

Cultural Competence



Mental Health Southern Region Summit XVIII

Beyond the Talk, Practicing the Walk: A Path to Bridge the Cultural Gap

December 6th & 7th, 2012 San Diego, CA



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County of San Diego
HEALTH AND HUMAN SERVICES AGENCY

NICK MACCHIONE, MS, MPH, FACHE
DIRECTOR

SUSAN BOWER, MSW, MPH
DIRECTOR OF OPERATIONS

ALFREDO AGUIRRE, LCSW
BEHAVIORAL HEALTH DIRECTOR

BEHAVIORAL HEALTH SERVICES DIVISION
3255 CAMINO DEL RIO SOUTH, SAN DIEGO, CALIFORNIA 92108
(619) 563-2700 • FAX (619) 563-2705

MARSHALL LEWIS, MD, DFAPA
CLINICAL DIRECTOR

December 6, 2012

Welcome all to the Cultural Competence & Mental Health Southern Region Summit XVIII!

It is with great honor that San Diego County Health and Human Services Agency, Behavioral Health Services is once again the host for the Cultural Competence & Mental Health Southern Region Summit XVIII.

This year's Summit theme of "Beyond the Talk, Practicing the Walk: A Path to Bridge the Cultural Gap," is aligned with the *Live Well, San Diego!* Initiative that emphasizes wellness and prevention through the Summit's feature on Prevention and Early Intervention (PEI) community informed practices. These practices focus on five culturally distinct and under-served communities impacted by health care disparities. These communities are Latino/Hispanic, African-American, Asian Pacific Islanders, Native American, and the LGBTQ community. The Summit promises to inform on programs and practices that outreach and engage diverse communities across the age span to improve well-being and strengthen families and communities.

I want to personally give my heartfelt appreciation to the Southern Region Ethnic Services Managers and the rest of the members of the planning committee who partnered with us to deliver an inspiring Summit and a platform to continue the important work of reducing disparities in health care.

Sincerely,

Alfredo Aguirre, LCSW, Director
Behavioral Health Services Division



Conference Goal & Objectives

CULTURAL COMPETENCE & MENTAL HEALTH SUMMIT XVIII ***BEYOND THE TALK, PRACTICING THE WALK: A PATH TO BRIDGE THE CULTURAL GAP***

The purpose of the Cultural Competence & Mental Health Southern Region Summit XVIII (CCMH Summit XVIII) is to answer the call to reduce behavioral health disparities for African Americans and Latinos, which are among two of five historically under-served communities in California.

In line with the Prevention and Early Intervention (PEI) component of the MHSA the CCMH Summit XVIII will present community informed practices in the African American and Latino communities that address behavioral health care through prevention strategies.

The Learning Objectives for CCMH Summit XVIII include:

- Building an understanding of the role history and cultural traditions have in achieving community defined behavioral health practices and related services.
- Recognizing how language, ethnic and cultural traditions provides the foundation for developing culturally specific intervention strategies.
- Providing prevention services which are comprehensive, culturally relevant and sustainable.
- Understanding ways to engage and connect with African American and Latino communities through culturally informed outreach strategies.
- Increasing knowledge about community access points and resources to increase the access to behavioral health services.





Acknowledgments

Planning Committee:

Myriam Aragón	<i>Program Manager, Cultural Competency/Recovery Learning Center</i>
Patrice Baker	<i>Community Outreach Coordinator, Harmonious Solutions</i>
Sandra Chang-Ptasinski	<i>Ethnic Services Manager, County of Los Angeles Department of Mental Health, Quality Improvement Division, Cultural Competency Unit</i>
Minola Clark Manson	<i>BHETA Program Coordinator, Academy for Professional Excellence</i>
Rosalind Corbett	<i>SDC – CADRE, San Diego County</i>
Suzie Dong-Matsuda	<i>Service Chief I, Adult Outpatient Mental Health-API, Ethnic Services Manager Health Care Agency Behavioral Health Services Orange County</i>
Piedad Garcia	<i>Director, Adult/Older Adult Systems of Care, Ethnic Services Manager, Behavioral Health Services Division, County of San Diego Health & Human Services Agency</i>
Karen Harris	<i>Staff Development Specialist, Knowledge Center, County of San Diego Health & Human Services Agency</i>
Celeste Hunter	<i>Family Partner, Child & Adolescent Services Research Center</i>
Veronica Kelly	<i>Deputy Director, Regional Operations & AOD Services, County of San Bernardino Department of Behavioral Health</i>
Louise Lecklitner	<i>(Co-Chair), Program Manager, Office of the Clinical Director, Behavioral Health Services Division, County of San Diego Health & Human Services Agency</i>
Rosa Ana Lozada	<i>Chief Executive Officer, Harmonium Inc.</i>
Nancy Mancha-Whitcomb	<i>Program Supervisor and Ethnic Services Manager, San Luis Obispo County Behavioral Health Department</i>
Kristina Maxwell	<i>Administrative Analyst III, Adult/Older Adult Systems of Care, Behavioral Health Services Division, County of San Diego Health & Human Services Agency</i>
Janine Moore	<i>Prevention and Early Intervention Coordinator, Riverside County Department of Mental Health</i>
Will Rhett-Mariscal	<i>Center for Multicultural Development, California Institute for Mental Health, Sacramento</i>
Refujio “Cuco” Rodriguez-Rodriguez	<i>(Co-Chair), Ethnic Services Manager, MHSA Division Chief, ADMHS County of Santa Barbara</i>
Patricia Tapia	<i>Program Specialist III, Aging and Independence Services (AIS) County of San Diego Health & Human Services Agency</i>
Jewel Thompson	<i>CEO/Executive Director, Inland Multi-Cultural Counseling Agency</i>
Luis Tovar	<i>(Co-Chair), Ethnic Services Manager, County of Ventura Behavioral Health Department</i>
Hanh D. Truong	<i>Past Cultural Competency Officer, Office of Cultural Competence & Ethnic Services, County of San Bernardino Department of Behavioral Health</i>



Acknowledgments

Conference Staff

Tracy L. Fried & Associates (TLFA)

Consultant, County of San Diego Health & Human
Services Agency Behavioral Health Services

Tracy Fried, MSW

Conference Coordinator

Lori Clarke

Materials & Design Coordinator, TLFA Associate

Kerry Flanagan

Mental Health Projects Assistant, TLFA Associate

Jacquie Phelps

Graphic Artist, TLFA Associate

Samantha Romaine

Website Developer, TLFA Associate

Adrienne White

Mental Health Projects Associate, TLFA Associate

Louise Lecklitner

Conference Volunteer Coordinator, Program Manager,
Office of Clinical Director Behavioral Health Services
Division of San Diego County



Conference Overview

Day One Thursday, December 6th, 2012

TIME	ACTIVITY
7:30 ^{AM} -8:30 ^{AM}	Registration / Continental Breakfast
8:00 ^{AM} -8:30 ^{AM}	Many Nations Drummers
8:30 ^{AM} -9:00 ^{AM}	Blessing, Welcome, Opening
9:15 ^{AM} -10:15 ^{AM}	Keynote Address
10:15 ^{AM} -10:30 ^{AM}	Break
10:30 ^{AM} -12:00 ^{PM}	Plenary Panel
12:00 ^{PM} - 1:00 ^{PM}	Lunch
1:00 ^{PM} -2:30 ^{PM}	Session A
2:30 ^{PM} -2:45 ^{PM}	Break
2:45 ^{PM} -4:15 ^{PM}	Session B
4:15 ^{PM} -4:30 ^{PM}	Break
4:30 ^{PM} -5:30 ^{PM}	Closing Plenary
6:00 ^{PM} -8:00 ^{PM}	Evening Reception

Day Two Friday, December 7th, 2012

TIME	ACTIVITY
7:30 ^{AM} -8:30 ^{AM}	Continental Breakfast
8:30 ^{AM} -9:00 ^{AM}	Blessing, Opening, Day 1 Reflection
9:00 ^{AM} -9:15 ^{AM}	Special Recognition
9:15 ^{AM} -10:15 ^{AM}	Keynote Address
10:15 ^{AM} -10:30 ^{AM}	Break
10:30 ^{AM} - 12:00 ^{PM}	Session C
12:00 ^{PM} -1:00 ^{PM}	Lunch
1:00 ^{PM} -2:30 ^{PM}	Session D
2:30 ^{PM} -3:30 ^{PM}	Closing Session



Conference Sponsors and Partners

Sponsored by the County of San Diego Health and Human Services Agency (HHS) Behavioral Health Services through the Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) funds and the County's *Live Well, San Diego!* Initiative, and in partnership with the Southern California Counties Ethnic Services Managers (ESMs). The purpose of the Cultural Competence & Mental Health Southern Region Summit XVIII (CCMH Summit XVIII) is to answer the call to reduce behavioral health disparities for African Americans and Latinos, which are among two of five historically under-served communities in California.

In line with the Prevention and Early Intervention (PEI) component of the MHSA the CCMH Summit XVIII will present community informed practices in the African American and Latino communities that address behavioral health care through prevention strategies.

Academy for Professional Excellence Continuing Education

We are happy to be able to offer CCMH Summit XVIII participants CEs through the Academy for Professional Excellence. The Academy for Professional Excellence, a project of San Diego State University School of Social Work, was established in 1996 to support the health and human service community by providing training, technical assistance, organizational development, research, and evaluation. Serving over 4,000 people annually, the Academy continues to grow with new programs and a diversity of training focused on serving the health and human services community in Southern California and beyond.



Ethnic Services Managers Special Recognition

The Cultural Competence and Mental Health Southern Region Summit XVIII gratefully acknowledges all the 58 County Ethnic Services Managers (ESM's) in the State of California. The ESM's are the eyes, ears and conscience of the public mental health system in California. Their heartfelt and steadfast commitment has set in motion the integration of cultural competent practices in the delivery of care for diverse communities over many years. With their persistence and dedication California's public mental health system has institutionalized in the Mental Health Services ACT (MHSA) programs and practices that are responsive to the needs of diverse communities across the State.

The following individuals have dedicated themselves to help realize the State's vision of culturally competent provision of services for all Californians.

Jei Africa	<i>San Mateo County Behavioral Health and Recovery Services</i>
Jean Anderson	<i>San Joaquin County Behavioral Health Services</i>
Myriam Aragon	<i>Riverside County Department of Mental Health</i>
Karen Bachtelle	<i>Kings View Behavioral Health, Kings County</i>
Angelo C. Balmaceda	<i>San Joaquin County Behavioral Health Services</i>
Kirsten Barlow	<i>California Mental Health Directors Association</i>
Felix Bedolla	<i>Mental Health Division, Napa County Health and Human Services</i>
Joan Beesley	<i>Yolo County Department of Alcohol, Drug and Mental Health</i>
Cynthia Brundage	<i>Placer County System of Care</i>
Sophie Cabrera	<i>El Dorado County Mental Health</i>
Connie Cha	<i>Fresno County Behavioral Health</i>
Sandra Chang-Ptasinski	<i>Los Angeles County Department of Mental Health</i>
William Cornelius	<i>Colusa County Mental Health</i>
Gigi Crowder	<i>Alameda County Behavioral Health Services</i>
Jaclyn Culleton	<i>Humboldt County Mental Health</i>
Philip E. Delgado	<i>Tulare County Mental Health Department</i>
Nancy Delreal	<i>Imperial County Behavioral Health Services</i>
Debbie DiNoto	<i>Madera County Behavioral Health Services</i>
Suzie Dong-Matsuda	<i>Orange County Health Care Agency Behavioral Health Services</i>
Pete Duenas	<i>Stanislaus County Behavioral Health and Recovery Services</i>
Oscar Garcia	<i>Imperial County Behavioral Health Services</i>
Piedad Garcia	<i>Behavioral Health Services Division San Diego County</i>
Chuck Garon	<i>Kings View Counseling Services of Kings County</i>
Denise GIBLIN	<i>Calaveras County Behavioral Health</i>
Betsy (Elizabeth) Gowan	<i>Butte County Department of Behavioral Health</i>
Beverly Griffith	<i>Sutter / Yuba County Mental Health</i>
Mario G. Guerrero	<i>Sonoma County Mental Health</i>
Theresa Hughes	<i>Fresno County Behavioral Health</i>



Ethnic Services Managers Special Recognition

Rimmi Hundai	<i>Tri-City Mental Health Center</i>
Nelson Jim	<i>San Francisco County Mental Health</i>
JoAnn Johnson	<i>Sacramento County Division of Mental Health</i>
Sharon Jones	<i>Merced County Mental Health</i>
Darryl Keck	<i>El Dorado County Mental Health</i>
Veronica Kelley	<i>San Bernardino County Behavioral Health</i>
Mary Lowe	<i>County of Nevada Behavioral Health Department</i>
Andrea Kuhlen	<i>Imperial County Behavioral Health Services</i>
Nancy Mancha - Whitcomb	<i>San Luis Obispo County Behavioral Health</i>
Karen Markland	<i>Fresno County Behavioral Health</i>
Sanjida Mazid	<i>Solano County Health & Social Services Mental Health Division</i>
Robert Menicocci	<i>Lake County Mental Health</i>
Jaime Molina	<i>Santa Cruz Mental Health Department</i>
Imo Momoh	<i>Contra Costa Mental Health Administration</i>
Jennie Montoya	<i>San Joaquin County Mental Health</i>
Joel Moreno	<i>Kern County Mental Health</i>
Mary J. Nakamura	<i>Sacramento County Division of Mental Health</i>
Celia Perez	<i>Del Norte County Department of Health and Human Services, Mental Health Branch</i>
Cuco Rodriguez	<i>Santa Barbara County Mental Health</i>
John Sebold	<i>Plumas County Mental Health</i>
Linda Torres	<i>Stanislaus County Behavioral Health and Recovery Services</i>
Luis Tovar	<i>Ventura County Behavioral Health</i>
Fernando Villegas	<i>Tehama County Mental Health</i>
Tom Waggoner	<i>Glenn County Mental Health</i>
April Waldo	<i>Sierra County Health and Human Services</i>
Barbara Ann White	<i>City of Berkeley Mental Health</i>
Deane Wiley	<i>Mental Health Department Santa Clara Valley Health & Hospital System</i>
Alan Yamamoto	<i>San Benito County Mental Health</i>
Lynda M. Yoshikawa	<i>San Benito County Behavioral Health</i>



2012 Ethnic Services Manager Excellency Award

Piedad Garcia, EdD, LCSW

Director, Adult/Older Adult Systems of Care, Ethnic Services Manager, Behavioral Health Services
Division of the County of San Diego Health and Human Services Agency

Dr. Piedad Garcia oversees the mental health and alcohol and drug services system of care for Transition Age Youth, Adults and Older Adults as the Assistant Deputy Director for the County of San Diego's Adult and Older Adult Behavioral Health Services (AOABHS) Division. For the past 28 years she has implemented biopsychosocial rehabilitation programs for individuals with serious mental illness and co-occurring disorders.

Currently, Dr. Garcia oversees the implementation of the Behavioral Health Services integration and the development and realization of System of Care initiatives to include: Transition Age Youth and Older Adult initiatives, the integration of primary care and mental health services in Community Health Centers, development of permanent supportive housing for homeless clients with mental illness, and the integration of cultural competence standards in the mental health system.



Dr. Garcia also serves as the Ethnic Services Manager for San Diego County. In this role, she continually strives to reduce disparities in services provided to minority cultures. She has been actively involved in planning previous Cultural Competence and Mental Health (CCMH) Summits. In 1996, Dr. Garcia co-chaired the fourth annual Summit, "Merging Policy and Practice: Implementing a Culturally Proficient System of Care". Again in 2007/2008, Dr. Garcia chaired the Summit hosted in San Diego, titled "Evolving with Communities to Achieve Culturally Responsive Approaches". With this year's CCMH Summit XVIII, Dr. Garcia emphasized the need to highlight system, program and practice changes that are effective and can be implemented statewide.

Dr. Garcia, in the past sixteen years and through your long-standing work, we have seen a woman who epitomizes the attributes of an Ethnic Services Manager. All your hard work ensures that mental health services meet the increasing behavioral health needs of diverse ethnic populations and other integral cultural groups. In these endeavors, you come to serve and are seen as an ambassador of cultural awareness.

Through your efforts and standing in the greater community of San Diego County, you serve not only as an agent of change but as a voice for those whose voice has often been left out.

In your work, you have come to model: "haz bien, sin mirar a quien". Translated into English, this means: "do well, without regard to whom."

You make a difference not only for those you come in contact with professionally but, more importantly, for the community whom you serve faithfully. It is through the giving of this award, on behalf of the Southern California Ethnic Services Managers, that we say: "THANK YOU!"



2012 Excellence in Culturally Competent Community Service Award

Clayton Chau, MD, PhD

Associate Medical Director for the Orange County Healthcare Agency Behavioral Health Services, Director for the Center of Excellence

Dr. Clayton Chau is one of the 2012 award winners because he is an exceptional individual and outstanding member of society. He is a caring service provider who empowers consumers, community members and staff as well as inspires them to establish a voice and act as equal stakeholders. He works tirelessly to effectively reach out and listen to the needs of diverse communities from veteran families, ethnic groups, deaf and hearing impaired community, to Gay/Lesbian/Bisexual/Transgender/Questioning, older adults, the homeless, children and transitional age youth and more. He pays forward his passion for life and community to people from all walks of life, socioeconomic statuses and diverse cultures. He successfully helped implement numerous Mental Health Services Act programs from Community Support Service, Work Education Training, Prevention/Early Intervention, to Innovation. He brings together Orange County community members and the county service providers in fruitful dialogues and actions for the wellness of mental health consumers in particular and the community at large.



Dr. Chau is a visionary and optimist and has developed and founded The Center of Excellence, Orange County's Behavioral Health Services first program to provide services dedicated to education, training, research and advocacy for reducing health disparity among the mental health consumers, many of whom are often homeless, displaced, and culturally diverse.



Employing and developing staff who are from diverse backgrounds (gender, identity, ethnicity, disability, socioeconomic status, and race) is one of Dr. Chau's benchmarks. He helped build capacity for diverse ethnic non-profit community service providers and created a coalition of service provider networks with the mission of promoting wellness for all people. Dr. Chau is one of the pioneers who helped integrate physical and behavioral health services for community members. He inspired and implemented the co-location and team work approach for physicians, nurses, psychiatrists, social workers, therapists, and administrators in promoting wellness for all community members.

As a highly dedicated psychiatrist, Dr. Chau does not stop learning and taking opportunities to inform, train, teach, and transform our health care systems. Many participants have been inspired, motivated, and feel very connected by his training, ideas, support, and tireless dedication to make a difference.

Orange County behavioral health service has been transformed by Dr. Chau's extraordinary efforts and his original, creative, visionary, compassionate and inspiring heart and soul.



Accreditation

Academy for Professional Excellence



Continuing Education Units (CEUs):

- A total of up to 10 CEUs may be earned during the Cultural Competence Mental Health Southern Region Summit XVIII.
- 6 CEUs will be offered for Thursday, December 6th, 2012 and 4 CEUs will be offered on Friday, December 7th, 2012. If you only attend one day of the summit you can still receive credit for that day.
- In order to obtain CEUs for a given day, you must attend that day's entire conference.
- To obtain credit for attending a given day you must register by signing in and out on that day.
- Certificates will not be mailed. Records will be kept on file for a minimum of seven years. We will be offering certificates at the end of each day.
- To register for CEUs please visit the CEU registration desk located in the foyer. Please complete the application form, and pay \$35 at the CEU registration table. Please make checks payable to SDSURF. Sorry, no cash will be accepted.
- Attendees are responsible for reporting the credit hours to his/her accrediting agency. Each attendee may only claim CEU hours actually spent in an education activity. NOTE: Many state boards accept offerings accredited by national or other state organizations.
- If you are late, do not attend the full day's activities, or fail to sign in and out you will NOT receive credit for that day. Please make sure you sign in and out on each day.
- No partial CEUs will be given.

CEU Sign In & Sign Out Times

Thursday, December 6th, 2012

- Registration & Sign In: 7:30am – 8:45am
- Sign Out: 5:15pm – 5:45pm (or until 25 minutes after end of Conversation Café debrief)

Friday, December 7th, 2012

- Registration & Sign In: 8:00am – 8:45am
- Sign Out: 3:15pm – 3:45pm (or until 25 minutes after summit ends)



Conference General Information

Phones and Pagers

TURN ALL CELL PHONES AND PAGERS OFF or on MUTE DURING ALL SESSIONS. Your attention to this is very much appreciated as the sound of a ringtone can be distracting to speakers and fellow participants if this courtesy is not observed.

Support/Questions

Ask any staff member (green badges labeled “Staff”) or volunteer (purple badges labeled “Volunteer”) for assistance. We are more than happy to help.

Continuing Education Units (CEUs)

Continuing education (CE) is available for Marriage and Family Therapists/Licensed Clinical Social Workers as required by the California Board of Behavioral Sciences (PCE 3776), CAS (5107), for Chemical Dependency Counselors as required by American Academy of Health Care providers in the Addiction Disorders, for Alcohol and Drug Abuse Counselors as required by California Certification Board of Alcohol and Drug Abuse Counselors, CAADAC (IS-98-398-0612) and for Substance Abuse Educators as required by the California Association of Alcohol and Drug Educators, CAADE, (CP20-922-C0314). The Academy for Professional Excellence CEs also meet the requirements for California Board of Registered Nursing, Provider Number CEP 15014.

Conference Presentation Materials

Please note that most of the presentations from the summit are available for download at: www.culturalcompetencesummit.org.

Conference Attendee Directory

A directory of conference attendees will be uploaded to the summit website. Only those attendees who have given permission to have their information disclosed will be on the list. Thank you for your understanding.

Overall Evaluation

The Overall Conference Evaluation is the final page of this Program Guide. Please complete the evaluation and submit it to the registration desk. Your input will assist us to maintain high quality and to make innovative improvements in future events.

Lost and Found

Please return any items found to the hotel Front Desk.

Conference Planning Note

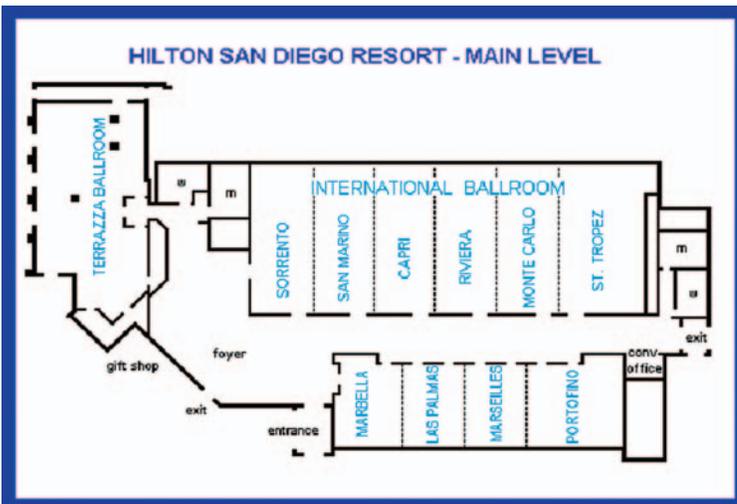
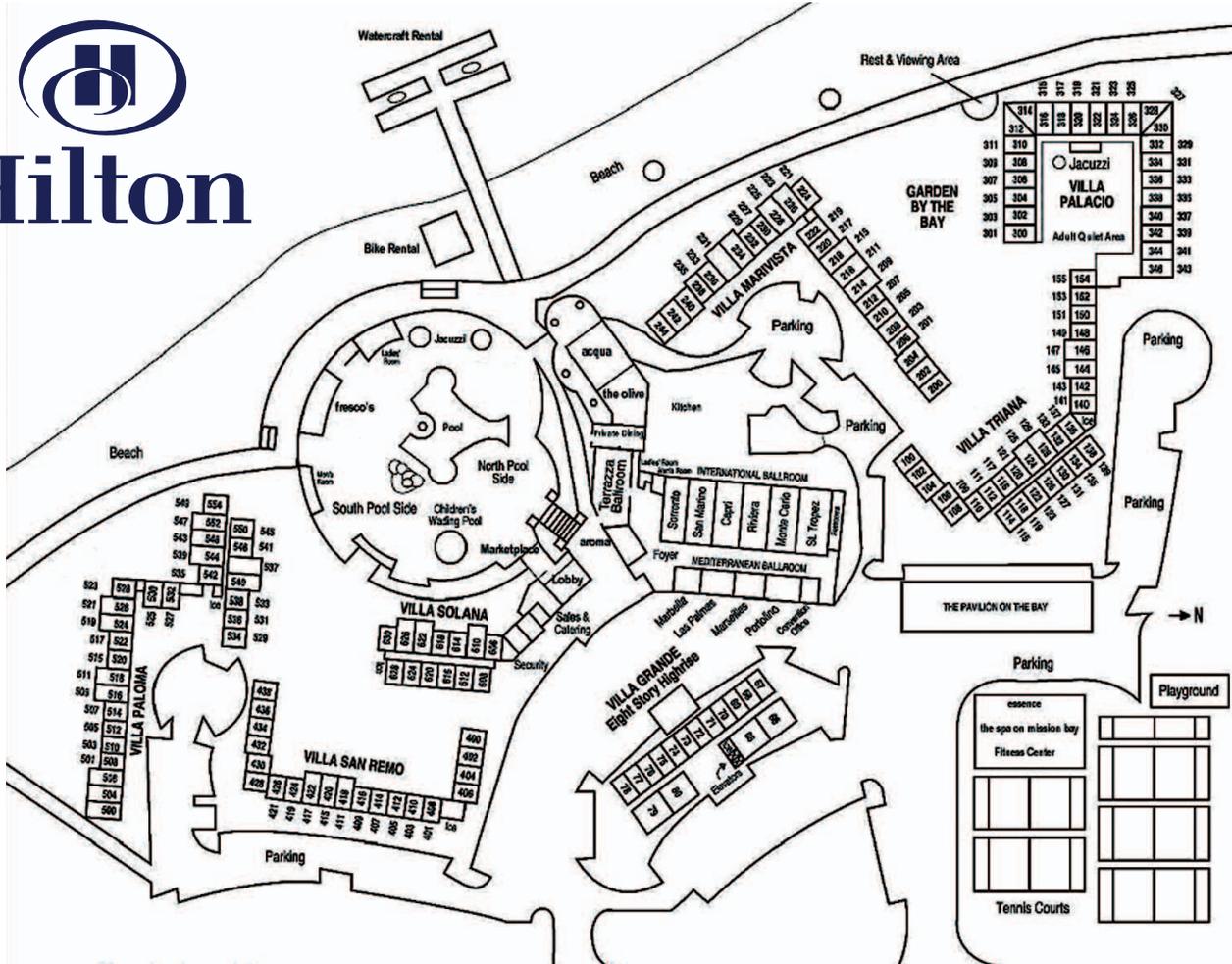
Be aware that this conference was designed in such a way so that participants experience the key concepts being discussed. An emphasis has been placed on bridging the cultural gap. This can be seen throughout the conference through the entertainment choice and morning blessings.

More information about the summit can be found at: www.culturalcompetencesummit.org



The Hotel

Hilton San Diego • 1775 East Mission Bay Drive • San Diego • CA • 92109





Local Dining

Breakfast:

<u>Brockton Villa</u>	858-454-7393	1235 Coast Blvd., La Jolla	\$\$
Left out of resort. Right on Clairemont Dr. I-5 N. Exit La Jolla Pkwy. Pkwy becomes Torrey Pines. Right on Prospect. Right on Coast Blvd.			
<u>Broken Yolk</u>	858-270-9655	1851 Garnet Ave., Pacific Beach	\$\$
Left out of resort. Right on Clairemont Dr. I-5 N exit Grand/Garnet. Left on Garnet. \$\$			
<u>Richard Walker's Pancake House</u>	619-231-7777	520 Front St., Gaslamp/Downtown	\$\$
Right out of resort. Left Sea World Dr. I-5 S. Exit Front St. towards Civic Ctr. Slight right onto Front St.			
<u>The Cottage</u>	858-454-8409	7702 Fay Ave., La Jolla	\$\$
Exit resort left. Right on Clairemont Dr. I-5 North exit La Jolla Parkway. Pkwy becomes Torrey Pines Rd. Right onto Ivanhoe Ave. Left on Kline St. Right on Fay Ave.			
<u>Hash House a Go-Go</u>	619-298-4646	3628 5th Ave., Hillcrest	\$\$
Right out of resort. Left Sea World Dr. I-5 S. 1-8 E to I-163 S towards dnwntr. Exit University Ave. Slight right on 6th. Right on Ivy, left on 5th.			

Lunch & Dinner:

<u>Café Sevilla</u>	619-233-5979	555 4th Ave., Gaslamp/Downtown	\$\$
Exit resort Right. Left on Sea World Dr. I-5 South. Exit Front St. towards 2nd Ave. Right on Cedar. Right on 4th Ave.			
<u>World Famous</u>	619-233-5979	711 Pacific Beach Dr., Pacific Beach	\$\$
Exit resort left. Right at second stop sign. Left at light, becomes Mission Bay Dr. Merge into left lane and take a left onto Grand Ave. Make a left on Mission Blvd. Turn right onto Pacific Beach Dr.			
<u>Bombay</u>	619-298-3155	3975 5th Ave., Hillcrest	\$\$\$
Exit resort Right. Left on SeaWorld Dr. I-5 South to I-8 East. 163 South, exit University. Take a right. Right on 5th Ave.			
<u>Casa Guadalajara</u>	619-295-5111	4105 Taylor St., Old Town	\$\$
Exit Resort Right. Go through light at SeaWorld Dr. becomes Pacific Coast Hwy. Left on Taylor. On corner of Taylor and Juan.			
<u>Lanna Thai</u>	858-274-8424	4501 Mission Bay Dr., Pacific Beach	\$\$
Exit resort left. Right at the second stop sign. Left at light onto Mission Bay Dr. & take a right into parking lot.			
<u>Baci</u>	619-275-2094	1955 Morena Blvd., Mission Bay	\$\$\$
Exit resort right. Left on Sea World Dr. Left on Morena Blvd. (1st light). Located on right side of street.			
<u>Bay Park Fish Co.</u>	619-276-3474	4121 Ashton St., Mission Bay/Bay Park.....	\$\$
Exit resort Right. Left on Sea World Dr. Left on Morena Blvd (first stoplight). Right on Ashton.			
<u>Sushi Ota</u>	858-270-5670	4529 E. Mission Bay Dr., Mission Beach	\$\$
Exit resort left. Right at the second stop sign. Left at light (Mission Bay Dr.). Proceed 2 blocks, located on right side next to 7-11.			



Local Services

Service	Address	Distance
Gas & Service Stations		
Valero Gas Station	1083 Morena Blvd San Diego, CA 92110 (619) 276-7415	.9 Miles
Morena Blvd Shell Service	1330 Morena Boulevard San Diego, CA 92110 (619) 276-3663	.6 Miles
Morena Service Station Arco	2505 Morena Blvd San Diego, CA 92110 (619) 276-3177	.7 Miles
24 Hour Pharmacies		
Walgreens	3005 Midway Dr San Diego, CA 92110(619) 221-0834	2 Miles
CVS Pharmacy	5685 Balboa Ave San Diego, CA 92111(858) 279-2753	3.3 Miles
Rite Aid Pharmacies	5270 Balboa Ave San Diego, CA 92117(858) 292-9349	3.2 Miles
Grocery Stores		
Andres Latin Market	1249 Morena Blvd (between Dorcas St & Savannah St) San Diego, CA 92110	.7 Miles
Mera Maria	1235 Morena Blvd San Diego, CA 92110	.7 Miles
Vons	1702 Garnet Ave San Diego, CA 92109 (858) 273-8340	2.3 Miles
Dry Cleaners		
Allbrite Cleaners	1120 Morena Blvd San Diego, CA 92110 (619) 276-7251	.9 Miles
Relaxx Dry Cleaning	1105 Morena Blvd San Diego, CA 92110 (619) 233-0980	.9 Miles
Movie Theaters		
Hillcrest Cinemas	3965 5th Ave San Diego, CA 92103 (619) 819-0236	3.5 Miles
AMC Fashion Valley 18	7037 Friars Rd. San Diego, CA 92108(619) 296-0370	2.5 Miles



Transportation

Shuttle Transportation Information

Hilton San Diego Resort & Spa proudly offers shuttle transportation through Wherever Limousine, a company that supports sustainable energy by fueling their vehicles with bio-diesel fuel and cooking oil recycled from our restaurant, Acqua.

Complimentary Shuttle for Hotel Guests

SeaWorld: 10:00am daily

SeaWorld & Old Town Shuttle

4:00pm daily

Pricing For Other Transportation Services

Early Bird Executive Airport Shuttle

6:00am, 7:00am, 8:00am, 9:00 am daily

1-3 passengers (same party) \$15 flat fee
\$5 for each additional member of same party
*Reservations required the night before

Standard Executive Airport Shuttle

1-3 Passengers (same party) \$20 flat fee
\$5 for each additional member of same party

Airport Shuttle Meeting and Greet

1-4 people Sedan or Van \$55 for curb pick up
1-3 people Sedan or Van \$35 for curb pick up

Local Transfers

Sea World/Old Town

1-4 Passengers \$12 flat fee
\$3 for each additional member of same party

Gaslamp/Balboa Park

1-4 Passengers \$25 flat fee
\$8 for each additional member of same party

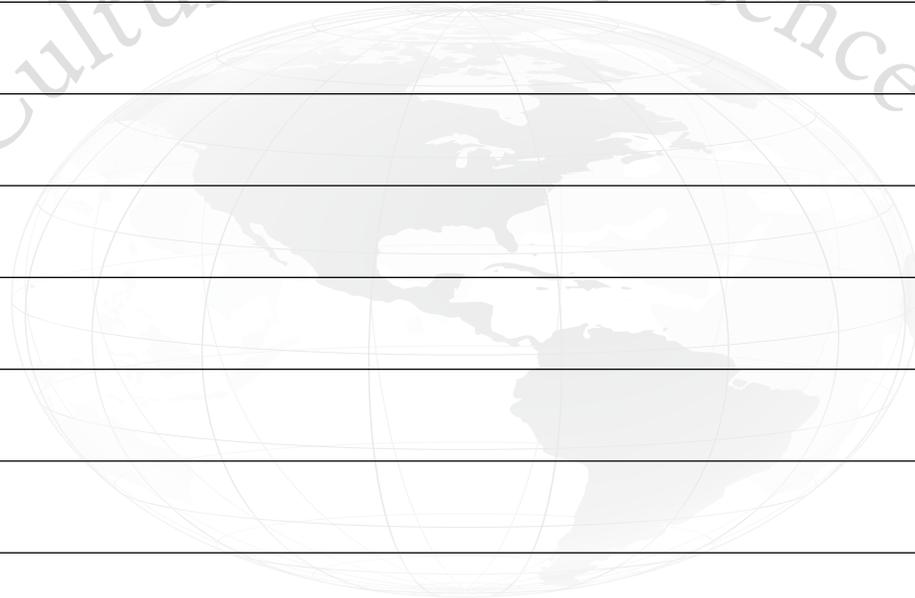
La Jolla

1-4 Passengers \$30 flat fee
\$8 for each additional member of same party

All scheduled shuttles will only run if reservations are made in advance. Please contact or see the transportation stand, front desk, or bell stand to make reservations. Rates subject to change at any time. Taxi service is provided exclusively by Yellow Cab.

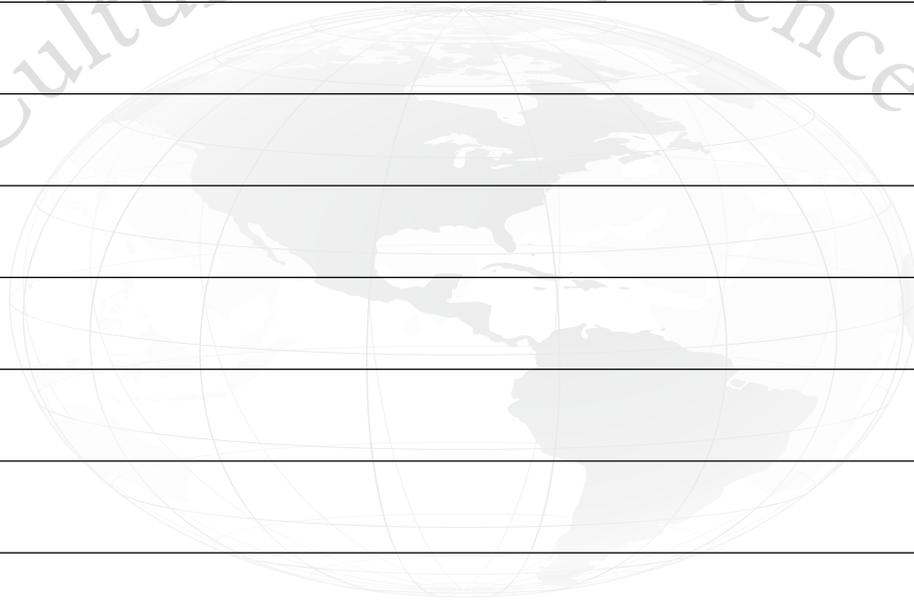


Cultural Competence



Mental Health
Southern Region Summit XVIII

Cultural Competence



Mental Health
Southern Region Summit XVIII



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Agenda At-A-Glance DAY 1

TIME	ACTIVITY	LOCATION
7:30AM-8:30AM	Registration / Continental Breakfast	Foyer
8:00AM-8:30AM	Many Nations Drummers	International Ballroom
8:30AM-9:00AM	Welcome / Opening Remarks / Blessing Ceremony	International Ballroom
9:15AM-10:15AM	Keynote Address: <i>Cultural Competence Lessons from the 2012 Elections – King Davis, PhD</i>	International Ballroom
10:15AM-10:30AM	Break	
10:30AM-12:00PM	Plenary Panel: <i>California Reducing Disparities Project (CRDP) Populations Report</i>	International Ballroom
12:00PM- 1:00PM	Lunch	Garden By The Bay
1:00PM-2:30PM	Session A <i>Workshops, Media Showcases, Institutes</i>	See Workshop Description for Room Locations
2:30PM-2:45PM	Break	
2:45PM-4:15PM	Session B <i>Workshops, Media Showcases, Institutes (Cont'd)</i>	See Workshop Description for Room Locations
4:15PM -4:30PM	Break	
4:30PM-5:30PM	Closing Plenary Session: Conversation Café	International Ballroom
6:00PM-8:00PM	Evening Reception	Pavilion/Resource Media Exhibit Hall



Registration / Continental Breakfast



7:30AM – 8:30AM
in the
Foyer

Many Nations Drummers

Representatives from: Rincon Band of Luiseno Indians, Iipay Nation of Santa Ysabel, Pauma Mission Indian Tribe, & La Jolla Band of Luiseno Indians.



8:00AM – 8:30AM
in the
International Ballroom



Blessing Ceremony / Welcome / Opening Remarks

Blessing Ceremony:

Chuck Cadotte
Lakota Nation, Standing Rock
Reservation in North Dakota

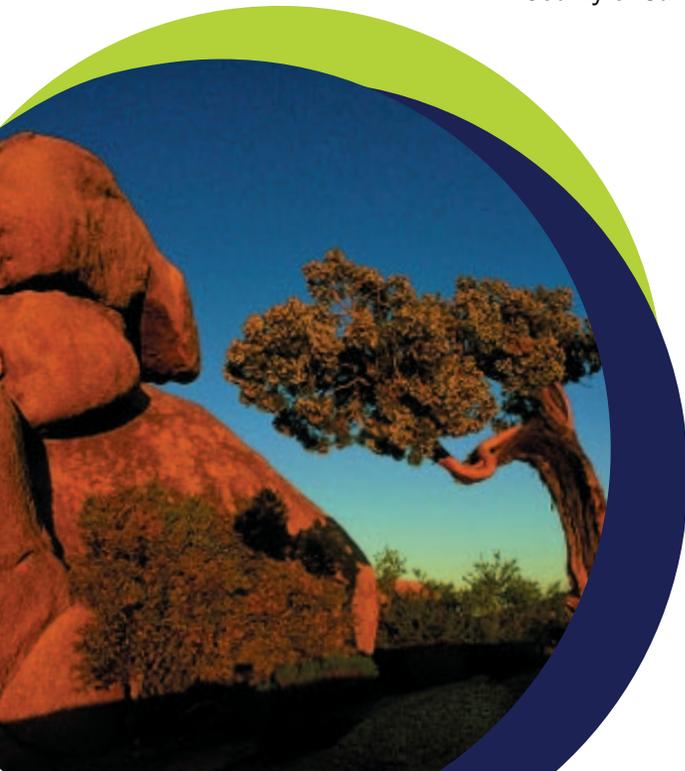
Welcome:

Piedad Garcia, EdD, LCSW
Director
Adult/Older Adult Systems of Care
Ethnic Services Manager
Behavioral Health Services
County of San Diego Health & Human Services Agency

Opening Remarks:

Alfredo Aguirre, LCSW
Director
Behavioral Health Services
County of San Diego Health and Human Services Agency

Nick Macchione
Director
Health and Human Services
County of San Diego Health and Human Services Agency

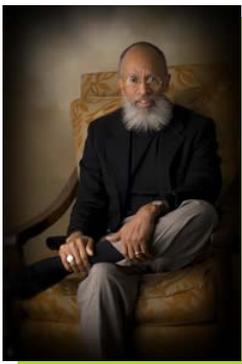




Keynote Address

Keynote Address:

King Davis, PhD
Director
Institute for Urban Policy Research & Analysis
The University of Texas at Austin



Cultural Competence Lessons from the 2012 Elections

This presentation will focus on the dilemmas that have hindered the acceptance and application of cultural competence in clinical practice, prevention, research, professional education, public policy, and in social justice.

The 2012 elections demonstrated a means by which abstract concepts and ideas must be redefined clearly to move towards successful implementation. The multiple lessons that stem from the elections provide a basis for redefining cultural competence and for identifying specific strategies and plans for its successful implementation.

The audience will be challenged to heed the lessons that have evolved in the first decade of the 21st century and to apply what has been learned to the lives of their consumers, communities, constituents and their organizations.

King Davis is director of the Institute for Urban Policy Research and Analysis at the University of Texas at Austin. He served as the Executive Director of the Hogg Foundation for Mental Health Services, Research, Policy and Education from 2003 to 2009. Since 2000, he has held the Robert Lee Sutherland Chair in Mental Health and Social Policy in the School of Social Work. He was a professor of Public Mental Health Policy and Planning at the Virginia Commonwealth University from 1984-2000. As the Galt Scholar, he held full professorships at each of Virginia's 3 medical schools from 1985-1988. Professor Davis was awarded the Ph.D. from the Florence G. Heller School for Social Policy and Management at Brandeis University in 1971.



Plenary Panel

In response to the call for national action to reduce mental health disparities and seek solutions for historically underserved communities in California, the Department of Mental Health (DMH), in partnership with Mental Health Services Oversight and Accountability Commission (MHSOAC), and in coordination with California Mental Health Directors Association (CMHDA) and the California Mental Health Planning Council, have called for a key statewide policy initiative as a means to improve access, quality of care, and increase positive outcomes for racial, ethnic and cultural communities. In 2009, DMH launched this two-year statewide Prevention and Early Intervention effort, utilizing \$3 million dollars in Mental Health Services Act (MHSA) state administrative funding.



This initiative, entitled the California Reducing Disparities Project, is focused on five populations which are represented by the following 5 primary authors:

African American Report

V. Diane Woods, PhD, MSN
President/CEO
African American Health Institute (AAHI- SBC)

Asian & Pacific Islander Report

C. Rocco Cheng, PsyD
Corporate Director of PEI Services
Pacific Clinics

LGBTQ Report

Poshi Mikalson, MSW
LGBTQ Reducing Disparities Project Director
Mental Health America of Northern California
in Collaboration with Equality California Institute

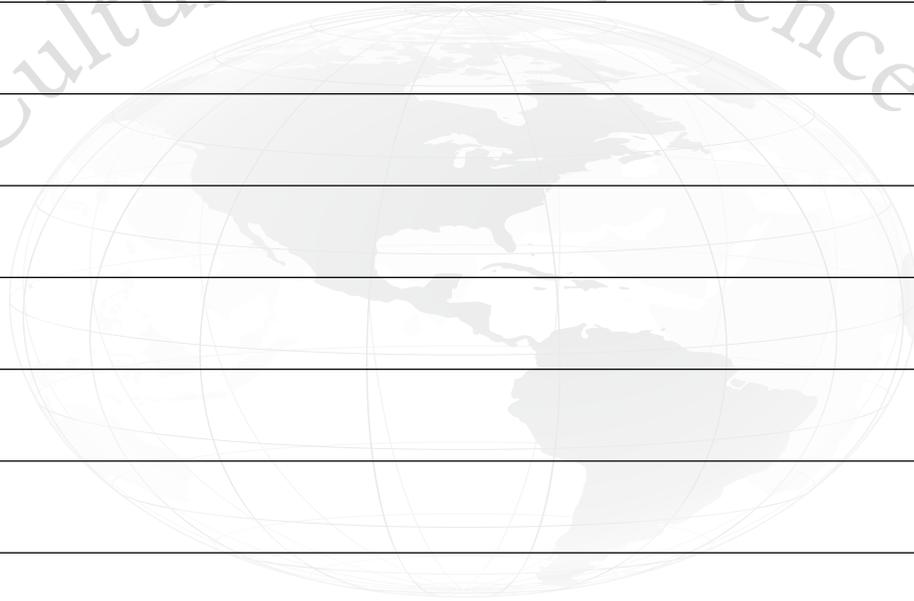
Native American Report

Kurt Schwiegman, MPH
Project Manager
Native American Health Center

Latino Report

Sergio Aguilar-Gaxiola, MD, PhD
Director, Center for Reducing Health Disparities
UC Davis, School of Medicine

Cultural Competence



Mental Health
Southern Region Summit XVIII



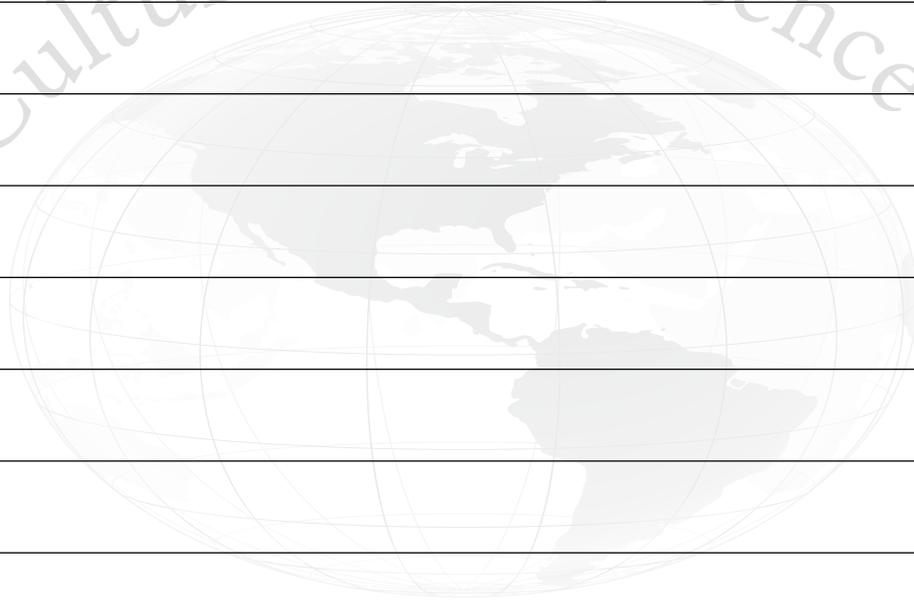
ENERGIZING LUNCH

12:00PM - 1:00PM

Garden By The Bay

*Brought to you by healthy food,
fresh air, and sunshine!*

Cultural Competence



Mental Health
Southern Region Summit XVIII



Workshop, Institute, & Media Showcase Descriptions & Locations

During the next 90 minutes, you will be able to choose one of the following:

Workshops Sessions A1 – A8

Workshops are designed to enhance learning on a given targeted topic, facilitated by leaders in the field across California who have in-depth knowledge and hands-on experience in their area. For more information on presenters, please review biographies found at the back of the Conference Program. Each workshop has specific objectives that will be met. In order to help you determine which workshop will be most beneficial to your needs, workshop descriptions and objectives are listed in the workshop description section that follows.

or

Media Advocacy Showcases I or II

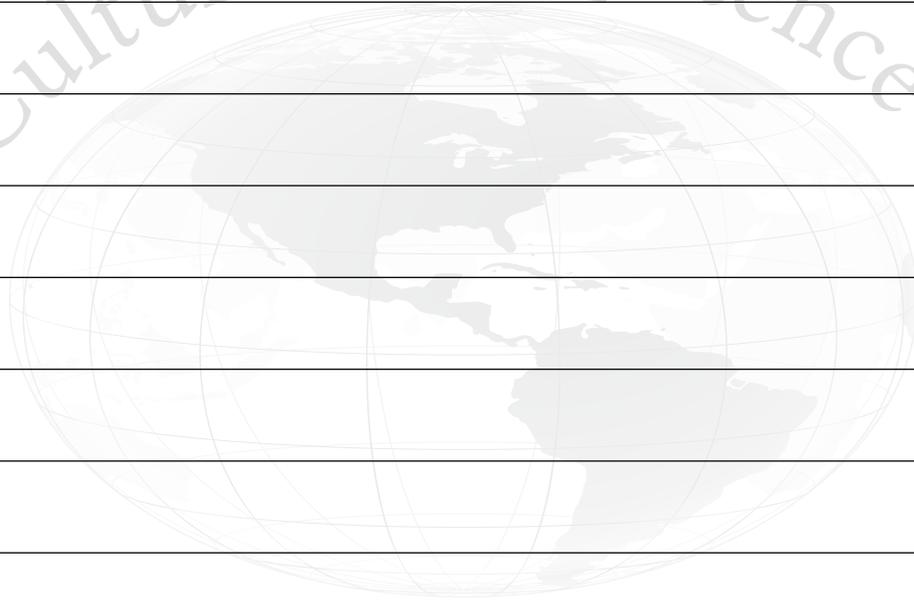
Media Advocacy Showcases are poster sessions that highlight a campaign strategy that has been successful and how it aligns with the Summit goal and objectives. These showcases will be presented at the Media Showcases in the Resource/Media area, allowing you to discover effective strategies for reaching populations you serve.

or

Institutes I or II

Institutes are a deeper look at a topic and are carried over from session to session (each institute is two 90 minute sessions). The extended time frame of the institutes is to encourage interaction and dialogue with participants. Institute topic areas were identified by the CCMH Summit Planning Committee with the intent of providing an intensive learning opportunity on evidenced-based practices being implemented in California and nationwide. Descriptions and objectives of each Institute offered are listed in the workshop description section that follows.

Cultural Competence



Mental Health
Southern Region Summit XVIII



Workshop Session A1

Sharing Knowledge, Improving Lives: Community-Defined Solutions for Latino Mental Health Disparities



Sergio Aguilar-Gaxiola, MD, PhD

*Director, Center for Reducing Health Disparities
UC Davis, School of Medicine*

Description:

Focusing on prevention and early intervention services as outlined in the Mental Health Services Act, the study used qualitative methods to reach out, engage, listen to and document the voices of Latinos and their advocates across California about community-defined promising programs and practices for prevention and early intervention and identify solutions to reducing disparities in mental health care in California. Integrating mental health and primary health care services emerged as a major solution towards providing mental health care at the entry point where Latinos primarily receive their care. This workshop will provide key characteristics of co-locating services as a preventive intervention framework that when properly implemented and interfaced with cultural values of Latino communities, can enhance access to quality care (both physical and mental health). Little prior research has focused on the integration of care by co-locating these services specifically targeting Latinos. As more Latinos are anticipated to access to health care under the Affordable Care Act (ACA), we expect even greater demands on the health and mental health care systems to increase access to quality mental health care for Latinos.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Be able to learn about the different Latino community strength-based approaches for prevention and early intervention in mental health.
2. Hear the voices from the Latino community and those who work with them to reach wellness.
3. Learn of recommendations and strategic directions that are listed in the report.

PARTICIPANT NOTES:





Workshop Session A2

Evidence-based Prevention and Early Intervention Services for African American, Latino, and Vietnamese Older Adults



Pei-Chen Emily Wu, PsyD
Program Manager
Union of Pan Asian Communities - Positive Solutions

Description:
The Positive Solutions Program’s services will be outlined and illustrated with three case presentations (African American, Latino, and Vietnamese). The case presentations will focus on:

- 1) How services are tailored to address each individual's needs based on their different ethnic and cultural backgrounds;
- 2) How the Positive Solutions Program helps each client to reduce his/her symptoms of depression; and
- 3) How to increase client's skills to maintain his/her stability and knowledge about community resources.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Describe how prevention and early intervention services can be delivered in a culturally relevant way, and thus tailored to meet clients needs based on their unique cultural backgrounds.
2. Increase clients' stability and knowledge about community resources.
3. Understand how to make a cultural adaptation of an evidence-based practice for the African American, Latino and Vietnamese cultures.

PARTICIPANT NOTES:





Workshop Session A3

More Opportunities Through the California Reducing Disparities Project

Las Palmas

Stacie Hiramoto, MSW

Director of REMHDCO

Mental Health Association in CA

Ruben Cantu

Program Director

CA Pan-Ethnic Health Network

Description:

The facilitator/writer for the California Reducing Disparities Project (CRDP), who works for the California Pan-Ethnic Health Network, will give an overview of the development of the reducing disparities strategic plan. A discussion will be facilitated on how the five individual special population reports formed the foundation for the strategic plan that will lay the groundwork for the funding Requests for Proposals (RFPs) that will eventually be released as part of the CRDP.

The staff of the California MHS/MHSA Multicultural Coalition (CMMC) will provide information on this dynamic statewide coalition and its role in the CRDP, including how the partners of the CRDP interact with each other and as part of the CMMC. The next steps in the project will be outlined, and attendees will be given information on how to become more involved with the project, as well as valuable information to assist their work with underserved communities in a variety of ways.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Name the different components of the California Reducing Disparities Project (CDRP) and how each one plays a part in the strategic plan and the rollout of the CRDP.
2. Locate the special population reports that contain valuable specific information on community-defined approaches and programs for underserved communities.
3. Involve themselves with the remaining components of the California Reducing Disparities Project and be better able to prepare their local community-based organizations to apply for funds when the RFPs are released.

PARTICIPANT NOTES:



Workshop Session A4

Promotores de Salud

Myriam Aragón, MSWS

Program Manager Cultural Competence
El Sol Neighborhood Educational Center & County of
Riverside Department of Mental Health

Alexander Fajardo

Executive Director of El Sol Neighborhood Educational Center
El Sol Neighborhood & the African American Mental Coalition

Riviera

Description:

Promotores play a key role in advancing the well-being of the communities they serve. They are individuals who provide health education and support to community members, provide their services in the community, and most often are from the community they serve. Because of the relationship they have with their community, they are particularly effective at reaching Latinos and other unserved and underserved individuals and families. They can help address multiple barriers to accessing services, such as those related to transportation, availability, culture, language, stigma, and mistrust. Although more widely engaged in the field of physical health, *Promotores* increasingly address mental health concerns as well.

This presentation addresses the role of *Promotores* in advancing the mental health of Latino communities in the Inland Empire, and the opportunities for partnering with *Promotores* in Prevention and Early Intervention. We start with a look at the challenges of implementation of a Mental Health Promotores Program, discuss the characteristics of *Promotores* and their role, and provide specific recommendations for supporting this work. The attendees will learn about the El Sol Neighborhood Educational Center and the County of Riverside Department of Mental Health will share the importance of developing a strong partnership among entities to implement *Promotores* programs. The facilitators will talk about: (1) The Promotores De Salud Model, (2) Implementation of the program in Riverside County, (3) Measurement of outcomes and presentation of Qualitative and Quantitative data, (4) Recommendations and directions for next steps in advancing Mental Health Promotores, and (5) Lessons Learned.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Describe the importance of the Promotores de Salud program as one of the most effective ways to decrease stigma, increase access to mental health care for Latinos, increase prevention of mental illness and promote wellness.
2. Explain how to create an effective partnership between county mental health systems and *Promotores*.
3. Describe the importance of community ownership of *Promotores* programs.



Workshop Session A5

Increasing Cultural Competence with Minority Service Members and Veterans

Sorrento

Lena Payne, MSW
Social Worker
Department of Veteran Affairs

Rachel Bentley, MSW
Supervisory Social Worker
Department of Veteran Affairs

Description:

The number of African American, Latino, and female veterans continues to rise and is expected to continue to rise at a steady pace. Despite recent public movements to the contrary, military culture has carried a long history of stigma regarding behavioral health treatment. This presentation will increase community mental health provider knowledge of relevant military culture and mental health stigma, how that might interact with ethnic and cultural viewpoints about seeking treatment and how civilian mental health providers can provide culturally informed care to our minority warriors.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Describe relevant military culture and stigma that influences engagement.
2. Identify barriers and benefits of the minority/military dual cultural values in treatment behaviors.
3. List strategies for engaging and retaining minority veterans.

PARTICIPANT NOTES:





Workshop Session A6

Through a Cultural Lens: A Different Way to Understand (& Diagnose) Our Clients

Alison Solomon, MSS, LCSW

*Clinical Program Manager for the UCSD Bridge to Recovery Program
UCSD*

St. Tropez

Description:

This presentation will begin with a discussion of what defines culture with a particular focus on culture as “collective programming of the mind” and how this programming affects both how our clients see the world and how we see the world and our clients. The core of culture is formed by values to which everyone gives positive and negative connotations. When the values of those in power (providers) clash with the values of those with less power (clients), the clients’ values will often be seen as negative. Because cultural programming is so inherent, we are often not aware of how it affects us and our work with our clients. Therefore, this presentation will include an experiential component in which audience members will participate in a small group exercise to examine their own cultural values.

Most cultures fall into five categories (as defined by Hofstede): attitudes toward authority; individualism vs. collectivism; masculinity vs. femininity; uncertainty avoidance; and short- versus long-term orientation. Once participants understand where they and their clients fall on these continua, it will become clearer how we can work in culturally appropriate ways with our clients.

The third part of this presentation will look specifically at four basic reasons for misdiagnosis: cultural expression of symptomatology; unreliable research instruments and evaluation inventories; clinician bias and prejudice; and institutional racism. We will look at eight rules for avoiding racism and humanizing others.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. List the five dimensions of culture.
2. Understand how the five cultural dimensions are used to diagnose, assess and treat clients in a culturally competent manner.
3. Describe one’s own value system and explain how their value system may couple with the dynamics of power and authority to affect how one works with clients.
4. List four common reasons for misdiagnosis.
5. List eight rules for avoiding racism and humanizing others.



Workshop Session A7

A Candid Look at Diversity in the Central Region

Dante R. Dautz, JD
Program Supervisor
UPAC

Lisa Covington, MA
Prevention Specialist
UPAC

Ericka Cordero, BA
Prevention Specialist
UPAC



*Terraza
Ballroom*

Description:

This dynamic presentation will incorporate three Alliance for Community Empowerment (ACE) staff members and visual aids. The focus will be on two basic themes: 1) Brief description of the ACE program as a comprehensive community violence intervention that serves San Diego County's Central Region (mainly City Heights and Southeast San Diego) and the diversity within ACE itself as a strength in carrying out programmatic goals. 2) Considering the types of incidents we respond to and the needs ACE addresses (violence, tension, youth challenges, grief) directly in the neighborhoods, and that our client base is primarily African American and Hispanic, we will offer actual accounts, including insight from families on their perceptions of service providers and their thoughts on the cultural competence levels of providers they have worked with before. ACE will also discuss what has worked and not worked, and cultural strategies it has used to overcome challenges that seemed to have been culturally based.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Describe the knowledge, tools, and strategies that have helped ACE overcome culturally rooted barriers.
2. Further explore the information that may help change participant's own training – or the training of their agency.
3. Describe some underlying perceptions of the community.

PARTICIPANT NOTES:



Workshop Session A8

Understanding Client Culture & Journeys

Minh-Ha Pham, PsyD

Research Analyst III

OC HCA/BHS/Center of Excellence

John

Team Lead

Orange County Wellness Center

Greg Wright

Orange County Mental Health Board Member, MHSA-OAC

Art for Wellness

Minni Lucas

Outpatient Recovery Services Coordinator

OC Mental Health Association

Nicole Lehman

Director of the Recovery Education Institute

Pacific Clinic

Marseille



Description:

During this workshop, presenters will define client culture, explain the concept of lived experience, recovery philosophy, stigma and self-stigma against mental health and substance abuse issues. Culturally competent communication skills required in working with behavioral health clients/consumers will also be discussed. The experiential component of the training will provide personal stories narrated from the perspectives of three clients/consumers and a family member. Their values, beliefs, and resilience, which are molded in part by personal experiences with mental illness and substance abuse, the behavioral health system, and their own ethnic cultures, will be shared.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Define client culture, world views, self-concept, and relationship dynamics within their cultural and family systems.
2. Describe some of the personal challenges patients and their families have faced in their interactions with the health care system.
3. Gain a deeper understanding of the cultural considerations, sensitivity, communication skills and quality of care required in working with behavioral health clients and their families.



Institute II

Implementation of Evidence-Based Practices in a Rural Community

Monte Carlo

Mike Horn

Director

Imperial County Behavioral Health Services

Andrea Kuhlen

Deputy Director of Clinical Services

Imperial County Behavioral Health Services

Leticia Plancarte-Garcia

Senior Behavioral Health Manager

Imperial County Behavioral Health Services

Cindi Guz

Senior Behavioral Health Manager

Imperial County Behavioral Health Services

Francisco Ortiz

Senior Behavioral Health Manager

Imperial County Behavioral Health Services

Description:

Imperial County Behavioral Health Services (ICBHS) provides mental health and substance abuse services to the residents of Imperial County. Rural communities face many challenges in implementing cultural competent programs. ICBHS will present the practices and strategies used to promote organizational change and implement Evidenced Based Practices in order to reduce health disparities in the large Latino population of Imperial County and increase mental health outcomes.

OBJECTIVES

As a result of attending this Institute, participants will be able to:

1. Learn different methods for determining organizational and community needs to ensure cultural competence.
2. Learn strategies to overcome barriers and promote organizational change.
3. Become familiar with the process used by a rural community to select and implement culturally appropriate evidence-based practices.



Workshop, Institute, & Media Showcase Descriptions & Locations

During the next 90 minutes, you will be able to choose one of the following:

Workshops Sessions B1 – B8

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or

Media Advocacy Showcases I or II

Media Advocacy Showcases are poster sessions that highlight a campaign strategy that has been successful and how it aligns with the Summit goal and objectives. These showcases will be presented at the Media Showcases in the Resource/Media area, allowing you to discover effective strategies for reaching populations you serve.

or

Institutes I or II

Institutes are a deeper look at a topic and are carried over from session to session (each institute is two 90 minute sessions). The extended time frame of the institutes is to encourage interaction and dialogue with participants. Institute topic areas were identified by the CCMH Summit Planning Committee with the intent of providing an intensive learning opportunity on evidenced-based practices being implemented in California and nationwide. Descriptions and objectives of each Institute offered are listed in the workshop description section that follows.



Workshop Session B2

Improved Depression & Diabetes Care Management Among Elderly Latinos: Design, Implementation, & Preliminary Outcomes of a Culturally Tailored Strategy

Portofino

Veronica Cardenas, PhD

Assistant Clinical Professor
University of California, San Diego

Consuelo Razo, RN

Salud Project Lead
North County Health Services

Elizabeth Lugo, MD

Project Supervisor
San Ysidro Health Center



Description:

This presentation will consist of the following components: 1) overview of the relationship between diabetes and depression with particular emphasis on the health disparities experienced by Latinos; 2) description of and interactive experience with the components of a culturally tailored strategy, the Salud Program, designed to promote greater access to evidence-based, integrated diabetes and depression care for elderly Latinos (age 60 and over); 3) discussion of the preliminary results of the Salud Program; and 4) a discussion of key considerations for implementing the depression and diabetes prevention and care management strategies in other settings serving Latinos.

Overall, having diabetes substantially increases the likelihood for also experiencing depression, especially within the Latino community. Elevated rates of diabetes among Latinos combined with limited participation in mental health services results in high levels of untreated depression among Latinos. As a prevention and early intervention initiative, our presentation discusses a culturally tailored strategy, the Salud program, which was implemented in San Diego County to address the unmet need within an especially high risk population group, elderly Latinos age 60 and over with diabetes. The primary intervention of the Salud program is a structured six-week workshop called “Programa de Manejo Personal de la Diabetes”, developed by Stanford University, that provides Spanish language, culturally informed knowledge and skill development related to both diabetes and emotional health management. In addition, evidence-based, one-on-one Problem-Solving Therapy (PST) sessions with a clinician allow for greater attention to addressing and preventing depression symptoms.

OBJECTIVES

As a result of attending this Institute, participants will be able to:

1. Describe the intersection between depression and chronic conditions, specifically diabetes among Latinos.
2. Explore an evidence-based strategy for providing culturally tailored mental health prevention and early intervention services for elderly Latinos in primary care settings.
3. Understand the implementation processes required to adopt and implement the intervention approach in other settings.



Workshop Session B3

Africentric Rites of Passage, Cultural Competency & PEI

E. M. Abdulmumin, PhD

Executive Director/Psychologist
The DuBois Institute

Marva Bourne, DMFT

Mental Health Clinician
Perris Valley Recovery Programs, Inc.

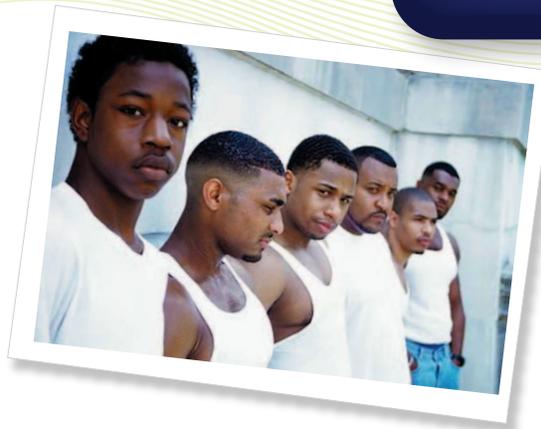
Dretona Maddox, RN, MSW

Mental Health Clinician, ROP
Family Health & Support Network, Inc.

Blessing A. Okoro Rellias, PhD, LMFT

Assistant Director & Clinical Supervisor
Perris Valley Recovery Programs, Inc.

*Terraza
Ballroom*



Description:

The presentation will consider cultural competency issues in implementing a Prevention/Early Intervention program that addresses youth and their parents or guardians. A key goal is how to create a culturally relevant intervention that will impact the social and holistic transition of young African American males, from boyhood to manhood/adulthood, using an Africentric paradigm being developed by the Association of Black Psychologists and other individual African-centered psychologists and theorists. In this light it is critical to understand African/African American traditions and philosophy and their value in developing and implementing an Africentric Rites of Passage program and Effective Black Parenting workshops. Inculcating a correct understanding of African American history, especially ancient Kemetic and Egyptian history, will enhance the self-esteem and world view of young African American males. This theme was highlighted in the 1960 James Brown hit song, "I'm Black and I'm Proud." Most critical is that young impressionable African American males see themselves positively in a historical context and not in a negative context or only as being the decedents of the American Slave institution. In this way, African American youth can properly answer the existential question: Who am I: a decedent of Greatness (Maat) or a decedent of horrific American Slavery (Maafa)? The key to PEI programs that target African Americans is that Africentric knowledge of history and African/African American contributions to civilizations are always highlighted in the implementation of Africentric Rites of Passage program.

OBJECTIVES

As a result of attending this Institute, participants will be able to:

1. Describe a cultural competency paradigm for working with African American youth in Rites of Passage Program.
2. Explain the importance of Africentric history and traditions in the social and holistic development of African American male youth.
3. Describe the use of Africentric theory in curriculum development for a Rites of Passage program.



Workshop Session B5

Diversity In Dementia

Mario Garrett, PhD
Professor of Gerontology
SDSU, School of Social Work

Anette Asher
CEO
The Glenner Memory Care Centers



Description:

The exponential growth of the aging Latino population in San Diego/Imperial Counties will determine a tenfold increase in dementia prevalence and related mental health issues by 2050. Most service agencies are already experiencing this increase first hand. The Glenner Memory Care Center data show that the coming culturally diverse dementia tsunami has hit our shores. These data show that depression and dementia share many similar symptoms, including memory problems, sluggish speech and movements, and low motivation. It can be difficult to tell the two apart, especially when manifested by culturally diverse populations. With their caregivers, depression is an ever-present condition, which must be treated in the caregivers' cultural values. The presentation concludes by presenting a culturally competent mental health intervention model for addressing the mental health needs of the dementia-impacted elders and their caregivers.

OBJECTIVES

As a result of attending this workshop, participants will:

1. Describe how the predicted deluge of dementia among ethnically diverse populations within our state and nation will bring an expanded need for culturally competent mental health intervention capabilities.
2. Describe some working formulations to meet the mental health needs of both the dementia impacted ethnic minority elderly and their caregiving significant others.

PARTICIPANT NOTES:





Workshop Session B6

Mental Health Disorders Resulting From Torture & On Culturally Appropriate Psychosocial, Holistic Treatment Interventions For Torture Survivors & Their Families Within Refugee & Immigrant Communities



Mahvash Alami Rad, PhD

Program Manager

Survivors of Torture International

Patricia Hilliard, MSW

Senior Mental Health Clinician

Survivors of Torture International

Description:

This workshop will focus on the mental health disorders resulting from torture and on culturally appropriate psychosocial, holistic treatment interventions for torture survivors and their families within refugee and immigrant communities. A special emphasis will be placed on maintaining the provider's well-being and the reduction of vicarious trauma.

By the end of the session, participants will be able to understand the consequences of politically motivated torture on its victims and the community at large. Participants will be able to apply specialized knowledge and skills to work effectively with survivors of torture and their family members. Finally, participants will have a greater understanding of how to recognize the signs and symptoms of vicarious trauma, learn about the importance of self-care and how to minimize secondary trauma.

OBJECTIVES

As a result of attending this workshop, participants will:

1. Describe the consequences of torture on its victims and the community at large.
2. Describe knowledge and skills related to treating torture survivors.
3. Describe how to identify and treat persons suffering from vicarious trauma.
4. Describe the importance of self-care in minimizing secondary trauma.

PARTICIPANT NOTES:



Workshop Session B7

Loud And Clear – Partnering With Journalists For Accurate, Stigma-Free Mental Health Stories



Carlos Alcazar
President & CEO
Hispanic Communications Network (HCN)

Sally Douglas Arce
Principal
Arce Communications

Description:
Presentations by African American and Latino journalists combine with a facilitated dialogue among participants and journalists to support accurate reporting of mental health issues. Workshop attendees will understand how the news media determines what mental health stories to cover and will gain insight into reporters’ perspectives on mental health issues. In addition, attendees will be able to encourage accurate, culturally grounded, stigma-free reporting on mental health. Up to four journalist-panelists will briefly discuss how they determine which mental health stories to cover, how they verify facts and put them in context, how they decide whom to interview and how attendees can maximize the likelihood that their stories will be covered. The panelists include a local newspaper reporter and a radio or television reporter/producer from both African American and Latino news organizations in the San Diego area.

OBJECTIVES

- As a result of attending this workshop, participants will be able to:
1. Gain insight into journalists’ perspectives on mental health issues and how the media determines which mental health stories to cover.
 2. Describe how ethnic and cultural media can play a role in encouraging help-seeking behavior among unserved, underserved, and inappropriately served populations.
 3. Learn how to effectively “pitch” stories to the news media.

PARTICIPANT NOTES:



Workshop Session B8

Native Vision: A Focus on Improving Behavioral Health & Wellness for California Native Americans

Las Palmas

Kurt Schweigman, MPH

Project Manager
Native American Health Center

Carrie Johnson, PsyD

Licensed Clinical Psychologist
United American Indian Involvement

Charity White

Director
Kumeyaay Family Services

Dan Dickerson, PsyD

Assistant Research Psychiatrist
The University California Los Angeles

Karan Kolb

Director of Social Services
Indian Health Council, Inc



Description:

An overview of findings from the Native American Strategic Planning Workgroup report (a product of the California Reducing Disparities Project) will be presented. The report is a community-defined guide to improving behavioral health and well-being across the diverse regions of tribal, rural and urban Native American populations in California. A highlighted PEI project from Humboldt County that will be presented is the Teen Advisory Group, which consists of Native youth-led activities and peer-to-peer health education addressing healthy living and choices, suicide, and substance abuse. In addition, a highlighted PEI project from San Diego County will be presented.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Deepen their understanding of the Native American CRDP.
2. Describe the Teen Advisory Group PEI project conducted in Humboldt County.
3. Hear about a PEI project conducted in San Diego County.



Media Advocacy Campaign Showcase IV

Our Personal Journeys - Mental Health Awareness on Campus: Developing a Multi-media Stigma Reduction Campaign with Transitional Age Youth in a College Setting



Shannon McOuat
Marketing and Outreach Coordinator
Transitions, Mental Health Association- San Luis Obispo

Dina Mancillas
Co-Presenter
Community Leader & Mental Health Consumer

Description:
This poster session presentation will present a college-based mental health awareness campaign that evolved from the larger MHSA sponsored SLOtheStigma media campaign. This documentary and campus-based campaign was developed completely by students and consumers. Community leader, mental health consumer and culture bearer, Ms. Dina Mancillas, will be co-presenter.

- Key strategies the campaign utilizes to increase community awareness of the behavioral health topics addressed:
1. Providing prevention services which are comprehensive, culturally relevant and sustainable, to educate providers on effective campus based engagement tools for college students.
 2. To show the positive impact of de-stigmatization on accessing services for TAY and college students.
 3. To demonstrate the effectiveness of peer/student developed projects and services.

OBJECTIVES

As a result of viewing this showcase, participants will better understand the key strategies the campaign utilizes to increase community awareness of behavioral health.

PARTICIPANT NOTES:



Closing Plenary Session Conversation Café



4:30PM – 5:30PM

in the
**International
Ballroom**

“A good question is never answered. It is not a bolt to be tightened into place but a seed to be planted and to bear more seed toward the hope of greening the landscape of ideas.”

~ John Ciardi

Conversation Cafés are structured small-group conversations to engage you in a fun, inviting, and open dialogue and to generate new ideas with broader solutions. Facilitators, known as “hosts” in Conversation Cafes, lead the discussions, providing guidance and assistance for generating new ideas. The goal of Conversation Café is to provide you with the opportunity to (1) reflect on critical topics to bridge the cultural gap; and (2) engage in peer learning as you share your knowledge and insights with each other. When you arrive at each table you will be given a sheet of paper with the discussion questions and we encourage you to make notes, doodles, etc. that correspond to the conversation at your table; please leave this sheet with the host when you rotate to the next table. This information will be used to help document the outcomes of the Summit.

Hosts will remain at the table while the groups rotate every 15 minutes. On your name badge you will find a number and a color. The number indicates which section you are to go to (section 1, 2, or 3) and the color corresponds to the balloon at the table you are to start the activity at. You can sit at any table in your section with your balloon color to start and then you will stay within that cluster. Each cluster is comprised of a green table, blue table and white table. You will find a Conversation Café map on the following page.

Each host is given a set of questions for groups to respond to regarding one of the three topics. As each group rotates the conversation will build upon the key points from the groups prior. At the first rotation the host will indicate which table you are to go to next (blue, green, or white); the group will split in two and meet with others from their cluster to discuss the next set of questions. This allows for expansion of dialogue and new ideas at each table, as well as the opportunity to discuss each set of questions.



Closing Plenary Session Conversation Café Questions

Topic 1: Beyond the Talk

1. Based on the keynote address and plenary presentations, what do you believe counties need to do more of to reduce disparities?
2. Of those actions or changes you have identified, which are priorities?
3. Who will you need to collaborate/partner with to make this happen in your respective community?

Topic 2: Practicing the Walk

1. Based on the learning you have experienced from this Summit, what is the most important insight you have gained?
2. How can you apply this new learning back in your community? (Give examples.)
3. What new behaviors or actions are you personally committed to?

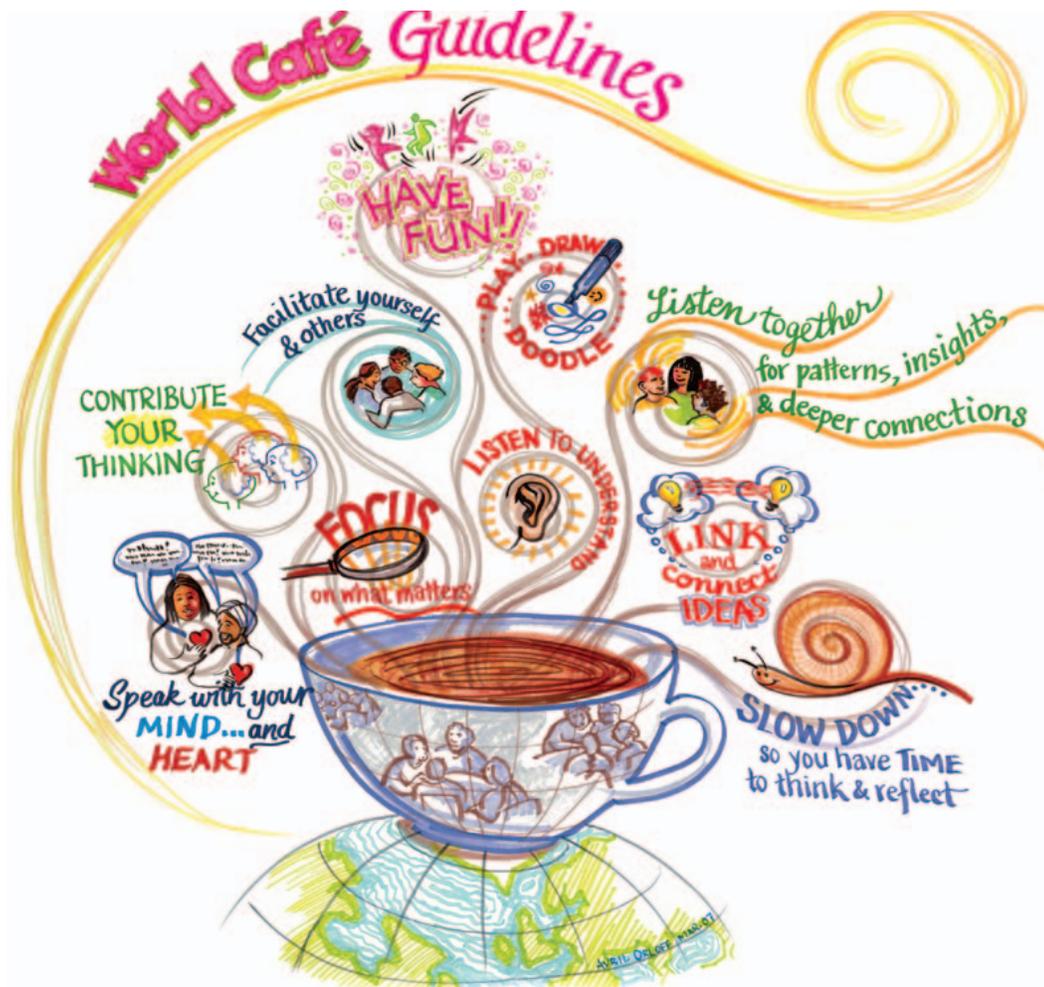
Topic 3: A Path to Bridge the Cultural Gap

1. Who will you build/construct your bridge to?
2. What do you need to build/construct your bridge?
3. What measures will need to be put into place to know that your bridge is solid?



Your table host will welcome you to the Café experience and answer any questions you may have. The host will also help you and others at the table to explore the questions.

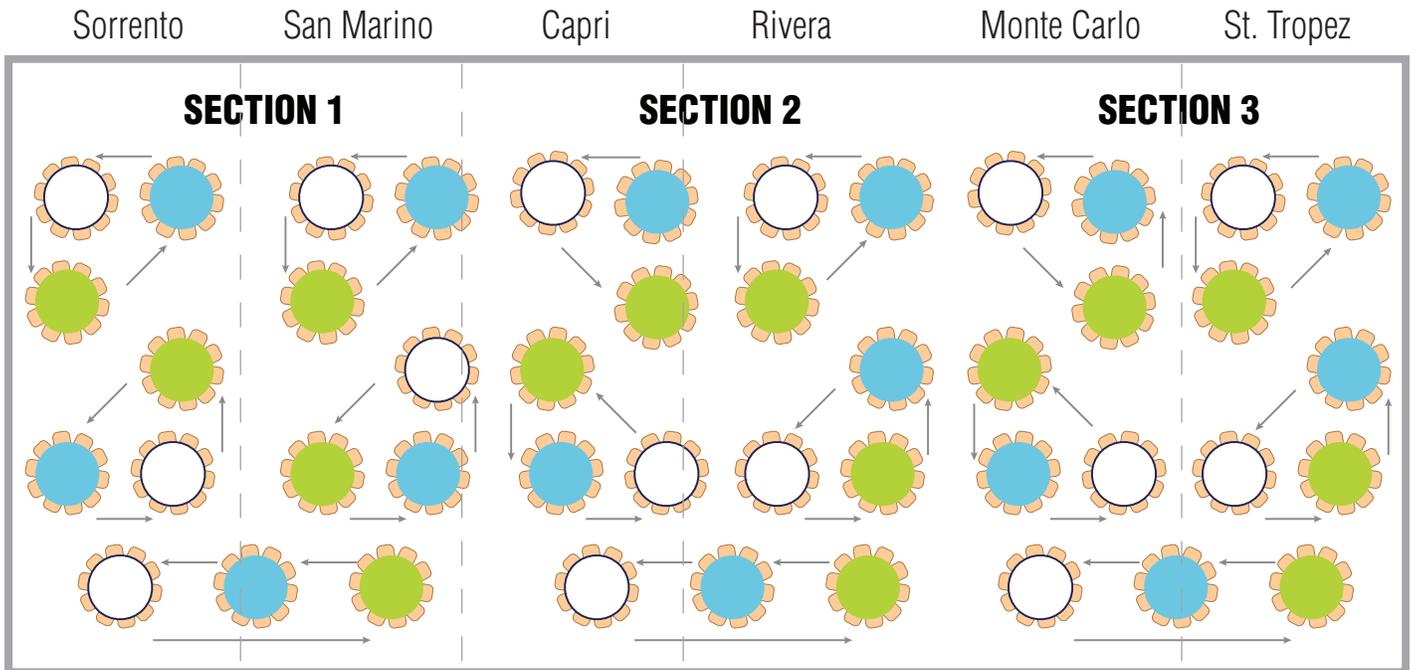
During the café process, everyone's contribution is encouraged. The café works best when there are diverse perspectives offered and when each participant not only contributes, but also listens for insights and then shares their discoveries.



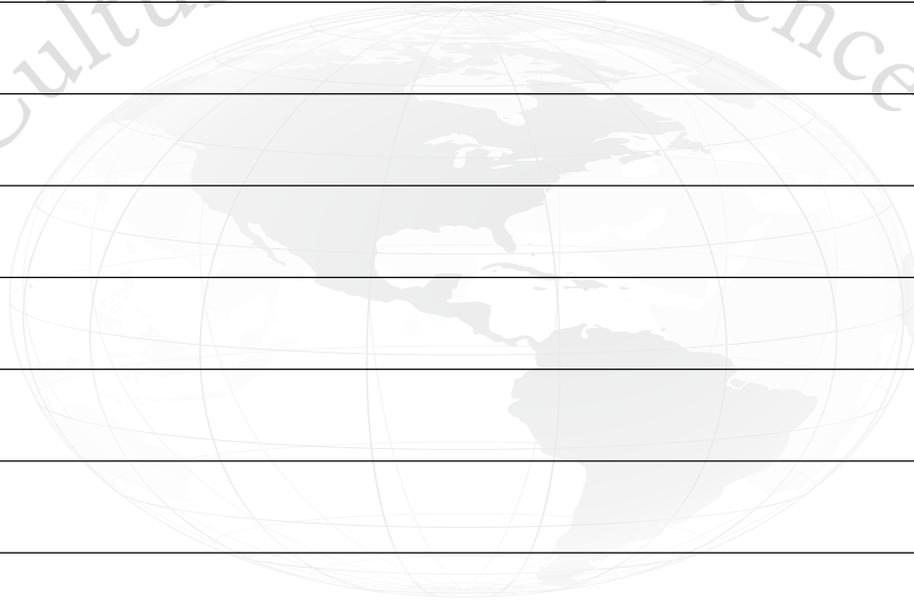
1. Speak your mind...and heart
2. Contribute your thinking
3. Focus on what matters
4. Listen to understand
5. Facilitate yourself and others
6. Play, dream, doodle
7. Listen together for patterns, insights, and deeper connections
8. Link & connect ideas
9. Slow down so you have time to think and reflect
10. Have fun!



INTERNATIONAL BALLROOM



Cultural Competence



Mental Health
Southern Region Summit XVIII



Evening Reception

**Entertainment, Finger Foods
and a Cash Bar!**

Orquesta Primo Salsa Band

6:00PM – 8:00PM

in the

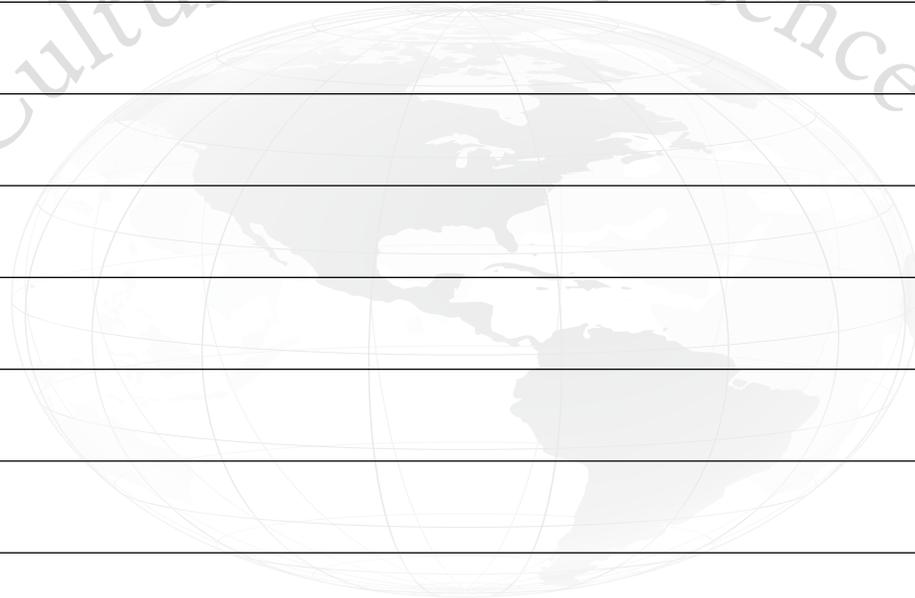
*Pavilion/
Resource Media
Hall*



Band Members:

J. Nestor Martinez (Peru-vocals)
Rudy (Mexico-voz)
Gabriel Sundy (Usa-sax)
Ruben Valenzuela (Mexico-bass, vocals)
Channig (Venezuela –piano & vocals)
Jos Vani (Cuba-conga)
Tito (Peru-trumpet)
Boris Cespedes (Cuba-trombone)

Cultural Competence



Mental Health
Southern Region Summit XVIII



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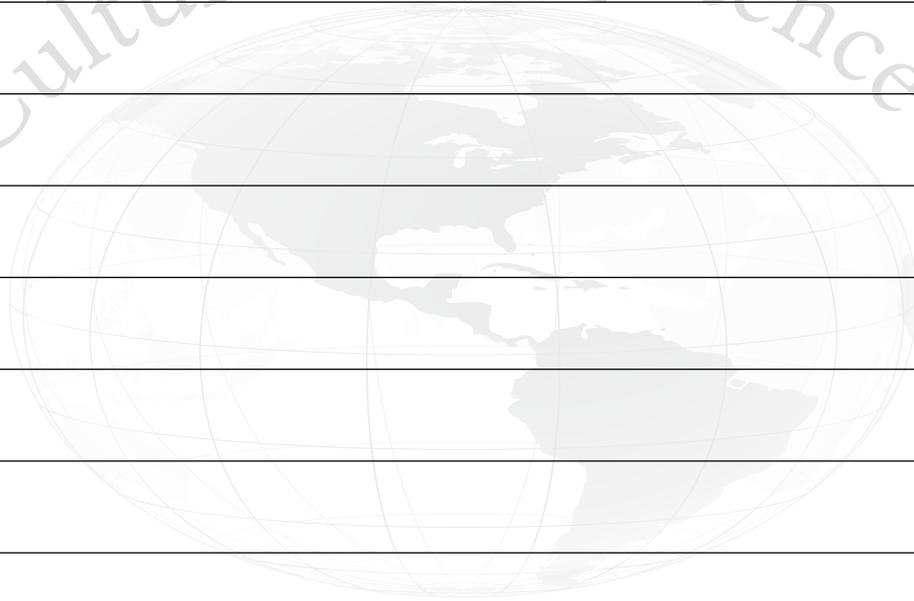
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Agenda At-A-Glance DAY 2

TIME	ACTIVITY	LOCATION
7:30 ^{AM} -8:30 ^{AM}	Continental Breakfast	Foyer
8:30 ^{AM} -9:00 ^{AM}	Blessing / Opening / Day 1 Reflection	International Ballroom
9:00 ^{AM} -9:15 ^{AM}	Recognition	International Ballroom
9:15 ^{AM} -10:15 ^{AM}	Keynote Address: <i>Count Latinos In on Comprehensive Health Care Reform: Moving from Disparities to Equity, Equality and Relevance in Integrated Health Care</i> – Rachel G. Guerrero	International Ballroom
10:15 ^{AM} -10:30 ^{AM}	Break	
10:30 ^{AM} -12:00 ^{PM}	Session C: Workshops, Media Showcases, Institutes	International Ballroom
12:00 ^{PM} - 1:00 ^{PM}	Lunch	Garden By The Bay
1:00 ^{PM} -2:30 ^{PM}	Session D Workshops, Media Showcases, Institutes (cont'd)	See Workshop Description for Room Locations
2:30 ^{PM} -2:45 ^{PM}	Break	
2:45 ^{PM} -3:30 ^{PM}	Closing Plenary Session	International Ballroom

Cultural Competence



Mental Health
Southern Region Summit XVIII



Blessing / Opening Remarks / Day 1 Reflection

Blessing Ceremony:

Pastor Robinson & Pastor Garcia

Opening Remarks:

Piedad Garcia, EdD, LCSW
Director, Adult/Older Adult Systems
of Care, Ethnic Services Manager
Behavioral Health Services Division
County of San Diego Health and Human Services Agency

Day 1 Reflection:

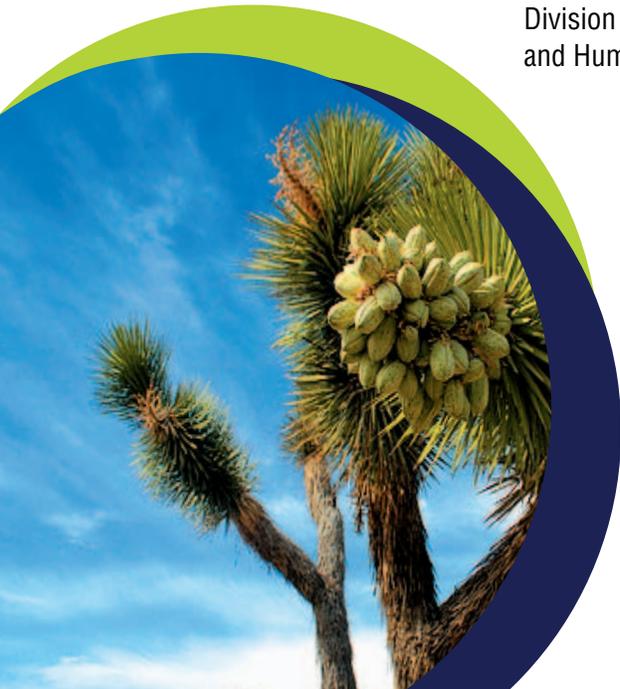
Susan Bower
Director of Operations, Behavioral Health Services Division
County of San Diego Health and Human Services Agency

8:30AM – 9:00AM
in the
**International
Ballroom**

Recognition

Alfredo Aguirre, LCSW
Director, Behavioral Health Services
Division County of San Diego Health
and Human Services Agency

9:00AM – 9:15AM
in the
**International
Ballroom**





Keynote Address

Keynote Address:

Rachel G. Guerrero, LCSW
Ret. Chief of the Office of Multicultural Services
CA State Department of Mental Health
Guerrero Consulting



Count Latinos In on Comprehensive Health Care Reform: Moving from Disparities to Equity, Equality and Relevance in Integrated Health Care



Is eliminating disparities in health and mental health care for Latinos possible? Absolutely! It is time to disengage the talk of “disparities” in regard to community mental health services for Latino communities and move towards defining and implementing solutions. Latinos reached a new “tipping point” of influence due to their significant participation in the 2012 election. How will that influence be harnessed in the design of the comprehensive health care reform efforts within the Affordable Care Act (ACA)?

This presentation will take a brief look back at previous mental health policy reform efforts and explore why disparities persisted in services to Latino communities. We will explore why California can, and must, take a leadership role in presenting a compelling argument for equity, equality, and relevance in the design of integrated health care for Latino families and communities. The California Reducing Disparities Project is but one of those efforts. Disparities are statewide; solutions are local. Many challenges remain that need to be addressed directly and effectively, if we want to make the changes that really count.



Workshop, Institute, & Media Showcase Descriptions & Locations

During the next 90 minutes, you will be able to choose one of the following:

Workshops Sessions C1 – C8

Workshops are designed to enhance learning on a given targeted topic, facilitated by leaders in the field across California who have in depth knowledge and hands on-experience in area. For more information on presenters review biographies found at the back of the Conference Program. Each workshop has specific objectives that will be met. In order to help you determine which workshop will be most beneficial to your needs, workshop descriptions and objectives are listed in the workshop description section that follows.

or

Media Advocacy Showcases V or VI

Media Advocacy Showcases are poster sessions that highlight a campaign strategy that has been successful and how it aligns with the Summit goal and objectives. These showcases will be presented at the Media Showcase Exhibit in the Resource Exhibit area allowing you to discover effective strategies for reaching your particular audience.

or

Institutes III or IV

Institutes are a deeper look at a topic and are carried over from session to session (each institute is two 90 minute sessions). The extended time frame of the institutes is to encourage interaction and dialogue with participants. Institute topic areas were identified by the CCMH Summit Planning Committee with the intent of providing an intensive learning opportunity on evidenced-based practices being implemented in California and nationwide. Descriptions and objectives of each Institute offered are listed in the workshop description section that follows.



Workshop Session C1

California Reducing Disparities Project (CRDP): African American Population Report



V. Diane Woods, PhD, MSN

President/CEO

African American Health Institute - (AAHI- SBC)

Suzanne Midori Hanna, PhD

Professor

Amridge University

Carolyn Murray, PhD

Full Professor

University of California (UCR), Dept. of Psychology

Description:

We will discuss the community-based participatory research (CRDP) approach utilized with the African American population to identify a myriad of recommendations for culturally congruent community practices for prevention and early intervention services. A mixed-methods approach was utilized and framed according to an ecological design to engage statewide African American participation in defining community practices. Techniques and strategies used to successfully engage and conduct statewide regional focus groups (N=35), small group meetings (N=6), one-on-one interviews (N=43), public forums (N=9), and surveys (N=635) to collect the community-level data will be discussed. Contextualizing the African American lived experiences provides understanding into how building on the role of history and cultural traditions shape reality for health behaviors. African American cultural models will be presented that join the world view of the family centered client focus that define from a micro and macro perspective how program developers and practitioners should utilize culturally-based approaches with this population.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Describe the results of the statewide CRDP African American Population Report.
2. Describe how to facilitate the adaptation of African American programming in County plans.
3. Identify the micro and macro application of African-centered culturally grounded PEI models.

PARTICIPANT NOTES:



Workshop Session C2

Effective Strategies to Promote Latino Mental Health and Reduce Stigma

Kevin T. Kirkpatrick
Executive Vice President/Principal
Metropolitan Group



Description:

For Latinos living with a mental health challenge, the barriers—ranging from pervasive stigma to inadequate service delivery—can often be insurmountable. Public education on the subject must be tailored to their unique needs. The session will focus on two campaigns promoting Latino mental health: "Dilo en voz alta" in Illinois and "Salir Adelante" in San Diego. "Dilo en voz alta" was a statewide public education program, including public service advertising and public relations, to community outreach, materials distribution, and more. "Salir Adelante" involved development of a fotonovela promoting Latino mental health. Both campaigns were evaluated for their effectiveness in achieving their initial objectives. Participants will learn how formative research with Latinos guided everything from strategic and creative development to distribution of the campaign's materials. The workshop will also report on evaluation data showing the effectiveness of both campaigns in promoting changes in attitudes, understanding, and behaviors among Latinos.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Understand the unique considerations in designing a public education campaign for Latinos on the subject of mental health.
2. Understand strategies and messaging likely to be more effective in engaging Latinos on the subject of mental health.
3. Differentiate between process and results measures for a public education campaign.

PARTICIPANT NOTES:





Workshop Session C3

Cultural Traits: Bridges to Serving Clients Effectively Through Healthy Touch

Andre J. Branch, PhD

Associate Professor of Education
San Diego State University

Riviera

Description:

The presentation will be interactive. Participants and presenter will introduce themselves providing at least their names and cultural groups. Participants will be invited to ask questions throughout the session and provide examples from their respective agencies for operationalizing the concepts introduced. Using a power point presentation, the presenter will provide participants with a research basis for the use of cultural traits in the helping professions. The presenter will give a definition of cultural traits drawing a clear distinction between cultural traits, which help service providers understand their clients, and stereotypes, which destroy relationships between individuals and cultural groups. After the large group has discussed various cultural traits of African Americans and Latinos that have been introduced by the presenter, participants will have the opportunity to strategize in triads how they might incorporate the new knowledge of cultural traits into the “walk” of the services they provide to clients each day.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Help service providers apply knowledge of cultural traits to real job situations that they encounter on a daily basis.
2. Have access to service professionals with effective strategies that have a basis in the culture of the clients they serve.
3. Help service providers talk easily about culture and the cultural traits that define and influence the behavior of their clients.

PARTICIPANT NOTES:



Workshop Session C4

Filipino Americans: Cultural Awareness & Clinical Applications

Lorna Pham, PsyD

Quality Assurance Director

Bayfront Youth and Family Services

MaryAnn Franco, EdD, CP, LMFT

Clinical Director

Bayfront Youth and Family Services

Portofino

Description:

Although Filipino Americans fall into the category of Asian Americans, most people do not have a clear understanding of their culture. Historically, when someone mentioned Asians or Asian Americans the first thing people thought of was people of Chinese and Japanese ethnicity. Moreover, Filipinos were the only ethnicity that was placed in different categories, from Pacific Islander, Hispanics, or placed in a separate category. This presentation will help participants answer the questions: “What do we need to know about Filipino Americans?”, “What makes a Filipino American different from other Asian Americans?”, and most importantly, “What can we expect as clinicians when treating Filipino Americans”? This presentation will include topics on Filipino’s colonial history, their culture, their migration to the United States, stereotypes, Filipino American’s generations (1st, 1.5, 2nd), identity development, and effective psychotherapy elements when dealing with Filipino Americans.

This presentation addresses the role of *Promotores* in advancing the mental health of Latino communities in the Inland Empire, and the opportunities for partnering with *Promotores* in Prevention and Early Intervention. We start with a look at the challenges of implementation of a Mental Health Promotores Program, discuss the characteristics of *Promotores* and their role, and provide specific recommendations for supporting this work. The attendees will learn about the El Sol Neighborhood Educational Center and the County of Riverside Department of Mental Health will share the importance of developing a strong partnership among entities to implement *Promotores* programs. The facilitators will talk about: (1) The Promotores De Salud Model, (2) Implementation of the program in Riverside County (3) Measurement of outcomes and presentation of Qualitative and Quantitative data, (4) Recommendations and directions for next steps in advancing Mental Health Promotores and (5) Lessons Learned.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Understand Filipino History 101, culture, colonialism, migration to the United States, and Stereotypes.
2. Understand the 1st, 1.5, and 2nd generation Filipino Americans and the Filipino Identity Model.
3. Understand Psychotherapy treatment with Filipino Americans, and what to expect.



Workshop Session C5

Multicultural Preventive Approach to Geriatric Mental Health Services for Refugees & Immigrants

Agnes Hajek, MSW

Emass Program Manager
Union Of Pan Asian Communities

Salwa Yalda

Union Of Pan Asian Communities

Dixie Galapon, PhD

UPAC Mental Health Director
Union Of Pan Asian Communities



Sorrento

Description:

The presenters will describe the conceptual framework of the EMASS Program utilizing the Promotora Model of reaching out to unserved and underserved ethnic populations it has served since 2009. They will also describe the insights of the Community Health Workers from different cultural backgrounds, and the importance of collaboration and partnership with other service providers. This presentation will also focus on how the use of promotoras strategies impact the knowledge, attitudes, and practices on a community level across any ethnic background.

This workshop will also highlight some of the challenges that refugees, and Older Adult refugees face in particular. Additionally, the presenters will describe EMASS Program's initial undertakings with the Middle Eastern and refugee communities in the East County Region. An Iraqi Community Health Worker (CHW) will share her personal experience in gaining the trust of her fellow refugees during the engagement process and how the EMASS program immediately gained positive response from the participants.

Overall, the presenters will show the culturally appropriate activities and strategies adapted in two sites; Escondido and El Cajon Community Centers.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Identify the helpful strategies to reach out to unserved and underserved population.
2. Describe the cost-efficiency and cost-effectiveness of partnership and collaboration with other stakeholders.
3. Share the insights gained in working with the community where the CHW is also a member.

PARTICIPANT NOTES:



Workshop Session C6

The Process of LGBT Acceptance in the Latino Family

Corinne Contreras
Mental Health Educator
Pacific Pride Foundation



Description:

In the United States, many Latina/o families are first- or second-generation immigrants, and keeping family relationships strong can be critical to an individual's identity. The possibility that lesbian, gay, bisexual or transgender Latinas/os might lose that important support system by coming out to their family is daunting.

Additionally, many hesitate to come out because they don't want to discredit their family name. When one family member succeeds, it often reflects positively on the entire family. Many Latina/o families also believe the opposite to be true, and because there is bias against gays, that silences some LGBT Latinas/os, as well as relatives who might otherwise be supportive.

While many non-Latina/o LGBT people first come out to only one or two family members, the close proximity of many typical Latina/o families often makes that option difficult. One thing that can be useful is taking advantage of organizations, such as PFLAG

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Recognize and accept the depth of established cultural stigmatic paradigms.
2. Understand how an individual may be helped during the coming out process and what actions are beneficial.
3. Convey strategies of support for those accepting their authentic self and for allowing others the process of acceptance while recognizing the family's need for similar, if not the same support.

PARTICIPANT NOTES:





Workshop Session C8

Cultural and Personal Forgiveness

Sharon Adams, PhD
Dean, Student Services
Sierra College



Description:

This session will explore the many ways in which we engage in racial, cultural, and interpersonal conflict within organizations and within society. It will also explore research findings that shed light on the impact that unforgiveness and unresolved conflicts have on our ability to effectively interact and compete within the "dominant" culture. The anatomy of forgiveness will be presented along with practical steps on how to move beyond both major and minor personal and cultural offenses.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Identify historical and individual cultural and personal offenses, and understand the importance of moving beyond them.
2. Employ practical strategies that will allow them to move beyond cultural and personal offenses.
3. Understand information about prevention services which are comprehensive, culturally relevant, and sustainable.



PARTICIPANT NOTES:



Media Advocacy Campaign Showcase V

Our Voices: OC LGBTIQ

Hieu Nguyen, LCSW
OC ACCEPT/Behavioral Health Services
Orange County Health Care Agency

Lamar Smith, PsyD
OC ACCEPT/Behavioral Health Services
Orange County Health Care Agency



Description:

OC ACCEPT (Acceptance through Compassionate Care, Empowerment, and Positive Transformation) media advocacy campaign is focused on an unserved or underserved Lesbian, Gay, Bisexual, Transgender, Intersex, and/or Questioning community. The campaign seeks to outreach and engage the LGBTIQ community with the health care system by providing a safe environment with acceptance and compassion for individuals to express their feelings, build resilience, become empowered, and connect with others for support. OC ACCEPT also seeks to raise awareness and reduce stigma by providing education about the LGBTIQ population to the community at large.

OBJECTIVES

Key strategies the campaign utilizes to increase community awareness of the behavioral health topics addressed: Several key strategies were utilized to maximize and increase the community awareness of behavioral health topics related to the LGBTIQ community. First, the utilization of a website which includes a variety of resources related to the community, family members, and health care professionals. Next, a video was created to provide a space for program participants to voiced their stories and hopes. Furthermore, free trainings/presentations are offered to the community and health agencies. These strategies have been successful in bringing visibility to the program and open a dialogue about the behavioral health issues in the LGBTIQ community across different health care settings.

PARTICIPANT NOTES:





Institute III

Breaking Through the Adobe Wall of Evidence Based Practice for Latinos: An Authentic Conversation on Risk Factor, Challenges and Identifying Strategies for Moving Forward

San Marino

Rachel Guerrero, LCSW

*Ret. Chief of the Office of Multicultural Services, CA State
Department of Mental Health
Guerrero Consulting Group*

Luis Garcia, PhD

*Vice President
Latino Program Development*

Sergio Aguilar-Gaxiola, MD, PhD

*Director
Center for Reducing Health Disparities
UC Davis, School of Medicine*

Refujio "Cuco" Rodriguez-Rodriguez

*Ethnic Services Manager
Santa Barbara County Behavioral Health*



Description:

There is a fundamental and serious problem in the ability to generalize current Evidence Based Practices to racially and ethnically diverse communities because of cultural and linguistic differences. This Institute will focus on the issues of "appropriateness, relevance and applicability" (Aisenberg, 2005) of Evidence Based Programs (EBPs) in Latino communities. In the 2001, U.S. Department of Health and Human Services, Supplement to Mental Health: A Report of the Surgeon General, entitled Mental Health: Culture, Race and Ethnicity stated:

"Overall, minorities are not represented in studies that evaluate the impact of interventions for major mental disorders. Furthermore, when minorities are included, rarely are analyses conducted to determine whether the treatment are as effective for them as they are for white populations. Although a great deal is known about efficacy of a wide range of interventions for treatment the efficacy of these interventions for racial and ethnic minority population is unavailable." (p.172)

There are many arguments for, and against, EBP's and their application in diverse Latino communities. Additionally, there are many concerns for their current multiplicity of cultural adaptations. Leaders and providers within the Latino mental health community have expressed many concerns about the appropriateness of how Evidenced Based practices are applied in their communities. Despite these concerns, EBP models are still being implemented in Californian's mental health settings with large Latino populations.



Institute III (continued)

This Institute will focus specifically on EBPs and their impact on California Latino communities and where do we go from here. Many questions regarding concerns for EBPs need to be asked, such as:

If EBPs are normed on standardized populations, irrespective of cultural context and socioeconomic realities, what impact does this have on Latino community's outcomes?

How are EBPs helping underserved Latino communities if they are not necessarily developed to address existing disparities in access or utilization of services?

How do these models, which are sweepingly applied to all people regardless of their history, race, ethnicity and environmental context, impact Latino families?

What EBP models have evidence of effectiveness in the Latino communities of California?

How effective have these models been with Latino populations with similar symptom profiles? Are symptoms or beliefs about illness expressed in a similar, or dissimilar manner?

How can EBP models be relevant in treating Latino communities, if there is a basic disregard for how Latino individuals experience their distress?

How are adaptations to EBP models being applied to Latino clients and families? And how are they being evaluated?

How is it possible that EBPs may meet Fidelity yet lack diversity and culturally competent staff?

What needs to change about EBP implementation? And how would we know that change has occurred?

This Institute will feature key presenters to provide an overview of Evidence Based Programs and present the concerns for Latino communities. The extended time frame of this institute is to encourage authentic dialogue with participants. Presentations will be followed by breakout sessions for small group discussion to help bring forward recommendations and strategies that can be carried forward to policy makers and planners.

OBJECTIVES

As a result of attending this Institute, participants will be able to:

1. Understand what Evidence Based Programs (EBPs) are, and how they are defined and developed.
2. Have an increased understanding of the challenges of EBP faced by Latino communities.
3. Identify 5 major areas of concern for implementation of EBP for Latino communities.
4. Develop key recommendations and strategies for moving forward.

PARTICIPANT NOTES:



Institute IV

African American Focused From Dialogue to Action; “Stepping” Toward Improving MH Outcomes for the African American Community

Gigi Crowder

Ethnic Services Manager
Alameda County Behavioral Health Services

Damonte Wilson

TAY Hip Hop Social Worker
Beats Rhymes and Life, Inc.

Tomás Alvarez III

Founder/CEO
Beats Rhymes and Life, Inc.

Description:

After acknowledging the MH Disparities that exist for the African American Community, Alameda County Behavioral Health Services (ACBHCS) pulled together a 26 member study group representing our system of care. The group included consumers, family members, providers across the age span, clergy, representatives from county government, a mental health board member, and other key stakeholders. The goal was to identify the problems leading to the disparities and come up with community defined recommendations.

This was a 9 months process and the group members met every two weeks. The process included focus groups with a focus on identifying issues and solutions for each age group, key informant interviews with local and national subject matter experts. As well as each of our Alameda County system of care Directors, extensive research, and presentations from noted experts. The team took a tour of our criminal justice mental health unit at Santa Rita Jail. We spoke with our local system partners to learn more about the joint efforts that could be in place with schools, probation, social services, and other potential partners. Understanding the role faith and spirituality plays as a wellness tool for African Americans, we held a clergy roundtable dialogue and had clergy interested in addressing the needs of the African American community attend and provide critical feedback as well as receive tips on the role they can play to be more welcoming and better support individuals and their family members to maintain their mental wellness. We looked at the need to enhance the work force to be more representative and offered strategies for recruitment of more African American staff.

I will share our findings and recommendations that resulted in a report we completed in Winter 2010. I will discuss our next steps which included using MHS Innovation funds, 1.7 million dollars to implement/test some of the recommendations in the report. We had four learning questions and funded agencies to support our efforts across the age span. Learning Objectives:

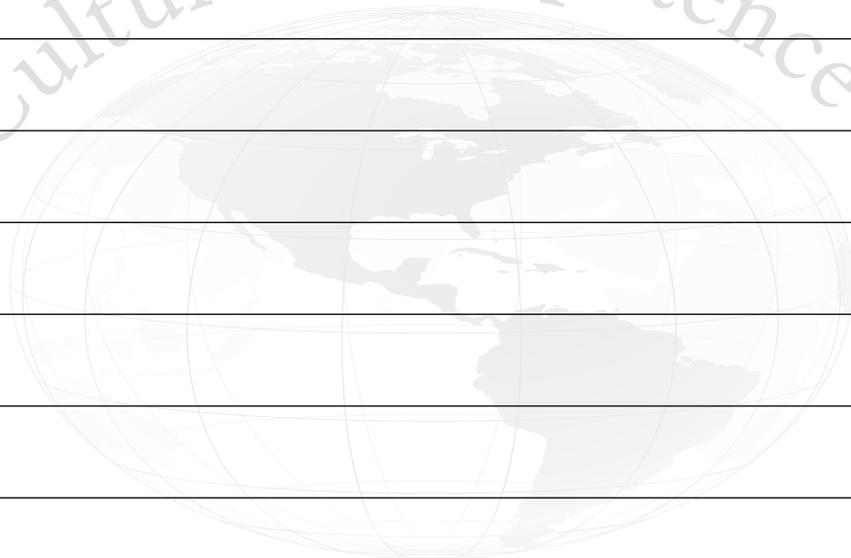
OBJECTIVES

As a result of attending this Institute, participants will be able to:

1. Understand the role spirituality plays as a community supported solution for the African-American population.
2. Use prevention services that honor the cultural values of this population.

Monte Carlo

Cultural Competence



Mental Health
Southern Region Summit XVIII



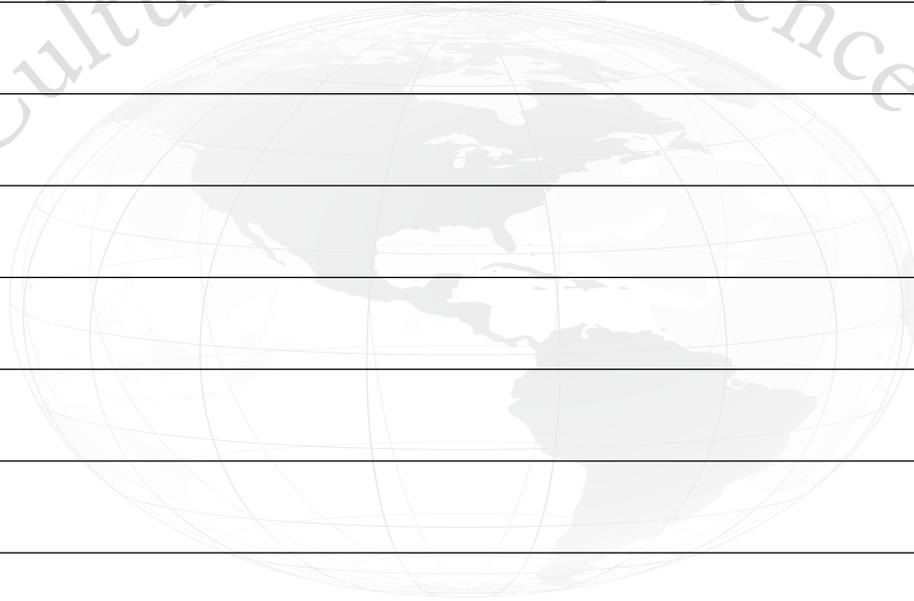
ENERGIZING LUNCH

12:00PM - 1:00PM

Garden By The Bay

*Brought to you by healthy food,
fresh air, and sunshine!*

Cultural Competence



Mental Health
Southern Region Summit XVIII



Workshop, Institute, & Media Showcase Descriptions & Locations

During the next 90 minutes, you will be able to choose one of the following:

Workshops Sessions D1 – D8

Workshops are designed to enhance learning on a given targeted topic, facilitated by leaders in the field across California who have in depth knowledge and hands on-experience in area. For more information on presenters review biographies found at the back of the Conference Program. Each workshop has specific objectives that will be met. In order to help you determine which workshop will be most beneficial to your needs, workshop descriptions and objectives are listed in the workshop description section that follows.

or

Media Advocacy Showcases VII or VIII

Media Advocacy Showcases are poster sessions that highlight a campaign strategy that has been successful and how it aligns with the Summit goal and objectives. These showcases will be presented at the Media Showcase Exhibit in the Resource Exhibit area allowing you to discover effective strategies for reaching your particular audience.

or

Institutes III or VI (continued)

Institutes are a deeper look at a topic and are carried over from session to session (each institute is two 90 minute sessions). The extended time frame of the institutes is to encourage interaction and dialogue with participants. Institute topic areas were identified by the CCMH Summit Planning Committee with the intent of providing an intensive learning opportunity on evidenced-based practices being implemented in California and nationwide. Descriptions and objectives of each Institute offered are listed in the workshop description section that follows.



Workshop Session D1

From Mental Health Disparity to Health Care Reform Equity: Lessons Learned from the California Reducing Disparities Project API Workgroup



C. Rocco Cheng, PhD

*Corporate Director of Prevention and Early Intervention Services
Pacific Clinics*

Description:

The California Reducing Disparities Project (CRDP) is one of the largest investments in the culturally diverse communities in the nation. It is designed to study the reasons and solutions for mental health disparities. The workshop will share information gathered from 23 focus groups plus many interviews, surveys, and meetings in the Asian American, Native Hawaiian, and Pacific Islander (AANHPI) communities. Main findings about the barriers to utilize the public mental health service will be examined to see the interrelationship between these barriers and cultural beliefs and value systems. Through these analyses, the presenter will share potential approaches that counties and communities can use to address and reduce disparities in the AANHPI communities. Another component of the workshop will be to link the CRDP-API workgroup findings to the Affordable Care Act (ACA). Major principles of ACA (e.g., access, quality of services, and reduction of health care cost) and how these relates to the findings of the CRDP will be discussed. Finally, community access points and resources in the AANHPI communities will be shared.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Apply criteria and standards recommended by the CRDP API workgroup to enhance the sensitivity and proficiency in their agencies while working with API communities.
2. Understand various ways to examine and select promising programs to implement in their local communities.
3. Gain a better understanding of the implication of applying the principles to ensure a more successful implementation of the ACA.

PARTICIPANT NOTES:



Workshop Session D2

Mental Health in Schools Building a Continuum of Healthcare & Education Systems

Bruce Wheatley
President/CEO
Inner City Industry, Inc.



Description:

As a major systemic transformational change mechanism for whole school-district reform PEER EMPOWERMENT was developed as a best practice and strategy to develop culturally competent health and human service professionals to reduce disparity in underrepresented ethnic communities. Mr. Wheatley will present PEER EMPOWERMENT as a critical systems restructuring method to simultaneously provide employment and services in low income communities to reverse poverty and poor health and education outcomes. Invisible Reality: Connecting the dots for community well-being, Community Dynamics Eliminating Mental Health Stigma, PEER EMPOWERMENT: Reversing Generational Poverty via a Cultural Competent System Design, and Developing systems of prevention, early intervention, and care in K-12 education. Research and development of culturally competent evidence based interventions. Continuum of Healthcare and Education Systems: Reducing Ethnic Disparity Building a Comprehensive System of Learning Supports. Facilitating Systemic Transformational Change via Social Marketing Techniques.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Identify barriers that increase mental health stigma and challenge community well-being.
2. Understand insight into establishing a cultural competence service delivery system.
3. Be inspired to mobilize their agency and citizens for education reform advocacy.



PARTICIPANT NOTES:



Workshop Session D4

Ethnic Beauty and Internalized Oppression: Open Wounds

Barbara Ann White

Diversity & Multicultural Coordinator
City of Berkeley Mental Health



Description:

This workshop will explore the correlation between western standards of beauty for women and internalized oppression. This presentation will provide an opportunity for participants to look at the social construct of beauty in Western society and to examine the damaging effects it has on the mental health and the well-being of women of color, in particular African American women. This workshop will use a Multi-sensory approach to include, a PowerPoint presentation, lecture and group discussion, individual and small group exercises, and handouts. The workshop will provide an overview of history, values, customs, and healing approaches for women of color, as it relates to societal standards of beauty. This presentation will increase a participant's knowledge-base about Western societal standards of beauty and standards of beauty from other cultural and ethnic groups. Attendees will also gain skills and techniques that can be used to address internalized oppression with women of color.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Understand the difference between Societal Standards of Beauty versus Individual Standards of Beauty.
2. Understand the signs of Internalized Oppression and Methods to overcome internalized oppression.
3. Address their biases, as it relates to societal standards of beauty.

PARTICIPANT NOTES:



Workshop Session D5

African Dance Movement & Drum Combined with Narrative Therapy Techniques on the Mental Health Care and Community Well-Being of African Americans

*Terraza
Ballroom*

Suzanne Forbes-Vierling, PhD

*Department Chair, College of Behavioral Sciences & Psychology
Argosy University, San Diego*

Benjamin Swearingen

*Instructor
Drum Facilitator*

Nana Obrafo Yaw Asiedu

*Instructor
Drum Facilitator*

David Hilal

*Instructor
Drum Facilitator*

Jan Martin Vierling

*Instructor
Drum Facilitator*



Description:

Many African Americans were brought from Mali, Guinea and Senegal to the Americas during the North Atlantic slave trade. Normal life in African countries included the gathering of the community to receive and deliver information orally. The use of the Oral tradition was sometimes accompanied with music, movement and drumming as a way to mark meaning to community gatherings (weddings, funerals, rites of passage.) Sending messages with the use of the drum and maintaining the oral tradition in healing medicines, music, politics and day to day life. The African continent and its roots provide the foundation for all that African Americans now utilize as culturally specific ways and manners of conducting normal life: the Oral tradition, transformation of the Church, Storytelling, and memorized by communities who gathered frequently.

This workshop shares with you the work that can be done with rhythm, music, the spoken word, an infusion of Narrative therapy techniques and movement. This workshop also addresses how the diversity of African ethnic dance styles and rhythms may have therapeutic implications and psychological benefits. These dance forms promote mental health and wellness - In particular the use of the community circle and while participating in movement. That the drum, synchronized movement and rhythm, are ancient healing tools that should be incorporated with modern healing practices to support mental health and positive well-being.



Workshop Session D6

Promotores de Salud as New Approach to the African American Community in the County of San Bernardino

Portofino

Alexander Fajardo

*Executive Director, El Sol Neighborhood Educational Center
El Sol Neighborhood & the African American Mental Coalition*

Linda Hart

*President, African American Mental Health Coalition
The African American Mental Coalition*

Description:

This presentation addresses the role of Promotores in advancing the mental health of Latino and African American communities in the San Bernardino County, and the opportunities for partnering with Promotores in Prevention and Early Intervention. Because of the success of the Promotores Program in the Latino Community, a new approach was developed to expand the model to the African American community which led to the development of a new partnership between the El Sol Neighborhood Educational Center (CBO) and the African American Mental Health Coalition.

Attendees will learn about how El Sol Neighborhood Educational Center (CBO) and the African American Mental Health Coalition are working together to implement this new approach.

The facilitators will talk about: (1) The Promotores de Salud Model, (2) Implementation of the program to African Americans, (3) Cultural Challenges among partners and (4) discussion of Lessons Learned.

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Understand the importance of Promotores de Salud Program as one of the most effective ways to decrease stigma, increasing access to mental health care, increasing prevention of mental illness and promoting wellness among Latinos and African American.
2. Understand the importance of an effective partnership between ethnic groups to implement Promotores in mental health for the African American community.
3. Understand the importance of community ownership of the Promotores program, from creation and implementation to measuring effectiveness and presenting the results.

PARTICIPANT NOTES:



Workshop Session D7

Communicating is More Than Translating



Simon Dixon
CEO
Idea Engineering

Luis Tovar, MPA
Ethnic Services Manager
Ventura County Behavioral Health

Description:

1. Introduction– “Media Marketing Strategies: Why These Make Sense” – Luis Tovar, Ethnic Services Manager
 - a. County mental health systems should consider the role and place of media marketing strategies in the delivery of mental health services to meet the diverse make up of communities across California.
2. “Communicating is More Than Translating”– Simon Dixon, CEO, Idea Engineering
 - a. Idea Engineering’s approach and process to develop resonant communications
 - b. VCBH’s Wellness Everyday / Salud Siempre Campaign
3. Campaign learning / results
 - a. What’s next
 - b. VCBH’s Mixteco Spanish language photo novella
 - c. Tri County GLAD’s deaf and hard of hearing brochure

OBJECTIVES

As a result of attending this workshop, participants will be able to:

1. Discover how culturally relevant media messages targeted to underserved groups can be an effective tool to increase awareness of mental health prevention and services.
2. Understand the value of a media campaign in connecting with and influencing these segments.
3. Increase their knowledge about community access points and resources to increase the access to behavioral health services.

PARTICIPANT NOTES:



Closing Session

Closing Session:



Gloria Morrow, PhD
Clinical Psychologist & President
GM Psychological Services

Dr. Gloria Morrow is one of the nation's leading clinical psychologists, who devoted her early career to teaching students in undergraduate and graduate psychology programs. As an academician, clinician and author, her teaching, counseling and books have helped thousands of people find true inner healing. As a top-rated professional with profound insight in her trade, she has been featured in a host of newspapers, (such as the award-winning Inland Valley News, an African American weekly). Dr. Gloria is a Master Trainer for the CBMCS (California Brief Multicultural Competency Scale) Training Program, and she helped to develop the training curriculum.

Closing Remarks:

Alfredo Aguirre, LCSW
Director, Behavioral Health Services Division
County of San Diego Health and Human Services Agency

2:30PM – 3:15PM

in the

*International
Ballroom*



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Keynote Speaker Biographies

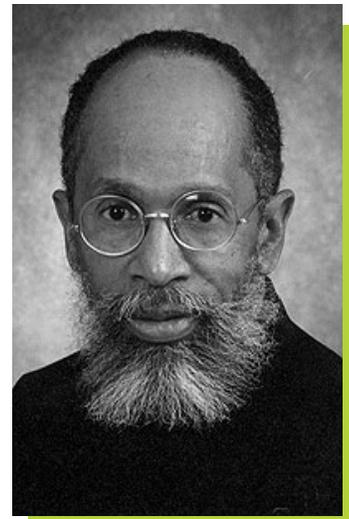
Dr. King Davis

2008 Knee/Wittman Lifetime Achievement in Health & Mental Health Practice

King Davis has made exceptional contributions in the field of Health and Mental Health throughout his professional career, spanning more than three decades.

Since January, 2000, Dr. Davis has held the Robert Lee Sutherland Chair in Mental Health and Social Policy at the University of Texas at Austin, School of Social Work. His research and teaching at the university have focused on public mental health policy, the provision of culturally competent mental health services, health care for the mentally ill and disparities in rates of illness and services for people of color. From 2003-2008, Dr. King also served as the Executive Director of the Hogg Foundation, which awards grants and manages programs to improve mental health research and services in Texas. In these influential roles, Dr. King has impacted mental health policy, research, and practice on both a statewide and a national level.

Prior to his service in Texas, Dr. Davis was appointed Commissioner of the Department of Mental Health, Mental Retardation and Substance Abuse Services for the Commonwealth of Virginia by Virginia Governor L. Douglas Wilder. Previously, he served as its director of community mental health services. Dr. Davis' academic experience has included service as the William and Camille Cosby Chair in Social Work at Howard University and the Libra Chair in Public Policy at the University of Maine, School of Business. He also has served as the John Galt Chair in Public Mental Health at the University of Virginia's Department of Psychiatry. Dr. Davis has held academic appointments at Washington University in St. Louis, Virginia Commonwealth University, Eastern Virginia Medical School and Norfolk State University.



Dr. Davis received his PhD from Brandeis University, Florence Heller School for Social Policy and Management, and his MSW from California State University Fresno, School of Social Work. He has written and published numerous articles and reports on mental health, fund raising, managed health care and social justice. His book, *The Color of Social Policy*, was published in 2004. He recently served on the Surgeon General's Workgroup on Mental Health, Culture, Race and Ethnicity and in 2003 helped write the report on cultural competence for the President's New Freedom Commission on Mental Health. He has presented his research findings at conferences and workshops throughout the nation.



**Rachel Guerrero,
LCSW**

**Ret. Chief of the Office of Multicultural Services,
CA State Department of Mental Health**

Rachel Guerrero, LCSW, is a bilingual, bicultural Latina social worker with over thirty years of experience in the mental health field. In 1998, she was appointed chief of the Office of Multicultural Services for the California Department of Mental Health, where she led the state's efforts to develop culturally and linguistically competent mental health policies, programs and services at both the community mental health level and within the state hospital systems.

Prior to retiring from DMH she helped secure support for funding of the CA Reducing Disparities Project. The focus of this \$60 million dollar project is to identify Community Defined Evidence models for five racial/ethnic and cultural populations as a way to identify and support treatment approaches that are culturally and linguistically competent and seek solutions for reducing disparities.

In 1999 she received a national leadership award for her pioneer work in cultural competence from Georgetown University and in 2002 she received the CA Statewide Mental Health Cultural Competence Leadership award.

Ms. Guerrero currently manages her own national consulting and training practice, Guerrero Consulting Group, in Sacramento, California.





Plenary Speakers Biographies

Primary Authors of the California Reducing Disparities Project (CRDP) Populations Report:

Sergio Aguilar-Gaxiola, MD, PhD

Director

Center for Reducing Health Disparities, UC Davis, School of Medicine

Sergio Aguilar-Gaxiola, M.D., Ph.D. is Professor of Clinical Internal Medicine, School of Medicine, University of California, Davis. He is the Founding Director of the Center for Reducing Health Disparities at the UC Davis Health System and the Director of the Community Engagement Program of the UCD Clinical Translational Science Center (CTSC) and co-chair of the NIH's Community Engagement Key Function Committee for the NIH-funded Clinical Translational Science Awards (CTSAs). His applied research program has focused on identifying unmet mental health needs and associated risk and protective factors to better understand and meet population mental health needs and reduce mental health disparities in underserved populations. He is very actively translating mental health and substance abuse research knowledge into practical information that is of public health value to consumers, service administrators, and policy makers.

C. Rocco Cheng, PsyD

Corporate Director of Prevention and Early Intervention Services

Pacific Clinics

Dr. Cheng is the Corporate Director of Prevention and Early Intervention Services at Pacific Clinics. He is responsible for planning and coordinating PEI services for various ethnic and age groups in the Clinics' five-county service area. A licensed clinical psychologist since 1996, he has directed several federally funded prevention projects from 1994 to 2007.

Dr. Cheng has served on two committees for MHSOAC and has directed the API portion of the California Reducing Disparities Project. Additionally, he participates in two statewide Stigma and Discrimination Reduction Projects with NAMI-California and Mental Health America. He is a steering committee member of the Mental Health and Spirituality Initiative, and Treasurer of REMHDCO.

Poshi Mikalson, MSW

LGBTQ Reducing Disparities Project Director

Mental Health America of Northern California

Poshi Mikalson is the Project Director for the Lesbian Gay Bisexual Transgender and Questioning (LGBTQ) Reducing Disparities Project through Mental Health America of Northern California in collaboration with Equality California Institute. Ms. Mikalson has focused her career on improving mental wellness for LGBTQ communities. In addition, she conducts LGBTQ Awareness trainings throughout California in order to increase awareness, sensitivity and knowledge of LGBTQ mental health needs. Ms. Mikalson holds a Masters in Social Work from CSU Sacramento. She resides in Woodland with her family and multiple rescue animals.



Kurt Schwegman, MPH

Project Manager

Native American Health Center

Kurt Schwegman is a member of the Lakota Tribe and is the Project Manager for the California Native American Reducing Disparities Project (also known as the Native Vision Project) with the Native American Health Center. He has been the project lead to engage the 8-member Native American Strategic Planning Workgroup Advisory Committee as well as Native American communities statewide for input toward the Native American Strategic Planning Workgroup Report and the California Reducing Disparities Project next phase activities. Kurt has over 20 years of experience working in American Indian specific public health.

V. Diane Woods, PhD, MSN

President/CEO

African American Health Institute - (AAHI - SBC)

V. Diane Woods, PhD has an earned doctorate in public health, social research and social policy from Loma Linda University. Her current academic appointment is Assistant Research Psychologist at the University of California in Riverside (UCR). Dr. Woods is the Founding President/CEO of the African American Health Institute of San Bernardino County. She has 35 plus years in public health, conducting community participatory research and translational research funded by NIH, CDC, The California Endowment, California Wellness Foundation, and others. Dr. Woods is lead investigator and Director of the California Reducing Disparities Project (CRDP) for the African American Population.



Speaker Biographies

E. M. Abdulmumin, PhD

Executive Director

The DuBois Institute

Dr. E. M. Abdulmumin is a licensed clinical psychologist specializing in youth prevention and forensics. He is the Founder/CEO of the DuBois Institute, Riverside California. He earned his PHD in Social Ecology, UCI, 1982. He is a UCR Emeritus. He has worked as a psychologist at Riverside County Department of Mental Health, California Department of Corrections/Rehabilitation and the UCR counseling center. He has over 30 years designing/implementing intervention programs for undeserved youth. He is currently Director of the Building Resilience in African American Families, a PEI Mental Health Contract. Recipient of the CAHRO Civil Rights Leadership Award-2006 and the BlackVoice News Community Builder Award-2009.

Sharon Adams, PhD

Dean

Student Services Sierra College

Dr. Sharon Adams currently serves as the Dean of Student Services at Sierra College in Rocklin, CA. She has done extensive research in the areas of organizational forgiveness and conflict resolution in the workplace. She has traveled extensively and has studied large scale forgiveness models to include the Truth and Reconciliation Council and its role with the Apartheid government in South Africa. She holds a Master's degree in Counseling and a Doctorate degree in Educational Leadership.

Carlos Alcazar

President & CEO

Hispanic Communications Network (HCN)

Carlos Alcazar is a native Californian, UCSD graduate, and leads a national media company with core audiences in top Hispanic states like California. As a multicultural media and marketing expert, he has built and manages the largest social and cause marketing media firm targeting Latinos. Previously, Carlos led large media companies like Pearson and Viacom in launching media ventures worldwide. Carlos is a regular speaker on multicultural marketing, media, and education issues. He started his career as a teacher in South Central Los Angeles and now uses mass media as the platform to make his classroom bigger.

Leon Altamirano, PsyD

Supervisor

Department of Prevention, Intervention and Mental Wellness, Southern Indian Health Council, Inc.

Dr. Altamirano is currently the Mental Wellness Supervisor for Southern Indian Health Council (SIHC). SIHC provides healthcare services to seven American Indian tribes. He is a Certified Domestic Violence Supervisor, Certified Suicide Prevention Trainer, a member of the SD City College Public Mental Health Advisory Board and the California Suicide Prevention Network Task Force. Dr. Altamirano also provides organizational consultation services on cultural competence, child custody, mental competence and behavioral health integration into primary care, among other topics. Dr. Altamirano is committed to public health, BH integration and the tenets of the patient-centered medical home model of healthcare.



Tomás Alvarez III

Founder/CEO

Beats Rhymes and Life, Inc.

NBC Latino recently named Tomás Alvarez III one of the country's Top 20 Innovators of 2012 for his groundbreaking work using Hip Hop culture as a vehicle for healing and mental health. His 'Rap Therapy' program model has been identified as a Community Defined Practice for Transitional Age Youth of color at the state and county level. Tomás is Founder and CEO of Beats Rhymes and Life, Inc., a 501c3 organization that operates Rap Therapy programs in Oakland, San Francisco and the South Bronx, New York. He is a published author and one of the producers of a recent film entitled, A Lovely Day, which documents the stories of a group of youth in Oakland using Hip Hop to transform their lives and community. Tomás also serves as the co-chair for the Advisory Committee for the Center for Multicultural Development based out of the California Institute for Mental Health.

Myriam Aragon

Program Manager Cultural Competence

El Sol Neighborhood Educational Center and the County of Riverside Department of Mental Health

Myriam received her doctoral degree in Clinical Psychology from the University of Valle, Colombia, S.A. and is a Licensed Marriage, Family Therapist in the State of California. She is the Cultural Competence Program Manager for the County of Riverside Department of Mental Health. During the last 20 years she has dedicated her career to participating in the development of quality cultural and linguistic systems of care. As the chair of the Southern Region Cultural Competence/Ethnic Service Managers (ESMs) she is often called upon to represent the interest of cultural and ethnic groups that have been under-served or un-served in mental health systems.

Sally Douglas Arce

Principal

Arce Communications

Sally Douglas Arce, a UCB graduate and a SJSU graduate, was a journalist in print and electronic media before becoming a media relations, advocacy and marketing professional. With expertise in working with diverse ethnic, social, gender and spiritual communities, Sally has honed the craft of developing concise, engaging, culturally-grounded messages. She is dedicated to fostering a genuine diversity of media voices and perspectives including her behavioral health campaigns for the U.S. Department of Veterans Affairs, Marin and San Mateo Counties, as well as organizations such as California Reducing Disparities Project's African American & Native American Strategic Planning Workgroups and others.

Anette Asher

CEO

The Glenner Memory Care Centers

Anette Asher joined the Glenner Memory Care Centers as CEO in April. This 30 year old organization serves caregivers and their loved ones with Alzheimer's, Dementia, Parkinson's and other memory disorders. Previously Anette was CEO and Board of Directors for Life Science Information Technology Global Institute and has been in healthcare and life sciences for most of her career.



Rachel Bentley, MSW

Supervisory Social Worker

Department of Veteran Affairs

Rachel Bentley is a supervisory social worker at the VA Loma Linda Healthcare System. She is a co-team leader for Integrated Primary Care and Mental Health Program, and is trained in several evidence based practices with veterans. She is also an instructor for the University of Phoenix.

Marva Bourne, DMFT

Mental Health Clinician

Perris Valley Recovery Programs, Inc.

Dr. Marva Bourne has been a Marriage and Family Therapist for over nine years. She received her Doctor of Marriage and Family Therapy degree from Loma Linda University. Currently she is a mental health clinician for three Prevention, Education, and Intervention (PEI) programs. In that capacity, she teaches effective parenting methodology for parents raising children of African American descent. She is a contributor to the statewide California Reducing Disparities Project (CRDP). Her field of expertise involves the impact of devaluation, disruption of community, and dehumanization of loss on teens, and how these affect their transition into young adulthood.

Andre J. Branch, PhD

Associate Professor of Education

San Diego State University

Dr. André J. Branch is a professor of Multicultural Education at San Diego State University. He earned the doctorate at the University of Washington where he focused on curriculum development and ethnic identity. He earned a Master's Degree in Counseling at North Carolina State University, where one of his foci was agency counseling. Having worked and/or studied on five continents, Branch has held numerous professional positions including teacher, counselor, college administrator, and Principal of Cultural Diversity Associates; a consulting firm that provides workshops in valuing cultural differences for schools, government agencies, and businesses in the public and private sectors.

Edwina Browning-Hayes

Program Coordinator/Manager

Project Return Peer Support Network

Edwina Browning-Hayes manages the Stigma Discrimination Reduction program for Project Return Peer Support Network. Working in conjunction with The California Center for Dignity, Social Inclusion & Stigma Elimination, Edwina believes in working from a family focused, strength-based prospective to enhance service delivery and promote self-actualization empowerment through Advocacy Support Services, WRAP Facilitation and Self-Help Groups to identify promising practices and promote best practices of programs that address stigma and discrimination reduction. She has also served as a member on the Mental Health Services Act Committee. She has a Bachelor's in Human Service and a Master's in Business Administration.

Chuck Cadotte

Lakota Nation

Standing Rock Reservation in North Dakota

Mr. Chuck Cadotte is a federally recognized tribal member of the Lakota Nation, Standing Rock reservation in North Dakota. He has been involved with the American Indian community in San Diego County for over 30 years and currently works with a Federal Program to help American Indians with disabilities get back into the workforce. He serves as Treasurer for the Board of Directors of the Indian Human Resource Center. His community involvement also includes serving as Native American



consultant with San Diego City School District Title 7 Johnson O'Malley program to teach urban American Indian students cultural dances of their ancestors, also known as Powwow dancing. Mr. Cadotte is at most, one of the very few American Indian urban elders called upon to provide prayers of blessing in many American Indian and non-Native events. His cultural and traditional knowledge is commendable and respected within the American Indian community of San Diego County.

Ruben Cantu

Program Director

CA Pan-Ethnic Health Network

Ruben Cantu is the Program Director at the California Pan-Ethnic Health Network (CPEHN), a statewide organization working to improve the health of communities of color in California. He is a graduate of the University of Houston. Program Director since 2007, Ruben oversees program activities to inform and support CPEHN's policy efforts. He is the liaison to CPEHN's constituent base, community organizations serving communities of color. Since 2010, Ruben has been the Facilitator/Writer for the California Reducing Disparities Project (CRDP) statewide strategic plan, working with community partners to develop a plan to reduce mental health disparities in underserved populations in California.

Veronica Cardenas, PhD

Assistant Clinical Professor

University of California, San Diego

Veronica Cardenas, Ph.D. is a bilingual licensed Clinical Psychologist and Professor at the University of California, San Diego. Dr. Cardenas has spent most of her career studying and developing effective mental health treatments for older adult Latinos and their families. She has also written several publications on the effective use of diagnostic tools for severe mental illness. Dr. Cardenas is currently involved in several large programs being offered throughout San Diego County that teach effective strategies to care for one's mental health so as to maintain good overall physical health.

Corinne Contreras

Mental Health Educator

Pacific Pride Foundation

Corinne Contreras is the Community Mental Health Educator for the Pacific Pride Foundation. Pacific Pride Foundation proudly provides services to the HIV/AIDS and LGBT communities of Santa Barbara County. All of our programs are free or low cost and offered in English and Spanish through our offices in Santa Barbara and Santa Maria. Pacific Pride has always been committed to building a safer, healthier, and more inclusive community. Our advocacy work lends a voice to LGBTQ issues and equality. Our specialized services target unique populations and sensitive subjects. And our social events foster pride in our community.

Ericka Cordero

Prevention Specialist

UPAC

Ericka Cordero was born in Mexico City but grew up in the Barrio Logan area of San Diego. During her youth, she experienced a multitude of challenges including a gang environment and being a part of a tagging crew. After a close friend was stabbed, she chose to change her life and started by converting a 0.87 GPA to a high school diploma. Since then, she has dedicated her life to helping youth and families for over six years now. She received her A.A and B.A in Criminal Justice, and is currently working on her Master's Degree in counseling.



Lisa Covington

Prevention Specialist

UPAC

Lisa Covington, M.A. is a native of Pittsburgh, Pennsylvania. Lisa has worked in youth development for over ten years and her approach is rooted in research and lived realities. A graduate of Clarion University of Pennsylvania, Lisa studied Communications and Sociology, with a Masters in Women's Studies. Lisa's research focus is the resilience of inner city lives of African American girls. As a professor at San Diego State University, Lisa's courses are focused on getting students involved outside of the classroom. Lisa facilitates groups for girls of color in California, Pennsylvania, New Jersey, New York and Washington, D.C.

Gigi Crowder

Ethnic Services Manager

Alameda County Behavioral Health Services

Gigi R. Crowder, L. E. a native of Oakland, CA is the mother of two biological children; 20 years old twin boys, and has served as a foster mom and mentor to many more through divine interventions. Gigi is the Ethnic Services Manager for Alameda County Behavioral Health Care Services and has worked in the Behavioral Health Care field for more than 25 years after completing her studies at the University of California, Berkeley. As a family member of several loved ones who have received private and public mental health services she is a strong advocate for promoting culturally congruent behavioral health services for all consumers and family members.

Gigi works hard to promote the use of community defined strategies for un-served, underserved and inappropriately served communities. Her current focus is addressing the needs of "At Promise" African American males by utilizing upstream approaches. Gigi serves in leadership roles on several state wide committees; Social Justice Advisory, Ethnic Services and the Statewide Spirituality Initiative Steering Committee. One of the highlights of her career is being inducted in the Alameda County Women Hall of Fame for her work in developing programs to enhance employment opportunities for individuals with psychiatric challenges.

Dante R. Daus, JD

Program Supervisor

UPAC

Dante Daus was born and raised in the South Bay region of San Diego, and continues to live in the area. He has worked closely in City Heights and Southeast San Diego for over 12 years collectively as a Probation Officer, Community Advocate, and concerned citizen. He has worked with thousands of residents across a broad cultural spectrum with an emphasis on delinquent youth. Dante Daus received his Bachelor's Degree from San Diego State University in Criminal Justice and his Juris Doctorate from Thomas Jefferson School of Law. Currently, he is Program Supervisor for the Alliance for Community Empowerment (ACE Program).

Dan Dickerson, PsyD

Assistant Research Psychiatrist

The University California Los Angeles

Dan Dickerson is Inupiaq and is an Assistant Research Psychiatrist with the University California Los Angeles and addiction psychiatrist with United American Indian Involvement.



Simon Dixon

CEO

Idea Engineering

Over 20 years ago, Simon Dixon founded a promotional advertising and media brokering agency in Washington D.C. He merged his firm with Santa Barbara based advertising agency Idea Engineering in 2006 and has helped to shape the company into a national, multi-faceted strategic and creative branding, design and marketing agency. He, his partners, and their talented roster take companies, products and initiatives all the way from naming and brand creation through to website and print design, advertising, media creation, and social media campaigns. Idea Engineering creates innovative, approachable and aspirational solutions to complex communications. Among his many other endeavors, Simon serves on the board of directors of Women's Economic Ventures in Santa Barbara and enjoys delivering lectures on marketing and personal inspiration.

Alexander Fajardo

Executive Director

El Sol Neighborhood and the African American Mental Coalition

Alexander has studied marketing and counseling, and is now working towards a Master's degree in Clinical Psychology. He is an experienced, leader, consultant and active member of the community; having created and implemented several programs for the Latino/Hispanic communities. He is bilingual and oversees all aspects of the Promotores program to ensure growth and subsequent further positive impact on the communities. Last year Alexander was elected President of the Latino Coalition in the County of San Bernardino.

Suzanne Forbes-Vierling, PhD

Department Chair

College of Behavioral Sciences and Psychology, Argosy University, San Diego

Suzanne Forbes-Vierling, Ph.D. is currently the Chair of the College of Behavioral Sciences and Psychology at Argosy University. She has been a mental health provider and administrator working within multiple systems of care. Dr. Forbes-Vierling is a member of the American Dance Therapy Association and the Association of Black Psychologists. She is also a choreographer, and has studied West African dance and music for over 20 years.

Mary Ann Franco, EdD, CP, LMFT

Clinical Director

Bayfront Youth and Family Services

Dr. Franco migrated to the US in 1996 with her family. She pursued her MA degree in MFT in 2004, and completed her Doctoral degree in Education in 2011. She is currently working for a level 14 residential facility Intensive Outpatient Program as a Clinical Director and has a private practice in Long Beach, CA. She did her dissertation on "Therapist Characteristics that Filipino Americans Perceive as Salient Factors in Effective Psychotherapy." Dr. Franco is a Clinical Director at a county contracted agency and she has a private practice in Long Beach, CA.



Dixie Galapon, PhD

UPAC Mental Health Director

Union Of Pan Asian Communities

Dr. Dixie Galapon works as the Director for Mental Health Services for the Union of Pan Asian Communities (UPAC). Dr. Galapon is a clinical psychologist and has been with UPAC for over 14 years. She is strongly committed to serving the needs of all diverse communities, with a particular emphasis on serving the needs of the Asian/Pacific Islander communities, as well as other refugee and immigrant communities. Dr. Galapon has memberships with the County of San Diego, Health and Human Services Agency - Cultural Competence Resource Team (CCRT), which contributes to policy-making for HHS mental health beneficiaries in San Diego County; as well as REMHDCO (Racial/Ethnic Mental Health Disparities Coalition), which is a State-wide coalition on disparity issues within mental health. Dr. Galapon is also a co-founder and member of the Coalition for Abused Refugee and Immigrant Women (CARI). Through the California Reducing Disparities Project- Asian/Pacific Islander Communities, she functioned as the Regional Lead for San Diego and Orange County. She also operates as a cultural competency consultant with NAMI California for a Statewide PEI Project on Stigma & Discrimination Reduction.

Angelica Garcia

Senior Program Manager

Project Return Peer Support Network

As a Senior Program Manager for Project Return Peer Support Network, Angelica Garcia oversees El Centrito de Apoyo, a Spanish language client-run center, the Warm-Line, and the Community Integration Program. Garcia's goal is to introduce mental health services into cities which comprise the largest concentration of Spanish speaking communities. Garcia is passionate about reducing stigma, strengthening families and communities that are affected by mental illness. Angelica is a certified WRAP facilitator through the Mary Ellen Copeland Center and a certified Procovery Facilitator through Procovery Institute. Angelica was published in the publication, "What's Working Well" Summer 2012 Volume 2, Issue 1.

Luis Garcia, PhD

Vice President

Latino Program Development

As Vice President of Latino Program Development for Pacific Clinics, Mr. Garcia develops culturally competent programs that focus on Latino client and family needs. He has helped create a Clinics school-based program addressing suicide prevention for Latino children and adolescents, including individual, family and group services. He also coordinates the development of trainings, conferences, and educational material for mental health professionals, clients, and families. Dr. Garcia received a Psy.D. Degree from Newport University, and previously earned a B.A. in Psychology from the University of Southern California. He was awarded a Ph.D. in Psychology from the University of Guadalajara, Jalisco, Mexico, and a Master's and Ph.D. in Gestalt Therapy from the Institute of Gestalt Therapy, Tijuana, B.C., Mexico. His areas of interest and expertise include socio-cultural and psycho-social factors influencing psychopathology, assessment, and interventions for Latinos. He is an active member of the Latino Behavioral Health Institute, Co-Chair of the California Latino Mental Health Concilio, Second Vice President of LATCO Latino Mental Health Council, H.O.T. (Hispanic Outreach Taskforce), and N.A.L.E.O. (National Association of Latino Elected/Appointed Officials Educational Foundation). Dr. Garcia is a strong proponent of networking with community leaders to promote mental health awareness among Latinos and throughout the nation. He has conducted presentations on mental health and co-occurring disorders throughout the state of California, nationally and internationally.



Mario Garrett, PhD

Professor of Gerontology

SDSU, School of Social Work

Dr. Mario Garrett is professor of gerontology at San Diego State University, having previously worked in England, Malta, Africa, China and Australia. He has an eighteen year unbroken history of federal funding working with indigenous groups. He specializes in aging issues.

Cindi Guz

Senior Behavioral Health Manager

Imperial County Behavioral Health Services

Cindy Guz is the Senior Manager for the Youth and Young Adults Division of Imperial County Behavioral Health Services (ICBHS). She obtained her Bachelor's in Science with dual majors in Psychology and English Literature from Drury College in Springfield, Missouri and her Master's Degree in Counseling from the University of Phoenix. The majority of her employment has been in the Adult Services Division beginning in 1997 as a case manager and becoming an administrator in 2001. As of August 2012, she was assigned to oversee programs for youth and young adults serving the ages of 14 to 25.

Agnes Hajek, MSW

Emass Program Manager

Union Of Pan Asian Communities

Agnes Hajek is an Associate Clinical Social Worker (ACSW) in California. She has 18 years of community organizing experience in the Philippines and more than 10 years of providing geriatric mental health services in San Diego as a medical social worker. She is currently the Program Manager of UPAC Elder Multicultural Access and Support Services (EMASS) Program utilizing a promotora model of reaching out to un-served and underserved ethnic communities in mental health services.

Suzanne Midori Hanna, PhD

Professor

Amridge University

Suzanne Midori Hanna, Ph.D., a licensed marriage and family therapist and educator for 30 years, is a member of the American Association for Marriage and Family Therapy (AAMFT). She specializes in home-based medical family therapy for those with HIV/AIDS, mental illness, and trauma-related experiences, using culturally appropriate evidence-based models. She has been a state-wide consultant on mental health disparities to the African American Health Institute in California. She has authored *The Practice of Family Therapy: Key Elements Across Models*, fourth edition (2007) and a forthcoming book, *The Transparent Brain: Neurophysiology in Couple and Family Therapy*.



Linda Hart

President of the African American Mental Health Coalition

The African American Mental Coalition

Mrs. Hart is one of the founders and current president of the African American Mental Health Coalition in San Bernardino. She is also an outreach worker with Inland Behavioral Health Services with more than 15 years of community engagement experience in prevention services specifically targeting African American populations to address physical and mental health disparities. Mrs. Hart is a certified CASASTART prevention specialist and has been trained in cultural competency by DBH. She has worked as a liaison between government officials and community members, case manager for substance individuals, and coordinator of various prevention programs.

Patricia Hilliard, MSW

Senior Mental Health Clinician

Survivors of Torture International

Patricia Hilliard is an MSW from San Diego State University who has been working for Survivors of Torture International as their Senior Mental Health Clinician since 2009. She has done international social work with her thesis project researching the mental health effects on victims of human trafficking. Prior to her work with SOTI Patricia served as a program manager for a Native American foster youth program within San Diego County.

Stacie Hiramoto, MSW

Director

REMHDCO

Stacie Hiramoto, MSW, has been a mental health advocate for many years. She has been a registered lobbyist and a Capitol staffer, focusing on mental health legislation. She is currently the Director of the Racial and Ethnic Mental Health Disparities Coalition (REMHDCO). REMHDCO has been successful in affecting statewide MHSA policy and administration from a community perspective. In 2010, REMHDCO was awarded the statewide contract for the California MHSA Multicultural Coalition (the CMMC), a component of the California Reducing Disparities Project. She hopes to see more participation by county ethnic services managers with the CMMC in the future.

Michael Horn

Director

Imperial County Behavioral Health Services

Michael Horn is the Director of Imperial County Behavioral Health Services (ICBHS). His education includes a Master's Degree in Management from the University of Redlands, and a Master's Degree in Marriage and Family Therapy from United States International University in San Diego. He has been the Director of ICBHS since 1999, and he is proud to say that since becoming the director the department has grown to over 300 employees. He has developed and implemented culturally competent programs for adults, children, adolescents and families residing in Imperial County.



John

Team Lead

Orange County Wellness Center

John mentors peers and currently serves as a Team Lead at the Orange County Wellness Center via Providence Service Corporation. He also teaches the Provider Course and presents in Our Own Voice to the community for National Alliance on Mental Illness (NAMI)-Orange County.

Carrie Johnson, PsyD

Licensed Clinical Psychologist

United American Indian Involvement

Carrie Johnson is Wahpeton Dakota and is a Licensed Clinical Psychologist with United American Indian Involvement. She is the director of the Seven Generations Child and Family Counseling Program.

Kevin T. Kirkpatrick

Executive Vice President/Principal

Metropolitan Group

Kevin T. Kirkpatrick has 25 years of experience in social marketing, public will building, issue and message framing, strategic planning, and public policy advocacy to help clients achieve measurable, sustainable social change. Kevin is a nationally recognized specialist in public and mental health communication for the purpose of motivating changes in cultural norms and expectations, policies and systems, and individual behavior. The head of Metropolitan Group's Chicago office and a leader in our strategic communication practice, Kevin has led two initiatives focused on addressing the unique mental health needs and challenges of Latinos.

Karan Kolb

Director of Social Services

Indian Health Council, Inc.

Karan Kolb is the Director of Social Services for Indian Health Council, Inc. in Pauma Valley, California which provides full service medical, dental and social services to nine sovereign tribes in San Diego County. Karan directs the Tribal Family Services department and is also part of the Prevention and Early Intervention Program Director team that has integrated the PEI throughout the health care facility for successful integration of services throughout all departments. The PEI program has experienced much success operating together as the "Dreamweaver Consortium" to prevent the early onset of mental health disease. Teaming up with other Tribal health care facilities has made a huge impact on the Native American community de-stigmatizing mental health disease and increasing access to services.

Nicole Lehman

Director of the Recovery Education Institute

Pacific Clinic

Nicole Lehman earned her Master's degree in Social Work at the University of Southern California (USC) and currently serves as Director of the Recovery Education Institute via Pacific Clinics. She oversees peer/student advisement and curriculum for pre-vocational workshops and college-level courses offering via Saddleback Community College, Santiago Canyon College and the Centennial Education Center.



Minni Lucas

Outpatient Recovery Services Coordinator

OC Mental Health Association

Minni Lucas currently serves as an Outpatient Recovery Services Coordinator at Mental Health Association-Orange County, Genealogy consultant and an active community volunteer with the Boys Scout and Orange County Stigma Elimination Task Force.

Elizabeth Lugo, MD

Project Supervisor

San Ysidro Health Center

Dr. Lugo is both bilingual/bicultural and earned her Medical Degree in 2000 from the University Autonomous of Guadalajara, Guadalajara, Jalisco. In 2007, she acquired a Bachelor's degree in Science from Inter American College, National City, CA. Dr. Lugo worked as an Emergency MD in Tijuana and then in 2007 started working with San Ysidro Health Center (SYHC), a federally qualified community health center. At SYHC she has supervised multiple mental and physical health programs including IMPACT and patient education programs regarding chronic disease management. She is currently the supervisor for the Salud Program, a diabetes and depression intervention for Hispanic elders.

Dretona Maddox, RN, MSW

Mental Health Clinician, ROP

Family Health & Support Network, Inc.

Dretona Maddox, RN/MSW received advanced training in the care of critically ill and premature newborns in the Neonatal Intensive Care Unit (NICU) from Loma Linda University Children's Hospital. In addition to Dretona's nursing career, she has gained skills through her training and experience as a MSW with a sub-specialty in Community, Organization, Planning, and Administration (COPA). Her combined skills as a RN/MSW are enhanced by a special interest in health disparities experienced by the African American community and her training as a Public Health Nurse. Currently, Ms. Maddox is the Mental Health Clinician for the Building Resilience in African American Families PEI programs for the Desert Region.

Carolyn Murray, PhD

Full Professor

University of California (UCR), Dept. of Psychology

Carolyn Bennett Murray, Ph.D., is currently a Full Professor in the Psychology Department at the University of California, Riverside. She received her Ph.D. from the University of Michigan, Ann Arbor. Dr. Murray was awarded a four year grant from the National Institute of Child Health and Human Development, National Institute of Mental Health (NIMH) to conduct a pioneer longitudinal study of the socialization processes of African American families and their children. This study assessed the normal development processes of African American children and socialization techniques used by their families. Her most recent research has investigated understanding health and mental health-disparities.



Francisco Ortiz

Senior Behavioral Health Manager

Imperial County Behavioral Health Services

Francisco Ortiz is the Senior Behavioral Health Manager for the Adults Outpatient Services. He obtained his Master's Degree in Marriage and Family Therapy in 2003 from the University of Phoenix. He obtained a Psychiatric Technician Licensed in 1988 from Imperial Valley College. He also attended Medical School and obtained a general practitioner License in 1980 in the City of Mexicali, Mexico. Mr. Ortiz has 32 years of experience in the Medical and Psychiatric fields where he has developed and implemented culturally competent services for adults.

Lena Payne, MSW

Social Worker

Department of Veteran Affairs

Lena Payne is a licensed clinical social worker at the VA Loma Linda Healthcare System where she works with veterans living with Poly-trauma injuries including brain injury, amputations, and complex mental health. She is also an adjunct lecturer at University of Southern California MSW program, Military and Veteran Sub-concentration.

Lorna Pham, PsyD

Quality Assurance Director

Bayfront Youth and Family Services

Lorna Pham is a 1.5 generation Filipino American. She migrated to the US at the age of 12 with her brother and mother. She received her B.A in Sociology, at UCR, M.A in Psychology at Pepperdine, and PsyD at the Chicago School of Professional Psychology (TCSPP). Her dissertation focused on the implication of colonial mentality on 1.5 generation Filipino Americans and how it affected their identity development. She is currently working as a Quality Assurance Director for residential and WRAP Outpatient program. She gave presentations on Filipino American culture at TSCPP and wrote an article for Somatic Psychotherapy Today.

Minh-Ha Pham, PsyD

Research Analyst III

OC HCA/BHS/Center of Excellence

Minh-Ha Pham, Psy.D. currently serves in the Mental Health Services Act-Workforce Education and Training Program at the Orange County Health Care Agency, Behavioral Health Services-Center of Excellence for Education, Training, Research, and Advocacy. She also serves as a Faculty at the University of California, Irvine School of Medicine, Behavioral Health Sciences-Psychiatry Department and a member of the Orange County Stigma Elimination Task Force. Dr. Pham received her Doctorate in Psychology (Psy.D.) and Master of Arts in Marital and Family Therapy at Alliant International University.

Leticia Plancarte-Garcia

Senior Behavioral Health Manager

Imperial County Behavioral Health Services

Leticia Plancarte-Garcia is the Senior Behavioral Health Manager for Children and Adolescent Outpatient Services. She obtained her Master's Degree in Social Work from San Diego State University – Calexico Campus. She has been working for Imperial County Behavioral Health Services for over 20 years and has taken a lead role in the implementation of evidence-based models for children and adolescents. She was born and raised in Imperial County and has used her background and experience in the development and implementation of culturally competent services for children, adolescents and their families.



Mahvash Alami Rad, PhD

Program Manager

Survivors of Torture International

Mahvash Alami Rad, PhD, CPRP, received her degree in psychology from United States International University (currently Alliant International University) and has been licensed as a psychologist since 2004. She has worked as a clinician, educator, and consultant in clinics, hospitals, academic and private practice, working with various populations including the homeless, chronically mentally ill, immigrants, trauma survivors, and survivors of domestic violence. She obtained her certificate as a domestic violence treatment provider as well as certification in Psycho-Social Rehabilitation. Currently she is the Program Manager at Survivors of Torture, International since May 2011. She is bilingual and speaks Farsi (Persian).

Consuelo Razo, RN

Salud Project Lead

North County Health Services

Consuelo Razo, RN, is the bilingual Lead for the Salud Program at North County Health Services in San Marcos, CA. In this role, Consuelo supervises and coordinates the day-to-day processes of the Salud Program and team within the organization and community. A strong believer in the integration of primary care and behavioral health as the approach for treating a client as a whole, she enthusiastically supports programs such as the Salud program. Consuelo is currently working towards a higher degree in nursing and preparing to specialize in Diabetes Education.

Blessing A. Okoro Rellias, PhD, LMFT

Assistant Director & Clinical Supervisor

Perris Valley Recovery Programs, Inc.

Dr. Blessing Okoro Rellias has been a Marriage and Family Therapist for over 12 years. She received her PhD in MFT from Loma Linda University and is a candidate for PhD in clinical psychology. She has vast experience working with children, adults, couples, and families and currently works with the Cognitive Behavioral Intervention for Trauma in Schools, Effective Black Parenting, and Rites of Passage Programs. She has been a presenter at national and local conferences and taught at local universities. Her clinical, research, and teaching interests also include trauma, biopsychosocial/gene expression, collaborative health care, and health disparities among underserved and underrepresented populations.

Refujio “Cuco” Rodriguez-Rodriguez

Ethnic Services Manager

Santa Barbara County Behavioral Health

Refujio “Cuco” Rodriguez-Rodriguez is the Mental Health Services Act Division Chief for ADMHS and serves as the Ethnic Services Manager for the Department. Refujio has devoted the majority of his career to working with low-income families and children – and particularly with Latino fathers. He co-founded the Los Compadres program, a nationally recognized program serving high risk Latino young men. Refujio was born in Modesto, CA, with roots originating in Zacatecas, Mexico. He comes from a migrant fieldworker family and was the first in his family to graduate from high school and attend college. While growing up, Refujio participated in Migrant Head Start, Migrant Education, Affirmative Action, and the Educational Opportunity Program, which assisted him in achieving educational success. Refujio concluded his undergraduate studies at Cal Poly State University, San Luis Obispo, with a BS in Agricultural Engineering Technology. He also obtained a Master of Arts in Education with a concentration in Counseling and Guidance.



James (Diego) Rogers, PsyD

VP of Clinical Services

Community Research Foundation

James (Diego) Rogers, PsyD is the VP of Clinical Services for Community Research Foundation, a San Diego based non-profit mental health agency with 25 programs throughout San Diego funded primarily by the San Diego County Department of Behavioral Health, Health and Human Services Agency. Dr. Rogers helps develop and implement community-based mental health programs that utilize a Psychosocial Rehabilitation and Recovery philosophy, are culturally competent, and welcoming of individuals with co-occurring disorders. In 2004, Diego was trained by Drs. William Miller and Theresa Moyers as a Motivational Interviewing Network Trainer. Diego is also a part-time lecturer at San Diego State University in the Marriage and Family Therapy program and the Masters in Psychiatric Rehabilitation program.

Bobbi Fischer Rubinstein

Principal

Fischer Communications

Bobbi Fischer Rubinstein, Principal of Fischer Communications, has provided communications consulting and conducted numerous storytelling workshops for mental health providers, consumers and family members since 1984. She is a subcontractor with Entertainment Industries Council, which has a CalMHSA contract to encourage the media to develop accurate portrayals of mental illness, promote help-seeking behaviors, and reduce stigma, discrimination and service disparities among ethnic and cultural populations. Under this contract, Fischer Communications is responsible for outreach to journalists who reach un-served, underserved and inappropriately served populations, including African Americans, Latinos, Asian/API, LGBTQ, transition age youth and older adults.

Alison Solomon, MSS, LCSW

Clinical Program Manager for the UCSD Bridge to Recovery Program

UCSD

Alison Solomon, LCSW, is the Clinical Coordinator for the UCSD Bridge to Recovery program. She has an extensive background working in areas of mental health, co-occurring disorders, domestic violence, and child welfare. She has lived and worked in four countries (USA, Mexico, Israel, and the UK) and is multi-lingual. She is the author of, "Clinical Diagnosis Among Diverse Populations: A Multicultural Perspective," which has been reprinted in a number of social work and gender studies journals and textbooks. She has taught at National and Alliant Universities and been a guest speaker at local, state and international conferences and universities.

Georgie Sullivan

Regional Administrator

Project Return Peer Support Network

Georgie Sullivan is the Regional Administrator of Project Return Peer Support Network (PRPSN). She oversees the largest portion of the PRPSN program which includes 8 Service Areas throughout Los Angeles County. Georgie is responsible for ensuring our self-help groups occur every day on time and adding new paid volunteers to our program as Group Facilitators. She manages our part time of Service Area Recovery Supporters. She is responsible for educating the Peer Facilitators and SARS through one on one and monthly trainings. She is passionate about peers advocating for themselves and peer independence.



Luis Tovar, MPA

Ethnic Services Manager

Ventura County Behavioral Health

Luis has more than 30 years of experience in the field of substance abuse and mental health services. In his work for the Ventura County Behavioral Health he provides assistance and direction in department-wide planning efforts, along with leading and directing cultural and linguistic competence training. Under his leadership, program services reflect cultural and linguistic proficiencies leading to increased access to care. He holds a B.A. in Political Science from Westmont College in Santa Barbara and a Master's Degree in Public Administration, from California State University at Northridge.

Bruce Wheatley

President/CEO

Inner City Industry, Inc.

Entertainment Executive turned System Architect; Bruce Wheatley is President of public benefit charity Inner City Industry. Mr. Wheatley invested over thirty thousand hours gathering empirical data on cause effect relationship between poor health and academic achievement among urban youth. Determined to gain understanding without prejudice or manipulation from education institutions, Mr. Wheatley's self-study includes extensive book research, lived experiences and non-intrusive personal conversation with inner city high school students and drop outs, parents, teachers, and health and education administrators. Bruce's finding lead to his developing a Continuum of Healthcare and Education Systems for Whole School District Reform to reduce disparity.

Damonte Wilson

TAY Hip Hop Social Worker

Beats Rhymes and Life, Inc.

Damonte Wilson is an aspiring young Oakland artist, who is using his passion for Hip Hop music and lived experience, to help youth in his community find better ways to deal with loss and trauma. Damonte first joined Beats Rhymes and Life in 2008 by participating in BRL's Rap Therapy program at Oakland High School. Shortly after graduating from the program Damonte helped formed the BRL Academy, a group of BRL alumni that are learning to practice social work from a Hip Hop perspective. Damonte currently works as peer mentor and co-facilitator in numerous BRL Rap Therapy programs throughout Oakland and San Francisco. His goals are to one day earn a social work degree and establish himself as a well-known Hip Hop artist.



Barbara Ann White

Diversity & Multicultural Coordinator

City of Berkeley Mental Health

Ms. White is the Diversity & Multicultural Coordinator (DMC) for the City of Berkeley Mental Health. She holds a Master's Degree in Sociology from California State University, Hayward, and a Bachelor's Degree in psychology from The College of Staten Island, N.Y. In her role as DMC she provides leadership in identifying, developing, implementing, monitoring, and evaluating services and strategies that lead to continuous cultural and linguistic improvements within the agency's system of care, with a special emphasis on un-served, underserved, and inappropriately served populations. Barbara also worked for nine years as the Citywide Alcohol and Other Drugs Coordinator for the City of Berkeley. She has held several Directorship positions with organizations in San Francisco and the East Bay, and other positions with governmental agencies on the East Coast. Throughout her more than 25-year career in mental health, AOD, social service, health, criminal justice, and Cultural Competency fields she gained an extensive background working with diverse populations in a myriad of settings. Barbara is a civil and human rights activist, a community organizer, and she served in the Army Reserves. Ms. White is a wife, a mother of four, and the grandmother of seven.

Charity White

Director

Kumeyaay Family Services

Charity White is currently the Kumeyaay Family Services Director for Southern Indian Health Council, Inc. and has a long history of working in Indian Country with both California and Arizona tribes.

Greg Wright

Orange County Mental Health Board Member, MHSA-OAC

Art for Wellness

Gregory Wright is a community/family-member mental health advocate. He holds an active membership with Orange County (OC) Mental Health Board, Stigma Elimination Task Force and serves as Treasurer for Arts for Wellness OC Association, Family Liaison for the California Mental Health Services Act-Oversight and Accountability Commission, and Class Manager of NAMI Family-to-Family training.



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Resource Exhibit Descriptions

Aging & Independence Services

Nancy Garcia-Drew

Program Manager

Community Unit

Aging & Independence Services is the Agency that serves older adults and disabled persons throughout the County of San Diego. We provide outreach and education, case management and protection and advocacy services for this population. We have a senior mental health program that provides crisis intervention and short term case management services to older adults with a mental health needs.

Alvarado Parkway Institute

Eyra Leeper

Director of Business Development

Mental Health and Addiction Disorder Inpatient & Outpatient Services

Alvarado Parkway Institute is a private behavioral health system offering inpatient and outpatient psychiatric services. We are dedicated to the wellness of individuals, their families, and our community through prevention, intervention, and treatment in a safe and culturally sensitive environment.

ASTCI

Megan Partch

Program Manager

Starting Point

The Starting Point offers a rehabilitative program for transitional age youth (ages 18 - 25 years) who have co-occurring psychological and substance use issues. Program funding is provided by the County of San Diego under MHSA Prop 63 and the facility is licensed by the State as a Mental Health Rehabilitation Center. The Starting Point program focuses on the reduction and maintenance of psychiatric symptoms and substance abuse problems by building upon an individual's strengths. Psychological and psychiatric services are integrated with community service, educational, and vocational support to assist clients with improving their quality of life and transitioning successfully into the community. Information will also be made available about ASTCI's acute care unit for conserved adults.

Community Research Foundation

James (Diego) Rogers

VP

Clinical Services

Community Research Foundation (CRF) is a private not-for-profit mental health agency based in San Diego, CA. CRF operates 25 programs primarily funded by the County of San Diego, Department of Behavioral Health, HHSA. CRF provides psychosocial rehabilitation and recovery-oriented mental health services to individuals and families with serious mental illness and serious emotional disturbances who may also have co-occurring disorders. Services include START programs, ACT Teams, adult and child outpatient services, Cal Works, member operated clubhouses, and a transitional residential program.



County of San Bernardino, Department of Behavioral Health

Victoria Hall

Mental Health Specialist

Community Outreach and Education

The Department of Behavioral Health provides information regarding Mental Illness, Department Programs and Community Resources.

County of San Diego, Health & Human Services Agency

Velia Fematt

AAll

Behavioral Health Services

Toroshinia Kennedy

Analyst

Behavioral Health Services

Behavioral health includes a continuum of services aimed at providing an array of mental health, alcohol and other drug services for children, youth, families, adults, and older adults, and improving the quality of life within our communities. These services are provided by mental health clinicians, alcohol and drug counselors, and peers in a professional, respectful and culturally competent manner. Behavioral health services include prevention, treatment, and interventions that promote recovery and social well-being.

Dream Weaver Consortium

Orvin Hanson

Chief Operations Officer

Indian Health Council

The Dream weaver Consortium represents all the federally recognized tribes in San Diego County, and the San Diego American Indian Health Center that provides services to Urban Indians who reside in San Diego County. The Consortium partners are the 4 Native American Health Centers: Indian Health Council; Southern Indian Health Center; Sycuan Medical/Dental and San Diego American Indian Health Center.

Elder Law & Advocacy / HICAP

Jean Soderberg

HICAP

HICAP is administered by Elder Law & Advocacy and provides free help to persons on Medicare (Medi-Medi) or about to be on Medicare understand their benefits, health plan options and LTC insurance. HICAP assists family members or Care-givers with the resources to review plans, benefits and rights. Prepare & help with appeals or challenge claim denials. Learn about programs that assist with Low Income Subsidy and/or Medicare Savings programs.

Family & Youth Roundtable

Dorenda Lyniea

Operations Coordinator II

County of San Diego Behavioral Health Family Youth Liaison

Committed to promoting excellence within public systems, Family & Youth Roundtable is an independent network of Families and Youth collectively educating and providing resources for the Family Youth Sector. We are a collaborative organization that coordinates the advancement of Family Youth Professional Partnership within the County of San Diego.



Family Health Centers of San Diego

Cynthia Jauregui

Clinic Manager

Community Circle East

Jamae Marcinko

Clinic Manager

Community Circle Central

Community Circle East (CCE) and Community Circle Central (CCC) are programs of Family Health Centers of San Diego (FHCS). FHCS's Mission is to provide comprehensive, accessible, quality health care services to residents, communities and community-based organizations in San Diego and the surrounding region. We offer affordable services to all income levels, with a special commitment to low income/medically under-served individuals. CCE provides services primarily to school age children from the La Mesa/Spring Valley School District. CCC provides services primarily to school age children from the San Diego Unified School District. FHCS provides the following services: Individual Therapy, Family Therapy, Psycho-Education/ Rehab Groups, Psychiatry Services, and Case Management, all within a team approach. Therapy services are provided in English and/or Spanish and there is an option of language translation provided by Interpreters Unlimited. Case Management services are provided in English and Spanish. Services are provided at various school sites, in the client's homes, and at the Spring Valley Elementary or the Logan Family Counseling Center FHCS office site."

Mental Health America of San Diego

Laura Andrews

Senior Outreach Services Coordinator

Breaking Down Barriers

Breaking Down Barriers purpose is to increase access to mental health services for un-served and under-served persons from culturally diverse populations with mild to severe mental illnesses and reduce the stigma associated with mental illness. The term "culturally diverse" refers to both ethnic and non-ethnic cultural groups. The current targeted groups include: Latinos, Native Americans both urban and rural, African Americans, African, and LGBTQ (lesbian, gay, bisexual transgender, and questioning) people.

Mental Health Systems

Golby Rahimi

Program Supervisor

Families Forward Wraparound Program

Families Forward Wraparound partners professionals and paraprofessionals with families using a planning process to find creative solutions to families' problems and challenges. The team creates goals to promote stabilization in the home and self-sufficiency through community and family partnerships, and to keep children in their homes and communities by bringing people together from different parts of the family's life to provide a network of support. Our wraparound process honors the family's voices and brings people together from different parts of the family's life to provide a network of support. All services are creative, culturally inclusive, flexible and action-oriented.



NAMI California and UPAC

Steven Purcell

California Deputy Director
NAMI

Dixie Galapon

Manager of Cultural Competence
NAMI

NAMI California is a grass roots organization of families and individuals whose lives have been affected by mental illness. We advocate for lives of quality and respect, without discrimination and stigma, for all our constituents. We provide leadership in advocacy, legislation, policy development, education and support throughout California. NAMI California works to provide help, hope and healing for those affected by mental illness.

NAMI San Diego

Annie Dunlop

Outreach and Events Manager
NAMI

NAMI San Diego, a nonprofit organization, provides free education, support services, and advocacy to improve the quality of life of everyone affected by mental illnesses.

NAPAFASA

Hiroko Murakami

Program Associate
NAPAFASA

NAPAFASA is a national organization that prevents and reduces substance abuse, problem gambling, and other mental health issues in Asian American, Native Hawaiians and other Pacific Islander families and communities through research, advocacy, education and capacity building.

Neighborhood House Association

Evelina Jaime, LCSW

Program Director
Project Enable BRSR Center

1. Full scope outpatient mental health services
2. Clubhouse

Both our wellness center and clubhouse have as a goal delivering culturally competent services and closing gaps in service delivery and culturally all service African American, Latinos, White and other ethnic & cultural groups.

Phoenix House

Annette Vaughan

Admissions & Outreach Coordinator
San Diego

Phoenix House provides a residential treatment program for adolescent drug and alcohol abusers. They also offer a full-time school program, recreational and fitness programs, and family/group therapy. Residential program lasts 3-12 months. They also provide follow-up services to help teens transition from the live-in program back to their regular environment.



Rady Children's Hospital San Diego

Alyssa Needleman, PhD

Manager

Developmental Evaluation Clinic

The Developmental Evaluation Clinic (DEC) provides diagnostic developmental, psycho-educational, and neuropsychological evaluations for infants, preschoolers, and school-aged children. Specializing in evaluating children birth to five years, services at DEC include identifying developmental, learning, and social delays, infant and early childhood mental problems, and determining the need for further intervention. Indications for evaluations include premature birth and neonatal complications, slow development, questions regarding kindergarten readiness or other school concerns, including autism and other mental health concerns, behavioral problems, social concerns, or a history of learning disabilities.

Recovery Innovations

Mary Benson

Team Lead

Peer Liaison, Peer Run Services

The Peer Liaison program assists people to advocate for their rights and needs. We act as a two way conduit to gather and disseminate information between the county and the people receiving services. The Peer Run Services facilitate classes such as Wellness Recovery Action Plan, Wellness and Empowerment in Life and Living, Medication for Success, and connectedness.

San Diego Unified School District

Jean Foster

Coordinator

Suicide Prevention Education Awareness and Knowledge Program

We are a county funded program providing suicide prevention education to San Diego Unified School District's 7th, 9th and 11th graders in classroom and assembly presentations; provide workshops to all school staff and all parents. We maintain a website and a community resource guide available to the public.

San Diego Youth Services

Laura Beadles

Division Director

San Diego Youth Services

While each program is unique, all programs are designed to support the mission of SDYS which is to help at-risk youth become self-sufficient and reach their highest potential by investing in them, strengthening their families and building their communities. SDYS programs offer a continuum of care that includes emergency shelter; transitional housing; outpatient behavioral health and substance abuse treatment services; and community centers that provide individualized, counseling and life skills training. Targeted issues programs address include reduce emotional distress affected by sexual exploitation and the associated violence, prevent delinquency and school failure, enhance positive coping skills, strengthening life skill functioning, and decrease risks of re-victimization.



San Diego Youth Services

Bethany Hansell

Program Manager

East County School-Based Prevention and Early Intervention

We provide prevention and early intervention services to three elementary schools in the La Mesa-Spring Valley School District. The program's goals are to prevent behavioral problems and serious mental health illness in elementary school-aged children and to support families who are struggling with these concerns. We utilize the evidenced-based models, The Incredible Years and Building Effective Schools Together (BEST) Positive Behavior Intervention, to provide services for the school, within the classrooms, child behavior groups, parenting support groups and family workshops. The services are offered in Spanish and English to meet the linguistic needs of our community.

San Diego Youth Services

Michael Jones

Division Director

Child Welfare

San Diego Youth Services is the longest serving foster family agency in San Diego County providing intensive treatment to traumatized children placed by Child Welfare Services and the San Diego County probation department. In addition, SDYS provides outreach, counseling, resources, and housing to homeless and transitional age youth; treatment to pregnant and parenting teens, victims of child sexual exploitation, probation diversion, and early childhood parent education and school based group services, and post adoption services.

San Ysidro Health Center, Inc.

Roberto Suarez, MFT

Program Manager

Youth Enhancement Services/Behavioral Health

Youth Enhancement Services provides clinic and school-based outpatient behavioral health services to children, adolescents and their families that reside in the south bay area including the communities of San Ysidro, Imperial Beach and South San Diego. Our clients range from ages 5-18 years old. Services provided include individual, family and group therapy; substance abuse counseling; case management and rehabilitation; psychiatric services and psycho-educational classes.

Stepping Stone of San Diego

John de Miranda

President and CEO

San Diego

To create, improve and deliver alcohol and other drug treatment, HIV and other health interventions, recovery, education and prevention services specializing in the challenges of the gay, lesbian, bisexual and transgender communities of the San Diego region.



Survivors of Torture, International

Julianne Carroll

MSW Intern
International

Corey Friedrich

MSW Intern
International

Survivors of Torture, International is an independent nonprofit organization dedicated to caring for survivors of politically-motivated torture and their families living in the San Diego County. SURVIVORS helps people recover from trauma through a holistic program that includes medical, dental, psychiatric, psychological, and social services. All services are provided at no cost to the survivors. Our mission is to facilitate the healing of torture survivors and their families, educate professionals and the public about torture and its consequences, and advocate for the abolition of torture.

Telecare Corporation

Megan Minnick

Team Lead

In-Home Outreach Team (IHOT)

The In-Home Outreach Team provides outreach and engagement services to families and their loved ones who have been diagnosed with a severe mental illness. The individuals accepted into our program are those who are resistant or uninterested in mental health treatment, yet are observably affected by their mental illness. The IHOT staff take a non-coercive approach to outreaching individuals and attempt to provide support for a variety of goals which may or may not include mental health treatment.

The Glenner Memory Care Center

Liz Reinhofer

Outreach/Development Manager

The Glenner Memory Care

The Glenner Memory Care Centers offers Individualized, high-quality adult day programs in a family like atmosphere for adults affected by Alzheimer's and other forms off memory impairment. We offer weekly support groups at no cost and workshops throughout the San Diego County.

UCSD Outpatient Psychiatry

Amelia Roeschlein

Program Manager

COD Program

COD Program provides a broad array of services in an outpatient setting including care coordination for co-occurring disorders, individual and group psychotherapy, pharmacotherapy, couple and family therapy, employment counseling, community linkages and psycho-education for the seriously mentally ill and substance abusing population living in the Central Region.



Union of Pan Asian Communities

May Vang

AMH & CMH

UPAC is mental health program that provides services to children and adult/older adults primarily for individual of Asian, Native Hawaiian, and Pacific Island descent. UPAC treats depression, anxiety, and other related difficulties. We also strive to assist individuals recovering from co-occurring substance abuse/dependency issues. Some of our resources are range from TAY to clubhouse services.

Union of Pan Asian Communities & ACE Program

ACE Program

Program Supervisor

CMH

ACE is a community violence and gang prevention program that serves San Diego's central region. It is comprised of four community agencies: UPAC, Jackie Robinson Family YMCA, Overcoming Gangs and Beyond, and PowerMentor. ACE delivers two primary services: mobile response to acts of community violence and a multitude of direct services geared for empowering youth, adults, and whole family units that are provided throughout the region.

Vista Hill

Shannon Jackson

Program Manager

Perinatal Case Management

Wrap around case management services for pregnant or parenting women with a history of substance abuse issues within the last year. Services are free, voluntary, and available throughout San Diego County. Case managers are mobile and visit clients at treatment, in their home, or in the community. Case managers support the client's treatment and recovery, pregnancy, parenting needs, CWS case, and general self-sufficiency needs.

Vista Hill

Kenya Taylor

Bx Health Consultant

SmartCare

Magdalena Caraballo

Bx Health Consultant

SmartCare

Vista Hill SmartCare is a PEI program, partnering with Rural Health Clinics to provide screenings and short term behavioral health services to those who might not seek out mental health supports otherwise. Our goal is to help those in rural communities receive prevention and early intervention services at their medical home. We also provide Wellness events and activities at the request of the communities we serve.