

Aging & Independence Services

The leader in Advocacy, Information & Safety to foster dignity and enhance the quality of life for seniors and persons with disabilities

AIS Advisory Council

Joaquin Anguera Training Room
5560 Overland Avenue, Suite 300; San Diego, CA 92123

Agenda

February 9, 2015; 12:00 p.m.

- I. Call to Order, Welcome, and Introductions: Attendance determined by the sign-in sheet
 - A. Introductions: Members & Guests, state name and community/affiliations
 - B. Public Comment/Announcements: Members or non-members statements (Non-action)
 - C. Minutes: Record of January 12, 2015 meeting (Action) (attachment)

- II. Presentations and Hearings (possible Action):
 - A. Linda Hopkins, Supervisor; AIS Retired Senior & Volunteer Program (RSVP)
 - B. Georganne Grotey
 1. Former Senior Services Supervisor; San Marcos Senior Center
 2. RSVP approved site volunteer coordinator

- III. Director's Items and Issues (possible Action):
 - A. Board Letters: THE ALZHEIMER'S PROJECT IMPLEMENTATION PLAN [3-17-15] .. (attachments X 2)
 - B. AIS Advisory Council Update (attachment)
 - C. Other

- IV. Executive Council Reports & Other Council Business (possible Action):
 - A. Chairman's Report:

 - B. Charter to Establish the LTC Facilities Ombudsman Committee (attachment)

- V. Standing Committee Oral Reports/Recommendations (possible Action)
 - A. Legislative Committee (1/12/15) – Estelle Wolf, Chair (Officer, 1st Vice-Chair)
 1. Older Americans Act Reauthorization
 - a) Status
 - Jan 2015 AGEWATCH (attachment)
 - OAASummary (attachment)
 - b) Advocacy Efforts
 2. Bill Review Season Starting

 - B. Area Plan Committee – Dotty Metcalf, Chair
 1. Preparation for Update FY15/16 Presentation to Council
 2. Need to set date pattern for this season
 3. Due to Council April 13, 2015

- C. Membership Committee – Rosemarie Bahmani, Chair (Officer, Secretary)

Advisory Council Agenda (cont.)
February 9, 2015

- VI. Ancillary Committee Oral Reports:
A. Nutrition Committee (2/9/15) -- June Singer, Chair
B. Veterans Advisory Council, AIS Council representation -- vacancy opportunity
- VII. Ancillary Committees Written Reports {See Addendum Chart}
- VIII. Other Announcements & Adjournment (Action)
- IX. Next Meeting: March 9, 2015

Committee Meetings Day of Council at AIS

- ☞ **Nutrition** – 2/9/15 – @ 11:00am in the Call Center Conference Room
- ☞ **Transportation** – no meeting, resumption meeting to be announced
- ☞ **Legislative** – no meeting

Future Committee Meetings at AIS

- ☞ **Executive** -- 2/23/15 @ 10am [normally 4th Monday each month]
- ☞ **Membership** – 2/23/15 @ noon [normally 4th Monday each month]
- ☞ **RCFE** – not announced
- ☞ **ADRC Workgroup** – March 9, 2015

The meeting location is ADA accessible. If you are planning to attend and you will need special accommodations please call, Recording Secretary, at (858) 495-5858 at least three days in advance of the meeting.

The Aging & Independence Services' Advisory Council
(convenes at **noon**, 2nd Monday of each month)

All meetings are open to the public.

VII. Ancillary Committees & Council Representation for Written Reports – Addendum

IHSS ADVISORY COMMITTEE			
COUNCIL CONTACT	Dolly Crawford	TIME PERIOD	
<p>On 1/14/15 Federal District Court Judge Richard Leon struck down the US DOL home care regulations dealing with changes to the home care companionship definition that was set to go into effect Jan 1, 2015 along with key provisions of those regulating dealing with third party employers who hire home care workers. Needless to say this has caused major concern and communication to all parties. At the present time IHSS and PA will continue to work under regulations and requirements that were in effect 12/31/14. Adoption of IHSS/PA Advisory Committee By-Laws [1/27/15]. State Budget includes restoration of 7% cut to IHSS recipient service hours effective July 1, 2015.</p>			
CAREGIVER COALITION			
COUNCIL CONTACT	Maxine Fischer	TIME PERIOD	
HEALTH PROMOTIONS & FALLS			
COUNCIL CONTACT	Queen Johnson	TIME PERIOD	1/13/15
<ul style="list-style-type: none"> • Fall prevention Task Force -- Discussed evidence-based approach to fall prevention. Ca. Dept. Public Health Grant, received for Fall Prevention Ethics course, to be offered free to physical therapist and physical therapy assistants & PT/PTA students. Four classes starting in Chula Vista (1/ 22/15), UTC San Diego (4/29/15), Tri- city Wellness Center In Carlsbad (8/18/15), and Scripps Well-being classroom @ UTC San Diego (12/10/15). These Ethics Classes are a joint effort of Kristen Smith, MPH and Dr. Kimberly Bell PT. Further discussions per the ongoing plans for the 2015 Vital aging conference (6/17/15), and agreed to theme "Vital Aging 2015 Smart Health For A Healthy Mind". Speakers Bureau Spring training, possibly for March or April. Further plans and goals for 2015 will be discussed at the 2/10/15 meeting. • Health Promotion Comm. -- Guest speaker Barbara Solomon MS, CNS, CFMP, Board Certified Nutrition Specialist and a Certified medicine Practitioner, gave a Ppt presentation about a functional approach to brain health, including nutritional aspects, and focused on how important it is for the root cause of how systems re-act together, and how healthy is your brain? She participates in Functional Medicine Town, a functional medicine practitioner community dedicated to sharing the latest advances in functional medicine and developing the most effective protocols. http://functionalhealth4u.com/ 			
RSVP			
COUNCIL CONTACT	Judy Bonilla	TIME PERIOD	
VETERANS SERVICES ADVISORY COUNCIL			
COUNCIL CONTACT		TIME PERIOD	
ECAN			
COUNCIL CONTACT	Malcolm Carmichael, ECAN Co-Chair	TIME PERIOD	1/21/15
<ul style="list-style-type: none"> • Four guest speakers: 1) Outreach and Education, 2) Vector Control, 3) Environmental Health Services, 4) San Diego County which gave a comprehensive presentation about the consequences of not controlling rodents, mosquitoes and other disease bearing bugs and animals. • As recently as November 2014 a Health Alert was sent regarding West Nile Virus to residents within a half mile radius of 212 South Second Street El Cajon 92019. That meant someone in this area was Infected with West Nile Virus. • Planning for our Spring Into Healthy Living is ongoing. 			
SOCAN			
COUNCIL CONTACT	Luis Monge	TIME PERIOD	
NORCAN			
COUNCIL CONTACT		TIME PERIOD	
SANDICAN			
COUNCIL CONTACT		TIME PERIOD	