

## BLS

## ALS

- Ensure patent airway.
- Suction baby's airway if excessive secretions causing increased work of breathing, first mouth, then nose, suction after fully delivered.
- O<sub>2</sub> Saturation prn. O<sub>2</sub> or ventilate via BVM 100% O<sub>2</sub> prn
- Clamp and cut cord between clamps following delivery (wait 60 seconds after delivery prior to clamping and cutting cord.)
- Keep warm & dry (wrap in warm, dry blanket). Keep head warm.
- APGAR at 1" and 5"
- Document name of person cutting cord, time cut & address of delivery.
- Place identification bands on mother and infant.

### Premature and/or Low Birth Weight Infants:

- If amniotic sac intact, remove infant from sac after delivery.
- STAT transport
- When HR <100bpm, ventilate 100% O<sub>2</sub>
- If HR <60 bpm after 30 seconds of ventilation, start CPR.
- CPR need NOT be initiated if there are no signs of life AND gestational age is <20 weeks.

### Meconium delivery:

- Suction if baby is not vigorous after delivery
- If mechanical suction is used, keep pressure between 80 and 100cm H<sub>2</sub>O, otherwise use bulb syringe.

### Cord wrapped around neck:

- Slip the cord over the head and off the neck; clamp and cut the cord if wrapped too tightly.

### Prolapsed cord:

- Place the mother with her hips elevated on pillows, or knee chest position.
  - Insert a gloved hand into the vagina and gently push the presenting part off the cord.
- Transport STAT while retaining this position. Do not remove hand until relieved by hospital personnel.

### Breech Birth:

- Allow infant to deliver to the waist without active assistance (support only);
- When legs and buttocks are delivered, the head can be assisted out. If head does not deliver within 1-2 min insert a gloved hand into the vagina and create an airway for the infant.
- Transport STAT if head undelivered.

- Monitor
- Ventilate via BVM 100% O<sub>2</sub> if HR <100 bpm

### If HR remains <60 bpm after 30 seconds of ventilation:

- CPR and BVM, if unable to adequately ventilate via BVM intubate SO
- NG prn SO

### If HR remains <60 bpm after 30 seconds of CPR:

- Epinephrine 1:10,000 per drug chart IV/IO SO. MR x2 q3-5" SO. MR q3-5" BHO

Disposition: Direct to Labor/Delivery area per BHO.

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Approved:



EMS Medical Director