

3-4-50: Chronic Disease Deaths in San Diego County, 2000-2011

3 Behaviors contribute to 4 Chronic Diseases that cause over 50 percent of all deaths worldwide.

What is 3-4-50?

Chronic diseases are now the major cause of death and disability worldwide, having surpassed infectious diseases and injuries. This reflects a significant change in diet habits, physical activity levels, and tobacco use.

These chronic diseases are important to consider together because they are common causes of disability and death in San Diego County. They are also highly influenced by, three unhealthy behaviors; behaviors that cause many cases of the specified chronic conditions that are preventable.

3-4-50 in San Diego County

From 2000 to 2011:

- The percent of all deaths due to 3-4-50 chronic diseases has decreased in the County and the Regions, while the number of deaths have remained relatively stable.
- Overall, 3-4-50 chronic disease death rates have decreased in the County and within the Regions.
- Despite a decrease since 2000, 3-4-50 chronic diseases accounted for 54% of all deaths in San Diego County in 2011.

Figure 1: 3-4-50 Death Percentages

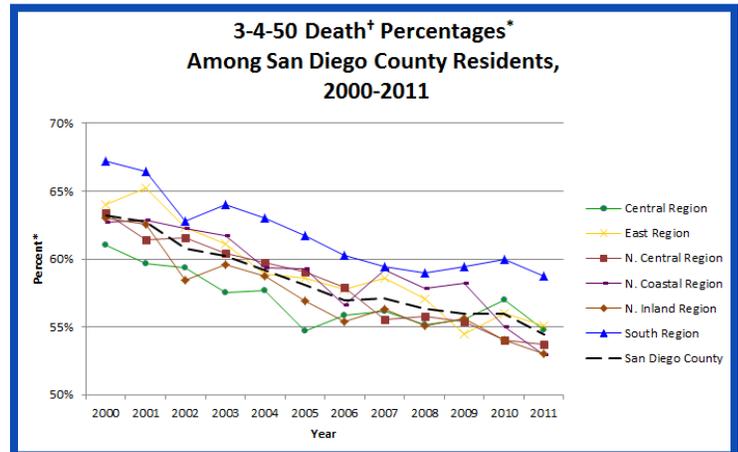
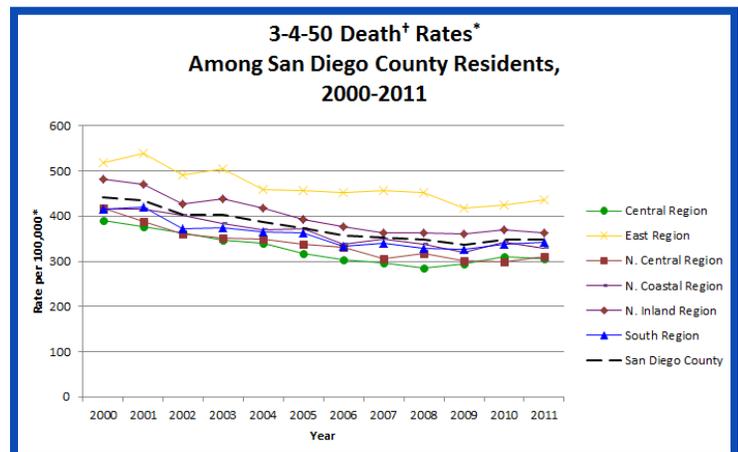


Figure 2: 3-4-50 Death Rates



†3-4-50 deaths include stroke, coronary heart disease (CHD), diabetes, COPD, asthma, and cancer.
*3-4-50 deaths as a percentage of all cause deaths. Rates per 100,000 population.



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