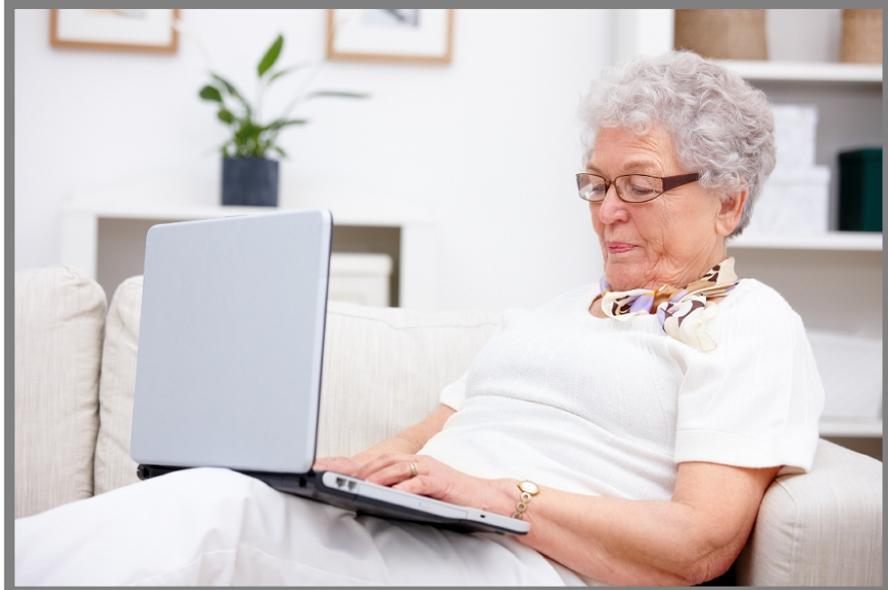
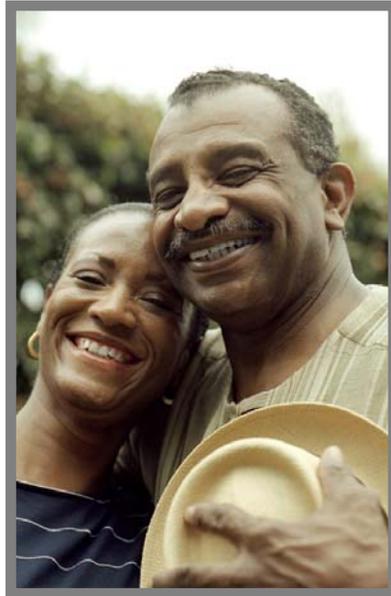


SAN DIEGO COUNTY SENIOR HEALTH REPORT CARD

HEALTH AND HUMAN
SERVICES AGENCY



June 2014

SAN DIEGO COUNTY SENIOR HEALTH REPORT CARD

LEADING INDICATORS

INDICATOR		MEASURE	SD			CA		
			2007	2009	2011	2007	2009	2011
<i>General Health¹</i>								
1	Health Status	Percent of population reporting excellent, very good, or good health	76.2%	81.0%	79.4%	69.4%	72.4%	72.6%
2	Needed Help for Mental Health/ Substance Abuse	Percent of the population that needed help for emotional/mental health problems or use of alcohol/drugs in past year	5.1%	6.9%	8.1%	6.0%	6.0%	7.1%
<i>Health Behaviors¹</i>								
3	Overweight and Obese	Percent of population that is overweight and/or obese	56.0%	58.2%	55.9%	55.7%	58.6%	61.4%
4	Physical Activity	Percent of population that walks for transportation, fun, or exercise in past week	N/A	68.9%	N/A	N/A	68.3%	N/A
5	Diet	Percent of population that ate fast food 3 or more times in the past week	7.9%	8.8%	10.2%	6.6%	7.7%	9.5%
6	Smoking	Percent of population that currently smokes	6.4%	7.0%	8.5%	6.4%	7.5%	6.4%
<i>Prevention Activities¹</i>								
7	Flu Vaccination	Percent of population that reported they had a flu vaccine in past 12 months	71.2%	69.4%	66.7%	68.9%	65.9%	68.3%
8	Mammogram Screening	Percent of female population who had a mammogram in past 2 years	75.6%	81.9%	N/A	77.4%	80.1%	N/A

**N/A = Not available.

¹Source: California Health Interview Survey (CHIS), UCLA Center for Health Policy and Research, 2007-2011.

SAN DIEGO COUNTY SENIOR HEALTH REPORT CARD

LEADING INDICATORS

INDICATOR		MEASURE	SD			CA		
<i>Chronic Disease Indicators^{2,3}</i>			2007	2009	2011	2007	2009	2011
9	Diabetes	Rate of death due to diabetes	110.7 per 100,000	111.1 per 100,000	124.1 per 100,000	135.9 per 100,000	119.1 per 100,000	122.0 per 100,000
10	Heart Disease and Stroke	Rate of death due to CHD	829.2 per 100,000	773.7 per 100,000	769.8 per 100,000	978.0 per 100,000	869.3 per 100,000	782.2 per 100,000
11		Rate of death due to stroke	277.3 per 100,000	249.6 per 100,000	243.7 per 100,000	311.4 per 100,000	272.4 per 100,000	249.3 per 100,000
12	Respiratory Diseases	Rate of death due to asthma	3.2 per 100,000	3.0 per 100,000	3.9 per 100,000	5.4 per 100,000	5.1 per 100,000	4.7 per 100,000
13		Rate of death due to COPD	252.8 per 100,000	220.3 per 100,000	251.7 per 100,000	268.1 per 100,000	262.0 per 100,000	249.3 per 100,000
14	All Cancer	Rate of death due to all cancer	992.9 per 100,000	904.1 per 100,000	930.1 per 100,000	961.3 per 100,000	929.1 per 100,000	854.8 per 100,000
<i>Behavioral Health Indicators^{4,5}</i>								
15	Mental Illness	Rate of ED discharges with mental illness as a principal diagnosis	461.7 per 100,000	506.1 per 100,000	442.4 per 100,000	N/A	N/A	N/A
16	Substance Use/Abuse	Rate of ED discharge with SUA as a principal diagnosis	96.8 per 100,000	141.0 per 100,000	131.0 per 100,000	N/A	N/A	N/A
<i>Alzheimer's Disease Indicator⁴</i>								
17	Alzheimer's Disease	Rate of ED discharge with Alzheimer's as any diagnosis	547.1 per 100,000	494.1 per 100,000	703.5 per 100,000	N/A	N/A	N/A

**N/A = Not available.

²Source: Death Statistical Master Files (CDPH), County of San Diego, HHSA, Epidemiology & Immunization Services Branch, 2011.

³Source: Death Statistical Master Files, CA Department of Public Health, 2011.

⁴Source: Emergency Discharge Database (CA OSHPD), County of San Diego, HHSA, Emergency Medical Services Branch, 2011.

⁵Source: Patient Discharge Database (CA OSHPD), County of San Diego, HHSA, Epidemiology & Immunization Services Branch, 2011.

SAN DIEGO COUNTY SENIOR HEALTH REPORT CARD

LEADING INDICATORS

INDICATOR		MEASURE	SD			CA		
<i>Injury Indicators</i>			2007	2009	2011	2007	2009	2011
18	Unintentional Injury ^{2,3}	Rate of death due to unintentional injury	82.5 per 100,000	79.0 per 100,000	95.9 per 100,000	70.5 per 100,000	68.2 per 100,000	65.2 per 100,000
19	Unintentional Fall Injury ^{3,4}	Rate of ED discharge due to fall injury	3,267.0 per 100,000	3,595.8 per 100,000	4,277.6 per 100,000	3,309.9 per 100,000	3,619.7 per 100,000	4,018.8 per 100,000
20	Hip Fracture ⁵	Rate of hospitalization due to hip fracture	595.5 per 100,000	591.5 per 100,000	595.7 per 100,000	N/A	N/A	N/A
21	Suicide ^{2,3}	Rate of death due to suicide	19.0 per 100,000	17.1 per 100,000	19.1 per 100,000	14.8 per 100,000	15.9 per 100,000	16.2 per 100,000
<i>Service Indicators⁶</i>								
22	Elder Abuse	Number of investigations of elder adult abuse	6,902	6,423	7,355	N/A	N/A	N/A
	Elder Abuse	Percent confirmed cases of elder adult abuse	19.7%	22.4%	48.3%	N/A	N/A	N/A

****N/A = Not available.**

²Source: Death Statistical Master Files (CDPH), County of San Diego, HHS, Epidemiology & Immunization Services Branch, 2011.

³Source: EPICenter California Injury Data Online, California Department of Public Health, Safe and Active Communities Branch Report, 2011.

⁴Source: Emergency Discharge Database (CA OSHPD), County of San Diego, HHS, Emergency Medical Services Branch, 2011.

⁵Source: Patient Discharge Database (CA OSHPD), County of San Diego, HHS, Epidemiology & Immunization Services Branch, 2011.

⁶Source: County of San Diego, HHS, Aging & Independence Services, APS Reports, FY 2007-2011.

For more information, call: (800) 510-2020 or (800) 339-4661 for outside San Diego County.

You may also visit: <http://sandiego.networkofcare.org/aging/>.