

# Cultural Competence Resources

## Culturally and Linguistically Appropriate Services (CLAS) Standards

### Implementation of CLAS Standards

Think Cultural Health, Office of Minority Health, US Department of Health & Human Services

[www.thinkculturalhealth.hhs.gov/Content/clas.asp](http://www.thinkculturalhealth.hhs.gov/Content/clas.asp)

### Cultural and Linguistic Competence Policy Assessment

National Center for Cultural Competence, Georgetown University, Center for Child and Human Development

[www.clcpa.info/](http://www.clcpa.info/)

### Assessment Tools

Virginia Department of Health, CLAS Assessment Tools

[www.vdh.virginia.gov/ohpp/clasact/AT.aspx](http://www.vdh.virginia.gov/ohpp/clasact/AT.aspx)

## Trauma-Informed Systems and Services (Non-SDCBHS Resources)

### The National Council for Behavioral Health: Trauma Informed Care

[www.thenationalcouncil.org/topics/trauma-informed-care/](http://www.thenationalcouncil.org/topics/trauma-informed-care/)

### The Trauma Informed Project

[www.traumainformedcareproject.org/](http://www.traumainformedcareproject.org/)

### University of North Carolina Family and Children's Resource Program: Trauma and Behavior – How Trauma Affects the Brain

[www.youtube.com/watch?v=IPftosmseYE](http://www.youtube.com/watch?v=IPftosmseYE)

### What Does “Trauma Informed Care” Really Mean? – The Up Center

[www.cpe.vt.edu/ocs/sessions/csa-trauma.pdf](http://www.cpe.vt.edu/ocs/sessions/csa-trauma.pdf)

### Substance Abuse and Mental Health Services Administration (SAMHSA)

Trauma-Informed Approach and Trauma-Specific Interventions

[beta.samhsa.gov/nctic/trauma-interventions](http://beta.samhsa.gov/nctic/trauma-interventions)

### SAMHSA

Concept of Trauma and Guidance for a Trauma-Informed Approach

[store.samhsa.gov/shin/content//SMA14-4884/SMA14-4884.pdf](http://store.samhsa.gov/shin/content//SMA14-4884/SMA14-4884.pdf)

### Crisis Prevention Institute

Trauma-Informed Care Resources Guide

[educate.crisisprevention.com/Trauma-Informed-Care.html?code=NIT01TICRG&src=Organic-Search](http://educate.crisisprevention.com/Trauma-Informed-Care.html?code=NIT01TICRG&src=Organic-Search)

### Research

Druss B.G. & Reisinger Walker E. (2011). Mental disorders and medical comorbidity. *Research Synthesis Report*, No. 21. Princeton, NJ: Robert Wood Johnson Foundation.

[www.rwjf.org/files/research/71883.mentalhealth.report.pdf](http://www.rwjf.org/files/research/71883.mentalhealth.report.pdf)

Edwall, G.E. (2012, Spring). Intervening during childhood and adolescence to prevent mental, emotional, and behavioral disorders. *The Register Report*, 38, 8-15.

Felitti V. & Anda, R., (2010). The relationship of adverse childhood experiences to adult medical disease, psychiatric disorders, and sexual behavior: Implications for healthcare, In R. Lanius and E. Vermetten, Eds., *The Hidden Epidemic: The Impact of Early Life Trauma on Health and Disease*. Cambridge University Press. 2010.

Finch, R. A. & Phillips, K. (2005). An employer's guide to behavioral health services. Washington, DC: National Business Group on Health/Center for Prevention and Health Services.

[www.businessgrouphealth.org/publications/index.cfm](http://www.businessgrouphealth.org/publications/index.cfm)

Substance Abuse and Mental Health Services Administration (2011). *Helping Children and Youth Who Have Experienced Traumatic Events*. HHS Publication No. SMA-11-4642.

Substance Abuse and Mental Health Services Administration & National Association of State Mental Health Program Directors. (2004). *The damaging consequences of violence and trauma*.

[www.theannainstitute.org/Damaging%20Consequences.pdf](http://www.theannainstitute.org/Damaging%20Consequences.pdf)

Van der Kolk, B, McFarlane, A, & Weisaeth, L. (2007). *Traumatic Stress: The Effects of Overwhelming Experience on Mind, Body, and Society*. New York: The Guilford Press.

## Trauma-Informed Systems

### **SAMHSA**

Trauma-Informed Care in Behavioral Health Services: A Treatment Improvement Protocol  
[store.samhsa.gov/shin/content/SMA14-4816/SMA14-4816.pdf](http://store.samhsa.gov/shin/content/SMA14-4816/SMA14-4816.pdf)

### **Centers for Disease Control and Prevention**

Injury Prevention & Control: Division of Violence Prevention  
[www.cdc.gov/violenceprevention/acestudy/index.html](http://www.cdc.gov/violenceprevention/acestudy/index.html)

### **TED**

Video: How Childhood Trauma Affects Health Across a Lifetime

[www.ted.com/talks/nadine\\_burke\\_harris\\_how\\_childhood\\_trauma\\_affects\\_health\\_across\\_a\\_lifetime](http://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime)

### **Child Trauma Academy**

[childtrauma.org/](http://childtrauma.org/)

## Full Service Partnership Toolkits on Cultural Relevance

### **California Institute for Behavioral Health Solutions**

Toolkits for the following populations: Child/family, TAY, Adults, and Older Adults)

[www.cibhs.org/introduction/fsp-tool-kits](http://www.cibhs.org/introduction/fsp-tool-kits)