

NAMI Walks

National Alliance on Mental Illness

NAMI Runs

National Alliance on Mental Illness

2017



#StigmaFree

Saturday, April 29, 2017
NAMI Walks/Runs San Diego County
and HSA Wellness Expo

Check in: 7:30am
Walk and Run at: 9:00am
NTC Park in Liberty Station
2455 Cushing Road
San Diego, CA 92106

National NAMI Walks Elite Sponsor



National NAMI Walks Sponsor



National Walk Partner



Why We Walk/Run...

- because one in five Americans lives with a mental health condition;
- to improve the lives of people who are affected by mental illness;
- to build awareness and end stigma by encouraging others to learn about mental health and see the person, not the illness;
- to raise funds to provide support, education and advocacy programs at no cost;
- because we want the community to know we support mental health initiatives.

Register today:
www.namiwalks.org/SanDiegoCounty

For more information contact:

walk@namisd.org
858-634-6580

NAMI San Diego
NAMI North Coastal