



# County of San Diego

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**HEALTH AND HUMAN SERVICES AGENCY**  
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**WILMA J. WOOTEN, M.D., M.P.H.**  
PUBLIC HEALTH OFFICER

## **BASE STATION PHYSICIANS' COMMITTEE MEETING**

Marcus Wang, M.D., Chairperson

Sharp Spectrum Auditorium  
8695 Spectrum Center Court, Kearny Mesa  
San Diego, CA 92123

Tuesday, July 21, 2015 – Minutes

### **Present Members**

DeMers, Gerard – Naval Medical Center  
Grad, M.D., Michelle – Palomar BHMD  
Harley, M.D., Jim – Rady Children's Hospital  
Haynes, M.D., Bruce – County EMS  
Kahn, M.D., Chris – UCSD BHMD  
Klingensmith, Todd -- SDCPA  
Levine, M.D., Saul – Sharp Memorial BHMD  
Meadows-Pitt, R.N., Mary – Sharp Grossmont  
Rosenberg, R.N., Linda – Sharp Memoria  
Schwartz, M.C., Brad – AMR/RCCP  
Serra, M.D., John – UCSD/Rural/Metro  
Smith, D.O., Ryan – Tri-City BHMD  
Smith, R.N., Susan -- County EMS  
Wang, M.D., Marcus – Scripps Mercy BHMD  
Weinstein, M.D., Steven – Sharp Grossmont  
Wiesner, M.D., Christopher – Scripps La Jolla

### **County Staff**

Ameng, R.N., Diane  
Stepanski, Barbara  
Vassiliou, Elaine/recorder

### **In Attendance (cont'd)**

Aker, R.N., Donna Kelly – UCSD ROC  
Allington, R.N., Linda – Carlsbad Fire  
Donnfeia, Joelle – UCSD EMS Fellow  
Dotson, R.N., Melody – UCSD  
Drum, Daryn – Heartland Fire  
Graydon, R.N., Cheryl – Palomar Medical Center  
Hayward, Brian – Heartland Fire & Rescue  
Healy, R.N., Marla – Sharp Memorial  
Hoover, Ann – Scripps Mercy  
Idman-Gervais, R.N., Dianne – Sharp Grossmont  
Jourdain, Victor – US Navy  
Kalafut, M.D., Mary – Scripps La Jolla  
Lindsey, Matt – NCFPD  
Maisonet, Scott – USBP/BorStar  
Nakajima, Yuko – UCSD EMS Fellow  
Okumura, Sean – UCSD  
Osborn, Steve – Rural/Metro  
Pearson, R.N., Daniele – Vista Fire  
Peltier, Patricia – AMR  
Rod, Rick – Rural/Metro  
Russo, R.N., Joe – AMR/CSA-17  
Scott, Chris -- CVFD  
Sloane, Chris – Mercy Air  
Sullivan, Don – AMR  
Wells, R.N., Christine – Scripps La Jolla BHNC

## **I. CALL TO ORDER/INTRODUCTIONS/ANNOUNCEMENTS**

Marcus Wang, M.D. called the meeting to order at 11:05 am.

## **II. APPROVAL OF MINUTES**

**A motion was made and seconded to approve the minutes from June 16, 2015. Motion carried.**

## **III. STROKE CONSORTIUM UPDATE (Mary Kalafut, M.D.)**

PowerPoint presentation on improving treatment times for stroke patients and the use of stent retrievers.

In the Helsinki Protocols study, a twenty minute door-to-treatment time was achieved, with 94% of patients being treated within sixty minutes. A better outcome is achieved when the patient is treated more quickly.

Ideal if Prehospital is able to obtain medical information from the victim's family or friends (aka: witness) as soon as possible and relay that information to the receiving facility. Suggest procedure where witness could speak directly to the on call neurologist while the patient en route to the ED. The witness would communicate with the neurologist to provide information about the symptoms of the victim, etc. As always, make every attempt to transport the witness in the ambulance with the patient to the hospital, so they can provide valuable information about the incident without delay.

The new recommendation by the American Heart Association will be for victims to receive treatment within forty five minutes of arrival to the facility.

Discussion among BHMDs took place on whether or not to pilot this model at one base station. Data would be gathered in order to assist in determining if this model could be deployed County wide. Scripps La Jolla BHMD offered to be the base hospital for this pilot.

## **IV. MEDICAL DIRECTOR'S REPORT (Bruce Haynes, M.D.)**

- A. Protocols are currently being updated for the SART Committee. Guidelines will then go out to the emergency departments to be used for procedures and assisting the patient with forensic exams.
- B. Marilyn Anderson has retired, and her retirement party is on July 31, 2015.
- C. The pediatric emergency readiness surveys went out to the hospitals. Results are pending.
- D. The New England Journal of Medicine has published several studies recently on the benefit of endovascular treatment of severe strokes. The Stroke Association and the American Heart Association have put together recommendations for diagnosis and treatment.
- E. The San Diego Day of Trauma sponsored by Mercy Hospital will be held on Nov. 6, 2015.
- F. On Nov. 6, 2015, the statewide Drug Summit on prescription drug abuse will take place here in San Diego.
- G. Palomar Hospital's downtown campus will be closing. Acute rehabilitation and labor/delivery will be moved into the main hospital. Behavioral health will be moving to Pomerado Hospital. The urgent care clinic will close. Pediatric services will no longer be provided, and all children will now be transferred to Rady Children's Hospital.

- H. The heat emergency plan for the County has already been activated this year, due to extreme heat conditions in June.
- I. In a national study of hospitals, UCSD received twelve awards. Several other local hospitals received recognition.
- J. The State EMS Commission will be here in San Diego on September 2, 2015.

**V. SAN DIEGO HEALTHCARE DISASTER COUNCIL (Chris Wells, R.N.)**

The County OES is currently creating videos for first responders on patient access to care. This should be completed by August. A first responder drill will take place on Sept. 30, 2015 involving the scenario of a plane crashing into the water. The California Health Association Disaster Planning Conference will be held on Sept. 28-30.

**VI. SAN DIEGO HEALTH CONNECT**

No report

**VII. ROC (Donna Kelly Aker, R.N.)**

The current study will likely be completed by October 2015.

**VIII. COMMUNITY PARAMEDICINE REPORT**

For the Carlsbad pilot there has been familiarization training conducted and a webinar took place recently. They are still upgrading their ePCR product. Tentative go-live date is August 3, 2015. No update from the City of San Diego pilot today.

**IX. CARDIAC ARREST**

Dr. Brad Schwartz will be heading a cardiac arrest subcommittee. The Institute of Medicine came out with a report on cardiac arrest and the top ten CARES indicators for consistency in evaluation/treatment of cardiac arrest.

**X. SPINAL STABILIZATION (VICTOR JOURDAIN, M.D.)**

PowerPoint presentation on cervical collars and spinal stabilization. If the patient is awake and alert, it is often better to have the patient move themselves rather than use the spinal precautions. The cervical collar is often not associated with a better outcome. Aspirate is a risk and intubation can be more difficult.

**XI. SET NEXT MEETING/ADJOURNMENT**

The next Base Station Physicians' Committee meeting is scheduled for Sept. 15, 2015 in the Sharp Spectrum Auditorium. The meeting was adjourned at 12:30 p.m.

\*Please note: there will not be a BSPC/PAC meeting in August 2015.