

# CHILD & FAMILY PEI PROGRAMS

## SYSTEMWIDE SUMMARY

COUNTY OF SAN DIEGO BEHAVIORAL HEALTH SERVICES  
PREVENTION & EARLY INTERVENTION PROGRAMS

FISCAL YEAR 2012—13 ANNUAL REPORT

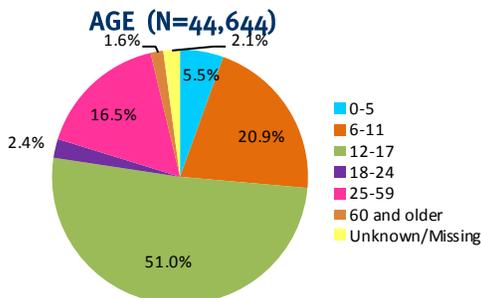


The Mental Health Services Act Prevention and Early Intervention funding gives counties a unique opportunity to implement programs to help prevent the onset of mental illness or to provide early intervention to decrease severity. San Diego County has funded 13 contractors to provide prevention and early intervention (PEI) programs for youth and their families. The focus of these programs varies widely, from teaching caregivers how to cope with behavior problems in young children to preventing youth suicide. Each contractor collects information on the demographics of their participants and their satisfaction with the services provided. This information is summarized in the following report.

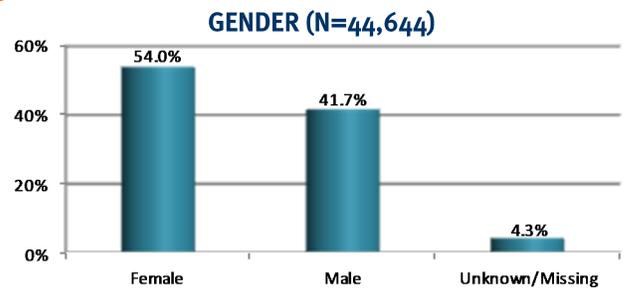
<b>DATA: Child and Adolescent PEI Programs</b>
<b>REPORT PERIOD: 7/1/2012-6/30/2013</b>
<b>NUMBER OF PARTICIPANTS WITH DATA IN FY 2012-13: 44,644 (Unduplicated)*</b>
<i>* Data for all students participating in the Yellow Ribbon Suicide Prevention program were calculated from a representative sample of students who provided demographic and satisfaction information.</i>



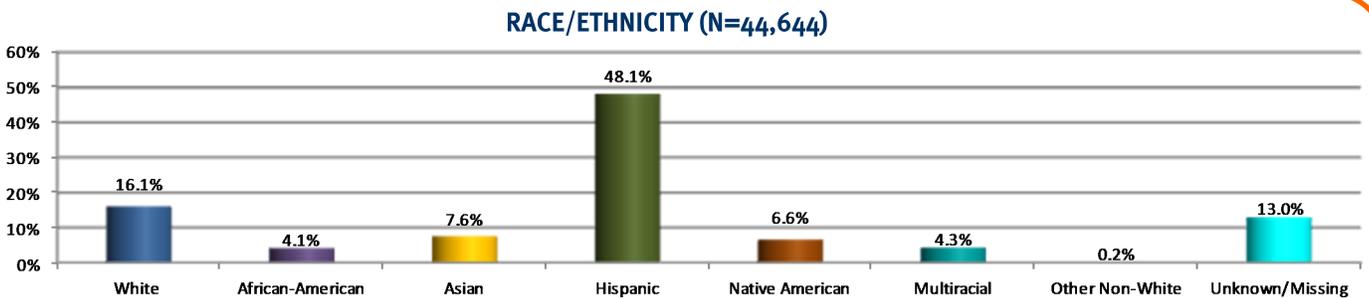
### SYSTEMWIDE PARTICIPANT DEMOGRAPHICS



Fifty-one percent of participants were ages 12-17. Some participants were older than 18 because several children's PEI programs include caregivers and community members.

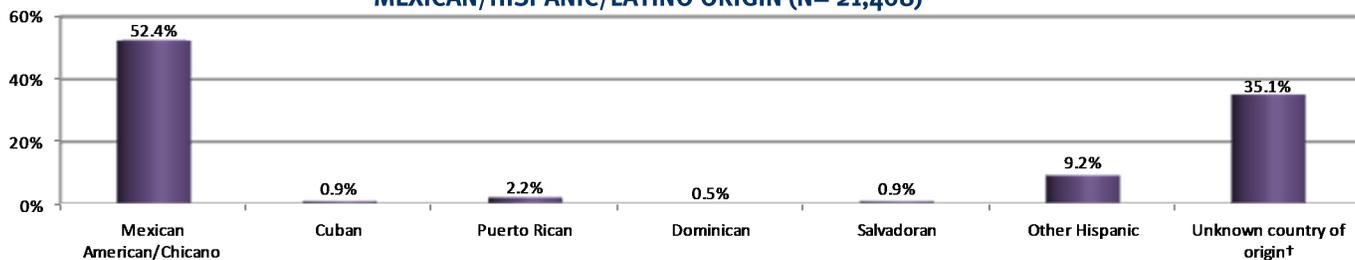


Fifty-four percent of the participants who received services identified their gender as female.



Forty-eight percent of participants who received services identified their race/ethnicity as Hispanic.

### MEXICAN/HISPANIC/LATINO ORIGIN (N= 21,468)\*



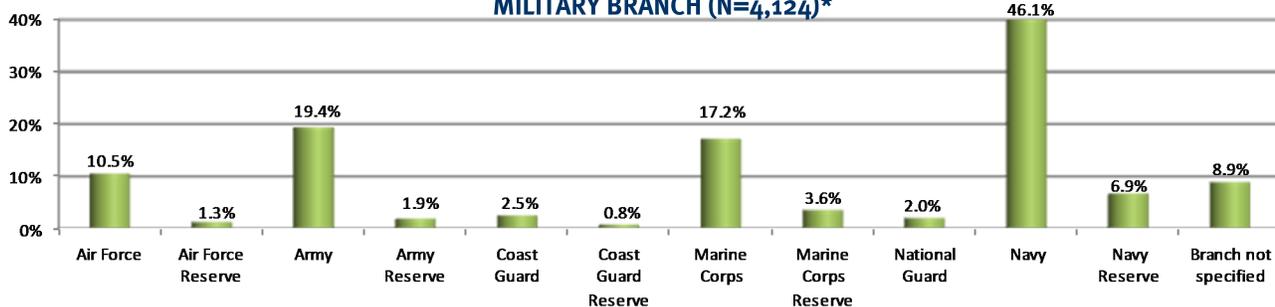
Of the Hispanic population served, 52% identified their ethnic background as Mexican American/Chicano.

\*Participants can self-identify as more than one race so percentages may add up to more than 100%.

†Some PEI programs did not ask Hispanic participants to list their country of origin. Participants from these programs are included in the unknown category.

### CAREGIVER INVOLVEMENT IN MILITARY SERVICE

#### MILITARY BRANCH (N=4,124)\*

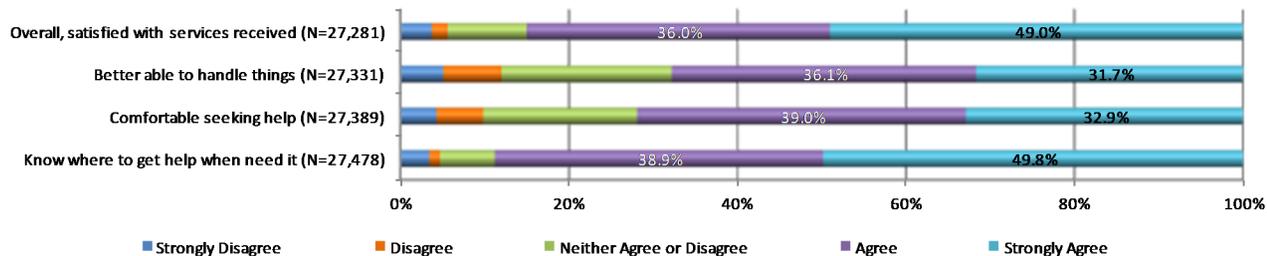


Of the 22,625 participants for whom caregiver involvement in the military was reported, 4,124 (18%) reported that the youth's caregiver had served in the military. Of these caregivers, 1,902 (46%) served in the Navy, 799 (19%) served in the Army and 708 (17%) served in the Marine Corps. The remaining branches were not as highly represented.

\*Participants could have served in more than one military branch so numbers and percentages may add up to more than the N or 100%.

### PROGRAM SATISFACTION

#### PROGRAM SATISFACTION\*



Information on satisfaction with the PEI programs was available for approximately 61% of the participants. Of these participants, most agreed that they were better able to handle things and solve problems as a result of the program. Most also said that they knew where to get help when they needed it, and that they felt more comfortable seeking help now. Overall, 85% of the participants who responded were satisfied with the services they received.

\*Satisfaction data not available for all participants.

**The Child and Adolescent Services Research Center (CASRC)** is a consortium of over 100 investigators and staff from multiple research organizations in San Diego County and Southern California, including: Rady Children's Hospital, University of California at San Diego, San Diego State University, University of San Diego and University of Southern California. The mission of CASRC is to improve publicly-funded mental health service delivery and quality of treatment for children and adolescents who have or are at high risk for the development of mental health problems or disorders.