



PROVIDING CAREGIVER SUPPORT SERVICES BY AND FOR VETERAN AND MILITARY FAMILIES



*Funding provided by the Corporation for National & Community Service
and administered by the
University of Maryland Department of Health Services*

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County of San Diego
Aging & Independence Services
Community Unit
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Serving the health care needs of veterans and military families

Legacy Corps is funded through the Corporation for
National and Community Service

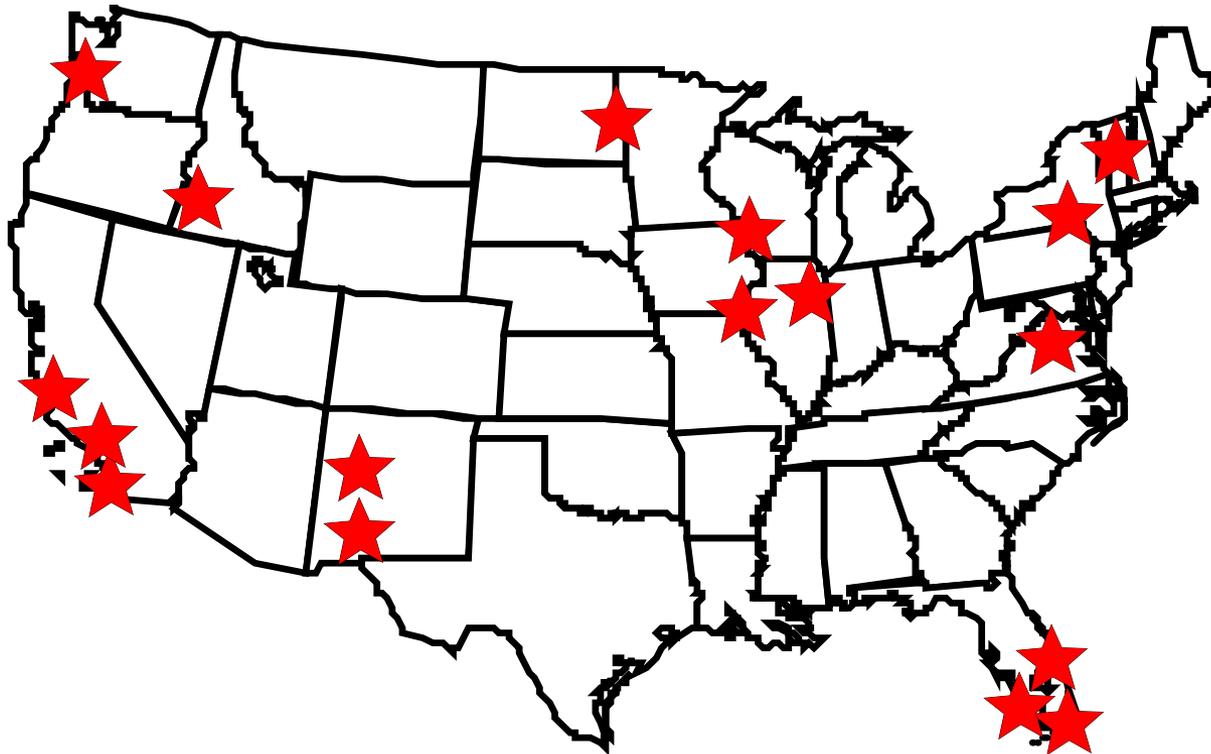
The CNCS AmeriCorps Program
has 75,000+ members meeting strategic community
needs in all 50 states & territories

AmeriCorps is:

- ↪ Results driven
- ↪ Designed for high-impact member experiences
- ↪ Community-based with collaborative partners



“Where we Serve” -----17 sites in 11 States



California—3 sites

Washington

Idaho

New Mexico—2 sites

Minnesota

Illinois—2 sites

New Hampshire

Wisconsin

Maryland

New York

Florida—3 sites





OUR SERVICE INTERVENTION



CAREGIVER SUPPORT SERVICES

Scope of Service:

- Caregiver Support Services offers a wide range of community-based support services targeted to the veteran and or military family of all ages.
- Services are designed to decrease caregiving burden and stress and empower the caregiver and care recipient through education and community resources to maintain and or improve their quality of life.



CAREGIVER SUPPORT SERVICES SIX SERVICE COMPONENTS

- ✦ In-home respite care to veteran and military families
 - ✦ Child Care respite for deployment and reintegration
 - ✦ Supporting peer to peer networks
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SAN DIEGO = 27 FUNDED POSITIONS
SERVICE YEAR = NOVEMBER 1 THROUGH OCTOBER 30
VETERAN AND MILITARY FAMILIES = 60+ SINCE INCEPTION



Using results-driven applied positive psychology themes that enhance well-being:

- ↪ Positive Emotion
- ↪ Engagement
- ↪ Meaning
- ↪ Positive Relationships
- ↪ Accomplishment

Individuals applying these 5 areas experienced less depression and stress, were more likely to help others, exercised more regularly and made greater progress towards achieving personal goals. (Seligman, 2011)

MEMBER EDUCATION AWARD REQUIREMENTS & BENEFITS



REQUIREMENTS:

- ↪ Complete full 450 hours of service & training
- ↪ Award is coordinated through the National Trust

BENEFITS:

- ↪ Have up to seven years to use the award
- ↪ One Educational Award = \$1,468
- ↪ Applicable at any Title III institution of higher learning
- ↪ Transferable to a child or grandchild if the member is 55+ at the time of enrollment





MEMBER FINANCIAL CONDITIONS & REWARDS

- ✦ \$200 per month check (all sites vary based on local resources)
- ✦ Taxable Income to be reported annually by member
- ✦ Worker's Compensation and FICA paid by host agency
- ✦ Coaching to explore pathways from volunteer service to paid employment opportunities
- ✦ On-the-job training experiences
- ✦ Attendance at conferences and other training events as provided by the local host agency



MEMBERS AND FAMILIES





WENDY SPENCER, CEO
CORPORATION FOR NATIONAL AND COMMUNITY SERVICE



www.LCsandiego.org

- ↪ Glenner Family Centers
- ↪ Veteran's Administration
- ↪ VA Home, Chula Vista
- ↪ Elizabeth Hospice
- ↪ Jewish Family Service
- ↪ County Office of Veteran and Military Affairs
- ↪ SD Veterans Coalition

LEGACY CORPS



The University of Maryland Department of Health Services Administration is pleased to be the national sponsor of Legacy Corps in collaboration with Aging & Independence Services.



We salute all of our veteran and military families of all wars and conflicts in all branches of service.

