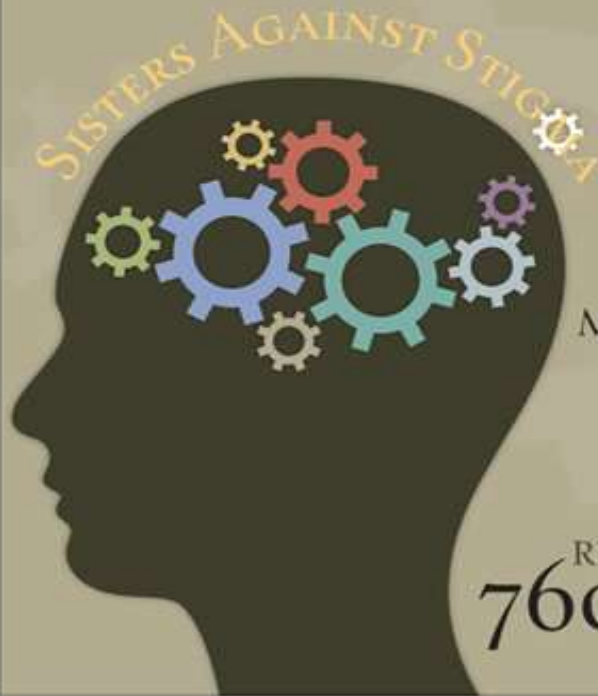


YOU'RE INVITED TO A **FREE** TRAINING & EVENT FOR MAY MENTAL HEALTH MONTH!

Attendance Includes **FREE** Certification



WEDNESDAY, MAY 31, 2017
TRAINING 8 A.M.- 5 P.M. / LUNCHEON 12 P.M.-1 P.M.

QLN - QUANTUM LEARNING NETWORK
1038 AVENIDA DEL ORO, OCEANSIDE, CA 92056

MENTAL HEALTH FIRST AID TRAINING/CERTIFICATION BY
MENTAL HEALTH AMERICA SAN DIEGO

PRESENTED BY NAMI FOR THE AFRICAN-AMERICAN
COMMUNITY IN NORTH SAN DIEGO CO.

RESRVATION REQUIRED
760-722-3754



Are you someone who works in or with members of the African-American Community in North San Diego County? Would you like free training to become certified as a Mental Health First Aid responder?

The Mental Health First Aid Training Program is a 8 hour certification course designed to give participants the tools to respond to psychiatric emergencies until professional help arrives and to improve peoples mental health literacy.

Sign up now for one of the 50 seats available. Each participant receives free workbooks, training & a certificate along with a luncheon* featuring a special NAMI speaker & CBS 8 News reporter Heather Hope. (*\$10 donation for lunch requested)

(A limited number of luncheon only tickets are available for those not seeking certification.)

COMMUNITY PARTNERS:



Provided by the voter-approved Mental Health Services Act (Prop. 63)



Serving Southern Hospitality Daily



CBS 8 NEWS REPORTER HEATHER HOPE



REGISTRATION ON BACK

Our Mission is to inspire and support those with brain disorders and their families, to educate and inform the community, and to work to erase the stigma of brain disorders.

REGISTRATION FORM

Check all that apply:

- FREE** Mental Health First Aid Training Workshop from 8 a.m. -5 p.m. free coffee, lemonade, water, snacks and workbooks and certificate included
- \$10 Donation** Please include a gourmet lunch with my workshop. Choose below.
- I will bring my own sack lunch.
- \$10 Donation** Luncheon only. (I will be there from Noon - 1 p.m. only) Choose below.

My Lunch Order Choices: (prepared by Felix's BBQ in Oceanside)

Sandwich – choose one: BBQ Chicken Pulled Pork BBQ Tri Tip The Monroe Special*
(*Vegetarian) *grilled mushrooms, feta cheese, artichoke hearts, garlic, spinach, red & green bell peppers*

Sides - (pick two) - Coleslaw Green Salad Potato Salad Mac & Cheese Collard Greens

My Name & Information:

Name:		Contact Phone:	
Address:			
City:		Zip Code:	
Email:			

My Status, Profession or Community Leader Position:

- Caregiver, friend or family of someone with mental illness Church or Spiritual Leader
 Education Field Business Owner or Manager Youth Worker Other

Name of organization or business (if applicable): _____

WORKSHOP REGISTRANTS ONLY Please sign: I understand that in order to be certified by Mental Health America in Mental Health First Aid, I must stay for full day of training.

_____ *Signature/Date*

Please mail registration form to:

NAMI North Coastal San Diego County, P.O. Box 2235, Carlsbad, CA 92018
or email admin@naminorthcoastal.org (Questions??: 760-722-3754)