

# COUNTY OF SAN DIEGO HEALTH AND HUMAN SERVICES AGENCY



## BEHAVIORAL HEALTH SERVICES

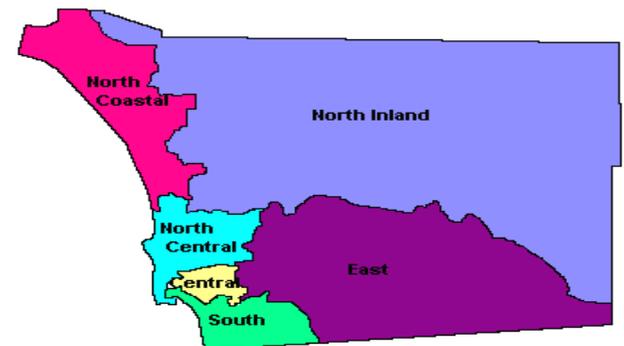
**ALCOHOL AND DRUG/MENTAL HEALTH SERVICES ACCESS AND CRISIS LINE (888) 724-7240**

**ACCESS AND CRISIS LINE FOR THE DEAF, HARD OF HEARING AND LATE DEAFENED (619) 641-6992**

# SERVICE INFORMATION

- Services are available for individuals and families with Medi-Cal, limited insurance or no insurance.
- All providers accept new clients, unless otherwise noted.
- Call the **Access and Crisis Line** at 1-888-724-7240 for help in locating a BHS Service Provider.
- Except as restricted by State licensing regulations, services are provided without discrimination on the basis of race, color, religion, national origin, ancestry, physical or mental disability, medical condition, marital status, sex, sexual orientation, age, veteran status, or ability to pay.
- Programs may charge a fee for services based on an individual's income and ability to pay. No one will be denied services based on ability to pay. Client fees may be waived for Medi-Cal eligible persons participating in Medi-Cal certified services (except for required share of cost).
- Free Interpreter services are available at all County Behavioral Health programs or Individual Network Providers.
- The County also has a network of individual and small group Fee For Service (FFS) mental health providers. The Access and Crisis Line can help you find one who is taking new clients. You may also ask for a FFS Provider List for your region.
- Except as restricted by State licensing regulations, services are provided without discrimination on the basis of age, sex, race, disability, or ability to pay.
- If you have a complaint, grievance or would like to appeal a decision made about your inpatient or outpatient treatment, you can call the Advocates listed: **INPATIENT**: Call JFS Patient Advocacy Services at 1-800-479-2233; or **OUTPATIENT**: Call the Consumer Center for Health Education and Advocacy at 1-877-734-3258.
- The following abbreviations are used to classify provider specialties:
- **AI**=American Indian; **Afr Amer**=African-American; **EE**=Eastern European; **LGBT**=Lesbian/Gay/Bi-sexual/Transgender; **HL**=Hispanic/Latino; **HML**=Homeless; **ME**=Middle Eastern; **SEA**=Southeast Asian **SED**=Severely Emotionally Disturbed; **TAY**=Transitional Age Youth

Services are located throughout San Diego County. The Directory lists the services locations for each program in the column called "Region." The regions of San Diego are shown in this map.



| Type of Service | Program  | Phone          | Hours                         | Region     | Populations           | Languages                           | Cultural Competency   | Specialties   |
|-----------------|--|----------------|-------------------------------|------------|-----------------------|-------------------------------------|---|---|
| Advocacy        | Consumer Center for Health Education & Advocacy (CCHEA)<br>1764 San Diego Ave.,<br>Ste. 200<br>San Diego, CA 92110 | (877) 734-3258 | Mon- Fri<br>9:00 am - 5:00 pm | Countywide | All Ages              | Spanish,<br>Vietnamese,<br>Mandarin | Older Adult,<br>GLBT, HML, Afr<br>Amer, HL, African<br>Refugee, SEA,<br>EE,ME | Advocacy, grievances<br>and appeals for<br>consumers of public<br>outpatient services.  |
| Advocacy        | Patient Advocacy<br>Services<br>Jewish Family Service<br>of San Diego<br>8788 Balboa Ave.<br>San Diego, CA 92123   | (800) 479-2233 | Mon- Fri<br>8:00 am - 5:00 pm | Countywide | Children, Adults      |                                     |   | Advocacy, protection of<br>patients' rights and<br>grievances and appeals<br>for consumers in acute<br>care or residential<br>programs.                       |
| Advocacy        | Recovery Innovations<br>3565 Del Rey St.<br>Ste. 202<br>San Diego, CA 92109  | (858) 274-4650 | Mon- Fri<br>8:30 am - 5:00 pm | Countywide | Adult, Older<br>Adult | Spanish                             | Older Adult, Afr<br>Amer, Chaldean,<br>GLBT                                   | Wellness Recovery<br>Action Plan (WRAP),<br>Wellness and<br>empowerment in life and<br>living; Employment<br>Training; Other<br>recovery-oriented<br>classes. |

**ALL PROVIDERS ARE ACCEPTING NEW CLIENTS UNLESS OTHERWISE NOTED.**

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| Type of Service                     | Program   | Phone          | Hours   | Region     | Populations   | Languages | Cultural Competency                                | Specialties   |
|-------------------------------------|---|----------------|---|------------|---|-----------|--|---|
| Advocacy Children, Youth & Families | Family/Youth Partner Program<br>Harmonium, Inc.<br>5275 Market St.,<br>Ste. G<br>San Diego, CA 92114            | (858) 684-3080 | Mon- Fri<br>9:00 am - 4:30 pm   | Central    | Children, TAY,<br>their siblings<br>and families at<br>Southeast<br>Mental Health<br>Clinic |           |  | Support wellness and resiliency and assist with access to other community resources.                                  |
| Advocacy Children, Youth & Families | Family and Youth Roundtable<br>5005 Texas St., Ste.104<br>San Diego, CA 92108                                   | (619) 546-5852 | N/A   | Countywide | Children, Youth<br>and Families   |           |  | Coaching, training and consulting that supports partnerships between consumers, families and mental health providers. |
| Advocacy Children, Youth & Families | Family/Youth Partner Program<br>San Diego Youth Services<br>2250 Fourth Ave.<br>Ste. 301<br>San Diego, CA 92101 | (619) 525-9903 | Mon- Fri<br>9:00 am - 6:00 pm<br>(Family Youth Support Partners<br>available 24 hours a<br>day) | Countywide | Children,<br>Adolescents  | Spanish   | GLBT, HML<br>Family/Youth Peer Support.<br>Runaway |   |

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|--|--|---------------------------------|----------------------------|------------|---|-----------|---------------------|--|
| AOD Justice Programs Children, Youth & Families          | Breaking Cycles San Diego Youth Services (SDYS) 7798 Starling Dr. Ste. 200 San Diego, CA 92123   | (858) 492-2300                  | Mon- Fri 8:00 am - 5:00 pm | Central    | Adolescents (Juvenile Probation only)                                 |           | Requirements met    | Provides alcohol and drug assessment, intervention, educational groups, and case management for probation involved juveniles.  |
| AOD Case Management (referrals only)                     | Parolee Partnership Program (P3) Mental Health Systems, Inc. (MHS) 2535 Camino Del Rio S. Ste. 230 San Diego, CA 92108                   | (619) 220-7090 (referrals only) | Mon-Fri 8:30 am - 4:30 pm  | Countywide | Adult, Older Adult Parolee Clients Only (Parole Agent referrals only) |           | Requirements met    | Six months of intensive case management and recovery services to ex-offenders and parolees at risk of continuing their alcohol and/or drug abuse.  |
| AOD Case Management Perinatal Children, Youth & Families | ParentCare Perinatal Case Management and Dependency Drug Court (DOC) Services Vista Hill Foundation 4990 Williams Ave. La Mesa, CA 91941 | (619) 668-4200                  | Mon- Fri 8:30 am - 4:30 pm | East       | Women   |           | Requirements met    | A continuous, long-term outpatient case management to assist women who are drug and/or alcohol users, pregnant or parenting, in finding services to support long-term recovery. Provides DOC services. |

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| AOD Detoxification Services                            | Detox<br>McAlister Institute for Treatment and Education (MITE)<br>(Call for Locations)  | (619) 465-7303 | 24/7  | Countywide    | Adults, Older Adults           | Spanish   | Requirements met    | Offers a 5-14 day residential social model detoxification program for adults who are experiencing problems with alcohol and other drugs.  |
| AOD Detoxification Services Children, Youth & Families | Options, KIVA & Perinatal Detox<br>McAlister Institute for Treatment and Education (MITE)<br>2049 Skyline Dr.<br>Lemon Grove, CA 91945 | (619) 465-7303 | 24/7<br>(Office Hours<br>9:00 am - 4:00 pm<br>Mon- Fri) | East          | Adult Women and their Children |           | Requirements met    | Offers short term (5-14 days) non-medical detoxification for women, especially those who are pregnant and/or experiencing problems with Alcohol and other drugs.                              |
| AOD Justice Programs                                   | Serial Inebriate Program (SIP)<br>Mental Health Systems, Inc. (MHS)<br>3340 Kemper St.<br>Ste. 105<br>San Diego, CA 92110              | (619) 523-8121 | Call for hours  | North Central | Adults, Older Adults           | Spanish   | Requirements met    | Provides non-residential treatment to chronic alcoholics referred by the San Diego Police Dept. Services include counseling and linkages to appropriate community resources and sober living. |

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| AOD Justice Programs Adult Drug Court (referrals only) | East County Center for Change - Adult Drug Court<br>Mental Health Systems, Inc. (MHS)<br>545 Magnolia Ave.<br>El Cajon, CA 92020                 | (619) 579-0947(Court referrals only)     | Mon- Fri<br>8:00 am - 6:00 pm | East          | Adults, Older Adults<br>(Superior Court referrals only) |           | Requirements met    | Provides a 12-month outpatient substance abuse treatment program with six months of aftercare to alcohol or drug-abusing reions. |
| AOD Justice Programs Adult Drug Court (referrals only) | North County Center for Change- Adult Drug Court<br>Mental Health Systems, Inc. (MHS)<br>504 West Vista Way<br>Vista, CA 92083                   | (760) 940-1836(Court referrals only)     | Mon- Fri<br>9:00 am - 5:00 pm | North Central | Adults, Older Adults<br>(Court referrals only)          |           | Requirements met    | Provides a 12-month outpatient substance abuse treatment program with six months of aftercare to alcohol or drug-abusing felons. |
| AOD Justice Programs Adult Drug Court (referrals only) | San Diego Center for Change- Adult Drug Court<br>Mental Health Systems, Inc. (MHS)<br>3340 Kemper St.<br>Suites 101 & 209<br>San Diego, CA 92110 | (619) 758-1433<br>(Court referrals only) | Mon- Fri<br>8:00 am - 5:00 pm | Central       | Adults, Older Adults (Superior Court referrals only)    |           | Requirements met    | Provides a 12-month outpatient substance abuse treatment program with six months of aftercare to alcohol or drug-abusing felons. |

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| AOD Justice Programs Adult Drug Court (referrals only) | South County Center for Change - Adult Drug Court<br>Mental Health Systems (MHS)<br>1515 Palm Ave.<br>San Diego, CA 92154                        | (619) 429-4117 (Court referrals only) | Mon-Fri<br>8:30 am - 5:30 pm  | South   | Adults, Older Adults<br>(Court referrals only) | Spanish   | Requirements met    | Provides a 12-month outpatient substance abuse treatment program with six months of aftercare to alcohol or drug-abusing felons.  |
| AOD Justice Programs DUI                               | Central District Driving Under the Influence (DUI) Program<br>San Diego State University<br>9245 Sky Park Ct.<br>Ste. 101<br>San Diego, CA 92123 | (858) 467-6810                        | Mon-Fri<br>8:00 am - 5:00 pm<br>(Business office closed Noon - 1:00 pm) | Central | Adults, Older Adults                           | Spanish   | Requirements met    | Provides mandated services for any individual arrested for, or convicted of, driving under the influence of alcohol and/or drugs in California. Enrollment requires a referral from court, probation, or DMV. |
| AOD Justice Programs DUI Program (referrals only)      | DUI Program<br>MAAC Project<br>1355 Third Ave.<br>Chula Vista, CA 91911  | (619) 409-1780 (referrals only)       | Mon-Fri<br>8:30 am - 5:00 pm  | South   | Adults, Older Adults (referrals only)          | Spanish   | Requirements met    | Provides mandated services for any individual arrested for, or convicted of, driving under the influence of alcohol and/or drugs in California. Enrollment requires a referral from court, probation, or DMV. |

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| AOD Justice Programs DUI Program (referrals only)                                     | Occupational Health Services<br>DUI Program<br>MHN<br>1050 Los Vallecitos Blvd.<br>Ste. 109<br>San Marcos, CA 92069 | (760) 752-5300 (referrals only) (760) 891-1500 | Mon- Fri 9:00 am - 8:00pm<br>Sat 8:00am - 4:30pm | North      | Adults, Older Adults                  | Spanish   | Requirements met    | Provides mandated services for any individual arrested for, or convicted of, driving under the influence of alcohol and/or drugs in California. Enrollment requires a referral from court, probation, or DMV. |
| AOD Justice Programs DUI Program (referrals only)                                     | East County ACCORD<br>DUI Program<br>Episcopal Community Services (ECS)<br>7474 El Cajon Blvd.<br>La Mesa, CA 91941 | (619) 741-8147 (referrals only)                | Mon- Fri 9:00 am - 6:00 pm                       | East       | Adults, Older Adults (referrals only) | Spanish   | Requirements met    | Provides mandated services for any individual arrested for, or convicted of, driving under the influence of alcohol and/or drugs in California. Enrollment requires a referral from court, probation, or DMV. |
| AOD Justice Programs Juvenile Drug Court (referrals only) Children, Youth & Families. | Juvenile Drug Court<br>Vista Hill Foundation<br>2901 Meadow Lark Dr.<br>San Diego, CA 92123                         | (858) 694-4729 (court referrals only)          | Mon- Fri 8:00 am - 5:00 pm                       | Countywide | Adolescents referred by Court         |           | Requirements met    | Offers substance abuse case management for youth in drug court. Covers abuse and/or addiction issues. Requires referral from court.   |

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|---|---|--|----------------|-------------------|---------------------------------------|-----------|---------------------|---|
| AOD Justice Programs PC 1000 (referrals only) | Central East Region PC 1000 (Deferred Entry of Judgment & AIDS Education Program) Mental Health Systems, Inc. (MHS) 6244 El Cajon Blvd. Ste. 15 San Diego, CA 92115               | (619) 287-8225 (referrals only)          | Call for hours | Central           | Adults, Older Adults (referrals only) | Spanish   | Requirements met    | PC 1000 Deferred Entry of Judgment/AIDS Education Program, provides court-ordered education and counseling services related to specific drug-related offenses and prostitution offenses. Requires a referral from court or probation. |
| AOD Justice Programs PC 1000 (referrals only) | Mid-Coast Region PC 1000 (Deferred Entry of Judgment & AIDS Education Program) Mental Health Systems, Inc.(MHS) 3340 Kemper St., Ste. 105 San Diego, CA 92110                     | (619) 523-8121 (referrals only)          | Call for hours | Central Mid-Coast | Adults, Older Adults (referrals only) | Spanish   | Requirements met    | PC 1000 Deferred Entry of Judgment/AIDS Education Program, provides court-ordered education and counseling services related to specific drug-related offenses and prostitution offenses. Requires a referral from court or probation. |
| AOD Justice Programs PC 1000 (referrals only) | East County PC 1000 (Deferred Entry of Judgment & AIDS Education Program) McAlister Institute for Treatment and Education (MITE) 1365 N. Johnson Ave. Ste. 111 El Cajon, CA 92020 | (619) 440-4801 Ext. 121 (referrals only) | Call for hours | East              | Adults, Older Adults (referrals only) | Spanish   | Requirements met    | PC 1000 Deferred Entry of Judgment/AIDS Education program. Provides court-ordered education and counseling services related to specific drug-related offenses and prostitution offenses. Requires a referral from court or Probation. |

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|---|--|---|----------------|---------------|--|-----------|---------------------|---|
| AOD Justice Programs PC 1000 (referrals only) | N. Inland Region PC 1000 (Deferred Entry of Judgment & AIDS Education Program) Mental Health Systems, Inc.(MHS) 620 North Ash St. Escondido, CA 92027    | (760) 741-7708 (referrals only)                               | Call for hours | North Inland  | Adults, Older Adults (referrals only)                | Spanish   | Requirements met    | PC 1000 Deferred Entry of Judgment/AIDS Education Program, provides court-ordered education and counseling services related to specific drug-related offenses and prostitution offenses. Requires a referral from court or probation. |
| AOD Justice Programs PC 1000 (referrals only) | North Coastal PC 1000 (Deferred Entry of Judgment & AIDS Education Program) Mental Health Systems, Inc. (MHS) 2821 Oceanside Blvd. Oceanside, CA 92054   | (760) 721-2743 (referrals only)                               | Call for hours | North Coastal | Adults, Older Adults (referrals only)                | Spanish   | Requirements met    | PC 1000 Deferred Entry of Judgment/AIDS Education program. Provides court-ordered education and counseling services related to specific drug-related offenses and prostitution offenses. Requires a referral from court or Probation. |
| AOD Justice Programs PC 1000 (referrals only) | South Bay PC 1000 (Deferred Entry of Judgment & AIDS Education Program) Mental Health Systems, Inc.(MHS) 1180 Third Ave. Ste. C-13 Chula Vista, CA 91911 | (619) 691-8164 (619) 422-3918 (Superior Court referrals only) | Call for hours | South         | Adults, Older Adults (Superior Court referrals only) | Spanish   | Requirements met    | PC 1000 Deferred Entry of Judgment/AIDS Education program. Provides court-ordered education and counseling services related to specific drug-related offenses and Prostitution offenses. Requires a referral from court or Probation. |

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| AOD Non-Residential Services<br>Children, Youth & Families | Union of Pan-Asian Communities (UPAC)<br>3288 El Cajon Blvd.<br>San Diego, CA 92104  | (619) 521-5720 | Mon- Fri<br>10:00 am - 6:30 pm     | Central       | Adolescents          | Spanish, Vietnamese, Tagalog and other API languages | Requirements met    | Alcohol and other drug treatment and recovery services for adolescents with Medi-Cal coverage. Offers after-school programs.  |
| AOD Non-Residential Services                               | Bridges Intensive Outpatient Program<br>Vista Hill Foundation<br>4990 Williams Ave.<br>La Mesa, CA 91941                                 | (619) 668-4203 | Mon, Wed, Thu<br>5:00 pm - 9:00 pm | East, Central | Adults, Older Adults | Spanish  | Requirements met    | Alcohol and other drug treatment services and other drug-induced problems, including co-occurring disorders, to Drug Medi-Cal eligible adults. Services include outpatient, individual, family, and group counseling.                         |
| AOD Non-Residential Services                               | Central East Regional Recovery Center (RRC)<br>Mental Health Systems, Inc.(MHS)<br>6244 El Cajon Blvd.<br>Ste. 15<br>San Diego, CA 92115 | (619) 287-8225 | Call for hours                     | Central       | Adults, Older Adults | Spanish  | Requirements met    | Alcohol and other drug treatment and recovery services, including co-occurring disorders, PC 1000 drug diversion services, and Positive Parenting for Men in Recovery. Services include outpatient, individual, family, and group counseling. |

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|------------------------------|--|----------------|----------------|---------------|----------------------|-----------|---------------------|---|
| AOD Non-Residential Services | East Regional Recovery Center (RRC)<br>McAlister Institute for Treatment and Education (MITE)<br>1365 N. Johnson Ave.,<br>Ste. 111<br>El Cajon, CA 92020 | (619) 440-4801 | Call for hours | East          | Adults, Older Adults | Spanish   | Requirements met    | Alcohol and other drug treatment and recovery services, including co-occurring disorders, PC 1000 drug diversion services, and Positive Parenting for Men in Recovery. Services include outpatient, individual, family, and group counseling. |
| AOD Non-Residential Services | Mid-Coast Regional Recovery Center (RRC)<br>Mental Health Systems, Inc. (MHS)<br>3340 Kemper St.<br>Ste. 105<br>San Diego, CA 92110                      | (619) 523-8121 | Call for hours | North Central | Adults, Older Adults | Spanish   | Requirements met    | Alcohol and other drug treatment and recovery services, including co-occurring disorders, PC1000 drug diversion services, and Positive Parenting for Men in Recovery. Services include outpatient, individual, family, and group counseling.  |
| AOD Non-Residential Services | North Inland Regional Recovery Center (RRC)<br>Mental Health Systems, Inc. (MHS)<br>620 North Ash St.<br>Escondido, CA 92027                             | (760) 741-7708 | Call for hours | North Inland  | Adults, Older Adults | Spanish   | Requirements met    | Alcohol and other drug treatment and recovery services, including co-occurring disorders, PC 1000 drug diversion services, and Positive Parenting for Men in Recovery. Services include outpatient, individual, family, and group counseling. |

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| AOD Non-Residential Services | Regional Recovery Center (RRC) South Bay<br>McAlister Institute for Treatment and Education {MITE}<br>1180 Third Ave.<br>Ste. C-13<br>Chula Vista, CA 91911 | (619) 691-8164 | Mon- Thu<br>9:00 am - 9:00 pm<br>Fri<br>9:00 am - 5:30 pm | South         | Adults, Older Adults | Spanish   | Requirements met    | Alcohol and other drug treatment and recovery services, including co-occurring disorders, PC1000 drug diversion services, and Positive Parenting for Men in Recovery. Services include outpatient, individual, family, and group counseling.               |
| AOD Non-Residential Services | Regional Recovery Center (RRC) North Coastal<br>McAlister Institute of Treatment and Education (MITE)<br>2821 Oceanside Blvd.<br>Oceanside, CA 92054        | (760) 721-2781 | Call for hours  | North Coastal | Adults, Older Adults | Spanish   | Requirements met    | Alcohol and other drug treatment and recovery services, including co-occurring disorders, PC1000 drug diversion services, and Positive Parenting for Men in Recovery. Services include outpatient, individual, family, and group counseling.               |
| AOD Non-Residential Services | Union of Pan Asian Communities (UPAC)<br>3288 El Cajon Blvd.<br>Ste. 13<br>San Diego, CA 92104  | (619) 521-5720 | Mon- Fri<br>10:00am - 6:30pm                              | Central       | Adults, Older Adults | Spanish, Vietnamese, Tagalog, and other API languages | Requirements met    | Alcohol and other drug treatment and recovery services, including co-occurring disorders, targeting Asian and Pacific Islander (API) adults, refugees, immigrants and other underserved populations. Outpatient, individual, family, and group counseling. |

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| AOD Non-Residential Services<br>Children, Youth & Families | North Inland Teen Recovery Center (TRC)<br>Mental Health Systems, Inc.(MHS)<br>340 Rancheros Drive<br>Ste. 166<br>San Marcos, CA 92069 | (760) 744-3672 | Man- Fri<br>9:00 am - 6:00 pm | North Inland | Adolescents        |           | Requirements met    | An individualized non-residential treatment service, with on-site classroom facilities.  |
| AOD Non-Residential Services<br>Children, Youth & Families | Palavra Tree Teen Recovery Center {TRC}<br>Central Southeast<br>1212 South 43rd Street<br>Suite C<br>San Diego, CA 92113               | (619) 263-7768 | Mon-Fri<br>8:30 am - 6:30 pm  | Central      | Adolescents        | Spanish   | Requirements met    | A non-residential alcohol and drug treatment and recovery services for adolescents in the central and southeast regions of the City of San Diego.      |
| AOD Non-Residential Services<br>Children, Youth & Families | ParentCare Family Recovery Center (Central)<br>Vista Hill Foundation<br>4125 Alpha St.<br>Ste. G<br>San Diego, CA 92113                | (619) 266-0166 | Man- Fri<br>8:00 am - 5:00 pm | Central      | Women and Children | Spanish   | Requirements met    | A 6-9 month program that includes an initial diagnostic assessment, treatment planning, individual counseling, treatment sessions three evenings/week. |

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|--|--|----------------|--|---------|-------------|-----------|---------------------|---|
| AOD Non-Residential Services<br>Children, Youth & Families | East County/Northern Teen Recovery Center (TRC)<br>McAlister Institute for Treatment and Education (MITE), 550 Fesler St. Ste. G-3<br>El Cajon, CA 92020 | (619) 588-5361 | Mon- Fri<br>10:30 am - 7:00 pm<br>Sat<br>9:00am - 1:00pm | East    | Adolescents |           | Requirements met    | An individualized non-residential treatment service.  |
| AOD Residential Services<br>Children, Youth & Families     | Family Recovery Center Inc. (MHS)<br>1100 Sportfisher Dr.<br>Oceanside, CA 92054   | (760) 439-6702 | Mon- Thu<br>8:00 am - 6:30 pm<br>Fri                     | North   | Women,      |           | Requirements met    | A six- to nine-month day treatment program serving pregnant mothers with a history of drug or alcohol abuse, mothers of newly delivered children who have tested positive for drugs. Childcare available. |
| AOD Non-Residential Services<br>Children, Youth & Families | Palavra Tree Teen Recovery Center (TRC), Central Southwest<br>2878 Imperial Ave.<br>San Diego, CA 92102  | (619) 263-7768 | Call for hours   | Central | Adolescents |           | Requirements met    | Provides non-residential alcohol and drug treatment and recovery services for adolescents in the central and southeast regions of the City of San Diego.  |

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|---|--|----------------|--------------------------------|---------------|--|-----------|---------------------|--|
| AOD Non-Residential Services<br><br>Children, Youth & Families  | Teen Options<br>San Diego Youth Services<br>3660 Fairmount Ave.<br>San Diego, CA 92105                             | (619) 521-2250 | Mon-Fri<br>8:00 am - 4:30 pm   | Central       | Pregnant and Parenting adolescent girls and their children |           | Requirements met    | A day treatment program for pregnant and Parenting adolescent women who are using alcohol or drugs. Childcare available.   |
| AOD Non-Residential Services,<br><br>Children, Youth & Families | North County Serenity House- Serenity Too<br>Outpatient and Day Treatment<br>130 S. Fig St.<br>Escondido, CA 92025 | (760) 741-5098 | Mon- Fri<br>8:30 am - 4:30 pm  | North Inland  | Adult Women and their children                             |           | Requirements met    | A nonresidential day treatment program for alcoholic and drug-dependent women. Counseling and AA and NA group meetings are included in the treatment. Childcare available. |
| AOD Non-Residential Services<br><br>Children, Youth & Families  | Phoenix House<br>Teen Recovery Center (TRC)<br>North Coastal<br>785 Grand Ave.<br>Ste. 220<br>Carlsbad, CA 92008   | (760) 729-2830 | Mon- Fri<br>10:00 am - 9:00 pm | North Coastal | Adolescents  |           | Requirements met    | An outpatient substance abuse treatment services for adolescents and their families. Offers after-school treatment, weekday sessions, and structured weekend activities.   |

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|---|---|----------------|--|---------|----------------|-----------|---------------------|---|
| AOD Non-Residential Services Children, Youth & Families | Rachel's Women's Center Catholic Charities, Inc. 759 Eighth Ave. San Diego, CA 92101  | (619) 696-0873 | Mon- Sun<br>7:00 am - 5:00 pm                            | Central | Homeless Women |           | Requirements met    | A daytime drop-in recovery center for homeless women in downtown San Diego. Offers lunch, laundry, and shower facilities on a first-come, first-served basis. |
| AOD Non-Residential Services Children, Youth & Families | Teen Recovery Center (TRC) North Rural McAlister Institute for Treatment and Education (MITE) 323 Hunter St. Ramona, CA 92065                           | (760) 788-6520 | Mon- Fri<br>10:30 am - 7:00 pm                           | North   | Adolescents    |           | Requirements met    | An individualized non-residential treatment service.  |
| AOD Non-Residential Services Children, Youth & Families | East County/Southern Teen Recovery Center (TRC) McAlister Institute for Treatment and Education (MITE) 7800 University Ave., Ste. A-1 La Mesa, CA 91942 | (619) 465-4349 | Mon- Fri<br>10:30 am - 7:00 pm<br>Sat<br>9:00am - 1:00pm | East    | Adolescents    |           | Requirements met    |   |

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| AOD Non-Residential Services Children, Youth & Families | Harmony West Women's Recovery Center<br>Mental Health Systems, Inc. (MHS)<br>6154 Mission Gorge Rd.<br>Ste. 120<br>San Diego, CA 92120     | (619) 285-1718 | Mon- Fri<br>8:30 am - 8:30 pm                          | North Central | Women and Children |           | Requirements met    | An outpatient treatment and recovery facility for female recovering alcoholics and drug addicts, their children, and families. Childcare available.       |
| AOD Non-Residential Services Children, Youth & Families | Palavra Tree - Central North<br>4001 El Cajon Blvd.<br>San Diego, CA 92105   | (610) 280-2300 | Mon-Fri<br>8:30 am - 6:30 pm                           | Central       | Adolescents        |           | Requirements met    | Provides non- residential alcohol and drug treatment and recovery services for adolescents in the central and southeast regions of the City of San Diego. |
| AOD Non-Residential Services Children, Youth & Families | South Bay Women's Recovery Center<br>McAlister Institute for Treatment and Education (MITE)<br>2414 Hoover Ave.<br>National City, CA 91950 | (619) 336-1226 | Mon-Thur<br>9:00 am - 9:00 pm<br>Fri<br>9:00am -5:30pm | South         | Women, Children    |           | Requirements met    | Offers a day treatment program serving pregnant women and mothers who have a history of drug or alcohol abuse. Co-op childcare is provided.               |

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|---|--|----------------|-------------------------------|---------|--------------------|-----------|---------------------|--|
| AOD Non-Residential Services Children, Youth & Families | Teen Recovery Center (TRC)<br>South Bay East<br>McAlister Institute for Treatment and Education (MITE)<br>2429 Fenton St.<br>Bldg. 5<br>Chula Vista, CA 91914    | (619) 482-9300 | Call for hours                | South   | Adolescents        | Spanish   | Requirements met    | An individualized non-residential treatment service.   |
| AOD Non-Residential Services Children, Youth & Families | Teen Recovery Center (TRC)<br>North Central<br>McAlister Institute of Treatment and Education (MITE)<br>7867 Convoy Ct., Bldg.5,<br>Ste. 302 San Diego, CA 92111 | (858) 277-4633 | Mon Fri<br>9:00 am - 6:00 pm  | Central | Adolescents        |           | Requirements met    |  |
| AOD Non-Residential Services Children, Youth & Families | ParentCare<br>Family Recovery Center (East)<br>Vista Hill Foundation<br>4990 Williams Ave.<br>La Mesa, CA 91941  | (619) 668-4200 | Mon- Fri<br>8:00 am - 5:00 pm | East    | Women and Children | Spanish   | Requirements met    | A 6-9 month program that includes an initial diagnostic assessment, treatment planning, individual counseling, treatment sessions 3 evenings/week. |

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|---------------------------------------|--|----------------|-------------------------------|------------|-------------|-----------|---------------------|---|
| AOD Prevention and Education Services | Countywide Media Advocacy Project<br>2615 Camino del Rio South<br>Suite 300<br>San Diego, CA 92108   | (619) 497-9100 | Mon- Fri<br>9:00 am - 5:00 pm | Countywide | All         | Spanish   | Requirements met    | Provides coordination, planning, technical assistance and support to alcohol and other drug prevention service providers and strategic partners regarding media advocacy efforts. |
| AOD Prevention and Education Services | East County Community Change Project<br>Institute for Public Strategies<br>131 Avocado Ave.<br>El Cajon, CA 92020                                | (619) 456-9607 | Mon-Fri<br>9:00 am - 5:00 pm  | East       | All         |           | Requirements met    | Provides alcohol and other drug prevention activities designed to reduce substance abuse in communities by using community-based, environmental prevention strategies.            |
| AOD Prevention and Education Services | Methamphetamine Strike Force (MSF)<br>Prescription Drug Abuse Task Force (PDATF)<br>2615 Camino del Rio South<br>Ste. 300<br>San Diego, CA 92108 | (760) 749-8792 | Mon- Fri<br>9:00 am - 5:00 pm | Countywide | All         | Spanish   | Requirements met    | Facilitates and coordinates the multi-system, multi-partner Methamphetamine Strike Force to address methamphetamine issues in San Diego County.                                   |

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|---------------------------------------|---|----------------------------|-------------------------------|---------------|-------------|-----------|---------------------|--|
| AOD Prevention and Education Services | Mid-City for Youth Social Advocates for Youth (SAY) San Diego, Inc.<br>4275 El Cajon Blvd.<br>San Diego, CA 92105                 | (619) 283-9624             | Mon- Fri<br>8:30 am - 5:00 pm | Central       | All         | Spanish   | Requirements met    | Regional prevention services provide alcohol and other drug prevention activities designed to reduce substance abuse in communities. |
| AOD Prevention and Education Services | North Coastal Prevention Coalition Vista Community Clinic<br>1000 Vale Terrace<br>Vista, CA 92084                                 | (760) 407-1220<br>Ext. 150 | Mon- Fri<br>8:00 am - 4:30 pm | North Coastal | All         | Spanish   | Requirements met    | Regional prevention services provide alcohol and other drug prevention activities designed to reduce substance abuse in communities. |
| AOD Prevention and Education Services | North Inland Community Prevention Program (NICPP)<br>Mental Health Systems<br>12344 Oak Knoll Rd.<br>Suite C-1<br>Poway, CA 92064 | (858) 391-9303             | Mon- Fri<br>9:00 am - 5:00 pm | North Inland  | All         |           | Requirements met    | Regional prevention services provide alcohol and other drug prevention activities to reduce substance in communities.                |

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|---------------------------------------|--|----------------|-------------------------------|------------|-------------|-----------|---------------------|--|
| AOD Prevention and Education Services | North City Prevention Coalition<br>Social Advocates for Youth (SAY) San Diego, Inc.<br>4340 Genesee Ave. Ste. 207<br>San Diego, CA 92117 | (858) 974-3603 | Mon- Fri<br>9:00 am - 5:00 pm | North      | All         |           | Requirements met    | Regional prevention services provide alcohol and other drug prevention activities designed to reduce substance abuse in communities. |
| AOD Prevention and Education Services | Prevention Evaluation Project<br>Center for Community Research<br>3111 Camino Del Rio N. Ste. 400<br>San Diego, CA 92108                 | (619) 528-2235 | Mon- Fri<br>9:00 am - 5:00 pm | Countywide | All         |           | Requirements met    | Prevention services evaluation.  |
| AOD Prevention and Education Services | South Bay Community Change Project<br>Institute for Public Strategies<br>2615 Camino del Rio South<br>San Diego, CA 92108                | (619) 476-9100 | Mon- Fri<br>9:00 am - 5:00 pm | South      | All         | Spanish   | Requirements met    | Regional prevention services provide alcohol and other drug prevention activities designed to reduce substance abuse in communities. |

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|--|---|----------------|----------------------------|---------------|-----------------------------------|-----------|---------------------|---|
| AOD Prevention and Education Services Children, Youth & Families | Friday Night Live/Club Live (High School Youth) San Diego County Office of Education 6401 Linda Vista Rd. San Diego, CA 92111 | (858) 292-3557 | Mon- Fri 8:30 am - 8:30 pm | Countywide    | Schools                           | Spanish   | Requirements met    | Provides Friday Nite Live and Club Live services, alternate activities and youth leadership development in County schools to reduce youth alcohol and other drug use. |
| AOD Residential Detoxification Services                          | Detox INTAKE ONLY Volunteers of America (VOA) 101 16th St. San Diego CA 92101   | (619) 232-9343 | 24/7                       | Central       | Adults, Older Adults              | Spanish   | Requirements met    | Offers a 5-14 day residential social model detoxification program for adults who are experiencing problems with alcohol and other drugs.                              |
| AOD Residential Program  | Alpha Project for the Homeless Casa Raphael 993 Postal Way Vista, CA 92083  | (760) 630-9922 | 24/7; Intake 8:00-5:00     | North Coastal | Adults, Older Adults: Males 18-62 |           | Requirements met    | Residential treatment program for men who are homeless, at risk of becoming homeless, and zero income.  |

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| AOD Residential Program | Amigos Sobrios<br>Volunteers of America (VOA)<br>74111thAve.<br>San Diego, CA 92101       | (619) 232-7754 | 24/7  | Central | Men, Latino Focused            | Spanish   | Requirements met    | A 17-bed, long-term, bilingual and bicultural residential alcohol and drug facility. Provides structure, support, referral, and recreation in an alcohol- and drug-free environment. Provides a social model residential recovery home for Latino males. |
| AOD Residential Program | Casa de Milagros<br>MAAC Project<br>1127 South 38th St.<br>San Diego, CA 92113            | (619) 262-4002 | 24/7  | Central | Women, Latina                  | Spanish   | Requirements met    | A culturally specific residential alcohol and drug recovery program targeting the Latina substance abuser. Uses the 12-step method of treatment.   |
| AOD Residential Program | CRASH<br>Short Term II Women's Residential Program<br>2410 "E" St.<br>San Diego, CA 92102 | (619) 234-3346 | 24/7  | Central | Adult Women, Older Adult Women | Spanish   | Requirements met    | A short-term residential alcohol and drug treatment program (30-90 days) for women, including group therapy, individual counseling, and peer support.  |

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|-------------------------|--|----------------|-------|---------|--------------------------|-----------|---------------------|---|
| AOD Residential Program | CRASH<br>Bill Dawson Residential Recovery Program (Men/Women)<br>726 "F" St., 2nd Floor<br>San Diego, CA 92101 | (619) 239-9691 | 24/7  | Central | Adults, Older Adults     |           | Requirements met    | A long-term residential rehabilitation program for alcohol and drug abusers (4-6 months). Provides group therapy, individual counseling, and peer support to assist residents in remaining drug free.         |
| AOD Residential Program | CRASH<br>Short-Term I (Men)<br>4161 Marlborough Ave.<br>San Diego, CA 92105                                    | (619) 282-7274 | 24/7  | Central | Adult, Older Adult Males | Spanish   | Requirements met    | A short-term residential alcohol and drug treatment program (30-90 days) for men, including group therapy, individual counseling, and peer support. Program also includes nonresidential after-care services. |
| AOD Residential Program | Crossroads Foundation<br>3594 Fourth Ave.<br>San Diego, CA 92103   | (619) 296-1151 | 24/7  | Central | Women                    |           | Requirements met    | For women recovering from alcoholism and/or drug addiction. Self-help-oriented treatment based on the AA and NA 12-step programs.   |

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|-------------------------|---|--------------------------|-------|---------|---------------------------------------|-----------|---------------------|---|
| AOD Residential Program | Freedom Ranch, San Diego, Inc. (Men)<br>1777 Buckman Springs Rd.<br>Campo, CA 91906       | (619) 478-5696           | 24/7  | East    | Men                                   |           | Requirements met    | A residential alcohol and drug recovery program for men. Services include educational groups and AA and NA meetings and peer group interactions.  |
| AOD Residential Program | Heartland House<br>Twelfth Step House, Inc.<br>5855 Streamview Dr.<br>San Diego, CA 92105 | (619) 287-5460           | 24/7  | Central | Men                                   | Spanish   | Requirements met    | Residential treatment that offers residents an opportunity to regain and maintain sobriety through close association with persons having many years of sober living. Offers 12-step meetings, alcohol and drug education, relapse prevention. |
| AOD Residential Program | House of Metamorphosis<br>2970 Market St.<br>San Diego, CA 92102                          | Intake<br>(619) 236-9217 | 24/7  | Central | Adults, Older Adults<br>Men and Women | Spanish   | Requirements met    | A residential treatment for alcohol and drug abusers. Treatment includes individual, group, and family counseling; anger management; recreation therapy; psychiatric evaluations; parenting classes; substance abuse education.               |

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| AOD Residential Program | Nosotros MAAC Project<br>73 North 2nd Ave.<br>Bldg. B<br>Chula Vista, CA 91910                            | (619) 426-4801 | 24/7  | South   | Men, Latino          | Spanish   | Requirements met    | A culturally specific residential alcohol and drug abuse recovery program targeting Latino male substance abusers. Uses the 12-Step method.  |
| AOD Residential Program | Pathfinders<br>2980 Cedar St.<br>San Diego, CA 92102  | (619) 239-7370 | 24/7  | Central | Men                  |           | Requirements met    | Provides a 33-bed residential treatment home for men who need assistance in order to recover from alcoholism. Operates as a social model recovery home and provides peer group meetings, alcohol education, and recovery planning. Holds weekly AA meetings. |
| AOD Residential Program | Renaissance Treatment Center<br>Volunteers of America (VOA)<br>2300 E. 7th St.<br>National City, CA 91950 | (619) 232-9343 | 24/7  | South   | Adults, Older Adults | Spanish   | Requirements met    | A long-term residential treatment for adults with alcohol or drug problems. Also offers Self-help-oriented treatment includes awareness discussions, substance abuse recovery education, recovery planning, study groups, and meetings.                      |

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| AOD Residential Program | Stepping Stone<br>3767 Central Ave.<br>San Diego, CA 92105          | (619) 584-4010 | 24/7                          | Central      | Adults, Older Adults<br>(Gay/Lesbian emphasis) |           | Requirements met    | A 30-bed co-ed residential alcohol and drug recovery program. Services include individual and group counseling and AA and NA meetings. Special emphasis on services to LGBT populations.  |
| AOD Residential Program | The Way Back<br>2516 "A" St.<br>San Diego, CA 92102                 | (619) 235-0592 | Mon- Fri<br>8:00 am -11:00 pm | Central      | Men  |           | Requirements met    | A 27-bed residential facility for male alcoholics. The rehabilitation program includes AA meetings, alcohol education, referral to community resources, and individual, group, and family participation.  |
| AOD Residential Program | The Fellowship Center<br>737 East Grand Ave.<br>Escondido, CA 92025 | (760) 745-8478 | 24/7                          | North Inland | Men  | Spanish   | Requirements met    | A long-term residential treatment for men with alcohol or drug problems. Also offers a day treatment program. Self-help-oriented treatment includes awareness discussions, substance abuse recovery education, recovery planning, study groups, and meetings. |

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|-------------------------|---|----------------|---|---------|----------------------|-----------|---------------------|--|
| AOD Residential Program | Tradition One, Inc.<br>4104 Delta St.<br>San Diego, CA 92113                  | (619) 264-0141 | Mon- Thur<br>7:00 am - 4:00 pm<br>Fri<br>7:00am- 12:00 pm | Central | Adults, Older Adults |           | Requirements met    | A 24-hour residential alcoholism and drug addiction treatment program for men and women. Provides individual and group counseling sessions, on-site and outside AA and NA meetings, guest speakers, education. |
| AOD Residential Program | Turning Point Home of San Diego, Inc.<br>1315 25th St.<br>San Diego, CA 92102 | (619) 233-0067 | 24/7  | Central | Women                |           | Requirements met    | A long-term recovery home for 20 women (focus is on alcoholism or alcoholism combined with drug abuse). Residents stay for a minimum of 3 months and up to 2 years.  |
| AOD Residential Program | Veterans Village of San Diego<br>4141 Pacific Highway<br>San Diego, CA 92110  | (619) 497-0142 | 24/7  | Central | Adults, Older Adults | Spanish   | Requirements met    | A residential drug and alcohol treatment for male and female homeless veterans. Clients work with a case manager to develop a recovery plan.   |

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| Type of Service                                    | Program  | Phone                            | Hours  | Region       | Populations  | Languages | Cultural Competency | Specialties  |
|--|--|----------------------------------|--|--------------|--|-----------|---------------------|--|
| AOD Residential Program Children, Youth & Families | North County Serenity House<br>(Address confidential.<br>Call for more information.)   | (760) 747-1015<br>(760) 747-5098 | Mon, Fri<br>8:00 am - 5:00 pm<br>Tue, Thu<br>8:00 am - 9:00 pm | North Inland | Adult Women and their children                                     | Spanish   | Requirements met    | A residential treatment facilities for women, with or without children, who have alcohol and drug dependencies. Minimum stay is 90 days. Offers individual and group counseling, as well as, AA and NA 12-step programs.<br>Childcare available. |
| AOD Residential Program Children, Youth & Families | Adolescent Group Homes<br>McAlister Institute for Treatment and Education (MITE) (Locations are confidential. Please call for more information.) | (619) 442-0277<br>Ext. 121       | 24/7   | Countywide   | Adolescents  |           | Requirements met    | A residential program for up to 21 days for adolescents who are experiencing problems with alcohol and other drugs. Service includes group and individual treatment, educational workshop, life skills and more.                                 |
| AOD Residential Program Children, Youth & Families | KIVA<br>McAlister Institute for Treatment and Education (MITE)<br>2049 Skyline Dr.<br>Lemon Grove, CA 91945                                      | (619) 465-7303                   | 24/7<br><br>(Office Hours<br>9:00 am - 4:00 pm<br>Mon- Fri)    | East         | Adult Women,<br>including those who are pregnant or have children. |           |                     | Women's long term residential alcohol and other drug treatment and recovery services for women and their children. Free childcare available on-site.   |

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| Type of Service                                    | Program  | Phone          | Hours   | Region        | Populations   | Languages | Cultural Competency | Specialties   |
|--|--|----------------|---|---------------|---|-----------|---------------------|---|
| AOD Residential Program Children, Youth & Families | MHS - Family Recovery Center<br>1100 Sportfisher Dr.<br>Oceanside, CA .92054                           | (760) 439-6702 | 24/7<br>(Office Hours<br>9:00 am - 4:00 pm<br>Mon- Fri) | North Coastal | Adult Women, including those who are pregnant or have children. |           |                     | Women's long term residential alcohol and other drug treatment and recovery services for Women and their children. Free childcare available on-site.  |
| AOD Residential Program Children, Youth & Families | Phoenix House Academy of San Diego<br>23981 Sherilton Valley Rd<br>Descanso, CA 91916                  | (619) 445-0405 | 24/7  | East          | Adolescents   |           | Requirements met    | A residential treatment program for adolescent drug and alcohol abusers. Offers a full-time school program, recreational and fitness programs, and family and group therapy. Residential program lasts 12 months. |
| AOD Sobering Services                              | Inebriate Reception Center (IRC)<br>Volunteers of America (VOA)<br>101 16th St.<br>San Diego, CA 92101 | (619) 232-9343 | 24/7  | Central       | Adults, Older Adults  | Spanish   | Requirements met    | Provides a 24-hour sobering center that detains inebriated adults for 4 hours until sober.  |

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| Type of Service               | Program  | Phone          | Hours                         | Region                 | Populations  | Languages        | Cultural Competency   | Specialties  |
|-------------------------------|--|----------------|-------------------------------|------------------------|--|------------------|---|--|
| Assertive Community Treatment | Center Star- ACT Mental Health Systems, Inc.<br>4283 El Cajon Blvd.<br>Ste.115<br>San Diego, CA 92105      | (619) 521-1743 | Mon- Fri<br>9:30 am - 4:30 pm | Central                | Adults, Older Adults                                       | Spanish          | GLBT, HML, Afr Amer, HL   | Intensive, all-inclusive Case management, Outpatient & Rehabilitation, with supported employment through justice system. |
| Assertive Community Treatment | Downtown IMPACT Community Research Foundation<br>995 Gateway Center Way<br>Ste. 300<br>San Diego, CA 92102 | (619) 398-2156 | Mon- Fri<br>8:30 am - 4:30 pm | Central                | Adults, age 18+ (high-risk homeless in downtown San Diego) | Spanish          | Older Adult, GLBT, HML, Afr Amer, HL                                  | Intensive case management; Medication management; Linkage to services.   |
| Assertive Community Treatment | IMPACT Community Research Foundation<br>1260 Morena Blvd.<br>Ste. 100<br>San Diego, CA 92110               | (619) 398-0355 | Mon- Fri<br>8:30 am - 4:30 pm | Central, North Central | Adults, ages 25-59   | Spanish, Tagalog | Older Adult, HML, Afr Amer, Filipinos, Latinos, Asian populations, HL | Medication management; Crisis intervention; Case management; Socialization; Vocational services.                         |

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| Type of Service  | Program  | Phone          | Hours  | Region       | Populations          | Languages                    | Cultural Competency                      | Specialties  |
|--|--|----------------|--|--------------|----------------------|------------------------------|--|--|
| Assertive Community Treatment                            | North Star- ACT Mental Health Systems, Inc.<br>474 W. Vermont Ave.<br>Ste. 104<br>Escondido, CA 92025    | (760) 432-9884 | Mon- Fri<br>8:00 - 4:30 pm   | North Inland | Adults, Older Adults | Spanish                      | Older Adult, GLBT, HML, HL, SEA, TAY, ME | Intensive, all-inclusive Case Management, Outpatient & Rehabilitation, with supported employment through justice system.                           |
| Assertive Community Treatment                            | Senior IMPACT Community Research Foundation<br>995 Gateway Center Way<br>Ste. 302<br>San Diego, CA 92102 | (619) 977-3716 | Mon-Fri<br>8:30 am - 4:30 pm                                       | Countywide   | Older Adult (60+)    | Spanish, Tagalog, Vietnamese | Older Adult, GLBT, HML                   | Intensive case management; Medication management; Rehabilitative services; Crisis intervention; Vocational services                                |
| Assertive Community Treatment Children, Youth & Families | Providence Community Services- Catalyst Program<br>3635 Ruffin Rd., Ste. 100<br>San Diego, CA 92123      | (858) 300-0460 | Mon- Fri<br>8:30 am - 5:00 pm<br>(24-hour availability to clients) | Countywide   | TAY                  | Spanish, Tagalog, Arabic     | GLBT, HML, Afr Amer, HL, TAY, ME         | ACT services including mental health services, case management, housing services, employment and education service, and substance abuse treatment. |

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| Type of Service | Program  | Phone          | Hours  | Region                 | Populations                     | Languages                | Cultural Competency                                    | Specialties   |
|-----------------|--|----------------|--|------------------------|---------------------------------|--------------------------|--|---|
| Case Management | Central San Diego Case Management (AMHS)<br>1250 Morena Blvd.<br>San Diego, CA 92110   | (619) 692-8715 | Mon- Fri<br>8:00 am - 5:00 pm                              | North Central, Central | Adults and Transition Age Youth | Tagalog, Spanish, French | Older Adult, GLBT, HML, Afr Amer, HL, ME               | Mental health services, Case management, and Housing assistance.  |
| Case Management | East County Case Management (AMHS)<br>1000 Broadway Ste. 100<br>El Cajon, CA 92021   | (619) 401-5424 | Mon- Fri<br>8:00 am - 5:00 pm<br>(*Call for Walk-in Hours) | East                   | Adults, Older Adults            | Polish, Spanish, Russian | Older Adult, GLBT, HML, Afr Amer, HL, AI, SEA, ME      | Traditional and institutional (skilled nursing home and IMD); Case management.                                |
| Case Management | Strengths-based Case Management- North Coastal/North Inland Mental Health Systems, Inc.<br>474 W. Vermont Ave. Ste. 104<br>Escondido, CA 92025 | (760) 432-9884 | Mon- Fri<br>8:00 am - 4:30 pm<br>(*Call for Walk-in Hours) | North                  | Adults, Older Adults            | Spanish, Farsi, Dari     | Older Adult, GLBT, HML, Afr Amer, HL, AI, SEA, ME, TAY | Community-based, traditional case management services to adults and older adults with chronic mental illness. |

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| Type of Service  | Program   | Phone          | Hours   | Region     | Populations  | Languages                          | Cultural Competency   | Specialties   |
|--|---|----------------|---|------------|--|------------------------------------|---|---|
| Case Management<br>Children,<br>Youth &<br>Families            | Crisis Action and Connection New Alternatives<br>730 Medical Center Ct.<br>Chula Vista, CA 91911                              | (619) 591-5740 | Mon- Fri<br>8:30 am - 5:00 pm<br>(After-hours telephone service/<br>consultation available) | Countywide | Children, Adolescents<br>ages 5-18 (with exception up to 21)                     | Spanish                            | Bilingual and Bi-cultural staff available<br>GLBT   | Comprehensive assessment with Case Management. In-home support services twice a week. Transitional Age Youth, Juvenile Court dependents, GLBT youth |
| Case Management  | Telecare AgeWise<br>6160 Mission Gorge Road #108, San Diego CA, 92120   | (61) 481-5200  | Mon-Fri<br>8:00 am - 5:00 pm  | Countywide | Older Adult (60+)  | Spanish, Vietnamese, Tagalog       | Older Adult, Homelessness, Substance Use, Lived experience with Mental Health issues, Southeast Asian, Hispanic | Strength-based Case Management and Institutional Case Management  |
| Case Management, Intensive<br>Children,<br>Youth &<br>Families | Fred Finch Youth Center Comprehensive Assessment and Stabilization Services (CASS)<br>3434 Grove St.<br>Lemon Grove, CA 91945 | (619) 281-3706 | Mon- Fri<br>8:00 am - 5:00 pm   | Countywide | SED Children and Adolescents at risk of change of placement or higher level care | Spanish, Portuguese, American Sign | Hispanic, Latino, Native American, Gay/Lesbian  | Early Childhood; Comprehensive assessment; Foster youth; SED Youth; Juvenile Court dependents.  |

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| Type of Service | Program   | Phone          | Hours   | Region       | Populations     | Languages | Cultural Competency                 | Specialties  |
|-----------------|---|----------------|---|--------------|-----------------|-----------|-------------------------------------|--|
| Case Management | Strengths-Based Case Management Mental Health Systems, Inc.<br>474 W. Vermont Ave.<br>Ste. 104<br>Escondido, CA 92025 | (760) 432-9884 | Mon- Fri<br>8:00am -4:30pm<br>(*Call for Walk-in Hours)                                     | North Inland | Adults 25 - 59  |           | Adults, LGBT, HML, HL, SEA, TAY, ME |  |
| Clubhouse       | Bayview Clubhouse Community Research Foundation<br>330 Moss St.<br>Chula Vista, CA 91911                              | (619) 585-4646 | Mon- Fri<br>8:00am - 4:00pm   | South        | Adults, age 18+ |           |                                     |  |
| Clubhouse       | Casa del Sol Community Research Foundation<br>1157 30th St.<br>San Diego, CA 92154                                    | (619) 429-1937 | Mon<br>8:30 am - 6:00 pm<br>Tue, Thu, Fri<br>8:30 am - 4:30 pm<br>Wed<br>12:00 pm - 8:00 pm | South        | Adults, age 18+ | Spanish   | HML, HL                             | Volunteer Participation; Vocational; Educational and social support; Self-Help recovery and dual diagnosis groups. |

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| Type of Service | Program   | Phone          | Hours   | Region          | Populations  | Languages | Cultural Competency                 | Specialties  |
|-----------------|---|----------------|---|-----------------|--|-----------|-------------------------------------|--|
| Clubhouse       | East Corner Clubhouse<br>Community Research<br>Foundation<br>1060 Estes St.<br>El Cajon, CA 92020             | (619) 440-5133 | Mon-Fri<br>8:00am - 4:00pm  | East            | Adults, age 18+  | Spanish,  | Older Adult, HML                    | Vocational training & education, Peer & social support program, Other clubhouse groups & activities. |
| Clubhouse       | Escondido Clubhouse<br>474 W. Vermont Ave.<br>Ste. 105<br>Escondido, CA 92025                                 | (760) 737-7125 | Mon-Fri<br>8:00 am - 4:30 pm<br>(1st Sat of the<br>month<br>10:00 am - 2:00 pm) | North<br>Inland | Adults, age 18+  | Spanish   | GLBT, Afr Amer,<br>HML              | Client-Operated;<br>Social, educational and<br>vocational program.                                   |
| Clubhouse       | Friend to Friend Program<br>Episcopal Community<br>Services<br>2144 El Cajon Boulevard<br>San Diego, CA 92104 | (619) 955-8217 | Mon- Fri<br>8:00 am - 4:00 pm   | Central         | Adults, age 18+<br>(persons who<br>are homeless<br>and have a<br>mental illness) | Spanish   | Older Adult, Afr<br>Amer, HML, GLBT | Client-Operated;<br>Social, educational and<br>vocational program.                                   |

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| Type of Service | Program   | Phone          | Hours                         | Region        | Populations     | Languages  | Cultural Competency            | Specialties  |
|-----------------|---|----------------|-------------------------------|---------------|-----------------|--|--------------------------------|--|
| Clubhouse       | Mariposa Clubhouse<br>560 Greenbrier Dr.<br>Ste. C-E<br>Oceanside, CA 92054                         | (760) 439-2785 | Mon- Fri<br>8:00 am - 4:00 pm | North Coastal | Adults, age 18+ |  | GLBT, Afr Amer, HML            | Client-Operated; social, educational and vocational program. |
| Clubhouse       | NHA Friendship Clubhouse<br>Project Enable<br>286 Euclid Ave.<br>Ste. 104<br>San Diego, CA 92114    | (619) 263-6269 | Mon- Fri<br>8:30 am - 5:30 pm | Central       | Adults, age 18+ | Spanish  | HML, Afr Amer, African Refugee | Socialization and Independent Living Skills.                 |
| Clubhouse       | Oasis Clubhouse<br>Providence Community Services<br>3635 Ruffin Rd, Ste. 100<br>San Diego, CA 92123 | (858) 300-0460 | Mon- Fri<br>8:30 am - 5:00 pm | Countywide    | TAY             | Spanish, Tagalog, Arabic, and Interpreter Services for all languages | GLBT, Afr Amer, HL, TAY, ME    | Socialization and Independent Living skills.                 |

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| Type of Service | Program   | Phone          | Hours   | Region  | Populations             | Languages           | Cultural Competency                                 | Specialties   |
|-----------------|---|----------------|---|---------|-------------------------|---------------------|---|---|
| Clubhouse       | The Corner Clubhouse<br>2864 University Ave.<br>San Diego, CA 92104 | (619)683-7423  | Mon-Fri<br>8:00 am - 4:00 pm                                      | Central | Adults, age 18+         | German              | Older Adult, Afr<br>Amer, HL, AI,<br>TAY,           | Volunteer participation;<br>Vocational, educational<br>and social support;<br>Self-help, recovery, and<br>co-occurring disorders<br>groups. |
| Clubhouse       | The Meeting Place<br>2553 State St.<br>San Diego, CA 92101          | (619) 294-9582 | Mon-Fri<br>8:00 am - 4:00 pm<br>Sat (rotating)<br>10:00 am-2:00pm | Central | Adults, Older<br>Adults | Limited Spanish     | Older Adult,<br>GLBT, Afr Amer                      | Socialization; Vocational<br>services Under 30<br>support group   |
| Clubhouse       | Visions<br>226 Church Ave.<br>Chula Vista, CA 91910                 | (619) 420-8603 | Mon-Fri<br>12:00 pm - 7:00 pm<br>Sat, Sun<br>12:00 pm- 5:00pm     | South   | Adults, age 18+         | Spanish,<br>Tagalog | Older Adult,<br>GLBT, HML, Afr<br>Amer, HL, AI, SEA | Socialization;<br>Education, and<br>Vocational Services   |

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| Type of Service                             | Program   | Phone                                   | Hours | Region     | Populations          | Languages                           | Cultural Competency     | Specialties   |
|---|---|---|-------|------------|----------------------|-------------------------------------|-------------------------|---|
| Crisis Hotline and Behavioral Health Access | Access and Crisis Line (ACL)                              | (888) 724-7240<br>TTY<br>(619) 641-6992 | 24/7  | Countywide | All Ages             | All                                 | All                     | Telephone crisis intervention; Suicide prevention; Behavioral health information and referrals. Staffed by mental health professionals. |
| Crisis Services                             | Halcyon Center<br>1664 E. Broadway<br>El Cajon, CA 92021  | (619) 579-8685                          | 24/7  | Countywide | Adults, Older Adults |                                     | GLBT, HML, Afr Amer, HL | Short-Term Acute Residential Treatment (START).   |
| Crisis Services                             | Isis Crisis Center<br>892 27th St.<br>San Diego, CA 92154 | (619) 575-4687                          | 24/7  | Countywide | Adults, Older Adults | Spanish, French, Arabic, Indonesian | HL                      | Short-Term Acute Residential Treatment (START).   |

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| Type of Service | Program  | Phone   | Hours   | Region     | Populations          | Languages   | Cultural Competency                                   | Specialties   |
|-----------------|--|---|---|------------|----------------------|---|---|---|
| Crisis Services | Jary Barreto Crisis Center<br>2865 Logan Ave.<br>San Diego, CA 92113 | (619) 232-4357  | 24/7  | Countywide | Adults, Older Adults |   | GLBT, Afr Amer, HL                                    | Short-Term Acute Residential Treatment (START).         |
| Crisis Services | New Vistas Crisis Center<br>734 Tenth Ave.<br>San Diego, CA 92101    | (619) 239-4663  | 24/7  | Countywide | Adults, Older Adults | Vietnamese, Japanese, Russian, Spanish, Italian, Chinese  | Older Adult, GLBT, HML, Afr Amer, EE, HL, SEA, ME, AI | Short-Term Acute Residential Treatment (START).         |
| Crisis Services | Psychiatric Emergency Response Team (PERT)                           | (619) 276-8112<br>Administrative office only.<br>CALL YOUR LOCAL LAW ENFORCEMENT AGENCY FOR IMMEDIATE | Mon-Fri 9:00 am - 5:00 am<br>Administrative office only.<br>(Hours vary depending on need. No in-service location.) | Central    | All Ages             | Spanish, French, Tagalog, and unlimited access to over 100 interpreters through police and sheriff, including sign language | Older Adult, GLBT, HML, Afr Amer, HL, AI, SEA, EE, ME | Emergency mental health assessment accompanying police. |

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| Type of Service | Program  | Phone          | Hours | Region     | Populations          | Languages | Cultural Competency                      | Specialties                                       |
|-----------------|--|----------------|-------|------------|----------------------|-----------|--|---|
| Crisis Services | San Diego County Psychiatric Hospital<br>Emergency Psychiatric Unit<br>3853 Rosecrans St.<br>San Diego, CA 92110 | (619) 692-8200 | 24/7  | Countywide | Adults, Older Adults | Spanish   |  | Emergency mental health assessment and referrals. |
| Crisis Services | Turning Point Crisis Center<br>1738 S. Tremont St.<br>Ocean de,CA 92054  | (760) 439-2800 | 24/7  | Countywide | Adults, Older Adults |           | Older Adult, GLBT, HML, Afr Amer, HL, ME | Short-Term Acute Residential Treatment (START).   |
| Crisis Services | Vista Balboa START Program<br>545 Laurel St.<br>San Diego, CA 92101  | (619) 233-4399 | 24/7  | Countywide | Adults, Older Adults | Spanish   | GLBT, Afr Amer                           | Short-Term Acute Residential Treatment (START)    |

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| Type of Service                                     | Program   | Phone          | Hours                        | Region                         | Populations   | Languages                    | Cultural Competency                             | Specialties  |
|---|---|----------------|------------------------------|--------------------------------|---|------------------------------|---|--|
| Crisis Services<br>Children,<br>Youth &<br>Families | Rady Children's Behavioral Crisis Center<br>3605 Vista Way<br>Ste. 258<br>Oceanside, CA 92056 | (760) 730-5900 | Mon-Fri<br>12:00 pm-8:00pm   | North Coastal,<br>North Inland | Children, Adolescents<br>Underserved, Uninsured and Underserved SED   | Spanish                      | Mexican American and Other Latin American, GLBT | Youth to age 17 requiring immediate mental health services. Mobile Psychiatric Emergency Response; Walk-in Clinic. |
| Crisis Services<br>Children,<br>Youth &<br>Families | Emergency Screening Unit<br>730 Medical Center Ct.<br>Chula Vista, CA 91911                   | (619) 397-6901 | 24/7                         | Countywide                     | Children, Adolescents   |                              |   | All psychiatric emergencies are seen.  |
| Day Program<br>Children,<br>Youth &<br>Families     | Casa de Amparo Day Rehabilitation<br>325 Buena Creek Rd.<br>San Marcos, CA 92069              | (760) 754-5500 | Mon-Fri<br>8:30 pm - 5:00 pm | Countywide                     | Children, Adolescents 6-18, juvenile court dependents placed in this level 12 crisis residential shelter facility | Spanish, Cantonese, Mandarin | GLBT, Afr Amer, AI, TAY                         | Juvenile Court dependents.   |

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| Type of Service                        | Program  | Phone          | Hours   | Region       | Populations   | Languages | Cultural Competency  | Specialties   |
|--|--|----------------|---|--------------|---|-----------|--|---|
| Day Program Children, Youth & Families | San Pasqual Academy<br>17701 San Pasqual Valley Rd.<br>Escondido, CA 92025             | (760) 233-6000 | Mon-Fri<br>8:00 am - 5:30 pm<br>(Residential) | North Inland | TAY,<br>Adolescents<br>(Medi-Cal Eligible)<br>San Pasqual Academy | Spanish   | All staff participate in ongoing cultural competency trainings to improve skills in working with our diverse population of young people. | Recreational therapy; Milieu therapy; Group therapy; Full day rehab.                                |
| Day Program Children, Youth & Families | San Diego Center for Children<br>Level 14<br>3004 Armstrong St.<br>San Diego, CA 92111 | (858) 277-9550 | Mon-Fri<br>8:00 am - 5:00 pm                  | Countywide   | Children<br>(ages 6-13)   | Spanish   | Court Dependents, Juvenile Court Wards, Afr Amer, HL, EE, AI   | Intensive day treatment of Juvenile Court dependents. Educationally related mental health services. |
| Day Program Children, Youth & Families | San Diego Center for Children<br>Level 12<br>3004 Armstrong St.<br>San Diego, CA 92111 | (858) 277-9550 | Mon-Fri<br>8:00 am - 5:00 pm                  | Countywide   | Children<br>(ages 6-13)   | Spanish   | Court Dependents, Juvenile Court Wards, Afr Amer, HL, EE, AI   | Intensive day treatment of Juvenile Court dependents, educationally-related mental health services. |

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| Type of Service  | Program   | Phone                                       | Hours                        | Region     | Populations   | Languages | Cultural Competency | Specialties  |
|--|---|---|------------------------------|------------|---|-----------|---------------------|--|
| Day Program<br>Children,<br>Youth &<br>Families                        | STEPS<br>Mental Health Systems,<br>Inc.<br>Adolescents<br>4660 Viewridge Ave.<br>San Diego, CA 92123                    | (858) 565-2510                              | Mon-Fri<br>8:00 am - 5:00 pm | Countywide | Adolescents -<br>Sexually<br>Reactive   |           | GLBT, TAY           | Juvenile Court<br>dependents and wards;<br>Day treatment (males);<br>Outpatient (males and<br>females).      |
| Day Program<br>(referrals<br>only)<br>Children,<br>Youth &<br>Families | New Alternatives (16)<br>Emergency Screening<br>Unit<br>South Campus<br>730 Medical Center Ct.<br>Chula Vista, CA 91911 | (619) 421-6900<br>(Court referrals<br>only) | 24/7                         | South      | Adolescents<br>(Juvenile Court<br>referrals only)   | Spanish   | GLBT                | Day Treatment;<br>Transitional Age Youth;<br>Children<6;<br>Juvenile Court<br>dependents and wards;<br>LGBT. |
| Day Program<br>Children,<br>Youth &<br>Families                        | Fred Finch Youth Center-<br>Day Rehabilitation<br>3845 Spring Dr.<br>Spring Valley, CA 91977                            | (619) 797-<br>1090 (referrals<br>only)      | Mon-Fri<br>8:00 am - 6:00 pm | East       | 12-17 year olds<br>referred by Child<br>Welfare<br>Services or by<br>San Diego<br>Regional Center |           |                     | Emotionally Disturbed<br>youth with a<br>Developmental disability.   |

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| Type of Service                        | Program   | Phone          | Hours                        | Region  | Populations  | Languages | Cultural Competency              | Specialties   |
|--|---|----------------|------------------------------|---------|--|-----------|----------------------------------|---|
| Day Program Children, Youth & Families | Frontier Learning Assistance Center-Merit Academy<br>1600 N. Cuyamaca St., El Cajon, CA 92020           | (619) 956-0615 | Mon-Fri<br>8:00 am - 4:00 pm | East    | Adolescents referred through educationally-related mental health services    |           |                                  | Day treatment intensive.  |
| Day Program Children, Youth & Families | Marcy Day Treatment Program San Diego Unified School District<br>2716 Marcy Ave.<br>San Diego, CA 92113 | (619) 525-7372 | Mon-Fri<br>8:30 am - 4:00 pm | Central | Children, Adolescents (ages 9-12) in San Diego Unified School District       | Spanish   | Provide Spanish parenting groups | San Diego Unified School District / High School Emotionally Disturbed Students. |
| Day Program Children, Youth & Families | New Alternatives-Cajon Valley School<br>395 Ballantyne St. #510<br>El Cajon, CA 92020                   | (619) 588-3653 | Mon-Fri<br>8:00 am - 4:00 pm |         | Children, Adolescents for children in the Cajon Valley Union School District | Spanish   |                                  | Kindergarten - 8th grade; Day Rehab; Outpatient.                                |

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| Type of Service                                 | Program  | Phone          | Hours                        | Region     | Populations  | Languages | Cultural Competency              | Specialties   |
|---|--|----------------|------------------------------|------------|--|-----------|----------------------------------|---|
| Day Program<br>Children,<br>Youth &<br>Families | New Dawn - Day Treatment<br>San Diego Unified School District<br>5650 Mt. Ackerly<br>San Diego, CA 92111 | (858) 496-1655 | Mon-Fri<br>8:30 am - 4:00 pm | Central    | ED(Emotionally Disturbed students (ages 9-12)<br>San Diego Unified School District | Spanish   | Provide Spanish parenting groups | Day Rehab; Individual therapy; Medication support services.     |
| Day Program<br>Children,<br>Youth &<br>Families | New Alternatives - Hillcrest Day Rehabilitation<br>4307 Third Ave.<br>San Diego, CA 92103                | (619) 543-0840 | Mon-Fri<br>2:30 pm - 7:30 pm | Countywide | Children, Adolescents  | Spanish   | Yes                              | SED; TAY; Children <6;<br>Juvenile Court dependents and wards.  |
| Day Program<br>Children,<br>Youth &<br>Families | Reflections<br>8376 Hercules St.<br>La Mesa, CA 91942  | (619) 667-6891 | Mon-Fri<br>8:00 am - 4:30 pm | Countywide | Adolescents referred by Juvenile Courts  | Spanish   | Juvenile Court Wards             | Family based services;<br>In-home treatment;<br>Support groups. |

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| Type of Service                                 | Program  | Phone          | Hours                        | Region     | Populations  | Languages | Cultural Competency                 | Specialties  |
|---|--|----------------|------------------------------|------------|--|-----------|-------------------------------------|--|
| Day Program<br>Children,<br>Youth &<br>Families | Riley<br>Outpatient/<br>New Dawn School<br>San Diego Unified School<br>District<br>5650 Mt. Ackerly<br>San Diego, CA 92111 | (858) 496-8205 | Mon-Fri<br>8:00 am - 4:30 pm | Central    | Adolescents<br>referred through<br>educationally-<br>related mental<br>health services<br>in San Diego<br>Unified School<br>District | Spanish   | Provide Spanish<br>parenting groups | Day treatment intensive,<br>educationally related<br>mental health services. |
| Day Program<br>Children,<br>Youth &<br>Families | San Diego Center for<br>Children<br>Clark Adolescent<br>Treatment Program<br>3003 Armstrong St.<br>San Diego, CA 92111     | (858) 569-2122 | Mon-Fri<br>8:00 am - 5:00 pm | Countywide | Adolescents  | Spanish   |                                     | Day treatment intensive.   |
| Day Program<br>Children,<br>Youth &<br>Families | Unified Day Rehabilitation<br>San Diego Unified School<br>District, 5650<br>Mt. Ackerly Dr.<br>San Diego, CA 92111         | (858) 573-2227 | Mon-Fri<br>8:00 am- 4:00 pm  | Central    | Adolescents  |           |                                     |  |

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| Type of Service                                     | Program   | Phone          | Hours  | Region     | Populations                                  | Languages                                     | Cultural Competency              | Specialties  |
|---|---|----------------|--|------------|--|---|----------------------------------|--|
| Full-Service Partnership Children, Youth & Families | Counseling Cove<br>San Diego Youth Services<br>2250 Fourth Ave.<br>Ste. 301<br>San Diego, CA 92101                            | (619) 525-9903 | Mon-Fri<br>9:00 am - 6:00 pm<br>(Evening hours by appointment)             | Countywide | Homeless, Runaway and SED youth (ages 12-21) | Spanish, Tagalog                              | HML & Runaway GLBT               | Homeless and runaway youth, Outreach and engagement; Crisis intervention; Outpatient services.   |
| Full-Service Partnership Children, Youth & Families | Fred Finch Wraparound<br>3434 Grove St.<br>Lemon Grove, CA 91945  | (619) 281-3706 | Mon-Fri<br>8:00am-5:00pm<br>(24 hour availability)                         | Countywide | Children and youth ages 6-21, SED            |   |                                  | Court wards/dependents; Intensive case management and mental health services to transition youth to lower level of care; Crisis intervention; Medication management; Individual, group and family therapy. |
| Full-Service Partnership Children, Youth & Families | Multi-cultural Counseling (MCC)<br>Union of Pan-Asian Communities<br>5296 University Ave.,<br>Ste. F-2<br>San Diego, CA 92105 | (619) 578-2211 | Mon-Fri<br>9:00 am - 6:00 pm<br>(Evening and weekend hours by appointment) | Countywide | Children, Adolescents and their parents      | Vietnamese, Tagalog, Spanish, Korean, Burmese | Cultural and linguistic services | Community outreach or Emergency for children who qualify with a serious emotional disturbance.   |

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| Type of Service                | Program  | Phone          | Hours | Region        | Populations          | Languages        | Cultural Competency  | Specialties  |
|--------------------------------|--|----------------|-------|---------------|----------------------|------------------|--|--|
| Hospital Inpatient Psychiatric | Alvarado Parkway Institute/<br>Behavioral Health System<br>7050 Parkway Dr.<br>La Mesa, CA 91942 | (619) 465-4411 | 24/7  | East          | Adult, Older Adult   | Spanish, Tagalog | Older Adult, GLBT, HML, Afr Amer, HL, AI, SEA, EE, ME                  | Acute psychiatric inpatient care;<br>Chemical dependency<br>24-Hour mobile assessment. |
| Hospital Inpatient Psychiatric | Palomar Medical Center Mental Health Unit<br>555 E. Valley Pkwy.<br>Escondido, CA 92025          | (760) 739-3240 | 24/7  | North Inland  | Adults, Older Adults | All              | Older Adult, GLBT, HML, Afr Amer, HL, AI, African Refugee, SEA, EE, ME | Acute psychiatric inpatient care.  |
| Hospital Inpatient Psychiatric | Pomerado Hospital Behavioral Medicine Center<br>15615 Pomerado Rd.<br>Poway, CA 92064            | (858) 613-5640 | 24/7  | North Central | Adults, Older Adults | All              | Older Adult, GLBT, HML, Afr Amer, HL, AI, African Refugee, SEA, EE, ME | Acute psychiatric inpatient care.  |

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| Type of Service                | Program   | Phone  | Hours | Region  | Populations             | Languages                                       | Cultural Competency  | Specialties                          |
|--------------------------------|---|--|-------|---------|-------------------------|---|--|--------------------------------------|
| Hospital Inpatient Psychiatric | PRIME<br>Paradise Valley Hospital<br>Psychiatric Services<br>2400 E. 4th St.<br>National City, CA 91950 | (619) 470-4239   | 24/7  | South   | Adults                  | Spanish,<br>Tagalog                             | Older Adult,<br>GLBT, HML, Afr<br>Amer, HL, AI,<br>African Refugee,<br>SEA, EE, ME | Acute psychiatric<br>inpatient care. |
| Hospital Inpatient Psychiatric | PRIME<br>Bayview<br>Behavioral Health<br>Campus<br>330 Moss St.<br>Chula Vista, CA 91911                | (619) 426-6310<br>Intake:<br>(800) 585-4620<br>Partial<br>Hospitalization:<br>(619) 585-4618 | 24/7  | South   | Adults                  | Spanish,<br>Tagalog                             | Older Adult,<br>GLBT, HML, Afr<br>Amer, HL, AI,<br>African Refugee,<br>SEA, EE, ME | Acute psychiatric<br>inpatient care. |
| Hospital Inpatient Psychiatric | Promise Hospital<br>5550 University Ave.<br>San Diego, CA 92105   | (619) 582-3516   | 24/7  | Central | Adults, Older<br>Adults | Spanish,<br>Tagalog,<br>Vietnamese,<br>Somalian | Older Adult,<br>GLBT, HML, Afr<br>Amer, HL, African<br>Refugee, SEA                | Acute psychiatric<br>inpatient care. |

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| Type of Service                | Program  | Phone          | Hours | Region        | Populations          | Languages   | Cultural Competency  | Specialties   |
|--------------------------------|--|----------------|-------|---------------|----------------------|---|--|---|
| Hospital Inpatient Psychiatric | San Diego County Psychiatric Hospital<br>3853 Rosecrans St.<br>San Diego, CA 92110 | (619) 692-8200 | 24/7  | Countywide    | Adults, Older Adults | Translation Services  | Older Adult, GLBT, HML, Afr Amer, HL, AI, African Refugee, SEA, EE, ME | Acute psychiatric inpatient care.                         |
| Hospital Inpatient Psychiatric | Scripps Mercy Hospital Behavioral Health<br>4077 Fifth Ave.<br>San Diego, CA 92103 | (619) 260-7005 | 24/7  | Central       | Adults, Older Adults | German, Hungarian, Spanish, Chinese, Taiwanese, Tagalog, Nigerian, Portuguese, Arabic, Italian, Cambodian | Older Adult, GLBT, HML, HL, AI, African Refugee                        | Acute psychiatric inpatient care; Psychiatric assessment. |
| Hospital Inpatient Psychiatric | Sharp Mesa Vista Hospital<br>7850 Vista Hill Ave.<br>San Diego, CA 92123           | (858) 278-4110 | 24/7  | North Central | All ages             | Access to all language translation services   | Older Adult, GLBT, HML, Afr Amer, HL, SEA, EE                          | Acute psychiatric inpatient care.                         |

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| Type of Service                | Program  | Phone   | Hours                      | Region        | Populations                             | Languages                       | Cultural Competency                          | Specialties                       |
|--------------------------------|--|---|----------------------------|---------------|---|---------------------------------|--|-----------------------------------|
| Hospital Inpatient Psychiatric | Sharp Grossmont Hospital Behavioral Health<br>5555 Grossmont Center Dr., La Mesa, CA 91942                             | Intake<br>(800) 696-6899<br><br>Open Unit<br>(619) 740-4802 | 24/7                       | East          | Adults, Older Adults                    | Spanish, Tagalog, American Sign | Older Adult, GLBT, HML, Afr Amer, HL, AI, ME | Acute psychiatric inpatient care. |
| Hospital Inpatient Psychiatric | Tri-City Medical Center<br>4002 Vista Way<br>Oceanside, CA 92056   | (760) 940-7396<br><br>ER:<br>(760) 940-3505                 | 24/7                       | North Coastal | Adults, Older Adults<br>(Medicare only) | Spanish                         |  | Acute psychiatric inpatient care. |
| Hospital Inpatient Psychiatric | UCSD Medical Center<br>Neuropsychiatry and Behavioral Medicine<br>350 Dickinson St.<br>Ste. 221<br>San Diego, CA 92103 | (619) 543-2827  | Mon-Fri<br>8:00am - 5:00pm | Central       | Adults, age 18+                         | All                             | All  | Acute psychiatric inpatient care. |

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| Type of Service   | Program  | Phone          | Hours                         | Region       | Populations                     | Languages                 | Cultural Competency    | Specialties   |
|---|--|----------------|-------------------------------|--------------|---------------------------------|---------------------------|------------------------|---|
| Hospital Inpatient Psychiatric Children, Youth & Families | Aurora Behavioral Health Care - San Diego<br>11878 Avenue of Industry<br>San Diego, CA 92128 | (858) 487-3200 | 24/7                          | North Inland | Children, youth                 | Spanish, Tagalog, Chinese | Afr Amer, HL, AI, GLBT | Acute psychiatric inpatient care.   |
| Hospital Inpatient Psychiatric Children, Youth & Families | Rady Child and Adolescent Psychiatry Services (CAPS)<br>8001 Frost St., San Diego, CA 92123  | (619) 229-3700 | 24/7                          | Countywide   | Children, Adolescents           | Spanish                   |                        | Acute psychiatric inpatient care.   |
| Innovation Children, Youth & Families                     | After-School Inclusion YMCA<br>4080 Centre St.<br>Ste. 103<br>San Diego, CA 92103            | (619) 543-9850 | Mon- Fri<br>8:30 am - 5:00 pm | Countywide   | Children, elementary school age |                           | English                | Provides YMCA after-school program inclusion aide support; case management. |

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| Type of Service  | Program   | Phone          | Hours                         | Region     | Populations   | Languages | Cultural Competency                          | Specialties  |
|--|---|----------------|-------------------------------|------------|---|-----------|--|--|
| Juvenile Forensic Services<br>Children, Youth & Families | County of San Diego<br>Girls' Rehabilitation Facility<br>STAT Team<br>Mental Health Services<br>2861 Meadow Lark Dr.<br>San Diego, CA 92123 | (858) 694-4510 | 24/7                          | Countywide | Delinquent girls  |           | Juvenile Court Wards                         | Delinquent girls committed by the court.   |
| Juvenile Forensic Services<br>Children, Youth & Families | County of San Diego<br>Juvenile Forensic Services<br>STAT Team<br>2801 Meadow Lark Dr.<br>San Diego, CA 92123                               | (858) 694-4752 | Mon-Fri<br>8:00 am - 5:00 pm  | Countywide | Children, Adolescents<br>detained in<br>Juvenile Hall                   |           | Juvenile Court Wards                         | Crisis Intervention; Counseling; Medical evaluations; Brief assessment and consultation. |
| Juvenile Forensic Services<br>Children, Youth & Families | San Diego Center for Children<br>Multi-Dimensional Treatment Foster Care (MTFC), P-Program<br>3002 Armstrong St.<br>San Diego, CA 92111     | (858) 277-9550 | Mon- Fri<br>8:00 am - 5:00 pm | Countywide | Children ages 3-6 identified by Child Welfare Services (referrals only) |           | Under 6, Juvenile Court Dependents and Wards | Community/home-based intensive treatment foster care.                                    |

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| Type of Service  | Program   | Phone                                 | Hours   | Region     | Populations  | Languages                         | Cultural Competency                 | Specialties   |
|--|---|---------------------------------------|---|------------|--|-----------------------------------|-------------------------------------|---|
| Juvenile Forensic Services Children, Youth & Families                  | County of San Diego Polinsky Children's Center STAT Team 9400 Ruffin Ct. San Diego, CA 92123  | (858) 874-1059                        | Mon-Fri 8:00 am - 9:00 pm<br>Sat<br>Hours vary<br>Sun 9:00 am - 7:00 pm | Countywide | Dependent Children and Adolescents detained in shelter care at Polinsky Center   | Spanish, German, Romanian, Hebrew | Juvenile Court Dependents and Wards | Mental health services; Crisis intervention.  |
| Juvenile Forensic Services Children, Youth & Families                  | Juvenile Court Medication Clinic Vista Hill 2851 Meadow Lark Dr. San Diego, CA 92123  | (858) 571-1964                        | Mon-Fri 8:00 am - 5:00 pm<br>(Evenings by appointment)                  | Countywide | Children, Adolescents  | Spanish                           | HL, Afr Amer                        | Clinic-based psychiatric assessment; Medication management; Case management; Juvenile Court dependents and wards.   |
| Juvenile Forensic Services (referrals only) Children, Youth & Families | Multi-Systemic Therapy (MST) and Assertive Community Treatment (ACT) San Diego Unified School District 2901 Meadow Lark Dr. San Diego, CA 92123 | (619) 225-9621 (Court referrals only) | Mon- Fri 8:00 am - 5:00 pm<br>(Evening hours by appointment)            | Countywide | San Diego Unified School District students who have been detained at the Kearny Mesa Juvenile Detention Facility (Superior Court referrals only) |                                   |                                     | Home-based Multi-Systemic Therapy (MST) and Assertive Community Treatment (ACT) which require family participation. |

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| Type of Service   | Program  | Phone                              | Hours                        | Region       | Populations   | Languages                | Cultural Competency | Specialties   |
|---|--|------------------------------------|------------------------------|--------------|---|--------------------------|---------------------|---|
| Juvenile Forensic Services (referrals only)<br><br>Children, Youth & Families | Multi-Dimensional Treatment Foster Care (MTFC), C-Program San Diego Youth Services<br>3255 Wing St.<br>San Diego, CA 92110 | (619) 221-8600<br>(referrals only) | Mon-Fri<br>8:30 am - 5:00 pm | Countywide   | Children ages 7-12<br>(Child Welfare Services referrals only) |                          |                     | Community/home-based intensive treatment foster care.   |
| Other CaiWORKs  | CaiWORKs- Escondido Mental Health Systems, Inc.<br>474 W. Vermont Ave.<br>Ste. 103<br>Escondido, CA 92025                  | (760) 745-0281<br>(referrals only) | Mon-Fri<br>9:00 am - 4:00 pm | North Inland | Adult, Older Adults (referrals only)                          | Spanish                  | GLBT, Afr Amer, HL  | Multi-Service Center for CaiWORKs WTW participants; mental health and dual disorders counseling services. |
| Other CaiWORKs  | CaiWORKs- East Mental Health Systems, Inc.<br>900 N. Cuyamaca St,<br>Ste. 110<br>El Cajon, CA 92020                        | (619) 448-0420<br>(referrals only) | Mon-Fri<br>9:00 am - 4:00 pm | East         | Adult, Older Adults (referrals only)                          | Spanish, French, Italian | GLBT, Afr Amer      | Multi-Service Center for CaiWORKs WTW participants; mental health and dual disorders counseling services. |

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| Type of Service                 | Program  | Phone                           | Hours                         | Region        | Populations                           | Languages                                       | Cultural Competency | Specialties   |
|---------------------------------|--|---------------------------------|-------------------------------|---------------|---------------------------------------|---|---------------------|---|
| Other CaiWORKs                  | STEPForward<br>2772 Fourth Ave.<br>San Diego, CA 92103   | (619) 295-6067                  | Mon-Fri<br>8:00 am - 5:00 pm  | Central       | CaiWORKs Recipients                   | Spanish,<br>Somali,<br>Cambodian,<br>Vietnamese |                     | Individual therapy; Case management; Medication management.   |
| Other CaiWORKs (referrals only) | CaiWORKs- South Mental Health Systems, Inc.<br>1105 Broadway Ste. 207<br>Chula Vista, CA 91911         | (619) 425-5609 (referrals only) | Mon-Fri<br>8:00 am - 4:30 pm  | South         | Adults, Older Adults (referrals only) | Spanish   | GLBT, Afr Amer, HL  | Multi-Service Center for CaiWORKs WTW participants; Mental health and dual disorders counseling services. |
| Other CaiWORKs (referrals only) | CaiWORKs- Oceanside Mental Health Systems, Inc., 1919 Apple Street Suites A & B<br>Oceanside, CA 92054 | (760) 439-4577 (referrals only) | Mon- Fri<br>9:00 am - 4:00 pm | North Coastal | Adults, Older Adults (referrals only) | Spanish, Italian, German, Portuguese            | GLBT, Afr Amer, HL  | Multi-Service Center for CaiWORKs WTW participants; mental health and dual disorders counseling services. |

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| Type of Service            | Program   | Phone          | Hours                        | Region                 | Populations     | Languages                         | Cultural Competency   | Specialties   |
|----------------------------|---|----------------|------------------------------|------------------------|-----------------|-----------------------------------|---|---|
| Other Conservator Services | Public Administrator/Public Guardian<br>5560 Overland Ave, Suite 130<br>San Diego, CA 92123                                   | 858-694-3500   | Mon-Fri<br>8:00 am - 5:00 pm | Countywide             | All ages        | Vietnamese, French, Tagalog       | Older Adult, GLBT, HML, SEA   | Investigation and related services.   |
| Other Employment Services  | Employment Services Mental Health Systems, Inc.<br>1202 Morena Blvd. Ste. 201<br>San Diego, CA 92110                          | (619) 276-8071 | Mon-Fri<br>8:00 am - 4:30 pm | Countywide             | Adults, age 18+ | Spanish, TID for hearing impaired | Physically Disabled, Older Adult, GLBT, HML, Afr Amer, HL, AI, African Refugee, SEA, ME | Vocational readiness, job placement and support for clients who qualify for Dept. of Rehab and who receive County mental health services. |
| Other Employment Services  | San Diego Employment Solutions<br>Mental Health Systems, Inc., 10981 San Diego Mission Road, Suite 110<br>San Diego, CA 92108 | (619) 521-9569 | Mon-Fri<br>8:00 am - 4:30 pm | North Central, Central | Adults, age 18+ | Spanish and Asian languages       | Older Adult, GLBT, HML, Afr Amer, HL, ME  | Individual job placement and support to the severely mentally ill.  |

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| Type of Service       | Program   | Phone                                 | Hours                        | Region     | Populations  | Languages            | Cultural Competency             | Specialties                                 |
|-----------------------|---|---------------------------------------|------------------------------|------------|--|----------------------|---------------------------------|---|
| Other Forensic Adult  | Forensic Evaluation Psychiatry Unit<br>220 W. Broadway<br>Room 1003<br>San Diego, CA 92101            | (619) 531-3047 (Court referrals only) | Mon-Fri<br>8:00 am - 4:30 pm | Central    | Adults, Older Adults referred by Court                                   |                      | All                             | Court-ordered mental health assessments.    |
| Other Forensics Adult | Conditional Release Program (CONREP)<br>Address Confidential  | Confidential                          |                              | Countywide | Adults (Judicially committed patients and mentally disordered offenders) | Interpreter Services | Older Adult, GLBT, Afr Amer, HL | Medication management; Crisis intervention. |
| Other Jail            | Central Detention Facility (Men's Psychiatric Security Unit)<br>1173 Front St.<br>San Diego, CA 92101 | (619) 615-2599                        | 24/7                         | Countywide | Adults, Male Inmates   | Spanish              |                                 | Psychiatric unit and services.              |

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| Type of Service | Program   | Phone          | Hours | Region        | Populations                    | Languages | Cultural Competency | Specialties                                    |
|-----------------|---|----------------|-------|---------------|--------------------------------|-----------|---------------------|--|
| Other Jail      | George Bailey Detention Facility (Men's Clinic Only)<br>Ste. 5300<br>446 Alta Rd.<br>San Diego, CA 92158  | (619) 661-2620 | 24/7  | South         | Adults, Male Inmates           | Spanish   | All                 | Mental health treatment to incarcerated.       |
| Other Jail      | Las Colinas Detention Facility (Women's Psychiatric Security)<br>9000 Cottonwood Ave.<br>Santee, CA 92071 | (619) 258-3176 | 24/7  | Countywide    | Adults, Female Inmates         |           | All                 | Inpatient and outpatient psychiatric services. |
| Other Jail      | Vista Detention Facility (Men's/Women's Clinics)<br>325 S. Melrose<br>Ste. 200<br>Vista, CA 92081         | (760) 940-4473 | 24/7  | North Coastal | Adult, Male and Female Inmates | Spanish   |                     |  |

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| Type of Service | Program   | Phone                                | Hours  | Region       | Populations               | Languages                                     | Cultural Competency  | Specialties  |
|-----------------|---|--------------------------------------|--|--------------|---------------------------|---|--|--|
| Other Outreach  | Aging & Independence Services   | (800) 510-2020 APS Hotline open 24/7 | Office: Mon - Fri 8:00 am - 5:00 pm; APS Hotline open 24/7 | Countywide   | Older Adults              | Available connection to offsite interpreters. | Older Adult  | In-Home crisis intervention; Short-term case management.                                     |
| Outpatient      | BPSR Kinesis North (Ramona Satellite)   | (760) 480-2255                       | Mon- Fri 9:00 am - 3:00 pm                                 | North Inland | Adults, Older Adults      | Italian, German, Spanish, Portuguese          | HML, GLBT, Afr Amer, EE, TAY                                       | Medication management; Individual and group therapy; Rehabilitation; Co-occurring disorders. |
| Outpatient      | BPSR- Vista Mental Health Systems, Inc. 550 W. Vista Way Ste. 407 Vista, CA 92083 | (760) 758-1092                       | Mon- Fri 8:30 am - 5:00 pm                                 | North Inland | Adults, Older Adults, TAY | Spanish                                       | Older Adult, GLBT, HML, Afr Amer, HL, African Refugee, SEA, EE, ME | Medication management; Crisis intervention.  |

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| Type of Service | Program   | Phone          | Hours                                | Region       | Populations               | Languages                            | Cultural Competency          | Specialties  |
|-----------------|---|----------------|--------------------------------------|--------------|---------------------------|--------------------------------------|------------------------------|--|
| Outpatient      | BPSR-Kinesis North<br>474 W. Vermont Ave.<br>Ste. 101<br>Escondido, CA 92025          | (760) 480-2255 | Mon-Fri<br>8:00 am - 5:00 pm         | North Inland | Adults, Older Adults, TAY | Spanish, Italian, German, Portuguese | HML, GLBT, Afr Amer, EE, TAY | Medication management; Crisis intervention; Socialization.   |
| Outpatient      | BPSR Center<br>Areta Crowell<br>1963 Fourth Ave.<br>San Diego, CA 92101               | (619) 233-3432 | Mon-Fri<br>8:30 am - 5:00 pm         | Central      | TAY, Adults, Older Adults | Spanish, Vietnamese, Tagalog         | HML, TAY, GLBT               | Medication management; Crisis intervention; Case management; Group and individual rehabilitative services; Housing assistance. |
| Outpatient      | BPSR-Kinesis North<br>(Fallbrook Satellite)<br>1328 S. Mission<br>Fallbrook, CA 92028 | (760) 480-2255 | Every other Fri<br>9:00 am - 3:00 pm | North Inland | Adults, Older Adults      | Italian, German, Spanish, Portuguese | HML, GLBT, Afr Amer, EE, TAY | Individual and group therapy; Medication management; Rehabilitation; Co-occurring disorders.                                   |

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| Type of Service | Program  | Phone                      | Hours   | Region  | Populations                             | Languages                              | Cultural Competency  | Specialties   |
|-----------------|--|----------------------------|---|---------|---|--|--|---|
| Outpatient      | Center for Counseling<br>Catholic Charities<br>349 Cedar St.<br>San Diego, CA 92101  | (619) 231-2828<br>Ext. 306 | Mon-Fri<br>8:00 am - 5:00 pm<br>(Evening hours by<br>appointment) | Central | Adults,<br>Collateral<br>Family Members | Spanish,<br>Polish, Italian,<br>French | Older Adult,<br>GLBT, HML, Afr<br>Amer, HL, EE, ME                                 | Mental Health.  |
| Outpatient      | Chaldean-Middle<br>Eastern<br>Social Services<br>436 S. Magnolia Ave.<br>Ste. 201<br>El Cajon, CA 92020                      | (619) 631-7400             | Mon-Fri<br>9:00 am - 5:00 pm                                      | East    | All Ages                                | Arabic                                 | Middle Eastern<br>Refugees   | Mental health services<br>for refugees.                                   |
| Outpatient      | Co-Occurring Disorders<br>Program<br>University of California<br>San Diego<br>(UCSD)<br>140 Arbor Dr.<br>San Diego, CA 92103 | (619) 543-7625             | Mon-Thu<br>8:00 am - 6:00 pm<br>Fri<br>8:00 pm - 5:00 pm          | Central | Adults, Older<br>Adults                 | Spanish, Italian                       | Older Adult,<br>GLBT, HML, Afr<br>Amer, HL, AI,<br>African Refugee,<br>SEA, EE, ME | Medication<br>management; Crisis<br>intervention; Recovery<br>counseling. |

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| Type of Service | Program  | Phone   | Hours   | Region  | Populations                   | Languages   | Cultural Competency  | Specialties  |
|-----------------|--|---|---|---------|-------------------------------|---|--|--|
| Outpatient      | Community Circle Central Family Health Centers of San Diego<br>2204 National Ave.<br>San Diego, CA 92113                             | (619) 798-3638  | Mon-Fri<br>8:30 am - 5:00 pm  | Central | Children, Adolescents, Adults | Spanish, Japanese   | Spanish, Translational services available for Tagalog, Vietnamese, Laotian, Arabic | Individual, child, adolescent, family therapy; School-based services |
| Outpatient      | Counseling and Treatment Center<br>Union of Pan Asian Communities (UPAC)<br>5348 University Ave.<br>Suite 101<br>San Diego, CA 92105 | (619) 229-2999  | Mon, Wed, Thu, Fri<br>8:30 am - 5:00 pm<br>Tue<br>8:30 am - 6:00 pm | Central | Adults, Older Adults          | Vietnamese, Cambodian, Laotian, Tagalog, Cantonese, Korean, Thai, Hmong | Older Adult, SEA   | Medication management; Crisis intervention.                          |
| Outpatient      | Deaf Community Services of San Diego<br>3930 Fourth Ave.<br>Suite 300<br>San Diego, CA 92103   | (619) 398-2441<br>TIY:<br>(619) 398-2440<br>VP:<br>(619) 550-3436 | Mon-Fri<br>8:30 am - 5:00 pm  | Central | Adults, Older Adults          | American Sign, Spanish, Tagalog   | Older Adult, GLBT, HML, Afr Amer, HL, AI, SEA                                      | Community services.  |

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|-----------------|--|----------------|--|------------------------------|---|---|---|---|
| Outpatient      | Douglas Young<br>BPSR Center<br>Community Research<br>Foundation<br>10717 Camino Ruiz<br>Ste. 207<br>San Diego, CA 92126             | (858) 695-2211 | Mon, Tue, Fri<br>9:00 am - 5:00 pm<br>Wed<br>9:00am - 5:00pm<br>Thu<br>12:00 pm - 8:00 pm                                      | North<br>Central,<br>Central | TAY, Adults,<br>Older Adults<br>Filipinos | Spanish,<br>Tagalog   | Dual Diagnosis,<br>HL, SEA, EE, ME,<br>TAY,API,Oider<br>Adult             | Medication management;<br>Crisis intervention;<br>Group and individual<br>rehabilitation services;<br>Geriatric specialty<br>services; AB109. |
| Outpatient      | East County Mental<br>Health Center<br>1000 Broadway<br>Ste.210<br>El Cajon, CA 92021  | (619) 401-5500 | Mon - Thu<br>8:00 am - 12:00 pm<br>1:00pm -6:00pm<br>Fri<br>8:00am- 12:00 pm<br>1:00pm - 5:00pm<br>(Call for<br>Walk-in Hours) | East                         | Adults, Older<br>Adults                   | Spanish,<br>Tagalog,<br>Arabic,<br>Aramaic, Farsi,<br>Tigrinya,<br>Amharic, Italian | Older Adult,<br>GLBT, HML, Afr<br>Amer, HL, AI,<br>African Refugee,<br>ME | Dually-Diagnosed<br>Individual and group<br>rehabilitation services;<br>Medication<br>management; Case<br>management; Crisis<br>Intervention. |
| Outpatient      | East Wind Socialization<br>Center<br>Union of Pan Asian<br>Communities<br>(UPAC)<br>8745 Aero Dr.<br>Ste. 330<br>San Diego, CA 92123 | (858) 268-4933 | Mon - Fri<br>8:30 am - 5:00 pm   | North<br>Central             | Adults, Older<br>Adults                   | Vietnamese,<br>Hmong,<br>Cambodian,<br>Cantonese,<br>Chinese,<br>Korean             | Older Adult,<br>GLBT, SEA   | Medication management;<br>Crisis intervention;<br>Socialization<br>Clubhouse.   |

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|-----------------|---|----------------|--|---------|----------------------|---|--|---|
| Outpatient      | Gifford Clinic<br>Outpatient Psychiatric Services<br>University of California San Diego<br>(UCSD)<br>140 Arbor Dr.<br>San Diego, CA 92103 | (619) 543-6250 | Mon-Fri<br>8:00 am - 5:00 pm                                       | Central | Adults, Older Adults | Spanish, Russian, Portuguese, Hindi, French, German | Older Adult, GLBT, HML, Afr Amer, HL, AI, SEA,EE | Mental health; Medication management; Crisis intervention; Social Services assistance.  |
| Outpatient      | Heartland Wellness and Recovery Center<br>Community Research Foundation<br>460 N. Magnolia Street<br>Suite 110, El Cajon, CA 92020        | (619) 440-5133 | Mon, Tue, Thur, Fri<br>9:00 am - 5:00 pm<br>Wed<br>9:00am - 7:00pm | East    | Adults, age 18+      | Spanish   | Older Adult, GLBT, HML, HL, AI                   | Medication management; Crisis intervention; Case management; Socialization; Vocational services, Group and Individual Rehabilitation Services, Geriatric Specialty Services, and AB109. |
| Outpatient      | I-CARE<br>(Integrated Care Resources)<br>Family Health Centers of San Diego<br>823 Gateway Center Way<br>San Diego, CA 92102              | (619) 515-2300 | Mon- Fri<br>8:00am -5:00pm   | Central | Adults               | Spanish   | Requirements met                                 | Depression care managers at various community health clinics use the IMPACT model to work with clients in alleviating symptoms and learning to cope with life challenges.               |

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|-----------------|--|----------------|---|---------------|-------------------------|----------------------------|---|--|
| Outpatient      | Jane Westin Center<br>1045 Ninth Ave.<br>San Diego, CA 92101                                 | (619) 235-2600 | Mon-Fri<br>10:00 am-4:00pm  | Countywide    | Adults, Older Adults    | Spanish, Serbian, Croatian | Older Adult, HML, HL                          | Short term outpatient clinical stabilization transitioning to other long term outpatient providers.                      |
| Outpatient      | Maria Sardinias Wellness & Recovery Center<br>1465 30th St.<br>Ste. K<br>San Diego, CA 92154 | (619) 428-1000 | Mon, Wed<br>9:00 am - 8:00 pm<br>Tue, Thu, Fri<br>9:00 am - 5:00 pm<br>(*Call for hours)  | South         | Adults, age 18+, Latino | Spanish                    | TAY   | DBT and depression groups for Latino program; Mobile services.   |
| Outpatient      | North Central Mental Health Center<br>1250 Morena Blvd.<br>San Diego, CA 92110               | (619) 692-8750 | Mon-Fri<br>8:00 am - 5:00 pm<br>(Call for Walk-in Hours.<br>Evening hours by appointment) | North Central | Adults, age 18+         | Farsi, Spanish, Tagalog,   | Older Adult, GLBT, HML, Afr Amer, HL, SEA, ME | Mental health rehabilitation services; Medication management; Case management; Crisis intervention; Vocational services. |

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|-----------------|--|----------------|--|---------------|-------------------------------------|---|--|---|
| Outpatient      | North Inland Mental Health Center (AMHS)<br>125 W. Mission Ave.<br>Ste. 103<br>Escondido, CA 92025             | (760) 747-3424 | Mon and Fri<br>9:00 am - 5:00 pm<br>Tues-Thur 9:00am-<br>7:00pm (*Call for<br>Walk-in Hours) | North Inland  | Adults, Older Adults                | Spanish   | Older Adult, GLBT, HML, HL, SEA, TAY, ME                               | Medication management; Rehabilitation and Recovery; Mental health; Crisis intervention. |
| Outpatient      | North Coastal Mental Health Center<br>1701 Mission Ave.<br>Ste. A<br>Oceanside, CA 92058                       | (760) 967-4475 | Mon-Fri<br>8:00 am - 5:00 pm<br>(*Call for Walk-in Hours)                                    | North Coastal | Adults, Older Adults, TAY           | Spanish, Farsi, Cape Verdean, Russian, Arabic, Korean, French | Older Adult, HML, GLBT, Aramaic, HL, SEA, ME, TAY                      | Medication management; Rehabilitation and Recovery; Mental health; Crisis intervention. |
| Outpatient      | Owen Clinic<br>University of California San Diego (UCSD)<br>4168 Front St.<br>3rd Floor<br>San Diego, CA 92103 | (619)543-3995  | Mon-Fri<br>8:00 am - 5:00 pm   | Central       | Adults, Older Adults, HIV+ and AIDS | Spanish   | Older Adult, GLBT, HML, Afr Amer, HL, AI, African Refugee, SEA, EE, ME | Mental Health; Medication Management; Crisis intervention to clinic's patients.         |

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|-----------------|---|--|------------------------------|-----------------|-----------------------------|---|--|---|
| Outpatient      | Project Enable<br>286 Euclid Ave.<br>Ste. 102<br>San Diego, CA 92114  | (619) 266-2111<br>Ext. 113<br><br>(619) 263-6155<br>Ext. 113 | Mon-Fri<br>8:00 am - 5:00 pm | Central         | Adults, Older<br>Adults     | Spanish,<br>Tagalog,<br>Ethiopian,<br>Access to<br>interpreters | Older Adult,<br>GLBT, Latino, Afr<br>Amer, TAY | Mental Health Services,<br>Medication<br>management; Crisis<br>intervention; Vocational;<br>Clubhouse.  |
| Outpatient      | Rady Children's<br>Outpatient Psychiatry -<br>North Inland Clinic<br>625 W. Citracado Pkwy.<br>Ste. 102<br>Escondido, CA 92025        | (760) 294-9270   | Mon - Fri<br>8:00am - 5:00pm | North<br>Inland | Medi-Cal and<br>MHSA funded | Spanish   | English-speaking<br>and Latino families        | Individual, group and<br>family therapy;<br>Case management;<br>Medication management.  |
| Outpatient      | San Diego Deaf<br>Mental Health Services<br>National Center for Deaf<br>Advocacy<br>10765 Woodside Ave.<br>Ste. B<br>Santee, CA 92071 | (619) 456-9609<br><br>Videophone:<br>(619) 272-4295          | Mon-Fri<br>9:00 am - 5:00 pm | Countywide      | All Ages                    | American Sign,<br>Spanish                                       | Deaf and Hard of<br>Hearing / Disabled         | Outpatient mental health<br>clinic<br>Individual and family<br>therapy; Crisis<br>intervention; Case<br>management;<br>Co-occurring disorder<br>services. |

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|-----------------|--|----------------|---|---------------|---------------------------|-------------------------|---|---|
| Outpatient      | Southeast Mental Health Center<br>3177 Ocean View Blvd.<br>San Diego, CA 92113                             | (619) 595-4400 | Mon-Fri<br>8:00 am - 5:00 pm                              | Central       | All Ages                  | Spanish, Farsi, Tagalog | Adults, Older Adult, HML, Afr Amer, HL, Under 6, Juvenile Court Dependents, TAY | Medication Management; Dual diagnosis treatment; Crisis intervention; School liaison; Individual, group and family therapy.   |
| Outpatient      | Survivors of Torture<br>PO Box 151240<br>San Diego, CA 92175   | (619) 278-2400 | Mon-Fri<br>8:00 am - 5:00 pm                              | Countywide    | All Ages                  | Serves 130 languages    | All areas for survivors of politically-motivated torture                        | For the healing of torture survivors and their families; Educate on torture, its consequences; Advocate for the abolition of torture.                               |
| Outpatient      | Walk-In Assessment Center<br>Exodus Recovery<br>Vista Mental Health<br>524 W. Vista Way<br>Vista, CA 92083 | (760) 758-1150 | Mon-Fri<br>11:00 pm - 6:30 pm<br>(Call for Walk-in Hours) | North Coastal | TAY, Adults, Older Adults | Spanish                 | Older Adult, GLBT, Afr Amer, HL, AI, SEA, and EE                                | One time or short term urgent and crisis mental health services including assessments, medication evaluations; also limited caseload of ongoing treatment services. |

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| Type of Service                                | Program   | Phone            | Hours  | Region       | Populations                   | Languages         | Cultural Competency  | Specialties  |
|--|---|------------------|--|--------------|-------------------------------|-------------------|--|--|
| Outpatient                                     | Walk-in Assessment Center<br>Exodus Recovery<br>Escondido Mental Health<br>660 E. Grand Avenue<br>Escondido, CA 92025                         | (760) 796 - 7760 | Mon - Fri 11:00am-6:30pm (Call for Walk-in Hours)  | North Inland |                               |                   |  |  |
| Outpatient                                     | Wellness & Recovery Center<br>South Bay Guidance<br>835 Third Ave.<br>Ste. C<br>Chula Vista, CA 91911   | (619) 427-4661   | Mon 9:00 am - 8:00pm<br>Tue, Wed, Fri 9:00 am - 5:00 pm<br>Thu 12:00 pm- 8:00pm<br>(*Call for Walk-in Hours) | South        | Adults, age 18+               | Spanish           | Older Adult, HL, Dual Diagnosis  | Medication Management; Crisis intervention; Rehab services; P case management; Group and individual counseling; Employment services. |
| Outpatient<br>Children,<br>Youth &<br>Families | Community Circle East<br>Spring Valley Elementary<br>Counseling Center<br>Family Health Centers<br>3845 Spring Dr.<br>Spring Valley, CA 91977 | (619) 515-2380   | Mon- Fri 8:30 am - 5:00 pm   | East         | Children, Adolescents, Adults | Spanish, Japanese | Spanish, Translational services available for Tagalog, Vietnamese, Laotian, Arabic | Individual, child, adolescent, family therapy; School-based services.  |

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| Type of Service                       | Program   | Phone          | Hours  | Region     | Populations  | Languages | Cultural Competency               | Specialties   |
|---------------------------------------|---|----------------|--|------------|--|-----------|-----------------------------------|---|
| Outpatient Children, Youth & Families | Incredible Families<br>4990 Williams Ave<br>La Mesa, CA 91941   | (619) 668-4200 | Mon-Fri<br>8:30 am - 5:00 pm                         | Countywide | Juvenile Court dependent children (ages 0-11)                            |           |                                   | Provides brief mental health services based on the Incredible Years model - includes Basic Parent Group Training. |
| Outpatient Children, Youth & Families | Mobile Adolescent Services Team (MAST)<br>Community Research Foundation<br>1202 Morena Blvd.<br>Ste. 203<br>San Diego, CA 92110 | (619) 398-3261 | Mon-Fri<br>8:00 am - 5:00 pm                         | Countywide | Children, Adolescents<br>Medi-Cal eligible or no other form of insurance | Spanish   | Latino, Youth, HML, Gang Involved | At-Risk Youth - Homeless youth enrolled at Monarch school- Pregnant teens/teen mothers.                           |
| Outpatient Children, Youth & Families | CAT-YAR Program<br>South Bay Community Services<br>430 F St.<br>Chula Vista, CA 91910   | (619) 420-3620 | Mon-Thur<br>8:30am - 8:00pm<br>Fri<br>8:30am -5:00pm | South      | At -risk youth ages 8-18<br>CAT-YAR only                                 | Spanish   | HL                                | CAT-YAR provides juvenile delinquency and prevention services.  |

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| Type of Service                       | Program  | Phone          | Hours                        | Region  | Populations  | Languages   | Cultural Competency  | Specialties  |
|---------------------------------------|--|----------------|------------------------------|---------|--|---|--|--|
| Outpatient Children, Youth & Families | CAT-YAR San Diego Youth Services<br>3845 Spring St.<br>La Mesa, CA 91941   | (619) 258-6877 | Mon-Fri<br>8:30am - 6:00pm   | East    | At-risk youth<br>ages 8-18   | Spanish   |  | Juvenile delinquency prevention and diversion services provided at clinic, in home or at school.                               |
| Outpatient Children, Youth & Families | Central School-Based Program<br>Mental Health Systems, Inc.<br>4660 Viewridge Ave.<br>San Diego, CA 92123                              | (858) 278-3292 | Mon-Fri<br>8:30 am - 5:00 pm | Central | Under 5,<br>Children,<br>Adolescents,<br>Medi-Cal and<br>MHSA eligible | Spanish; The program also utilizes Bilingual services and interpreters available                | Afr Amer, Asian, Hispanic, Latino, Native American   | Children, Adolescents; Family dynamics; Homeless; Juvenile Court dependents; Substance abuse issues; Therapy; Case management. |
| Outpatient Children, Youth & Families | Child and Adolescent Mental Health Services<br>Union of Pan Asian Communities (UPAC)<br>1031 25th St.<br>Ste. C<br>San Diego, CA 92102 | (619) 232-6454 | Mon-Fri<br>8:30 am - 5:00 pm | Central | Children,<br>Adolescents   | Cambodian, French, Indonesian, Dutch, Vietnamese, Hmong, Japanese, Mandarin, Taiwanese, Spanish | Youth GLBT, Under 6, Juvenile Court Dependents, Juvenile Court Wards, SEA, Hispanic Latino | Individual, Group & Family Therapy, Case Management, Mental Health Assessment.   |

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| Type of Service                       | Program   | Phone                          | Hours   | Region       | Populations   | Languages           | Cultural Competency                           | Specialties  |
|---------------------------------------|---|--------------------------------|---|--------------|---|---------------------|---|--|
| Outpatient Children, Youth & Families | Community Clinic Health Network 7535 Metropolitan Dr. San Diego, CA 92108   | (619) 542-4300 (referral only) | Mon- Fri<br>8:30am - 5:00pm   | Countywide   | Children, Adults, Older Adults                        | Spanish             | Requirements met                              | Referral Only clients transition from separate behavioral health treatment location to Combined Behavioral Health-Primary Care Services at various Community Health Clinics. Services include substance abuse screening. |
| Outpatient Children, Youth & Families | Community Assessment Team (CAT)- Youth at Risk (YAR) Mental Health Systems, Inc. 940 E. Valley Pkwy. Ste. D Escondido, CA 92025 | (760) 747-0205                 | Mon-Thu<br>8:00 am - 7:00 pm<br>Fri<br>8:00 am - 5:00 pm            | North Inland | Children, Adolescent and Families covered by Medi-Cal | Spanish             | Bilingual/Bi-Cultural staff (Spanish/English) | Youth at risk for juvenile justice involvement.  |
| Outpatient Children, Youth & Families | Cornerstone Providence Community Services 4660 El Cajon Blvd. Ste.210 San Diego, CA 92115                                       | (619) 640-3266                 | Mon-Fri<br>8:30 am - 5:00 pm (Day and evening hours by appointment) | Countywide   | Children, Adolescents to age 18 with Medi-Cal         | English, Vietnamese | Vietnamese                                    | Clinic and school-based outpatient mental health services.   |

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| Type of Service                       | Program   | Phone          | Hours   | Region                 | Populations                                      | Languages                                   | Cultural Competency                                 | Specialties  |
|---------------------------------------|---|----------------|---|------------------------|--|---|---|--|
| Outpatient Children, Youth & Families | County of San Diego and Adolescent Southeast Mental Health Center<br>3177 Ocean View Blvd.<br>San Diego, CA 92113         | (619) 595-4400 | Mon-Fri<br>8:00 am - 5:00 pm  | Central                | Children, Adolescents                            | Spanish                                     | HL  | Individual, group, family therapy case management.   |
| Outpatient Children, Youth & Families | Crossroads Family Counseling Community Research Foundation<br>1679 E. Main St.<br>Ste. 102<br>El Cajon, CA 92021          | (619) 441-1907 | Mon, Tue, Thu, Fri<br>9:00 am - 5:00 pm<br>Wed<br>8:30 am - 6:30 pm                   | East                   | Children, Adolescents with Medi-Cal and Indigent | Spanish                                     |   | TAY; Outreach to rural East county area; Individual and family therapy; Medication management at clinic, home or school. |
| Outpatient Children, Youth & Families | Douglas Young Youth and Family Services Community Research Foundation<br>7907 Ostrow St.<br>Ste. F<br>San Diego, CA 92111 | (858) 300-8282 | Mon-Wed<br>9:30 am - 6:00 pm<br>Thu<br>12:00 pm - 8:00 pm<br>Fri<br>9:00 am - 5:00 pm | North Central, Central | Children, Adolescents, Medi-Cal, Indigent        | Spanish, Tagalog, Japanese, Chinese, Korean | GLBT, TAY, Latino, American, Asian Pacific Islander | TAY; Co-occurring; Clinic and School-based.  |

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| Type of Service                       | Program  | Phone                             | Hours   | Region        | Populations  | Languages | Cultural Competency             | Specialties   |
|---------------------------------------|--|-----------------------------------|---|---------------|--|-----------|---------------------------------|---|
| Outpatient Children, Youth & Families | East County Behavioral Health Clinic<br>San Diego Youth Services<br>1870 Cordell Ct.<br>Ste. 101<br>El Cajon, CA 92020     | (619) 448-9700                    | Mon-Fri<br>9:00 am - 5:00 pm<br>(Evening hours by appointment)  | East          | At-risk children & youth and their families<br>(Medi-Cal and no insurance) | Spanish   | TAY, HL, Afr Amer, ME, GLBT, AI | At-risk youth. Outpatient services; Medication management; Crisis intervention. |
| Outpatient Children, Youth & Families | EPSDT/CAT<br>Social Advocates for Youth<br>(SAY San Diego, Inc.)<br>4275 El Cajon Blvd.<br>Ste. 101<br>San Diego, CA 92105 | (619) 582-9056<br>(Medi-Cal only) | Mon-Fri<br>8:30 am - 5:00 pm                                    | Central       | Children, Adolescents (ages 8-18)<br>Medi-Cal only                         | Spanish   | HL                              | Individual and family therapy; Juvenile Court wards.                            |
| Outpatient Children, Youth & Families | EPSDT, CAT, YAR<br>North County Lifeline<br>200 Michigan Ave.<br>Vista, CA 92084   | (760) 726-4900                    | Mon- Fri<br>8:30 am - 5:00 pm<br>(Evening hours by appointment) | North Coastal | Children, Adolescent   | Spanish   | At risk                         | Youth at risk for entering or re-entering the juvenile justice system.          |

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| Type of Service                       | Program   | Phone          | Hours  | Region  | Populations                                 | Languages              | Cultural Competency                  | Specialties  |
|---------------------------------------|---|----------------|--|---------|---|------------------------|--------------------------------------|--|
| Outpatient Children, Youth & Families | Intensive Outpatient San Diego Unified School District<br>2351 Cardinal Ln.<br>Annex B<br>San Diego, CA 92123                                 | (858) 573-2227 | Mon-Fri<br>8:00 am - 5:00 pm   | Central | Children, Adolescents                       | Spanish                | Provide Spanish parenting groups     | San Diego Unified School District/<br>Emotionally Disturbed students at various school sites.                                |
| Outpatient Children, Youth & Families | Logan Heights Family Counseling Center<br>Family Health Center-<br>Community Circle Central<br>2204 National Ave.<br>San Diego, CA 92113      | (619) 515-2355 | Mon, Tues, Fri<br>8:00 am - 5:00 pm<br>Tue, Wed<br>8:00 am - 8:00 pm | Central | Children, Adolescents, Adults, Older Adults | Spanish, French        | Adult/Older Adult Children, HML, H'L | Medication management; Crisis intervention; Individual and Family therapy.   |
| Outpatient Children, Youth & Families | Mental Health Resource Center Outpatient<br>EPSDT<br>San Diego Unified School District<br>2351 Cardinal Ln.<br>Annex B<br>San Diego, CA 92123 | (858) 573-2227 | Mon-Fri<br>9:00 am - 5:00 pm   | Central | Children, Adolescents                       | Spanish, American Sign | Provide Spanish parenting groups     | San Diego Unified School District /<br>ED Medi-Cal Students; Transition Age, Preschool, Juvenile Court dependents and wards. |

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|---------------------------------------|---|----------------|--|--|-----------------------|-----------|---------------------|--|
| Outpatient Children, Youth & Families | North County Lifeline EPSDT, CAT, YAR<br>707 Oceanside Blvd.<br>Oceanside, CA 92054                               | (760) 757-0118 | Mon-Fri<br>8:30 am -5:00pm<br>(Evening hours by appointment)       | North Coastal                              | Youth Age 6-17        | Spanish   |                     | Juvenile delinquency prevention and diversion services provided at clinic, school sites and in-home. |
| Outpatient Children, Youth & Families | North County Assessment Center<br>Green Oak Ranch<br>New Alternatives<br>1237 Green Oak Rd.<br>Vista, CA 92083    | (760) 598-2803 | Mon-Fri<br>9:00 am - 8:00 pm                                       | North Central, North Inland, North Coastal | Children              | Spanish   |                     | Assessment of children under 6 who are removed from care by Child Welfare Services or Probation.     |
| Outpatient Children, Youth & Families | Nueva Vista Family Services<br>Community Research Foundation<br>1161 Bay Blvd.<br>Ste. B<br>Chula Vista, CA 91911 | (619) 585-7686 | Mon, Tue, Wed<br>9:00 am - 7:00 pm<br>Th, Fri<br>9:00 am - 5:00 pm | South                                      | Children, Adolescents | Spanish   | HL                  | Individual, group and family therapy;<br>Medication management at clinic, home or school.            |

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|---------------------------------------|---|----------------|---|--|---|-----------|------------------------|--|
| Outpatient Children, Youth & Families | Palomar Family Counseling<br>1002 East Grand Ave.<br>Escondido, CA 92025                        | (760) 741-2660 | Mon- Fri<br>8:30 am - 5:00 pm                         | North Central, North Inland, North Coastal | Children, Adolescents, Medi-Cal Eligible, Special Education students at Escondido High School | Spanish   | High risk              | Outpatient mental health, rehabilitation and case management services for Medi-Cal eligible children to age 21, MHSA SED.  |
| Outpatient Children, Youth & Families | Palomar Family Counseling<br>120 W. Hawthorne<br>Fallbrook, CA 92028                            | (760) 731-3235 | Mon-Fri<br>8:30 am - 5:00 pm<br>(BY APPOINTMENT ONLY) | North Inland                               | Children, Adolescent on Medi-Cal  | Spanish   | Hispanic, AI, Afr Amer | Outpatient services for children, adolescents, and families. Uninsured /underinsured/Medi-Cal. Services are community-based and provided at schools, home or office. |
| Outpatient Children, Youth & Families | Para Las Familias Episcopal Community Service<br>1424 30th St.<br>Ste. G<br>San Diego, CA 92154 | (619) 565-2650 | Mon - Fri<br>8:00 am - 5:00 pm                        | South                                      | Children  | Spanish   | Under 6, HL            | Assessment; Individual & family Therapy. Services provided at clinic, pre-school sites and in-home.  |

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|---------------------------------------|---|----------------|---|--------|---------------------------------------|-----------|------------------------------|---|
| Outpatient Children, Youth & Families | Prime ALLY National City<br>502 Euclid Ave.<br>Ste. 103<br>National City, CA 91950  | (619)267-5115  | Mon, Wed, Fri<br>8:30 am - 5:00 pm<br>Tue, Thu<br>8:30 am - 6:00 pm | South  | Children and Adolescents on Medi-Cal  | Spanish   | Staff are culturally diverse | Outpatient individual, group and family therapy; Medication management  |
| Outpatient Children, Youth & Families | Prime ALLY Program<br>330 Moss St.<br>Chula Vista, CA 91911   | (619) 585-4228 | Mon, Wed, Fri<br>8:30 am - 5:00 pm<br>Tue, Thu<br>8:30 am - 6:00 pm | South  | Children, Adolescents on Medi-Cal     | Spanish   | Staff are culturally diverse | Outpatient, individual, group and family therapy; Medication management.  |
| Outpatient Children, Youth & Families | Rady Children's Hospital<br>San Diego<br>KidSTART Center<br>EPSDT Clinic<br>(South)<br>1261-D Third Ave.<br>Chula Vista, CA 91911 | (858) 966-5990 | Mon-Fri<br>8:30 am - 5:00 pm  | South  | Medi-Cal<br>children ages 0 - 5 years | Spanish   | Under 6                      | Infant and early childhood mental health and developmental services; Complex social-emotional, behavioral and developmental needs; Trauma-informed evidence-based practices; Intensive care coordination. |

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|---------------------------------------|---|----------------------|---|---------------|--|---------------------------|---|---|
| Outpatient Children, Youth & Families | Rady Children's Hospital San Diego<br>KidSTART Center<br>EPSDT Clinic (North Coastal)<br>3605 Vista Way<br>Ste. 101<br>Oceanside, CA 92056                | (858) 966-5990       | Mon-Fri<br>8:00 am - 5:00 pm                                    | North         | Medi-Cal children ages 0 - 5 years   | Spanish                   | Under 6   | Infant and early childhood mental health and developmental services; complex social-emotional, behavioral and developmental needs; trauma-informed evidence-based practices; intensive care coordination. |
| Outpatient Children, Youth & Families | Rady Children's Hospital San Diego<br>KidSTART Center<br>EPSDT Clinic (Central-North Central)<br>3665 Kearny Villa Rd.<br>Ste. 501<br>San Diego, CA 92123 | (858) 576-1700 X5345 | Mon-Fri<br>8:00 am - 5:00 pm                                    | Central       | Medi-Cal and Child Welfare Services eligible children ages 0 - 5 years                         | Spanish                   | Under 6   | Infant and early childhood mental health and developmental services; Complex social-emotional, behavioral and developmental needs; Trauma-informed evidence-based practices; Intensive care coordination. |
| Outpatient Children, Youth & Families | Rady Children's Outpatient Psychiatry - North Coastal<br>EPSDT School-Based Program<br>3605 Vista Way<br>Ste. 258<br>Oceanside, CA 92056                  | (760) 758-1480       | Mon- Fri<br>8:00 am - 5:00 pm<br>(Evening hours by appointment) | North Coastal | Children, Adolescents, Educationally-Related MH Services, Medi-Cal, Healthy Families, Indigent | Spanish, Japanese, German | Latino and Japanese Staff available; all staff receive cultural competency training; interpreters used as needed. | Treat full spectrum of childhood disorders. Psychiatry services. Outpatient psychiatry services.  |

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|---------------------------------------|--|---|---|----------------------|--|---|--------------------------------------|--|
| Outpatient Children, Youth & Families | Rady Children's Outpatient Psychiatry - North Inland EPSDT School-Based Program<br>625 W. Citracado Pkwy.<br>Ste. 102<br>Escondido, CA 92025               | (760) 294-9270                            | Mon - Fri<br>8:00 am - 5:00 pm<br>(Evenings hours by appointment) | North Inland         | Children, Adolescents  | Spanish; other interpreters available as needed | English-speaking and Latino families | Cognitive Behavioral Therapy for Children; Family therapy; Case management; Medication management.   |
| Outpatient Children, Youth & Families | Rady Children's Hospital San Diego Developmental Evaluation Clinic<br>8010 Frost St.<br>Ste. 200<br>San Diego, CA 92123                                    | (858) 966-5408                            | Mon-Fri<br>8:00 am - 5:00 pm                                      | Countywide           | Children   |   | Children under the age of six        | Provides developmental and psychological evaluation of infants, pre-school and school aged children. |
| Outpatient Children, Youth & Families | Rady Children's Outpatient Psychiatry - Central, East, South EPSDT & MHSA School-Based Program<br>3665 Kearny Villa Rd.<br>Ste. 101<br>San Diego, CA 92123 | (858) 966-5832<br>(school referrals only) | Mon- Fri<br>8:00 am - 5:00 pm                                     | Central, East, South | School referrals only; Medi-Cal & MHSA funding for indigent uninsured. | Spanish   | English-speaking and Latino families | Elementary age children and adolescents. School-based, outpatient psychiatry services.               |

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|---------------------------------------|--|----------------|--|---------------|---|---------------------------|---------------------|---|
| Outpatient Children, Youth & Families | Rady Children's Outpatient Psychiatry - Central Clinic<br>3665 Kearny Villa Rd.<br>Ste. 101<br>San Diego, CA 92123                       | (858) 966-5832 | Mon - Fri<br>8:00 am - 5:00 pm   | Central       | Children, adolescents and young adults to age 21. |                           |                     | Individual and group therapy;<br>Medication management.                   |
| Outpatient Children, Youth & Families | Rady Children's Outpatient Psychiatry - North Coastal Clinic<br>3605 Vista Way<br>Ste. 258<br>Oceanside, CA 92056                        | (760) 758-1480 | Mon-Fri<br>8:00 am - 5:00 pm<br>(Evening hours by appointment)               | North Coastal | Children, Adolescents                             | Spanish, Arabic, Japanese |                     | Outpatient Mental Health services; Family therapy; Medication management. |
| Outpatient Children, Youth & Families | San Diego Center for Children<br>Foster Family Agency<br>Stabilization and Treatment<br>8775 Aero Dr.<br>Ste. 132<br>San Diego, CA 92123 | (858) 633-4115 | Mon - Fri<br>8:00 am - 5:00 pm<br>(Evening and weekend hours by appointment) | Countywide    | Children, Adolescent<br>Medi-Cal Eligible         | Spanish                   |                     | Outpatient mental health; Medication monitoring.                          |

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|---------------------------------------|---|----------------|--|---------------|---|-----------|---------------------|--|
| Outpatient Children, Youth & Families | San Ysidro Health Center Youth Enhancement Services (YES)<br>3025 Beyer Blvd.<br>Ste. E101<br>San Diego, CA 92154             | (619) 428-5533 | Mon, Tue<br>10:00 am - 7:00 pm<br>Wed- Fri<br>9:00 am - 6:00 pm            | South         | Children, Adolescents<br>Medi-Cal, Indigent | Spanish   | HL, Afr Amer        | Provides Bilingual/Bicultural individual, family and group therapy to children, youth and their families.<br>Spanish-speaking staff available. |
| Outpatient Children, Youth & Families | San Diego Center for Children Wrapworks<br>3002 Armstrong St.<br>San Diego, CA 92111  | (858) 277-9550 | Mon-Fri<br>8:00 am - 5:00 pm<br>(Evening and weekend hours by appointment) | North Central | Children, Adolescent<br>Medi-Cal Eligible   | Spanish   |                     | Wraparound program for SED youth.<br>Case management rehab services; Therapy; Crisis intervention; Medication monitoring.                      |
| Outpatient Children, Youth & Families | San Diego Center for Children East County Outpatient Counseling Program<br>7339 El Cajon Blvd.<br>Ste. K<br>La Mesa, CA 91942 | (619) 668-6200 | Mon - Fri<br>8:30 am - 5:00 pm   | East          | Children, Adolescents                       | Spanish   |                     | Individual, group and family therapy;<br>Medication management in clinic, home or school.  |

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| Type of Service                       | Program  | Phone                             | Hours   | Region       | Populations   | Languages        | Cultural Competency       | Specialties  |
|---------------------------------------|--|-----------------------------------|---|--------------|---|------------------|---------------------------|--|
| Outpatient Children, Youth & Families | South Bay Community Services<br>430 F St.<br>Chula Vista, CA 91910                             | (619) 420-3620<br>(referral only) | Mon -Thu<br>8:30 am - 8:00 pm<br>Fri<br>8:30 am - 5:00 pm | South        | Children, Adolescents, Transitional Age Youth, Latino | Spanish          | HL                        | Individual, group and family therapy provided at clinic, school sites and in-home. Rehabilitative services.                      |
| Outpatient Children, Youth & Families | Vista Hill Foundation - Escondido<br>1029 N. Broadway<br>Escondido, CA 92026                   | (760) 489-4126                    | Mon-Fri<br>8:30 am - 5:00 pm                              | North Inland | Children  | Spanish, Tagalog | AI, HL                    | Community and school-based outpatient mental health services to elementary, middle and high school students. No clinic services. |
| Outpatient Children, Youth & Families | Vista Hill Foundation - North Inland (Ramona)<br>1012 Main St.<br>Ste. 101<br>Ramona, CA 92065 | (760) 788-9724                    | Mon - Fri<br>8:00 am - 4:30 pm                            | North Inland | Children, Adolescents                                 | Spanish          | TAY, Under 6, HL, AI, SEA | Community and school-based outpatient mental health services to elementary, middle and high school students. No clinic services. |

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| Type of Service                   | Program   | Phone  | Hours   | Region     | Populations   | Languages | Cultural Competency | Specialties   |
|-----------------------------------|---|--|---|------------|---|-----------|---------------------|---|
| Prevention and Early Intervention | Adult, Family & Peer Help Line - National Alliance on Mental Illness (NAMI)   | Peer Line:<br>(800) 523-5933<br>(619) 543-1434 | Mon - Fri<br>10:00 am - 6:00 pm   | Countywide | Adults  |           |                     | Non-crisis, peer phone support, mental health education and resources. Walk-in services not available, but information about support groups or other educational meetings may be made by phone. |
| Prevention and Early Intervention | Bridge to Recovery (Co-Occurring Disorders)<br>3851 Rosecrans<br>San Diego, CA 92110                                  | (619) 542-4166                                 | Case Management<br>Mon- Fri<br>8:30 am - 5:00 pm<br>Hospital Visits Mon-Fri<br>8:30am -8:00pm<br>Sat&Sun<br>8:30am-5:00pm | Central    | Adults and older adults referred from crisis emergency facilities |           | TAY                 | Screening, brief intervention, referral and linkage, psycho-education groups, training for law enforcement on co-occurring issues.  |
| Prevention and Early Intervention | Collaborative Native American Initiative<br>Indian Health Council, Inc.<br>50100 Golsh Rd.<br>Valley Center, CA 92082 | (760) 749-1410                                 | Mon- Fri<br>8:00 am - 5:00 pm   | Countywide | All Ages  |           | AI                  | Youth center; Elder programs and activities; Suicide prevention; Outreach and Education.  |

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| Type of Service                   | Program   | Phone          | Hours                        | Region     | Populations   | Languages | Cultural Competency | Specialties  |
|-----------------------------------|---|----------------|------------------------------|------------|---|-----------|---------------------|--|
| Prevention and Early Intervention | Courage to Call Program<br>Mental Health Systems,<br>Inc.   | 211            | 24/7                         | Countywide | Veterans, Active<br>Duty Military,<br>Reservists,<br>National Guard,<br>Family Members      |           |                     | Education;<br>Debriefings; Peer<br>counseling; Linkage;<br>Mental health<br>information; Support<br>hotline.   |
| Prevention and Early Intervention | Elder Multicultural<br>Access and Support<br>Services (EMASS)<br>Union of Pan Asian<br>Communities<br>(UPAC)<br>200 N. Ash St.<br>Ste. 100<br>Escondido, CA 92027         | (760) 233-1984 | Mon-Fri<br>8:30 am - 5:00 pm | Countywide | Older Adult<br>Somali,<br>Hispanic, Middle<br>Eastern, Filipino<br>and African-<br>American |           | HL, Afr Amer, SEA   | Outreach and education,<br>referral and linkage,<br>benefits advocacy, peer<br>counseling,<br>transportation services,<br>home and community-<br>based services. |
| Prevention and Early Intervention | Lifelong Learning-<br>Behavioral Health<br>Education & Training<br>(BHETA) Academy for<br>Professional Excellence<br>6505 Alvarado Rd.<br>Ste. 107<br>San Diego, CA 92120 | (619) 594-0923 | Mon-Fri<br>8:00am - 4:30 pm  | Countywide | Older Adult,<br>family<br>caregivers,<br>primary care<br>service providers                  |           |                     | Education curriculum<br>specifically designed for<br>older adults, families<br>and caregivers and<br>service providers.  |

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|-----------------------------------|---|---------------------------|------------------------------|-------------------|---|-----------|---------------------|---|
| Prevention and Early Intervention | Positive Solutions Program<br>Union of Pan Asian Communities<br>525 14th St.<br>Ste. 200<br>San Diego, CA 92101   | (619) 238-1783<br>Ext. 30 | Mon-Fri<br>8:30 am - 5:00 pm | Central,<br>North | Homebound<br>Older Adult                                |           |                     | Screening; Assessment; Brief intervention (PEARLS and/or psycho-education); Referral and linkage; Follow-up care.   |
| Prevention and Early Intervention | REACHing Out Southern Caregiver Resource Center<br>3675 Ruffin Rd.<br>Ste. 230<br>San Diego, CA 92123   | (858) 268-4432            | Mon-Fri<br>8:00 am - 5:00 pm | South             | Hispanic caregivers of Older Adult Alzheimer's patients |           | HL                  | Personalized intervention; Home visits; Telephone support; Education; Skills training; Stress management education. |
| Prevention and Early Intervention | Rural Integrated Behavioral Health Services- Vista Hill (North County Health Services, Mtn. Valley's Health Center, Julian Medical Center, Borrego & Warner Springs school districts) | (760) 788-9724            | Mon-Fri<br>8:00am - 4:00 pm  | North             | All Ages  |           |                     | Assessment; Brief intervention; Education; Mobile outreach.   |

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|-----------------------------------|--|---|--|------------|---|-----------|---------------------|---|
| Prevention and Early Intervention | Salud San Ysidro Health Center<br>4004 Beyer Blvd.<br>San Ysidro, CA 92173     | (619) 662-4100  | Mon-Fri<br>8:00am - 8:00pm<br>Sat<br>8:00 - 2:00pm | South      | Hispanic Older Adult at San Ysidro Hlth with a diagnosis of diabetes, exhibiting symptoms of or at risk of depression     | Spanish   | HL                  | Outreach in the primary care clinic and in community settings; Integrated diabetes and depression care. |
| Prevention and Early Intervention | Salud North County Health Services<br>150 Valpreda Rd.<br>San Marcos, CA 92069 | (760) 736-6700  | Mon-Fri<br>8:00am-6:00pm<br>Sat<br>8:00am - 5:00pm | North      | Hispanic Older Adult at N. County Hlth Svcs with a diagnosis of diabetes, exhibiting symptoms of or at risk of depression | Spanish   | HL                  | Outreach in the primary care clinic and in community settings; Integrated diabetes and depression care. |
| Prevention and Early Intervention | Youth and Family Peer Support Line<br>Mental Health Systems, Inc.              | Youth Line<br>(877) 450-5463<br><br>Family Line<br>(877) 470-5463 | Mon - Fri<br>12:00 pm - 6:00 pm                    | Countywide | All Ages  |           |                     | Non-crisis, peer phone support and mental health education.   |

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|--|---|----------------|--|------------------------------|---|---------------------|---------------------|---|
| Prevention and Early Intervention Children, Youth & Families | Positive Parenting Program (Triple P)<br>Jewish Family Service<br>285 N. El Camino Real Ste. 211<br>Encinitas, CA 92024     | (858) 637-3377 | Mon-Thu<br>8:30 am - 5:00 pm<br>Fri<br>8:30 am - 4:00 pm | Central,<br>North<br>Coastal | Parents and children (0-5 years) enrolled in Head Start or Early Head Start centers |                     |                     | Positive Parent Program (Triple P); Early intervention services; Referrals and linkage.   |
| Prevention and Early Intervention Children, Youth & Families | School-Based Program<br>Palomar Family Counseling Services, Inc.<br>1002 E. Grand Ave.<br>Escondido, CA 92025               | (760) 741-2660 | Mon-Fri<br>8:30 am - 5:00 pm                             | North/<br>North<br>Inland    | School-age children and their families  | English,<br>Spanish | SEA, HL             | Positive Behavioral Support (PBS), screening and early identification of at-risk children, community outreach to families, education and support. |
| Prevention and Early Intervention Children, Youth & Families | Alliance for Community Empowerment<br>Union of Pan Asian Communities<br>5348 University Ave.<br>#202<br>San Diego, CA 92105 | (619) 265-2727 | Mon - Fri<br>8:30 am - 5:00 pm                           | Central                      | Younger siblings of adolescent young adult gang members                             |                     |                     | Home-based services; Ongoing family supports; Positive peer-based services; Anger management; Conflict resolution.                                |

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|--|--|----------------|--|---------|--|-----------|----------------------------------|---|
| Prevention and Early Intervention Children, Youth & Families | Families as Partners South Bay Community Services<br>430 F St.<br>Chula Vista, CA 91910            | (619) 420-3620 | Mon-Thu<br>8:30 am - 8:00 pm<br>Fri<br>8:30 am - 5:00 pm | South   | Children, Families                     |           |                                  | Safety and risk assessment for children conducted in the home, caregiver stress assessment, linkage and referral.                                 |
| Prevention and Early Intervention Children, Youth & Families | Kick Start Providence Community Services<br>6153 Fairmount Ave.<br>Ste. 260<br>San Diego, CA 92120 | (619) 481-3790 | Mon - Fri<br>8:30 am - 5:00 pm                           | Central | Adult                                  |           | GLBT, HML, Afr Amer, HL, TAY, ME | Assessment; Family education; Mobile outreach; Early intervention; Information and linkage.   |
| Prevention and Early Intervention Children, Youth & Families | School-Based Program San Diego Youth Services<br>3845 Spring St.<br>Spring Valley, CA 91977        | (619) 258-6877 | Mon-Fri<br>9:00 am - 5:30 pm                             | East    | School-age children and their families |           | SEA, HL                          | Positive Behavioral Support (PBS), screening and early identification of at-risk children; Community outreach to families; Education and Support. |

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|--|---|----------------|--|------------|---|-----------|-----------------------|---|
| Prevention and Early Intervention Children, Youth & Families | South Region Trauma Exposed Services (Triple P)<br>Fred Finch Youth Center<br>303 H St.<br>Chula Vista, CA 91910        | (619) 240-4880 | Mon-Fri<br>8:00 am - 5:00 pm                     | South      | Children at risk of being removed from home, Polinsky Children's Center residents |           |                       | Short-term services; Referrals for comprehensive services; Family education.  |
| Probation Services   | Dual Diagnosis Social Advocates for Youth San Diego (SAY San Diego, Inc.)<br>2901 Meadowlark Dr.<br>San Diego, CA 92123 | (619) 283-9624 | Mon-Fri<br>8:00am-5:00pm<br>(evening hours vary) | Countywide | Youth in probation programs   |           |                       | Juvenile Court wards; mental health and substance abuse services including individual, group and family counseling; Psychosocial and substance abuse education. |
| Residential Adult  | Casa Pacifica<br>321 Cassidy St.<br>Oceanside, CA 92054   | (760) 721-2171 | 24/7   | Countywide | Adults, Older Adults  |           | Older Adult HML<br>HL | Adult residential psychosocial treatment center.  |

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|--|---|---|----------------------------|------------|-----------------------|-----------------------------------|--------------------------|---|
| Residential Adult                      | Uptown Safe Haven Episcopal Community Services<br>2822 Fifth Ave.<br>San Diego, CA 92103  | (619) 294-7013  | 24/7                       | Central    | Adults, Older Adults  |                                   | HML                      | Volunteer Participation; Vocational, educational and social support; Self-help recovery; Dual diagnosis groups.   |
| Residential Children, Youth & Families | San Diego Center for Children<br>3002 Armstrong St.<br>San Diego, CA 92111                | (858) 277-9550  | Mon-Fri<br>8:00am - 5:00pm | Countywide | Children, Adolescents | Spanish, Tagalog, French, Italian |                          | Strength-based therapy in residential setting. Provides day treatment on campus; access to non-public school on campus if IEP (Individualized Education Program) indicates. |
| Residential Children, Youth & Families | The Bridgman Home<br>San Diego Youth Services<br>968 Corte Maria<br>Chula Vista, CA 91911 | Office<br>(619) 651-8470<br>Video relay<br>(858) 514-1235 | 24/7                       | Countywide | Adolescents           | American Sign                     | Deaf and Hard of Hearing | Deaf and hard of hearing.   |

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|--|--|----------------|---------------------------|------------|---|--------------------------------------|---------------------|--|
| Therapeutic Behavioral Services Children, Youth & Families | Therapeutic Behavioral Services (TBS) New Alternatives 2535 Kettner Blvd. Ste. 1A4 San Diego, CA 92101 | (619) 615-0701 | Mon-Fri 8:30 am - 5:00 pm | Countywide | Children, Adolescents, TAY, Families (Medi-Cal eligible up to age 21) | Spanish, Tagalog, Arabic, Vietnamese |                     | 1:1 Behavior coaching, In-home services; Case management, Voluntary short-term intensive mental health services. |

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