



# MAY IS MENTAL HEALTH MONTH 2017 CALENDAR OF EVENTS

**STAND  
UP TO  
END  
THE  
STIGMA**



- April 29 [NAMI 5K Walk](#) and [HHSA Wellness Expo](#)
- May 1-7 Children's Mental Health Awareness Week
- May 2 [Mental Health First Aid for First Responders](#)
- May 2 [A-Visions presentation at Scripps La Jolla](#)
- May 3 [Children's Mental Health Awareness Day and Celebration](#)
- May 4 [San Diego Center for Children Gala](#)
- May 5 [A-Visions presentation at Scripps Chula Vista](#)
- May 6 [High 5 at Petco Park](#)
- May 9 [A-Visions presentation at Scripps Mercy](#)
- May 11 [Directing Change Screening and Award Ceremony](#)
- May 12 [Wellness Celebration Community Research Foundation](#)
- May 12 [A-Visions presentation at Scripps Encinitas](#)
- May 17 [The Unquiet Journey of Chamique Holdsclaw](#)
- May 18 [A-Visions presentation at Scripps Green](#)
- May 19 [6th Annual Faith Breakfast](#)
- May 20 [The SD Wheels Skate A Thon](#)
- May 20 [Walk for Recovery](#)
- May 20 [Changing Minds—Minds Matter Behavioral Health Resource Fair](#)
- May 26 [Transparent People Book Launch and Resource Fair](#)
- May 31 [Mental Health First Aid Training and Certification for the African-American Community in North San Diego County](#)
- June 9 [Behavioral Health Recognition Dinner](#)
- June 10 [Healthy Minds Luncheon](#) honoring Supervisor Greg Cox and former Chula Vista Mayor Cheryl Cox



People experiencing a mental challenge can access services by calling the County's 24-hour, multi-lingual Access and Crisis Line at (888) 724-7240. Resources are also available at [NAMI San Diego](#) or the [It's Up to Us](#) website.

If you are aware of an upcoming event not listed here, please contact Nancy Page ([nancy.page@sdcounty.ca.gov](mailto:nancy.page@sdcounty.ca.gov) or 619-563-2721) and we will add to the calendar.