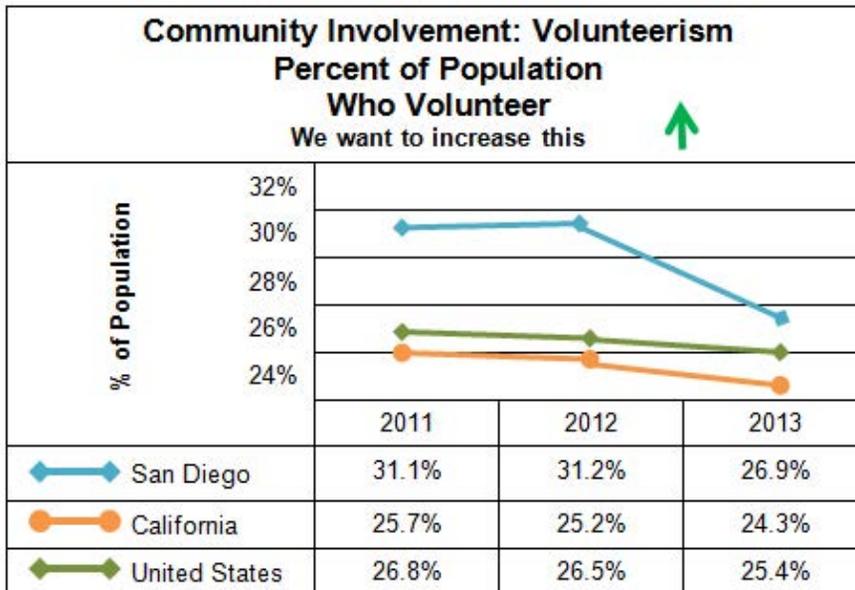
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SOCIAL - Helping each other to live well

Community Involvement: Volunteerism



Percent of population who volunteer. Volunteers are considered individuals who performed unpaid volunteer activities through or for an organization at any point during the 12-month survey period.

Source: Corporation for National and Community Service, *Volunteering and Civic Life in America* (data from 2013).
<http://www.volunteeringinamerica.gov/>.
 Original Date: 1/24/2013. Accessed online 08/2015.