

# Health Reform 2014: Overview and Selected Impacts in San Diego

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# Key Components of the Affordable Care Act

## Insurance Reform- Titles I and II

- Expand coverage
- Improve benefits & protections
- Increase affordability
- Create insurance exchanges
- Expand Medicaid

## Health System Reform – Titles III - VIII

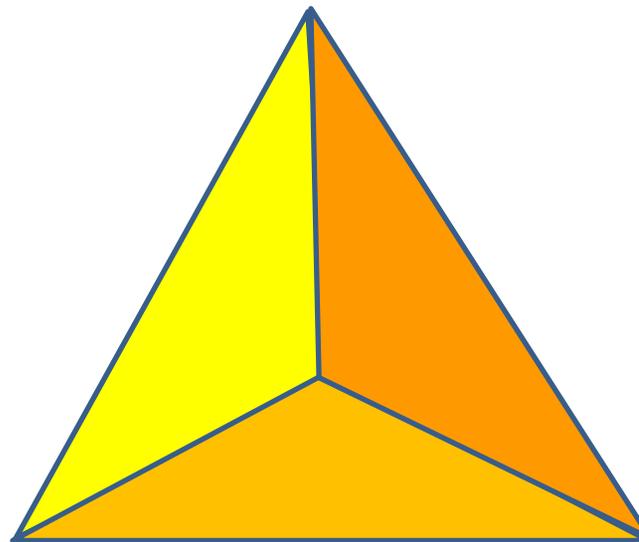
- Improve quality & value
- Create new delivery & financing models
- Develop workforce
- Improve care coordination
- Focus on public health & prevention

# Goal: The Triple Aim

Better Health for  
the Population

Better Care for  
Individuals

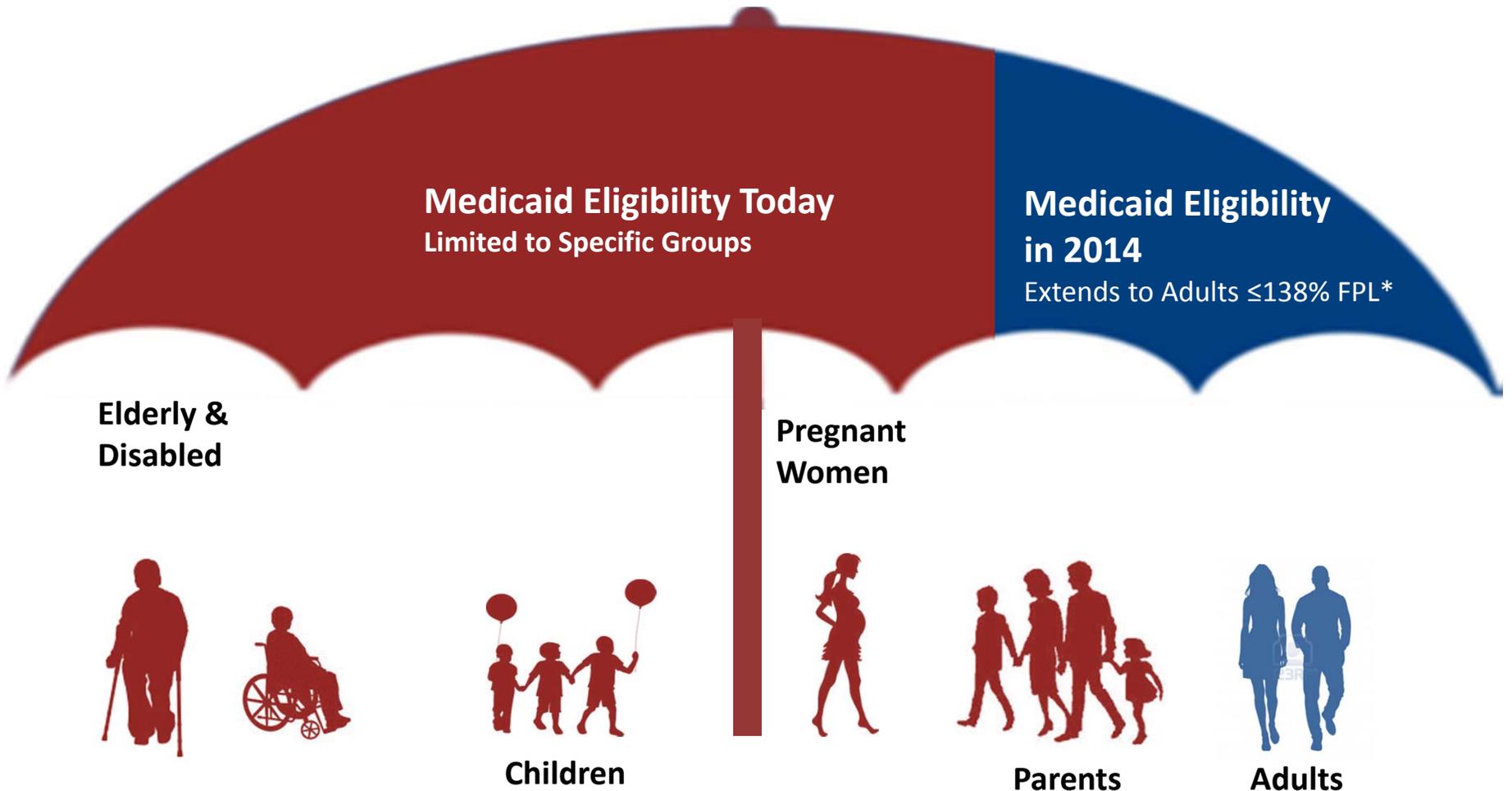
Lower Cost  
per Capita



# ACA Insurance Improvements

- Children can remain on parents' insurance until 26
- “Guaranteed issue” - no denial for pre-existing conditions
- Essential health benefits, including mental health, behavioral health, and substance use
- No annual cost limits; no lifetime cost limits
- Rates not based on health status or gender
  - 3 age categories
  - Family size
  - Geographic location
- Modified Adjusted Gross Income (MAGI) is basis for insurance premium subsidies and Medicaid

# Medicaid Eligibility Expanded to Fill Coverage Gaps for Adults



\*138% FPL = \$15,856 for an individual and \$26,951 for a family of three in 2013

# Coverage in California



- Expanded to new populations: childless adults
- Income determines eligibility – no asset test except for long-term care
- **1 in 6** San Diegans projected to be on Medi-Cal (up from 1 in 8)

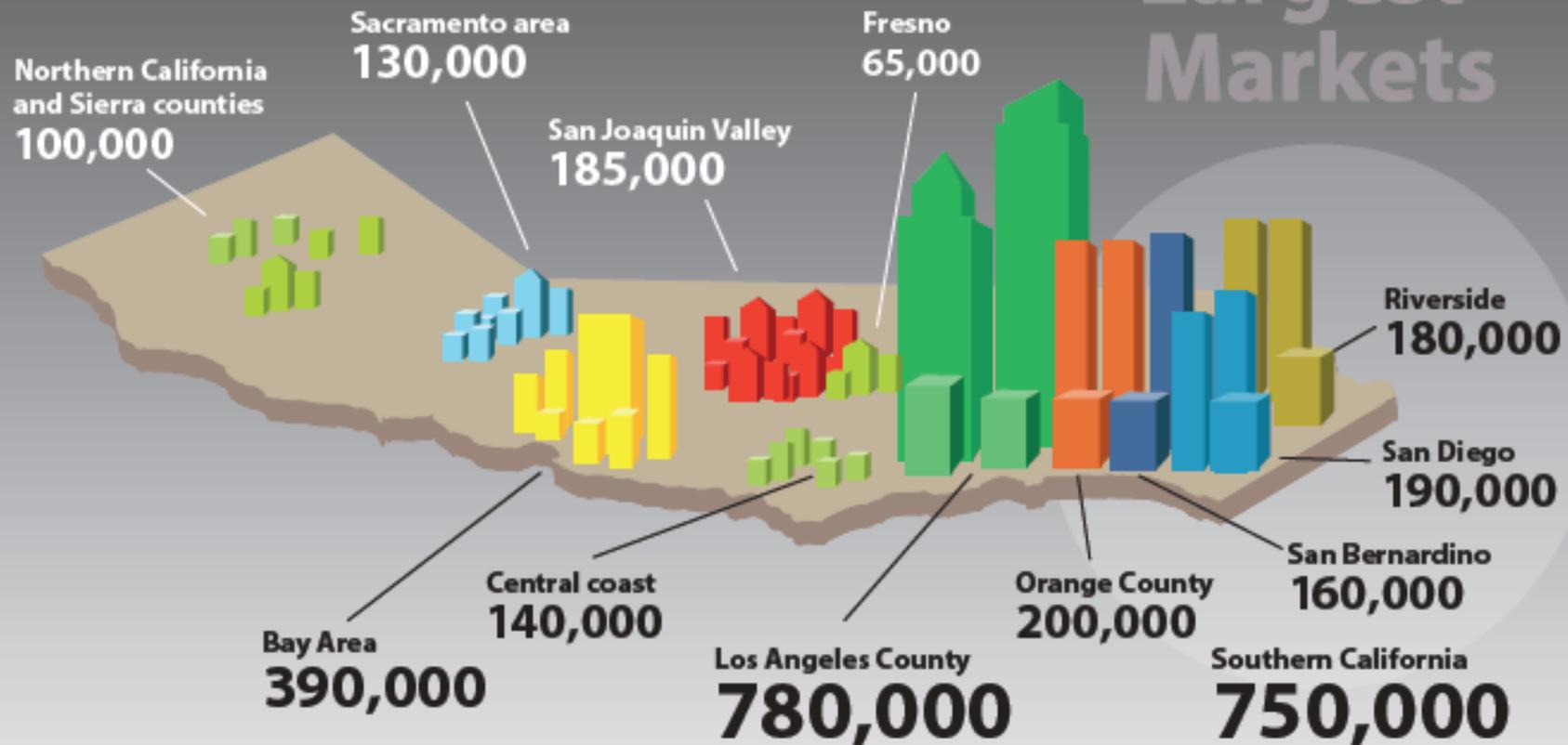


- California's new health insurance marketplace
- Premium assistance based on income & family size
- **1 in 9** San Diegans projected to purchase through Covered CA



# California's Subsidy Eligible Population

## Largest Markets



# Covered California Qualified Health Plans

Announced May 24, 2013



# Delivery System Transformation – San Diego

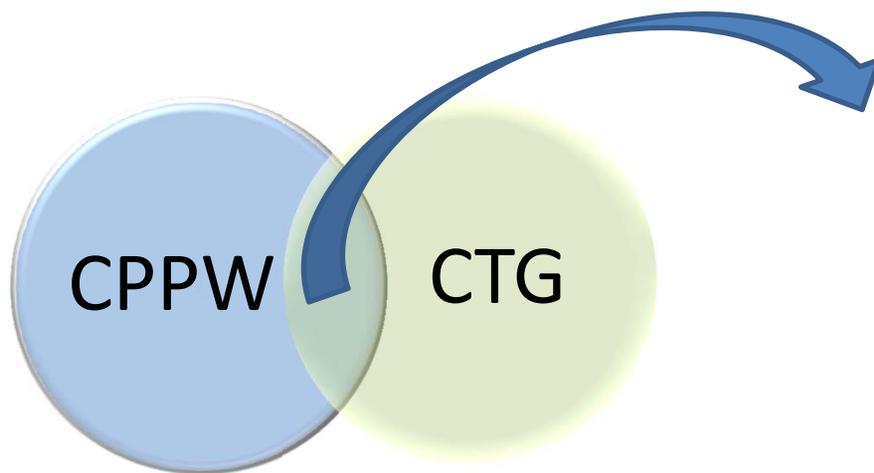
- Sharp Pioneer Accountable Care Organization (ACO)
  - One of 30 in the country
- San Diego Care Transitions Partnership
  - HHS Aging and Independence Services (AIS), Palomar Health, Scripps Health, Sharp Healthcare, and UC San Diego Health System – 11 hospitals/13 sites
  - Reduce 30-day all-cause hospital readmissions 20% for ~20,000 fee-for-service Medicare beneficiaries/year in 2 years
  - Largest of 100 Community-Based Care Transitions Programs (CCTP) nationwide
- Coordinated Care Initiative (CCI) /Cal MediConnect
  - San Diego 1 of 8 counties creating patient-centered coordinated care for ~46,000 “dual eligibles”
  - 4 health plans integrating Medicare, Medi-Cal, and Medi-Cal Long Term Services & Supports (LTSS)

# Prevention & Public Health

- National Prevention Strategy
  - Building Healthy & Safe Community Environments
  - Expanding Clinical & Community Preventive Services
  - Empowering People to Make Healthy Choices
  - Eliminating Health Disparities
- Prevention & Public Health Fund
  - First mandatory funding dedicated to improving public health
- Community Transformation Grants (CTG)
  - Tobacco-Free Living
  - Active Living & Healthy Eating
  - Clinical Preventive Services
  - Social & Emotional Wellness
  - Healthy & Safe Physical Environments



# Prevention/Public Health Initiatives – San Diego



**CPPW** : Communities Putting Prevention to Work

**CTG**: Community Transformation Grant

- Healthy Food Systems
- Workplace Breastfeeding Policy
- Farm-to-Institution
- Urban/Rural Agriculture Planning Policies

Healthy Foods

- Improving School Meals
- Moderate-to-Vigorous Physical Activity
- Regional Safe Routes to School Plan

Healthy Schools

- Health/Wellness Policies for Regional Land Use & Transportation Planning
- Regional Monitoring & Evaluation
- Complete Streets Policy & Implementation
- Health Benefits & Impact Analysis Program

Healthy Places



# LIVE WELL SAN DIEGO

Building  
Better  
Health

Living  
Safely

Thriving

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## Resources

### Affordable Care Act

<http://kaiserfamilyfoundation.files.wordpress.com/2011/04/8061-021.pdf> Detailed summary of all key provisions

<http://www.chcf.org/publications/2010/05/the-affordable-care-act-in-california> California Health Care Foundation analysis and synthesis of ACA specific to California

### Covered California

<http://www.healthexchange.ca.gov/Pages/Default.aspx> Information about Covered CA history, organization, and operations

<https://www.coveredca.com/> Consumer website

### Medi-Cal

<http://www.dhcs.ca.gov/Pages/default.aspx> Department of Health Care Services, state agency responsible for administering Medi-Cal

### Center for Medicare and Medicaid Innovation (CMMI)

- Overview

<http://innovation.cms.gov/> Home page for CMMI with links to all initiatives, webinars, etc.

- Accountable Care Organizations (ACOs)

<http://innovation.cms.gov/initiatives/Pioneer-ACO-Model/> Pioneer ACO

- Community-based Care Transitions Program (CCTP)

<http://innovation.cms.gov/initiatives/CCTP/> CCTP overview

[http://www.sdcounty.ca.gov/hhsa/programs/phs/health\\_services\\_advisory\\_board/documents/2013\\_February\\_HSAB\\_CCTP\\_Presentation\\_0213.pdf](http://www.sdcounty.ca.gov/hhsa/programs/phs/health_services_advisory_board/documents/2013_February_HSAB_CCTP_Presentation_0213.pdf) Details of San Diego Care Transitions Partnership

- California Coordinated Care Initiative/Cal MediConnect

<http://www.calduals.org/> Website with key documents and current information

## **Prevention/Population Health**

[http://www.healthaffairs.org/healthpolicybriefs/brief.php?brief\\_id=63](http://www.healthaffairs.org/healthpolicybriefs/brief.php?brief_id=63) Overview of the Prevention and Public Health Fund

<http://www.cdc.gov/Features/PreventionStrategy/> National Prevention Strategy

<http://www.cdc.gov/nccdphp/dch/programs/communitytransformation/index.htm> Community Transformation Grants

## **Live Well San Diego**

<http://www.livewellsd.org/> Home page

<http://livewellsd.org/about/live-well-materials/> Annual Reports