



# County of San Diego

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**WILMA J. WOOTEN, M.D., M.P.H.**  
PUBLIC HEALTH OFFICER

CSA-69 Advisory Committee  
Warren Savage, Chair/James Bingham, Vice-Chair  
c/o Emergency Medical Services  
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## **CSA-69 ADVISORY COMMITTEE MEETING** **Minutes** **Thursday, September 11, 2014**

### **Members**

Fox, Ken – Santee School District Board  
Howe, Kevin – Lakeside Union School District  
Liebig, Peter – Lakeside Fire Protection District (Alt)  
Meadows-Pitt, R.N., Mary – Sharp Grossmont Hospital  
Rickards, Dave – San Miguel Fire Protection District  
Savage, Warren – City of Santee  
Strom, Linda – Lakeside Community Planning Group  
Voepel, Randy – City of Santee

### **County Staff**

Ameng, R.N., Diane  
Brewton, Linda  
Leverson, Jim  
Metz, R.N., Marcy  
Ray, Leslie  
Wolchko, Janet (Recorder)

### **Agency Representatives**

Kirkpatrick, Jim – Lakeside Fire Protection District  
Parr, Andy – Lakeside Fire Protection District  
Kiszka, John – SMG/CalFire  
Peterson, Brad – City of Santee Fire

### **Guests**

Ayers, Charlene – Public (San Miguel)  
Robeson, Bob – Lakeside Chamber of Commerce

## **I. CALL TO ORDER/INTRODUCTIONS/ANNOUNCEMENTS**

Warren Savage, Chairperson called the meeting to order at 4:00 pm. Introductions were made.

## II. APPROVAL OF MINUTES

A motion was made by Linda Strom, seconded by Ken Fox to approve the May 8, 2014 CSA-69 Advisory Committee minutes. Motion carried.

A motion was made by Kevin Howe, seconded by Dave Rickards to approve the minutes from the February 13, 2014 CSA-69 Budget Subcommittee meeting. Motion carried.

## III. PUBLIC COMMENTS/PETITIONS

There were no public comments or petitions.

## IV. BUDGET REPORT

### A. Financial Report – Jim Levenson

#### 1. FY 2013/2014 Revenue Growth by Source

Ambulance Transports		\$3,665,000
Resident transports	\$2,925,000	
Non-resident transports	<u>740,000</u>	
Benefit Fee		2,439,000
Property tax		477,000
Interest, Penalties & Other		<u>113,000</u>
<b>Total Revenue</b>		<b>\$6,694,000</b>

Total revenue growth was 8.5%, primarily driven by growth in resident and non-resident transport fees.

#### 2. FY 2013/14 Expense Growth by Category

Ambulance		\$5,414,000
Billing & Collection Services		181,000
County-Admin Services		146,000
Mutual Aid		<u>0</u>
<b>Total Expenses</b>		<b>\$5,741,000</b>

There was a slight growth in the expenses for FY 2013/14.

#### 3. Revenue and Expenditure History and Projection to Actuals:

FY 13/14 revenue was higher than projected; expenditure was lower than projected.

#### 4. Actual and projected reserve balances:

The actual reserve balances for FY 09/10 through FY 13/14 and projected reserve balances for FY 14/15 through FY 19/20 were presented. The chart assumes a required reserve of 120 days of expenses for FY 09/10 through FY 13/14. Beginning with FY 14/15, the projection assumes a required reserve of 180 days of expenses.

5. CSA-69 fees will remain constant from last year. The benefit fee will increase by \$0.74.
6. Residents accounted for 79% of transports and 77% of revenue.
7. FY 2013/2014 Distribution of Charges by payor.  
The percentage breakdown of charges billed to Medicare, Medicare HMO, Medi-Cal, Medi-Cal HMO and insurance was presented.

Collection rate of 80 % to 90 % continues to exceed the CSA's target collection rate of 55%.

#### **B. Budget Subcommittee**

No report. The Budget Subcommittee meets once a year before the first Advisory Committee meeting.

### **V. STAFF/AGENCY REPORTS**

#### **A. Administrative Report - Marcy Metz**

1. *Sidewalk CPR* was a success with 24 participating agencies at 35 locations. In six (6) hours 3,143 individuals were trained in adult hands only CPR. In Southern California, approximately 17,000 individuals were trained.
2. PulsePoint is an application is available to download on your phone. Individuals that sign up for the application will be notified when there is a cardiac arrest in the area.
3. Community Paramedicine (CP) Projects
  - Projects are at the State EMS Authority for approval.
  - It is hopeful that there will be notifications in November regarding the projects.
  - Projects submitted from County of San Diego were from the City of Carlsbad and the City of San Diego.
4. This is a protocol review year. Adult and pediatric policies are being reviewed.
5. During the Naloxone trial there have been six (6) cases of Sheriff Deputies using narcan in cases of narcotic overdose.
6. The EMS Commission is having their quarterly meeting on September 17<sup>th</sup> at the Kona Kai Resort, at 10 am.
7. September is Emergency Preparedness Month. There will be a Statewide Healthcare Exercise on November 20<sup>th</sup>. The scenario will be an infectious disease.
8. CSA-69 billing contract was awarded to Wittman.
9. The committee discussed information regarding pertussis, Ebola and the East Coast illness that has been reported.

## B. Agency Reports

1. Lakeside Agency Report – Jim Kirkpatrick
  - a. Personnel: Lakeside is currently hosting two (2) interns from Chula Vista Fire and will assist with the training program.
  - b. Two (2) incidents were reported where Sheriff Deputies administered narcan to people with apparent overdose. Lakeside will meet with Dr. Haynes on the progress of the study.
  - c. Lakeside is currently in the process of developing the requirements with their new ambulance. Ambulances are averaging 50,000 – 60,000 miles per year.
  - d. June 5<sup>th</sup> was *Sidewalk CPR*. Lakeside trained 154 people in adult compression only CPR.
  - e. Lakeside participated in the MCI and Surge Capacity Project workgroups at EMS.
  - f. On the September 27, 2014, 10 am to 3 pm, there will be an open house at Station 3, located at Highway 8 business and Lake Jennings. There will be CPR hands only demonstrations and training. It was suggested that the open house would be a good venue to provide information on AED's and PulsePoint.
  - g. 2015 is the 40<sup>th</sup> Anniversary of CSA-69.
  - h. Challenges: Narcan cost will double within the next few months; there are saline shortages. July 1<sup>st</sup> rates for normal saline went up 300%.
  
2. Santee Agency Report – Brad Peterson
  - a. Santee covered the requirements for the new ambulance to be delivered on July 1st.
  - b. Personnel: Three (3) new hires are on probation. There will be a promotion test for a Captain.
  - c. Santee participated in the adult protocol task force; pediatric protocol task force review will begin in a couple of weeks.
  - d. There was a reported narcan use by Sheriff Deputies yesterday.
  - e. Santee is registered for PulsePoint and will be working with Project Heartbeat to get AED's loaded to the system.
  - f. Santee completed the Southwestern and EMSA intern schedule and currently have an intern from Palomar.
  - g. Open House is on October 18<sup>th</sup> at Fire Station 4 from 10:00 – 3:00 pm. There will be a poster contest and possibly a CPR demonstration.
  
3. San Miguel Fire Protection District/CalFire – John Kiska
  - a. Dave Rickards introduced John Kiska as the San Miguel/CalFIRE Admin EMS Battalion Chief.
  - b. Six (6) temporary hires will be picked up permanently.
  - b. *Sidewalk CPR*: A class for community outreach assisted with a special needs group of people who were blind. They also showed them how to use a fire extinguisher. Steel Canyon is becoming involved with certification.
  - d. All front line engines at the eight (8) Stations have the Zoll ten (10) monitors in service.

Discussion topics:

- Naloxone increased costs and demand.
- PulsePoint statistics report regarding activations. Information on PulsePoint will be sent to the CSA-69 members.

## **VI. COMMUNITY HEALTH STATUS OF CSA-69 – Leslie Ray**

Statistical information comes from the California Health Interview Survey, Vital records and hospital data.

### **A. Chronic Disease, injury and behavioral health, 3-4-50: 3 behaviors that lead to 4 diseases that represent in over 50 percent of deaths in San Diego**

#### **1. Behaviors**

- Smoking – In 2007, 1 out of 7 in East Region were smokers.
- Physical Activity – 1 quarter of East Regions adults had not walked for transportation, fun or exercise in the past 7 days (2009).
- Poor Diet – 1 out of 5 East Region residents ate fast food three or more times per week.

#### **2. Diseases**

- Coronary Heart Disease and Stroke is the second leading cause of death in the County. 6 out of every 100 San Diego residents have been diagnosed with heart disease or stroke.
- Cancer – 1 out of 10 residents in San Diego County has been diagnosed with cancer.
- Diabetes – 1 out of 20 San Diego County residents have been diagnosed with diabetes.
- Chronic Respiratory Disease – asthma and chronic obstructive pulmonary disease (COPD).

#### **3. Over 50% of Deaths are due to the above chronic diseases.**

- In 2012, 54% of all deaths in San Diego were due to the four chronic diseases.
- East Region percentages are 55%.

### **B. Trends**

#### **1. Percentages in the County of 3-4-50 deaths: 2000/63%; 2012/54%.**

#### **2. East County has a higher rate of 3-4-50 for all cause deaths compared to other San Diego County Residents. This could be due to age of population, motor vehicle incidents (transport times) and less resources.**

### **C. Disease by numbers**

#### **1. Prevalence, mortality, hospitalizations and discharge percentages were given for diabetes, heart disease, asthma, COPD and Stroke.**

#### **2. Cancer is the leading cause of death in the County.**

3. In 2012, asthma mortality for the East Region, Santee and Lakeside, is fewer than five (5) events.

D. 2012 Injury Indicators

1. Unintentional injuries: Fall-related injury, overdose/poisoning rate, motor vehicle and pedestrian injuries are higher in the East County compared to the San Diego County rate.
2. Intentional injuries: Homicides, assault, suicide, self-inflicted injuries and firearm related injury.
  - Homicides too low to count for Santee and Lakeside
  - Suicide risk is too low to count for Lakeside; Santee is higher than the County rate.
  - Self-inflicted injuries in East County are higher than the County rate.
  - Fire arm related injuries are too low to count for Lakeside; Santee risk is higher than the County rate.
3. Behavioral indicators (alcohol and mental health): East Region rates are higher compared to San Diego County rates with exception to acute alcohol-related disorder.

E. Personal injury prevention: Personally reducing your risk of injury and community prevention suggested activity was presented.

F. Chronic disease prevention: What you and your community can do to reduce the risk of non-communicable (chronic) disease.

G. Materials for *Live Well San Diego* area are available on the County website.

**VII. NEW BUSINESS/FUTURE AGENDA ITEMS**

No new business or future agenda items were suggested.

**VIII. SET NEXT MEETING/ADJOURNMENT**

The next CSA-69 Advisory Committee will meet on Thursday, November 13, 2014, 4:00 pm at the Lakeside Fire Department Administrative Office, 12216 Lakeside Avenue, Lakeside, CA 92040.

The meeting was adjourned at 5:29 pm.

Submitted by

Janet I. Wolchko, Administrative Secretary III  
County of San Diego, Emergency Medical Services