

San Diego County Report Card on Children & Families 2015



Acknowledgements for Support

- Partnership with the County of San Diego Board of Supervisors
- Funded by
 - County of San Diego HHSA
 - The California Endowment
 - The San Diego Foundation
 - The McCarthy Family Foundation

Brief History of the Report Card

- ▶ HHSA provided from 1999 to 2005
- ▶ Study of successful report cards nationwide
 - Raise community awareness
 - Community engagement critical to sustainability
 - Public/private support
 - Link what is learned to a process for change
- ▶ Report Card transferred to The Children's Initiative in 2006
- ▶ 2015 is the fifth edition of the biennial report

In the 2015 Edition

- ▶ Continues alignment with *Live Well San Diego* including adult indicators
 - Oral Health
 - Obesity
 - Substance use
 - Poverty
 - Health Coverage

In the 2015 Edition

- ▶ Feature boxes on important emerging topics which lack trend data
 - Epigenetics of Traumatic Stress p. V
 - Dangers of E-Cigarettes for Youth p. 35
 - Stable and Safe Housing p. 50
 - Identifying and Addressing Disproportionality in Child Welfare Services p. 59

New in the 2015 Edition

▶ Information boxes

- Offer more specific numbers and facts related to each indicator
- Regional data when available

▶ Recommendations at 3 levels

- Policy
- Programs and services
- Family and community

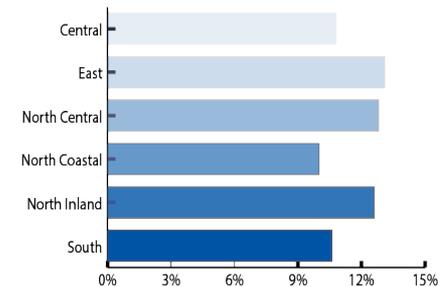
Estimated number of adult smokers in San Diego County in 2014

237,000

In 2014, 11.2% of males and 8.8% of females age 18 and older in San Diego County were smokers.

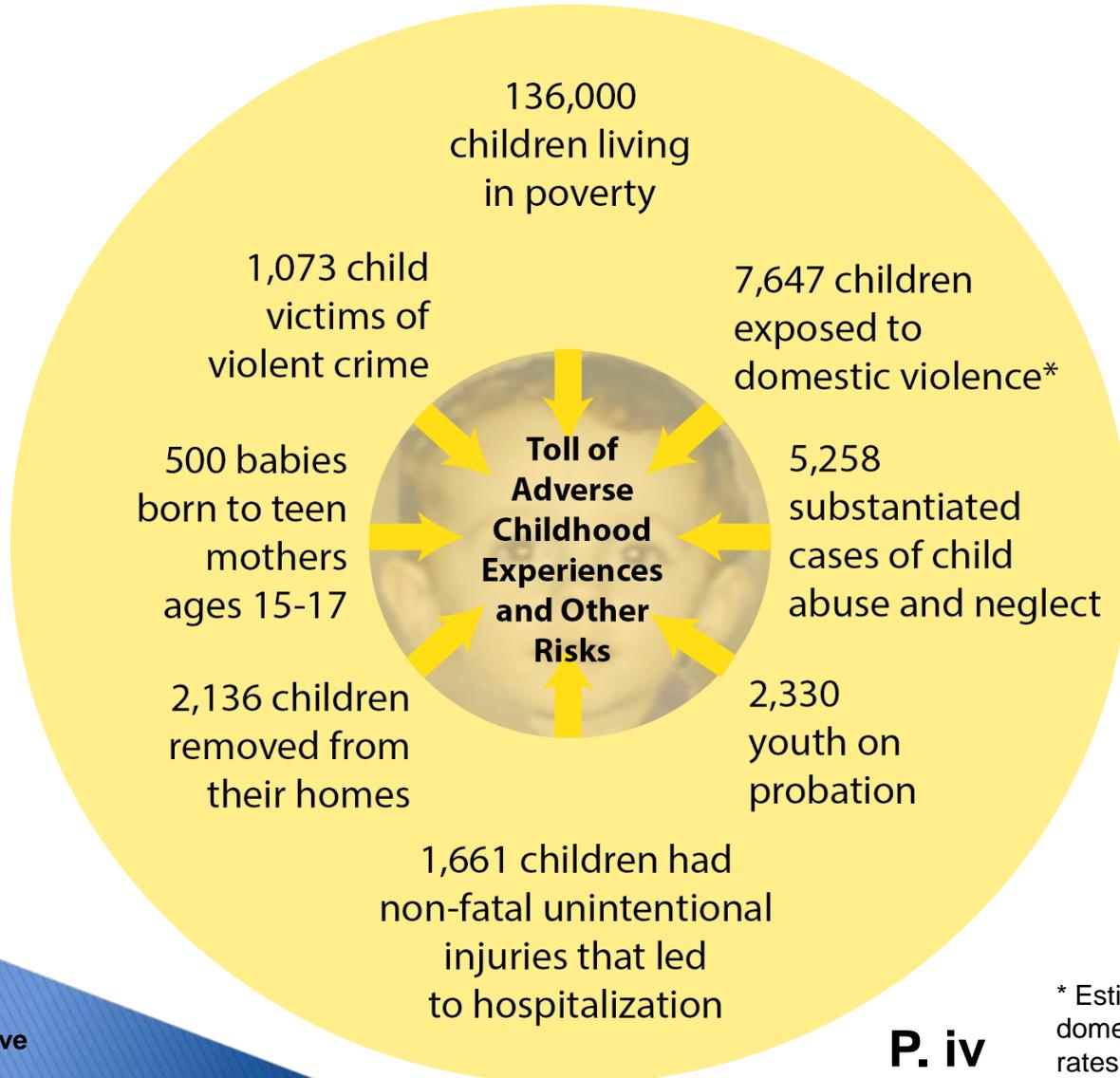
Source: California Health Interview Survey, 2014.

ADULT SMOKING VARIES BY REGION IN SAN DIEGO COUNTY, FROM 10.0% TO 13.1%.



Source: California Health Interview Survey, 2014.

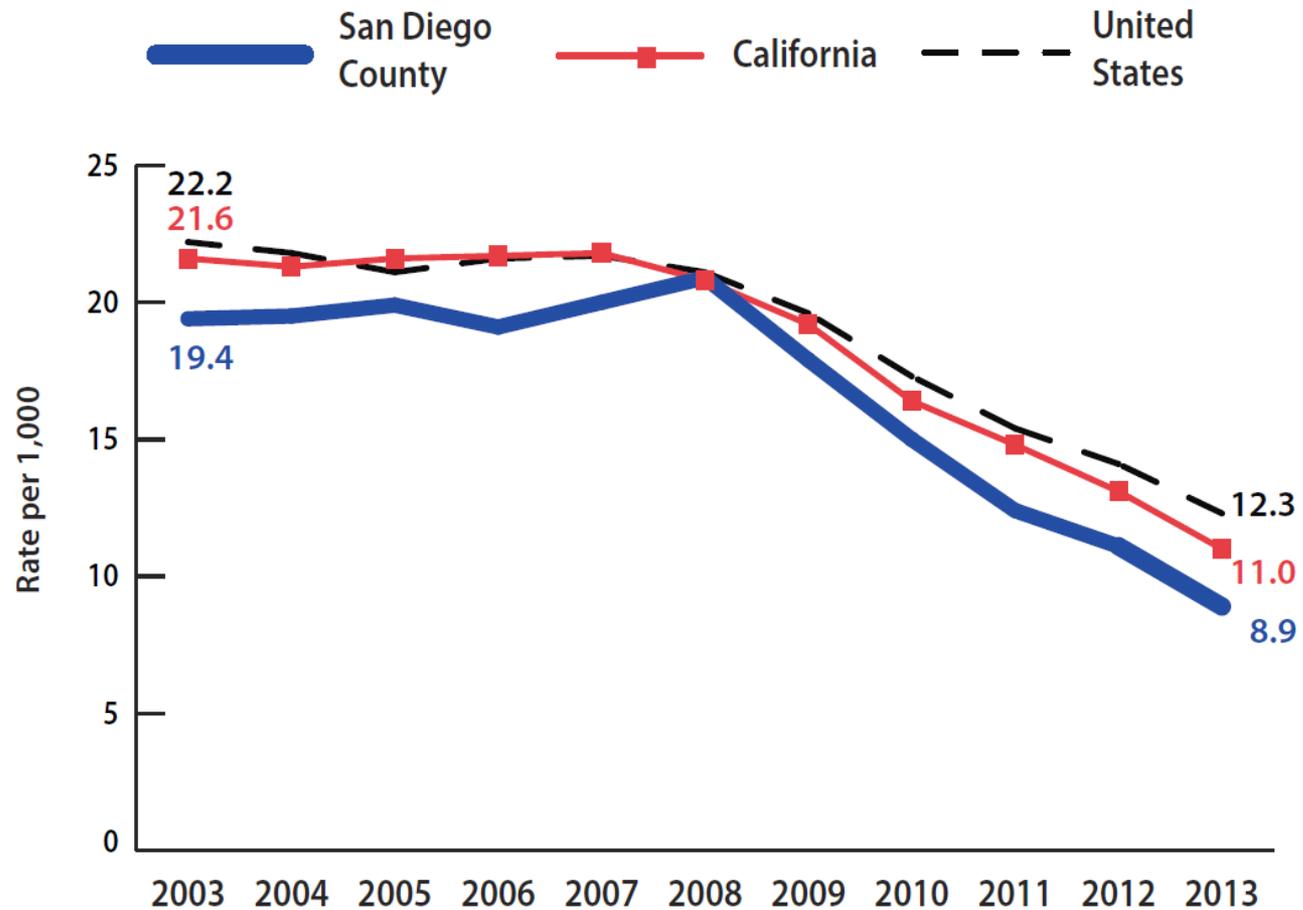
Aim to reduce Adverse Childhood Experiences (ACEs) and Other Risks



* Estimate based on local reports of domestic violence and national rates of child exposure.

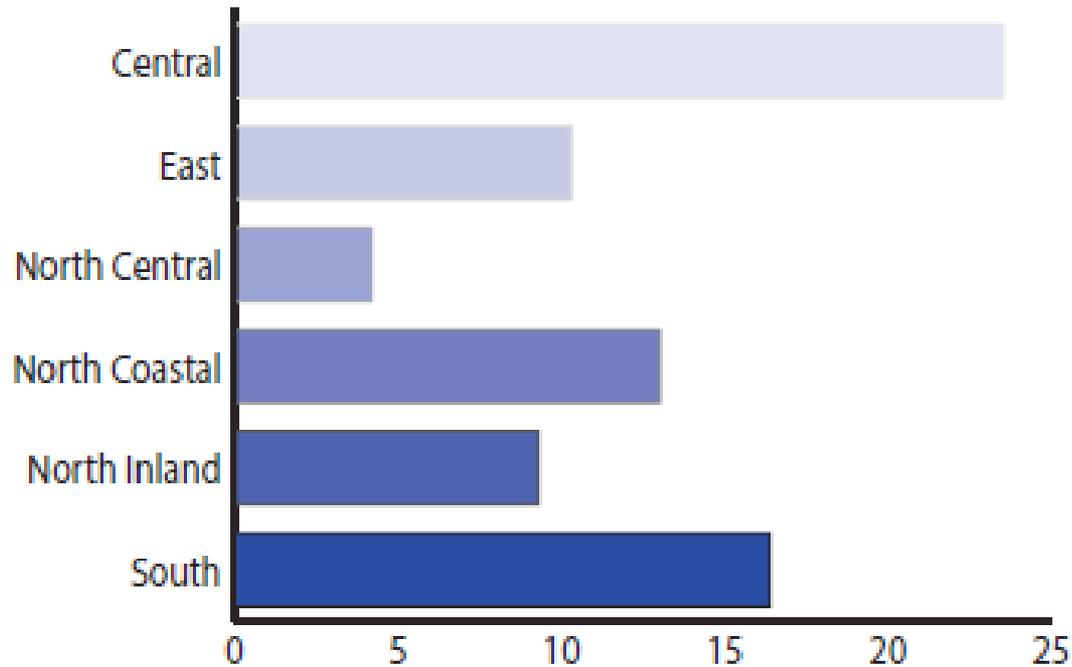
Births to Teens

Birth Rate per 1,000 Females Ages 15-17,
San Diego County, California, and United States, 2003-2013



Births to Teens, By Region

BIRTH RATES PER 1,000 AMONG GIRLS AGES 15-17 VARY BY REGION AND COMMUNITY.



Source: Birth Rate per 1,000 Teens Ages 15-17, By Region, San Diego County, Three-Year Average, 2010-2013

Recommendations

Policy

- ▶ Increase support for school based pregnancy and prevention programs such as CalSafe and SANDAPP.
- ▶ Co-locate adolescent health services on or near school campuses.

Programs & Services

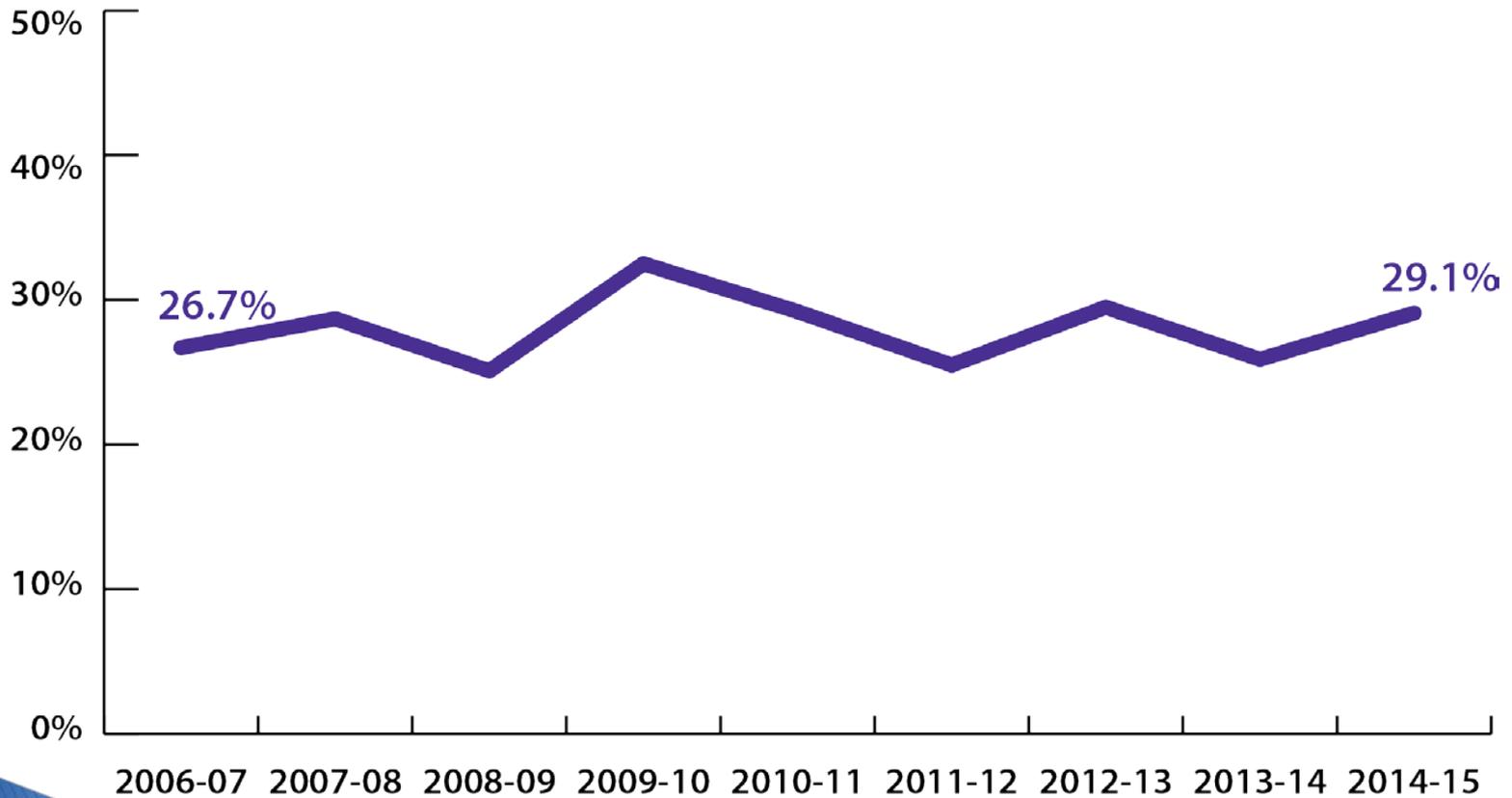
- ▶ Increase middle and high school expanded learning programs to include summer and school holidays.
- ▶ Provide internships and employment opportunities for high school students.

Family & Community

- ▶ Host community events on weekends and evenings that engage parents and youth in positive communication and healthy relationships.
- ▶ Develop peer-support networks among teen parents, both males and females.

School Attendance, Grades K-5

Percentage of Elementary School Students (Grades K-5)
Who Did Not Attend at Least 95% of School Days,
San Diego County, School Years 2006-07 to 2014-15



Recommendations

Policy

- ▶ Develop and adopt a countywide framework for improving school attendance, grades K–3.
- ▶ Implement monthly attendance tracking systems to monitor attendance, starting in kindergarten.

Family & Community

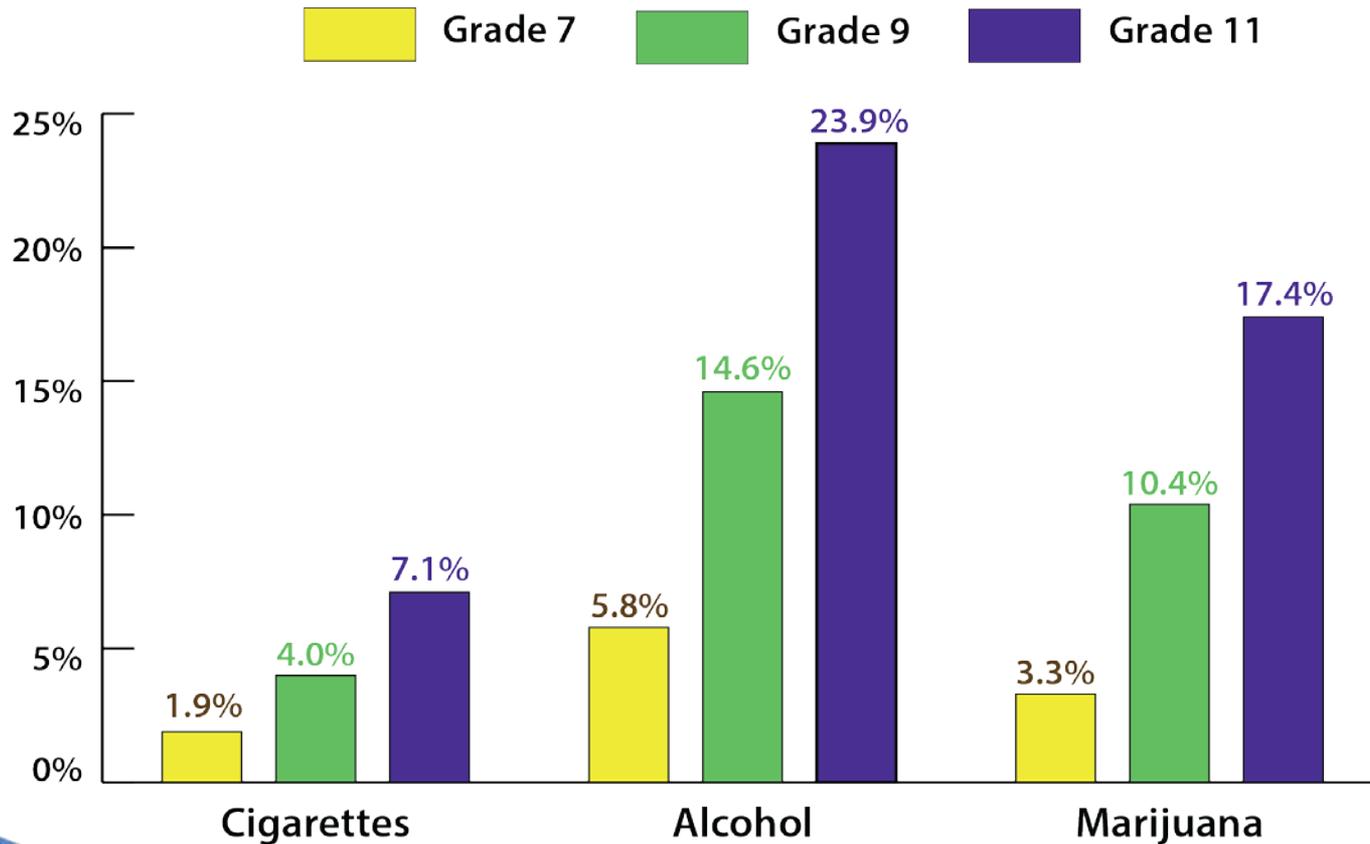
- ▶ Conduct community and school “meet and greets” and informal events to build strong parent and student connections to school.
- ▶ Provide outreach to new kindergarten parents to educate them about the importance of consistent school attendance.

Programs & Services

- ▶ Increase the use of social workers on elementary school campuses with a focus on chronically absent students.
- ▶ Implement proven attendance improvement strategies, such as positive reinforcement and family engagement.

Youth Substance Use

Percentage of Students Grades 7, 9, and 11 Who Reported Use of Cigarettes, Marijuana, or Alcohol in Prior 30 Days, San Diego County, School Year 2014-15



Recommendations

Policy

- ▶ Develop and strengthen local government policies to reduce youth access to e-cigarettes and other smokeless tobaccos.
- ▶ Increase public funding for substance abuse treatment including day treatment and residential bed space for youth and adults in local communities.

Programs & Services

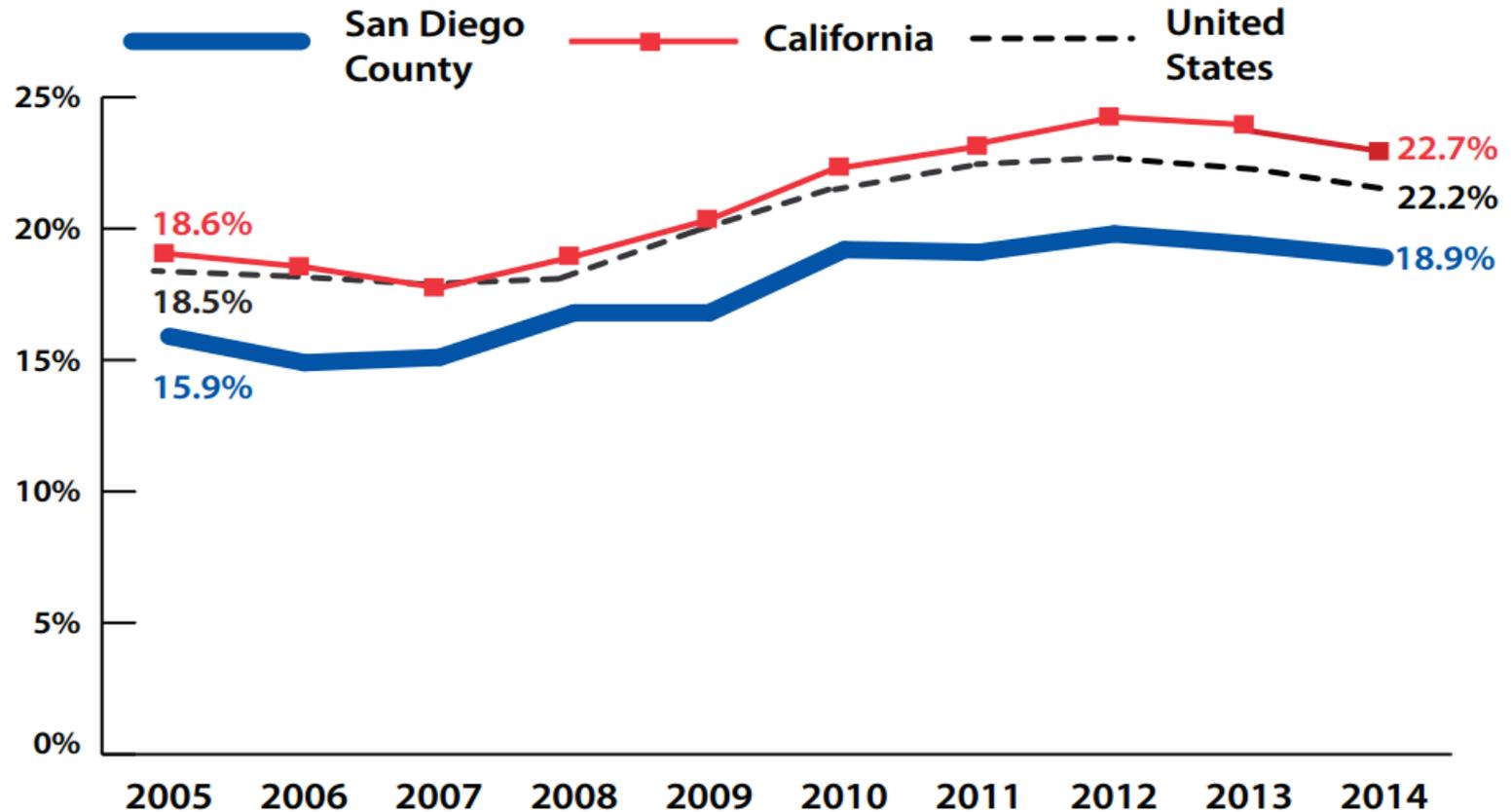
- ▶ Increase the availability of substance abuse treatment for adult and youth in community settings throughout San Diego County.
- ▶ Increase programs for youth development, resiliency, and problem-solving skills for youth.

Family & Community

- ▶ Work with local businesses to eliminate the promotion and access of tobacco, alcohol, and e-cigarettes to youth.
- ▶ Increase the availability of support groups for substance users at faith-based, community, and neighborhood locations.

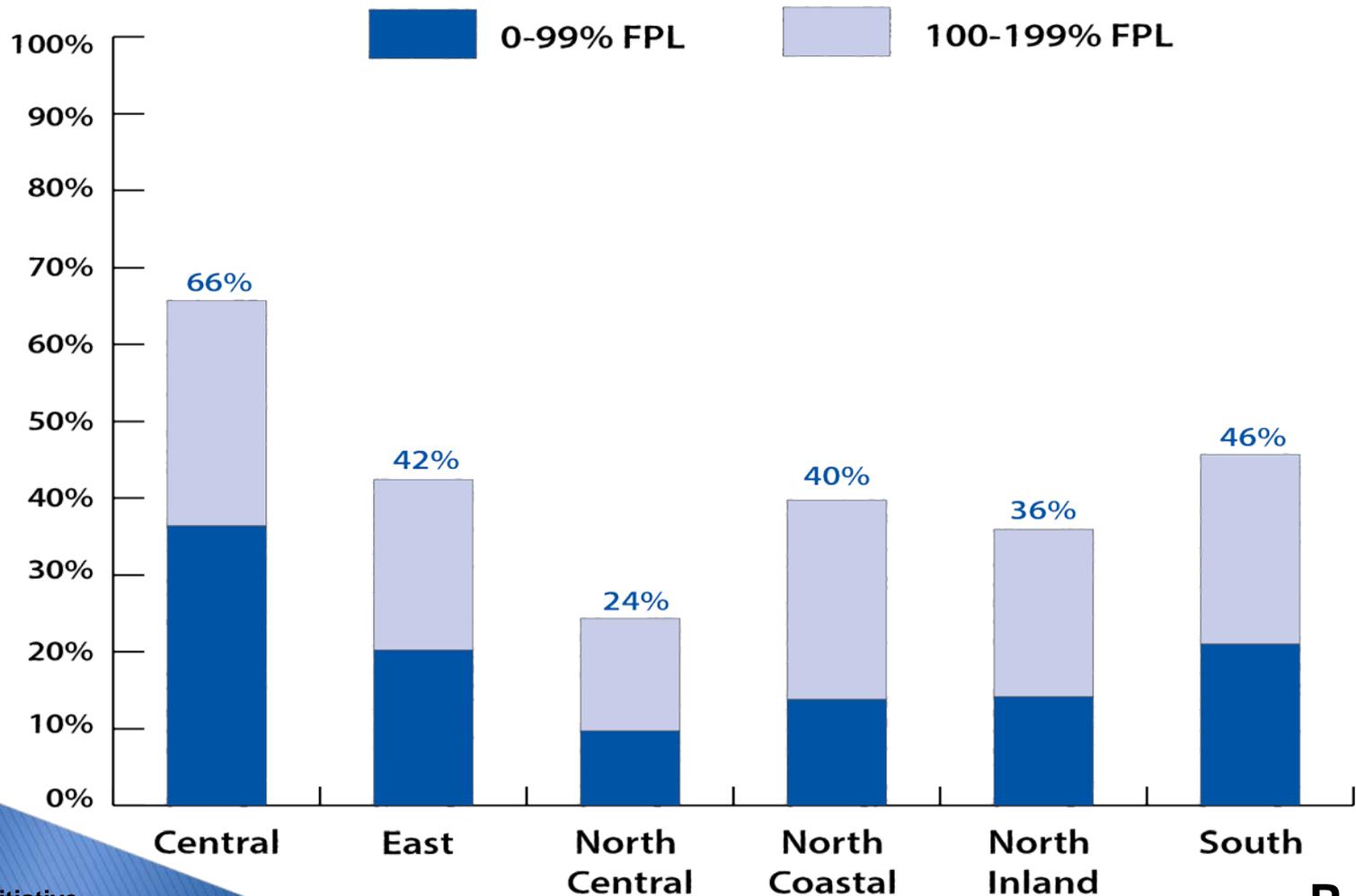
Child Poverty

Percentage of Children Ages 0-17 Living in Poverty, San Diego County, California, and United States, 2005-2015



Poverty, By Region

Percentage of Children Under Age 18 in Low-Income Households, By Poverty Level and Region, San Diego County, 2014



Recommendations

Policy

- ▶ Ensure all County and city departments connect clients to health coverage, eligible child care subsidies, and nutrition and housing assistance.
- ▶ Establish a countywide priorities and goals for improving the use of tax and savings programs for eligible residents.

Programs & Services

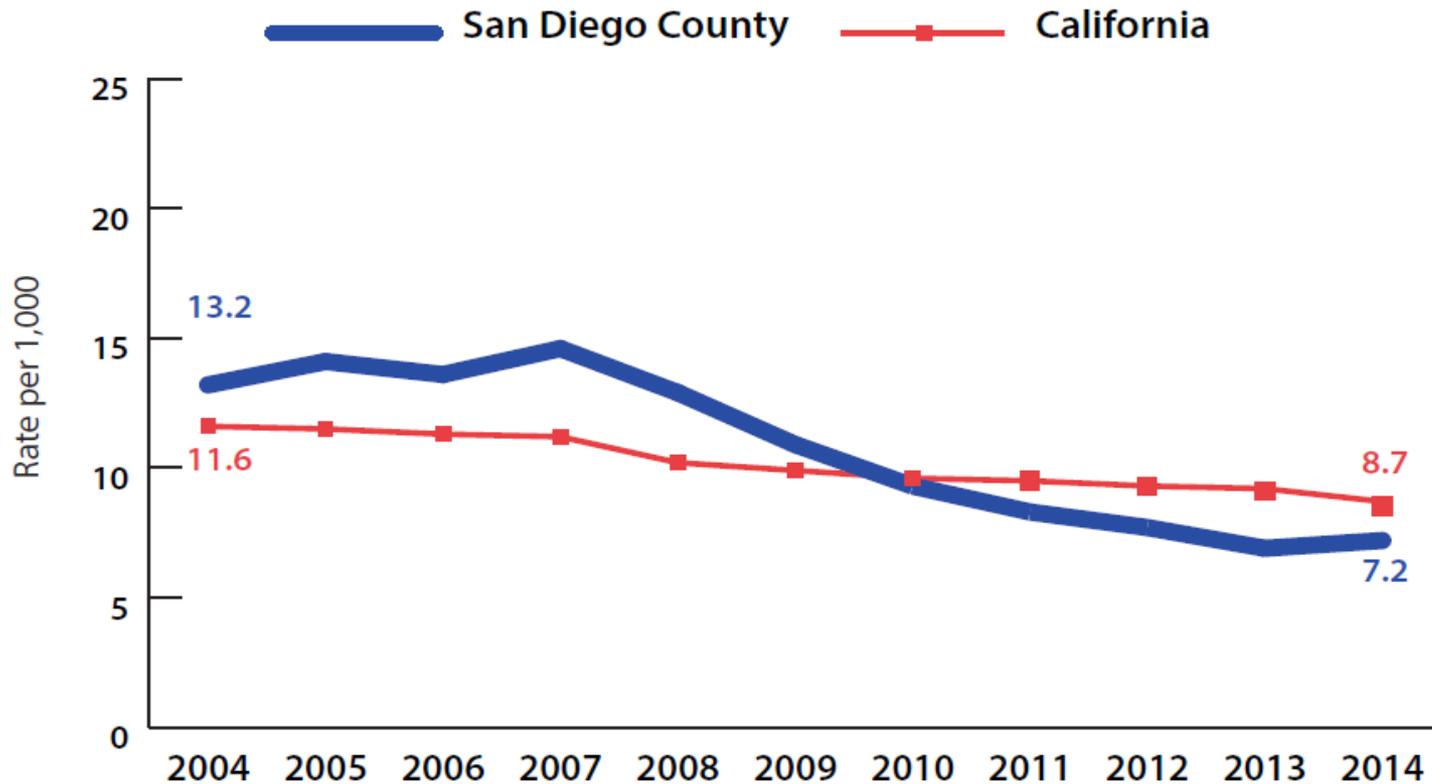
- ▶ Expand the number and increase access to low-cost job training and ITAs for unemployed and working parents.
- ▶ Expand enrollment assistance to eligible families for federal and state EITC, ITAs, and other public anti-poverty programs.

Family & Community

- ▶ Host local job fairs on weekends and evenings for parents and youth.
- ▶ Develop local ride share programs for increased access to employment opportunities for community residents.

Child Abuse and Neglect

Rate of Substantiated Cases of Child Abuse and Neglect Per 1,000 Children Ages 0-17, San Diego County and California, 2004-2014



Child Abuse and Neglect

Number of substantiated cases of abuse and neglect in San Diego County, 2014

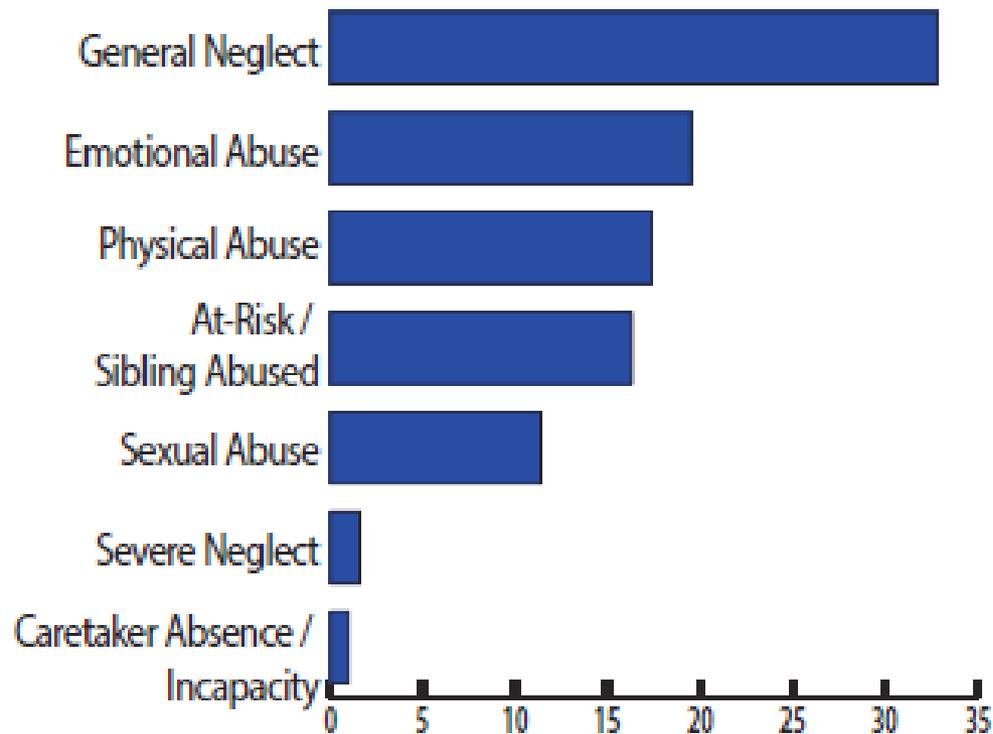
5,258

CHILD ABUSE IS NOT CONCENTRATED IN ONE GEOGRAPHIC AREA. In 2014, 26 zip codes across the county had rates for substantiated cases of child abuse and neglect at 10 per 1,000 or higher.

Source: California Child Welfare Indicators Project Reports, University of California at Berkeley Center for Social Services Research, 2014.

Child Abuse and Neglect, By Type

Number of Child Abuse and Neglect Reports in San Diego County, By Type, 2014



Source: California Child Welfare Indicators Project Reports, University of California at Berkeley Center for Social Services Research, 2014.

Recommendations

Policy

- ▶ Expand funding for culturally appropriate, evidence-based home visiting services in high need zip codes.
- ▶ Implement trauma informed services in the child welfare, mental health, juvenile justice, and health care systems.

Programs & Services

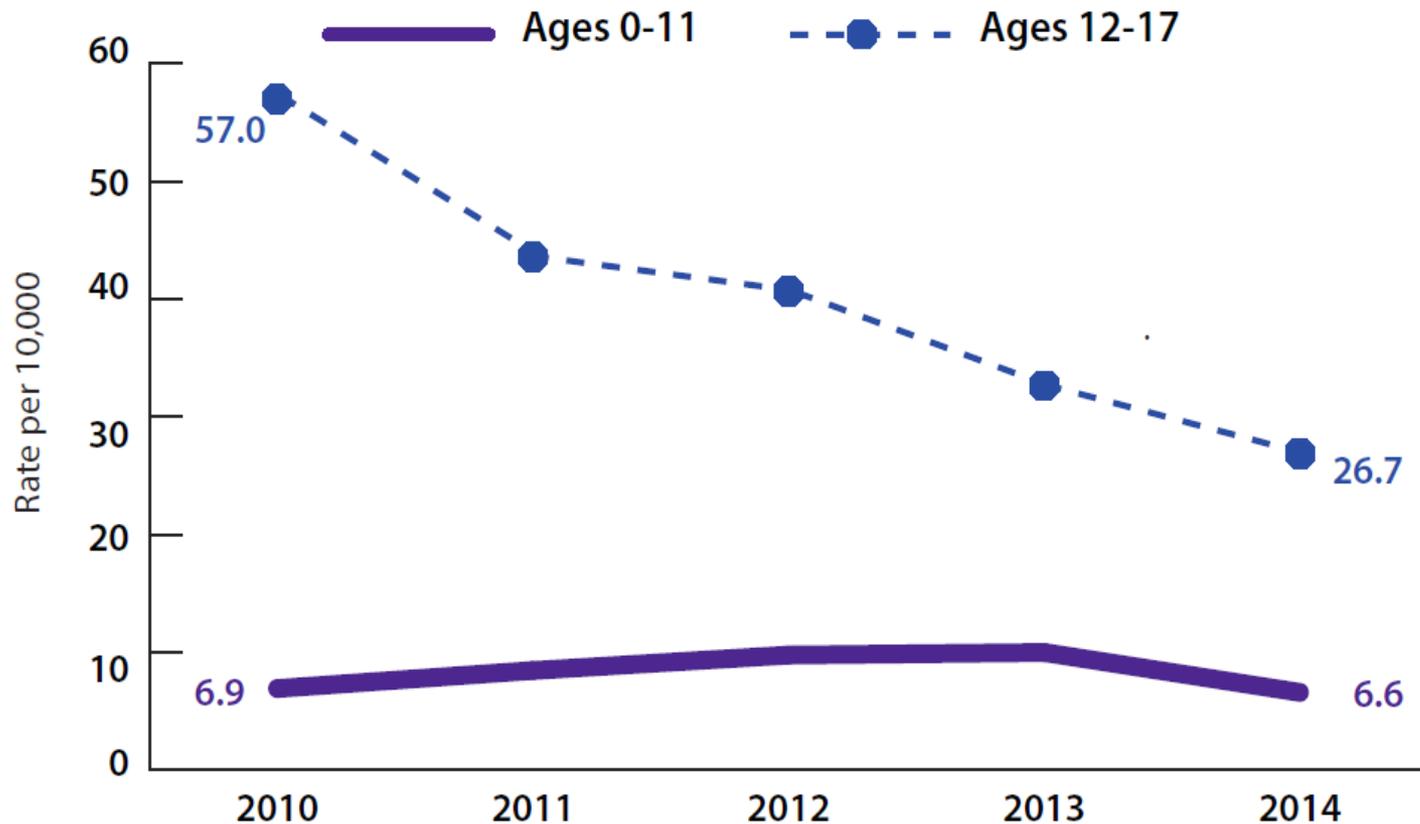
- ▶ Implement Positive Parenting Program (Triple-P) and other evidence based parent education programs in zip codes with high rates of substantiated child abuse.
- ▶ Provide wraparound services to families at risk of child welfare involvement, including services such as counseling, employment, and child development.

Family & Community

- ▶ Develop community support groups that provide low-income families with a network of support for peer connections, transportation, mentoring, and community resources.
- ▶ Create community hubs that provide food pantries, clothing, diapers, and basic necessities for families.

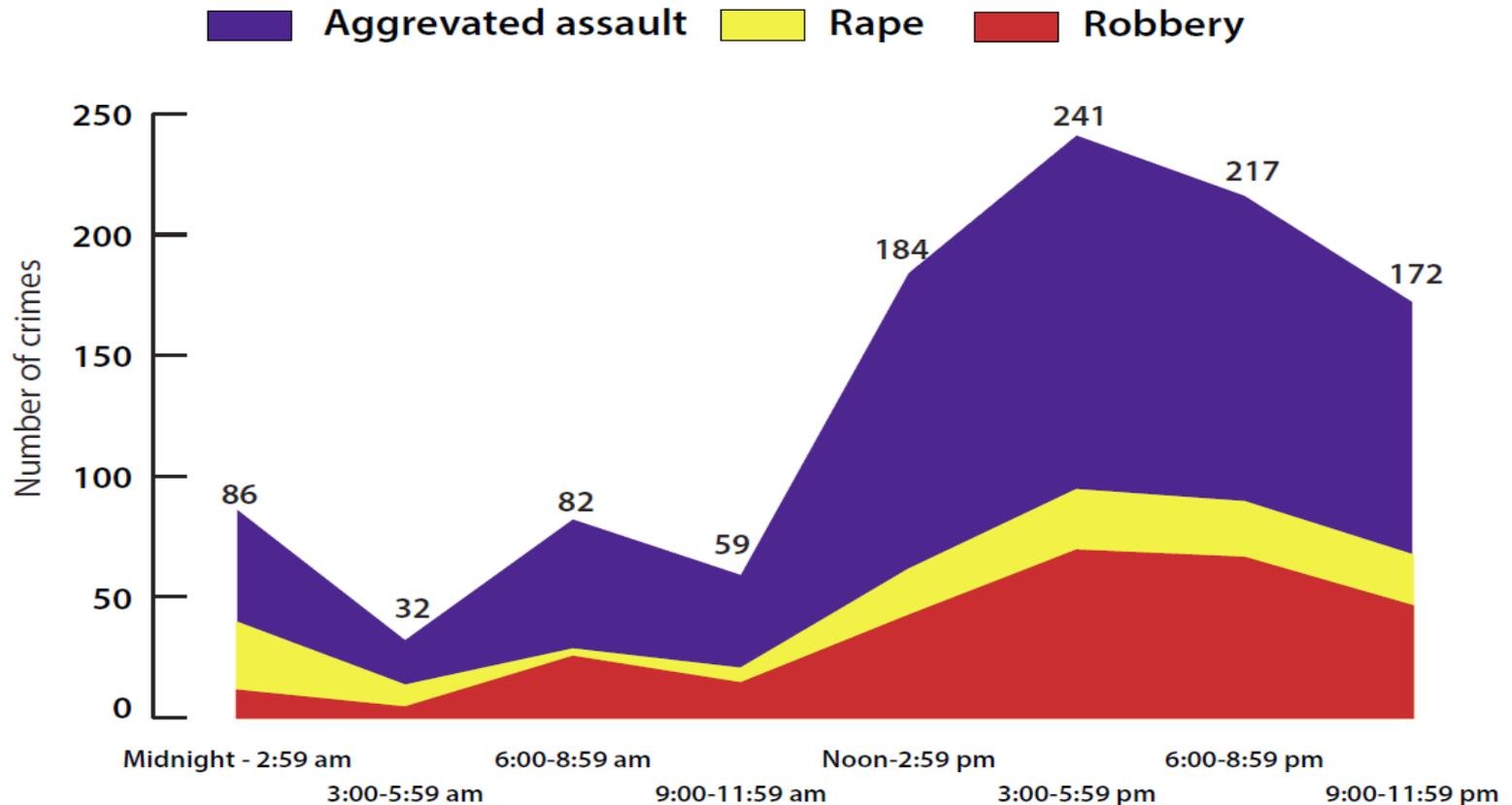
Child Victims of Violent Crime

Rate of Violent Crime Victimization Per 10,000 Children,
Ages 0–11 and 12–17, San Diego County, 2010-2014



Child Victims of Violent Crime

Number of Violent Crimes with Child Victims Ages 0-17,
By Time of Day, San Diego County, 2014



Recommendation

Policy

- ▶ Institute mandatory, annual training on the identification and prevention of bullying, racism, intimidation, sexual harassment, and hate crimes for all adults who work with youth, including at schools, community-based organizations, sporting groups, and government entities.
- ▶ Adopt and implement violence prevention programs (e.g., Peace Builders, Resolving Conflict Creatively Program, and Olweus Bullying Prevention) in middle and high schools.

Programs & Services

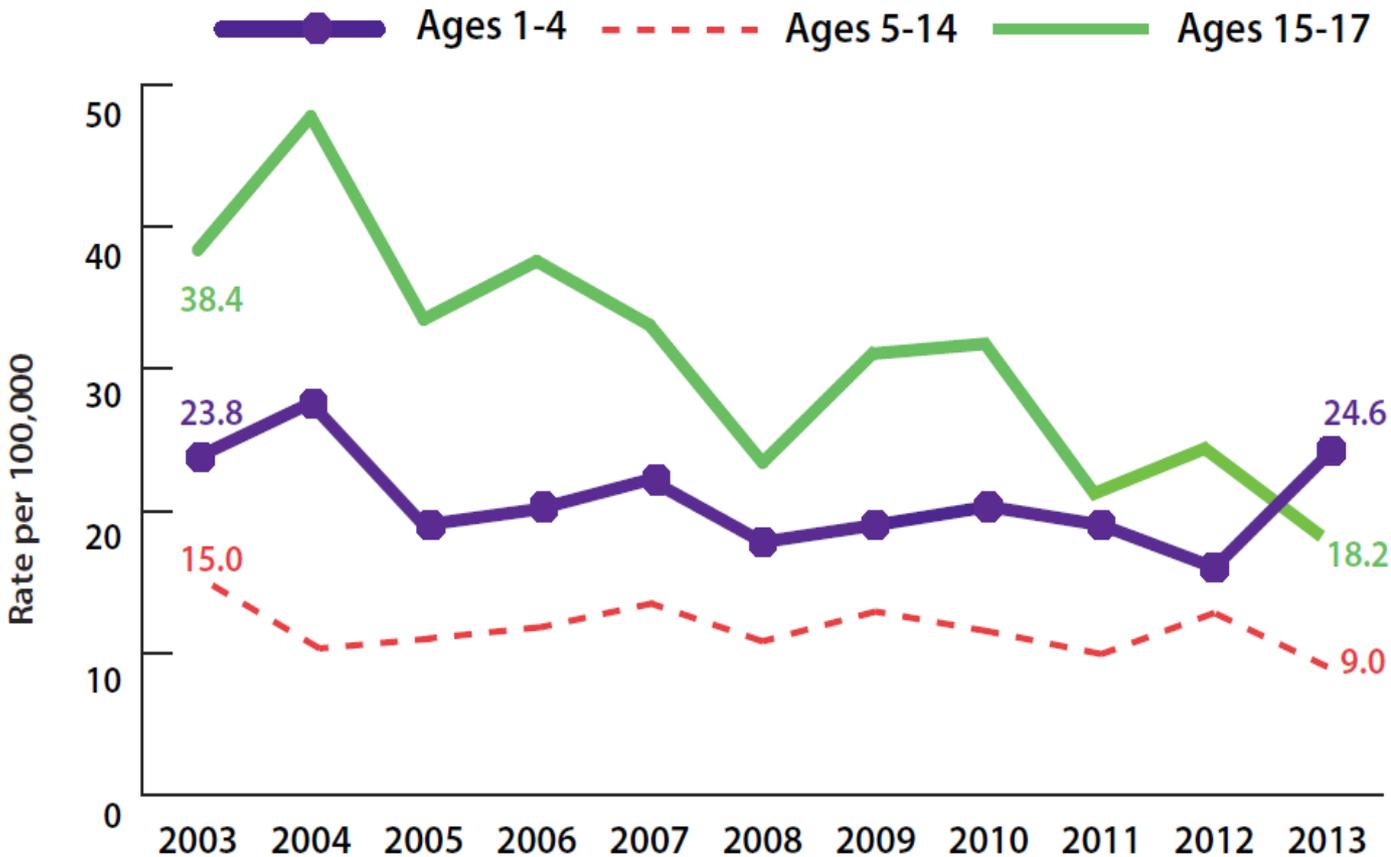
- ▶ Expand and strengthen gender-specific services for girls.
- ▶ Implement Internet safety programs for elementary and middle school students including risks of information sharing, location tracking, cyber bullying, and dangers of social network trolling.

Family & Community

- ▶ Educate parents and caregivers about Internet safety, including monitoring use and utilizing tools to restrict access.
- ▶ Educate parents about adequate adult supervision of children and youth in non-school hours and how to develop a supervision plan.

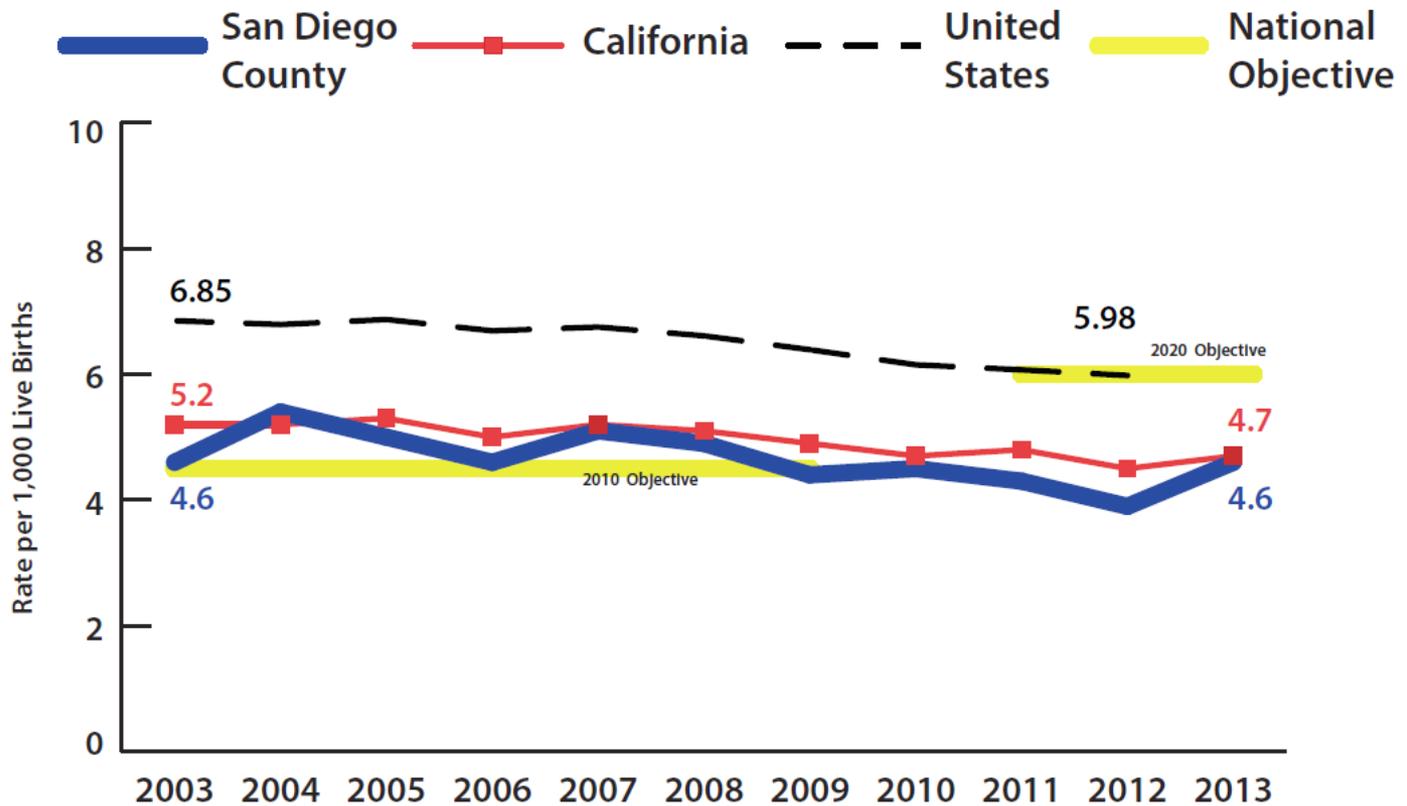
Childhood Mortality

Mortality Rate Per 100,000 Children Ages 1-4, 5-14, and 15-17, San Diego County, 2003-2013



Infant Mortality

Infant Mortality Rate Per 1,000 Live Births,
San Diego County, California, and United States Compared to
National Objective, 2003-2013



Childhood Mortality

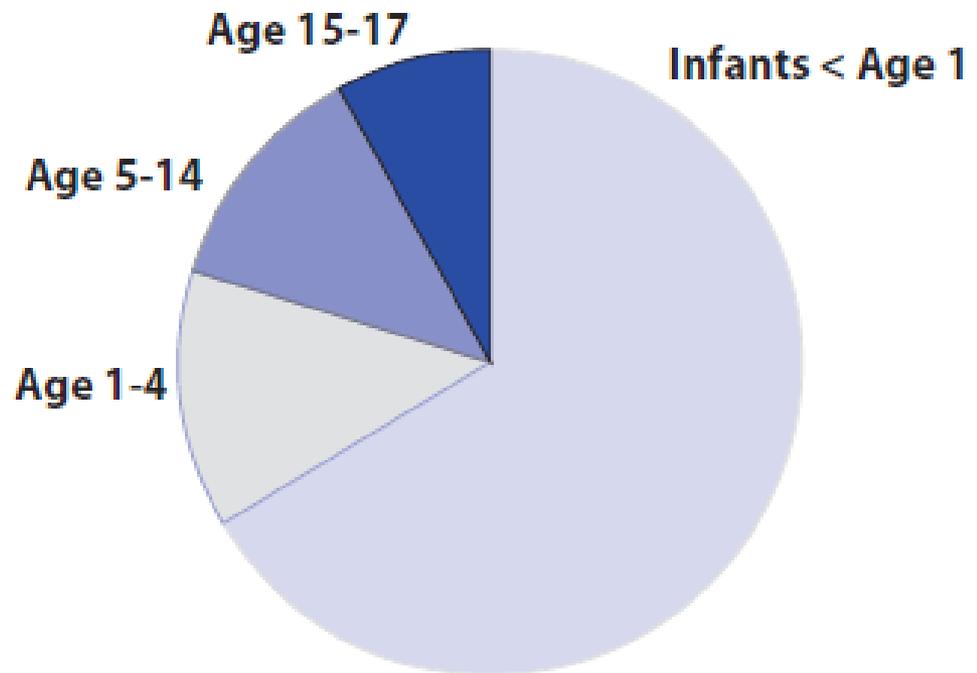
Percentage of Child Deaths, San Diego County, By Age, 2013

Average number of deaths per year among infants under age 1, San Diego County, 2011-13

187

Average number of deaths per year among children ages 1-17, San Diego County, 2011-13

101



Source: California Department of Public Health. Prepared by San Diego County Health and Human Services Agency. Data for 2013.

Recommendations

Policy

- ▶ Use local ordinances to require landlords to provide smoke detectors, hot water heater controls, window locks, and safety gates on stairs.
- ▶ Continue and expand gun safety programs, particularly safe gun storage and free gun lock distribution.

Programs & Services

- ▶ Develop and distribute culturally and linguistically appropriate parent safety education materials.
- ▶ Provide grief counseling and related supports to families who have experienced the death of a child or pregnancy loss.

Family & Community

- ▶ Offer suicide prevention programs in faith-based, community, and school settings.
- ▶ Use community-based settings to educate families about safe sleep practices for infants.

To Download Report & More Information

Thank You!

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