

HHSA-BHS Research Bulletin

Spring 2014

County of San Diego - Behavioral Health Services

HEADLINES

This is the first edition of HHSA-BHS Research Bulletin, a biannual publication produced by the Performance Improvement Team, part of the Quality Improvement Unit at County of San Diego Behavioral Health Services.

The mission of Research Bulletin is to raise awareness of the research that is being conducted at County of San Diego Behavioral Health Services, and in addition, to facilitate communication and collaboration among researchers and providers working with San Diego's behavioral health system.

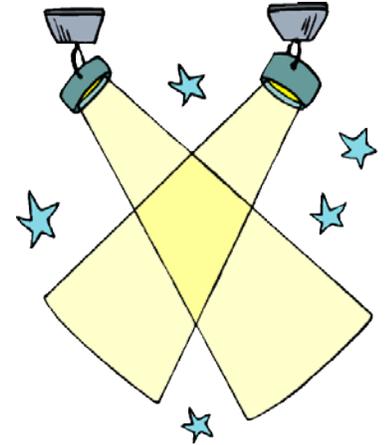
Feel free to contact BHS QI if:

- You have any questions about Behavioral Health research being conducted in San Diego,
- You need to submit a study for approval to work with County or County-contracted behavioral health facilities, or
- You would like for your research to be featured in a future publication.

Thanks for reading! ☺

In The Spotlight:

Medication Safety and Contraceptive Counseling for Reproductive Aged Women with Psychiatric Conditions (MSRP Study)



The MSRP Study is being conducted by Dr. Sheila Mody, MD, of UCSD with UCSD's Gifford Clinic Program.

The MSRP Study has three aims:

- To assess the knowledge that reproductive-aged women with psychiatric conditions have about the medication safety in pregnancy of their psychiatric medications.
- To assess the family planning needs of reproductive-aged women with psychiatric conditions.
- To assess the effectiveness of an intervention developed to educate women with psychiatric conditions about contraceptive choices and medication safety in pregnancy.

This research is significant because reproductive-aged women with psychiatric conditions may have additional family planning considerations compared to women without psychiatric conditions. Some psychiatric medications can have drug-drug interactions with hormonal contraception, or can have teratogenic effects on a developing fetus. By being educated on such issues, women can be empowered to make informed choices on contraception, medication, and family planning.

Need to Submit a Research Study Proposal?

Contact: BHSResearch@sdcounty.ca.gov

Your study should be submitted before the 30th of the month to be reviewed at the next month's meeting.



Behavioral Health Services Updates

In June 2013 we said farewell to Dr. Marshall Lewis, MD, the Clinical Director of Behavioral Health Services. We welcomed aboard our new Clinical Director and Chair of the SDCBHS Research Committee, Dr. Michael Krelstein, MD.

New Publications

McCabe, K. M., Shanley, J. R., Niec, L., Naaf, M., Yeh, M., & Lau, A. S. (in press). Cultural Differences in the Parenting of Young Children: An Observational Study of Low-Income Mexican-Americans and European Americans. *Child and Family Behavior Therapy*.

The principal investigator is Dr. Kristen McCabe of San Diego University.

New Studies

“A Clinical Trial of Mobile Telephone Based Assessment and Intervention for Persons with Bipolar Disorder or Schizophrenia” was approved in October by the Research Committee. The principal investigator is Colin Depp, Ph.D., of UCSD. This study will evaluate the effectiveness of an exciting new method of delivering services to individuals with mental illness, which has the potential to increase access to services.

“Combined Oxytocin and CBSST for Social Dysfunction in Persons with Schizophrenia” was approved in November by the Research Committee. The principal investigator is Eric Granholm, Ph.D., of the VA San Diego Healthcare System. This study will evaluate whether intranasal doses of oxytocin (a naturally occurring neuropeptide) can increase the positive effects of Cognitive Behavioral Social Skills Training in improving the social functioning of individuals with schizophrenia.

“Perspectives of Individuals with Mental Illness on the Usefulness of WRAP Strategies on Employment Success” was approved in January by the Research Committee. The investigator is Marjorie Olney, Ph.D., of SDSU. Dr. Olney will interview individuals who have graduated from the Wellness, Recovery, and Action Plan and are now employed. Previous studies have shown that WRAP graduates have positive outcomes in symptom improvement and engaging in self-advocacy with their service providers. However, no studies yet have examined the benefits of WRAP completion on employment outcomes. This new study could help us learn more about how individuals with mental illness have successfully utilized WRAP strategies in order to help them with the challenges of obtaining and maintaining employment.

“Predictive Biomarkers of Response to Targeted Cognitive Training in Schizophrenia” was approved in February by the Research Committee. The investigator is Gregory Light, Ph.D., of UCSD. This study will examine the neurophysiological changes that occur as a result of targeted cognitive training (TCT), an intervention that can improve global cognition in individuals with schizophrenia. The results of this study may advance knowledge of why TCT is effective and which individuals may derive the greatest benefit from this training.

Open Behavioral Health Services Studies

- Cognitive Functions in Korsakoff Patients
- Developing Culturally Effective Services for Children (AKA by NIMH as: “Developing Culturally Responsive Child Interventions”)
- Predictors and Mechanisms of Conversion to Psychosis
- Gating and Inhibition in Schizophrenia
- Cognitive Consensus in Cross-Cultural Competence
- Mental Health Services Data Analysis and Performance Monitoring
- Relationship between Depression and Cardiovascular Risk Factors among Latino Patients at a Community Clinic
- Promoting Parent Participatory Engagement in Youth Mental Health Services
- Comparative Effectiveness of Comprehensive Care for Adults with SMI
- A Cross Sectional and Longitudinal Functional MRI Study of Adolescent Depression
- Effectiveness and Implementation of a Mental Health Intervention for ASD
- PEARLS Fidelity Study
- Trends in Heroin Treatment Admissions by Age and Route of Administration, San Diego County, CA 2006-2011
- Master Protocol for Outpatient Psychiatric Services Database
- Motivational Enhancement for Engagement in Therapy (MEET) Project
- Exploring Validity of a Dissociative Subtype for Post-Traumatic Stress Disorder
- Effects of Crisis Intervention Team (CIT) Training and Stimulated Auditory Hallucinations (SAH) on Self-Efficacy, Empathy, Attitudes, and Stigma Toward Severe Mental Illness
- Predictive Biomarkers of Response to Targeted Cognitive Training in Schizophrenia
- Medication Safety and Contraceptive Counseling for Reproductive Aged Women with Psychiatric Conditions (MSRP Study)
- Combined Oxytocin and CBSST for Social Dysfunction in People with Schizophrenia
- Perspectives of Individuals with Mental Illness on the Usefulness of WRAP Strategies on Employment Success
- (ACISIR) Advanced Center for Innovation in Services and Intervention Research formally titled (CCROPP) and “Psychosis and Antipsychotics in Later Life”
- Public Mental Health Service Costs and Utilization Among Age, Ethnic, and Diagnostic Groups in San Diego County
- A Qualitative Assessment of Need for Health Services Among Older Adults in San Diego County
- SALUDABLE (the My Health intervention in Spanish)
- Capacity to Consent to Research on Bipolar Disorder
- Skills Training and Empowerment Program (STEP)
- Salud Program Evaluation
- Structural and Functional Brain Aging in Bipolar Disorder
- Improving Informed Consent for Latinos with Schizophrenia
- Enhancing Assertive Community Treatment with CBT and SST for Schizophrenia
- Human Psychophysiological Correlates of Sensorimotor Functioning
- Psychosis and Aging
- The SAGE Study – Successful Aging Evaluation
- A Clinical Trial of Mobile Telephone-based Assessment and Intervention for Persons with Bipolar Disorder or Schizophrenia