



# MILITARY & VETERANS RESOURCE GUIDE



LIVE WELL  
SAN DIEGO

Issued March 2016



# LIVE WELL SAN DIEGO

**VISION:** A region that is Building Better Health, Living Safely and Thriving –  
*Live Well San Diego*



The San Diego County Board of Supervisors adopted *Live Well San Diego* as a regional initiative in 2010. The Building Better Health component of the initiative was adopted on July 13, 2010, and is focused on improving the health of residents and supporting healthy choices. Living Safely was adopted on Oct. 9, 2012, and is aimed at protecting residents from crime and abuse, making neighborhoods safe, and supporting resilient communities. Thriving was adopted on Oct. 21, 2014, and is designed to give people a chance to grow, connect and enjoy the highest quality of life through the natural and built environment, enrichment activities and civic engagement, education and economic prosperity. *Live Well San Diego* has evolved from a 10-year initiative to become the County's vision.

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Every day in San Diego County, current and former service members and their families deal with the complex maze of issues that accompanies veteran and military life. Dial 2-1-1 to speak to a Courage to Call Peer Support Specialist and fellow Veteran who knows what it means to serve and who can connect you with the help you need.



**BILL HORN**  
CHAIRMAN  
SUPERVISOR, FIFTH DISTRICT  
SAN DIEGO COUNTY BOARD OF SUPERVISORS

Dear San Diego County Residents:

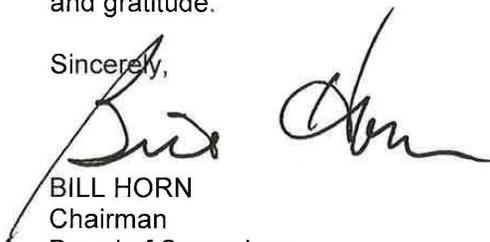
I am pleased to present the Military & Veterans Resource Guide. During my State of the County Address, I declared 2015 as the Year of the Veteran. Keeping with this declaration, the newly formed Office of Military & Veterans Affairs, under the leadership of the Health and Human Services Agency, created this resource guide to help our County's military and veteran community as they navigate the myriad of services available within our county departments.

Of the 3.2 million residents in San Diego County, well over one third are associated with our nation's military, and this number continues to grow. San Diego County is the number one region in the United States where Iraq and Afghanistan War Veterans are choosing to settle. As a county and as a community, we have a responsibility to take care of our veterans who have made the ultimate sacrifice for our Nation.

This important resource guide lists programs and services greatly needed by our Military, Veterans, Dependents, and Survivors. Included in this resource guide, you will find program and service descriptions along with contact information for Housing, Education, Employment, Healthcare, Benefits, and Family Caregiver Support. Additionally, you will find information about the County's first Military & Veterans Resource Center located in our new North Inland Live Well Center in Escondido.

This guide is a testimony to the County's Live Well San Diego vision of a region that is building better health, living safely, and thriving. It is an example of our stewardship to better serve our Military and Veteran population. If you are serving, have served, or are a family member of someone who served, you have my deepest respect, admiration, and gratitude.

Sincerely,



BILL HORN  
Chairman  
Board of Supervisors

1600 PACIFIC HIGHWAY, ROOM 335, SAN DIEGO, CALIFORNIA 92101-2470  
☎ (619) 531-5555 • FAX (619) 685-2555 • ✉ bill.horn@sdcounty.ca.gov



# County of San Diego

**NICK MACCHIONE, FACHE**  
AGENCY DIRECTOR

**HEALTH AND HUMAN SERVICES AGENCY**  
1600 PACIFIC HIGHWAY, ROOM 206, MAIL STOP P-501  
SAN DIEGO, CA 92101-2417  
(619) 515-6555 • FAX (619) 515-6556

**WILFRED QUINTONG**  
MILITARY & VETERANS AFFAIRS OFFICER

Happy Veterans Day San Diegans,

In San Diego County, every day is Veterans Day. Our Chairman of the Board of Supervisors declared 2015 as the Year of the Veteran; however, the many initiatives developed during this audacious year will continue well beyond 2015. As the population of our Military, Veterans, Dependents, and Survivors increases, it becomes imperative that we collaborate among all our County Departments as well as with our Community Partners to work together in a noble effort to ensure that we are doing everything possible to help our Military and Veteran community.

This Military & Veterans Resource Guide offers important information on programs and services dedicated to our Military and Veterans. This guide is just one of many resources developed by the County of San Diego to help our Military, Veterans, and their families as they transition to a life beyond the service.

This resource guide is a collaborative effort across all County Departments which manage Veteran support programs. Brought together by the Health and Human Services Agency and the County's Office of Military & Veterans Affairs, over 62 County staff from 38 County departments convened to explore how County programs might work together to better serve active military, veterans and their families. Through monthly "Intel & Recon" meetings, County Departments are now better positioned to further develop and track Veterans support activities and goals which support the County's *Live Well San Diego* vision of building better health, living safely, and thriving.

We hope you will find this Military & Veterans Resource Guide useful. For additional information, please contact the County's Office of Military & Veterans Affairs at 858-694-3222 or 1-844-SERV-VET (737-8838).

Saluting All Those Who Are Serving and For Those Who Have Served,

NICK MACCHIONE  
Agency Director

WILFRED QUINTONG  
Military & Veterans Affairs Officer

# BENEFITS

## County of San Diego Office of Military & Veterans Affairs

This office assists active duty military, veterans, dependents, their survivors, and families in the Transition Assistance Program, and to obtain all the benefits they are due from federal, state and local sources. This includes VA disability claims, college fee waivers, education, in-home supportive services, emergency needs (shelter), survivor's compensation claims, non-service connected pensions, death pensions, and appeals for veterans benefits.

- Locations/Contact:
  - \* 5560 Overland Ave., #310, San Diego, CA 92123 | 858-694-3222
  - \* 649 West Mission Ave., #2400, Escondido, CA 92025 | 760-740-5604
  - \* [www.SanDiegoCountyVeterans.com](http://www.SanDiegoCountyVeterans.com)

## Distinguished Veteran Pass

The County of San Diego Department of Parks and Recreation is honoring the State of California's Distinguished Veteran Pass. With this pass, veterans who qualify can enjoy the benefits of County Parks and Recreation facilities at little or no cost. As a thank you for your distinguished service, we hope you will enjoy the benefits of San Diego County Parks!

- Location: 5500 Overland Ave., San Diego, CA 92123
- Contact: 877-565-3600 | [www.sandiegocounty.gov/parks/DistinguishedVeteransPass.html](http://www.sandiegocounty.gov/parks/DistinguishedVeteransPass.html)

## Mail Ballots for Military

The County of San Diego's Registrar of Voters provides ballots by mail, fax, and email to military voters whether in San Diego, another state, or overseas.

- Location: 5600 Overland Ave., #100, San Diego, CA 92123
- Contact: 800-696-0136 | [www.sdvote.com](http://www.sdvote.com)

## Network of Care (NOC) Website

The Network of Care for service members, veterans and their families is a one-stop-shop for virtually all services, information, support, advocacy, and much more. This public service is an attempt to bring together critical information for all components of the veteran community, including veterans, family members, active-duty personnel, reservists, members of the National Guard, employers, service providers, and the community at large.

- Contact: [www.sandiego.networkofcare.org/veterans](http://www.sandiego.networkofcare.org/veterans)





### **Pets for Patriots**

The County of San Diego Department of Animal Services offers pet adoptions at a reduced fee to members of the military community and will assist them in selecting their new best friend!

- Locations:
  - \* 5480 Gaines St., San Diego, CA 92110
  - \* 5821 Sweetwater Rd., Bonita, CA 91902
  - \* 2481 Palomar Airport Rd., Carlsbad, CA 92011
- Contact: 619-767-2675 | [www.petsforpatriots.org](http://www.petsforpatriots.org)

### **Public Administrator—The Dignity Memorial Program**

The Public Administrator serves as the County's Indigent Burial Officer. The Indigent Burial Program pays for the disposition of bodies of deceased County residents whose estate cannot provide for a burial.

To qualify for Indigent Burial, the deceased must meet the following criteria:

1. They have no estate from which to pay the cost of a funeral.
2. They have no family who can afford providing the service.
3. They are not eligible for burial assistance from the Social Security Administration or Veterans Administration.

- Location: 5560 Overland Ave., #130, San Diego, CA 92123
- Contact: 858-694-3500

### **VA Stand Down**

Conducted for roughly one week each summer and sponsored by Veterans Village of San Diego, Stand Down provides services to homeless veterans such as food, shelter, clothing, health screenings, VA and Social Security benefits counseling, and referrals to a variety of other necessary services, such as housing, employment and substance abuse treatment.

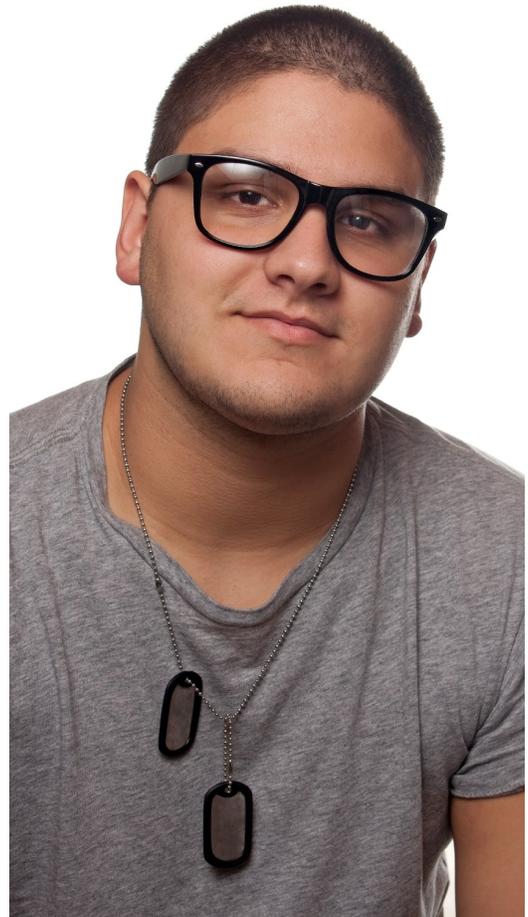
- Location: 4141 Pacific Hwy., San Diego, CA 92110
- Contact: [info@vvsd.net](mailto:info@vvsd.net) | [www.vvsd.net](http://www.vvsd.net)

## EDUCATION

### County of San Diego Office of Military & Veterans Affairs

You or your dependents may be entitled to one or more of the following educational benefits:

- \* Post 9/11 GI Bill
  - \* Montgomery GI Bill
  - \* Vocational Rehabilitation
  - \* Reserve Educational Assistance
  - \* Dependents Educational Assistance
  - \* Dependents College Tuition Fee Waiver
  - \* Non-Resident College Fee Waiver
- Locations:
    - \* 5560 Overland Ave., #310, San Diego, CA 92123  
858-694-3222
    - \* 649 West Mission Ave., #2400, Escondido, CA 92025  
760-740-5604
  - Contact: [www.SanDiegoCountyVeterans.com](http://www.SanDiegoCountyVeterans.com)



## EMPLOYMENT

### Business License, Tax and Fee Waiver

The Business License, Tax, and Fee Waiver benefit waives municipal, county and state business license fees, taxes and fees for veterans who hawk, peddle or vend any goods, wares or merchandise owned by the veteran.

- Location: 1200 Third Ave., San Diego, CA 92101
- Contact: 619-236-6112 | [www.sandiego.gov/treasurer](http://www.sandiego.gov/treasurer)

### Hiring Our Heroes—County of San Diego

The County of San Diego is committed to honoring veterans and their service. The Department of Human Resources aims to provide veterans with the resources and tools necessary to maximize their employment opportunities, and to assist veterans with their transition into civilian life by applying the valuable skills, knowledge and training acquired in service to positions and career paths available within the County of San Diego.

- Contact: 619-236-2191 | [www.sandiegocounty.gov/content/sdc/hr/VeteransResources.html](http://www.sandiegocounty.gov/content/sdc/hr/VeteransResources.html)

*“There are no secrets to success. It is the result of preparation, hard work, and learning from failure.”*

—Colin Powell

# FAMILY/CAREGIVER SUPPORT

## Child Welfare Services (CWS) Military Liaison

CWS Regional Military Liaisons coordinate and consult with military family advocacy programs. Liaison activities include participating in case planning for military families with CWS involvement; coordinating services and treatment plans; providing mandated child abuse reporting training to military personnel and child development staff; and providing referrals and support services to families in crisis or at risk of entering the Juvenile Court system. Military liaisons also provide support on active CWS family reunification cases.

- Location: Child Welfare Services - Serves military families countywide
- Contact: CWS Military Liaisons Program Manager 858-694-5742

## Courage to Call

"By Veterans for Veterans," Courage to Call is a veteran-run, peer-to-peer support program offered through Mental Health Systems, Inc., in collaboration with 2-1-1 and the Access and Crisis line. Services are offered at no cost to active and former military members, their families and loved ones. Services include support to reduce stress and improve overall mental health, employment services, veteran transition services, referrals for a variety of services and resource, and community outreach.

- Contact: Dial 2-1-1 or 888-724-7240 (24 hour access/crisis line)
- Program Manager: 858-636-3604
- [www.211sandiego.org/courage-to-call](http://www.211sandiego.org/courage-to-call)



## Legacy Corps Program

Legacy Corps members provide free respite services in San Diego County to family members providing care for veterans of any age. If you are a family caregiver, you may request scheduled respite visits from a Legacy Corps member. An assessment will be performed prior to assigning a volunteer. The program is designed to help relieve the stress and burden for caregivers in military families.

- Contact: 858-505-6305 | [www.lcsandiego.org](http://www.lcsandiego.org)

# HEALTHCARE

## Health & Human Services Agency's Public Health Services

Regional Public Health Services clinics offer the following services:

- \* Child Health and Youth Clinic
- \* HIV Testing
- \* Immunization Clinic
- \* Pregnancy Testing
- \* Public Health Nursing
- \* Sexually Transmitted Disease Clinic
- \* Tuberculosis Testing and Treatment
- \* Referrals to Community Resources
- Contact:
  - \* Central Region | 619-229-5400
  - \* East Region | 619-441-6500
  - \* North Central Region | 858-573-7300
  - \* North Coastal Region | 760-967-4401
  - \* North Inland Region | 760-740-4000
  - \* South Region | 619-409-3110

## It's Up to Us—Resources for Military

From active duty members to retirees, reservists to Department of Defense (DOD) and family members, anyone can face depression, anxiety, post traumatic distress and other mental health challenges - and be reluctant to seek help. Recovery is possible, and getting help is an important first step to an active and healthy future. The website provides a variety of supportive stigma reduction and mental health resources, as well as offers Live Chat.

- [www.up2sd.org](http://www.up2sd.org) (for specific military related resources, type 'military' in search)





*“I can think of no higher responsibility than ensuring that the men and women who have served our nation in uniform are treated with the care and respect that they have earned.”*

**- Secretary of Veterans Affairs  
Eric Shinseki**

### **North Coastal Public Health Center Camp Pendleton Support**

Public Health Nurses are available to visit pregnant military families to provide support services on Marine Corps Base Camp Pendleton.

- Location: 104 South Barnes St., Oceanside, CA 92054
- Contact: 760-967-4401

### **San Diego Veterans Independence Services at any Age (SD-VISA)**

SD-VISA is a Veterans Directed Home and Community-based Services (VD-HCBS) program. The program provides veterans of all ages the opportunity to receive participant-directed home and community based services, enabling them to avoid nursing home placement and to continue to live in their homes and communities. Under the VD-HCBS program, the VA Medical Center refers eligible veterans to the program which, through Options Counseling, will assist them to manage a flexible budget, decide for themselves what mix of services will best meet their personal care needs, hire their own personal care aides, including family or neighbors, and purchase items or services in order to live independently in the community. Interested veterans should contact their primary care physician for a referral.

- Location: 5500 Overland Ave., #410, San Diego, CA 92123
- Contact: 858-495-5442

# HOUSING

## Disabled Veterans Exemption

Property tax exemption for veterans with 100% service related disabilities, or to spouses upon the death of their active duty or veteran spouse.

- Location: County Administration Center  
1600 Pacific Hwy. #103, San Diego, CA 92101
- Contact: 619-531-5773 | [arc.fgg@sdcounty.ca.gov](mailto:arc.fgg@sdcounty.ca.gov)

## Home Tenant-Based Rental Assistance (TBRA)

Provides tenant-based rental assistance for homeless veterans with the goal of providing affordable housing rental subsidies until the veteran can transition to other permanent housing options.

- Location: County of San Diego Housing & Community Development, 3989 Ruffin Rd., San Diego, CA 92123
- Contact: 858-694-4801 | [www.sdhcd.org](http://www.sdhcd.org)

## Veterans Affairs Supportive Housing (VASH)

The Department of Housing and Urban Development – VA Supportive Housing (HUD-VASH) Program is a joint effort between HUD and the VA to move veterans and their families out of homelessness and into permanent housing. Veterans are referred to the program through the VA. Once referred, the program provides rental assistance to qualified homeless veterans in partnership with the County of San Diego Housing & Community Development (HCD).

- Location: County of San Diego Housing & Community Development  
3989 Ruffin Rd., San Diego, CA 92123
- Contact: 858-694-4801 • 877-4AID-VET | [www1.va.gov/homeless/housing.asp](http://www1.va.gov/homeless/housing.asp)

## VASH Security and Utility Deposit Assistance Program

The Security and Utility Deposit Assistance Program for eligible homeless and low-income veterans enhances the VASH program by providing security and utility deposit assistance for eligible homeless veterans whose incomes are at or below 30% of the area median income and who are receiving services from the VA.

- Location: VA Counseling Center, 7410 Mission Valley Rd., San Diego, CA 92108
- Contact: 619-497-8989



# LEGAL SUPPORT

## Child Support Outreach

Child Support Services staff visit local jails monthly to change the monthly child support amount for incarcerated veterans, decrease the non-custodial parents' debt and increase the veteran's chance of becoming self-sufficient upon release. Staff also conduct monthly visits to the Mission Valley VA to provide case management assistance.

- Location: 220 West Broadway, San Diego, CA 92101
- Contact: 760-740-5624 | [www.sandiegochildsupport.org](http://www.sandiegochildsupport.org)

## Homeless Court Program (HCP) - Public Defender's Office

Homeless Court, with assistance from local service agencies, helps veterans with outstanding warrants and misdemeanor charges to address the legal barriers that deny homeless veterans employment and housing opportunities.

- Contact: 619-338-4884 | [HomelessCourtProgram@gmail.com](mailto:HomelessCourtProgram@gmail.com) | [www.homelesscourtprogram.com](http://www.homelesscourtprogram.com)

## San Diego Veterans Treatment Court

Veterans Court provides eligible veterans who have misdemeanor and felony convictions treatment designed especially for veterans through a collaboration between the County of San Diego's District Attorney's Office, the Superior Court, Department of Public Defender (including Defense Bar), treatment providers. To participate, veterans must be able to show some type of mental health issue related to their service.

- Contact: [publicaffairs@sdcca.org](mailto:publicaffairs@sdcca.org)

## Veterans Empowerment Program

The Veterans Empowerment Program promotes a seamless transition for veterans returning from service or incarceration to a life of stability. AmeriCorps VISTA (Volunteers in Service to America) members connect veterans and military families to physical and mental health services, social services, housing, financial literacy, and employment resources through education or vocational training. The goal is to prevent crime and criminal behavior and create a pathway out of poverty to sustainable living.

- Contact: 619-531-3567

## Veterans Moving Forward

The Veterans Moving Forward program provides incarcerated veterans, on a voluntary basis, access to programs, services and community resources to reduce the rate of reincarceration and promote responsibility and accountability. Participants can expect significant involvement from Correctional Counselors, VA Social Workers, and Sheriff's sworn staff in the day-to-day operation of the module and programs to facilitate participant goals.

- Contact: 619-258-2810

# FAMILY RESOURCE CENTERS (FRCs)

The Health and Human Services Agency (HHSA) has Family Resource Centers to serve various needs at locations throughout the County. Services vary per location and may include:

- \* *CalWORKs*
- \* *CalFresh (Food Stamps)*
- \* *Cash Assistance Program for Immigrants*
- \* *Community Action Partnership*
- \* *Direct Deposit - EBT (Electronic Benefit Transfer)*
- \* *Domestic Violence Safety Plan*
- \* *Medi-Cal*
- \* *Welfare to Work*

## Centre City Family Resource Center

- Location: 1255 Imperial Ave., San Diego, CA 92101 | Contact: 866-262-9881

## El Cajon Family Resource Center

- Location: 220 South 1st St., El Cajon, CA 92019 | Contact: 866-262-9881

## Lemon Grove Family Resource Center

- Location: 7065 Broadway, Lemon Grove, CA 91945 | Contact: 866-262-9881

## Metro Family Resource Center

- Location: 1130 10th Ave., San Diego, CA 92101 | Contact: 866-262-9881

## North Central Family Resource Center

- Location: 5055 Ruffin Rd., San Diego, CA 92123 | Contact: 866-262-9881

## North Coastal Family Resource Center

- Location: 1315 Union Plaza Ct., Oceanside, CA 92054 | Contact: 866-262-9881

## North Inland Family Resource Center

- Location: 649 West Mission Ave., Escondido, CA 92025 | Contact: 866-262-9881

## Northeast Family Resource Center

- Location: 5001 73rd St., San Diego, CA 92115 | Contact: 866-262-9881

## South Region Family Resource Center

- Location: 690 Oxford St., Chula Vista, CA 91911 | Contact: 866-262-9881

## Southeast Family Resource Center

- Location: 4588 Market St., San Diego CA 92102 | Contact: 866-262-9881

# SAN DIEGO COUNTY LIBRARY *Veteran Services*

## San Diego County Library Programs/Lectures for Veterans

County libraries provide information regarding services for active military, veterans and their families. They also provide special topics such as stress management, health and nutrition, and other life skills.

- Contact: [www.sdcl.org/branch-calendars.html](http://www.sdcl.org/branch-calendars.html)

## San Diego County Library Veterans' Resources Page

County libraries have a veterans resource page with links to information and resources that include special topics such as transition to civilian life, benefits, money assistance, jobs, government, organizations, and recognition.

- Contact: [www.sdcl.org/veterans-resources.html](http://www.sdcl.org/veterans-resources.html)

### **SAN DIEGO COUNTY LIBRARIES WITH VETERAN SERVICES**

El Cajon Branch

201 East Douglas, El Cajon, CA 92020

619-588-3718 | Walk-ins the 2<sup>nd</sup> & 4<sup>th</sup> Monday of the month | 9:30am-1pm

Julian Branch

1850 Highway 78, Julian, CA 92036

760-765-0370 | Thursdays via **VET CONNECT** | Call 858-694-3222 for an appointment

Pine Valley Branch

28804 Old Highway 80, Pine Valley, CA 91962

619-473-8022 | Walk-ins the 3<sup>rd</sup> Thursday of the month | 9:30am-1pm

Ramona Branch

1275 Main St., Ramona, CA 92065

760-788-5270 | Walk-ins the 4<sup>th</sup> Wednesday of the month | 9:30am-3pm

Rancho San Diego Branch

11555 Via Rancho San Diego, El Cajon, CA 92019

619-660-5370 | Walk-ins the 2<sup>nd</sup> Thursday of the month | 9:30am-1pm

**VET CONNECT** is a service that allows veterans to visit face-to-face with a veterans services representative via video conferencing to access services and complete paperwork without having to travel to the Military & Veterans Affairs Office in person.

# REGIONAL Collaboration

*Regional collaboration serves the needs of San Diego County Veterans and their families by strengthening and improving coordination and cooperation among community providers while providing the tools to be self-sufficient and to excel. Focusing the region's collective actions creates a greater impact.*

## One VA

The One VA Community Advocacy Board exists to share information, promote community engagement with the VA, and give feedback and advice regarding significant issues and initiatives. The One VA Community Advocacy Board (CAB) is comprised of key community stakeholders and directors from the local VA offices (Veterans Health Administration, Veterans Benefits Administration and National Cemetery Administration).

Once a month, 30 to 40 members representing each entity meet at the San Diego VA Medical Center to discuss various policies, personnel, and program changes. Please visit [www.sandiego.va.gov](http://www.sandiego.va.gov) for more information.

## San Diego County Veterans Advisory Council

The Board of Supervisors of the County of San Diego declared that it is the policy of the County to take the leadership role in identifying and addressing the needs of military veterans. In order to fulfill the tasks related to this policy, the Board established a San Diego County Veterans Advisory Council. The Council functions as an independent body in carrying out its duties and responsibilities, reporting directly to the Board of Supervisors as well as the Chief Administrative Officer.

The San Diego County Veterans Advisory Council meets the second Saturday of each month at 9:30am. The meeting location varies. Please call 858-694-3211 for more information.

## San Diego Military Family Collaborative

The San Diego Military Family Collaborative (SDMFC) provides an inclusive forum to maximize the collective impact of community resources to enhance military family life. The SDMFC provides one coordinated place where military families can find resources and stay strong, healthy, and connected.

Please visit <http://sdmilitaryfamily.org> for more information.



## **San Diego Veterans Coalition (SDVC)**

The mission of the SDVC is to improve the support of veterans in the San Diego Region by: inspiring and encouraging collaboration and cooperation among service providers and veteran service organizations; advocating on behalf of veterans, their families and significant others for better integration of services; improving communication between veterans and providers to disseminate information and determine needs; and providing guidance and leadership to effect local changes and serve as a model for other communities to emulate. SDVC General Body Meetings are held the 1st Friday of the month from 8:30am-10:00am at the San Diego County Operations Center located at 5560 Overland Ave. #310, San Diego, CA 92123.

## **United Veterans Council (UVC)**

The United Veterans Council works to improve conditions for veterans and their families in San Diego County by:

- \* Communicating veterans information, requirements and requests
- \* Promote veterans issues regionally, in California, and nationally
- \* Linking with prominent civic entities to gain support for the veterans agenda
- \* Leading action to effect change in support of veterans and their families

The meetings are held on the fourth Saturday of the month at the Veterans Museum and Memorial Center, located at 2115 Park Blvd., San Diego, CA 92101. Contact requests and inquiries may be sent to [UVCNews@gmail.com](mailto:UVCNews@gmail.com).

## **Veteran Family (VetFam) Forum**

The VetFam Forum is a community forum for military, veterans, their families, and organizations that serve them. VetFam meetings are open to the public.

The VetFam Forum meets the first Wednesday of every month at 3pm at the County of San Diego's Behavioral Health Services located at 3255 Camino del Rio S., San Diego, CA 92108.

## **Veterans Association of North County (VANC)**

Created by a group of dedicated veterans, VANC is dedicated to empowering other veterans, members of the military, and their families by providing needed support and resources including assistance with jobs, education, finances, health, wellness, and family issues.

VANC is located at 1617 Mission Ave., Oceanside, CA 92058. Please call 760-722-1277 for more information or visit [www.vancnorthcounty.org](http://www.vancnorthcounty.org).

## **Vets' Community Connections (VCC)**

Vets' Community Connections is a community-based initiative to involve a great number of individuals in veteran reintegration efforts. It provides individuals who want to do more than say "thanks for your service" the channel to use their own professional experience and expertise to respond to veteran and military family relocation and reintegration questions in a wide variety of fields: education, health, business, recreation, arts, community service and a host of other areas which collectively make up the communities in which we live.

For more information please visit: [www.vetscommunityconnections.org](http://www.vetscommunityconnections.org) or call 2-1-1.

**COUNTY OF SAN DIEGO**  
**OFFICE OF MILITARY & VETERANS AFFAIRS LOCATIONS**

County of San Diego Office of Military & Veterans Affairs  
5560 Overland Ave., #310, San Diego, CA 92123  
Office: 858-694-3222 | Mon-Fri 8am-4pm

County of San Diego Office of Military & Veterans Affairs  
North Inland Live Well Center  
649 W. Mission Ave., #2400, Escondido, CA 92025  
Office: 760-740-5572 or 760-740-5573 | Mon-Fri 8am-4pm

Chula Vista Vet Center (Bonita)  
180 Otay Lakes Rd., #108, Bonita, CA 91902  
Clinic: 877-618-6534 | Mon-Fri 8am-4pm

Foundation for Senior Care  
135 South Mission Rd., Fallbrook, CA 92028  
Appointments: 760-723-7570 | 2<sup>nd</sup> Fri & 4<sup>th</sup> Wed of every month

La Mesa Adult Center  
8450 La Mesa Blvd., La Mesa, CA 91942  
Office: 619-504-6432 or 858-527-5822 | Fri 9am-3pm

Mission Valley VA Regional Office  
Annex B-Bld, 8898 Rio San Diego Dr., San Diego, CA 92108  
Appointments: 858-694-3222 | Thurs-Fri

Oceanside VA Clinic  
1300 Rancho De Oro #138, Oceanside, CA 92056  
Appointments: 760-643-2049 | Mon-Fri

VA Medical Center, La Jolla  
3350 La Jolla Village Dr., #1596, San Diego, CA 92161  
Office: 858-552-8585 ext 1813 | Mon-Wed 8am-2pm

VANC (Veterans Association of North County)  
1617 Mission Ave., Oceanside, CA 92058  
Appointments: 760-722-1510 | Mon-Tues & Thurs-Fri 8am-3pm

## COUNTY OF SAN DIEGO MILITARY & VETERANS RESOURCE CENTER

### North Inland Live Well Center

649 West Mission Ave. #2400  
Escondido, CA 92025 • 760-740-5604

### California Veterans Legal Task Force

Helps veterans upgrade, discharge, and apply for social security benefits.

760-740-5557

### County Veterans Service Representative

Provides benefits counseling professional support services to military, veterans, and their dependents.

760-740-5773/760-740-5572

### Goodwill

Assists with job training and placement services.

760-740-5575

### Interfaith

Assists veterans in need to acquire and maintain stable income and permanent housing.

760-740-5553

### Mental Health Systems—Courage to Call

Strives to improve the wellness of veterans with physical and/or mental disabilities.

619-764-1882/760-740-5574

### National Association for Black Veterans

Addresses unmet needs of minority and economically disadvantaged veterans.

760-740-5556

### Physician Advocates for Veterans

Enhances veterans' ability to understand and manage their healthcare.

760-740-5584

### Progressive Results, Inc.

Strives to improve the wellness of veterans with physical and/or mental disabilities.

619-764-1882/760-740-5574



### REBOOT Workshop

Assists with a successful transition to civilian life.

760-740-5563

### Southern Caregiver Resource Center

Coaches families of service members and veterans through the transition home.

760-740-5578

### Support The Enlisted Program

Provides emergency financial and transition assistance grants.

760-740-5565

### The Elizabeth Hospice

Ensures that veterans have access to quality end-of-life care.

760-740-5579

### Vets Caring for Vets

Provides veterans to care for veterans and civilians of all ages.

760-740-5565

### Veterans Museum/Arts for Veterans

Honors and perpetuates the memories of all veterans.

760-740-5554

### Veterans Village of San Diego

Assists homeless veterans who have substance abuse and/or mental health issues.

760-740-5558

# San Diego County Board of Supervisors



Greg Cox  
District 1



Dianne Jacob  
District 2



Dave Roberts  
District 3



Ron Roberts  
District 4



Bill Horn  
District 5



Helen N. Robbins-Meyer  
*Chief Administrative Officer  
County of San Diego*



Donald F. Steuer  
*Assistant Chief Administrative Officer  
Chief Operating Officer*

## County of San Diego Office of Military & Veterans Affairs

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