

# Children, Youth and Families (CYF) Behavioral Health Services



## Provider Resource Manual

Available on line at:

<http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2016.pdf>



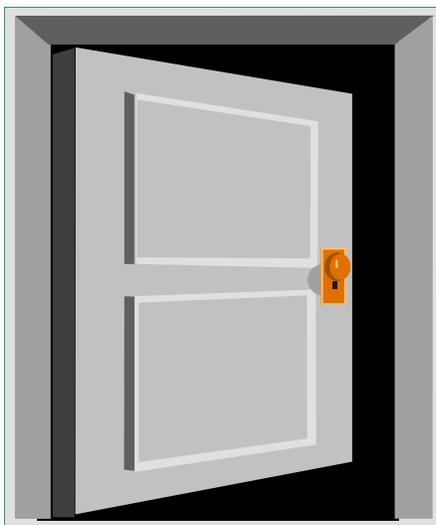
COUNTY OF SAN DIEGO  
**HHSA**  
HEALTH AND HUMAN SERVICES AGENCY



**LIVE WELL**  
SAN DIEGO

**San Diego County Health and Human Services Agency**  
**The Access and Crisis Line**

**Crisis Intervention**  
**Behavioral Health Information and Referral**  
**Suicide Intervention**  
**Resources**



24 hours a day, 7 days a week

- Professional Counselors Will Answer Your Call
- Multi-Lingual Capability Through AT&T Language Line Services
  - Spanish Speaking Counselors Available
- The Access and Crisis Line is able to make referrals to the entire system including individual contracted Fee For Service providers

**“It helps to talk it over”**

**(888) 724-7240**

TTY for the Deaf and Hard of Hearing (619) 641-6992

Live Chat Services Available Mon – Fri 4pm – 10 pm

- Free confidential support
  - Crisis Intervention and Suicide Prevention
- Referrals for mental health and drug & alcohol needs

Go to: [www.up2sd.org](http://www.up2sd.org) or [www.optumsandiego.com](http://www.optumsandiego.com)

San Diego County  
 Health and Human Services Agency  
 Children, Youth and Families Behavioral Health Services

Provider Resource Manual  
**Table of Contents**

Introduction .....	4
Mission and Vision Statement .....	6
Definitions .....	7
Advocacy and Support Services .....	11
Crisis Services .....	13
Inpatient Psychiatric Hospitals .....	15
Residential Program Support .....	16
Day Treatment Programs .....	19
Wraparound/Intensive Case Management .....	22
Therapeutic Behavioral Services (TBS) .....	23
Outpatient Services	
• Fee For Services Network .....	24
• Organizational Providers Network .....	25
Teen Recovery Centers (TRC) .....	37
Women’s Perinatal Alcohol and Other Drugs (AOD)	
• Residential .....	40
• Outpatient .....	41
• Case Management .....	44
CalWORKs Mental Health and Alcohol and Other Drugs (AOD) .....	45
Prevention and Early Intervention Services (PEI) .....	46
Outcome Measure Services .....	51
School Listing for Children’s Behavioral Health Services .....	52
Community Information .....	73
Support Groups/Self-Help .....	74
Behavioral Health Web Sites .....	75
CYFBHS Provider Resource Manual Edits/Updates .....	76

## Introduction

### Children, Youth and Families Administrative Team

Yael Koenig, Deputy Director (619) 563-2773  
Dr. Laura Vleugels, Supervising Psychiatrist (619) 563-2715

#### Contracting Officers Representative (COR)

Jean Avila (619) 584-5035  
Fran Cooper (619) 584-5030  
Frances Edwards (619) 584-3015  
Wendy Maramba (619) 584-5076  
Mike Miller (619) 563-2787  
Rebecca Raymond (619) 584-3011

The County of San Diego, Health and Human Services Agency Behavioral Health Services administers Children, Youth and Families Behavioral Health Services. This provider resource manual describes the services currently funded by the County of San Diego, which include County operated and contracted programs.

P.O. Box 85524  
SAN DIEGO, CA 92186-5524  
PHONE (619) 563-2750  
FAX (619) 563-2775

### **Access and Eligibility for Services**

County funded Behavioral health services are intended for children and adolescents who are either experiencing a behavioral health crisis (such as depression, suicidal thoughts, extreme anxiety, substance abuse/dependence) or who require behavioral health services in order to function in school, at home or in the community. Generally services are targeted for the Medi-Cal beneficiaries and low income up to age 21. All services are rendered without regard to race, color, creed, or disability. Individuals and professionals may make direct contact with any of the resources listed in this manual. ***However, it should be noted that, in some cases, access to services is managed through specific procedures and may be limited to certain special populations.*** Where possible, this information has been included in this manual. If in doubt about eligibility or how to access services, please contact the Access and Crisis Line at **(888) 724-7240**.

### **Access to Language Services**

Clients have a right to free language assistance in a language they understand. Clients shall be provided interpreter services as a part of their therapeutic services. However clients have the option to choose or use a family member or a friend as an interpreter. The client/family are not expected to provide their own translator. All Behavioral Health programs have access to translators.

## **Fees and Funding**

Behavioral health services provided through the County of San Diego are financed through Medi-Cal, the Mental Health Services Act (MHSA), patient fees, private insurers, County general funds, State funds, and specialized grants. Fees for services are based on income and the number of family members in the home. This Uniform Method for Determining Ability to Pay (UMDAP) is mandated by the State. Medi-Cal, Medicare, and other insurance coverage will be taken into account in determining the individual's monthly payment. *No person who otherwise qualifies for services will be turned away due to lack of funds.*

**Organizational Providers** - Serve children/youth with complex needs.

**Health Plans** – Serve children/youth with mild to moderate needs.

CYFBHS has integrated Mental Health Services (MHS) and Alcohol and Drug Services (ADS) for children, youth and families and gender specific Alcohol and Drug Services through the perinatal ADS Women's programs. CYFBHS embraces the principles of a Comprehensive Continuous Integrated System of Care for co-occurring disorders. CYFBHS emphasizes wellness and physical health integration and *Live Well San Diego* in a holistic approach with children, youth and families.

## **San Diego Network of Care**

The Network of Care website is a resource for individuals, families and agencies concerned with behavioral health. It provides information about behavioral health services, laws, and related news, as well as communication tools and other features. Regardless of where you begin your search for assistance with behavioral health issues, the Network of Care helps you find what you need - it helps ensure that there is "No Wrong Door" for those who need services. This website can greatly assist in our efforts to protect our greatest human asset - our beautiful minds. Information is available in Spanish, Cantonese, Russian, Tagalog, Vietnamese, Cambodian, Korean, Arabic, Somali, American Sign Language, French, Italian, and, Portuguese.

<http://sandiego.networkofcare.org>

This manual is maintained by BHS CYF administration and updated by Yvonne Gage of BHS CYF. If you have any revisions, edits, and or comments, please call 619-584-3016 or e-mail at:

[Yvonne.Gage@sdcounty.ca.gov](mailto:Yvonne.Gage@sdcounty.ca.gov)

# **Children, Youth and Families Behavioral Health Services**

## **Mission and Vision Statement**

### **Mission**

The mission of Children, Youth and Families Behavioral Health Services is to advance a rich array of services delivered through an integrated, community-based, behavioral health System of Care that enables children and adolescents to achieve positive outcomes. These desired outcomes are the basis for the goals of the System of Care:

- ◇ Children and youth live at home or in home-like settings
- ◇ Children and youth stay out of trouble
- ◇ Children and youth are successful in school
- ◇ Children and youth are safe

### **Vision**

Children, Youth and Families Behavioral Health Services (CYFBHS) works with a broad constituency of stakeholders embracing the HHS *Live Well San Diego* Vision to build a community of families, neighbors, schools and child serving maximizes their potential in school and in the home, and prepares them to be productive and responsible adults.

## **Definitions**

### **Advocacy and Support Services**

Advocacy services are crucial to ensuring that the mandated rights of children, youth, and their families are protected and that complaints and grievances are satisfactorily resolved. Support services offer families and their children the opportunities to share their concerns with other families and behavioral health professionals.

### **Child Welfare Service (CWS)**

Child Welfare Services (CWS) and Behavioral Health Services (BHS) jointly administer the Pathways to Well Being program along with many other shared planning efforts. Behavioral Health Services and CWS coordinate services to ensure that youth who have behavioral health needs receive services from a wide range of services and support within the Children's System of Care.

### **Crisis Services**

24 hour crisis response. Crisis services include emergency psychiatric care and crisis intervention counseling. Programs that serve children, youth and their families in crisis are able to respond quickly to urgent needs such as support, information, counseling, medication, and referral to other resources.

### **Day Treatment Programs**

Day Treatment Programs provide an intensive treatment program that offers individual, family and group services in a therapeutic milieu. Services include medication management and monitoring, crisis intervention, case management and rehabilitation services. Some Day programs are co-located in a residential treatment program while some are community based. Access to residential day programs is through the Probation or Child Welfare Services.

### **Family and Youth Partners**

Family and Youth Partners is an overarching term for: a caregiver of a child/youth who is/was a consumer in a public agency serving children, an individual with experience as a consumer in a public agency serving children, youth and family partner roles may include, but are not limited to: Support Partners; Peer to Peer; Case Management; Advocacy/Community Engagement; Training and Supervision; Outcomes and Evaluation; Administrative.

### **Fee for Service (FFS) Network**

Services for Medi-Cal beneficiaries access through Optum Health/Access and Crisis Line.

### **Full Service Partnership (FSP)**

Full Service Partnership (FSP) provides an array of services to children and youth and their families beyond the scope of traditional clinic-based outpatient mental health services. FSP services provide additional supports to promote stability and successful functioning within the community. Services and linkages are provided in the home or community, guided by a commitment to do "whatever it takes," to help children, youth and their families achieve self-defined goals toward resilience and wellness.

### **Inpatient Psychiatric Hospitals**

Hospitalization or inpatient psychiatric care is for mental health emergencies and situations that require intensive supervision for individuals who are a danger to self, dangers to others or gravely disabled.

### **Intensive Case Management**

Intensive Case Management are community-based services that emphasize the strengths of the children, youth and family and includes the delivery of coordinated, individualized services to address needs and achieve positive outcomes. Providers engage in a unique assessment and treatment planning process that is characterized by the formation of a child, family and multi-agency team which includes community and natural supports.

### **Juvenile, Forensic Assistance for Stabilization and Treatment (JFAST)**

JFAST of Juvenile Offenders is a Mental Health Court Calendar, comprised of partners from the Juvenile Forensics STAT Team, Probation, the Juvenile Court, Primary Public Defender, District Attorney, Vista Hill Juvenile Court Clinic, Wraparound providers and other mental health professionals and community representatives. Youth referred to the program are screened by Probation and a behavioral health assessment is completed by the BHS STAT Team. When youth is accepted into the JFAST Program a case plan is developed that is formalized at a hearing that identifies the conditions and terms of probation. Clients receive individualized treatment services which can include individual and family therapy, wraparound services, substance abuse counseling and case management services.

### **Juvenile Forensic Services**

Juvenile Forensic Services provide a variety of behavioral health services to children and youth who are involved with the Juvenile Court either through criminal or dependency proceedings. Access to services is managed through the Court, Juvenile Probation or Social Services.

### **Outpatient Services**

Outpatient programs offer psychiatric evaluation, medication management, individual, group, and family therapy, rehabilitative services and case management to children /youth with a high level of need. Outpatient clinics offer limited crisis intervention services during business hours. While it is possible to walk in to some programs and receive timely service most programs schedule an assessment appointment to see a clinician as needed. Outpatient services provide services for Medi-Cal children/youth and indigent youth who meet criteria for specialty mental health services. The Medical Health Plans serve children/youth with mild to moderate level of need.

### **Prevention and Early Intervention (PEI)**

Prevention programs bring mental health awareness into the lives of all members of the community through public education initiatives and dialogue. To facilitate accessing supports at the earliest possible signs of mental health problems and concerns, PEI builds capacity for providing mental health early intervention services at sites where people go for other routine activities (e.g., health provider, education facilities, community organizations). Mental health becomes part of wellness for individuals and the community, reducing the potential for stigma and discrimination against individuals with mental illness.

### **Probation**

The Probation Department and Behavioral Health Services coordinate services to ensure that youth who have behavioral health needs receive services from a wide range of services and support within the Children's System of Care. These services range from behavioral health services at Juvenile Hall, and the Camps to community based treatment such as Breaking Cycles and Juvenile Drug Court Services.

### **Residential Day/Outpatient Programs**

Residential Level 12 and 14 programs offer day treatment and outpatient services for children and youth who are placed in a residential treatment facility. Access to these programs is through Child Welfare Services or through Probation and the Juvenile Court involvement.

### **School Based Services**

Outpatient and day services provided at over 400 school sites throughout the County.

### **Teen Recovery Centers (TRC) Day Treatment/Outpatient Program**

Adolescent Teen Recovery Center programs provide developmentally appropriate substance abuse treatment for adolescents and their families including those with co-occurring disorders. Regional programs provide outpatient services, day treatment services and crisis intervention. TRC's have school satellites at selected school grounds to facilitate access to resources.

### **Therapeutic Behavioral Services (TBS)**

Therapeutic Behavioral Services offer specialized short-term one to one behavioral services designed to prevent re-hospitalizations, placements in higher levels of care, and/or assist with transition to lower levels of care. TBS is an ancillary service in the home school or at the child/youth current residential placement. Therapeutic Behavioral Services are provided countywide to eligible Full-Scope Medi-Cal recipients.

### **Transition Age Youth (TAY)**

Youth ages 16-21. TAY youth may be served in the Children, Youth and Families System of Care (CYFSOC), TAY specific programs or for those TAY 18 and older that are seriously mentally ill, the Adult/Older Adult SOC.

### **Women's Perinatal Alcohol and Other Drug (AOD) Services**

The County of San Diego has a Perinatal System of Care that provides a wide array of Alcohol and Other Drug (AOD) treatment services to all women. Perinatal AOD services are designed specifically to meet the needs of pregnant and/or parenting women and teens. Pregnant women have priority admission to recovery and treatment programs. The perinatal programs provide a welcoming and safe environment, gender specific curriculum, with individualized trauma informed care, that focuses on the needs of mothers working towards recovery.

Perinatal AOD treatment is available throughout the county and includes: long term residential treatment for women and their children, Spanish-speaking staff, perinatal detoxification, outpatient programs for women and teens, and intensive mobile perinatal case management services to high risk pregnant women or teens. The perinatal AOD treatment programs support the needs of mothers through, parenting classes, child therapy, life skills, healthy relationships, recovery groups, classes for improving self-esteem, education, transportation and free onsite childcare. All services are provided on a sliding fee scale. Treatment fees may be waived for Medi-Cal recipients.

## **Advocacy and Support Services**

### **Breaking Down Barriers**

(619) 543-0412  
4069 30<sup>th</sup> Street  
San Diego, CA 92104

Hours: M-F 9:00-5:00  
Population: Children and Adults  
Service: Mental health education, outreach, community linkage and collaboration  
Specialty Populations: Unserved and underserved diverse cultural groups  
Parent Organization: Mental Health America of San Diego County  
County of San Diego Program Monitor: Adrienne Yancey

### **Consumer Center for Health Education and Advocacy (CCHEA)**

(877) 734-3258  
1764 San Diego Avenue, Suite 200  
San Diego, CA 92110

Hours: M-F 9:00-5:00  
Population: Children and Adults  
Service: Assistance with accessing health services and benefits. Handles outpatient care complaints and grievances to ensure that mandated rights are protected.  
Parent Organization: The Legal Aid Society  
County of San Diego Program Monitor: Steve Jones

### **Deaf Community Services**

(619) 398-2441  
1545 Hotel Circle South, Suite 300  
San Diego, Ca 92108

Hours: M-F 8:30-5:00  
Population: Children, Adolescents, Transitional Age Youth, Adults, Older Adults and their families  
Service: Sign language interpretation for all behavioral health and case management services  
Specialty Populations: Unserved, underserved deaf or hard of hearing individuals of all ages  
Parent Organization: Deaf Community Services of San Diego  
County of San Diego Program Monitor: Virginia West

### **Family/Youth Partner Program**

(858) 684-3080  
5275 Market Street Suite E  
San Diego, CA 92114

Hours: M-F 9:00-4:30 and by appointment  
Population: Parents and clients and TAY youth of the South East Mental Health Clinic  
Service: Full Service Partnership (FSP), parent and peer support, family and peer advocacy, information and referral, support services  
Parent Organization: Harmonium, Inc.  
County of San Diego Program Monitor: Wendy Maramba

**Interpreters Unlimited**

(800) 726-9891

11305 Rancho Bernardo Road Suite 101

San Diego, CA 92127

Hours: M-F 7:00-5:00

Population: Children, Adolescents, Transitional Age Youth, Adults, Older Adults and their families

Service: Interpretation for all behavioral health and case management services and linkages with families in need of language translation

Specialty Populations: Unserved, underserved individuals who have difficulty in speaking or understanding English

Parent Organization: Interpreters Unlimited

County of San Diego Program Monitor: Virginia West

**Patient Advocacy Program  
(Inpatient/Residential Setting)**

(619) 282-1134

(800) 479-2233

8804 Balboa Avenue

San Diego, CA 92123

Hours: 24 hours/7days

Population: Children and Adults

Service: Patient advocacy and protection of patient's rights when in a 24 hour inpatient or residential setting. Provides support and representation at certification and other hospital related hearings. Handles patient complaints and ensures that mandated rights are protected

Parent Organization: Jewish Family Service of San Diego

County of San Diego Program Monitor: Steve Jones

## **Crisis Services**

### **Access and Crisis Line**

1 (888) 724-7240

TDD/TTY for Hearing Impaired: (619) 641-6992

Hours: 7 days - 24 hours Hotline

Live Chat Services: [www.up2sd.org](http://www.up2sd.org) or [www.optumsandiego.com](http://www.optumsandiego.com)

Hours: M-F 4pm-10pm

Population: Children, Adolescents, Transition Age Youth, Adults, Older Adults and their families

Service: Behavioral Health Access and Crisis Line (ACL), crisis/suicide/substance abuse intervention, behavioral health information and referrals

Parent Organization: OptumHealth/United Behavioral Health

County of San Diego Program Monitor: Tabatha Lang

### **Emergency Medication Clinic**

(619) 397-6900

730 Medical Center Court

Chula Vista, CA 91911

Hours: By appointment only on M/W/F 9:00-12:00

Population: Children, Youth and Families with emergency/crisis medication refill needs

Service: Emergency/crisis refill service when the primary treating psychiatrist or physician have been contacted and are not available to see the client/family to prevent a medication crisis.

Specialty Populations: Children/youth in emergency/crisis related to psychiatric medication management

Parent Organization: County of San Diego

County of San Diego Program Monitor: Rebecca Raymond

### **Emergency Screening Unit (ESU)**

(619) 421-6900

730 Medical Center Court

Chula Vista, CA 91911

Hours: 7 days - 24 hours

Population: Children and Youth under age 18

Service: Emergency psychiatric evaluation, including screening for inpatient hospitalization and crisis stabilization

Specialty Populations: All psychiatric emergencies are seen

Parent Organization: County of San Diego

County of San Diego Program Monitor: Rebecca Raymond

## **Psychiatric Emergency Response Team (PERT)**

Contact 911 for emergencies

**Population:** Services are provided to individuals with a behavioral health crisis who have come in contact with local law enforcement agencies and/or who need immediate mental health crisis intervention and/or assessment. Services include special attention to special needs of Transitional Age Youth (TAY) and Older Adult populations in the underserved communities, and to the Veteran population.

**Service:** PERT contributes to the well-being of individuals experiencing a mental health crisis who have come in contact with law enforcement, with the goal of more humane and effective handling of incidents involving law enforcement officers and individuals with mental illness, developmental disabilities and /or substance use disorders.

**Specialty Populations:** Individuals with a mental health crisis who have come in contact with local law enforcement agencies and/or who need immediate mental health crisis intervention and/or assessment

**Parent Organization:** Community Research Foundation

**County of San Diego Program Monitor:** Betsy Knight

## **Behavioral Crisis Center and Mobile Assessment Team**

(760) 730-5900

3605 Vista Way, Suite 258

Oceanside, CA 92056

**Hours:** M-F from 10:00 AM.-8:00 PM

**Population:** Unserved, uninsured, Medi-Cal and underserved Seriously, Emotionally Disturbed Children and Youth up to the age of 21 and their families experiencing a mental health crisis or urgent need for mental health services

**Service:** Mobile Psychiatric Emergency Response and walk-in assessment clinic Assessment, information, referral, medication management, linkage to hospital when required, follow up visits

**Specialty Populations:** Youth and Adolescents to age 21 requiring immediate mental health services

**Parent Organization:** Rady Children's Hospital

**County of San Diego Program Monitor:** Fran Cooper

## **Medication Support for Polinsky Children's Center Residents**

(858) 874-1082

9400 Ruffin Road

San Diego, CA 92123

**Hours:** 7 days, 24 hours

**Population:** Children and Youth residing at Polinsky Children's Center who have been prescribed psychotropic medications

**Service:** Medication support, crisis intervention, and referral services to children and youth who are currently placed in or being discharged from Polinsky Children's Center

**Specialty Populations:** Children/Youth residing in Polinsky Children's Center

**Parent Organization:** Rady Children's Hospital

**County of San Diego Program Monitor:** Rebecca Raymond

## **Inpatient Psychiatric Hospitals**

### **Aurora Behavioral Health Care/San Diego**

(858) 487-4200

11878 Avenue of Industry

San Diego, CA 92128

Hours: 7 days, 24 hours  
Population: Children and Youth under the age of 18  
Service: FFS and Acute psychiatric inpatient services- back up beds for indigenous parents. Medi-Cal only.  
Parent Organization: Signature Healthcare  
County of San Diego Program Monitor: Rebecca Raymond

### **Child and Adolescent Psychiatry Service (CAPS)**

(858) 576-1700

8001 Frost Street

San Diego, CA 92123

Hours: 7 days, 24 hours  
Population: Children and Youth under the age of 18  
Service: Acute psychiatric inpatient contracts for Medi-Cal and indigenous children/youth  
Parent Organization: Rady Children's Hospital  
County of San Diego Program Monitor: Rebecca Raymond

### **Sharp Mesa Vista Hospital**

(858) 836-8434

7850 Vista Hill Avenue

San Diego, CA 92123

Hours: 7 days, 24 hours  
Population: Children and Youth up to age 21  
Service: Partial hospitalization treatment for children and teens experiencing difficulties in coping, depression, anxiety and substance abuse. Dual-diagnosis program for teens facing both substance abuse and a mental health illness. After-school cognitive therapy for teens.  
Parent Organization: Sharp Mesa Vista Hospital

## **Residential Program Support**

### **Casa de Amparo**

(760) 754-5510  
4070 Mission Avenue  
Oceanside, CA 92057

Hours: M-F 9:00-7:00 (Outpatient services M-Su as needed)  
Population: Children and Youth ages 6 to 18 residents of San Diego and who currently reside at Casa de Amparo Rate Classification Level 12  
Service: Full Day Rehabilitation program for children and youth placed at Casa de Amparo. Services may include outpatient, aftercare or transitional services  
Specialty Populations: Juvenile Court dependents  
Parent Organization: Casa de Amparo  
County of San Diego Program Monitor: Frances Edwards

### **Clark Adolescent Treatment Center**

(858) 277-9550  
3003 Armstrong Street  
San Diego, CA 92111

Hours: M-F 2:30-8:00 (Evening and weekend hours available as needed)  
Population: Children and Youth ages 13 to 18 who can reside in Clark Residential Treatment Center.  
Service: Day Rehabilitation Program for children currently residing in Clark residential treatment center services that have been enhanced with a TAY life skills training program. Co-occurring disorders service capability  
Specialty Populations: Juvenile Court Dependents, TAY youth; Co-occurring  
Parent Organization: San Diego Center for Children  
County of San Diego Program Monitor: Frances Edwards

### **Dual Diagnosis Services**

(619) 797-1090  
3845 Spring Drive  
Spring Valley, CA 91977

Hours: M-F 8:00-4:300  
Population: 12 to 18 year old referred by Child Welfare Services and San Diego Regional Center and who currently reside in Fred Finch residential facility  
Service: Full Day Rehabilitation and outpatient services  
Specialty Populations: Emotionally disturbed youth with developmental disability  
Parent Organization: Fred Finch Youth Center  
County of San Diego Program Monitor: Frances Edwards

### **Phoenix House Academy**

(619) 445-0405

Hours: 24/7  
Population: Adolescents up to age 18  
Service: Alcohol and Drug Residential Services for Adolescents  
County-Wide  
Parent Organization: Phoenix House of San Diego, Inc.  
County of San Diego Program Monitor: Michael Miller

**Group Homes  
Substance Use Disorders (SUD)**

(619) 442-0277

Spring Valley, CA 91978

Lemon Grove, CA 91945

Ramona, CA 92065

Hours: 7 days, 24 hours  
Population: Adolescents, age 12 to 18 who have a primary alcohol or other drug dependency problem other than tobacco or ordinary caffeine containing beverages  
Service: Provide 24-hour adolescent short term residential alcohol and other drug (AOD) treatment/recovery and ancillary services to the community. AOD residential adolescent services shall be designed to engage the community's racial, ethnic and economic populations. Mental health services also provided on site.  
Specialty Populations: Adolescents with alcohol or other drug dependency problem  
Parent Organization: McAlister Institute for Treatment and Education.  
County of San Diego Program Monitor: Jean Avila

**Hillcrest Day Program**

(619) 692-0777

4309 Third Avenue

San Diego, CA 92103

Hours: M-F 9:00-5:00  
Population: Children and Youth referred by CWS or Juvenile Court who reside in Hillcrest Residential Facility  
Service: Full Day Rehabilitation and Outpatient services  
Specialty Populations: Juvenile Court Dependents  
Parent Organization: New Alternatives Inc.  
County of San Diego Program Monitor: Frances Edwards

**Polinsky Day Program**

(858) 514-4625

9400 Ruffin Road

San Diego, CA 92123

**Hours:** M-F 3:00-8:00  
Population: Dependent Children and Youth detained in shelter care at Polinsky Children's Center  
Service: Outpatient Services and transitional services  
Specialty Populations: Child Welfare Services dependents residing at Polinsky Children's Center  
Parent Organization: Fred Finch Youth Center  
County of San Diego Program Monitor: Rebecca Raymond

### **Children's Residential Treatment, Level 12 & 14**

(858) 277-9550

3004 & 3002 Armstrong Street  
San Diego, CA 92111

Hours: M-F 8:00-6:00  
Population: Children and Youth ages 6 to 13. Referred by Juvenile Court and CWS  
Service: Full Day Rehabilitation  
Specialty Populations: Juvenile Court Dependents  
Parent Organization: San Diego Center for Children  
County of San Diego Program Monitor: Frances Edwards

### **San Pasqual Academy**

(760) 233-6005

17701 San Pasqual Valley Road  
Escondido, CA 92025

Hours: M-F 8:00-5:00  
Population: Medi-Cal eligible Children and Youth up to age 21  
Service: Full Day Rehabilitation program for residents of San Pasqual Academy (SPA)  
Specialty Populations: Transition Age Youth, Juvenile Court Dependents residing at SPA  
Parent Organization: New Alternatives, Inc.  
County of San Diego Program Monitor: Michael Miller

### **Stabilization Treatment and Transition (STAT) Team**

(858) 694-4680

2901 Meadow Lark Drive  
San Diego, CA 92123

Hours: M-F 8:00-7:00  
Population: Children and Youth up to age 18 detained in Kearny Mesa Juvenile Hall (KMJDF), East Mesa (EMJDF), Girls Rehabilitation Facility (GRF) and Camp Barrett  
Service: Crisis intervention, counseling, medical evaluations, brief assessment, consultation, transitional mental health services and community stabilization  
Specialty Populations: Juvenile Court Wards  
Parent Organization: County of San Diego  
County of San Diego Program Monitor: Frances Edwards

## **Day Treatment Programs**

### **Breaking Cycles**

(858) 492-2300  
7798 Starling Drive  
San Diego, CA 92123

Hours: M-F 8:00-5:00  
Population: Children and Youth ages 12.5 up to 18  
Service: Provide trauma informed case management, alcohol and other drug  
Intervention, and recovery services to youth and their families participating  
In the Breaking Cycles Graduated Sanctions Program  
Specialty Populations: Juvenile Court Wards, Mental Health Court for Adolescents  
Parent Organization: San Diego Youth Services  
County of San Diego Program Monitor: Frances Edwards

### **Cajon Valley School Project**

(619) 588-3653  
550 E. Park Avenue #305  
El Cajon, CA 92020

Hours: M-F 8:00-4:00 (evening appointments available upon request)  
Population: Children and Youth, Medi-Cal only, kindergarten thru 8th grade  
Service: Day Rehabilitation or Outpatient Services for children in the Cajon Valley  
Union School District  
Specialty Populations: Cajon Valley School District students  
Parent Organization: New Alternatives, Inc.  
County of San Diego Program Monitor: Frances Edwards

### **Dual Diagnosis Services**

(858) 492-2340  
7798 Starling Drive., Suite 314  
San Diego, CA 92123

Hours: M-F 8:00-5:00  
Population: Children and Youth up to 18 years  
Service: Dual Diagnosis Services – Psycho Educational and Support Services for  
Detained Wards. Group Therapy at detention facilities  
Specialty Populations: Juvenile Court Wards  
Parent Organization: Social Advocates for Youth, Inc.  
County of San Diego Program Monitor: Frances Edwards

### **Marcy Day Program**

(619) 525-7372  
2716 Marcy Avenue  
San Diego, CA 92113

Hours: M-F 7:30-4:00  
Population: Medi-Cal eligible Youth referred by school district, 9-12 grade  
Service: Day rehabilitation or Outpatient Services, individual therapy and medication  
support services  
Specialty Populations: San Diego Unified School District students only  
Parent Organization: San Diego Unified School District  
County of San Diego Program Monitor: Frances Edwards

### **Merit Academy Adolescent Day Treatment Center**

(619) 448-1162

1600 N. Cuyamaca Street

El Cajon, CA 92020

Hours: M-F 7:30-4:30, T and Th until 7:00 p.m.  
Population: Medi-Cal eligible Youth referred by school district, 9-12 grade  
Service: Day Rehabilitation  
Specialty Populations: Grossmont School District students  
Parent Organization: Vista Hill Foundation  
County of San Diego Program Monitor: Frances Edwards

### **New Alternatives South Campus**

(619) 397-6901

730 Medical Center Court

Chula Vista, CA 91911

Hours: M-F 2:30-7:30  
Population: Medi-Cal eligible Children and Youth up to age 21  
Service: Day Rehabilitation  
Parent Organization: New Alternatives, Inc.  
County of San Diego Program Monitor: Frances Edwards

### **New Dawn Day Program**

(858) 496-1655

5650 Mt. Ackerly Drive

San Diego, CA 92111

Hours: M-F 8:00-4:30 T, Th - late appointments possible  
Population: San Diego Unified School District High School emotionally disturbed student's grades 9-12, Medi-Cal eligible  
Service: Day rehabilitation, individual therapy and medication support services  
Specialty Populations: San Diego Unified School District students  
Parent Organization: San Diego Unified School District  
County of San Diego Program Monitor: Frances Edwards

### **Reflections**

(619) 668-0363

8376 Hercules Street

La Mesa, CA 91942

Hours: M-Th 8:00 – 4:30, F 8:00 – 4:00  
Population: Children and Youth up to 18 years referred by the Juvenile Court for intensive behavioral health day rehabilitation services.  
Service: Day Rehabilitation. Provides family-based services to adolescents and their families. Program offers a competency-based school program, youth and family monitoring, in-home treatment services, family support groups, positive peer selection, violence prevention and alcohol and drug services  
Specialty Populations: Juvenile Court Wards  
Parent Organization: County of San Diego  
County of San Diego Program Co-Monitor: Frances Edwards

## **Sexual Treatment Education Program and Services (STEPS)**

(858) 565-2510

4660 Viewridge Avenue

San Diego, CA 92123

Hours: M-F 8:00-4:00

Population: Sexually reactive Youth (male and female)

Service: Day Treatment Intensive (males), Outpatient (males and females, age 6-18)

Specialty Populations: Juvenile Court Dependents, Juvenile Court Wards, Medi-Cal

Parent Organization: Mental Health Systems, Inc.

County of San Diego Program Monitor: Frances Edwards

## **Unified Day Treatment**

(858) 292-9523

5650 Mt. Ackerly Drive

San Diego, CA 92111

Hours: M-F 8:00-5:00

Population: Medi-Cal eligible Children and Youth referred through school districts

Service: Day Rehabilitation

Specialty Populations: San Diego Unified School District students

Parent Organization: San Diego Unified School District

County of San Diego Program Monitor: Frances Edwards

## **Wraparound/Intensive Case Management**

### **Families Forward Wraparound**

(858) 380-4676

9445 Farnham Street, Suite 100

San Diego, CA 92123

Hours: M-F 8:00-5:00 office hours / 24 hours availability  
Population: Seriously Emotionally Disturbed Children and Youth ages 6 to 21  
Service: Provides intensive case management and mental health services, utilizing the wraparound approach principles. Mental health services are provided with the goal of preventing the youth from needing a higher level of care. Intensive services include, but are not limited to, crisis intervention, case management, medication management, individual therapy, assessment, and family therapy  
Specialty Populations: Juvenile Court Dependents, Juvenile Court Wards  
Parent Organization: Mental Health Systems, Inc.  
County of San Diego Program Monitor: Wendy Maramba

### **Wraparound**

(619) 281-3706

3434 Grove Street

Lemon Grove, CA 91945

Hours: M-F 8:00-5:00/ 24 hour availability  
Population: Seriously Emotionally Disturbed Children and Youth ages 6 to 21  
Service: Full Service Partnership (FSP), provides intensive case management and wraparound services. Services are provided with the goal of assisting youth to step-down to lower level of care. Intensive services include, but are not limited to, crisis intervention, medication management, individual therapy, assessment, group and family therapy  
Specialty Populations: Children who are dependent of the Court and Juvenile Court Wards  
Parent Organization: Fred Finch Youth Center  
County of San Diego Program Monitor: Wendy Maramba

### **WrapWorks**

(858) 633-4100

3002 Armstrong Street

San Diego, CA 92111

Hours: M-F 8:30-5:00 (Evenings by appointment)  
Population: Seriously Emotionally Disturbed Children and Youth ages 5 to 21  
Service: Full Service Partnership (FSP), provides intensive case management and wraparound services. Mental health services are provided with the goal of assisting youth to step-down to lower level of care. Intensive services include, but are not limited to, crisis intervention, medication management, individual therapy, assessment, group and family therapy  
Specialty Populations: Children who are dependent of the Court and Juvenile Court Wards  
Parent Organization: San Diego Center for Children  
County of San Diego Program Monitor: Wendy Maramba

### **Satellite locations:**

235 W. 5<sup>th</sup> Avenue, Suite 130

San Marcos, CA 92069

123 Worthington Street, Suite 201

Spring Valley, CA 91977

## **Therapeutic Behavioral Services**

### **Therapeutic Behavioral Services (TBS)**

(619) 615-0701

Fax (619) 615-0897

2535 Kettner Blvd. 1A4

San Diego, CA 92110

Hours: M-F 8:00-5:00 (coaching hours per need)

Population: Medi-Cal Children and Youth up to 21 and families

Service: One on one behavioral, in home coaching services, case management, by referral

Specialty Populations: Transition Age Youth, Preschool aged children

Parent Organization: New Alternatives, Inc.

County of San Diego Program Monitor: Michael Miller

**Outpatient Services**  
**Fee For Service (FFS) Network**

**Treatment & Evaluation Resource Management (TERM)**

(877) 824-8376

Fax: (619) 641-6779

3111 Camino del Rio North, Suite 500

San Diego, CA 92108

Hours: M-F 8:30-5:00

Population: Child Welfare Services (CWS), Juvenile Probation

Service: Quality management of the mental health treatment, evaluation and assessment services provided to Child Welfare Services and Juvenile Probation clients. Referrals to a network of community providers

Specialty Populations: Children involved in the CWS and Juvenile Probation systems and their Family/Caretakers

Parent Organization: OptumHealth/United Behavioral Health

County of San Diego Program Monitor: Tabatha Lang/Fran Cooper (CYF Liaison)

## **Outpatient Services** **Organizational Providers Network**

### **Advocating, Listening, and Leading the Youth (ALLY)**

(619) 628-2591 (619) 267-5115  
490 Emory Street 502 Euclid Avenue  
Imperial Beach, CA 91932 National City, CA 91950  
Hours: M/W 10:00-7:00, T & F 8:30-5:30 M-F 8:00-5:00

Population: Children and Youth on Medi-Cal up to age 21  
Service: Outpatient clinic services, pediatric referrals and school-based services  
Individual, group and family therapy. Psychiatric services and medication management.

Parent Organization: Prime Healthcare  
County of San Diego Program Monitor: Rebecca Raymond

### **Catalyst**

(858) 300-0460  
7986 Dagget Street  
San Diego, CA 92111

Hours: M-F 9:00-6:00  
Population: Transition Age Youth (TAY) ages 16 to 24 Medi-Cal or indigent who have a Serious Emotional Disturbance (SED) or a Serious Mental Illness (SMI) and who may have a co-occurring mental illness and substance abuse disorder and who have been homeless or are at risk of homelessness, have transitioned from foster care, may have been in juvenile institutions or justice system and /or are users of acute inpatient care  
Service: Assertive Community Treatment program that includes psychiatric assessment, medication management, individual supportive therapy, substance abuse treatment, co-occurring disorders treatment, supportive housing, basic needs, family psycho-education, supportive employment development, legal assistance and Full Service Partnership (FSP)

Specialty Populations: N/A  
Parent Organization: Pathways Community Services  
County of San Diego Program Monitor: Deborah Malcarne

### **Central School-Based Program**

(858) 278-3292  
4660 Viewridge Avenue  
San Diego, CA 92123

Hours: M-F 7:30-5:00  
Population: Children and Youth up to age 21 - Medi-Cal and uninsured (MHSA eligible) and must be in San Diego Unified School District. Uninsured (MHSA eligible)  
Service: School Based, Individual, family, and group therapy. Case management, medication evaluation and monitoring, bilingual services and interpreters available

Parent Organization: Mental Health Systems, Inc.  
County of San Diego Program Monitor: Wendy Maramba

### **Central School-Based Services**

(619) 283-9624

4275 El Cajon Blvd., Suite 101

San Diego, CA 92105

Hours: M-F 9:00-5:00 (weekends/evenings by appointment)  
Population: Children and Youth up to age 21  
Service: School based outpatient diagnosis and brief treatment services; case management and rehabilitative services with San Diego Unified School District  
Parent Organization: Social Advocates for Youth  
County of San Diego Program Monitor: Wendy Maramba

### **Chaldean-Middle Eastern Social Services**

(619) 631-7400

436 S. Magnolia Avenue Suite #201

El Cajon, CA 92020

Hours: M-F 9:00-5:00  
Population: Medi-Cal and unfunded Children and Youth up to age 21  
Service: School based support groups and Outpatient mental health services  
Specialty Population: Middle Eastern Refugees  
Parent Organization: Chaldean-Middle Eastern Social Services  
County of San Diego Program Monitor: Deborah Malcarne/Fran Cooper

### **Childnet**

(760) 741-2660

1002 East Grand Avenue

Escondido, CA 92025

945 Vale Terrace Drive

Vista, CA 92084

Hours: M-F 8:30-5:00, Sat 9:00-5:00  
Population: Medi-Cal and MHSA eligible, Children ages 0-5 and their families  
Service: Assessment, behavioral intervention, teacher intervention at designated preschools, implementation of Incredible Years Curriculum. Provides behavioral intervention and preschool teacher training to assist young children succeed in preschool and the community  
Parent Organization: Palomar Family Counseling Services  
County of San Diego Program Monitor: Michael Miller

### **Community Circle Central/East**

(619) 515-2355

2204 National Avenue

San Diego, CA 92113

(619) 515-2380

3845 Spring Drive

Spring Valley, CA 91977

Hours: M-F 8:00-5:00  
(home visits by appointment)

Population: School-based Children and Youth with Medi-Cal and MHSA up to age 21

Service: Outpatient mental health clinic services. Individual, group and family therapy. School-based mental health services for children, youth and their families, psychiatric services and medication management.

Parent Organization: Family Health Centers of San Diego  
County of San Diego Program Monitor: Rebecca Raymond

## **Comprehensive Assessment and Stabilization Services (CASS)**

(619) 281-3706  
3434 Grove Street  
Lemon Grove, CA 91945

Hours: M-F 8:00-5:00  
Population: Seriously Emotionally Disturbed Children and Youth up to age 21, reside at home, foster care, small group home (6 or less) and are at risk of change of placement to a higher level of care  
Service: Assessment, evaluation, case management treatment (including Evidence-Based Practices), case consultation and other needed mental health interventions. Referrals are made by CWS Social Workers  
Specialty Populations: Children who are dependent of the Court  
Parent Organization: Fred Finch Youth Center  
County of San Diego Program Monitor: Rebecca Raymond

## **Cornerstone**

(619) 640-3266  
6244 El Cajon Blvd., Suite 14  
San Diego, CA 92115

Hours: 8:30-5:00 Day and evening hours available by appointment  
Population: (MHSA and Medi-Cal) unfunded Children and Youth up to age 21  
Service: Outpatient mental health services, Individual group, and skill-building, family therapy services, psychiatric services, and medication management  
Specialty Populations: Clinic and school-based, San Diego Unified School District  
Parent Organization: Pathways Community Services  
County of San Diego Program Monitor: Wendy Maramba

## **Counseling and Treatment Center (CTC)**

(619) 232-6454  
1031 25th Street  
San Diego, CA 92102

Hours: M-F 8:30-5:00  
Population: Children and Youth up to age 21  
Service: School-based counseling services, individual and group counseling, family counseling, substance abuse counseling, case management, and outreach. Services provided at designated schools within San Diego Unified School District  
Parent Organization: Union of Pan Asian Communities  
County of San Diego Program Monitor: Wendy Maramba

## **Counseling Cove**

(619) 525-9903  
2250 Fourth Avenue, Suite 301  
San Diego, CA 92101

Hours: M-F 9:00-6:00 Weekend and evenings by appointment  
Population: Severely emotionally disturbed, homeless, runaway youth throughout entire county of San Diego ages 12 to 21  
Service: Outreach and engagement, crisis intervention, psychiatric evaluation, counseling, case management, medication monitoring, rehabilitative, support services and Full Service Partnership (FSP)  
Specialty Populations: Homeless and runaway youth, TAY population; youth with co-occurring disorders  
Parent Organization: San Diego Youth Services  
County of San Diego Program Monitor: Wendy Maramba

### **Crisis Action & Connection (CAC)**

(619) 591-5740

730 Medical Center Court

Chula Vista, CA 91911

- Hours: M-F 8:00-6:00, program hours vary. 24 hour assistance available
- Population: Children and Youth ages 5 to 18 who have had a psychiatric hospitalization or a screening at the Emergency Screening Unit (ESU) with full scope Medi-Cal or no insurance Children and Youth up to age 21 who are in out of home placements, in change of placement situations or at risk of removal from home, foster home, or group home setting. Must be receiving services through HHSA, be full scope Medi-Cal, and meet medical necessity. Referrals made by HHSA.
- Service: In-home comprehensive assessment, mental health services (individual, family, and group therapy), case management, and behavior management strategies
- Specialty Populations: Transition Age Youth, Youth Gay/Lesbian Transgender  
Juvenile Court Dependents
- Parent Organization: New Alternatives, Inc.
- County of San Diego Program Monitor: Rebecca Raymond

### **Crossroads Family Center**

(619) 441-1907

1679 E. Main Street, Suite 102

El Cajon, CA 92021

- Hours: M, Tu, Fri 9:00-5:00, Wed 8:00-8:00, Th1 0:00-6:00
- Population: Children and Youth with Medi-Cal, Healthy Families, uninsured (MHSA eligible) up to age 21
- Service: Crisis and community support, individual, group and family therapy, case management medication management with therapy, school based services in Rural East county districts and Full Service Partnership (FSP)
- Specialty Populations: Transition Age Youth Outreach to rural East County area
- Parent Organization: Community Research Foundation
- County of San Diego Program Monitor: Fran Cooper

### **Developmental Evaluation Clinic (DEC)**

(858) 966-5817

3020 Children's Way, MS 5843

San Diego, CA 92123

- Hours: M-F 8:00-5:00
- Population: Infants, pre-school and school age children
- Service: Children's Developmental Evaluation Clinic provides developmental and psychological evaluation of infants, pre-school and school aged children. Licensed psychologists, neuro-psychologists and post-doctoral psychology interns evaluate children using a variety of psychometric tests. Identification of developmental and social delays, the significance of the delays and behavioral problems assessments, evaluation of the need for further assessment/intervention and recommendation of educational and therapeutic programs
- Specialty Populations: Children under the age of 6
- Parent Organization: Rady Children's Hospital
- County of San Diego Program Monitor: Rebecca Raymond

## **Douglas Young Youth and Family Services**

(858) 300-8282

7907 Ostrow Street, Suite F

San Diego, CA 92111

Hours: M, T, W 9:30-6:00, Th 12:00-8:00, F 9:00-5:00  
Population: Children and Youth, Healthy Families, Medi-Cal, uninsured (MHSA eligible)  
Service: Clinic and School-Based outpatient mental services including crisis intervention, individual, family and group counseling, case management, psychiatric services including medication management, Full Service Partnership (FSP) and School-based services within San Diego Unified School District  
Specialty Populations: Transition Age Youth and Co-Occurring Disorders  
Parent Organization: Community Research Foundation  
County of San Diego Program Monitor: Wendy Maramba

## **Early Childhood Mental Health (ECMH) – Incredible Years**

(619) 238-0471

3510 Newton Avenue, Building B103

San Diego, CA 92113

Hours: M-F 8:00-5:00  
Population: SED Children ages birth to five in San Diego Unified School District pre-school(s) who have been assessed and diagnosed with aggressive behavior problems and other emotional disturbance  
Service: School-based mental health services that utilizes the Incredible Years curriculum  
Specialty Populations: Latino and Asian Pacific Islander SED children and their families  
Parent Organization: San Diego Unified School District  
County of San Diego Program Monitor: Wendy Maramba

## **East Outpatient Counseling Program**

(619) 668-6200

7339 El Cajon Blvd. Suite K

La Mesa, CA 91941

Hours : M-F 8:00-5:00  
Population: Children and Youth who are Medi-Cal eligible and uninsured (MHSA)  
Service: School based mental health services in Lemon Grove School District, La Mesa- Spring Valley District and Grossmont School District  
Parent Organization: San Diego Center for Children  
County of San Diego Program Monitor: Rebecca Raymond

### **East School-Based Services**

(619) 448-9700

1870 Cordell Court, Suite 101

El Cajon, CA 92020

Hours: M-F 9:00-5:00 (Evenings by appointment)  
Population: Medi-Cal eligible Children and Youth up to 21 years old  
Service: School-based outpatient program serving Lakeside Union, Santee, and Grossmont Union School Districts  
Parent Organization: San Diego Youth Services  
County of San Diego Program Monitor: Rebecca Raymond

### **Fallbrook-Family Counseling**

(760) 731-3235

120 W Hawthorne Street

Fallbrook, CA 92028

Hours: M-F 8:30-5:30  
Population: Children and Youth up to age 21 on Medi-Cal and MHSA eligible  
Service: Individual, group and family therapy, medication management and case management. Provides school based services to Fallbrook High School District, Fallbrook Elementary District  
Parent Organization: Palomar Family Counseling Services  
County of San Diego Program Monitor: Michael Miller

### **Family Intensive Treatment-Juvenile Justice**

(619) 334-5636

2351 Cardinal Lane, Annex B

San Diego, CA 92123

Hours: M-F 8:00-5:00 (Evening hours available as needed)  
Population: San Diego Unified School district students that are SED and have been detained at the Kearny Mesa Juvenile Detention Facility  
Service: Home based Multi-Systemic Therapy (MST) and Assertive Community Treatment (ACT) which require family participation  
Specialty Populations: Adolescent probation wards referred by the Probation Department  
Parent Organization: San Diego Unified School District  
County of San Diego Program Monitor: Frances Edwards

## **Foster Family Agency Stabilization & Treatment (FFAST)**

(858) 633-4115

8775 Aero Drive, Suite 132

San Diego, CA 92123

Hours: M, W, F 9:00-5:00, Tu & Th 9:00-6:30 (additional evening & weekend hours as needed)

Population: Full Scope Medi-Cal eligible beneficiaries up to 21 years of age who reside in Foster Family Agency homes and meet medical necessity diagnostic and impairment criteria in accordance with California Code of Regulations Title 9

Service: Provide specialty mental health services: individual therapy, family therapy, group therapy, parent training groups, crisis intervention, family support/rehabilitation, case management, collateral support, and medication evaluation/monitoring

Specialty Populations: Children/youth who are dependents or wards of the Juvenile Court and reside in San Diego County Foster Family Agency homes

Parent Organization: San Diego Center for Children

County of San Diego Program Monitor: Michael Miller

### Satellite location

145 Vallecitos de Oro, Suite 210

San Marcos, CA 92069

## **Green Oak Ranch**

(760) 598-2803

1237 Green Oak Road

Vista, CA 92083

Hours: M-F 9:00-8:00

Population: Children and Youth up to age 18 diverted from Polinsky Center residing in North County

Service: Assessment, case management services

Specialty Populations: Children under the age of 6, Juvenile Court Dependents

Parent Organization: New Alternatives Inc.

County of San Diego Program Monitor: Rebecca Raymond

## **Incredible Families-ParentCare Center**

(619) 668-4200

4990 Williams Avenue

La Mesa, CA 91941

Hours: M-F 8:00-5:00 (Evening/weekend hours available pursuant to the needs of the clients)

Population: Juvenile Court dependent children, ages 0 – 11 referred by CWS

Service: Provides verified increased outcomes to CWS families in reunification by providing brief mental health services to children, Incredible Years Basic Parenting groups for the adults and also visitation with a family style dinner setting. This is provided in the community throughout the county.

Specialty Populations: Juvenile Court Dependent children through age 11

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Jean Avila

### **Juvenile Court Clinic**

(858) 571-1964

2851 Meadow Lark Drive  
San Diego, CA 92123

Hours: M-F 8:30-5:00

Population: Seriously Emotionally Disturbed Children and Youth that are Wards and Dependents of the Court without funding and/or have exhausted medication resources and are referred by the Probation Department and or Child Welfare Services

Service: Assessment, medication management services, case management, linkage and referral for on-going care including one-to-one therapy and family counseling when required

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Frances Edwards

### **KidSTART Center EPSDT Clinic**

Central-North Central

(858) 576-1700 Ext. 5803

3665 Kearny Villa Road, Suite 501

San Diego, CA 92123

Hours: M 8:00-6:00, T-F 8:00-5:00 (Additional evening and weekend hours as needed)

North Coastal

(760) 967-7082

3605 Vista Way, Suite 101

Oceanside, CA 92056

Hours: M-F 8:00-6:00

(Eve. hours one day a week)

South

(619) 420-5611

1261-D Third Avenue

Chula Vista, CA 91911

Hours: M-F 8:00-6:00

(Eve. hours one day a week)

Population: Medi-Cal eligible children ages birth to 5 years

Service: Outpatient mental health services treatment for children and youth experiencing atypical development and behavior and their families and caregivers. Referrals to this program are made primarily by the KidSTART Center

Specialty Populations: Child Welfare Services children ages 0-5

Parent Organization: Rady Children's Hospital

County of San Diego Program Monitor: Michael Miller

### **Learning Assistance Centers**

(760) 788-9724

1012 Main Street

Ramona, CA 92065

(760) 489-4126

1029 N. Broadway

Escondido, CA 92026

Hours: M-F 8:00-5:30 (Evenings and weekend hours are available)

Population: Children and Youth up to age 21

Service: School and home based mental health services including individual, group and family therapy, case management, rehabilitation, and medication management (psychiatry). Services provided through Medi-Cal and Mental Health Services Act for uninsured/underinsured children. School-based services provided in Ramona, Borrego Springs, Julian (elementary/middle and high school districts), Warner Springs, Spencer Valley, Escondido Union Elementary School District (elementary and middle school students) and San Pasqual Union

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Michael Miller

## **Mental Health Resource Center**

(858) 573-2227

2351 Cardinal Lane, Annex B

San Diego, CA 92123

Hours: M-F 8:00-5:00 (Evening hours available by appointment)  
Population: San Diego Unified School District students, by referral only. Includes referrals from ALBA, Student Attendance Review Board (SARB), Medi-Cal, MHSA, Probation/MST Program, and selected preschool sites Also includes referred elementary and middle school Emotionally Disturbed students  
Service: School based Outpatient Mental Health Services  
Specialty Populations: Preschool children, Transition Age Youth, Juvenile Court Wards. MHSA serves children and youth 3-18 and their families; outreach to underserved Severely Emotional Disturbed (SED) Asian and Latino children and youth  
Parent Organization: San Diego Unified School District  
County of San Diego Program Monitor: Wendy Maramba

## **Mobile Adolescent Services Team (MAST)**

(619) 398-3261

1202 Morena Blvd., Suite 300

San Diego, CA 92110

Hours: M-F 9:00-5:00 (evening sessions by appointment only)  
Population: Children and Youth up to age 21 enrolled in Juvenile Court and Community Schools (JCCS) district. Must be Medi-Cal eligible or uninsured (MHSA eligible)  
Service: School based Juvenile Court and Community Schools (JCCS), Individual, family and group therapy; crisis and community support; medication management; school/community based services  
Specialty Populations: Children/adolescents at risk of entering into (or going further into) the Juvenile Justice system. Pregnant teens/teen mothers, youth with co-occurring substance abuse disorders  
Parent Organization: Community Research Foundation  
County of San Diego Program Monitor: Fran Cooper

## **Multi-Cultural Community Counseling (MCC)**

(619) 578-2211

5296 University Ave., Ste. F-2

San Diego, CA 92105

Hours: M-F 9:00-6:00  
Population: 5 years up to age 21 year old Medi-Cal or no insurance from Latino or Asian Pacific Islander population  
Service: Full Service Partnership providing outpatient individual, group and family therapy, crisis and community support, psychiatric evaluation and medication management and intensive case management  
Specialty Populations: Asian and Pacific cultures  
Parent Organization: Union of Pan Asian Communities (UPAC)  
County of San Diego Program Monitor: Wendy Maramba

### **Nueva Vista Family Services**

(619) 585-7686

1161 Bay Blvd., Suite B

Chula Vista, CA 91911

Hours: M & F 9:00-5:00, T, W, Th 9:00-7:00  
Population: Children and Youth, Medi-Cal, Healthy Families, and uninsured (MHSA eligible)  
Service: Outpatient psychiatric services, Full Service Partnership (FSP), medication management, individual, family and case management, Clinical based services and EPSDT services for National School District, Chula Vista Elementary School District, and Sweetwater High School District  
Specialty Populations: Spanish speaking  
Parent Organization: Community Research Foundation  
County of San Diego Program Monitor: Fran Cooper

### **North Inland/North Coastal - Family Counseling**

(760) 741-2660

1002 East Grand Avenue

Escondido, CA 92025

945 Vale Terrace Drive

Vista, CA 92084

Hours: M-F 8:30-5:00  
Population: Children and Youth up to age 21 on Medi-Cal and MHSA eligible  
Service: School based, outpatient mental health services, rehabilitation and case management for Medi-Cal and MHSA eligible  
Specialty Populations: Oceanside, Vista, Valley Center and Escondido High School District  
Parent Organization: Palomar Family Counseling Services  
County of San Diego Program Monitor: Michael Miller

### **Outpatient Psychiatry**

Central Clinic

(858) 966-5832

3665 Kearny Villa Road #101

San Diego, CA 92123

Hours: M-F 8:00-5:00, closed 12:00-1:00, (Evenings by appointment)  
Population: Children and Youth up to age 21. Medi-Cal, MHSA, and Healthy Families, uninsured  
Service: Clinic based outpatient psychiatric services, medication management, individual, group, family therapy, and Full Service Partnership (FSP)  
Parent Organization: Rady Children's Hospital  
County of San Diego Program Monitor: Wendy Maramba

North Coastal

(760) 758-1480

3605 Vista Way, Suite 258

Oceanside, CA 92056

North Inland

(760) 294-9270

625 W. Citracado Pky., 102

Escondido, CA 92025

Hours: M-F 8:00-5:00, closed 12:00-1:00, (Evenings by appointment)  
Population: Children and Youth up to age 21, school based and clinic based  
Service: Outpatient psychiatric services, medication management, individual, group, family therapy, and Full Service Partnership (FSP)  
Parent Organization: Rady Children's Hospital San Diego  
County of San Diego Program Monitor: Michael Miller

### **Para Las Familias Center**

(619) 565-2650

1340 Imperial Beach Blvd., Suite 204

Imperial Beach, CA 91932

Hours: M-F 8:00-5:00 (Evening hours available to families)  
Population: Children, ages 0 - 5, on Medi-Cal and non-insured children  
Service: Assessment, individual, filial and family therapy. Services provided at clinic, Pre-school sites and in-home services  
Specialty Populations: Children under the age of 6; Juvenile Court Dependents  
Parent Organization: Episcopal Community Services  
County of San Diego Program Monitor: Rebecca Raymond

### **San Diego Deaf Mental Health Services**

(858) 410-1067

707 Broadway, 2<sup>nd</sup> Floor

San Diego, CA 92101

TDD for Hearing Impaired: (858) 410-1067  
Hours: M-F 8:30-5:00  
Population: Unfunded, Serious Emotional Disturbed and Seriously Mentally ill that are deaf or hard of hearing  
Service: Assessment, crisis intervention, individual therapy, collateral contact, group therapy services  
Specialty Populations: Deaf or hard of hearing, individuals with co-occurring substance abuse disorders  
Parent Organization: San Diego Deaf Mental Health Services  
County of San Diego Program Monitor: Virginia West

### **School Based Outpatient**

Central/East/South

(858) 966-5832

3665 Kearny Villa Road #101

San Diego, CA 92123

Hours: M-F 8:00-5:00 (Evenings by appointment: 5:00-7:00)  
Population: Children and Youth up to age 21, Medi-Cal, MHSA, and Healthy Families, uninsured  
Service: Clinic and school-based mental health services in SDUSD, East Region (Grossmont/Santee) and South Region (San Ysidro District), medication management, individual, group, family therapy, and Full Service Partnership (FSP)  
Parent Organization: Rady Children's Hospital  
County of San Diego Program Monitor: Rebecca Raymond

### **South Bay Community Services**

(619) 420-3620

430 F Street

Chula Vista, CA 91910

Hours: M-Th 8:30-8:30 and F 8:30-6:00  
Population: Medi-Cal eligible children and adolescents at risk  
Service: Assessment, individual, group and family therapy services, provided at clinic, school sites and in-home  
Parent Organization: South Bay Community Services  
County of San Diego Program Monitor: Rebecca Raymond

### **Southeast County Mental Health Clinic**

(619) 595-4400

3177 Ocean View Blvd.

San Diego, CA 92113

Hours: M-F 8:00-5:00 (Evenings by appointment)  
Population: Children and Youth up to age 21  
Service: Outpatient therapy, individual, group and family therapy, medication management, school liaison and advocacy. Spanish speaking, and licensed therapists and Full Service Partnership (FSP)  
Parent Organization: County of San Diego  
County of San Diego Program Monitor: Wendy Maramba

### **Survivors of Torture International**

(619) 278-2400

P.O. Box 151240

San Diego, CA 92175

Hours: M-F 8:30-5:00  
Population: Uninsured, unserved, Seriously Emotional Disturbed, and Seriously Mentally ill  
Service: Mental health assessment, dual diagnosis services, individual and group therapy, case management and referrals  
Specialty Populations: Victims of trauma and torture  
Parent Organization: Survivors of Torture International  
County of San Diego Program Monitor: Cecily Thornton-Stearns

### **Therapeutic Interventions Designed to Empower Students (TIDES)**

(619) 281-8313

4394 30<sup>th</sup> St

San Diego, CA 92104

Hours: M-F 8:30-5:00 (appointments are also available from 5:00 to 8:00 pm)  
Population: Ages 5 up to age 21; Medi-Cal and MHSA. Referred by school or community  
Service: Provides outpatient services at different school sites in San Diego Unified School district as well in the community from the main office-YMCA Youth and Family Services outpatient clinic. Services include individual, family, group therapy, psychiatric evaluation and medication monitoring, case management with home visits  
Specialty Populations: Children and adolescents  
Parent Organization: YMCA  
County of San Diego Program Monitor: Wendy Maramba

### **Youth Enhancement Services (YES)**

(619) 428-5533

3025 Beyer Blvd. E101

San Diego, CA 92154

Hours: M-F 8:00-8:00pm, Sat. 8:00-2:00  
Population: Children and Youth up to age 21  
Service: Outpatient clinic based services, psychiatric services, medication management. School based EPSDT and MHSA services provided for San Ysidro School District and Sweetwater Union High School District and Full Service Partnership (FSP)  
Specialty Populations: Spanish speaking  
Parent Organization: San Ysidro Health Center, Inc.  
County of San Diego Program Monitor: Rebecca Raymond

## **Teen Recovery Centers**

### **Central Teen Recovery Center**

(619) 521-5720

3288 El Cajon Blvd, Suite 13

San Diego, CA 92104

Population: Adolescents (age 12 – 17) with substance use and abuse issues  
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.

Parent Organization: Union of Pan Asian Communities

County of San Diego Program Monitor: Wendy Maramba

#### **Satellite Programs**

ALBA Community School

4041 Oregon St.

San Diego, CA 92104

Hoover High School

4474 El Cajon Blvd.

San Diego, CA 92115

Crawford High School

4191 Colts Way

San Diego, CA 92115

San Diego High School

1405 Park Ave.

San Diego, CA 92101

### **Central Southeastern Teen Recovery Center**

(619) 795-7232

220 South Euclid Avenue, Suite 40

San Diego, CA 92114

Population: Adolescents (age 12 – 17) with substance use and abuse issues  
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Wendy Maramba

#### **Satellite Programs**

Morse High School

6000 Skyline Drive

San Diego, CA 92114

Lincoln High School

4777 Imperial Ave.

San Diego, CA 92113

## **East County Teen Recovery Center**

(619) 588-5361

550 Fesler Street, Suite G-1 & G-2

El Cajon, CA 92020

Population: Adolescents (age 12 – 17) with substance use and abuse issues  
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.  
Parent Organization: McAlister Institute for Treatment and Education  
County of San Diego Program Monitor: Rebecca Raymond

### Satellite Programs

Chaparral High School  
1600 North Cuyamaca St.  
El Cajon, CA 92020

Mount Miguel High School  
8585 Blossom Lane  
Spring Valley, CA 91977

## **New Hope Perinatal Teen Recovery Center**

(619) 263-1790

1212 South 43<sup>rd</sup> St., Ste. C

San Diego, CA 92113

Hours: M-F 10:00-6:30  
Population: Female adolescents (age 12-17)  
Service: Adolescent perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services. Adolescents also participate in on-site co-op child care in which they are taught parenting and other child care skills.  
Specialty Populations: Pregnant, parenting teens and Latina ages 12 to 17  
Parent Organization: McAlister Institute for Treatment and Education  
County of San Diego Program Monitor: Jean Avila

## **North Central Teen Recovery Center**

(858) 277-4633

7867 Convoy Court, Building #5, Suite 302

San Diego, CA 92111

Population: Adolescents (age 12-17) with substance use and abuse issues  
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.  
Parent Organization: McAlister Institute for Treatment and Education  
County of San Diego Program Monitor: Wendy Maramba

### Satellite Programs

Madison High School  
4833 Doliva Dr.  
San Diego, CA 92117

Junipero Serra High School  
5156 Santo Rd.  
San Diego, CA 92124

## **North Coastal Teen Recovery Center**

(760) 726-4451

3923 Waring Road, Suite D

Oceanside, CA 92056

Population: Adolescents (age 12 – 17) with substance use and abuse issues  
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.  
Parent Organization: McAlister Institute for Treatment and Education.  
County of San Diego Program Monitor: Michael Miller

### Satellite Programs

El Camino High School  
400 Rancho del Oro Dr.  
Oceanside, CA 92057

Ocean Shores High School  
3131 Oceanside Blvd.  
Oceanside, CA 92056

## **North Inland Teen Recovery Center**

(760) 744-3672

340 Rancheros Drive, Suite 166

San Marcos, CA 92069

Population: Adolescents (age 12 – 17) with substance use and abuse issues  
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.  
Parent Organization: Mental Health Systems, Inc.  
County of San Diego Program Monitor: Michael Miller

### Satellite Programs

Montecito High School  
720 9th St.  
Ramona, CA 92065

San Marcos Unified  
225 Pico Ave.  
San Marcos, CA 92069

## **South Teen Recovery Center**

(619) 691-1045

629 3rd Avenue, Suite C

Chula Vista, CA 91910

Population: Adolescents (age 12 – 17) with substance use and abuse issues  
Service: Alcohol and other drug treatment for youth. Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and Intensive Out Patient (IOP) services. Co-occurring services are available.  
Parent Organization: McAlister Institute for Treatment and Education  
County of San Diego Program Monitor: Rebecca Raymond

### Satellite Programs

MAAC Charter School  
1385 Third Avenue  
Chula Vista, CA 91911

Palomar High School  
480 Palomar St.  
Chula Vista, CA 91911

## **Women's Perinatal Alcohol and Other Drug (AOD)**

### **Residential**

#### **KIVA**

(619) 465-7302

2049 Skyline Drive

Lemon Grove, CA 91945

Hours: 24 Hour Residential AOD Detox and Treatment  
Population: Women and Children  
Service: Long-term residential program (6 to 12 months) for substance-abusing women and their children. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and Incredible Years parenting classes. Prevention and Early Intervention (PEI) services  
Specialty Populations: Pregnant/Parenting women and their children up to age 12  
Parent Organization: McAlister Institute for Treatment and Education  
County of San Diego Program Monitor: Jean Avila

#### **Family Recovery Center**

(760) 439-6702

1100 Sportfisher Drive

Oceanside, CA 92054

Hours: 24 hr residential open M -Th 8:00 -8:00 and F 8:00 - 6:30  
Population: Women and Children  
Service: Women's non-residential Alcohol and Other Drugs (AOD) treatment services- North Coastal Region. Long -term residential program (6-12 months) for substance-abusing women and their children. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and Incredible Years parenting classes. Prevention and Early Intervention (PEI) services  
Specialty Populations: Pregnant and/or Parenting women and their children up to age 12  
Parent Organization: Mental Health Systems, Inc.  
County of San Diego Program Monitor: Jean Avila

#### **North County Serenity House – Serenity Center**

(760) 747-1015

1341 N. Escondido Blvd

Escondido, CA 92026

Hours: 24 hour residential program  
Population: Women, primarily pregnant & parenting and their children under age 12  
Service: Women's and perinatal residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction. Children under 12 may reside with their mothers.  
Specialty Populations: Pregnant and/or Parenting women and their children up to age 12  
Parent Organization: healthRIGHT 360  
County of San Diego Program Monitor: Jean Avila

## Outpatient

### **Family Recovery Center**

(760) 439-6702  
1100 Sportfisher Drive  
Oceanside, CA 92054

Hours: M-Th 8:00-8:00 and F 8:00-6:30  
Population: Women and Children  
Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling and Incredible Years parenting classes.  
Specialty Populations: Pregnant and/or Parenting women and their children up to age 12  
Parent Organization: Mental Health Systems, Inc.  
County of San Diego Program Monitor: Jean Avila

### **Harmony West**

(619) 285-1718  
6154 Mission Gorge Drive, #120  
San Diego, CA 92120

Hours: M-F 9:00-8:30  
Population: Women and Children  
Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services.  
Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.  
Specialty Populations: Pregnant and/or parenting women and their children up to age 12  
Parent Organization: Mental Health Systems, Inc.  
County of San Diego Program Monitor: Jean Avila

### **New Hope Perinatal Teen Recovery Center**

(619) 263-1790  
1212 South 43<sup>rd</sup> St., Ste. C  
San Diego, CA 92113

Hours: M-F 10:00-6:30  
Population: Female adolescent  
Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services.  
Teen women also participate in on-site co-op child care in which they are taught parenting and other child care skills.  
Specialty Populations: Pregnant, parenting Latina teens ages 12 to 17  
Parent Organization: McAlister Institute for Treatment and Education  
County of San Diego Program Monitor: Jean Avila

## **North Inland Women's & Adolescent Recovery Center**

(760) 761-0515

751 Rancheros Road, Suite 5  
San Marcos, CA 92069

Hours: M-F 9:00-5:30  
Population: Pregnant Parenting Teens and Women  
Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services. Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.  
Specialty Populations: Pregnant and/or parenting women and teens ages 15 and up.  
Parent Organization: McAlister Institute for Treatment and Education  
County of San Diego Program Monitor: Jean Avila

### **ParentCare - East**

(619) 668-4200

4990 Williams Avenue  
La Mesa, CA 91942

Hours: M-F 8:00-5:00  
Population: Women, primarily pregnant & parenting  
Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services. Women also participate in on-site licensed child care in which they are taught parenting and other child care skills.  
Specialty Populations: Pregnant and parenting women  
Parent Organization: Vista Hill Foundation  
County of San Diego Program Monitor: Jean Avila

### **ParentCare - Central**

(619) 266-0166

4125 Alpha Street  
San Diego, CA 92113

Hours: M-F 8:00-5:00  
Population: Women, primarily pregnant & parenting  
Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services. Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.  
Specialty Populations: Pregnant and parenting women  
Parent Organization: Vista Hill Foundation  
County of San Diego Program Monitor: Jean Avila

## **South Bay Women's Recovery Center**

(619) 336-1226  
2414 Hoover Avenue  
National City, CA 91950

Hours: M-F 9:00-5:30

Population: Women and children

Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services. Women also participate in on-site co-op child care in which they are taught parenting and other child care skills.

Specialty Populations: Pregnant and/or parenting women and their children up to age 12

Parent Organization: McAlister Institute for Treatment and Education

County of San Diego Program Monitor: Jean Avila

## **Case Management**

### **CalWORKs Case Management Services and Dependency Drug Court Services**

(619) 668-4265  
4990 Williams Avenue  
La Mesa, CA 91942

Hours: M-F 8:00-5:00  
Population: CalWORKs Welfare to Work Adults and CWS Dependency Court Adults  
Service: CalWORKs and AOD case management services  
Specialty Populations: Active adults on CalWORKs in the WTW program  
Parent Organization: Vista Hill Foundation  
County of San Diego Program Monitor: Jean Avila

### **Perinatal Case Management & Dependency Drug Court Services**

(619) 668-4265  
4990 Williams Avenue  
La Mesa, CA 91942

Hours: M-F 8:00-5:00 (other hours by appointment)  
Population: Pregnant & parenting high risk of substance abuse; referrals from public. As a separate population, Dependency Drug Court parents referrals where substance abuse is a major factor in the children's removal from parent's custody. CWS referrals only.  
Service: Mobile case management and dependency drug court services  
Specialty Populations: Pregnant and parenting women  
Parent Organization: Vista Hill Foundation  
County of San Diego Program Monitor: Jean Avila

### **Safe House**

(619) 442-0277

Hours: 5:00 p.m.-1:00 a.m.  
Population: Pregnant and perinatal women. Transition CWS Clients that have completed AOD treatment  
Parent Organization: McAlister Institute for Treatment and Education  
County of San Diego Program Monitor: Jean Avila

## **CalWORKs Mental Health and Alcohol and Other Drugs (AOD)**

Central  
(858) 384-7035  
8745 Aero Drive, #10750  
San Diego, CA 92123

North Central  
(619) 295-6067  
2772 4th Avenue  
San Diego, CA 92103

East  
(619) 442-5434  
330 S Magnolia Avenue, Suite #302  
El Cajon, CA 92020

South  
(619) 425-5609  
1105 Broadway, Suite #209  
Chula Vista, CA 91911

North Inland  
(760) 745-0281  
474 W Vermont Avenue, #103  
Escondido, CA 92025

North Coastal  
(760) 439-4577  
1919 Apple Street, Suite A&B  
Oceanside, CA 92054

Hours: M-F 9:00-4:00

Population: Adults

Service: Multi-Service Center for CalWORKs Welfare to Work (WTW) participants;  
mental health and dual disorders counseling services

Specialty Populations: Active adults on CalWORKs in the WTW program

Parent Organization: Mental Health Systems, Inc.

County of San Diego Program Monitor: Jean Avila

## **Prevention and Early Intervention Services (PEI)**

### **Central Region Community Violence Services Alliance for Community Empowerment (ACE)**

(619) 265-2727  
1031 25<sup>th</sup> Street  
San Diego, CA 92102

Hours: M-F 8:30-5:00  
Population: Middle school age boys and girls between the ages of 10-14 residing in the HHSA Central region, victims of violence, witnesses, siblings of victims, and other members of the community affected by the violence  
Service: Community-Based, family driven and evidence-based Community Violence Response Services program through cultural competent activities, services and staffing. The program components include: Direct Services to Children at Risk and Their Families and Community Violence Response Services  
Specialty Populations: Primary focus population is younger siblings of adolescents and young adults who have been identified as gang members or affiliates, or children of incarcerated parents  
Parent Organization: Union of Pan Asian Communities  
County of San Diego Program Monitor: Linda Bridgeman-Smith

### **East County School Age PEI**

(619) 258-6877  
3845 Spring Drive  
Spring Valley, CA 91977

Hours: M-F 8:00-5:00  
Population: School age children and their families in the designated school districts  
Service: Social-emotional mental health evidenced based prevention and early intervention services for preschool and elementary school age children and their parents based at the public schools they attend. The services provide include screening, early identification and early intervention. These services also include a Family Community Partnership component that provides outreach and behavioral health prevention activities to parents in the identified schools.  
Specialty Populations: The priority populations are at risk children who are underserved and living in high-risk communities often burdened with poverty, illiteracy, limited education, and homelessness. The target population is public elementary schools that have a minimum of 75% of the school population eligible for free and reduced meals in the identified school districts  
Parent Organization: San Diego Youth Services  
County of San Diego Program Monitor: Fran Cooper

### **Kickstart**

(619) 481-3790

6160 Mission Gorge Road, Suite 100

San Diego, CA 92120

Hours: M-F 8:30-5:00 (The site will open early and close later as needed to accommodate the schedules of our clients and to allow for group sessions and activities after hours and on weekends) [www.kickstartsd.org](http://www.kickstartsd.org)

Population: Youth 10 to 17 years of age, and Transition Age Youth 18 to 24 years of age

Service: Services for individuals at-risk for developing or experiencing psychosis related to a serious mental illness that includes assessment, family education, mobile outreach, education, early intervention, information, and linkage in the entire region of San Diego County

Parent Organization: Pathways Community Services

County of San Diego Program Monitor: Deborah Malcarne

### **Outreach and Prevention Education**

#### **Indian Health Council/ Dreamweaver Consortium**

(760) 749-1410

50100 Golsh Road

Valley Center, CA 92082

Hours: M-F 8:00-4:30 plus flex hours based on need

Population: At risk and high risk American Indian and Alaska Native Children, TAY, Adults, and Older Adults and their families

Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns services integrated with Native American Health care clinics

Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families

Parent Organization: Indian Health Council, Inc.

County of San Diego Program Monitor: Danyte Mockus-Valenzuela

**Outreach and Prevention Education  
Southern Indian Health Council/ Dreamweaver Consortium**

(800) 400-1189  
(619) 445-1188  
4058 Willows Road  
Alpine, CA 91901

Hours: M-F 8:00-4:30 plus flex hours based on need  
Population: At risk and high risk American Indian and Alaska Native Children, Transitional Age Youth (TAY), Adults, and Older Adults and their families  
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns. Services integrated with Health care clinic  
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families  
Parent Organization: Indian Health Council, Inc.  
County of San Diego Program Monitor: Danyte Mockus-Valenzuela

**Outreach and Prevention Education  
Sycuan Medical/Dental Center/ Dreamweaver Consortium**

(619) 445-0707  
5442 Sycuan Road  
El Cajon, CA 92019

Hours: M-F 8:00-4:30 plus flex hours based on need  
Population: At risk and high risk American Indian and Alaska Native Children, Transitional Age Youth (TAY), Adults, and Older Adults and their families  
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns  
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families  
Parent Organization: Indian Health Council, Inc.  
County of San Diego Program Monitor: Danyte Mockus-Valenzuela

**Urban Indian Youth Center**

(619) 531-1939  
2560 First Avenue, Suite 103  
San Diego, CA 92103

Hours: M-F 2:00-8:00  
Population: At risk and high risk Urban American Indian and Alaska Native Children and Youth ages 10-22 and their families  
Service: Prevention and Early Intervention services through screening and assessment. Provides individual counseling by counselors or Spiritual Advisors. Center serves as a central location for local tribal youth to meet, do homework, learn about culture, and how wellness relates to mental, spiritual, emotional, and physical health services integrated with SDAIH Clinic  
Specialty Populations: Urban American Indian and Alaska Native children and youth  
Parent Organization: San Diego American Indian Health Center  
County of San Diego Program Monitor: Danyte Mockus-Valenzuela

### **Positive Parenting Program**

(858) 637-3378

8804 Balboa Avenue

San Diego, CA 92123

Hours: M-Th 8:30-5:00, F 8:30-4:00  
Population: Children 0-5 and their families  
Service: Prevention and Early Intervention services utilizing the Triple P (Positive Parenting Program), an evidence-based model, with the goal of reducing the risk for behavioral/emotional problems in young children. Provides seminars for families and child care providers countywide, and seminars in elementary schools  
Specialty Populations: Families, caregivers and educators of children 0-5 enrolled in Head Start and Early Head Start Centers in San Diego county; families living in low socio-economic communities and military families.  
Parent Organization: Jewish Family Service of San Diego  
County of San Diego Program Monitor: Liberty Donnelly

### **Rural Integrated Behavioral Health**

#### **Borrego Community Health Foundation-Julian Medical Clinic**

(760) 765-1223

2721 Washington Street

Julian, CA 92036

### **Neighborhood Healthcare-Pauma Valley**

(760) 742-9919

16650 California 76

Pauma Valley, CA 92061

### **North County Health Services-Ramona**

(760) 789-1223

217 Earlham Street

Ramona, CA 92065

Hours: M-F 8:00-5:00 (After-hour care is available, with a provider on call to assist with patient's needs)  
Population: Children, adolescents, Transition Age Youth (TAY), adults, and older adults attending the North County Health Services-Ramona clinic, Neighborhood Healthcare-Pauma Valley clinic, and Borrego Community Health Foundation-Julian Medical Clinic  
Service: Assessment and short-term interventions in rural community clinics for individuals who may be at risk for or in the early stages of mental illness  
Parent Organization: Vista Hill Foundation  
County of San Diego Program Monitor: Shelly Tregembo

**HEAR Now**  
**School-Based Suicide Prevention and Early Intervention Program**

(619) 258-6877  
3845 Spring Drive  
Spring Valley, CA 91977

Hours: M-F 8:00-4:30  
Population: Children 7<sup>th</sup> through 12<sup>th</sup> grade.  
Service: School-based prevention and early Intervention services to middle and high schools located in the est region of the County of San Diego. Services include: education and outreach about the warning signs and risk factors of depression and suicide, as well as protective factors that reduce the likelihood of suicide  
County of San Diego Program Monitor: Andrienne Yancey

**North PEI School Age Services**

(760) 741-2660

1002 East Grand Avenue  
Escondido, CA 92025

945 Vale Terrace Drive  
Vista, CA 92084

Hours: M-F 8:30-5:00  
Population: School age children and their families in the designated school districts  
Service: Social-emotional mental health evidenced based prevention and early intervention services for preschool and elementary school age children and their parents based at the public schools they attend. The services provide include screening, early identification and early intervention. These services also include a Family Community Partnership component that provides outreach and behavioral health prevention activities to parents in the identified schools.  
Specialty Populations: The priority populations are at risk children who are underserved and living in high-risk communities often burdened with poverty, illiteracy, limited education, and homelessness. The target population is public elementary schools that have a minimum of 75% of the school population eligible for free and reduced meals in the identified school districts  
Parent Organization: Palomar Family Counseling Services  
County of San Diego Program Monitor: Fran Cooper

**Father 2 Child**  
**Mental Health America**

(619) 942-6588  
4069 30<sup>th</sup> Street  
San Diego, CA 92104

Hours: M/TH 10-4, T/W/F 1-6 (After hours as needed)  
Population: African American custodial or non-custodial fathers of children under the age of 18 who reside in the Southeastern San Diego  
Service: Best practice parenting model “24/7 Dad” offering group services to African American fathers to improve attitudes towards fathering, fathering knowledge, and fathering skills  
Specialty Populations: African American children ages 0-18  
Parent Organization: Mental Health America of San Diego County  
County of San Diego Program Monitor: Adrienne Yancey

## **Outcome Measures Services**

### **Child and Adolescent Research Services**

(858) 966-7703

3665 Kearny Villa Road, Suite 200

San Diego, CA 92123

Population: Children and Youth with severe emotional disturbances who are served by County of San Diego Children Mental Health Services

Service: Countywide data and outcomes research services on County of San Diego Children's Mental Health Services. Includes collaboration with County-contracted provider programs and other County departments located in each of the six Health and Human Services regions

Specialty Populations: N/A

Parent Organization: Regents of the University of California, University of California, San Diego

County of San Diego Program Monitor: Elizabeth Miles

**School Listing for Children’s Behavioral Health Services**  
**(School-Based Outpatient programs)**

School services are accessed through the schools. School counselors, teachers, and other school personnel can facilitate a referral.

**Alpine Union School District**

**Provider:** Community Research Foundation-Crossroads Family Center  
**Address:** 1679 E. Main Street, Suite 102, El Cajon, CA 92021  
**Phone:** (619) 441-1907

**Schools:** Alpine Community Day School  
Alpine Elementary

**Borrego Springs Unified School District**

**Provider:** Vista Hill Foundation-North Inland  
**Address:** 398 D Street, Ramona, CA 92065  
**Phone:** (760) 788-9724

**Schools:** Borrego Springs Elementary  
Borrego Springs Junior High  
Borrego Springs High

**Cajon Valley Union School District**

**Provider:** Chaldean-Middle Eastern Social Services  
**Address:** 436 S. Magnolia Ave. Suite #201, El Cajon, CA 92020  
**Phone:** (619) 631-7400

**Schools:** Cajon Valley Middle  
Emerald Middle  
Johnson Elementary  
Lexington Elementary

**Cajon Valley Union School District  
(continued)**

**Provider:** New Alternatives, Inc.- Cajon Valley School Project  
**Address:** 165 Roanoke, Rm. 202EI Cajon, CA 92021  
**Phone:** (619) 588-3653

**Schools:** Anza Elementary  
Avocado Elementary  
Blossom Valley Elementary  
Bostonia Elementary  
Cajon Valley Middle  
Cajon Valley Home School  
Chase Elementary  
Crest Elementary  
Community Day (DRF)  
Emerald STEM Magnet Middle School (DRF)  
Flying Hills Elementary  
Fuerte Elementary  
Greenfield Middle  
Hillsdale Middle  
Jamacha Elementary  
Johnson Elementary  
Lexington Elementary  
Los Coches Creek Middle  
Madison Elementary  
Magnolia Elementary  
Meridian Elementary  
Montgomery Middle  
Naranca Elementary  
Rancho San Diego Elementary  
Rios Elementary (DRF)

**Chula Vista Elementary School District**

**Provider:** Community Research Foundation-Nueva Vista Family Services  
**Address:** 1161 Bay Blvd., Suite B, Chula Vista, CA 91911  
**Phone:** (619) 585-7686

**Schools:** Daly Academy Elementary  
Feaster Charter Elementary  
Mueller Charter

**Chula Vista Elementary School District  
(continued)**

**Provider:** South Bay Community Services-South  
**Address:** 1124 Bay Blvd., Suite D, Chula Vista, CA 91911  
**Phone:** (619) 420-3620

**Schools:** Castle Park Elementary  
Harborside Elementary  
Lauderbach Elementary  
Loma Verde Elementary  
Montgomery Elementary  
Otay Elementary  
Rice Elementary  
Silver Wing Elementary  
Vista Square Elementary

**Encinitas Union School District**

**Provider:** Rady Children's Hospital San Diego Outpatient Psychiatry-North County  
**Address:** 3605 Vista Way, Suite 258, Oceanside, CA 92056  
**Phone:** (760) 758-1480

**Schools:** Ocean Knoll Elementary  
Paul Ecke Central Elementary

## Escondido Union School District

**Provider:** Vista Hill Foundation Lincoln Annex-Escondido

**Address:** 1029 N Broadway, Escondido, CA 92026

**Phone:** (760) 489-4126

**Schools:** Bear Valley Middle  
Bernardo Elementary  
Central Elementary  
Conway Elementary  
Del Dios Middle  
Farr Elementary  
Felicita Elementary  
Glen View Elementary  
Hidden Valley Middle  
Juniper Elementary  
Lincoln Elementary  
L. R. Green Elementary  
Miller Elementary  
Miller One Program (ED)  
Mission Middle  
North Broadway Elementary  
Oak Hill Elementary  
Orange Glen Elementary  
Pioneer Elementary  
Reidy Creek Elementary  
Rincon Middle  
Rock Springs Elementary  
Rose Elementary

**Provider:** Palomar Family Counseling Services – School Age PEI

**Address:** 1002 East Grand Ave., Escondido, CA 92025

**Phone:** (760) 741-2660

**Schools:** Pioneer Elementary  
Rose Elementary

## Escondido Union High School District

**Provider:** Palomar Family Counseling Services-North Inland/North Coastal

**Address:** 1002 East Grand Ave., Escondido, CA 92025

**Phone:** (760) 741-2660

**Schools:** Del Lago Academy  
Escondido High  
Orange Glen High  
San Pasqual High  
Valley High

## **Fallbrook Union Elementary School District**

**Provider:** Palomar Family Counseling Services-Fallbrook  
**Address:** 120 West Hawthorne Street, Fallbrook, CA, 92028  
**Phone:** (760) 731-3235

**Schools:** Fallbrook Street Elementary  
La Paloma School  
Live Oak Elementary  
Maie Ellis Elementary  
Potter Junior High  
Santa Margarita Academy  
William Frazier Elementary

## **Fallbrook Union High School District**

**Provider:** Palomar Family Counseling Services-Fallbrook  
**Address:** 120 West Hawthorne Street, Fallbrook, CA, 92028  
**Phone:** (760) 731-3235

**Schools:** Fallbrook High  
Ivy High

## **Grossmont Union High School District**

**Provider:** McAlister Institute – Teen Recovery Center  
**Address:** 1600 N. Cuyamaca St., El Cajon, CA 92020  
**Phone:** (619) 588-5361

**Schools:** Chaparral High

**Provider:** Rady Children's Outpatient Psychiatry- Central/East/South  
**Address:** 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123  
**Phone:** (858) 966-5832

**Schools:** Granite Hills High

**Provider:** San Diego Center for Children- East County Outpatient  
**Address:** 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942  
**Phone:** (619) 465-5006

**Schools:** Grossmont High  
Helix Charter High  
Mount Miguel High  
Steel Canyon High

**Grossmont Union High School District  
(continued)**

**Provider:** San Diego Youth Services-East County Behavioral Health  
**Address:** 1870 Cordell Court #101, El Cajon, CA 92020  
**Phone:** (619) 619-448-9700

**Schools:** Chaparral High  
El Cajon Valley High  
El Capitan High  
Monte Vista High

**Provider:** Vista Hill- Merit Academy  
**Address:** 1600 N. Cuyamaca St., El Cajon, CA 92020  
**Phone:** (619) 956-0615  
**Schools:** Chaparral High

**Jamul-Dulzura Union School District**

**Provider:** Community Research Foundation-Crossroads Family Services  
**Address:** 1679 E. Main Street, Suite 102, El Cajon, CA 92021  
**Phone:** (619) 441-1907

**Schools:** Jamul Intermediate  
Jamul Primary  
Oak Grove Middle

**Julian Union School District**

**Provider:** Vista Hill Learning Center- Ramona/North Inland  
**Address:** 1012 Main Street, Suite #101, Ramona, CA 92065  
**Phone:** (760) 788-9724

**Schools:** Julian Elementary  
Julian Middle

**Julian Union High School District**

**Provider:** Vista Hill Learning Center- Ramona/North Inland  
**Address:** 1012 Main Street, Suite #101, Ramona, CA 92065  
**Phone:** (760) 788-9724

**School:** Julian High

## **Juvenile Court and Community Schools San Diego County Office of Education**

**Provider:** Community Research Foundation Mobile Adolescent Service Team (MAST)

**Address:** 1202 Morena Blvd., Suite 300, San Diego, CA 92110

**Phone:** (619) 398-3261

**Schools:** 1<sup>st</sup> Ave Literacy (East)  
Bay Blvd. Community (South)  
Bayside Blended Community (Central)  
El Cajon Community (East)  
Escondido Community (North Coastal/North Inland)  
Fallbrook Learning Center (North Inland)  
Goodland Acres Community (East)  
Innovation Academy of Empowerment (South)  
La Mesa Community (East)  
LITT Resources/Old Town (Central)  
Metro Summit (Central)  
Mira Mesa Summit (Central)  
Monarch High (Central)  
North County Tech Academy (North Coastal)  
Second Chance Program (South)  
South Bay Technology Academy (South)  
Southland Community (South)  
Sports Academy (South)  
Teen Options (North Coastal/North Inland)  
Thurgood Marshall Community (Central)  
Umoja Community (South)  
Victoria Community (South)

For current locations check San Diego Office of Education:

<http://www.sdcoe.net/jccs/Pages/default.aspx>

## **Lakeside Union School District**

**Provider:** San Diego Center for Children- East County Outpatient

**Address:** 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942

**Phone:** (619) 668-6200

**Schools:** Lakeside Farms Elementary

Lakeview Elementary

Lemon Crest Elementary

Lindo Park Elementary

Riverview Elementary

Winter Gardens Elementary

**Provider:** San Diego Youth Services-East County Behavioral Health

**Address:** 1870 Cordell Court #101, El Cajon, CA 92020

**Phone:** (619) 619-448-9700

**Schools:** Lakeside Middle

Tierra Del Sol Elementary

## **La Mesa-Spring Valley School District**

**Provider:** Family Health Centers of San Diego-Community Circle East

**Address:** 3845 Spring Drive, Spring Valley, CA 91977

**Phone:** (619) 515-2353

**Schools:** Avondale Elementary

Bancroft Elementary

Casa de Oro Elementary

Highlands Elementary

Kempton Elementary

La Presa Elementary

La Presa Middle

Loma Elementary

Quest Academy

Rancho Elementary

Spring Valley Middle

Sweetwater Springs Elementary

**La Mesa-Spring Valley School District  
(continued)**

**Provider:** San Diego Center for Children- East County Outpatient  
**Address:** 7339 El Cajon Blvd., Suite K, La Mesa, CA 91941  
**Phone:** (619) 668-6200

**Schools:** Fletcher Hills Elementary  
Glenn Murdock Elementary  
La Mesa Dale Elementary  
La Mesa Middle  
Lemon Avenue Elementary  
Maryland Avenue Elementary  
Murray Manor Elementary  
Northmont Elementary  
Parkway Middle  
Rolando Elementary

**Provider:** San Diego Youth Services – East Region PEI  
**Address:** 3845 Spring St., Spring Valley, CA 91977  
**Phone:** (619) 258-6877 ext. 3253

**Schools:** Bancroft Elementary  
Highlands Elementary  
Loma Elementary

**Lemon Grove School District**

**Provider:** San Diego Center for Children-East County Outpatient  
**Address:** 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942  
**Phone:** (619) 668-6200

**Schools:** Lemon Grove Academy Elementary  
Lemon Grove Academy Middle  
Monterey Heights Elementary  
Mount Vernon Elementary  
San Altos Elementary  
San Miguel Elementary  
Vista La Mesa Elementary

## Mountain Empire Unified School District

**Provider:** Community Research Foundation-Crossroads Family Services

**Address:** 1679 E. Main Street, Suite 102, El Cajon, CA 92021

**Phone:** (619) 441-1907

**Schools:** Campo Elementary  
Campo High  
Clover Flat Elementary  
Cottonwood Community Day  
Descanso Elementary  
Jacumba Elementary/Middle  
Mountain Empire High  
Pine Valley Charter/Julian Academy  
Pine Valley Elementary  
Potrero Elementary  
Redhawk Academy

## National School District

**Provider:** Community Research Foundation-Nueva Vista Family Services

**Address:** 1161 Bay Blvd., Suite B, Chula Vista, CA 91911

**Phone:** (619) 585-7686

**Schools:** Central Elementary  
Ira Harbinson Elementary  
John Otis Elementary  
Kimball Elementary  
Las Palmas Elementary  
Lincoln Acres Elementary  
Olivewood Elementary  
Palmer Way Elementary

**Provider:** Paradise Valley ALLY National City Program

**Address:** 502 Euclid Ave, Suite 103, National City, CA 91950

**Phone:** (619) 267-5115

**Schools:** El Toyon Elementary  
Ira Harbison Elementary  
John Otis Elementary  
Kimball Elementary  
Las Palmas Elementary  
Lincoln Acres Elementary  
Olivewood Elementary  
Palmer Way Elementary  
Rancho De La Nacion

## Oceanside Unified School District

**Provider:** North County Lifeline, Inc.  
**Address:** 707 Oceanside Blvd., Oceanside, CA 92054  
**Phone:** (760) 757-0118

**Schools:** Cesar Chavez Middle  
Christa McAuliffe Elementary  
Ivey Ranch Elementary  
Jefferson Middle  
Martin Luther King Middle  
Ocean Shores High

**Provider:** Palomar Family Counseling Services- North Coastal/North Inland  
**Address:** 1002 East Grand Ave., Escondido, CA 92025  
**Phone:** (760) 741-2660

**Schools:** Laurel Elementary  
Mission Elementary  
Oceanside High  
Palmquist Elementary  
South Oceanside Elementary

**Provider:** Palomar Family Counseling Services – School Age PEI  
**Address:** 1002 East Grand Ave., Escondido, CA 92025  
**Phone:** (760) 741-2660

**Schools:** Christa McAuliffe Elementary  
Del Rio Elementary  
Foussat Elementary  
Laurel Elementary  
Libby Elementary  
Mission Elementary  
San Luis Rey Elementary  
South Oceanside Elementary

**Provider:** Rady Children's Outpatient Psychiatry- North Coastal  
**Address:** 3605 Vista Way, Suite 258, Oceanside, CA 92056  
**Phone:** (760) 758-1480

**Schools:** Del Rio Elementary  
Foussat Elementary  
Garrison Elementary  
Libby Elementary  
Reynolds Elementary  
San Luis Rey Elementary

**Oceanside Unified School District  
(continued)**

**Provider:** Union of Pan Asian Communities (UPAC)  
**Address:** 1031 25<sup>th</sup> St., San Diego, CA 92102  
**Phone:** (619) 232-6454

**Schools:** El Camino High  
Lincoln Middle

**Poway Unified School District**

**Provider:** Rady Children's Outpatient Psychiatry- North Inland  
**Address:** 625 W Citracado Parkway, Suite 102, Escondido, CA 92025  
**Phone:** (760) 294-9270

**Schools:** Meadowbrook Middle  
Mt. Carmel High

**Ramona Unified School District**

**Provider:** Vista Hill Learning Center- Ramona/North Inland  
**Address:** 1012 Main St., Ramona, CA 92065  
**Phone:** (760) 788-9724

**Schools:** Barnett Elementary  
Hanson Elementary  
James Duke Elementary  
Mt. Woodson Elementary  
Olive Peirce Middle  
Ramona Community/Mt. Valley School  
Ramona Elementary  
Ramona High

## San Diego Unified School District

**Provider:** Community Research Foundation-Douglas Young Youth & Family Services

**Address:** 7907 Ostrow Street, Suite F, San Diego, CA 92111

**Phone:** (858) 300-8282

**Schools:** Carver Elementary  
Central Elementary  
Cherokee Point Elementary  
Clairemont High  
Crawford High  
Field Elementary  
Ibarra Elementary  
Innovation Middle  
Juarez Elementary  
Kimbrough Elementary  
Lindbergh/Schwitzer Elementary  
Horace Mann Middle  
Marshall Elementary  
Marston Middle  
Mira Mesa High  
Pershing Middle  
Ross Elementary  
Twain Mesa (at Mira Mesa High  
Walker Elementary  
Wangenheim Middle

**Provider:** Community Research Foundation Mobile Adolescent Service Team (MAST)

**Address:** 1202 Morena Blvd., Suite 300, San Diego, CA 92110

**Phone:** (619) 398-3261

E3 Civic School  
Language Academy  
Penn Elementary  
Perry Elementary

**Provider:** Family Health Centers of San Diego - Community Circle Central

**Address:** 2204 National Avenue, San Diego, CA 92113

**Phone:** (619) 515-2355

**Schools:** Baker Elementary  
Balboa Elementary  
Burbank Elementary  
Cesar Chavez Elementary  
Emerson/Bandini Elementary  
Florence Elementary  
Rodriguez Elementary  
Logan Elementary  
Memorial Preparatory  
Normal Heights Elementary

**San Diego Unified School District  
(Continued)**

**Provider:** Mental Health Systems- School Based  
**Address:** 4660 Viewridge Avenue, San Diego, CA 92123  
**Phone:** (858) 278-3292

**Schools:** Audubon K-8  
Carson Elementary  
Farb Middle  
Kearny High  
Linda Vista Elementary  
Mission Bay High  
Montgomery Middle  
Muirlands Middle  
Pacific Beach Middle  
Taft Middle  
Twain Middle

**Provider:** Prime Healthcare, Inc. Advocating, Listening, & Leading Youth (ALLY)  
**Address:** 490 Emory Street, Imperial Beach, CA 91932  
**Phone:** (619) 267-5115

**Schools:** Lee Elementary  
Zamorano Elementary

**Provider:** Pathways Community Services  
**Address:** 6244 El Cajon Blvd., Suite 14, San Diego, CA 92115  
**Phone:** (619) 640-3266

**Schools:** Adams Elementary  
Euclid Elementary  
Fay Elementary  
Franklin Elementary  
Garfield Elementary  
Golden Hill K-8  
Hamilton Elementary  
Joyner Elementary  
Millennial Tech Middle  
Monroe Clark Middle  
Oak Park Elementary  
Rosa Parks Elementary  
Rowan Elementary  
Webster Academy

**San Diego Unified School District  
(Continued)**

**Provider:** Rady Children's Outpatient Psychiatry - Central/East/South  
**Address:** 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123  
**Phone:** (858) 966-5832 Extension 3794

**Schools:** Hoover High  
Morse High

**Provider:** San Diego Unified School District - Early Childhood Mental Health Services  
Incredible Years

**Address:** 3510 Newton Avenue, Building B103, San Diego, CA 92113  
**Phone:** (619) 344-6229

**Schools:** Adams Elementary  
Burbank Elementary  
Chollas/Mead Elementary  
Edison Elementary  
Emerson/Bandini Elementary  
Euclid Elementary  
Fulton Elementary  
Rosa Parks Elementary  
Sherman Elementary

**Provider:** San Diego Unified School District Outpatient Program  
**Address:** 2351 Cardinal Lane, Annex B, San Diego, CA 92123  
**Phone:** (858) 627-7596

**Schools:** CPMA Middle  
Johnson Elementary  
Rolando Park Elementary  
Washington Elementary  
Wilson Middle

**Provider:** San Diego Unified School District - Mental Health Resource Center  
**Address:** 2351 Cardinal Lane, Annex B, San Diego, CA 92123  
**Phone:** (858) 573-2228

**Schools:** ALBA  
CPMA Middle  
Johnson Elementary  
Rolando Park Elementary  
Washington Elementary  
Wilson Middle  
Marcy Day Rehab  
New Dawn Day Rehab  
Unified Day

**San Diego Unified School District  
(Continued)**

**Provider:** Social Advocates for Youth (SAY)  
**Address:** 4275 El Cajon Blvd., Suite 101, San Diego, CA 92105  
**Phone:** (619) 283-9624

**Schools:** Encanto Elementary  
Epiphany Charter  
Freese Elementary  
O'FARRELL COMMUNITY

**Provider:** Union of Pan Asian Communities (UPAC) – Counseling and Treatment Center (CTC)  
**Address:** 1031 25<sup>th</sup> Street, San Diego, CA 92102  
**Phone:** (619) 232-6454

**Schools:** Bell Middle (API only)  
Boone Elementary  
Chesterton Elementary  
Chollas/Mead Elementary  
Edison Elementary  
Fulton Elementary K-8  
Gompers Preparatory Academy 6-12  
Horton Elementary  
Hoover High  
Knox Elementary  
Morse High (API only)  
Nye Elementary  
Paradise Hills Elementary  
Porter Elementary  
Valencia Park Elementary

**Provider:** YMCA -Therapeutic Interventions Designed to Empower Students (TIDES)  
**Address:** 4080 Center Street, Suite 103, San Diego, CA 92103  
**Phone:** (619) 543-9850

**Schools:** Birney Elementary  
Clay Elementary  
King Chavez Arts Academy/Athletics Academy  
King Chavez Preparatory Academy  
Ocean Beach Elementary  
Perkins Elementary  
Roosevelt Middle  
San Diego High  
Sherman Elementary

### **San Marcos Unified School District**

**Provider:** Rady Children's Outpatient Psychiatry- North Coastal  
**Address:** 3605 Vista Way, Suite 258, Oceanside, CA 92056  
**Phone:** (760) 758-1480

**Schools:** Alvin Dunn Elementary  
San Marcos Elementary  
Woodland Park Middle

### **Santee School District**

**Provider:** Rady Children's Outpatient Psychiatry-Central/East/South  
**Address:** 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123  
**Phone:** (858) 966-8471

**Schools:** Hill Creek Elementary  
Pepper Drive Elementary  
Prospect Avenue Elementary  
Rio Seco Elementary

**Provider:** San Diego Youth Services-East County Behavioral Health  
**Address:** 1870 Cordell Court #101, El Cajon, CA 92020  
**Phone:** (619) 448-9700

**Schools:** Cajon Park Elementary  
Carlton Hills Elementary  
Carlton Oaks Elementary  
Chett Harritt Elementary  
Santee Success Program

### **San Ysidro School District**

**Provider:** Rady Children's Outpatient Psychiatry - Central/East/South  
**Address:** 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123  
**Phone:** (858) 966-5832

**Schools:** Sunset Elementary

**Provider:** San Ysidro Health Center-Youth Enhancement Services (YES)  
**Address:** 3025 Beyer Blvd., Suite E101, San Diego, CA 92154  
**Phone:** (619) 428-5533

**Schools:** La Mirada Elementary  
San Ysidro Middle  
Smythe Elementary  
Willow Elementary

## **South Bay Union School District**

**Provider:** Paradise Valley Advocating, Listening, & Leading Youth (ALLY) South Bay Program

**Address:** 330 Moss St., Chula Vista, CA 91911

**Phone:** (619) 628-2591

**Schools:** Bayside Elementary  
Berry Elementary  
Central Elementary  
Emory Elementary  
George Nicoloff Elementary  
Howard Pence Elementary  
Imperial Beach Elementary  
Nester Elementary  
Oneonta Elementary  
Sunnyslope Elementary  
Teofilo Mendoza Elementary  
Westview Elementary

## **Spencer Valley School District**

**Provider:** Vista Hill Learning Center- Ramona/North Inland

**Address:** 1012 Main Street, #101, Ramona, CA 92065

**Phone:** (760) 788-9724

**School:** Spencer Valley Elementary

## **Sweetwater Union High School District**

**Provider:** Community Research Foundation-Nueva Vista Family Services

**Address:** 1161 Bay Blvd., Suite B, Chula Vista, CA 91911

**Phone:** (619) 585-7686

**Schools:** Chula Vista High  
Chula Vista Middle  
Eastlake High  
Mar Vista Academy\*  
Montgomery Middle\*  
National City Middle  
SAILS

\*feeds into FRC

**Sweetwater Union High School District  
(Continued)**

**Provider:** South Bay Community Services

**Address:** 1124 Bay Blvd., Suite D, Chula Vista, CA 91911

**Phone:** (619) 420-3620

**Schools:** Bonita Vista Middle  
Bonita Vista High  
Castle Park High  
Castle Park Middle  
Chula Vista High  
Chula Vista Middle  
Eastlake Middle  
Granger Junior High  
Hilltop High  
Hilltop Middle  
Mar Vista High\*  
Otay Ranch High  
Palomar High  
Rancho del Rey Middle  
Sweetwater High

\*feeds into FRC

**Provider:** San Ysidro Health Center- Youth Enhancement Services (YES)

**Address:** 3025 Beyer Blvd., Suite E101, San Diego, CA 92154

**Phone:** (619) 428-5533

**Schools:** Mar Vista Academy – Family Resource Center (FRC)  
Mar Vista High  
Montgomery High – Family Resource Center (FRC)  
Montgomery Middle  
San Ysidro High \*  
Southwest High\*  
Southwest Middle\*

\*feeds into FRC

## Valley Center-Pauma Union School District

**Provider:** Palomar Family Counseling Services  
**Address:** 1002 East Grand Ave, Escondido, CA 92025  
**Phone:** (760) 741-2660

**Schools:** Lilac Elementary  
Oak Glen High  
Pauma Elementary  
Valley Center Elementary  
Valley Center Middle  
Valley Center Primary  
Valley Center High School

**Provider:** Palomar Family Counseling Services – School Age PEI  
**Address:** 1002 East Grand Ave, Escondido, CA 92025  
**Phone:** (760) 741-2660

**Schools:** Valley Center Primary  
Valley Center Elementary

## Vista Unified School District

**Provider:** North County Lifeline, Inc.  
**Address:** 707 Oceanside Blvd, Oceanside, CA 92054  
**Phone:** (760) 757-0118

**Schools:** Alamosa Park Elementary  
Empresa Elementary  
Guajome Park Academy  
Major General Murray High  
Mission Meadows Elementary  
Mission Vista High School  
Olive Elementary  
Roosevelt Middle  
Temple Heights Elementary  
Vista Innovation and Design Academy (VIDA)  
Vista High School

**Provider:** Palomar Family Counseling Services  
**Address:** 1002 East Grand Avenue, Escondido, CA 92025  
**Phone:** (760) 741-2660

**Schools:** Alta Vista High  
Beaumont Elementary  
Bobier Elementary  
Foothill Oak Elementary  
Hannalei Elementary  
Monte Vista Elementary  
Rancho Minerva Middle  
Vista Academy of Visual and Performing Arts (VAPA)  
Vista Magnet Middle

**Vista Unified School District  
(Continued)**

**Provider:** Rady Children's Outpatient Psychiatry- North Coastal  
**Address:** 3605 Vista Way, Suite 258, Oceanside, CA 92056  
**Phone:** (760) 758-1480

**Schools:** Breeze Hill Elementary  
Casita Center Elementary  
Grapevine Elementary  
Maryland Elementary  
Rancho Buena Vista High

**Provider:** Union of Pan Asian Communities (UPAC)  
**Address:** 1031 25<sup>th</sup> Street, San Diego, CA 92102  
**Phone:** (619) 232-6454

**Schools:** Lake Elementary  
Madison Middle

**Warner Unified School District**

**Provider:** Vista Hill Learning Center- Ramona/North Inland  
**Address:** 1012 Main St, Suite #101, Ramona, CA 92065  
**Phone:** (760) 788-9724

**Schools:** Warner Springs Elementary  
Warner Springs High  
Warner Springs Middle

## **Community Information**

### **ACCESS Customer Service Center**

**(866) 262-9881**

Extension of the County of San Diego Family Resource Centers (FRCs). ACCESS serves residents, providers, and/or government agencies with questions or needs related to Family Resource Center programs and services, including providing case management services for existing FRC customers

### **Access and Crisis Line**

**(888) 724-7240**

San Diego Access and Crisis Line at 800-479-3339 (24 hours, 7 days a week). The San Diego Access and Crisis Line specialize in assisting callers through mental health challenges, crisis and suicide prevention as well as alcohol, drug and behavioral health information and referral.

### **Child Abuse Hotline**

**(800) 344-6000**

Toll free within the State of California

### **Info-Line**

**211 (Local)**  
**(800) 227-0997 (Outlying)**

Information and referral for all Social Services in San Diego County

### **Office of the Primary Public Defender- Juvenile Delinquency**

**(858) 974-5757**

County run law offices of the Public Defender

### **Polinsky Children's Center**

**(858) 514-4600**

County run shelter for children in need of protective services

### **Social Security Administration**

**(800) 772-1213**

Main information number to access Social Security benefits and information

### **San Diego Network of Care for Behavioral Health**

<http://sandiego.networkofcare.org>

## **Support Groups/Self-Help**

**Children and Adults with Attention Deficit Disorder (CHADD)**  
San Diego Chapter (760) 736-1111  
National Resource Center (800) 233-4050

**Mental Health America**  
Information on mental health, advocacy, and self-help groups  
(619) 543-0412

**Alcoholics Anonymous**  
Central (619) 265-8762  
North County (760) 758-2514

**Narcotics Anonymous**  
(619) 584-1007  
Spanish speaking line (619) 546-0774  
(800) 479-0062

**Gamblers Anonymous**  
(888) 233-8547

**NAMI San Diego Helpline**  
**(National Alliance on Mental Illness)**  
Education, Support and Resource Information for family members, consumers, and people  
affected by mental illnesses  
(619) 543-1434  
(800) 523-5933

**San Diego County Al-Anon Information Office**  
(619) 296-2666  
If you are calling from North County or East of Alpine  
(800) 690-2666

**Yellow Ribbon**  
**Suicide Prevention Program**  
San Diego Chapter (888)724-7240  
Nationwide (800)273-TALK (8255)

## **Behavioral Health Websites**

1. **211 Inform San Diego**  
<http://www.211sandiego.org>
2. **American Academy of Pediatrics  
California Chapter 3 - San Diego**  
<http://www.aapca3.org/>
3. **American Institutes for Research**  
<http://www.air.org>
4. **ARC of San Diego**  
<http://www.arc-sd.com>
5. **Bi-Polar Kids**  
<http://www.thebalancedmind.org/>
6. **Center for School Mental Health**  
<http://csmh.umaryland.edu/>
7. **Children and Adults with Attention  
Deficit/Hyperactivity Disorder**  
<http://www.chadd.org/>
8. **Children Mental Health (CMH) Network**  
<http://www.cmhnetwork.org>
9. **Department of Managed Health Care**  
<http://www.dmhc.ca.gov>
10. **Health and Human Services of San Diego  
County**  
<http://www.sandiegocounty.ca.gov>
11. **Healthy San Diego**  
[http://www.sandiegocounty.gov/hhsa/programs/ssp/healthy\\_san\\_diego/index.html](http://www.sandiegocounty.gov/hhsa/programs/ssp/healthy_san_diego/index.html)  
[http://www.sdcounty.ca.gov/hhsa/programs/ssp/healthy\\_san\\_diego/index.html](http://www.sdcounty.ca.gov/hhsa/programs/ssp/healthy_san_diego/index.html)  
Access & Crisis Line (888) 724-7240
12. **National Alliance on Mental Illness**  
<http://www.nami.org>
13. **National Federation of Families for Children's  
Mental Health**  
<http://www.ffcmh.org>
14. **OPTUM Health**  
<http://www.optumsandiego.com>
15. **Technical Resource Library (TRL)**  
[http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/technical\\_resource\\_library.html](http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/technical_resource_library.html)
16. **San Diego Network of Care for Behavioral  
Health**  
<http://sandiego.networkofcare.org>

## **CYFBHS Provider Resource Manual Edits/Updates**

NAME OF ORGANIZATION/AGENCY: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

ELIGIBILITY/POPULATION: \_\_\_\_\_

SERVICES: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

CULTURAL/LINGUISTIC SERVICES: \_\_\_\_\_

\_\_\_\_\_

SPECIALTY POPULATIONS: \_\_\_\_\_

\_\_\_\_\_

PARENT ORGANIZATION: \_\_\_\_\_

CONTACT/TITLE: \_\_\_\_\_

OTHER: \_\_\_\_\_

If you have any revisions, edits, and or comments, please complete this form and send to Yvonne Gage:

Children, Youth and Families Behavioral Health Services

Administration

P.O. Box 85524 – MS: P-531C

San Diego, CA 92186-5524

619-584-3016 / Fax: 619-563-2775

Or e-mail: [Yvonne.Gage@sdcounty.ca.gov](mailto:Yvonne.Gage@sdcounty.ca.gov)