



Date: February 5, 2016
To: CAHAN San Diego Participants
From: Public Health Services, Epidemiology Program

Zika Virus Advisory #2 – New Guidelines Issued, Provider Conference Call Announcement

This health advisory notifies CAHAN participants that the Centers for Disease Control and Prevention (CDC) has issued new and updated guidelines on Zika Virus and that the California Department of Public Health (CDPH) is convening a conference call for healthcare providers to provide information about the Zika virus on February 10, 2016.

Interim Guidelines for Preventing Sexual Transmission of Zika Virus

CDC has issued new interim guidance on preventing sexual transmission of Zika virus after confirming through laboratory testing, in collaboration with Dallas County (Texas) Health and Human Services, the first case of Zika virus infection in a non-traveler in the continental United States during this outbreak.

Although sexual transmission of Zika virus infection is possible, mosquito bites remain the primary way that Zika virus is transmitted. Because there currently is no vaccine or treatment for Zika virus, the best way to avoid Zika virus infection is to [prevent mosquito bites](#).

Based on current knowledge, CDC issued the attached [“Interim Guidelines for Prevention of Sexual Transmission of Zika Virus — United States, 2016.”](#) To date, there have been no reports of sexual transmission of Zika virus from infected women to their sex partners. CDC expects to update its interim guidance as new information becomes available.

Updated Interim Guidelines for Healthcare Providers

CDC also updated today the attached [“Update: Interim Guidelines for Health Care Providers Caring for Pregnant Women and Women of Reproductive Age with Possible Zika Virus Exposure — United States, 2016.”](#)

The updated guidelines recommend that pregnant women without symptoms of Zika virus disease can be offered testing 2 to 12 weeks after returning from areas with ongoing Zika virus transmission. CDC guidance on Zika virus, its transmission, treatment, and response to the outbreak will continue to be updated as more becomes known.

CDPH Conference Call

CDPH is convening a conference call for healthcare providers to provide information and updates about the Zika virus.

Date: Wednesday, February 10, 2016
Time: 9:00 AM to 10:00 AM PST
Dial in number: (866) 216-6835
Participant Passcode: 839641

This call will be operator assisted with a question-and-answer period at the end of the call.

Please plan to join the call in groups within your organization to maximize availability of conference call lines.

Actions Requested of Healthcare Providers:

- **Suspect** Zika (also consider dengue and chikungunya) in travelers with acute onset of fever, maculopapular rash, arthralgia, or conjunctivitis within 2 weeks after return from a place with local Zika virus transmission. Patients with Guillain-Barré syndrome after travel to Zika-affected areas should also be evaluated for the virus. An up-to-date list of countries with ongoing Zika transmission may be found at the [CDC Zika Travel website](#). Although Mexico is a Zika-affected country, there has been no local transmission of Zika in Mexico City or in Baja California.
- **Report** suspected cases of Zika virus with appropriate symptomology and travel history to the Epidemiology Program by phone at 619-692-8499 during business hours Monday-Friday, or 858-565-5255 after-hours on evenings, weekend and County-observed holidays, and by faxing a [Confidential Morbidity Report Form](#) to 858-715-6458.
- **Test** patients with appropriate symptomology and travel history by arranging testing through the San Diego County Public Health Laboratory. Specimen guidance and the laboratory requisition form can be found [here](#).
- **Advise** patients to avoid mosquito bites. Refer travelers, particularly pregnant women, to [CDC Travel Advisories](#) for current information.
- **Evaluate** pregnant women who traveled to areas with Zika virus transmission while pregnant using the CDC updated [Interim Guidelines for Health Care Providers Caring for Pregnant Women and Women of Reproductive Age with Possible Zika Virus Exposure](#).
- **Evaluate** fetuses and infants of women infected with Zika virus during pregnancy for possible congenital infection and microcephaly using the CDC [Interim Guidelines for Evaluation & Testing of Infants with Possible Congenital Zika Virus Infection](#).

Useful Resources

Centers for Disease Control and Prevention

- [Continuing Medical Education: What Clinicians Need to Know – Zika Virus](#)
- [Fact Sheets and Posters in English and Spanish](#)
- [Questions and Answers for Obstetrical Healthcare Providers](#)
- [Questions and Answers for Pediatric Healthcare Providers](#)
- [Zika Virus Information and Guidance for Clinicians](#)

California Department of Public Health

- [Aedes aegypti and Aedes albopictus Mosquitoes in California \(CDPH\)](#)

County of San Diego

- [Department of Environmental Health Vector Control Program](#)
- [Public Health Services Zika Virus Webpage](#)

Other

- [Zika Virus – Pan American Health Organization](#)
- [Center for Infectious Disease Research and Policy Zika Resource Webpage \(University of Minnesota\)](#)

CAHAN San Diego

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