

Quarterly Report on the In-Home Outreach Team (IHOT) Program

4-1-2014 to 6-30-2014

San Diego County-Behavioral Health Services

The IHOT program received 86 new referrals between 4/1/2014 and 6/30/2014 for a total of **937** referrals received to date (i.e., since 1/1/2012). Of the total referrals received to date, **341 (36.4%)** met all eligibility criteria and were accepted into the Outreach Phase of the IHOT program. Referrals from outside of the approved IHOT service regions continued to represent the primary reason referrals were not accepted. Of all persons accepted into the Outreach Phase, 22.3% (n=76) were determined to be potential Laura's Law (PLL) candidates.

As of 6/30/2014, **40.5% (n=138)** of all persons accepted into the Outreach Phase had transitioned to the Engaged Phase. Similar proportions of PLLs and non-PLLs had transitioned from Outreach to the Engaged Phase (39.5% and 40.8% respectively).

As of 6/30/2014, **60** persons had successfully completed the IHOT program and had been linked to other supports through the assistance of the IHOT staff. Most of the linkages (83.3%, n=50) occurred after the IHOT participant had transitioned to the Engaged Phase, but some linkages (n=10) occurred during the Outreach Phase while IHOT staff worked primarily with participant's families to provide education, encouragement, and connections to services.

Of the **341** persons accepted into the IHOT program to date, 39.3% (n=134) had successfully completed the IHOT program or were still active in either the Outreach or Engaged Phase as of 6/30/2014. A total of 207 participants (60.7%) had ended their involvement with IHOT prior to progressing fully through the program. Loss of contact was the primary reason for such closures.

Many participants shared the following features:

- Diagnostic impression of Schizophrenia/Schizoaffective disorder (50.4%, or 172 participants).
- Indications of a co-occurring substance abuse disorder (47.8%, or 163 participants).
- Psychiatric hospitalization and incarceration within the 12 months prior to entering IHOT were common (respectively, 39.9%, or 136 participants and 22.9%, or 78 participants).

As with prior reports, the public mental health service utilization patterns of persons who had ever entered the IHOT Engaged Phase indicated that, relative to their pre-IHOT experiences, participation in IHOT was associated with a trend towards increased outpatient mental health treatment and reduced utilization of some high severity, high need services such as EPU and particularly PERT. The consistency of the overall trends across multiple reporting periods and the larger number of participants and months of observation included in the analyses suggest increased confidence in the ongoing stability of these findings. However, the results should still be considered preliminary given the relatively small sample size and sensitivity to high service utilizers. We will continue to evaluate the service utilization data in future reporting periods. These comparisons only include San Diego County public mental health service utilization data.

Report on the In-Home Outreach Team (IHOT) Program

Supplemental Material for the IHOT Quarterly Report: 4/1/2014 - 6/30/2014
San Diego County-Behavioral Health Services

Key IHOT Program Indicators

	Apr.- Jun. 2014	Total TD ¹	PLL ² TD	Non- PLL TD
1. New Referrals into IHOT	86	937	-	-
2. Accepted into Outreach Phase	26	341 36.4%	76 22.3% ³	265 77.7% ³
3. Entered Engaged Phase	11	138 40.5%	30 39.5%	108 40.8%
4. Successfully Linked	9	50 36.2%	9 30.0%	41 38.0%

Except where noted, percentages are calculated with the number from the level above as the denominator; ¹ TD = "To Date" since 1/1/12; ² PLL = "Potential Laura's Law" candidates; ³ Percentages use 341 (total in "Outreach") as the denominator

Primary Linkage to Other Supports	Apr. - Jun. 2014		Total TD	
	N	%	N	%
Outpatient MH/SA Tx.	7	58.4	28	46.7
Long-Term 24-hour specialized care	-	-	4	6.7
Inpatient MH Tx.	1	8.3	3	5.0
Residential SA Tx.	-	-	4	6.7
Board & Care/ Supportive Housing	2	16.7	9	15.0
Family/Friend Housing	-	-	2	3.3
Independent Living	1	8.3	3	5.0
Other	1	8.3	7	11.6
Total	12¹	100	60²	100

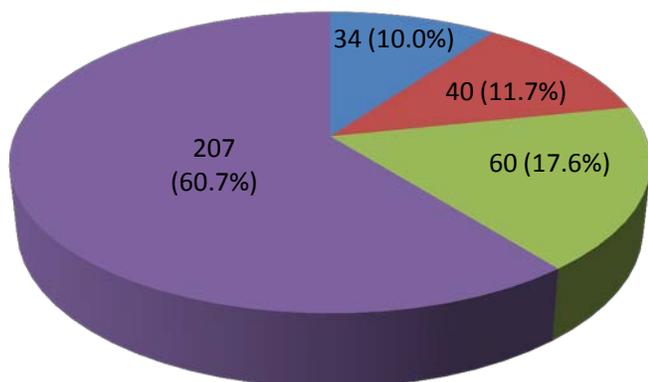
¹ Includes 3 person successfully linked during Outreach

² Includes 10 persons successfully linked during Outreach

Program Status as of 6/30/2014 for All Persons Accepted into IHOT Outreach To Date

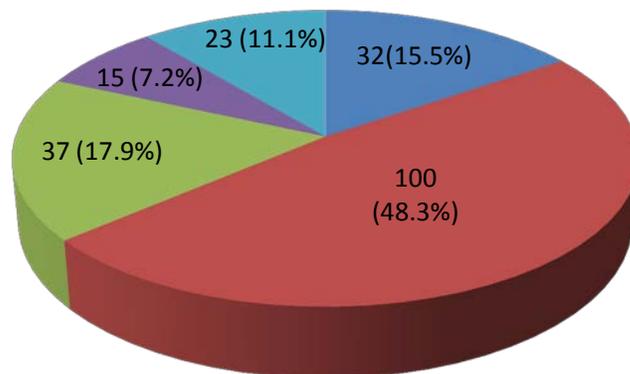
IHOT Program Status

- Active Outreach
- Active Engaged
- Successfully Linked via IHOT
- Closed



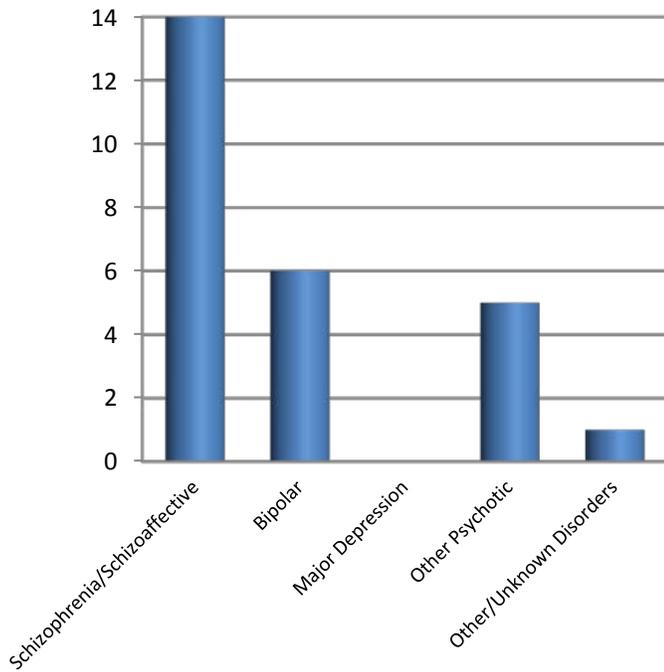
Reason Closed

- Moved/Ineligible
- Not Able to Contact/Became Unavailable
- Declined Services
- Linked to Services not via IHOT
- Other

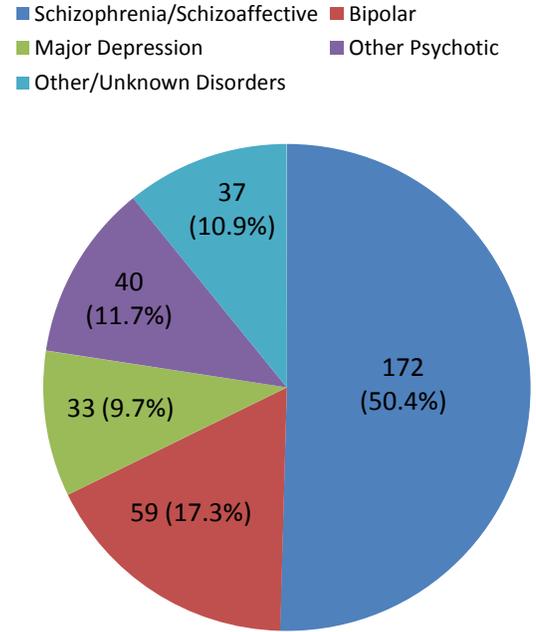


Behavioral Health Related Characteristics of Persons Accepted into IHOT Outreach

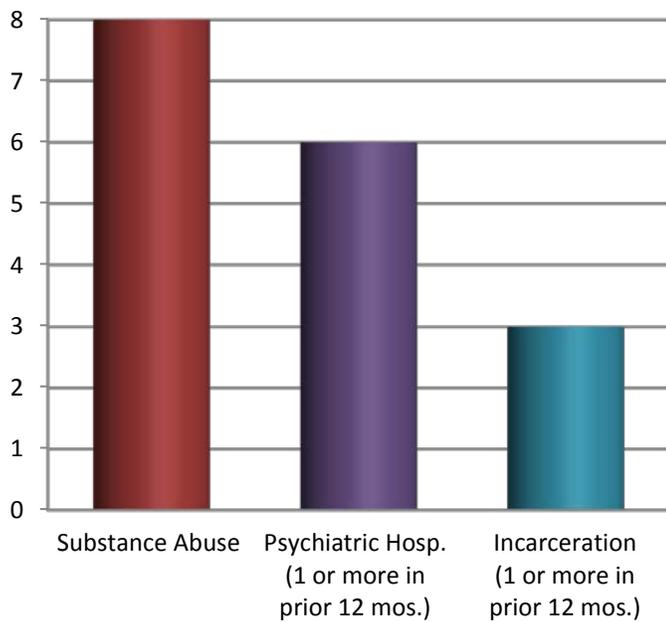
Primary Mental Health Diagnostic Impression (April - June 2014)



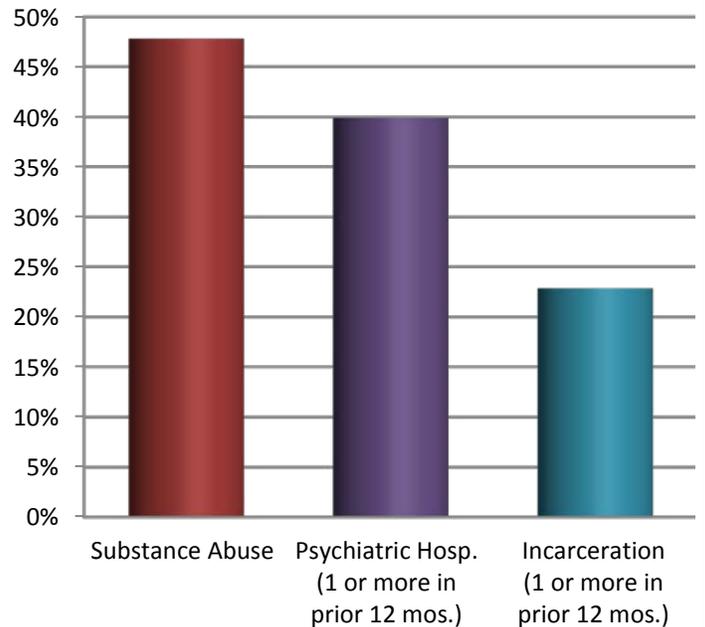
Primary Mental Health Diagnostic Impression (Total To Date)



Substance Abuse, Hospitalization, and/or Incarceration (April - June 2014)



Substance Abuse, Hospitalization, and/or Incarceration (Total To Date)



Demographics of Persons Accepted into the IHOT Outreach Phase

Gender	Apr. – Jun. 2014		Total TD	
		%	N	%
Male	12	46.2	207	60.7
Female	14	53.8	134	39.3
Total	26	100	341	100

Age Group	Apr. – Jun. 2014		Total TD	
		%	N	%
18-24	4	15.4	58	17.0
25-59	18	69.2	242	71.0
60+	4	15.4	41	12.0
Total	26	100	341	100

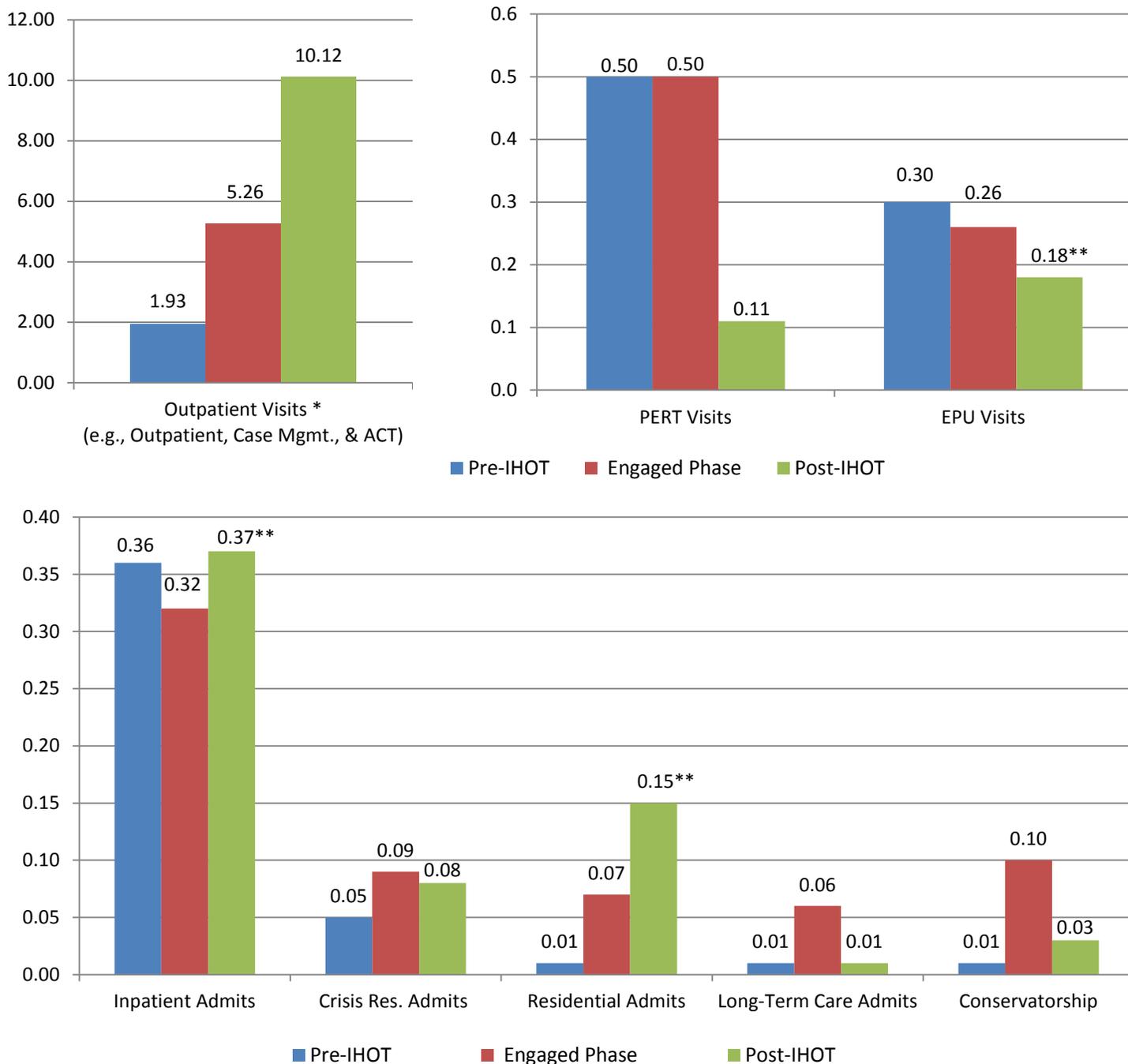
County Region	Apr. – Jun. 2014		Total TD	
		%	N	%
Central	12	46.2	129	37.8
East	8	30.8	97	28.5
North Coastal	6	23.0	115	33.7
Total	26	100	341	100

Race/Ethnicity	Apr. – Jun. 2014		Total TD	
	N	%	N	%
Caucasian	15	57.7	206	60.4
Latino	5	19.3	48	14.1
African American	4	15.4	48	14.1
Asian	1	3.8	12	3.5
Multi	1	3.8	9	2.6
Other	-	-	18	5.3
Total	26	100	341	100

Living Situation	Apr. – Jun. 2014		Total TD	
	N	%	N	%
Lives with Family	12	46.2	168	49.3
Lives alone	7	26.9	48	14.1
Lives with non-relatives	-	-	17	5.0
Board and Care	1	3.8	8	2.3
Jail/Justice Related	-	-	11	3.2
Homeless/Shelter	6	23.1	41	12.0
Institutional/Residential Treatment	-	-	4	1.2
Other	-	-	19	5.6
Unknown	-	-	25	7.3
Total	26	100	341	100

San Diego County Public Mental Health Service Utilization 12 Months Pre-IHOT, During the Engaged Phase, and After IHOT Participation

(Charts report the average number of service visits or admissions per person, per year calculated from the actual service utilization records of the 138 persons who had entered into the IHOT Engaged Phase as of 6/30/2014)



* Per person averages of service utilization provide a useful measure for assessing overall trends; however, as in the case of Outpatient Visits it is important to note that averages may differ from "typical" client experiences when the data include some large values. Overall, more Outpatient Visits occurred during and especially after IHOT participation than before IHOT participation, but the averages were heavily influenced by the high frequency service users. For example, after removing the five (5) highest Outpatient Visit service users from the calculations the Pre-IHOT, Engaged Phase, and Post-IHOT averages reduced to 0.88, 3.06, and 4.51 visits, respectively.

** Average was heavily influenced by one high service utilizer. Analyses conducted with the respective high utilizer removed resulted in the following revised Post-IHOT averages: EPU Visits=.11, Inpatient Admits=.27, and Residential Admits=.03.