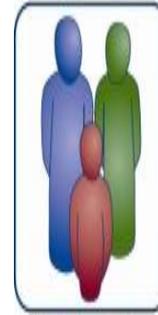


CARE TRANSITIONS INTERVENTION (CTI)



COUNTY OF SAN DIEGO



HHSA

HEALTH AND HUMAN SERVICES AGENCY

Aging & Independence Services



Core Functions of the ADRC



Independence

Dependence

AIS Call Center

- Information and Assistance (I&A)
- Short Term Service Coordination
- Options Counseling
- Care Transitions



How Are We Building A Better System?



Care Transitions Intervention (CTI) Pilot

- Partnership between AIS ADRC and Sharp Memorial Hospital
- August 2010-December 2011
- Evidence based Coleman Model “to coach, not do,” using Four Pillars
 - Establish and maintain a PHR
 - Establish and maintain a Medication List
 - Prompt follow up with specialists
 - Recognition of “Red Flags”

How Are We Building A Better System?



Care Transitions Intervention (CTI) Pilot

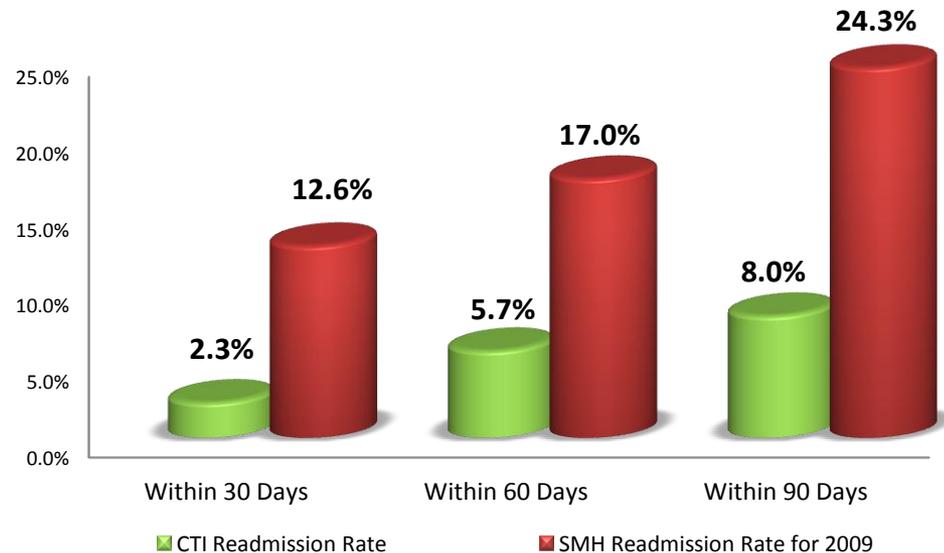
- Enrolled 138 patients as of June 30, 2011
- Diffusing use of technology to support chronic-disease self management through Tech4Impact
 - Teaching use of Web Resources
 - Using electronic tools
 - PHR
 - Medication List

CTI Pilot Early Outcomes



TIMEFRAME: August 12, 2010 to June 30, 2011

POPULATION: 88 patients who completed the four-week CTI program, were 90 days post discharge, and were readmitted to Sharp Memorial Hospital for the same diagnosis.



- Pilot costs—\$157,557
- Pilot cost savings—\$556,928
- Per patient savings—\$6,329



**Working
Together
Across All
Providers
And
Settings**

