

**COUNTYWIDE SERVICES (Continued)**  
**RESIDENTIAL SERVICES**

- ▲ Mental Health Systems (MHS)  
 Family Recovery Center  
**(Accepts women w/children up to age 10)**  
 1100 Sportfisher Drive  
 Oceanside, CA 92054  
 (760) 439-6702
- ▲ McAlister Institute for Treatment and Education (MITE) – KIVA  
**(Accepts women w/children up to age 12)**  
 2049 Skyline Drive  
 Lemon Grove, CA 91945  
 (619) 465-7303
- ▲ McAlister Institute for Treatment and Education (MITE) – Perinatal Detox  
 2049 Skyline Drive  
 Lemon Grove, CA 91945  
 (619) 465-7303
- ▲ North County Serenity House  
 Serenity Center  
 1341 N. Escondido Boulevard  
 Escondido, CA 92026  
 (760) 747-1015  
 (760) 741-5098 (bed availability)
- ▲ Turning Point  
 1315 25<sup>th</sup> Street  
 San Diego, CA 92102  
 (619) 233-0067

**AOD CASE MANAGEMENT**

Vista Hill Foundation (VHF)  
 CalWORKS Welfare to Work Case Management  
 (619) 668-4265

Vista Hill Foundation (VHF)  
 Perinatal Case Management & Dependency Drug Court  
 (619) 668-4265

**Public Health Nursing Home Visiting Services**

To make a referral, please call one of the following:  
 North Coastal/Oceanside (760) 967-4401  
 North Inland/Escondido (760) 740-4000  
 North Central/Kearny Mesa (858) 573-7300  
 Central/Mid City (619) 229-5400  
 East/EI Cajon (619) 441-6500  
 South/Chula Vista (619) 409-3110

BHS AOD (09-01-16)

CALL 2-1-1 FOR REFERRALS OR  
 INFORMATION

**ACCESS & CRISIS LINE**  
 1-888-724-7240

*All programs listed in this pamphlet receive funding by contract with the County of San Diego. Services are provided without discrimination on the basis of age, sex, race, disability or inability to pay. Bilingual (Spanish) services are available. Client fees are waived for Medi-Cal certified services. Services are not denied if the individual is unable to pay.*

[www.sandiegocounty.gov/hhsa/programs/bhs](http://www.sandiegocounty.gov/hhsa/programs/bhs)

**County of San Diego  
 Health and Human Services  
 Agency**

**DIRECTORY  
 OF W♀MEN'S ALCOHOL  
 AND OTHER DRUG SERVICES**



***Pregnant women have priority  
 admission to recovery and  
 treatment programs***



**BEHAVIORAL HEALTH SERVICES**

3255 Camino del Rio South  
 San Diego, CA 92108

[www.livewellsd.org](http://www.livewellsd.org)



**BOARD OF SUPERVISORS**

Greg Cox District 1	Dave Roberts District 3	Dianne Jacob District 2
Ron Roberts District 4		Bill Horn District 5

Helen N. Robbins-Meyer  
 Chief Administrative Officer

Nick Macchione, Agency Director  
 Health and Human Services Agency

Alfredo Aguirre, Director  
 Behavioral Health Services

Holly Salazar, Assistant Director,  
 Departmental Operations  
 Behavioral Health Services

## WOMEN'S ALCOHOL & OTHER DRUG PROGRAMS

The County of San Diego offers substance abuse treatment and recovery programs to meet the special needs of women. These programs are for women with children, women without children and pregnant women and teens.

Treatment programs for women are located all over the County with many services available.

Some of these services for participants may include:

- Free childcare onsite
- Low-cost services
- Free services for people with Medi-Cal
- Transportation to and from services
- Case managers that provide support and referrals
- Residential treatment and recovery programs
- Spanish-speaking staff
- Work preparation activities
- Classes for improving self-esteem, parenting, life skills and healthy relationships

▲ Wheelchair Accessible

- Spanish/Bilingual Services Available

Programs are organized by region; however,

**SERVICES MAY BE SOUGHT AT ANY LOCATION.**

## CENTRAL

### NON-RESIDENTIAL SERVICES

- ▲ Catholic Charities, Inc.  
(Recovery Drop-in)  
Rachel's Women's Center  
759 8<sup>th</sup> Avenue  
San Diego, CA 92101  
(619) 696-0873
- ▲ Mental Health Systems (MHS)  
Harmony Women's Recovery Center  
3645 Ruffin Road, Suite #100  
San Diego, Ca. 92123  
(858) 384-6284
- ▲ McAlister Institute for Treatment and Education (MITE)  
New Hope Teen Recovery Center (NHTRC)  
Perinatal Teen Recovery Center  
**(Pregnant & Parenting Teens)**  
1212 South 43<sup>rd</sup> Street  
San Diego, CA 92113  
(619) 263-1790
- ▲ Vista Hill Foundation (VHF)  
ParentCare Central Family Recovery Center  
**(Pregnant and Parenting Women and Teen Girls 15 yrs & up)**  
4125 Alpha Street  
San Diego, CA 92113  
(619) 266-0166

## EAST

### NON-RESIDENTIAL SERVICES

- ▲ Vista Hill Foundation (VHF)  
Parent Care East Family Recovery Center  
**(Pregnant and Parenting Women and Teen Girls 15 yrs & up)**  
4990 Williams Avenue  
La Mesa, CA 91942  
(619) 668-4200

## NORTH

### NON-RESIDENTIAL SERVICES

- ▲ Mental Health Systems (MHS)  
Family Recovery Center  
1100 Sportfisher Drive  
Oceanside, CA 92054  
(760) 439-6702
- ▲ McAlister Institute for Treatment and Education (MITE)  
North Inland Women and Adolescent Recovery Center (NIWARC)  
**(Pregnant and Parenting Women and Teen Girls 15 yrs & up)**  
751 Rancheros Road, Suite 5  
San Marcos, CA 92069  
(760) 761-0515

## SOUTH

### NON-RESIDENTIAL SERVICES

- ▲ McAlister Institute for Treatment and Education (MITE)  
South Bay Women's Recovery Center  
**(Pregnant and Parenting Women and Teen Girls 15 yrs & up)**  
2414 Hoover Street  
National City, CA 91950  
(619) 336-1226

## COUNTYWIDE SERVICES

### RESIDENTIAL SERVICES

- ▲ CRASH – Short Term II  
2410 E Street  
San Diego, CA 92102  
(619) 234-3346
- ▲ Crossroads  
3594 Fourth Avenue  
San Diego, CA 92103  
(619) 296-1151
- ▲ MAAC Project – Casa de Milagros  
1127 South 38<sup>th</sup> Street  
San Diego, CA 92113  
(619) 262-4002