RESIDENT CARE

Edgemoor has three board-certified physicians who work as a team to provide care and cover medical needs 24 hours a day. Registered Nurses work on each neighborhood on every shift. Charge Nurses supervise daily care and the Nursing Supervisors oversee multiple neighborhoods. Medication Nurses (LVNs) pass medications. Certified Nursing Assistants (CNAs) help with feeding, dressing, bathing and incontinence care. Restorative Nurse Assistants (RNAs) help with exercises, stretching and strengthening. A go-to person is the Unit Assistant who is at the nursing station daily to help answer questions. The physicians and nurses work with onsite specialists including dieticians, social workers, psychologist, physical, occupational, speech and recreational therapists. The team works together to develop a program of care with realistic goals to help each individual attain their maximum potential.

HISTORY

The original Edgemoor site was formerly a dairy farm, a Poor Farm and a rehabilitation/healthcare center. In 2009, the aging facility was rebuilt at the current location and the old site currently houses a historic barn. Today, Edgemoor provides services for seriously ill or disabled adults.

Vision

Live Well San Diego: A region that is Building Better Health, Living Safely and Thriving

Mission

To efficiently provide public services that build strong and sustainable communities

Values

Integrity, Stewardship and Commitment

Information about Edgemoor DP SNF is available on www.medicare.gov/NHcompare.asp Edgemoor has been given the highest award for quality, five stars, by the Centers for Medicare and Medicaid Services. Edgemoor DP SNF is the proud recipient of the American Health Care Association National Quality Silver and Bronze Awards for our quality improvement efforts.

COUNTY OF SAN DIEGO HHSA HEALTH AND HUMAN SERVICES AGENCY

LIVE WELL SAN DIEGO

County of San Diego HHSA
Inpatient Health Services
Edgemoor DP SNF
655 Park Center Drive
Santee, California 92071

Phone 619-596-5500 Fax 619-596-5501
Http://www.sdcounty.ca.gov/hhsa/programs/bhs/inpatient_health_services_edgemoor/

7/2016

Welcome to EDGEMOOR

DP SNF

CURRENT CHARACTERISTICS

Edgemoor is a skilled nursing facility run by the County of San Diego. Edgemoor is a “distinct part” skilled nursing facility (DP SNF), operating with the San Diego County Psychiatric Hospital and is licensed by the California Department of Public Health. Edgemoor provides a more intensive level of care and higher staffing compared to community nursing homes. Edgemoor serves predominantly those insured by Medi-Cal and Medicare.

Many residents have brain injuries, resulting in physical, cognitive and behavioral problems. Most are here for months or even years. Edgemoor cares for adults over the age of 18, with the average age being about 55. Most residents are in wheelchairs or lounge chairs.

Edgemoor is a smoke-free facility - no smoking is permitted anywhere on the grounds for the health and safety of residents, staff and visitors. Edgemoor is a restraint-free facility and this means that residents are not placed in physical restraints that inhibit their freedom of movement.

FACILITY / GROUNDS

Edgemoor is located in a residential neighborhood near the San Diego River, the YMCA, community parks, and shopping in Santee, California.

Edgemoor is a modern two story facility accommodating 192 residents. To enter a neighborhood, you pass from the hallway into a light-filled space called the greatroom where residents gather to participate in activities, share meals and socialize. The nursing station is open and accessible. Windows throughout the facility let in natural light and overlook landscaped courtyards. Edgemoor has an outdoor exercise circuit for residents in wheelchairs, a therapy gym, and resident gardens.

ACCOMMODATIONS

Residents are accommodated on 32-bed neighborhoods, each of which is a separate community. All rooms are private, most with sliding doors. Residents may share a bathroom with one or two other residents. Each room has an individual flat screen TV, free Wi-Fi, and furniture designed for use by those with disabilities.

VISITORS

Visitors are welcome at Edgemoor. Suggested visiting hours are between 8 am and 9 pm daily. Please sign in at the Command Center in the lobby and at the nursing station in the neighborhood. See the Visitor Guidelines for important information you need to know to make your visit a positive experience.

DINING SERVICES

Three meals a day are served at Edgemoor with the heartiest meal at lunch. We encourage residents to eat together. Meals are planned by our dieticians and physicians to be healthy, tasty and to meet individual needs. Edgemoor strives to promote healthy choices in eating. Family style meals are held on some days. Every day there is a regular meal, an alternative menu and a vegetarian choice, as well as snacks. Food is available 24 hours a day. A cafeteria is open limited hours for breakfast (6:00 am - 8:00 am) and lunch (11:00 am - 1:00 pm) for family and visitors.

ACTIVITIES

A busy calendar highlights fun and therapeutic events for residents of various abilities. Residents participate in the Resident Council, use computers, play games, garden, listen to music, paint ceramics, and learn about current events. Staff take residents on outings to parks, shopping, the County Fair or local attractions and events. The facility has places where residents can engage in activity, as well as quieter spaces for reflection and healing. Edgemoor has two award-winning programs; “Sierra Stroll” and a fine arts program called “healing heARTS”.