YOUTH & FAMILY PEI PROGRAMS

SYSTEMWIDE SUMMARY

COUNTY OF SAN DIEGO BEHAVIORAL HEALTH SERVICES
PREVENTION & EARLY INTERVENTION PROGRAMS

FISCAL YEAR 2013—14 ANNUAL REPORT

The Mental Health Services Act Prevention and Early Intervention (PEI) funding gives counties a unique opportunity to implement programs to help prevent the onset of mental illness or to provide early intervention to decrease severity. San Diego County has funded 13 contractors to provide PEI programs for youth and their families. The focus of these programs varies widely, from teaching caregivers how to cope with behavior concerns in young children to preventing youth suicide. Each contractor collects information on the demographics of their participants and their satisfaction with the services provided. This information is summarized in the following report.

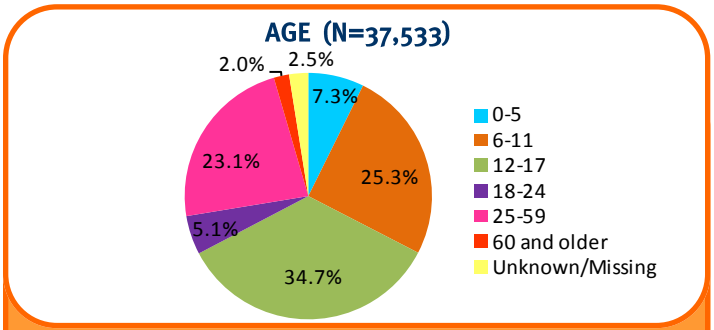
DATA: Youth and Family PEI Programs

REPORT PERIOD: 7/1/2013-6/30/2014

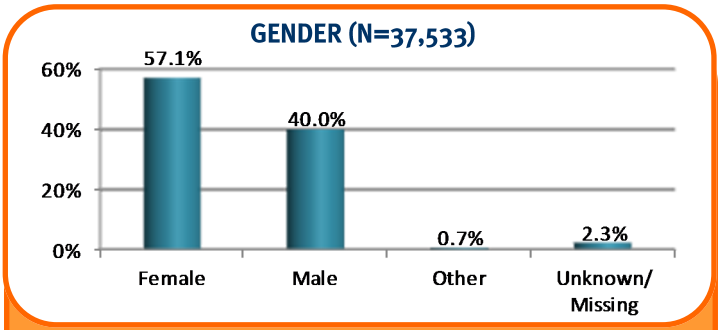
NUMBER OF PARTICIPANTS WITH DATA IN FY 2013-14: 37,533 (Unduplicated)*†

**Data for all students participating in the HERE Now Suicide Prevention program were calculated from a representative sample of students who provided demographic and satisfaction information.*
†All known duplicates are excluded from this count; however, unduplicated status cannot be verified among programs that do not issue client identification numbers.

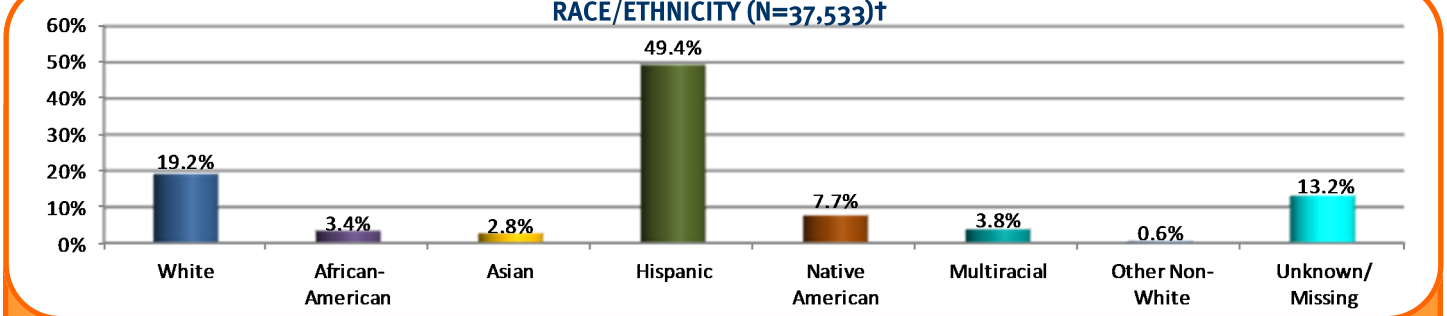
SYSTEMWIDE PARTICIPANT DEMOGRAPHICS*



Sixty percent of the participants were ages 6-17. Some participants were older than 18 because several children's PEI programs include caregivers and community members.

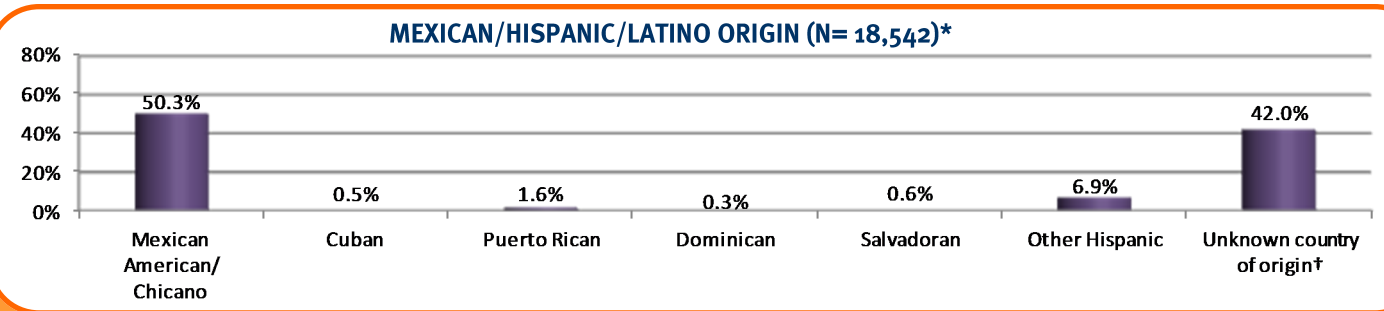


Fifty-seven percent of the participants who received services identified their gender as female.



Forty-nine percent of the participants who received services identified their race/ethnicity as Hispanic. Race/ethnicity was not reported for

**Percentages may not add up to exactly 100% due to rounding.*
†Participants can self-identify as more than one race so percentages may add up to more than 100%.

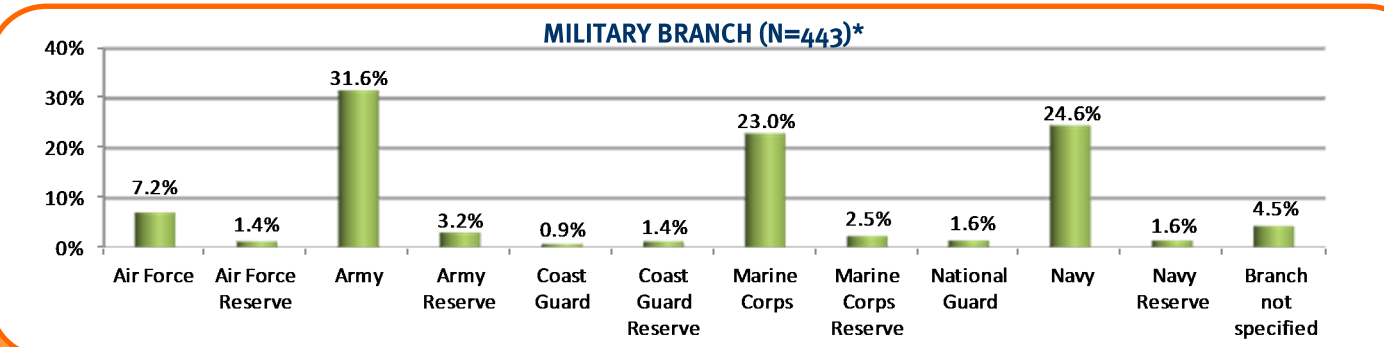


Of the Hispanic population served, 50% identified their ethnic background as Mexican American/Chicano.

**Participants can self-identify as more than one race so percentages may add up to more than 100%.*

†Some PEI programs did not ask Hispanic participants to list their country of origin. Participants from these programs are included in the unknown category.

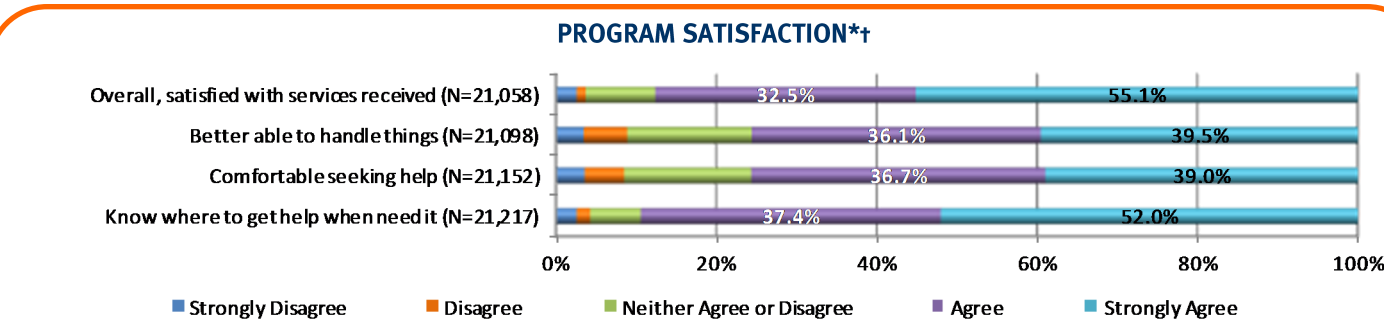
CAREGIVER INVOLVEMENT IN MILITARY SERVICE



Of the 6,636 participants who responded to the question regarding caregiver involvement in the military, 443 (6.7%) reported that the youth's caregiver had served in the military. Of these caregivers, 32% served in the Army, 25% served in the Navy and 23% served in the Marine Corps. The remaining branches were not highly represented.

**Participants could have served in more than one military branch so numbers and percentages may add up to more than the N or 100%.*

PROGRAM SATISFACTION



Information on satisfaction with the PEI programs was available for approximately 56% of the participants. Of these participants, most agreed that they were better able to handle things and solve problems as a result of the program. Most also said that they knew where to get help when they needed it, and that they felt more comfortable seeking help now. Overall, 88% of the participants who responded were satisfied with the services they received.

**Satisfaction data not available for all participants.*

†Satisfaction data includes duplicate participants.

The Child and Adolescent Services Research Center (CASRC) is a consortium of over 100 investigators and staff from multiple research organizations in San Diego County and Southern California, including: Rady Children's Hospital, University of California at San Diego, San Diego State University, University of San Diego and University of Southern California. The mission of CASRC is to improve publicly-funded mental health service delivery and quality of treatment for children and adolescents who have or are at high risk for the development of mental health problems or disorders.