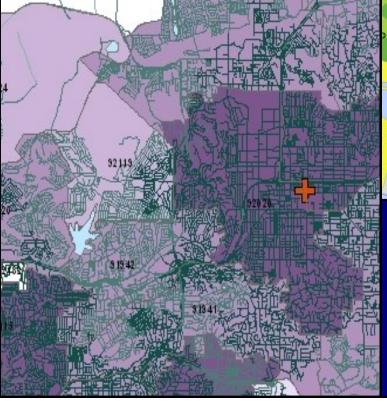


## FITNESSGRAM® Aerobic Capacity Atlas (08-09), Grade 5 San Diego County







**APRIL** 2011

# FITNESSGRAM® Aerobic Capacity Atlas (08-09), Grade 5 San Diego County, 2011

#### Contact Information:

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#### Introduction

The *Community Features Atlas Series* is a comprehensive collection of maps displaying key information about San Diego County. It is designed to be used by local communities, organizations, and individuals seeking place-based information specific to geographic areas within the County. The atlas series provides a look into the various resources, services, and demographics of the County. Importantly, the information presented in these atlases can be used in the assessment of factors involved in community health, as well as the planning of resource allocations.

Data from various sources were complied and are presented in this atlas, including the American Community Survey (ACS), San Diego Association of Governments (SANDAG), San Diego Geographic Information Source (SanGIS), California State Departments, and the County of San Diego's Community Health Statistics Unit. Together, the data provides a detailed look into various assets and liabilities of a community. More information on the data sources used in these maps can be found in the *Data Guide*, located at the end of this document.

Together, the Community Features Atlas Series is composed of a *Community Resources Atlas*, FITNESSGRAM® Physical Fitness Test Atlas, a Health Resource Atlas, Food Retailer Atlas, Retail Food Environment Index (RFEI) Atlas, a Youth Attractors Atlas, and a Community Demographics Atlas.

Data are displayed using geographic areas such as street-level, census area, sub-regional area, or region. Additionally, included in each atlas is a brief summary, as well as an outline of the spatial data presented.

For additional local health and demographic data, please visit <u>www.SDHealthStatistics.com</u>.

## FITNESSGRAM Physical Fitness Test Atlas, School Year 2008/09 Grade 5, Aerobic Capacity

This atlas is one of a series of 6 which present data on the physical fitness of students in the public school system in San Diego County. By law, all public school districts in California are required to administer the Physical Fitness Test (PFT) annually to all students in the 5<sup>th</sup>, 7<sup>th</sup> and 9<sup>th</sup> grades. These atlases show data for two fitness areas: aerobic capacity and body composition. There are separate atlases for each test standard, and for each grade tested.

The desired outcome for each test is that the student achieves the "Healthy Fitness Zone" (HFZ). Those students whose performance exceeds the goals (or fall below the HFZ for scores such as Body Composition) are also classed in the HFZ. A student who does not achieve the HFZ is "Not in the HFZ".

Results for the 2008/09 school year are presented by the percentage of students not within the HFZ for each performance standard by school. At the sub-regional (SRA) level, data are presented as the average percent of students not within the HFZ within each SRA. Data are not shown for schools with fewer than 5 students participating in the FITNESSGRAM. For more information see the California Department of Education at <a href="http://www.cde.ca.gov/ta/tg/pf/">http://www.cde.ca.gov/ta/tg/pf/</a>.

For reference, median income by census tract data (2008 estimates) is included. **See the Data Guide at the end of the atlas for more information.** 

#### **Available Atlases**

School Level Results:

Grade 5, Aerobic Capacity, 2008/09 by School Grade 7, Aerobic Capacity, 2008/09 by School Grade 9, Aerobic Capacity, 2008/09 by School

Grade 5, Body Composition, 2008/09 by School Grade 7, Body Composition, 2008/09 by School Grade 9, Body Composition, 2008/09 by School

#### **Spatial Data Shown**

Fitnessgram by School. Median Income by Census Tract (2008 Estimates) Park Region

#### FITNESSGRAM Physical Fitness Test Atlas, School Year 2008/09 **Grade 5, Aerobic Capacity**

#### This map series uses an index map and detailed maps.

The Index Map, based on the Thomas Bros. Guide, is used to find an area of interest in which to view detailed "street view" maps. Each grid on the Index Map is labeled with a number which corresponds to the page number on each detailed map.

#### **Directions:**

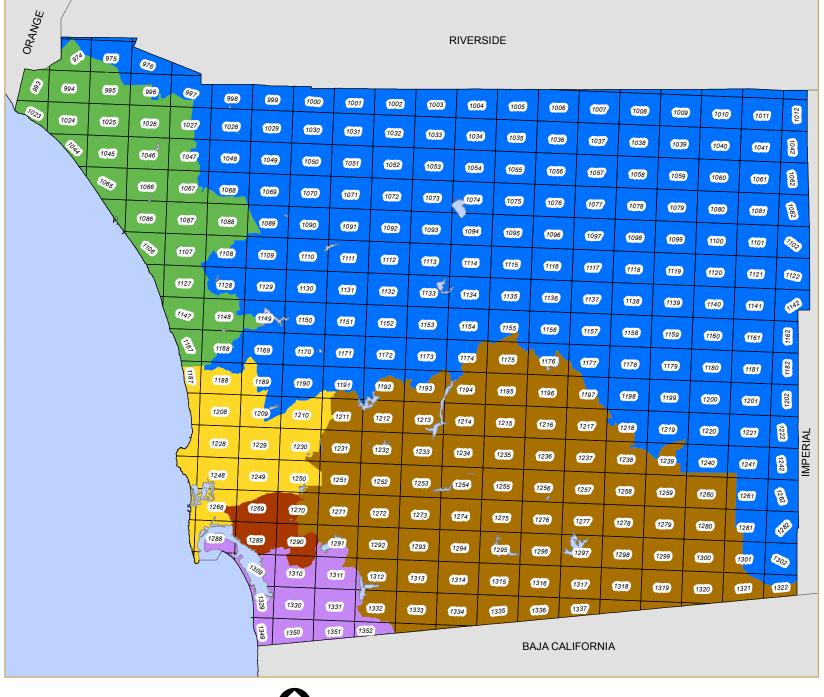
Begin on the Index Map (Fig.A), to identify an area of interest, and note the grid number/s. Page through the atlas to the map with the corresponding grid numbers. Each detailed map has the grid page on the map image, as well as at the top right corner of each atlas page (Fig. B).





Fig A.

You may adjust your page view, or use the map interactively to adjust layers or maps elements displayed (interactive use allows user to turn layers on/off, for example to see overlapping information more clearly or reduce the information shown).





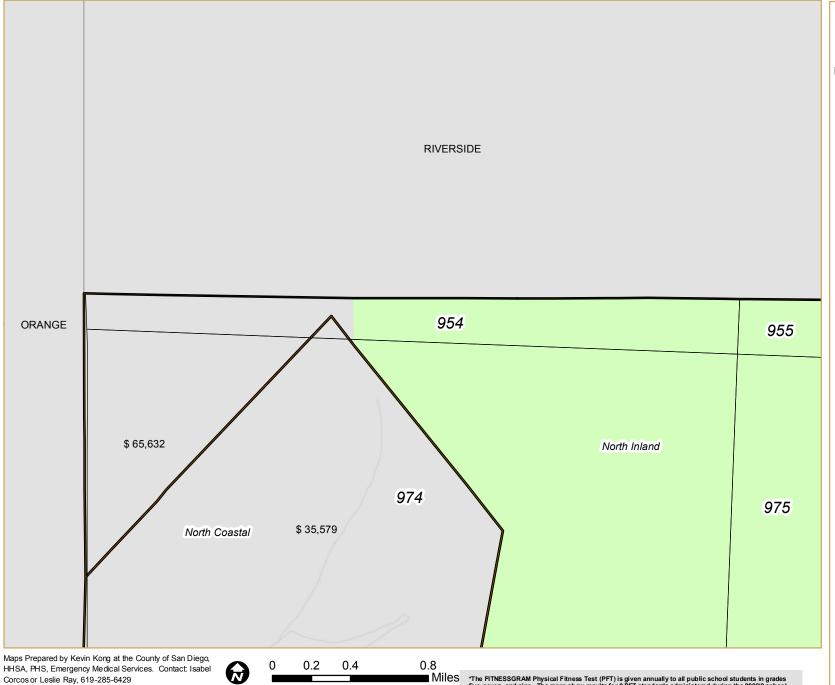


#### Index Map: San Diego County with Index Grids





NAD\_1983\_StatePlane\_California\_VI\_FIPS\_0406\_Feet, D\_North\_American\_1983, Foot\_US



COUNTY OF SAN DIEGO

HEALTH AND HUMAN SERVICES AGENCY

THE COUNTY OF SAN DIEGO

BY THE

\*The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SRA (average % of students not within the HFZ). Note: Students whose performance exceeds the standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/gpf/.

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Grid Page 954

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40 1 - 60 0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



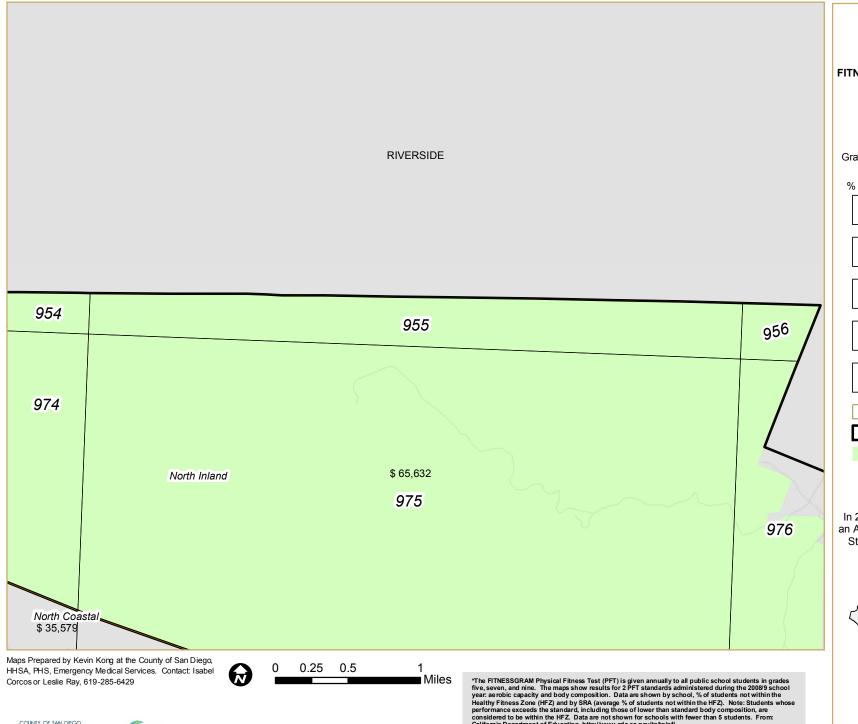
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





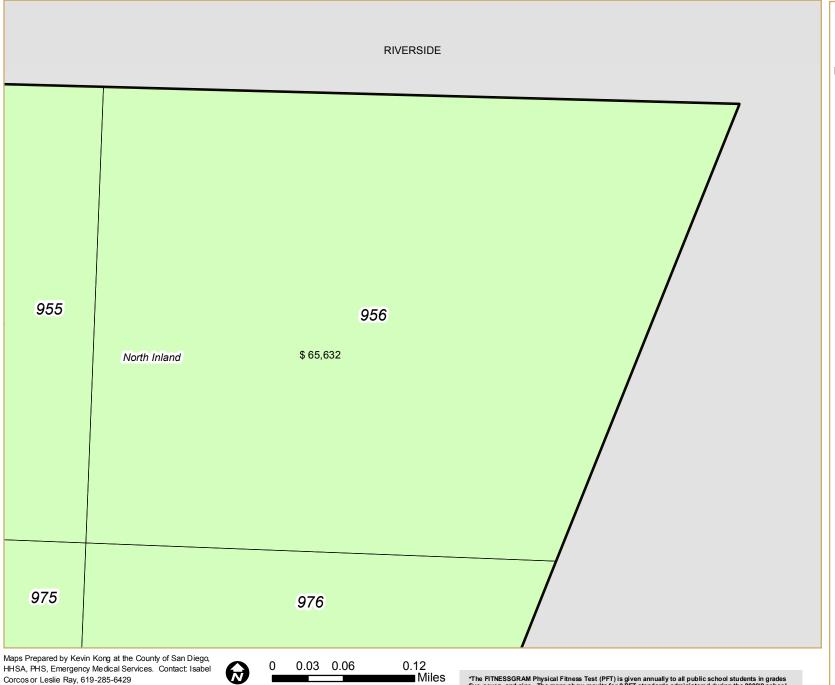
Grid Page 955 **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9) Grade 5, Aerobic Capacity % Not in standard, by school 0 - 20.0 40.1 - 60.0 60.1 - 80.0 80.1 - 100.0 2008 Median Income Estimates Region Park for Aerobic Capacity

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ



NAD\_1983\_StatePlane\_California\_VI\_FIPS \_0406\_Feet, D\_North\_American\_1983, Foot\_US

considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.



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#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region



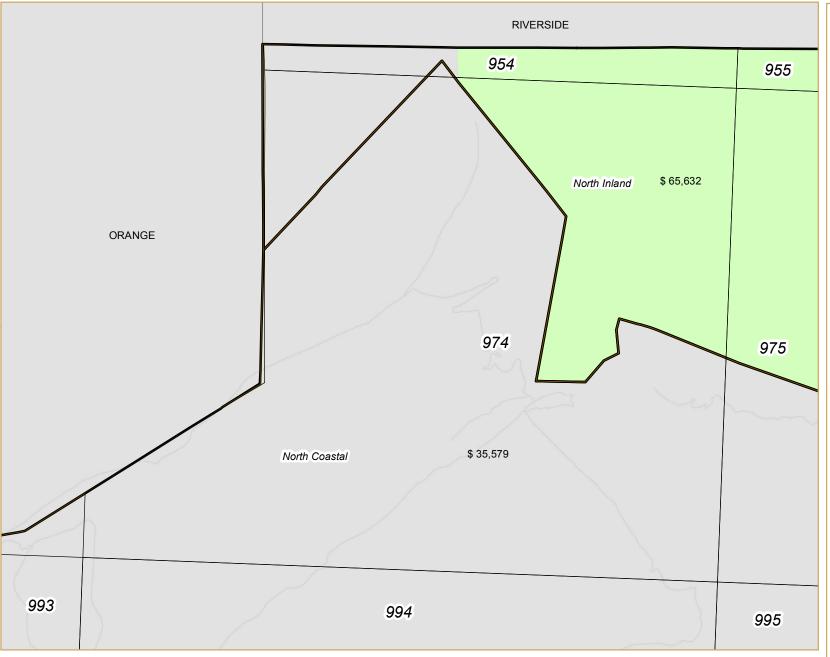
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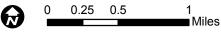
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an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity









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#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



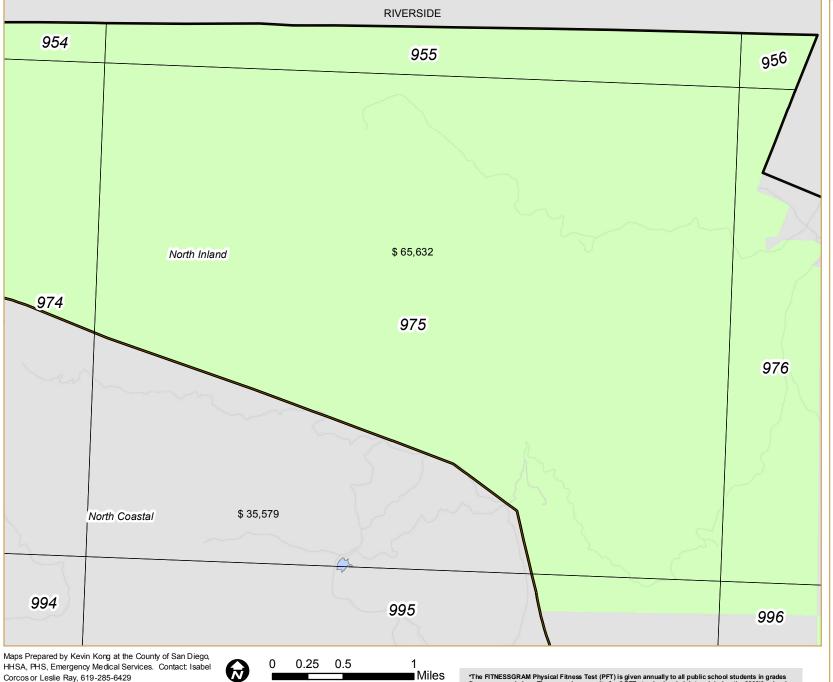
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





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Grid Page 975

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



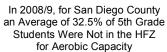
2008 Median Income Estimates



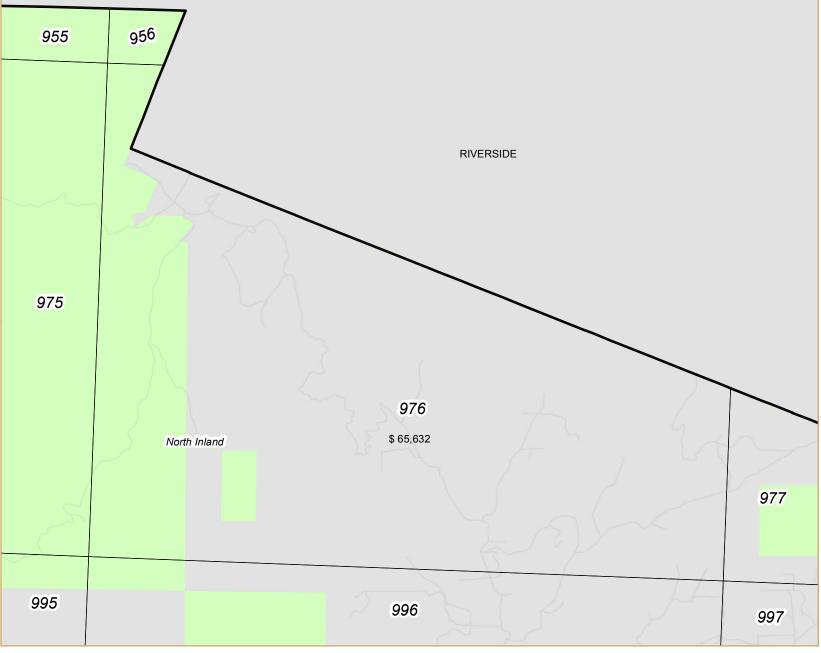
Region

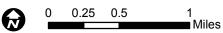


Park







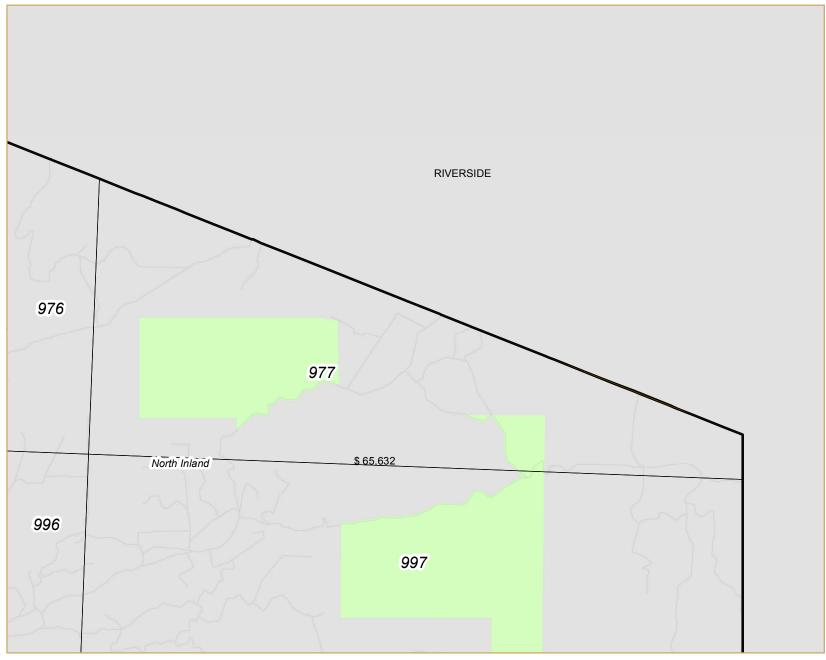


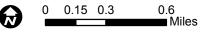
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## Grid Page 976 FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9) Grade 5, Aerobic Capacity % Not in standard, by school 0 - 20.0 40.1 - 60.0 60.1 - 80.0 80.1 - 100.0 2008 Median Income Estimates Region Park In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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Grid Page 977

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school











60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region



Park

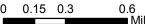
In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity



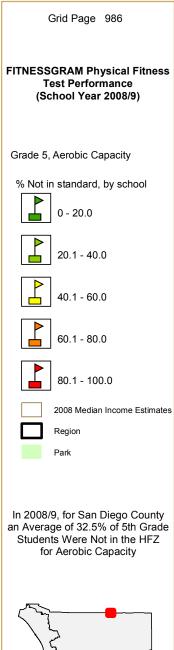
**RIVERSIDE** 987 \$ 38,714 North Inland 1006 1007 Maps Prepared by Kevin Kong at the County of San Diego,

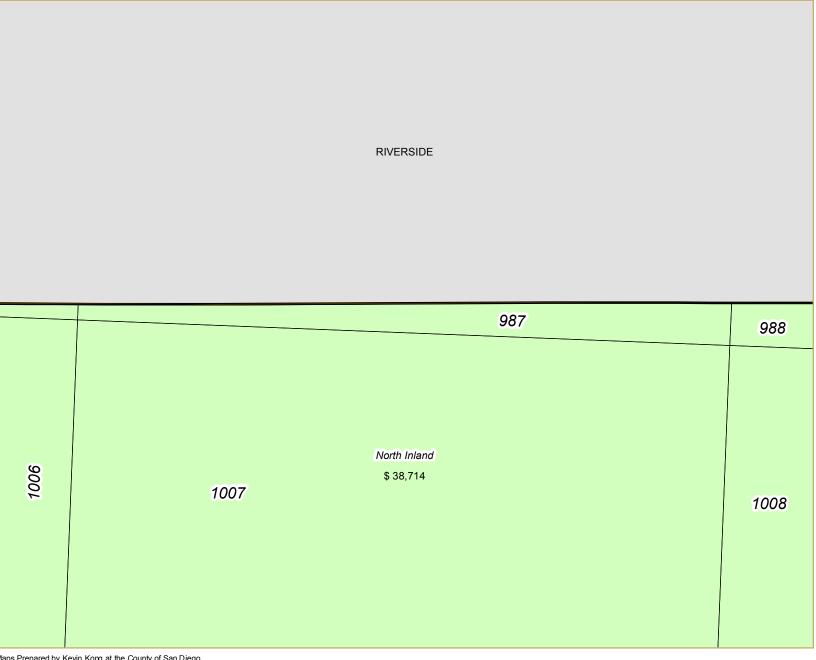
Maps Prepared by Kevin Kong at the County of San Diego, HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429



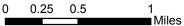


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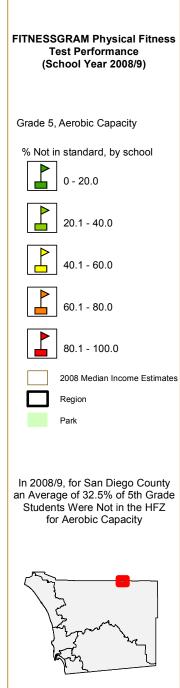








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NAD\_1983\_StatePlane\_California\_VI\_FIPS \_0406\_Feet, D\_North\_American\_1983, Foot\_US

Grid Page 987

**RIVERSIDE** 987 988 989 North Inland \$ 38,714 1001 1008 1009

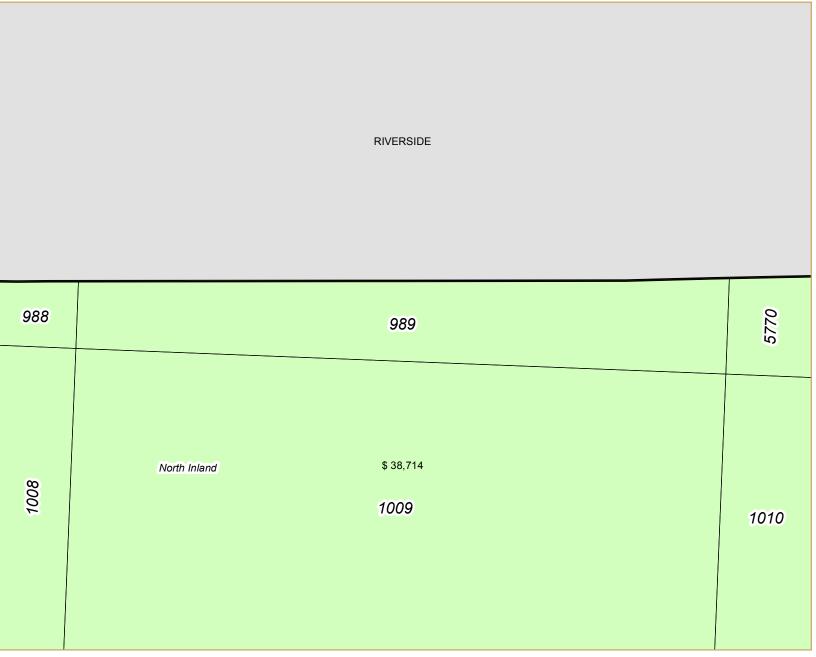
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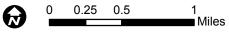




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## Grid Page 988 **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9) Grade 5, Aerobic Capacity % Not in standard, by school 0 - 20.0 60.1 - 80.0 80.1 - 100.0 2008 Median Income Estimates Region Park In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



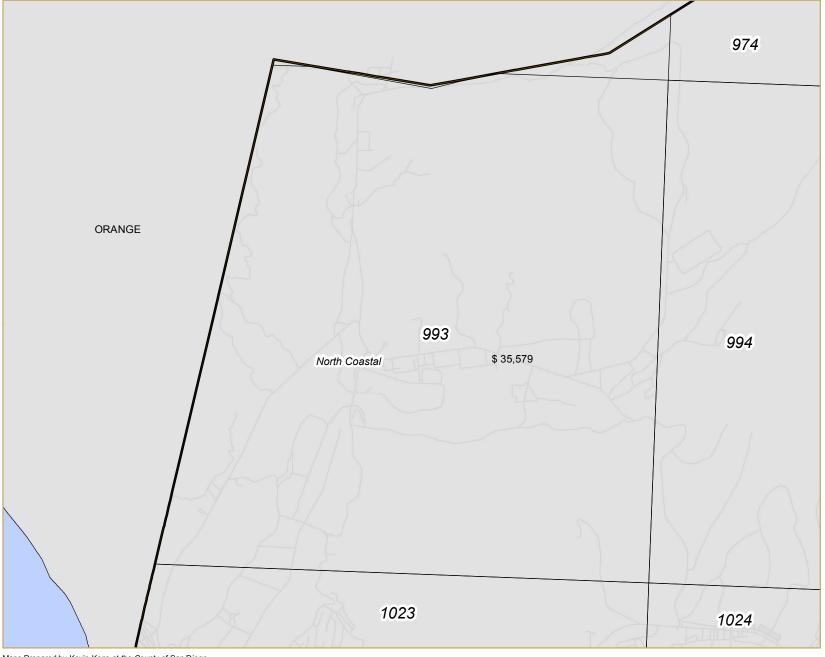
Region



Park

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Grid Page 993

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



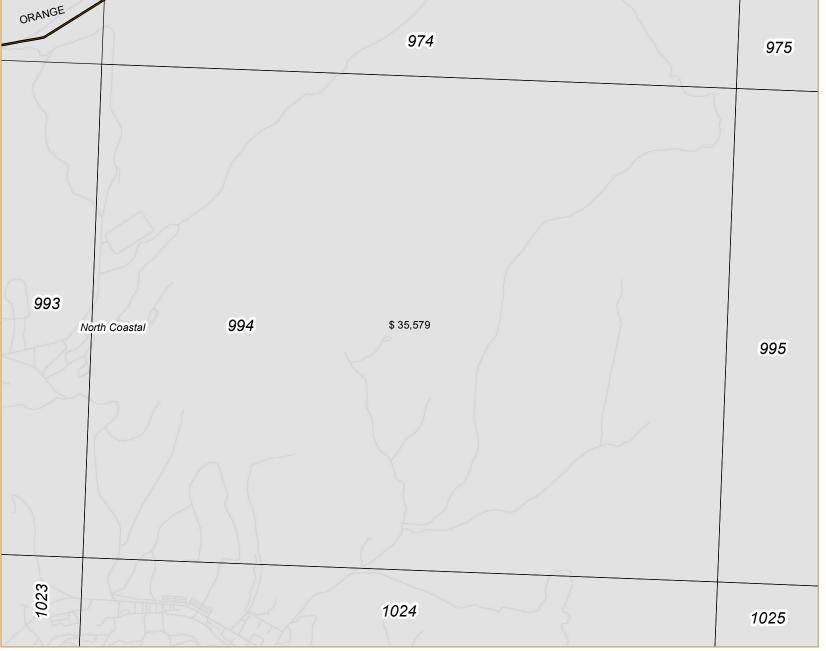
Region

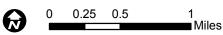


Park

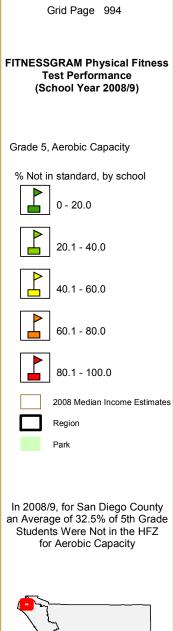
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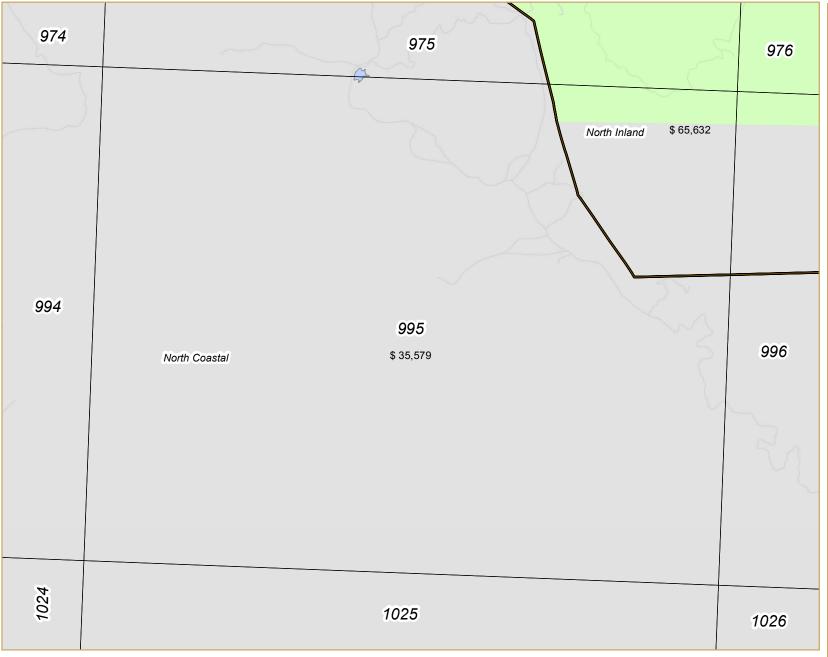






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Grid Page 995

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates

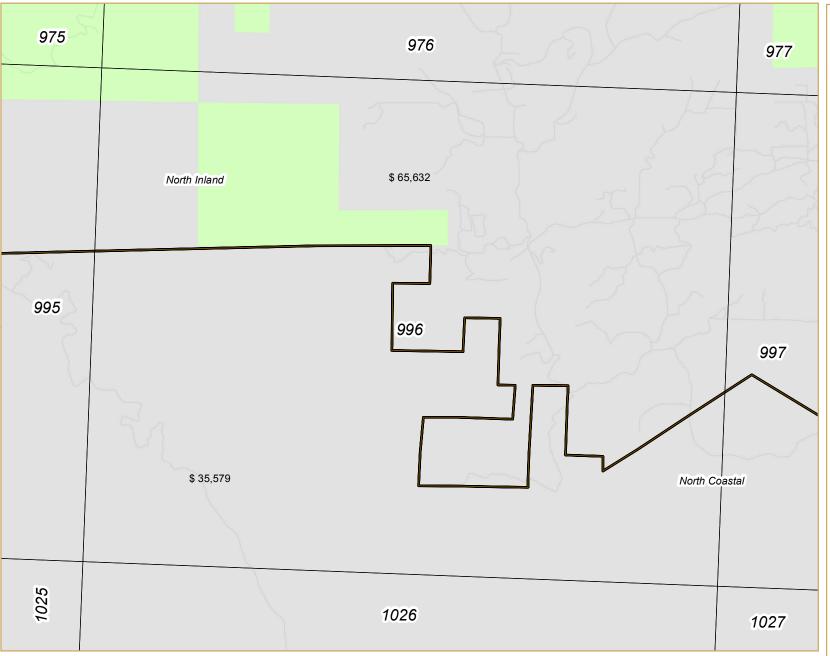


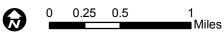
Region



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Grid Page 996

#### FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0





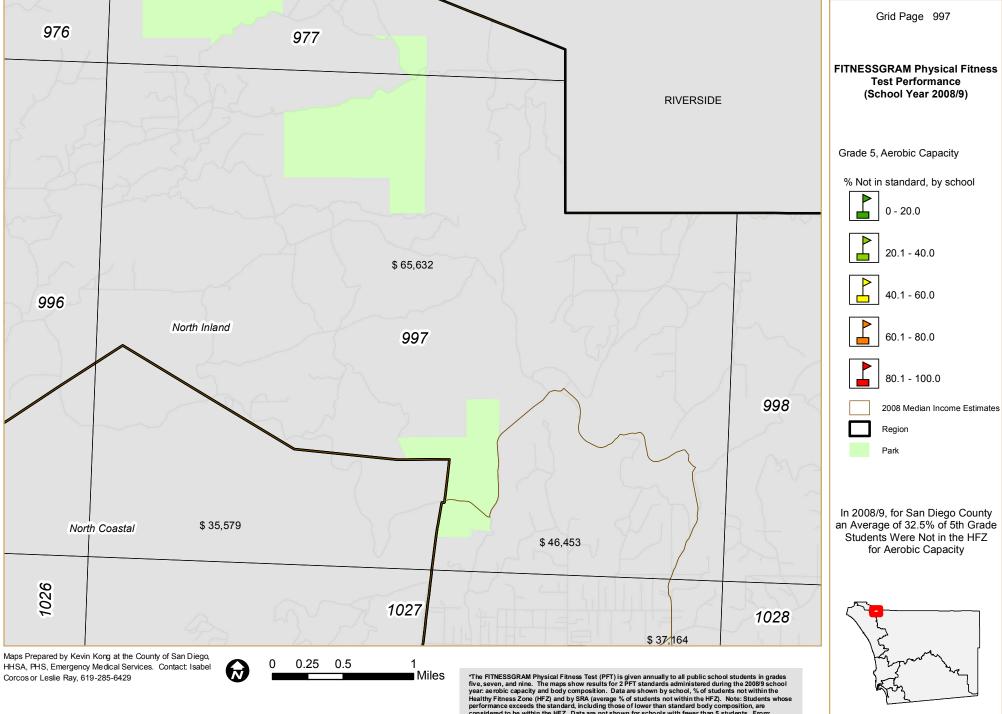
Region



Park

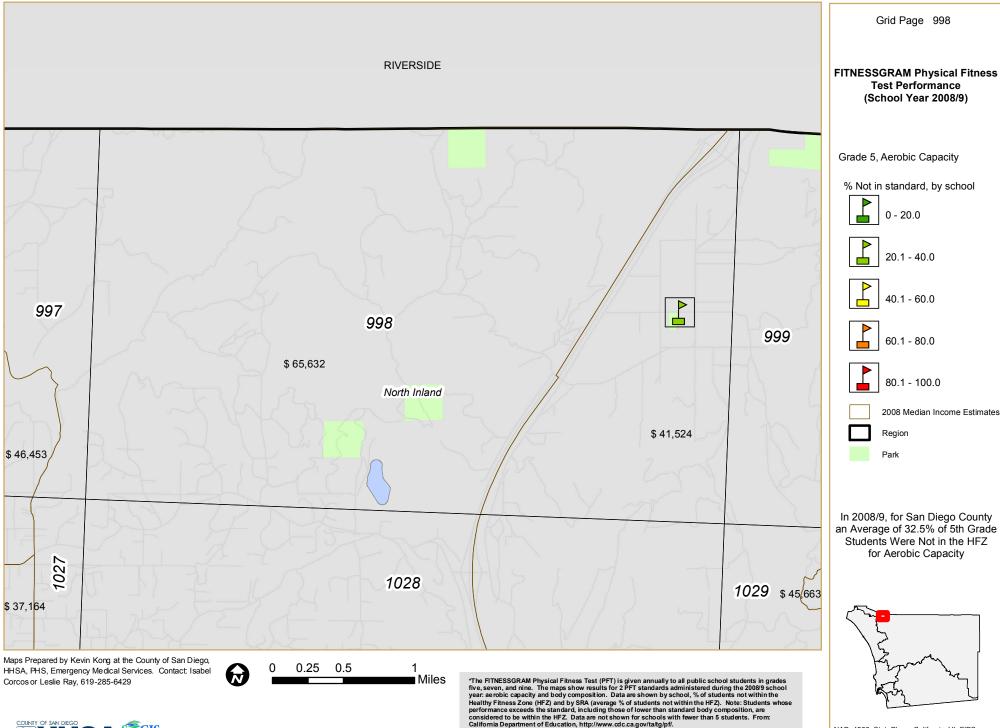
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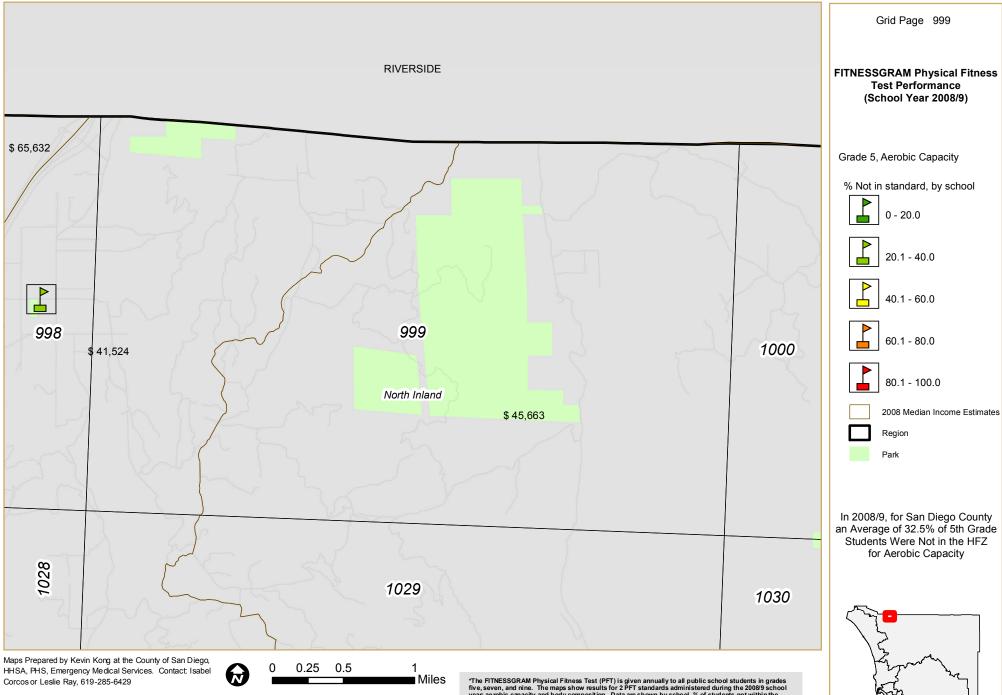
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**Test Performance** (School Year 2008/9) Grade 5, Aerobic Capacity % Not in standard, by school 0 - 20.0 20.1 - 40.0 60.1 - 80.0 80.1 - 100.0 2008 Median Income Estimates Region Park In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity NAD\_1983\_StatePlane\_California\_VI\_FIPS \_0406\_Feet, D\_North\_American\_1983, Foot\_US

Grid Page 998

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#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school

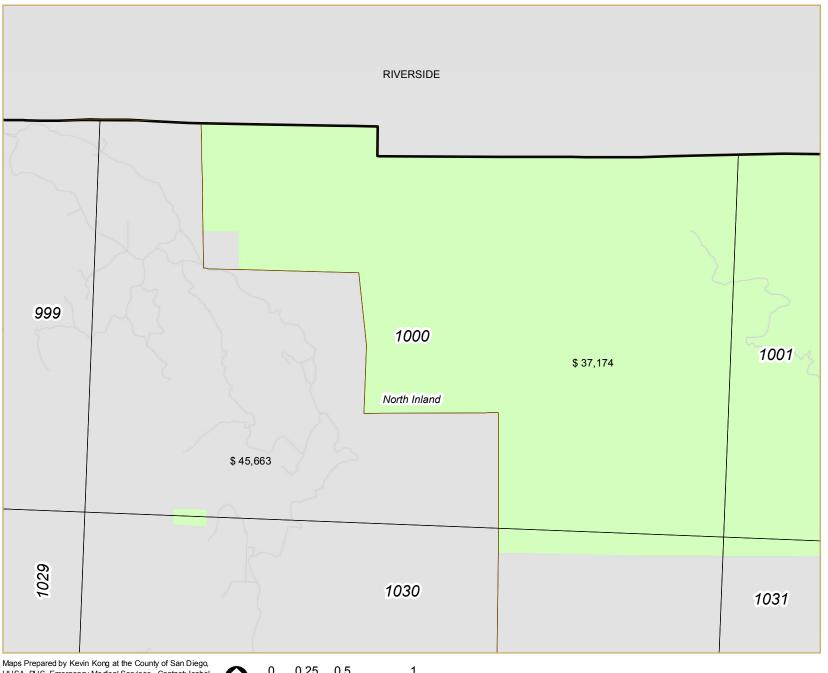
0 - 20.0

60.1 - 80.0

80.1 - 100.0

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429



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Grid Page 1000

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



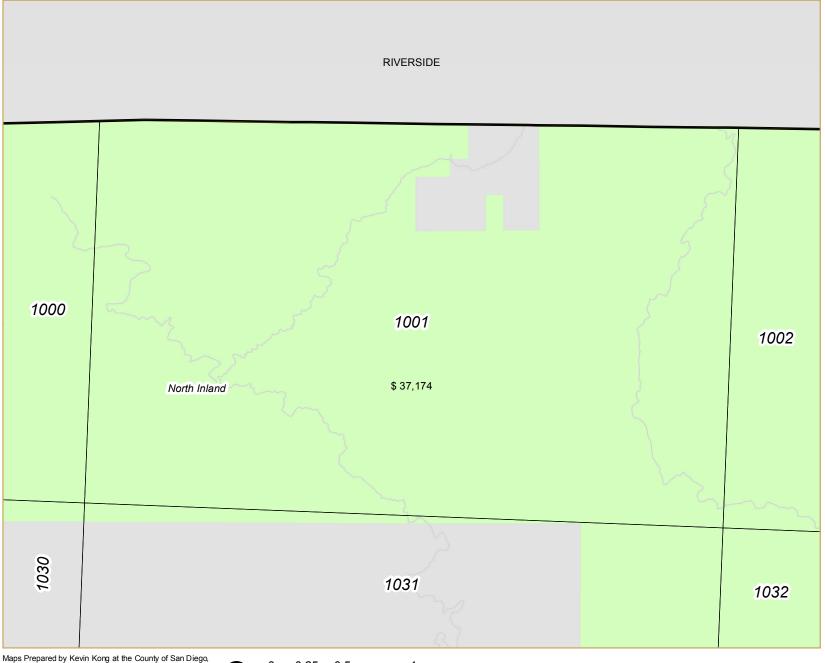
Region



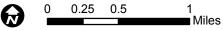
Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





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Grid Page 1001

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0









60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



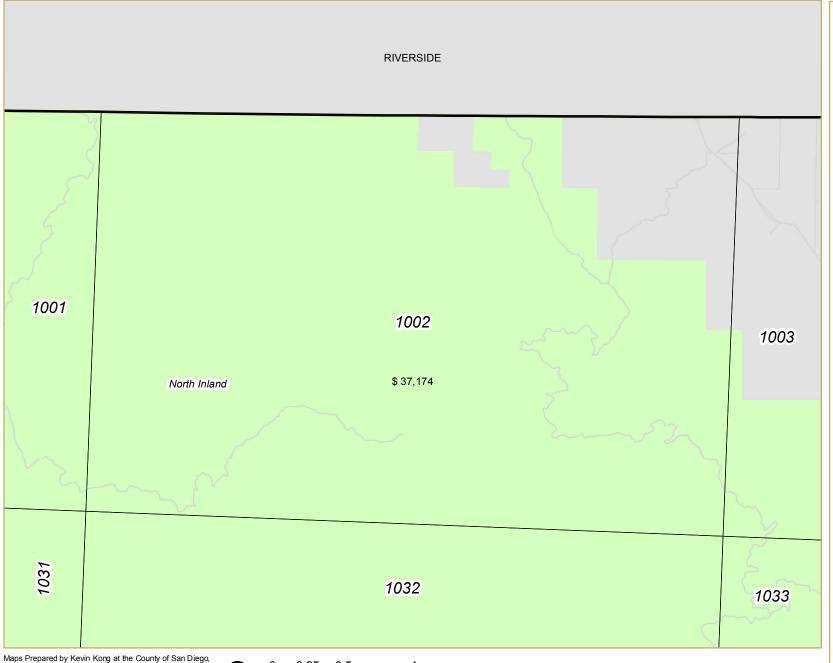
Region



Park

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Grid Page 1002

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0





2008 Median Income Estimates



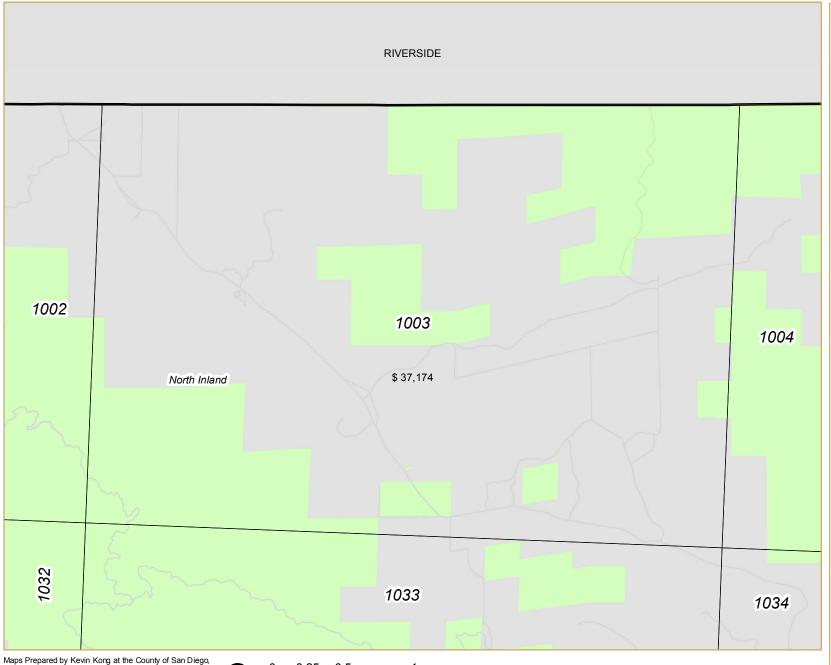
Region



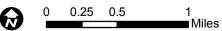
Park

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Grid Page 1003

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0









60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



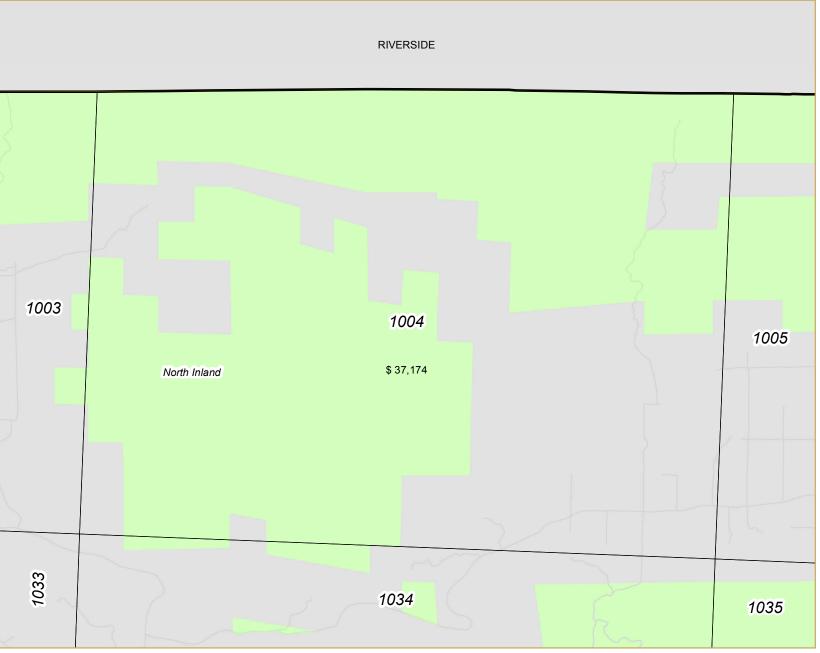
Region

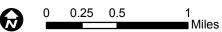


Park

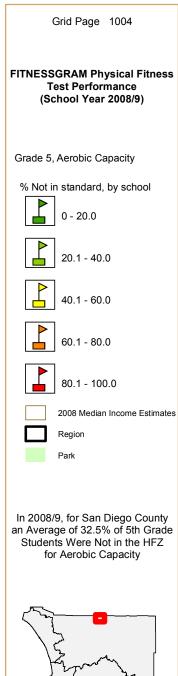
In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity

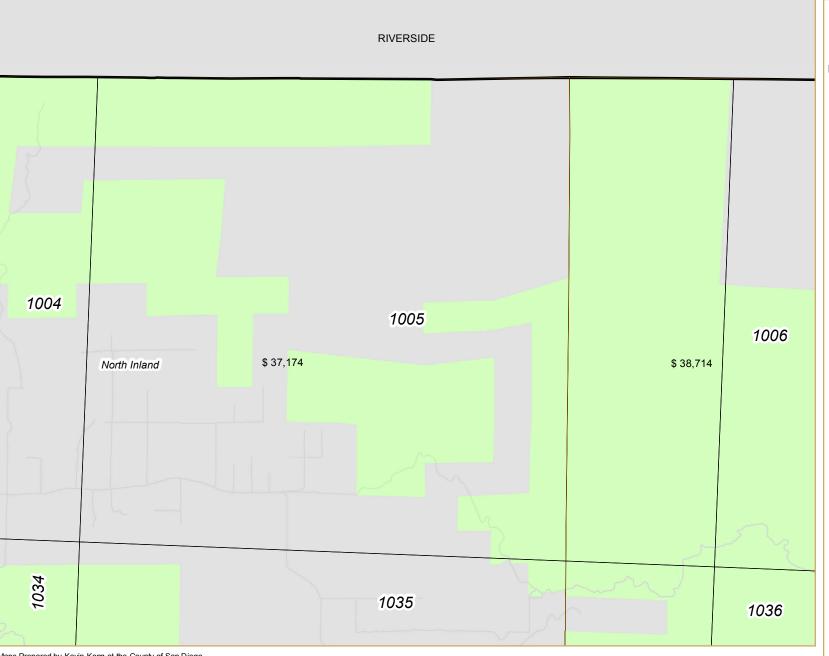






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#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.4 40



10.1 60.0



60.1 - 80.0



80.1 - 100.0



00.1 - 100.0



2008 Median Income Estimates



Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0









60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

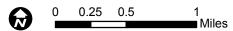


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity



RIVERSIDE		
1006	1007 North Inland \$ 38,714	988
1036	1037	1038





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Grid Page 1007

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0









80.1 - 100.0



2008 Median Income Estimates



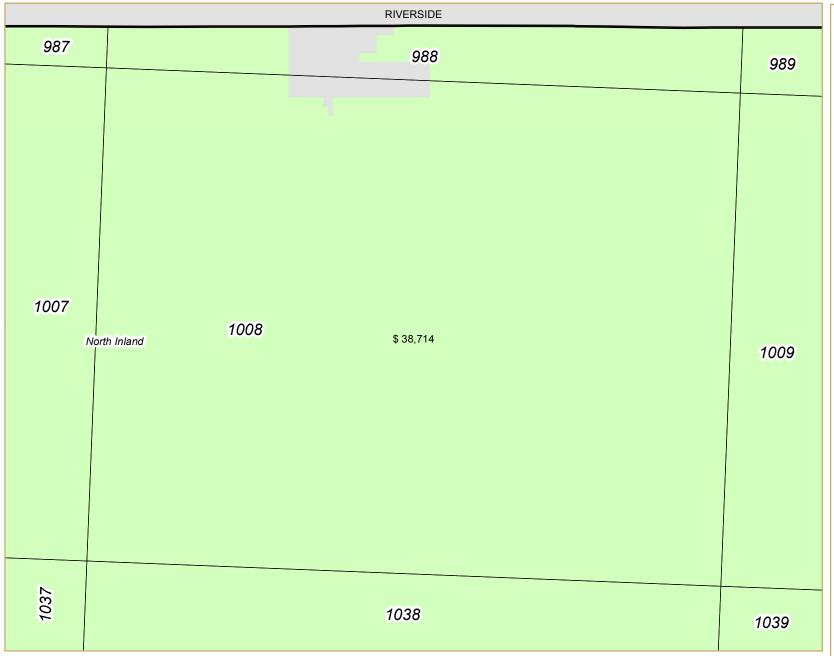
Region

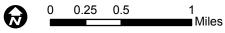


Park

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Grid Page 1008

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 40



40.4.00.4



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



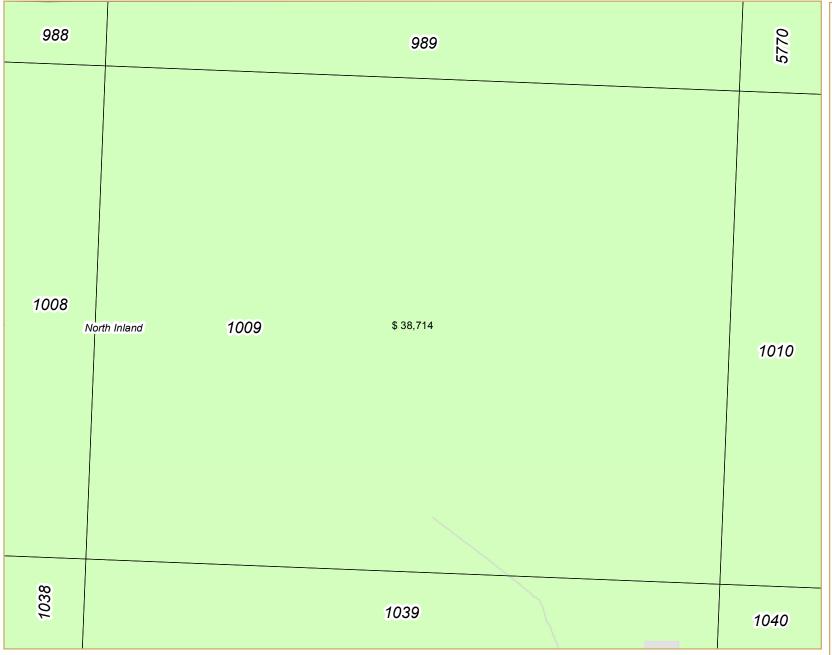
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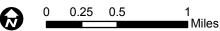


Park

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Grid Page 1009

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40 (



10.1 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



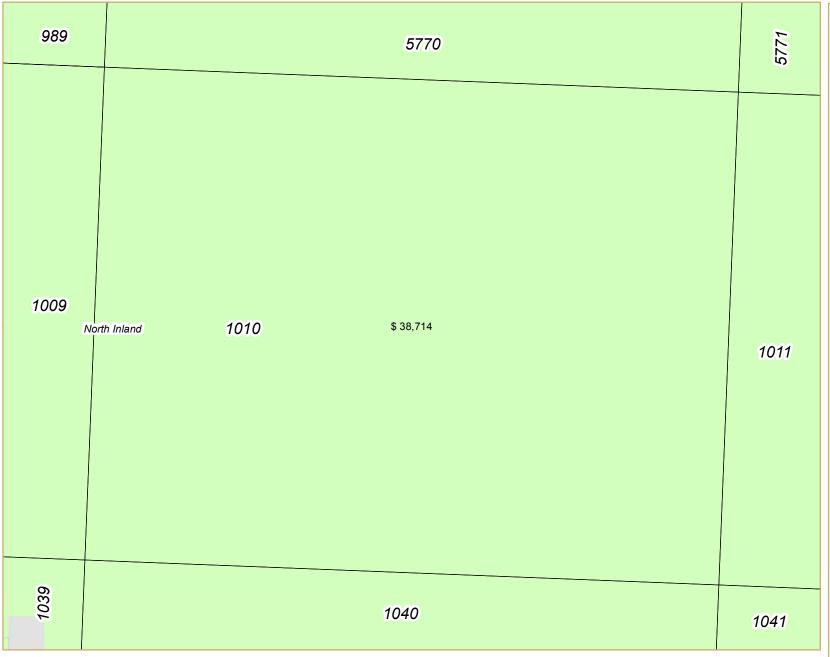
Region

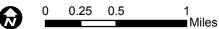


Park

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Grid Page 1010

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



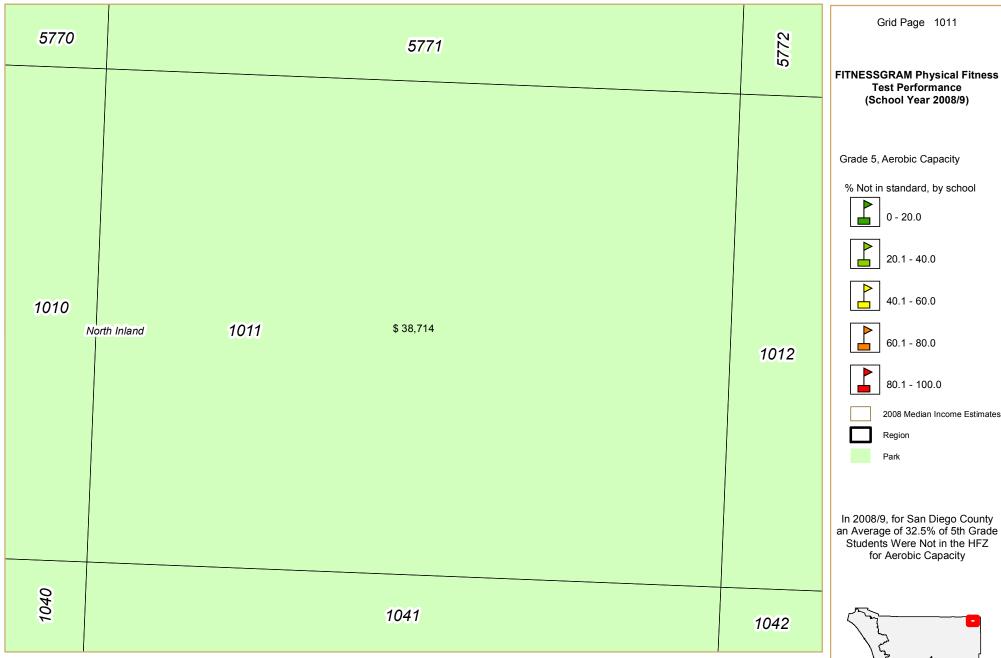
Region

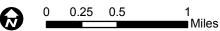


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% Not in standard, by school

Grid Page 1011

**Test Performance** (School Year 2008/9)



0 - 20.0

Grade 5, Aerobic Capacity





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0





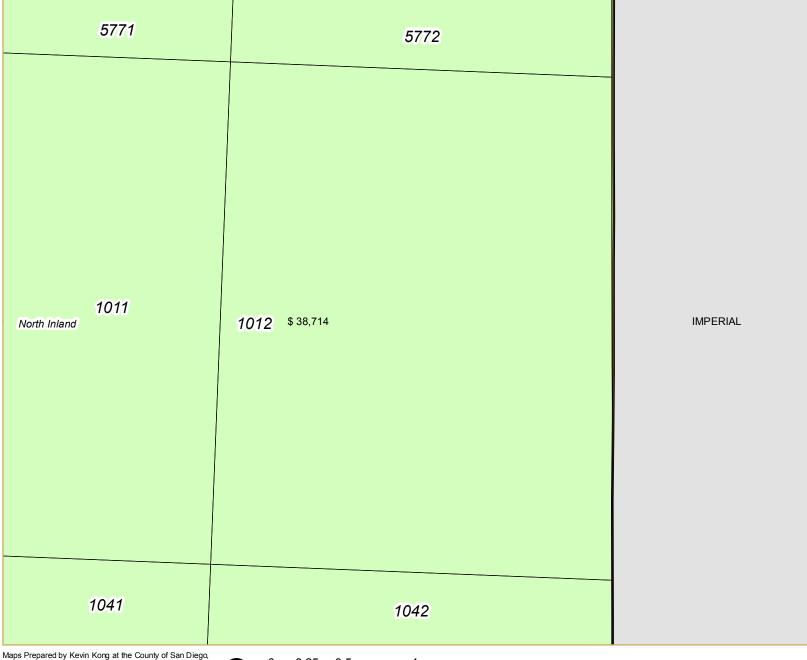
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429

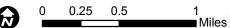




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Grid Page 1012 **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9) Grade 5, Aerobic Capacity % Not in standard, by school 0 - 20.0 60.1 - 80.0 80.1 - 100.0 2008 Median Income Estimates Region In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





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## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40 0



40 1 - 60 0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



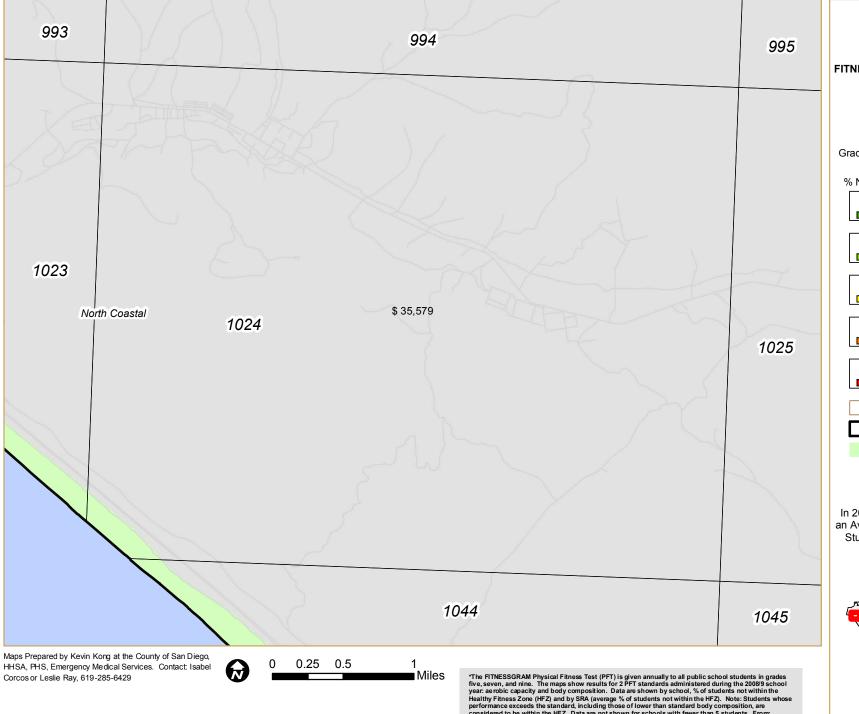
Region



Park

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considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.

Grid Page 1024

## FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



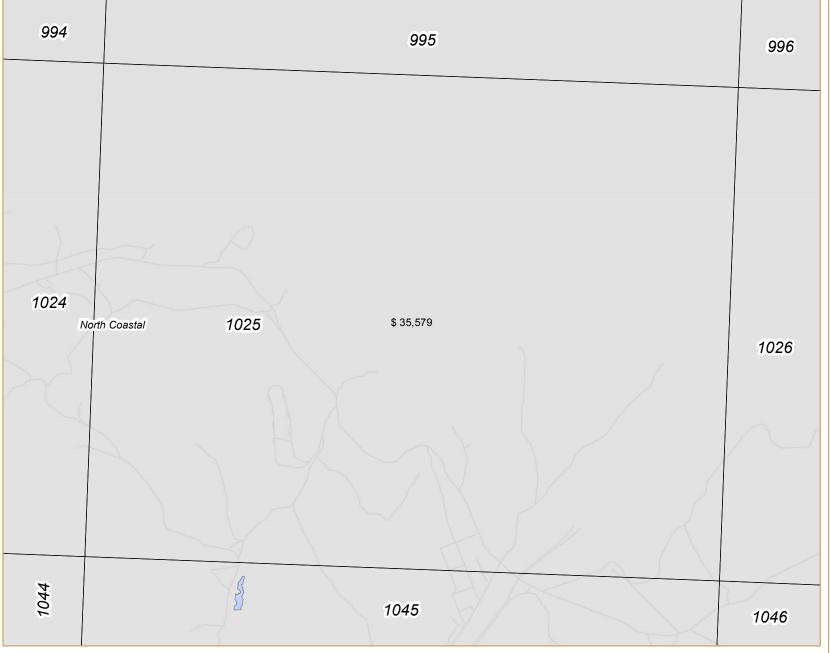
Region

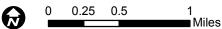


Park

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Grid Page 1025

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



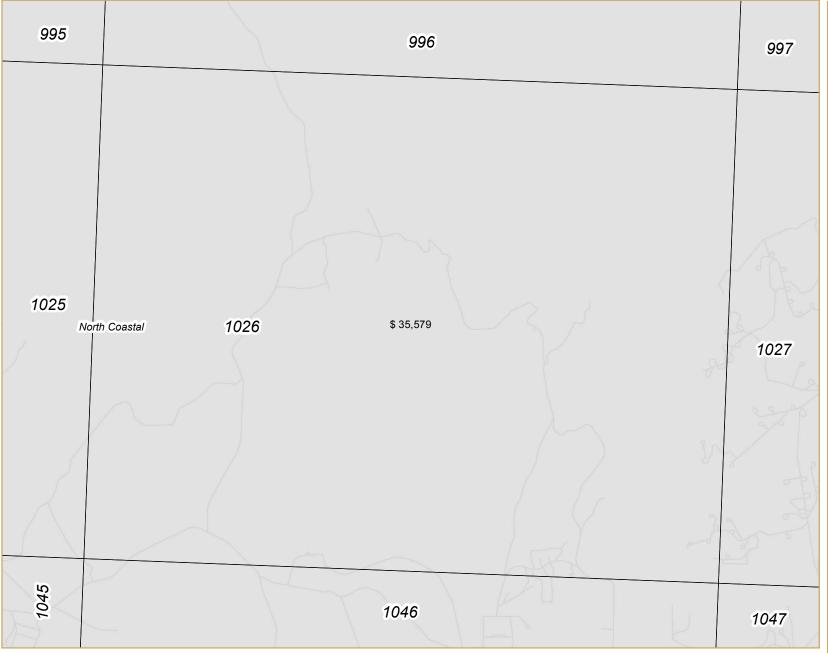
Region

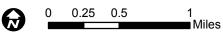


Park

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Grid Page 1026

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0

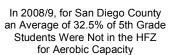


2008 Median Income Estimates

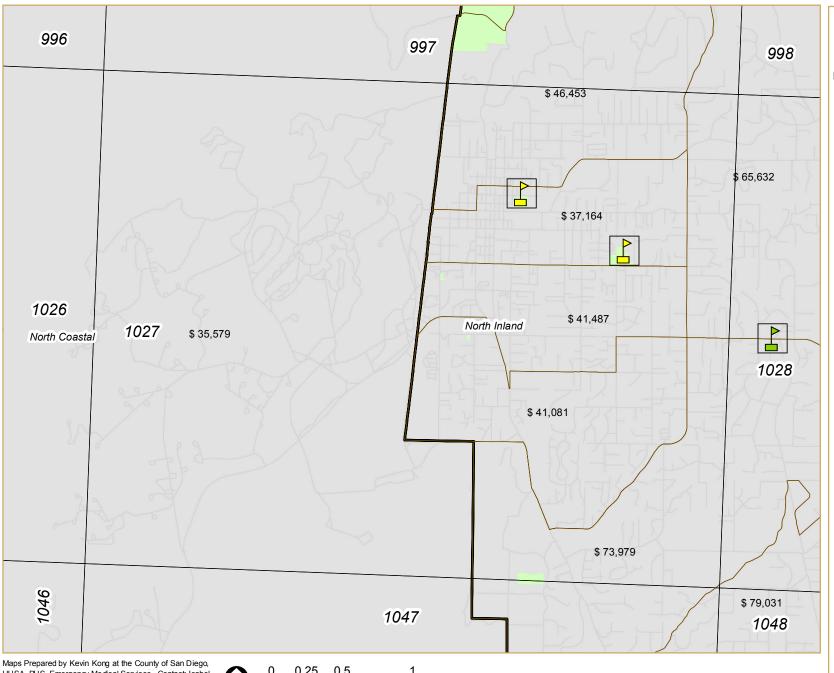


Region









HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429



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## FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0





60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



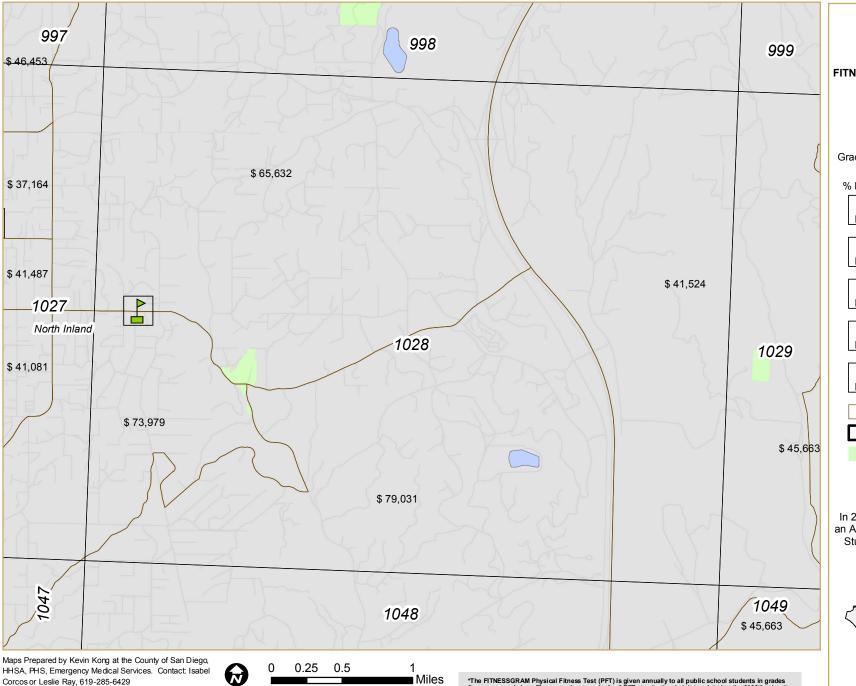
Region



Park

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### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



00.1 - 100.0



2008 Median Income Estimates



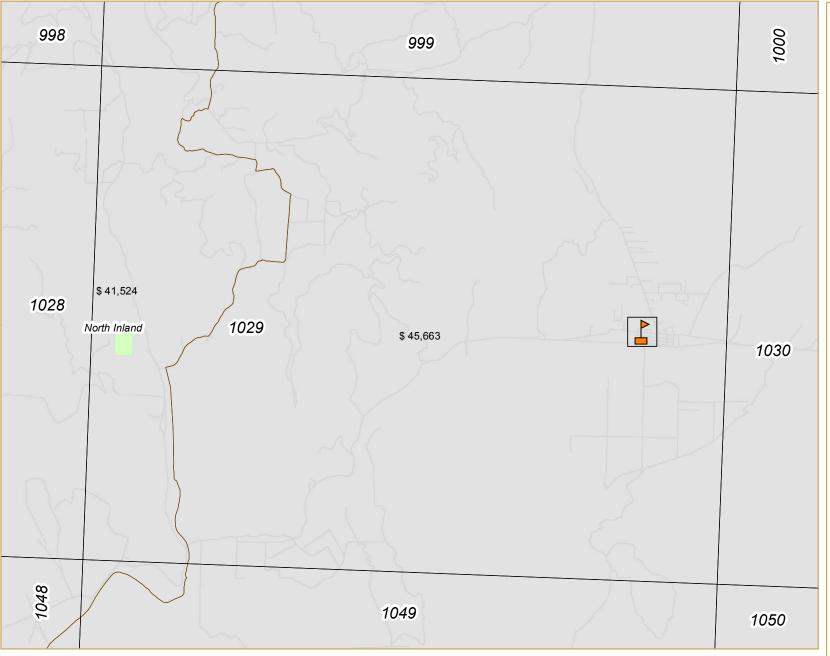
Region

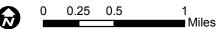


Park

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Grid Page 1029

## **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



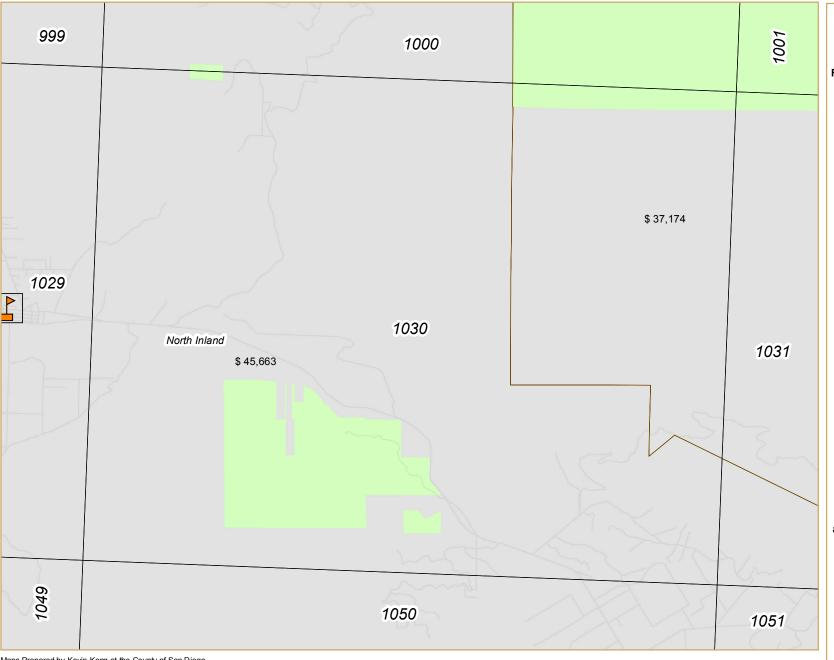
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







"The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SRA (average % of students not within the HFZ). Note: Standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.



Grid Page 1030

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0









60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



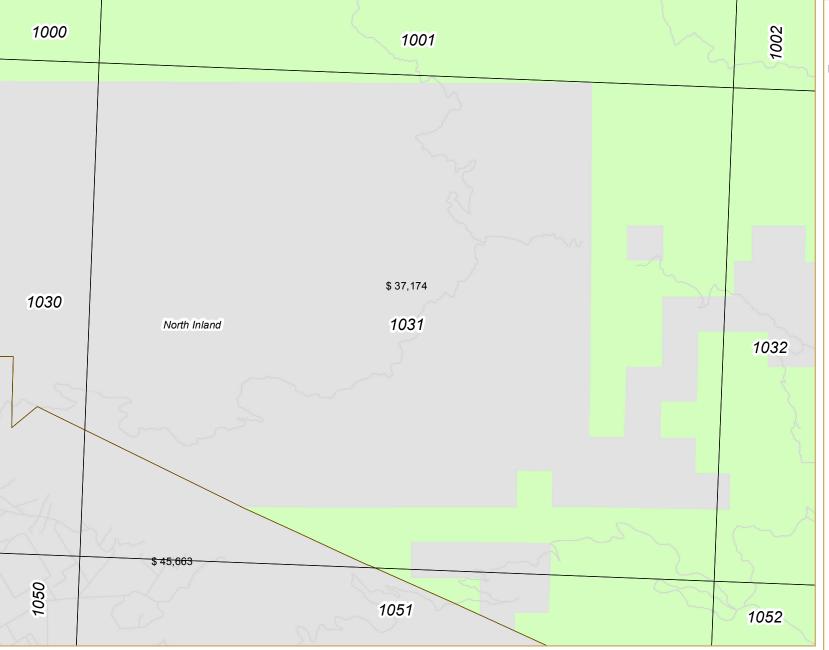
Region



Park

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Grid Page 1031

# FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





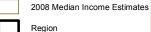


60.1 - 80.0



80.1 - 100.0





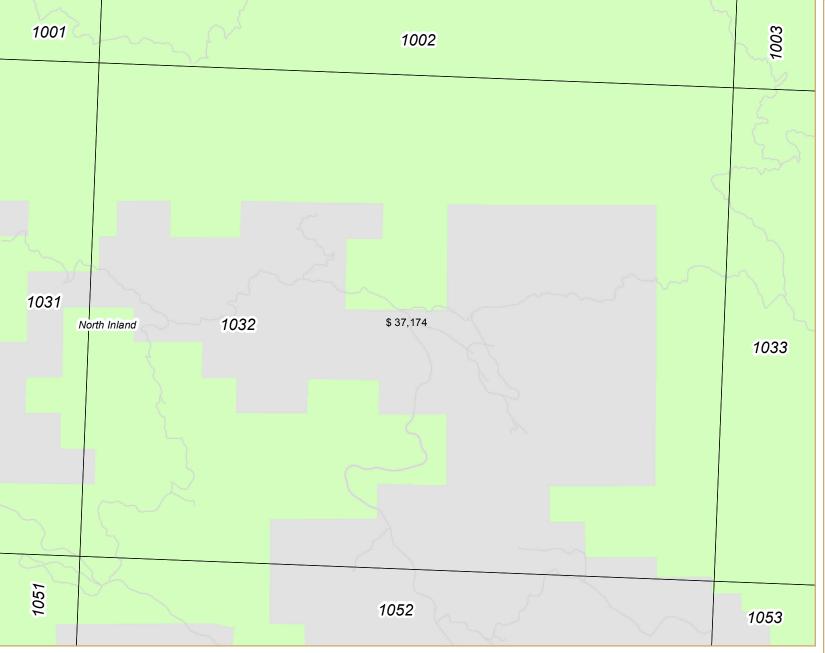
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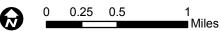


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Grid Page 1032

## **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





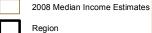


60.1 - 80.0



80.1 - 100.0





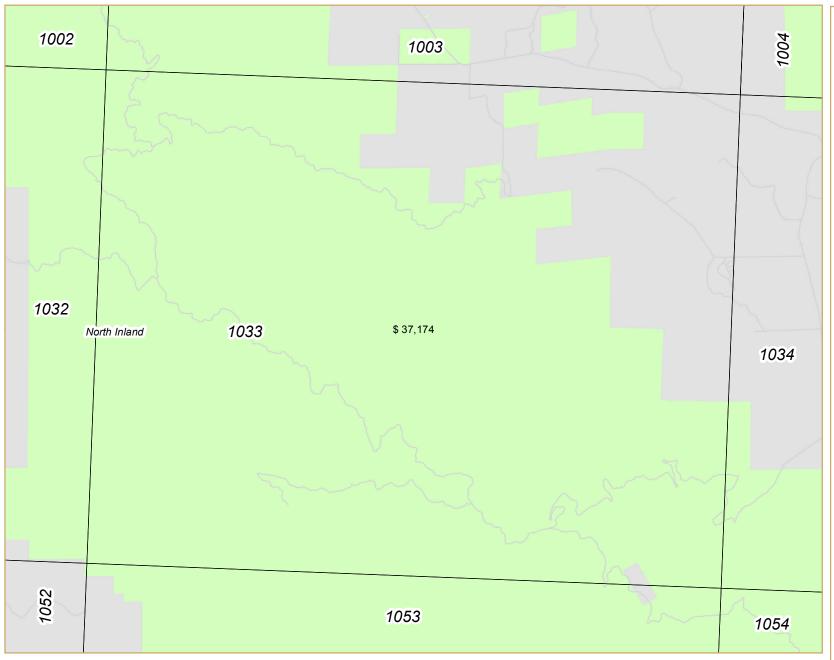
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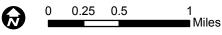


Park

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Grid Page 1033

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



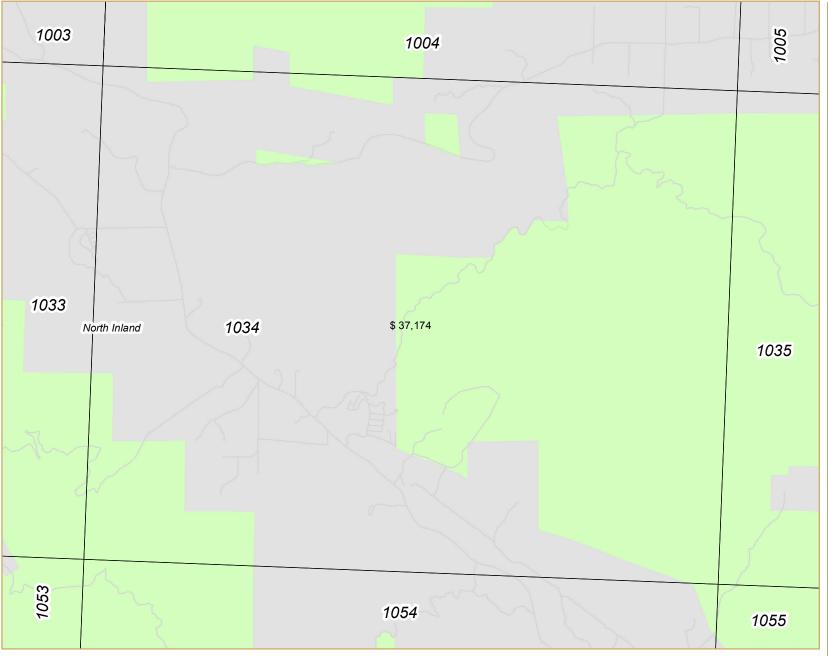
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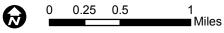


Park

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Grid Page 1034

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.1



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



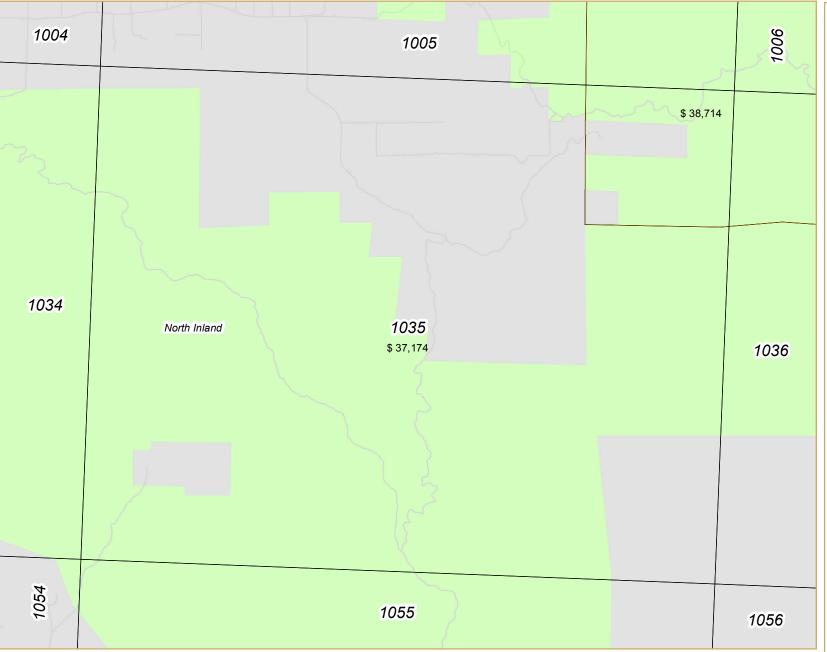
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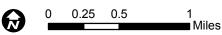


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Grid Page 1035

## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



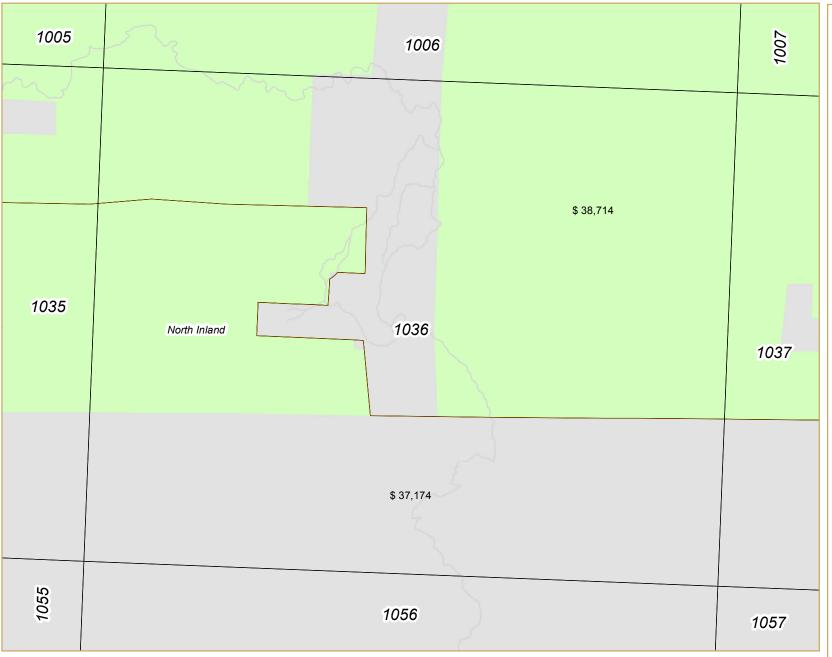
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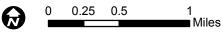


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#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



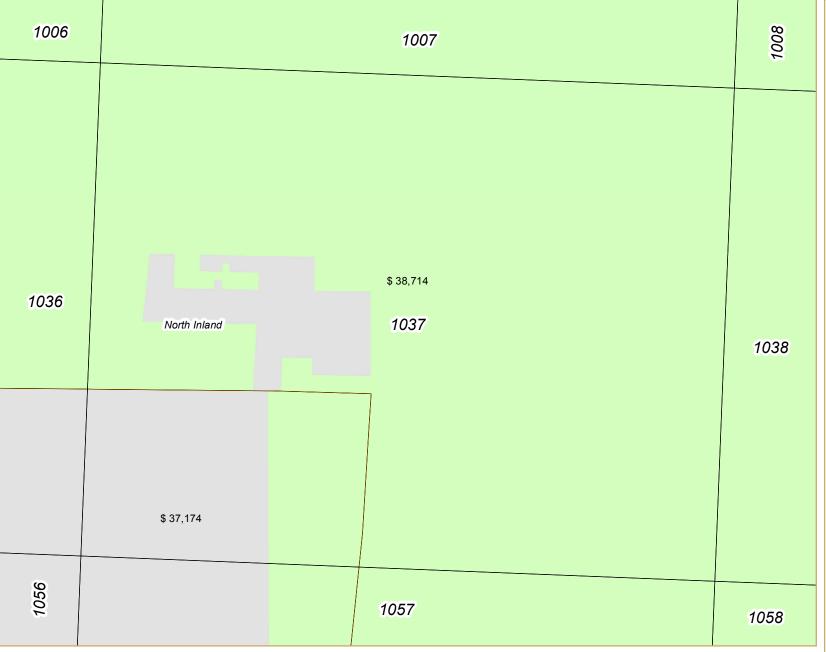
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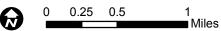


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#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



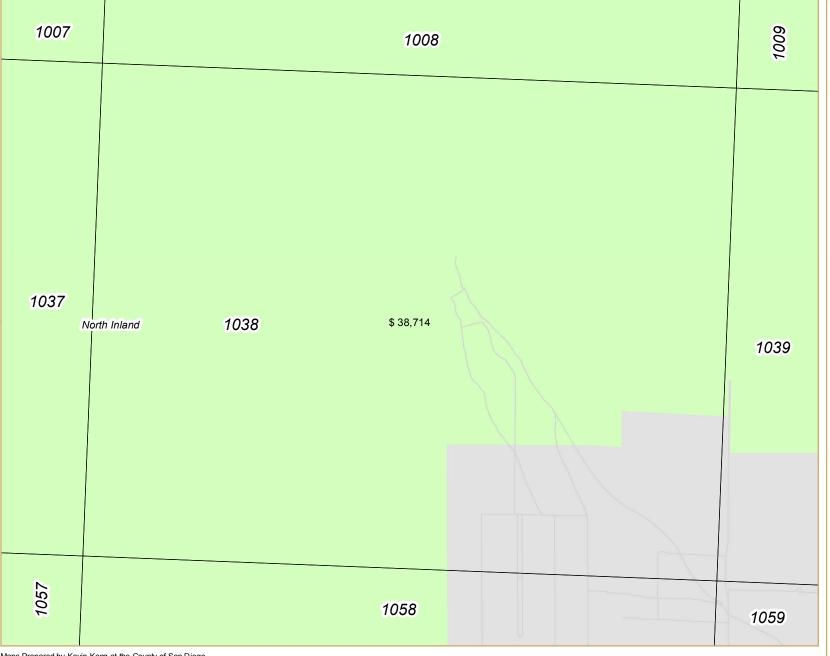
Region



Park

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Grid Page 1038

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.1



40 1 - 60 C



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



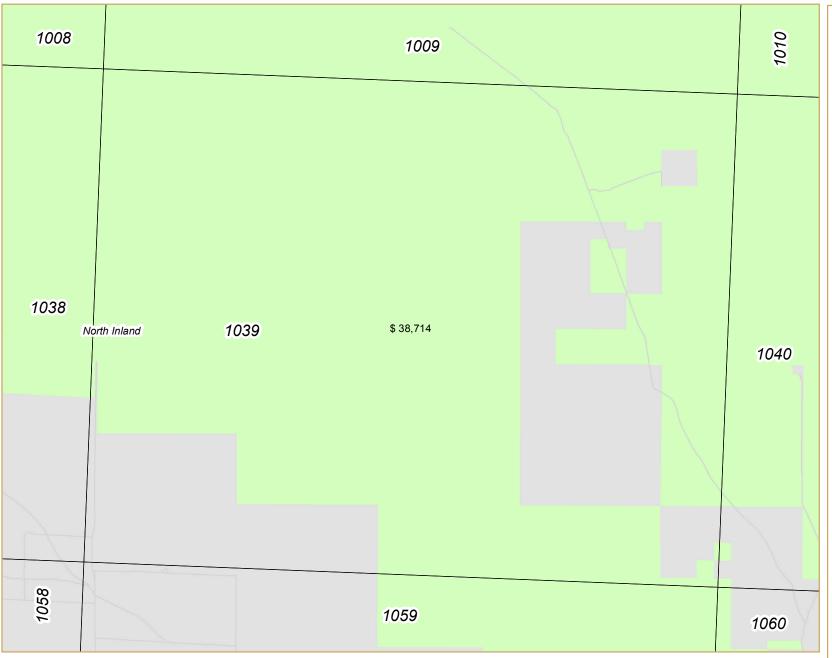
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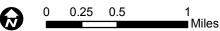


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Grid Page 1039

## **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



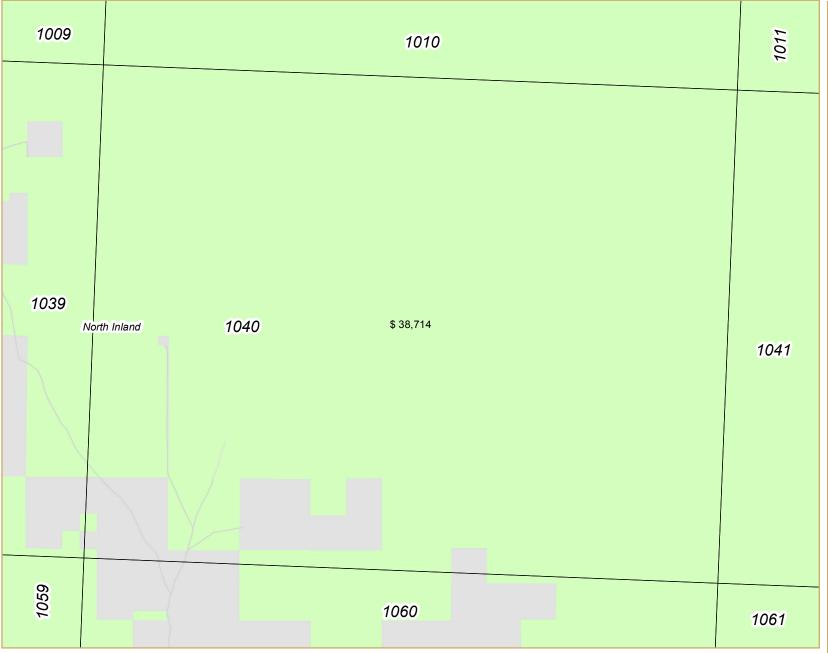
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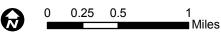


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#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



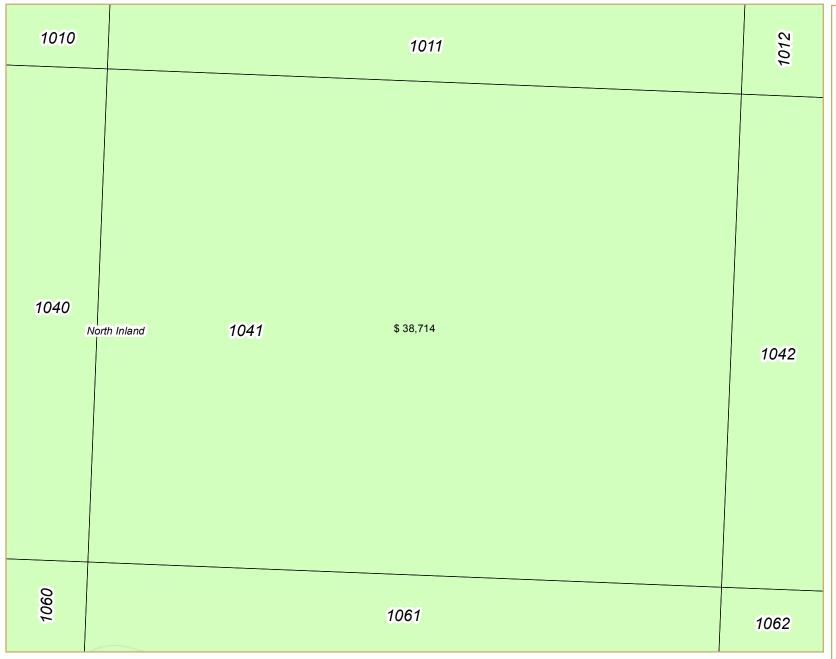
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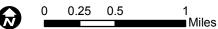


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Grid Page 1041

### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



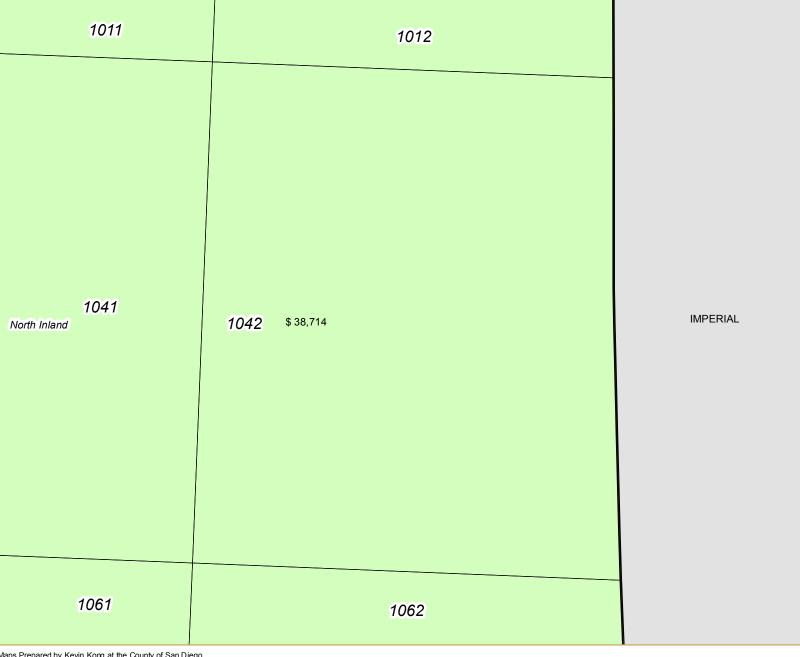
Region



Park

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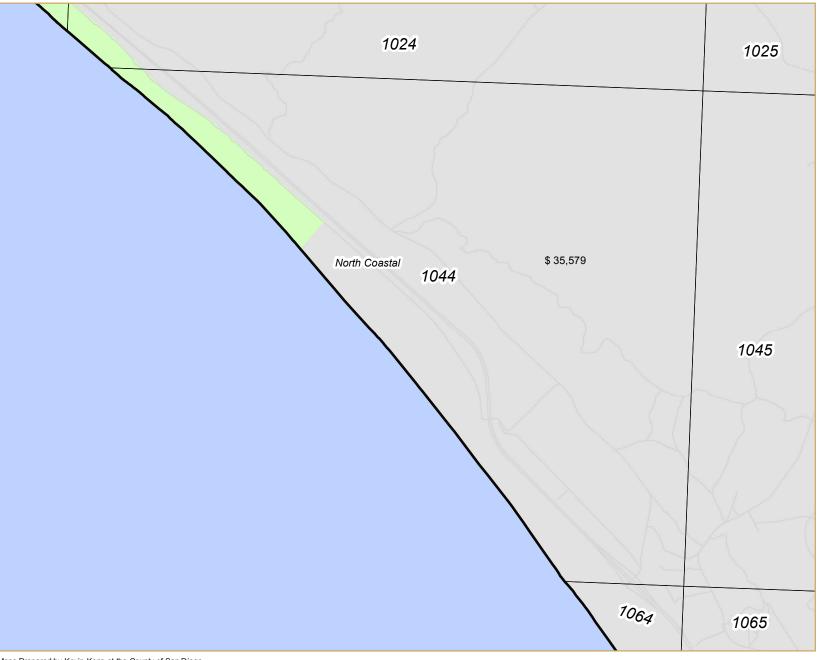


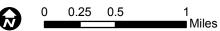
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Grid Page 1042 **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9) Grade 5, Aerobic Capacity % Not in standard, by school 0 - 20.0 60.1 - 80.0 80.1 - 100.0 2008 Median Income Estimates Region

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity

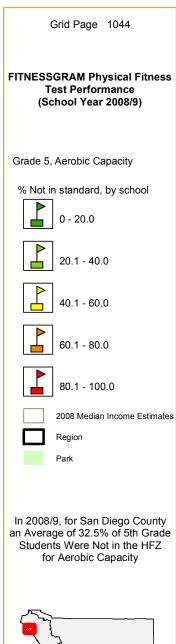




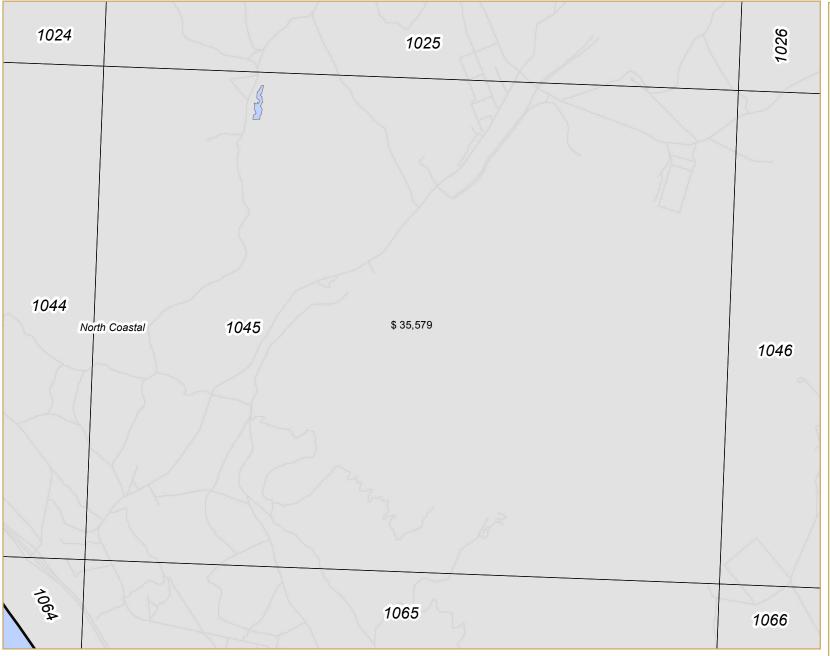


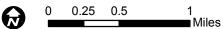
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NAD\_1983\_StatePlane\_California\_VI\_FIPS \_0406\_Feet, D\_North\_American\_1983, Foot\_US





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Grid Page 1045

## **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



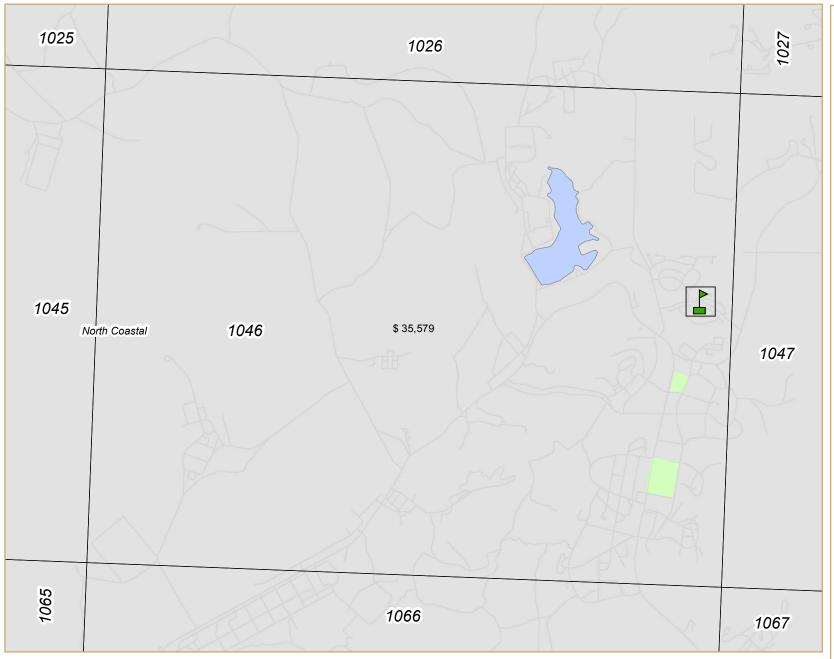
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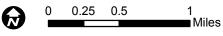


Park

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Grid Page 1046

## **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



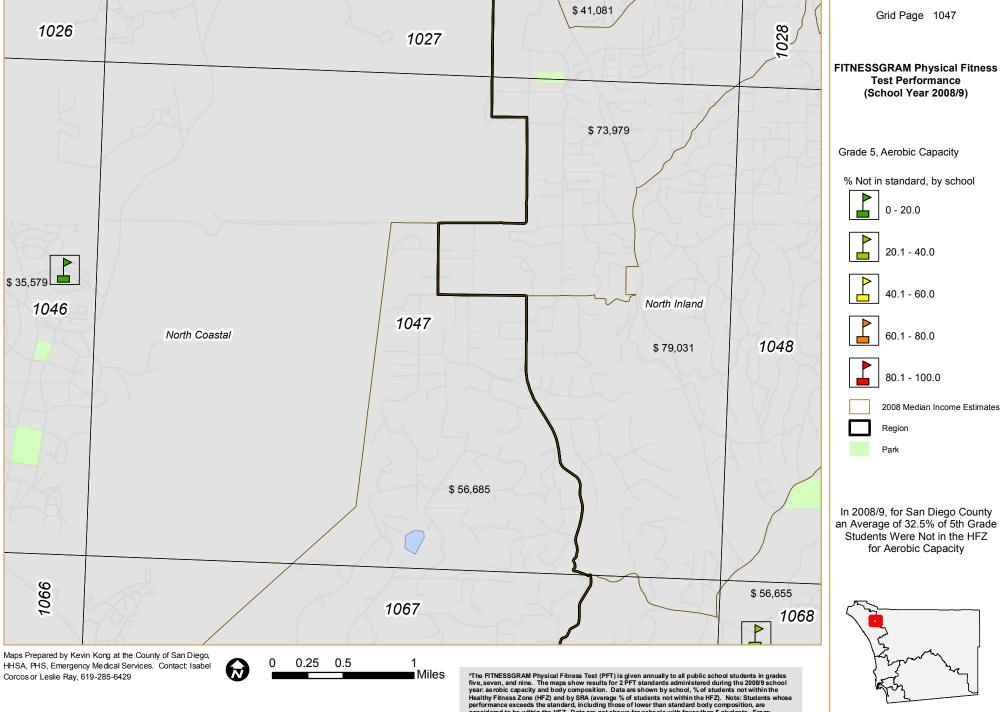
Region



Park

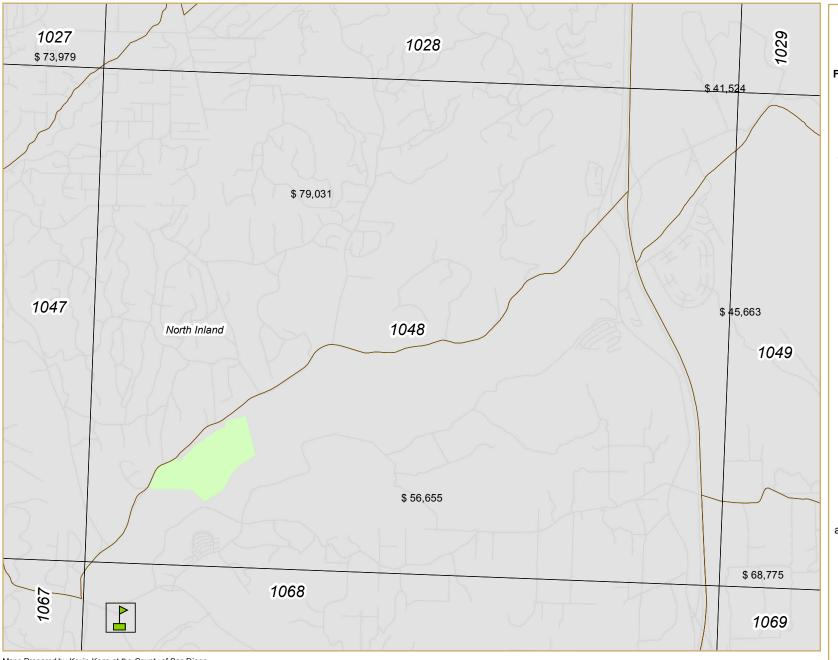
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### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



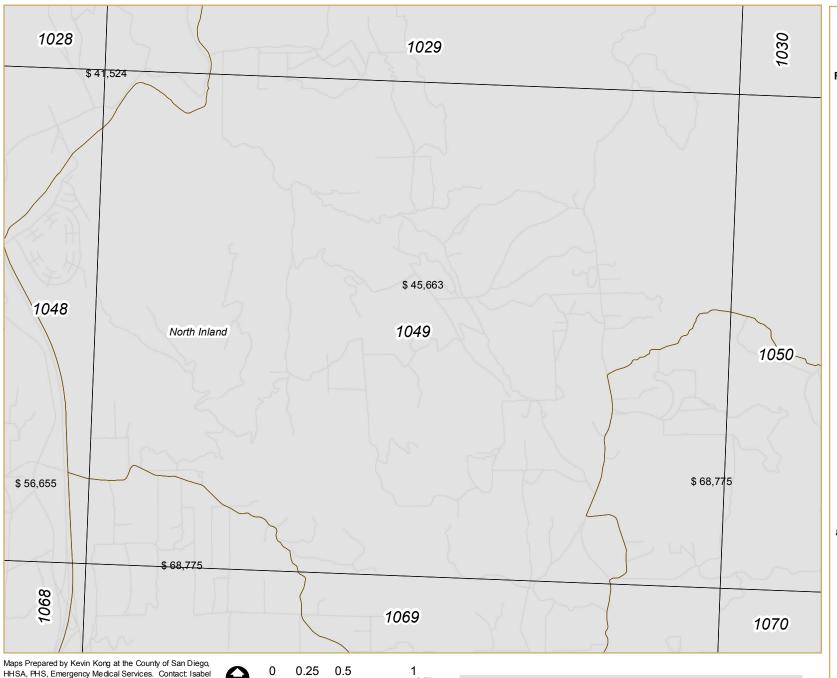
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





■ Miles



Corcos or Leslie Ray, 619-285-6429

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Grid Page 1049

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



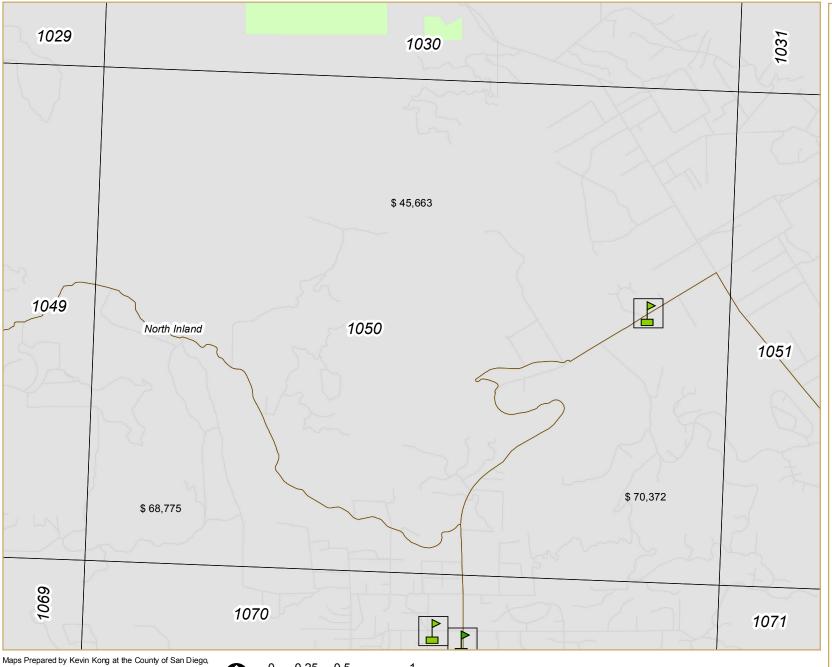
Region



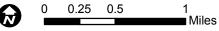
Park

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HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429



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## **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



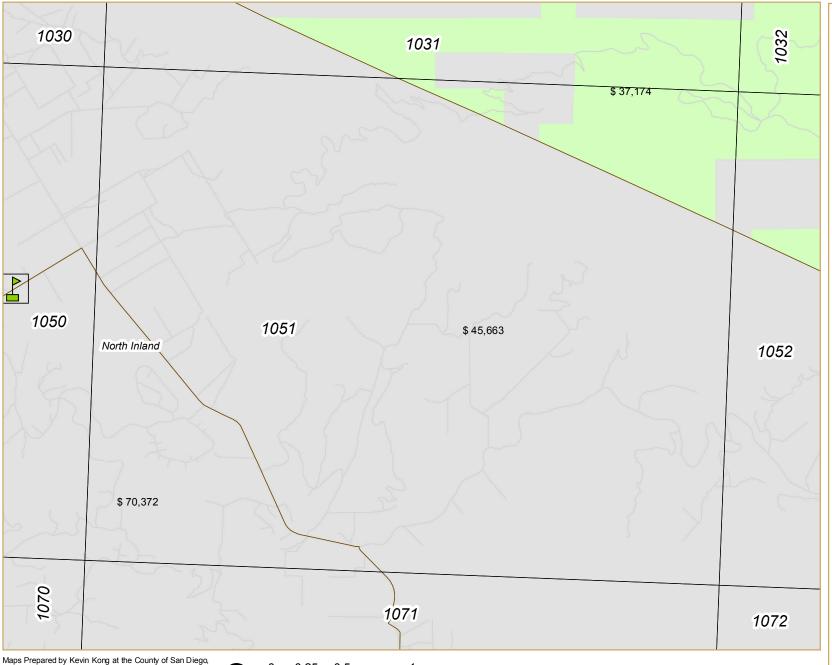
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







"The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HE7) and by SRA (average % of students on within the HE7. Note: Students whose performance exceeds the standard, including those of lower than standard body composition, are considered to be within the HE7. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/tatg/pf/.



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Grid Page 1051

## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



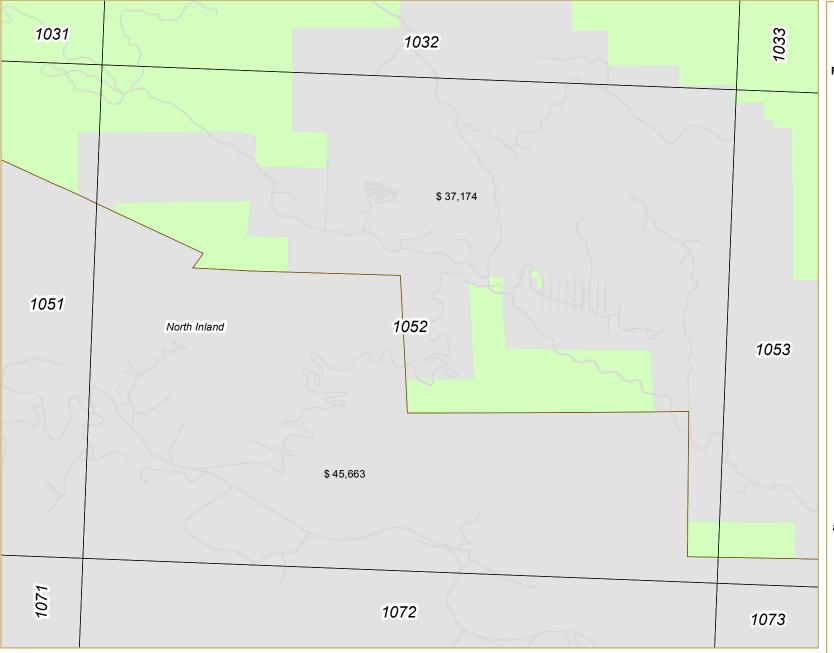
Region

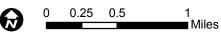


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







"The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SRA (average % of students not within the HFZ). Note: Standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.



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Grid Page 1052

## FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

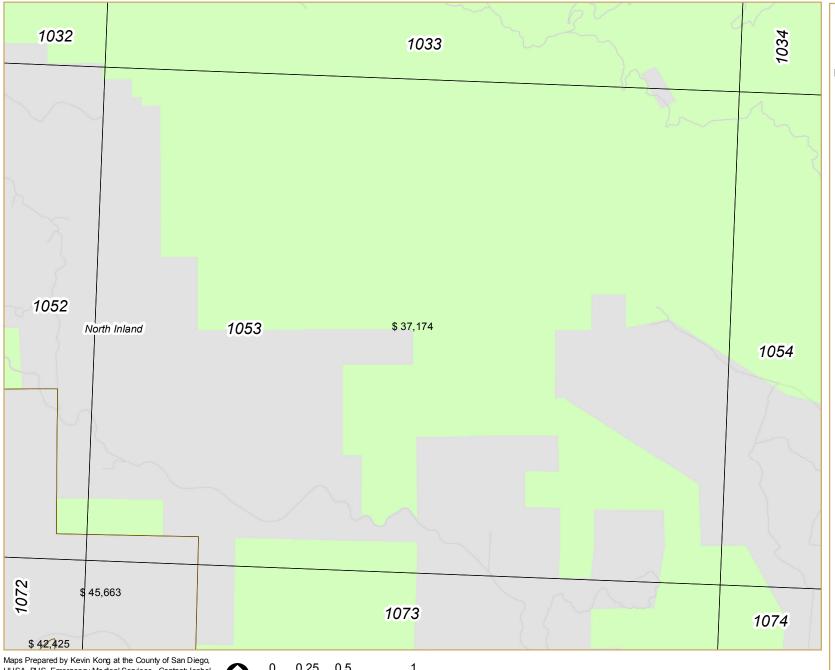


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ

for Aerobic Capacity







\*The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SRA (average % of students not within the HFZ). Note: Students whose performance exceeds the standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tgp/fa.



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Grid Page 1053

FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40 1 - 60 0



60.1 - 80.0



80.1 - 100.0

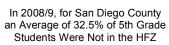




2008 Median Income Estimates

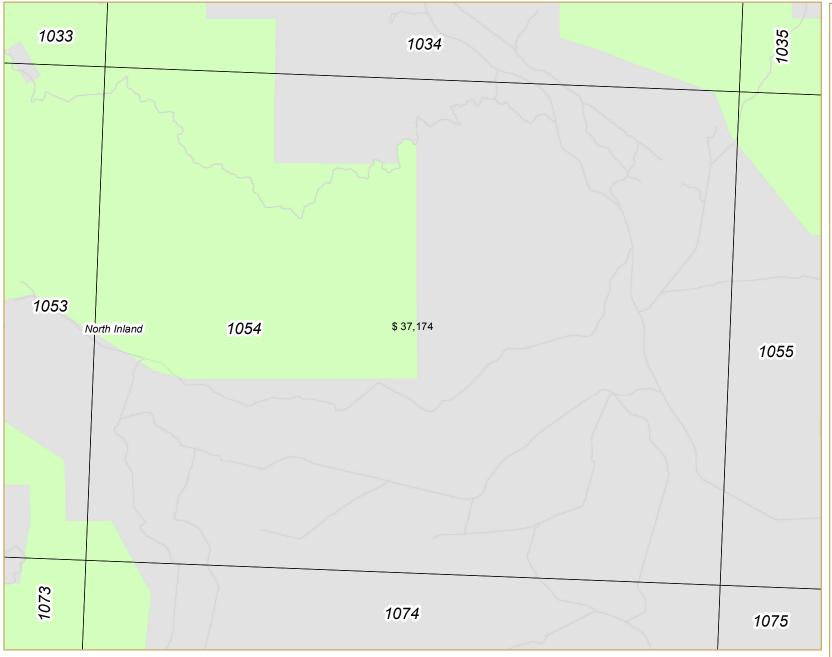


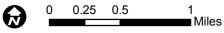
Region Park



for Aerobic Capacity







"The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year, aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SRA (average % of students not within the HFZ). Note: Students whose performance exceeds the standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/tatgpfn/.



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Grid Page 1054

## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



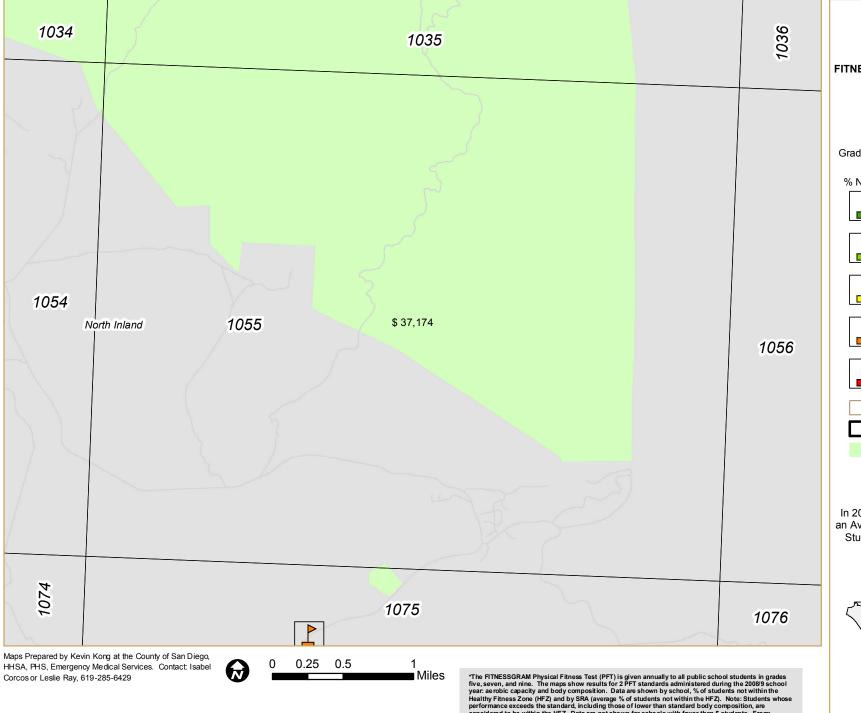
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.



Grid Page 1055

## **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



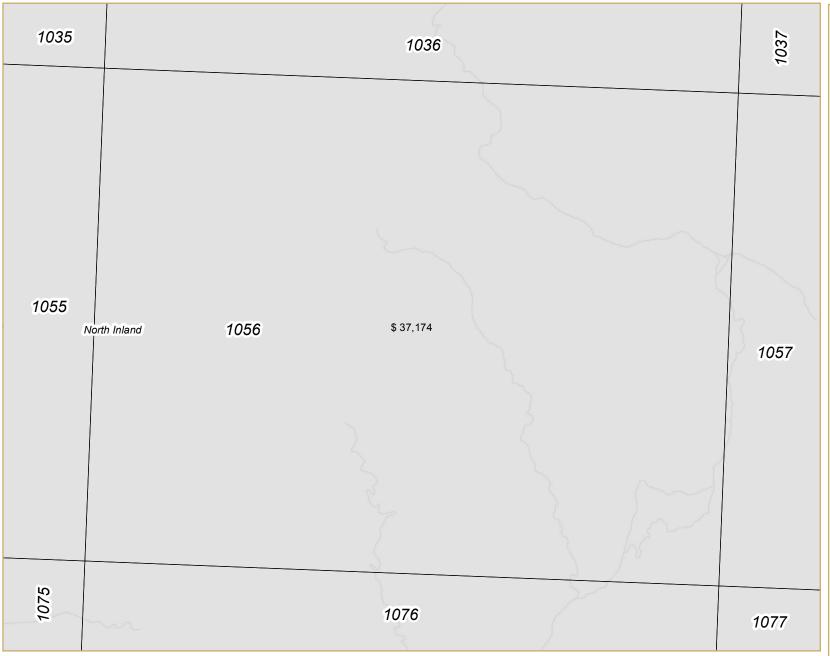
Region

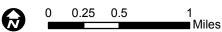


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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Grid Page 1056

## FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates

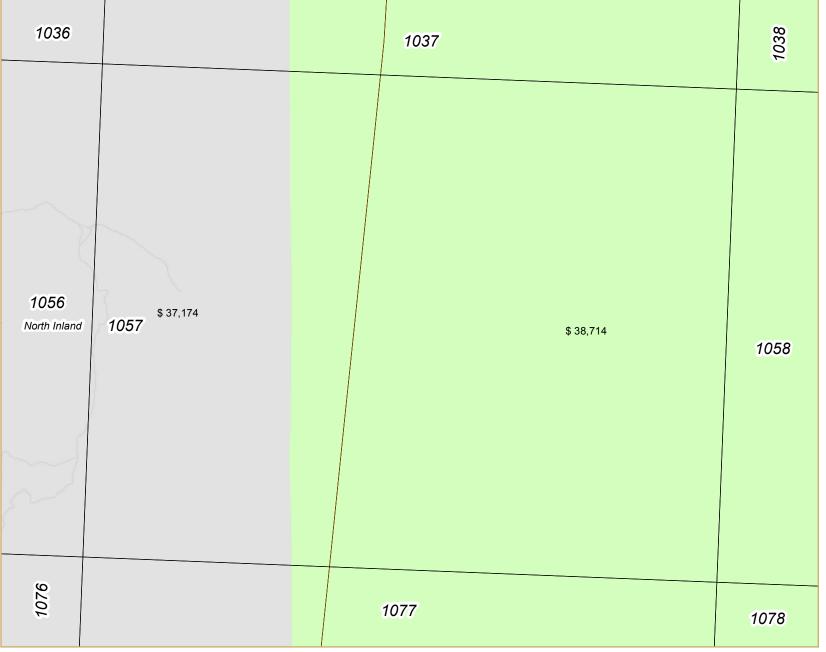


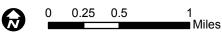
Region



In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





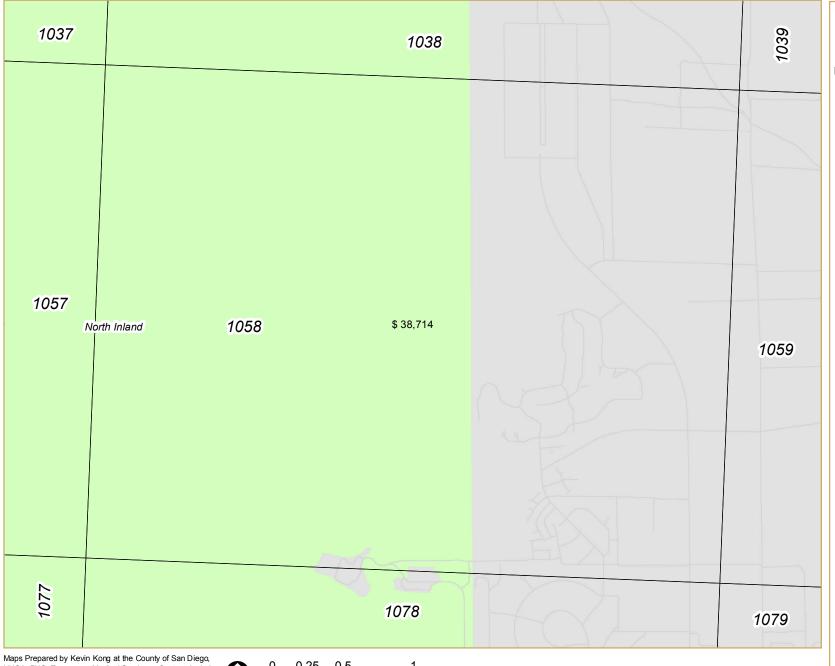


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Grid Page 1057 **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9) Grade 5, Aerobic Capacity % Not in standard, by school 0 - 20.0 60.1 - 80.0 80.1 - 100.0 2008 Median Income Estimates Region Park In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 60.1



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



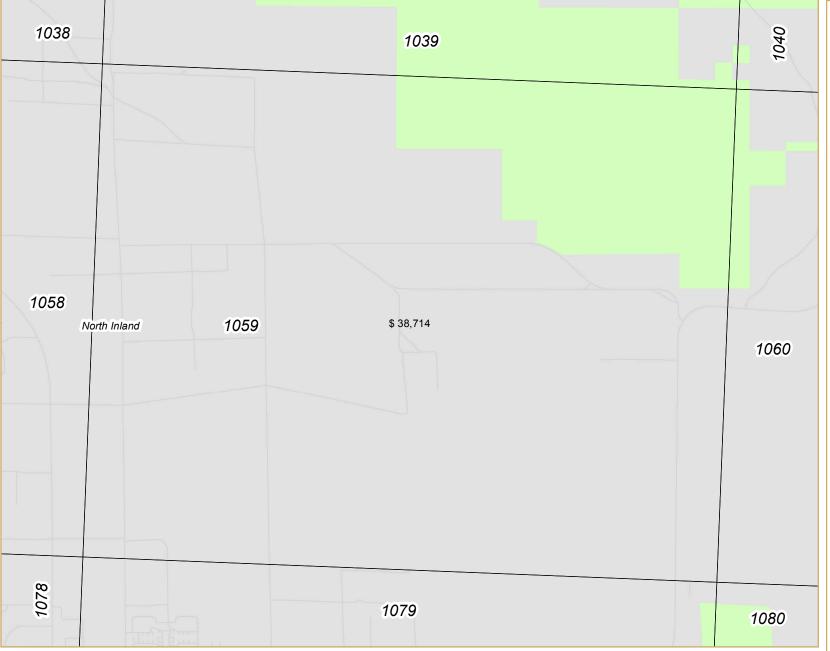
Region

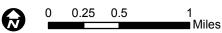


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



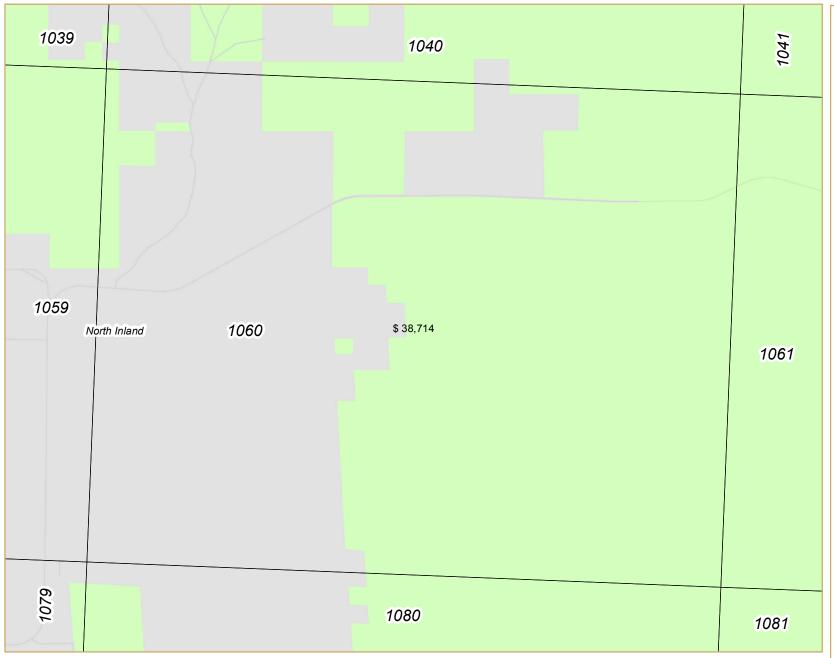
Region

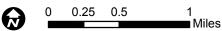


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







"The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SRA (average % of students not within the HFZ). Note: Students whose performance exceeds the standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.



Grid Page 1060

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



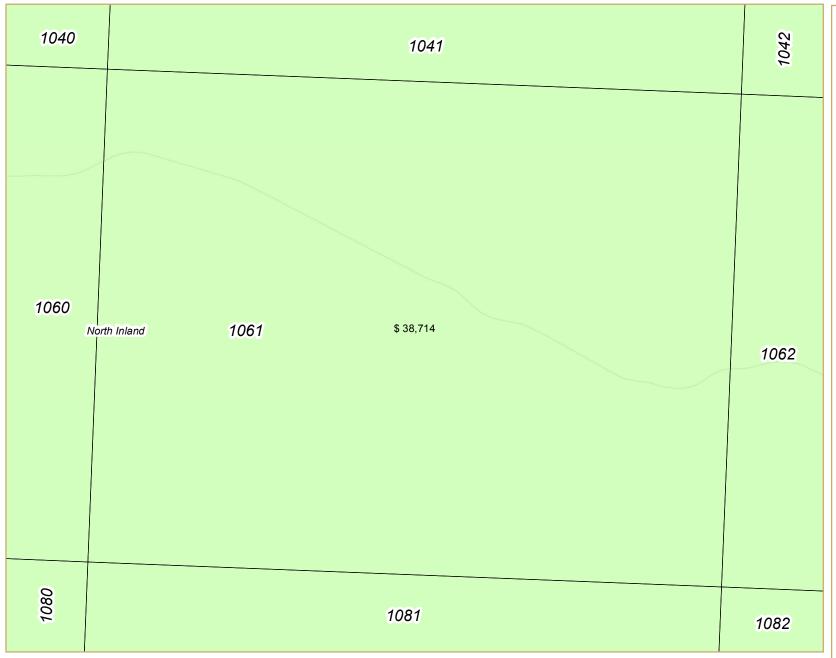
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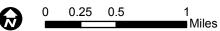


Park

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Grid Page 1061

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



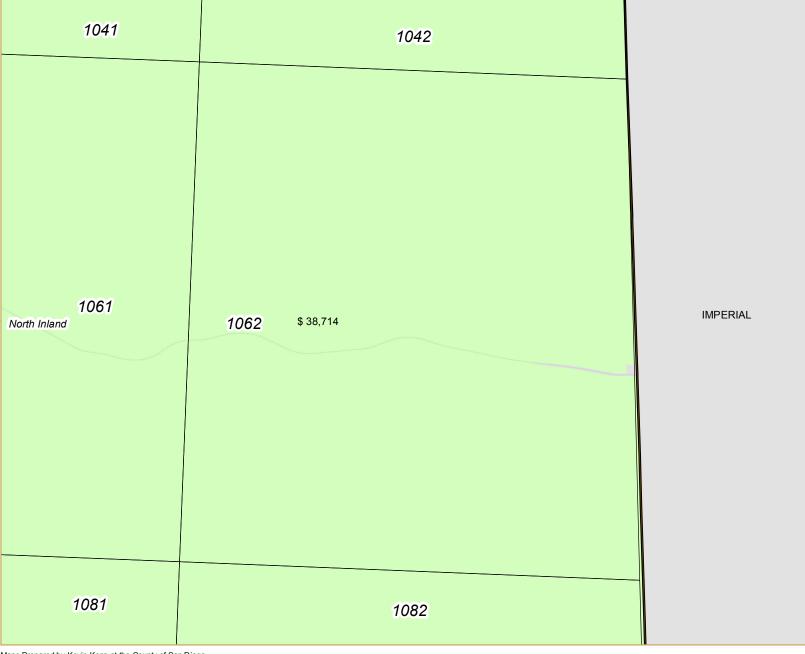
Region



Park

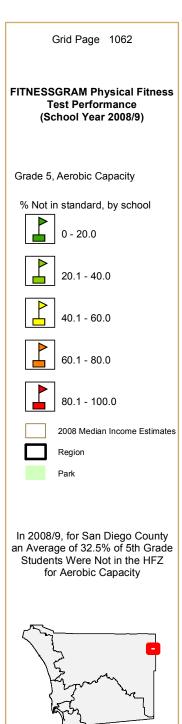
In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





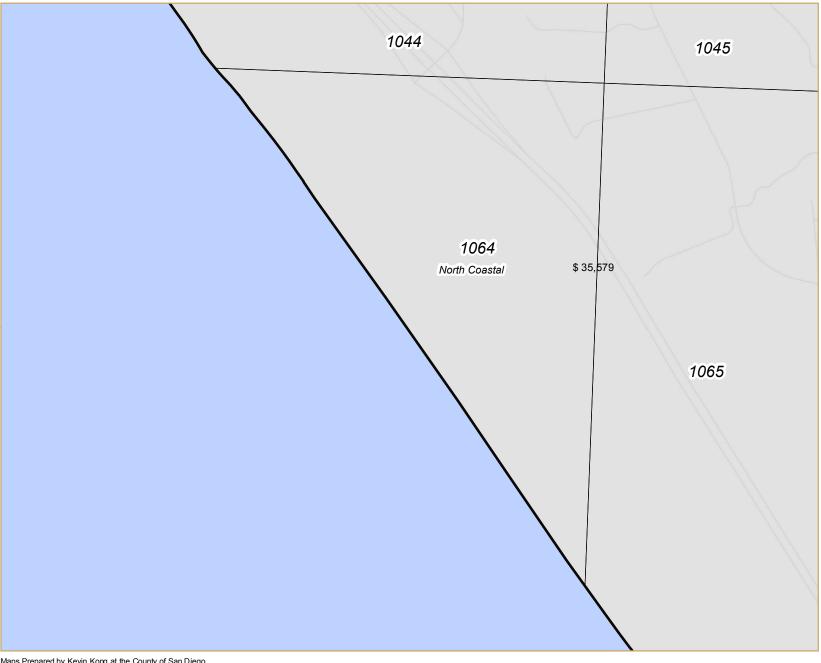


\*The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: ae robic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SR4 (average % of students not within the HFZ). Note: Students whose performance exceeds the standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.



NAD\_1983\_StatePlane\_California\_VI\_FIPS \_0406\_Feet, D\_North\_American\_1983, Foot\_US

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0.2 Miles 0 0.05 0.1

"The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SRA (average % of students not within the HFZ). Note: Standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.



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#### FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school











60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates

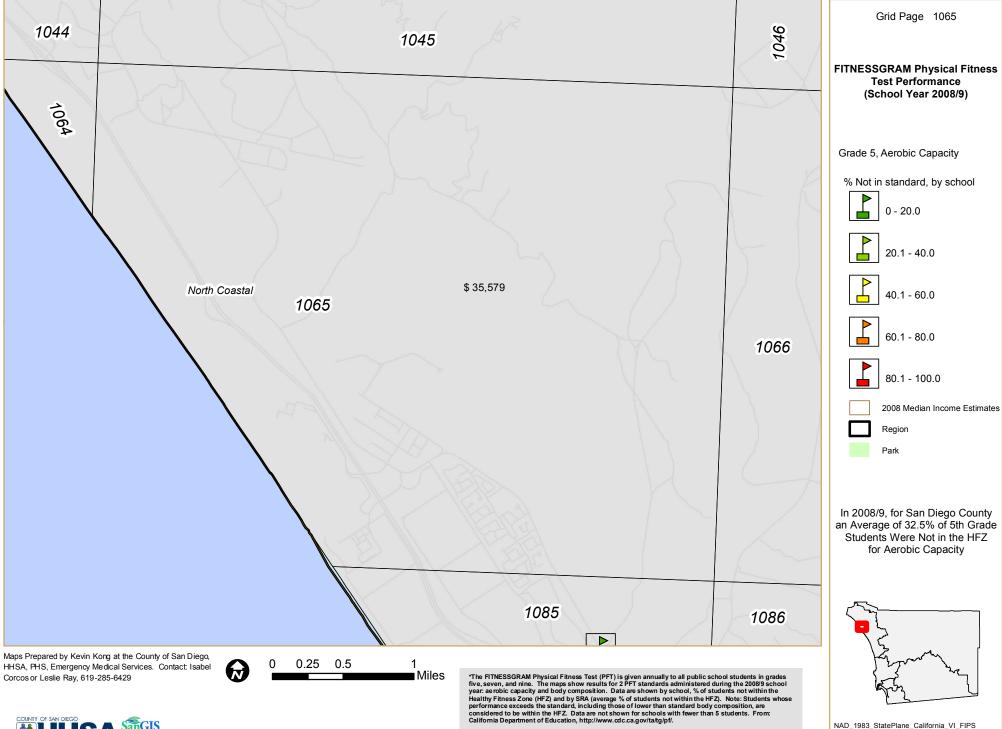


Region



In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity

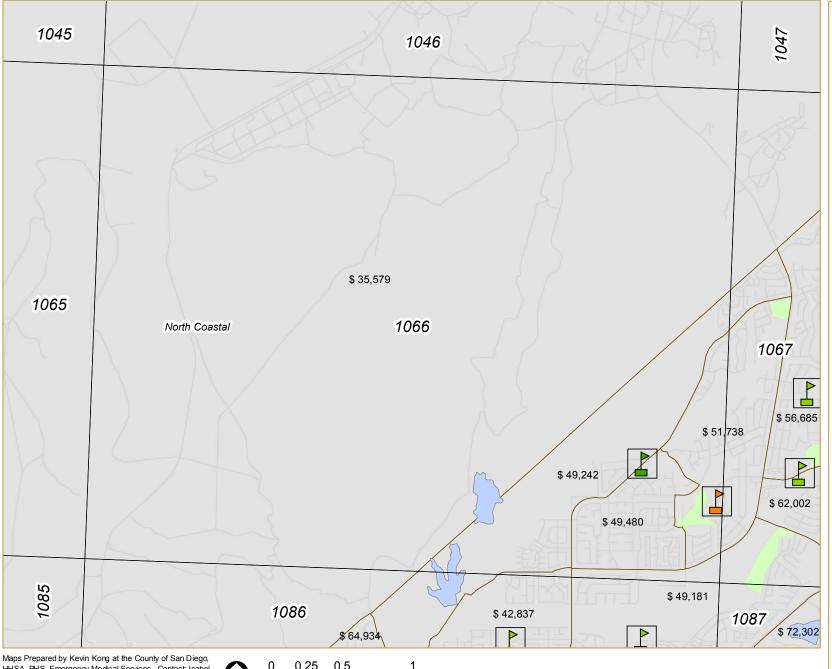


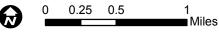


COUNTY OF SAN DIEGO

HHASA
HEALTH AND HUMAN SERVICES AGENCY

\_0406\_Feet, D\_North\_American\_1983, Foot\_US





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#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



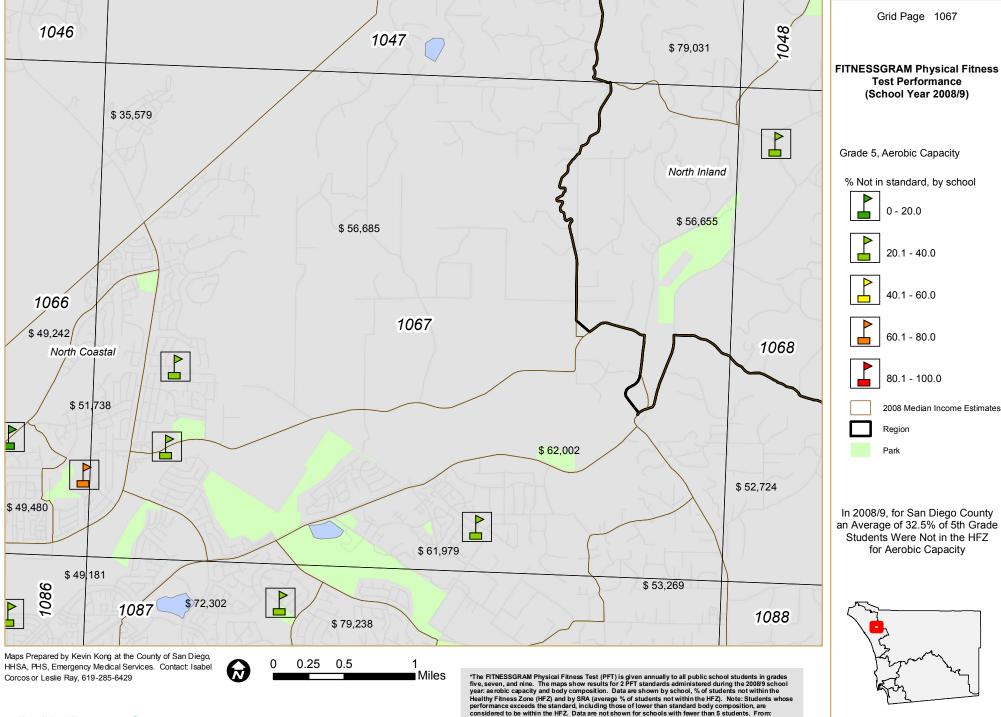
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







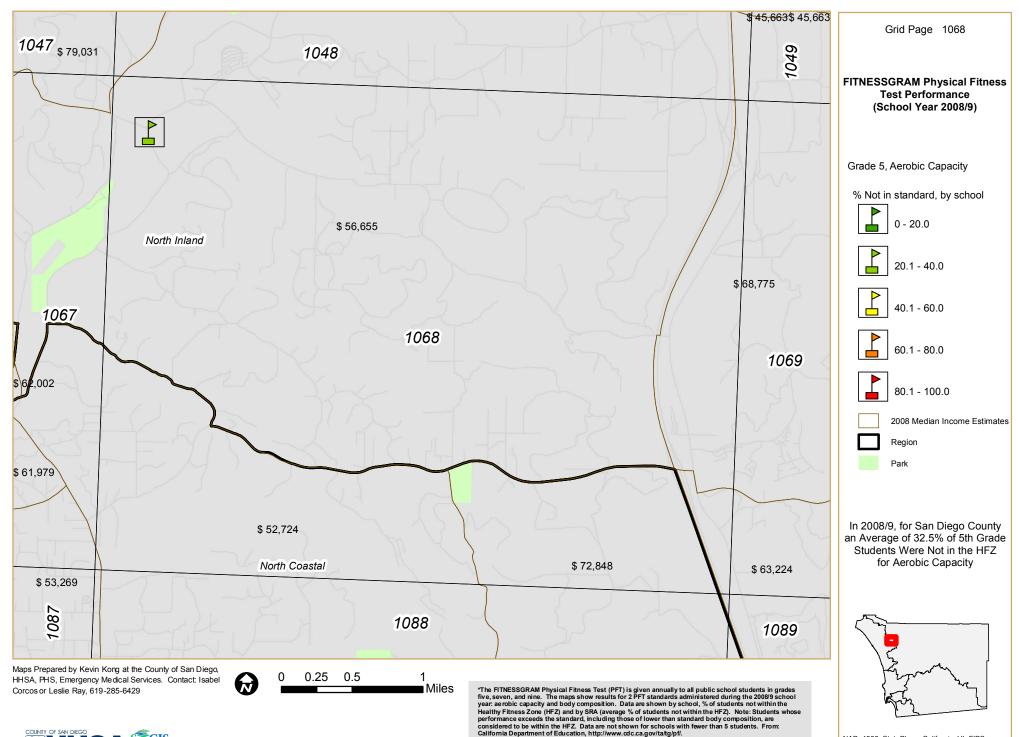
considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.

### **Test Performance** (School Year 2008/9)

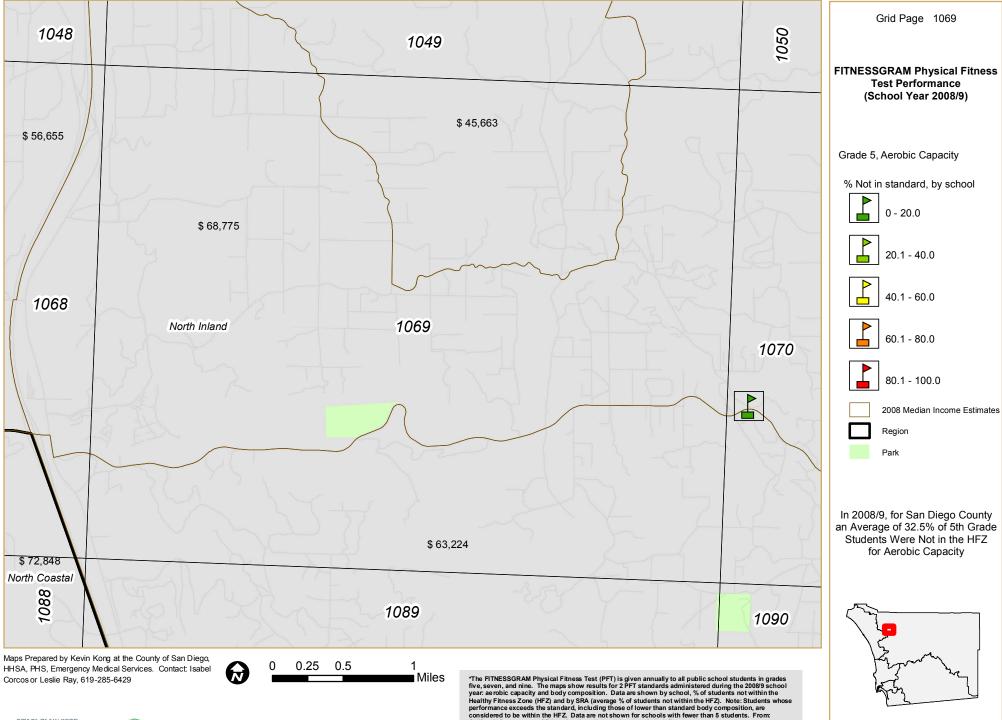
2008 Median Income Estimates

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity



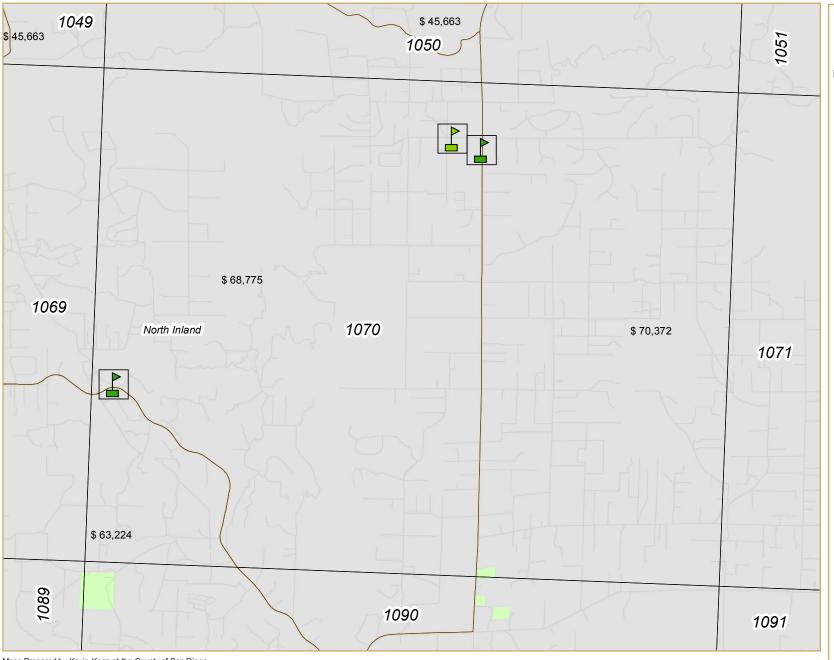








considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.





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Grid Page 1070

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40 1 - 60 C



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



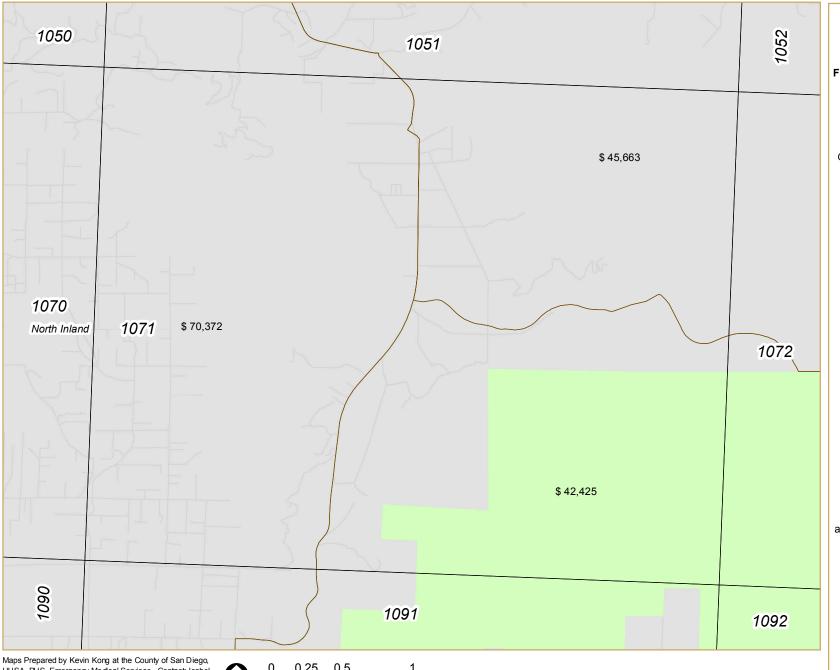
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.4 40



10.1 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



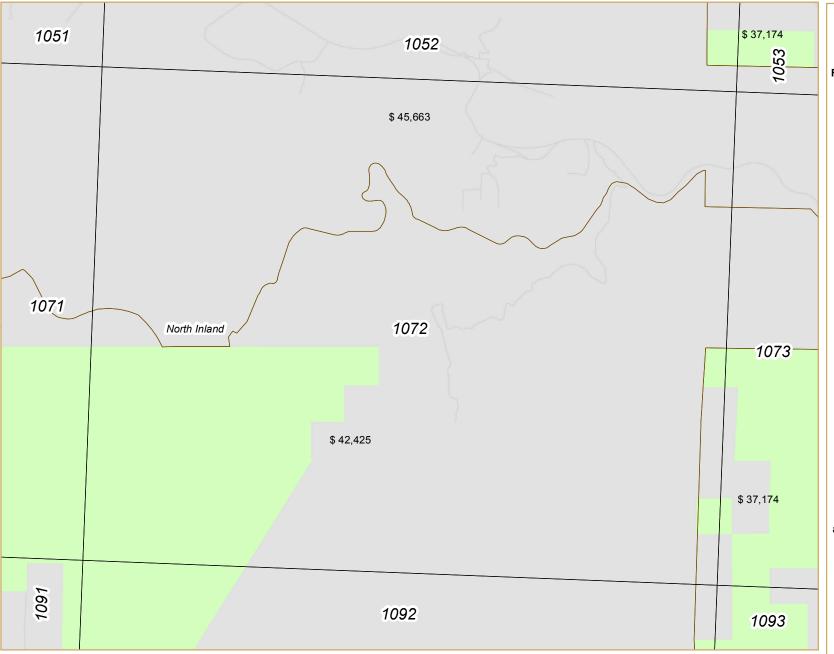
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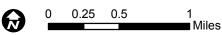


Park

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#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0

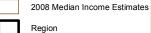


60.1 - 80.0



80.1 - 100.0





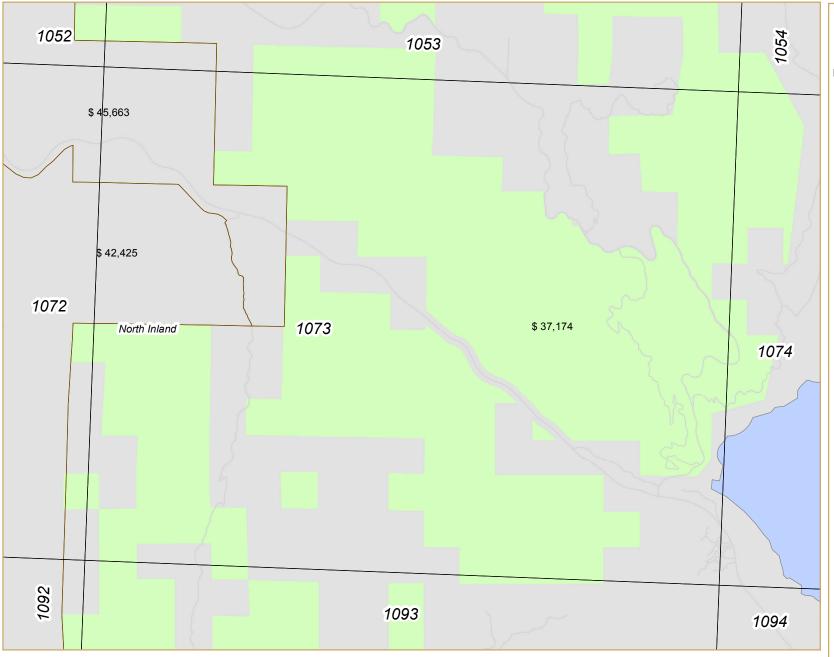
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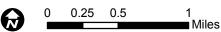




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Grid Page 1073

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



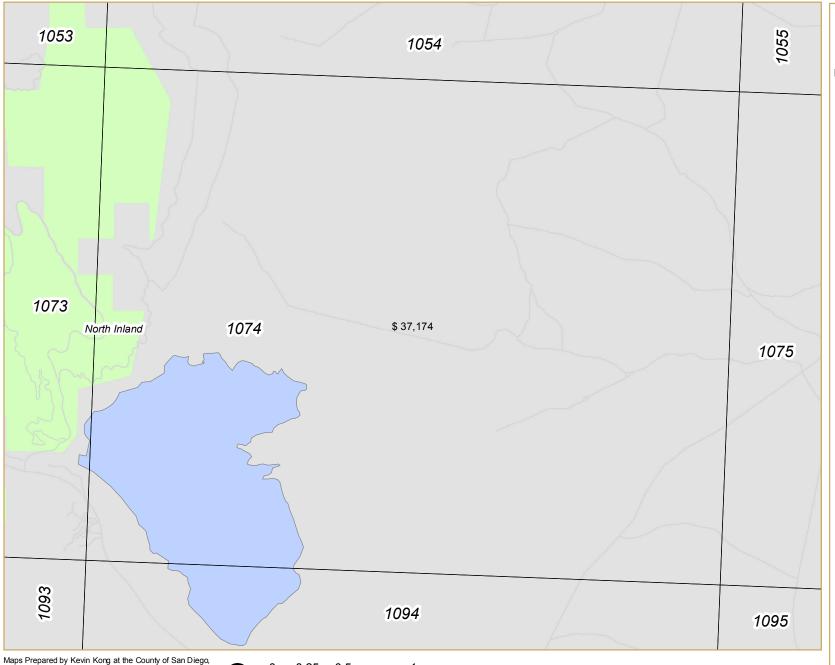
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429



"The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year, aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SRA (average % of students not within the HFZ). Note: Students whose performance exceeds the standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/tatgpfn/.



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Grid Page 1074

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



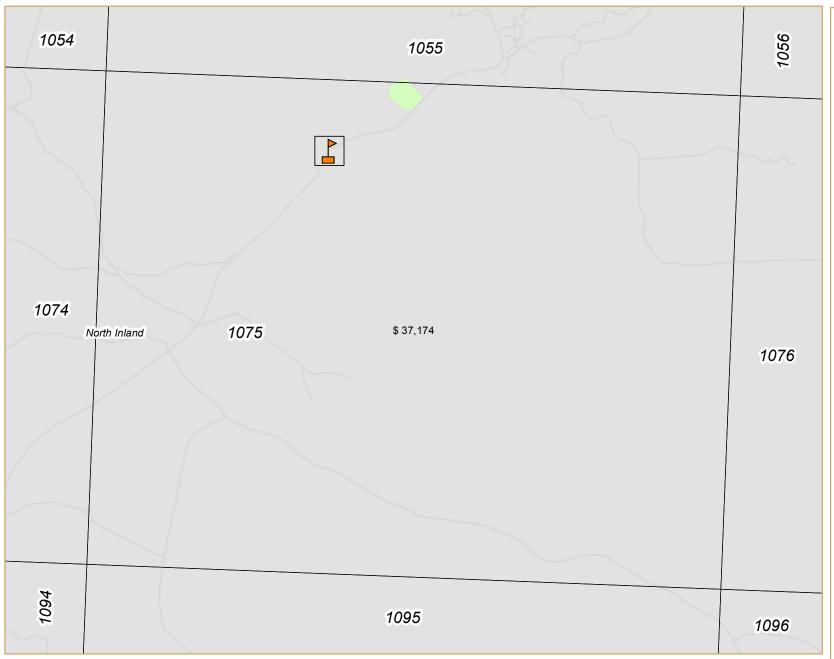
Region

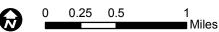


Park

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Grid Page 1075

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



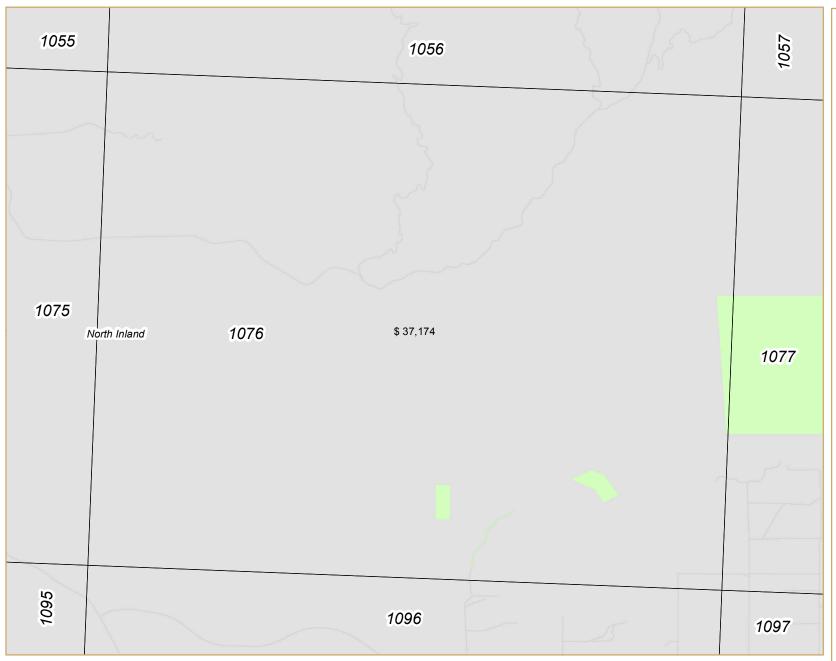
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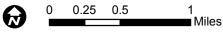


Park

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Grid Page 1076

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



00.4.40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



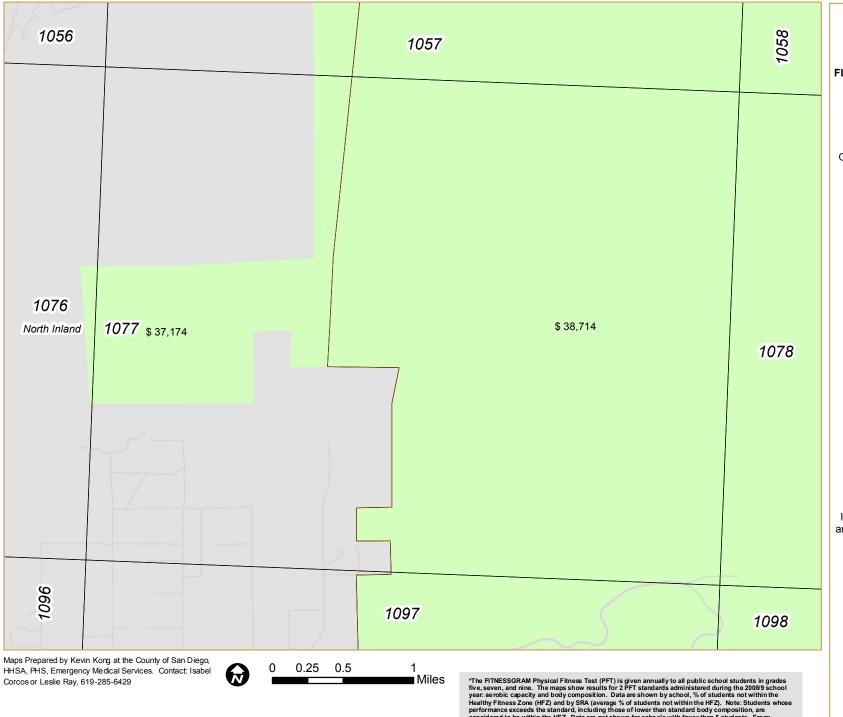
Region



Park

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considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/. Page 90 of 320

Grid Page 1077

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

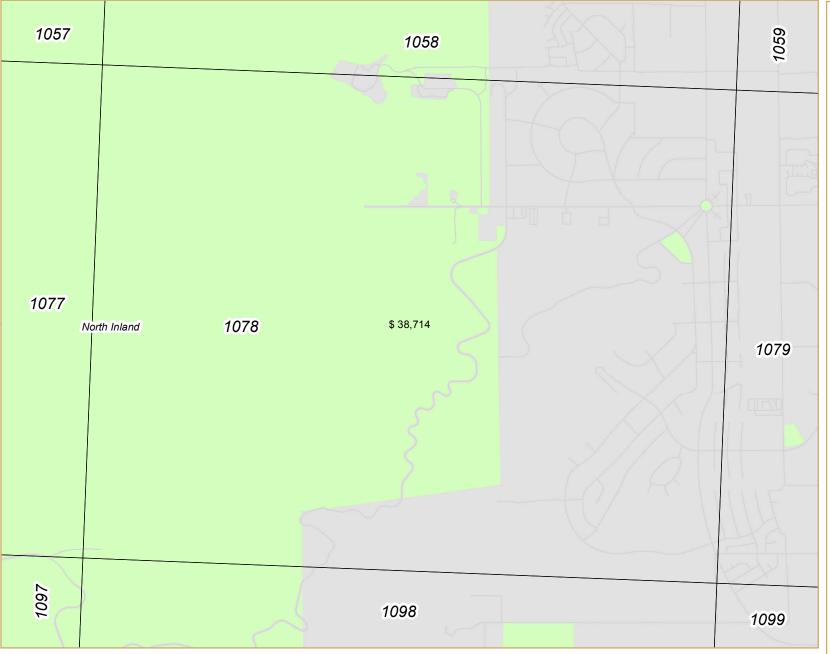


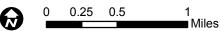
Park

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Grid Page 1078

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40 1 - 60 0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

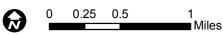


Park

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Grid Page 1079

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40 1 - 60 0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



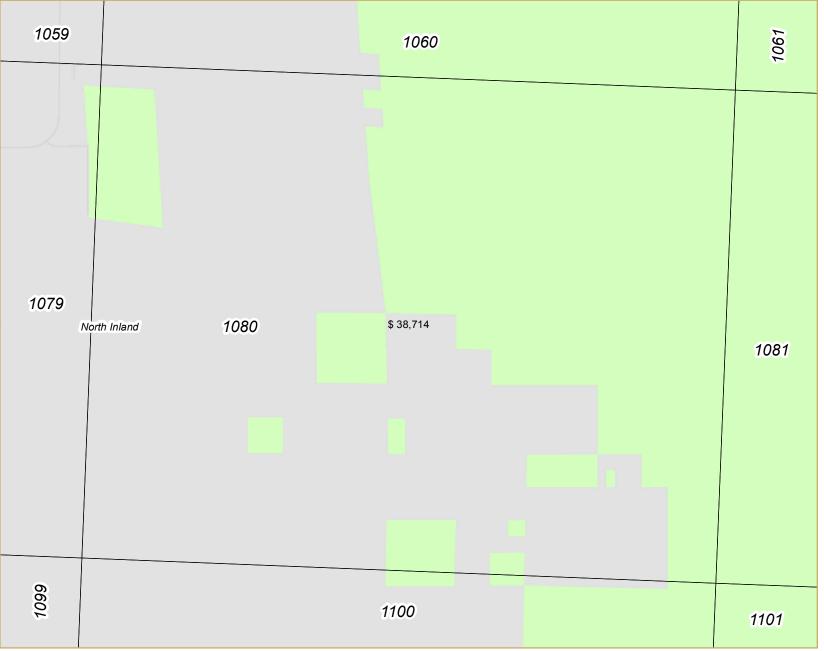
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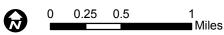


Park

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Grid Page 1080

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



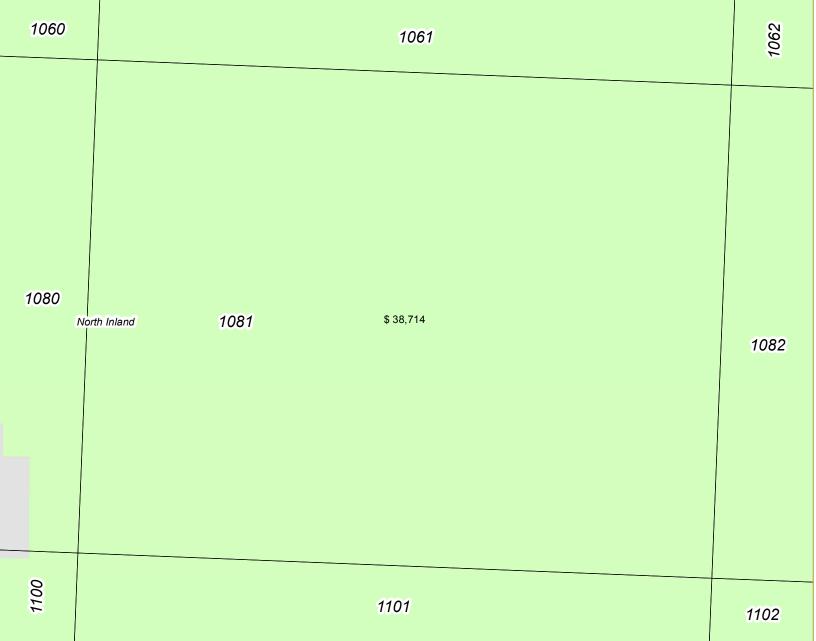
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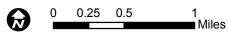


Park

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(School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



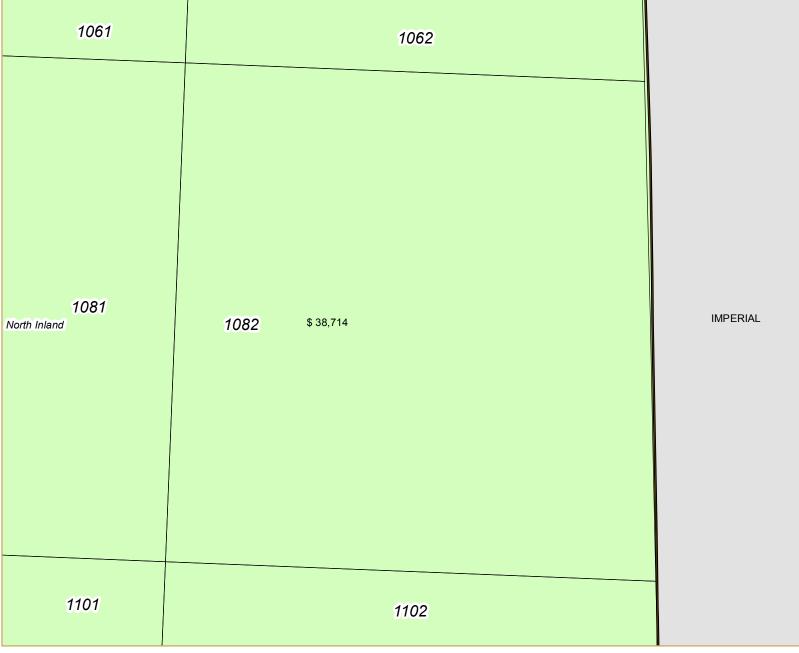
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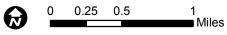


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#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



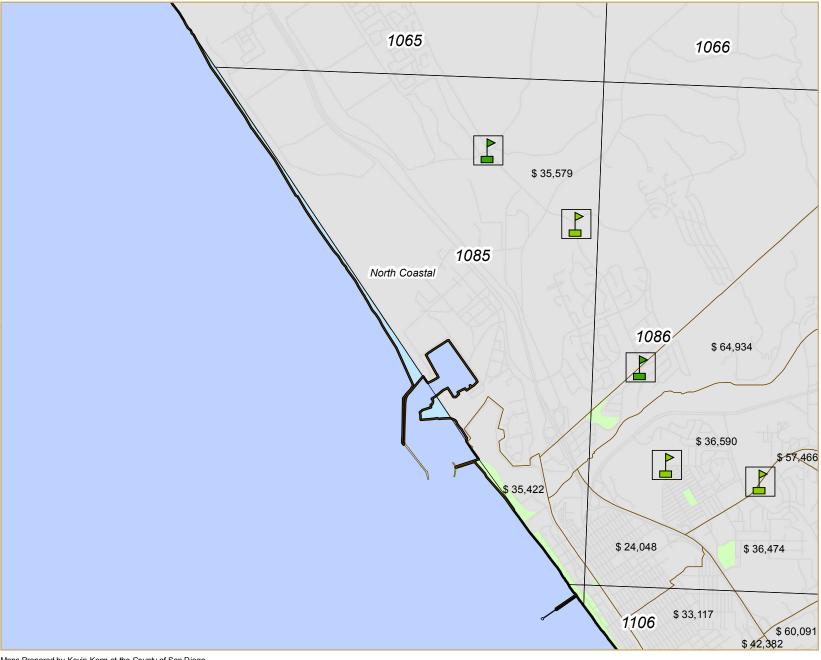
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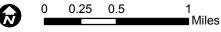


Park

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nsidered to be within the HFZ. Data are not sho alifornia Department of Education, http://www.co Page 96 of 320 Grid Page 1085

FITNESSGRAM Physical Fitness
Test Performance
(School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40 1 - 60 C



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



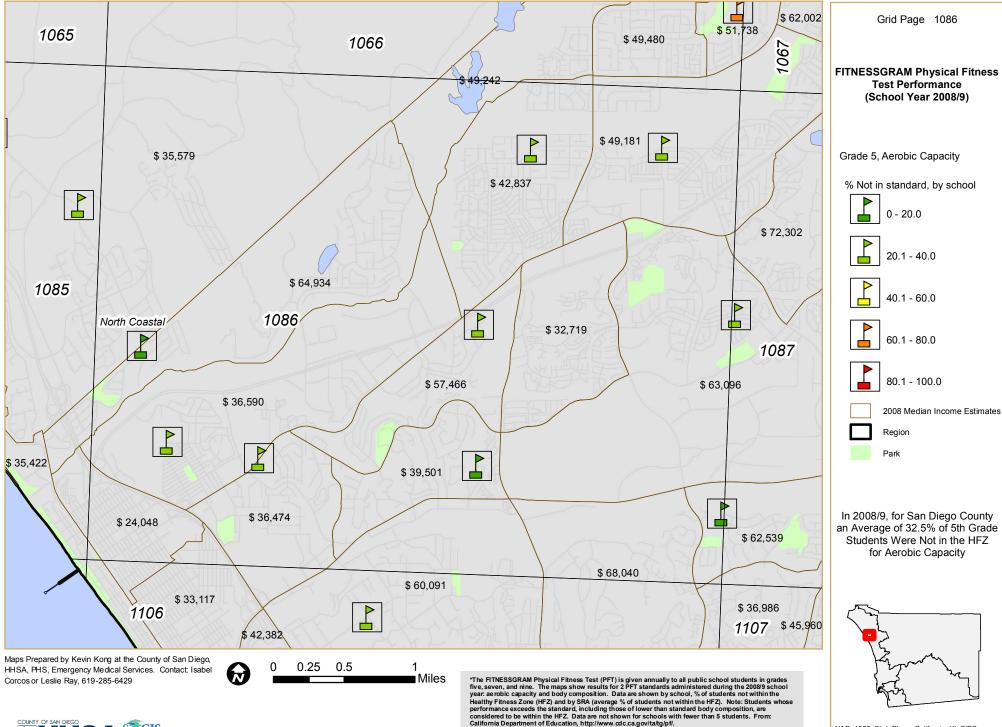
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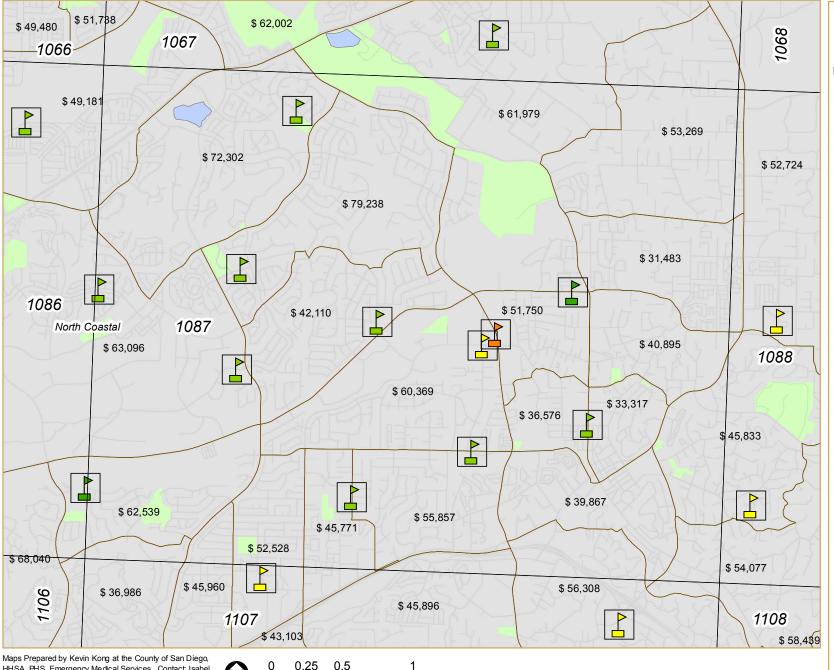
Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity









Miles

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Corcos or Leslie Ray, 619-285-6429

HHSA, PHS, Emergency Medical Services. Contact: Isabel

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#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



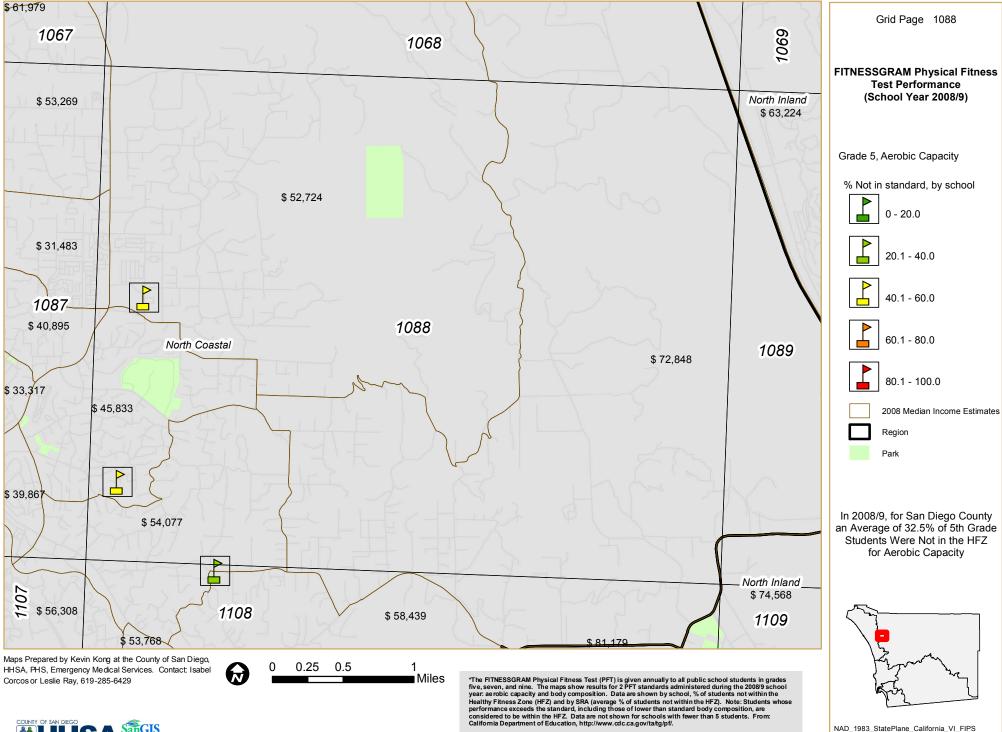
Region



Park

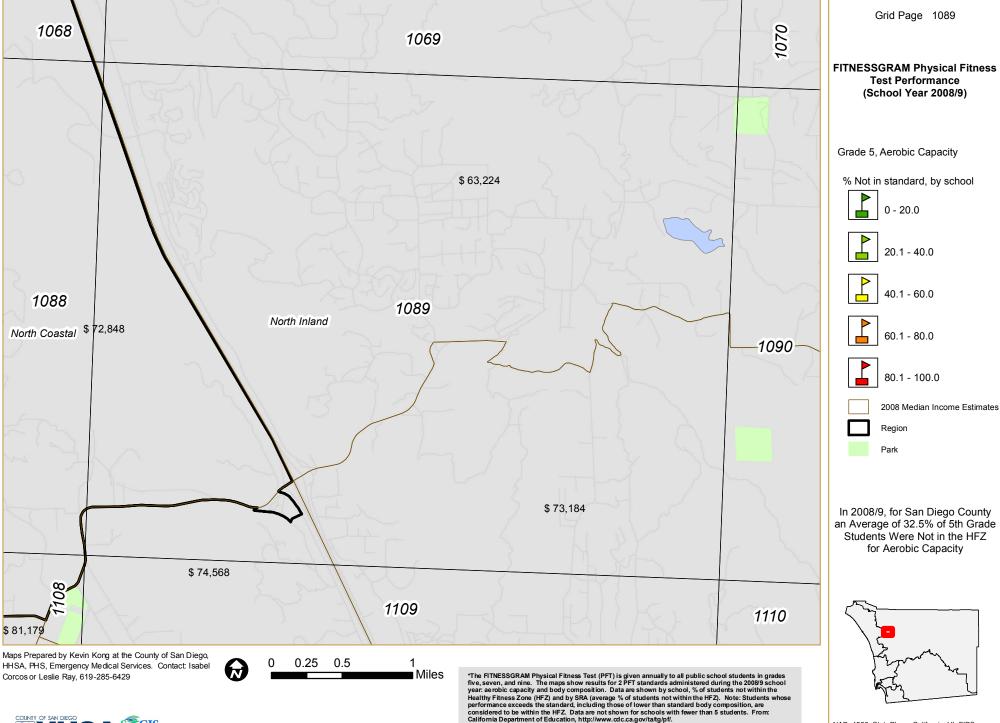
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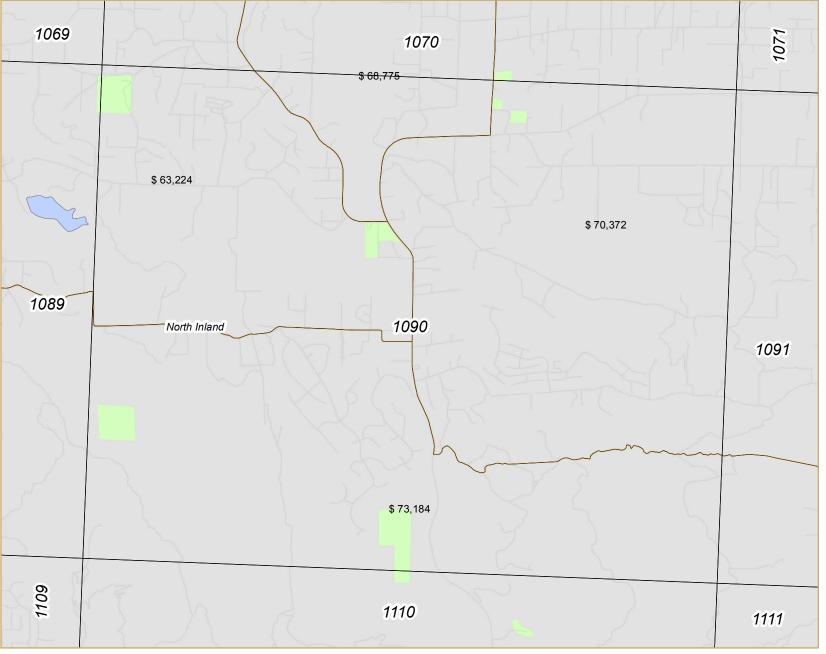


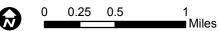


\_0406\_Feet, D\_North\_American\_1983, Foot\_US









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Grid Page 1090

#### FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0





60.1 - 80.0



80.1 - 100.0





Region

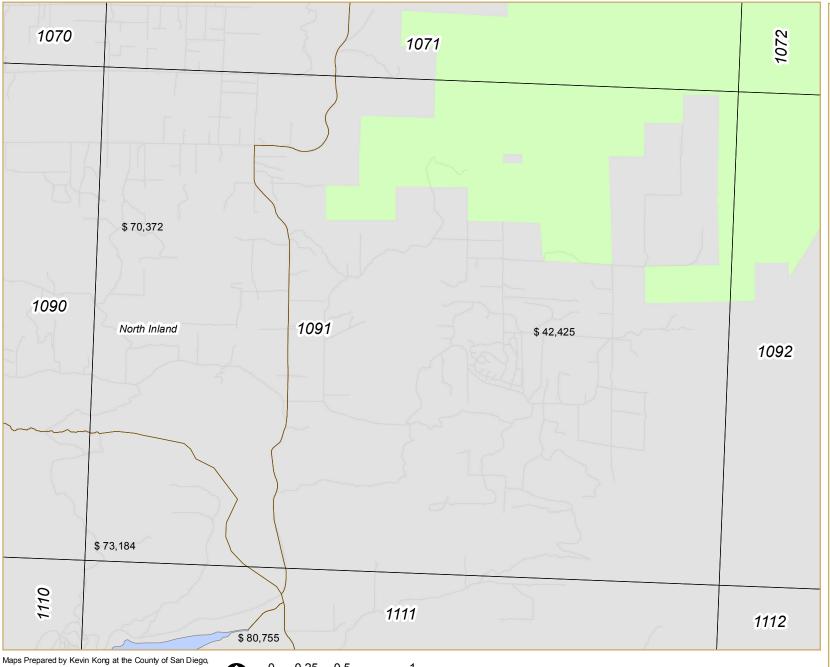


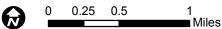
Park

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Grid Page 1091

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



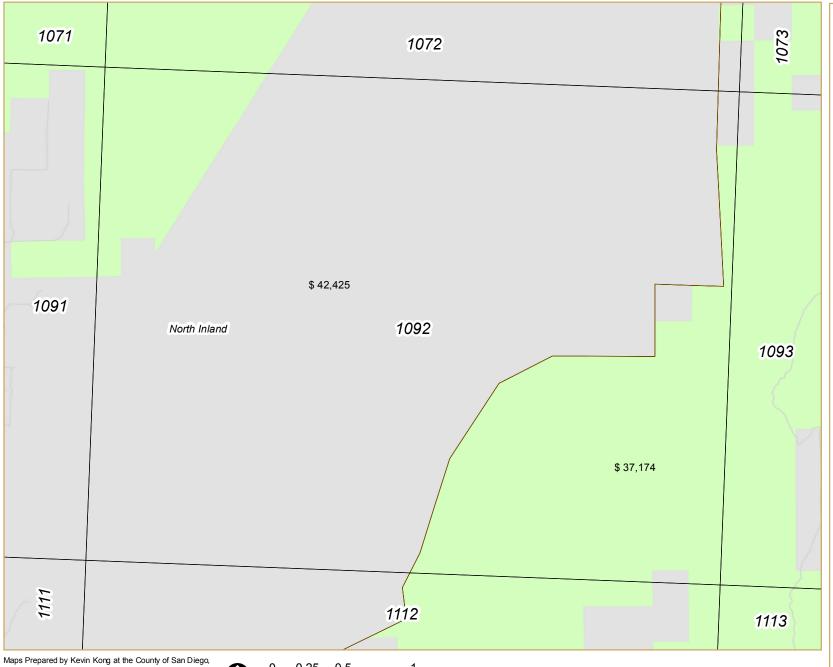
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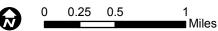


Park

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#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



00.1 - 100.0

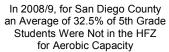
2008 Median Income Estimates



Region

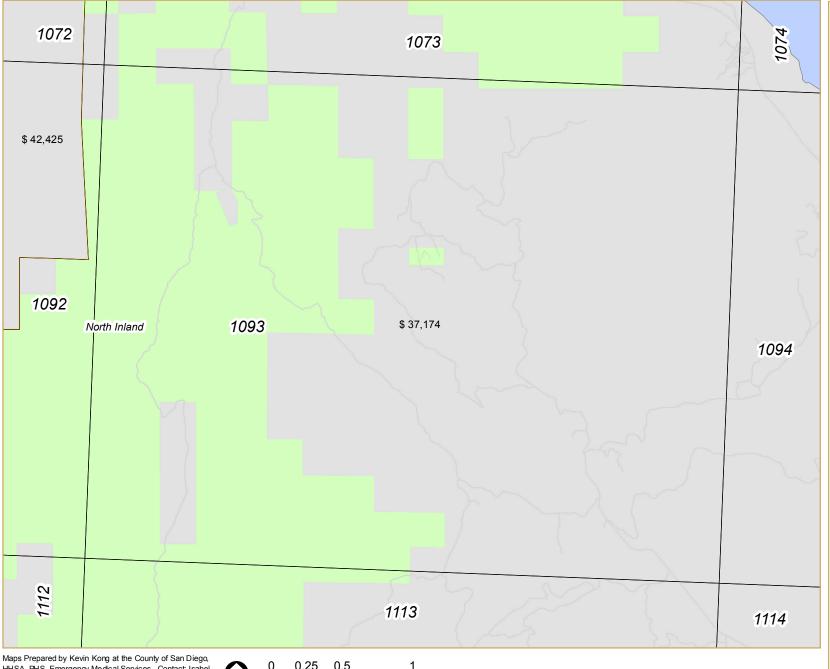


Park









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## Grid Page 1093 FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0





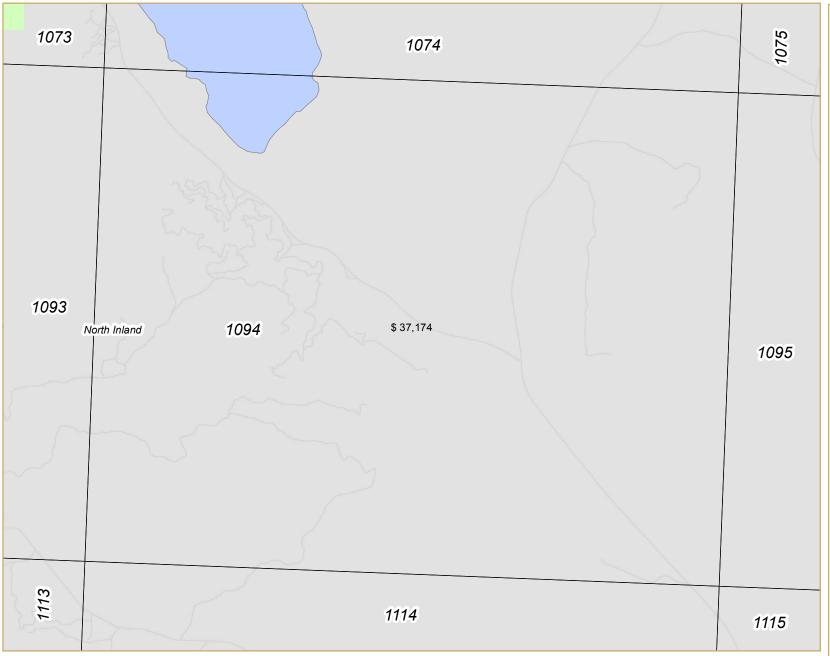
Region

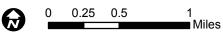


Park

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#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

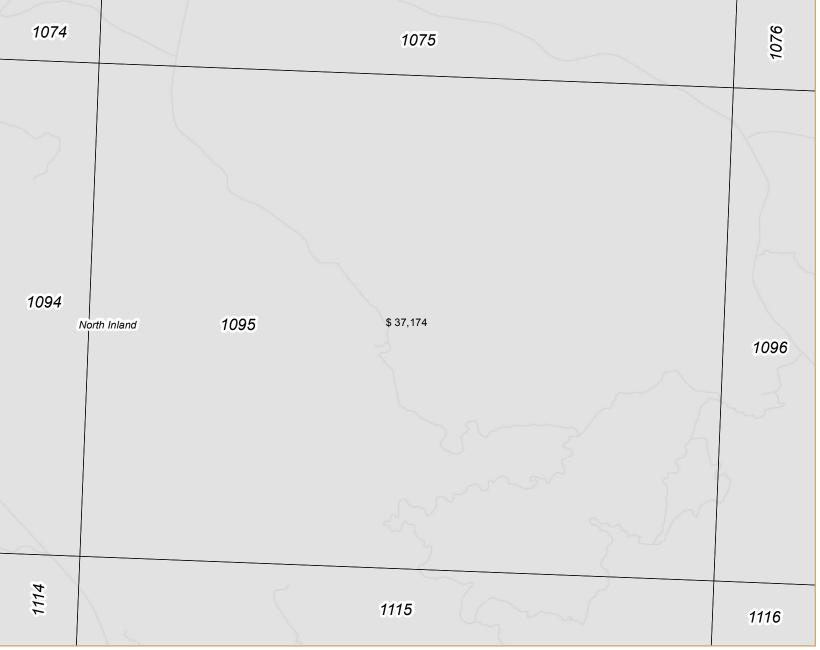


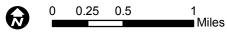
Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







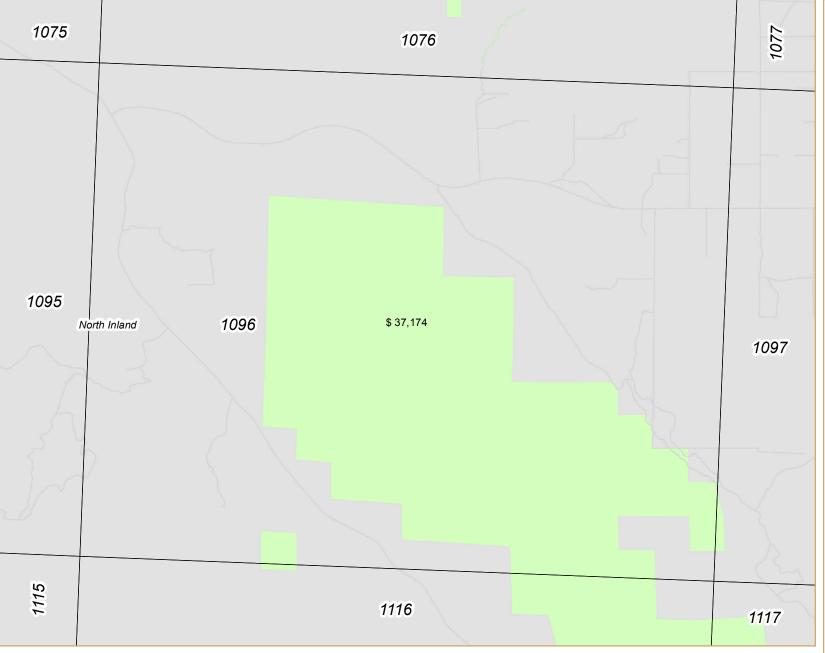


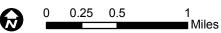
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# **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9) Grade 5, Aerobic Capacity % Not in standard, by school 0 - 20.0 60.1 - 80.0 80.1 - 100.0 2008 Median Income Estimates Region Park In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity NAD\_1983\_StatePlane\_California\_VI\_FIPS \_0406\_Feet, D\_North\_American\_1983, Foot\_US

Grid Page 1095





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Grid Page 1096

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0





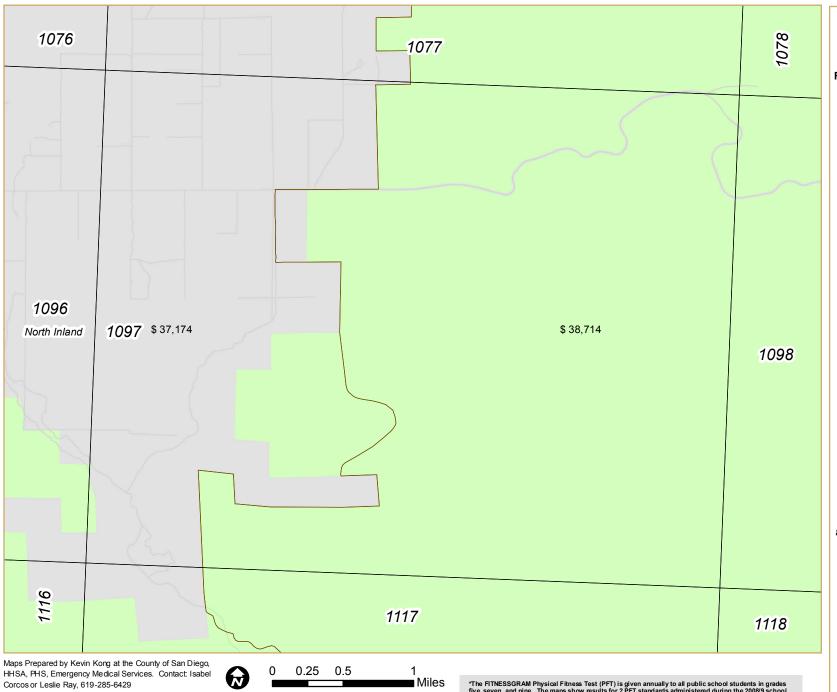
Region



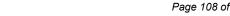
Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





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#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

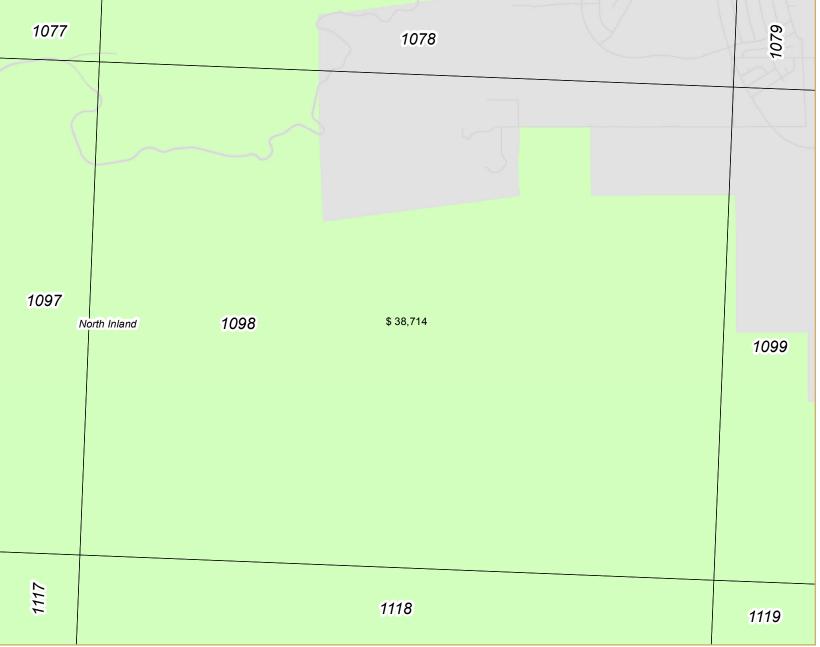


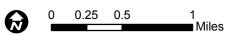
Park

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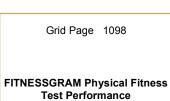






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Grade 5, Aerobic Capacity

% Not in standard, by school

(School Year 2008/9)



0 - 20.0









60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



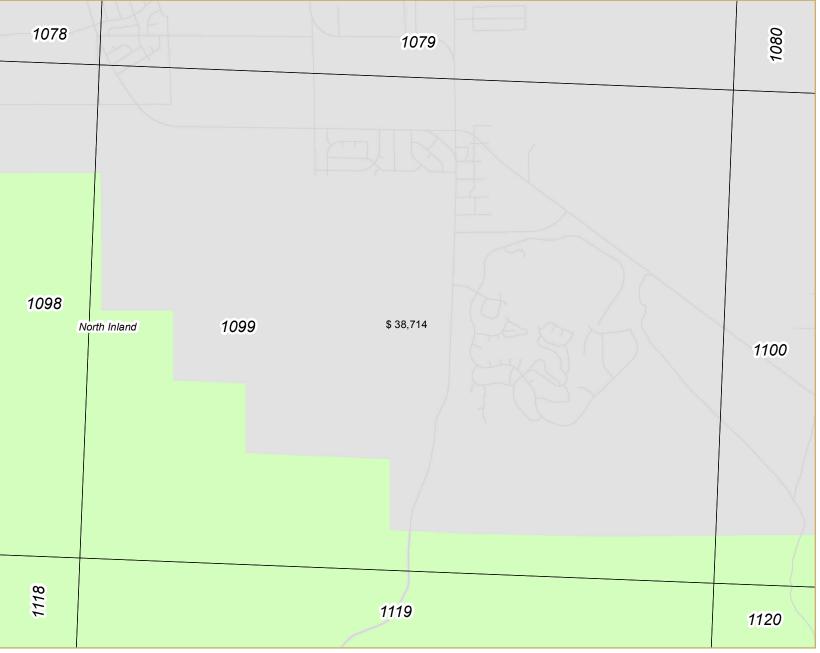
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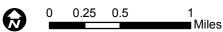


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### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



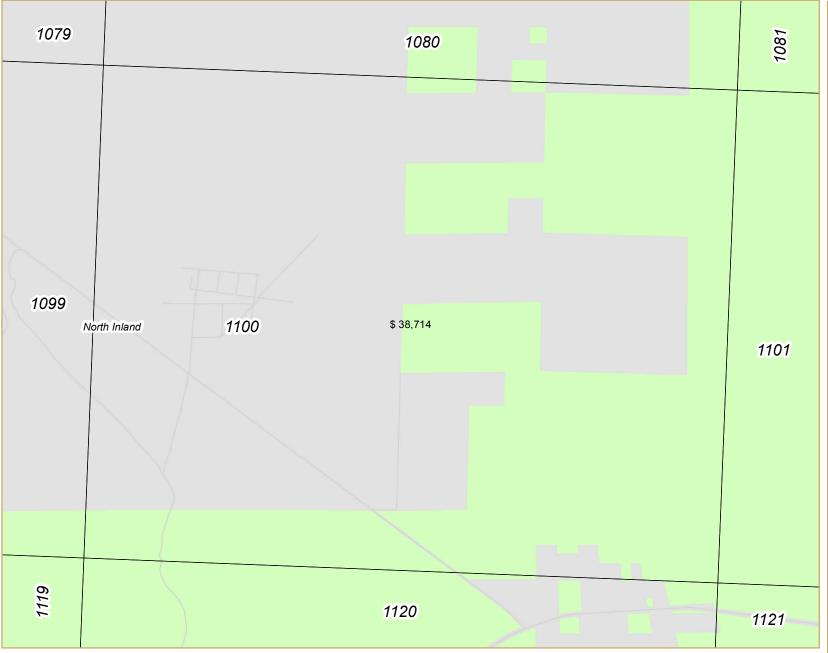
Region

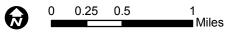


Park

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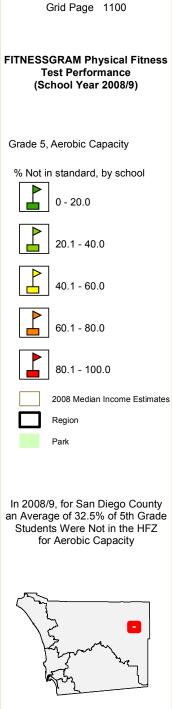


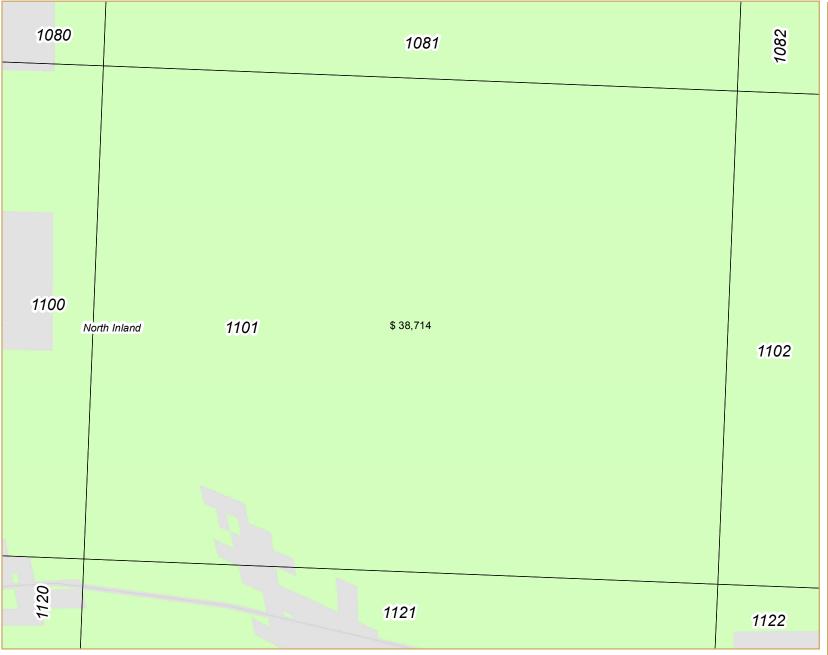


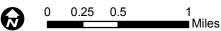


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Grid Page 1101

### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0





Region

2008 Median Income Estimates

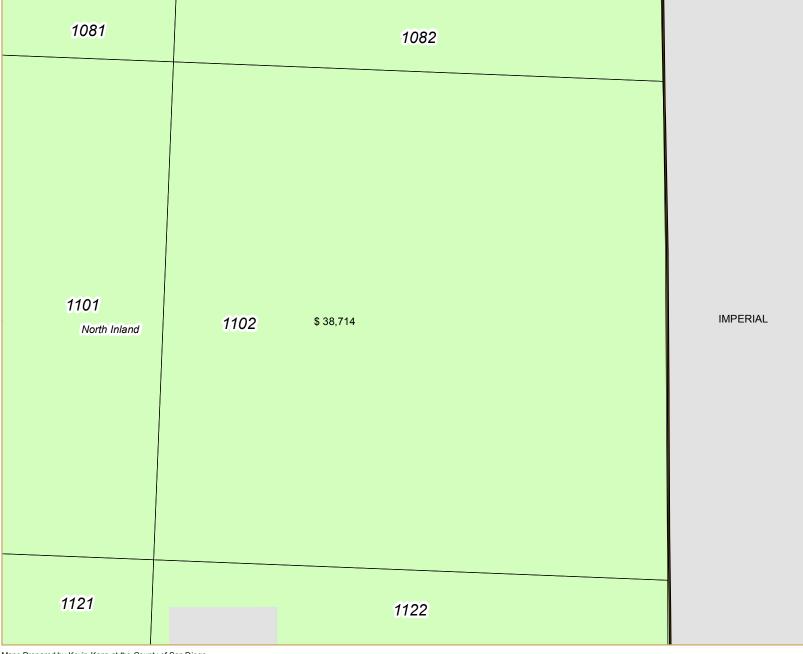


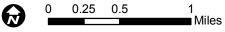


Park

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Grid Page 1102

## **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0









60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region



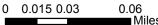
Park

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# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



\_\_ .



40 1 - 60 C



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



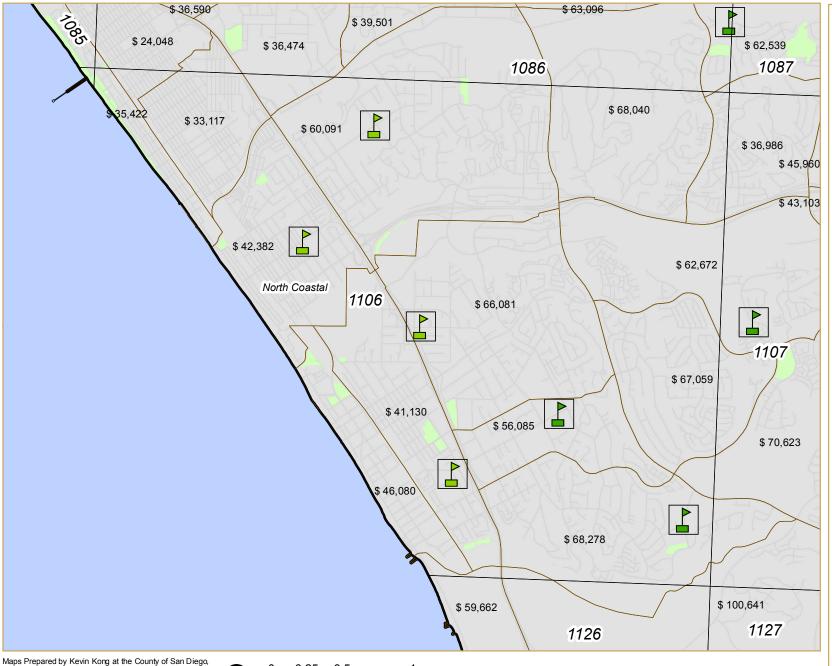
Region



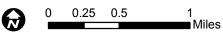
Park

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HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429



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#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

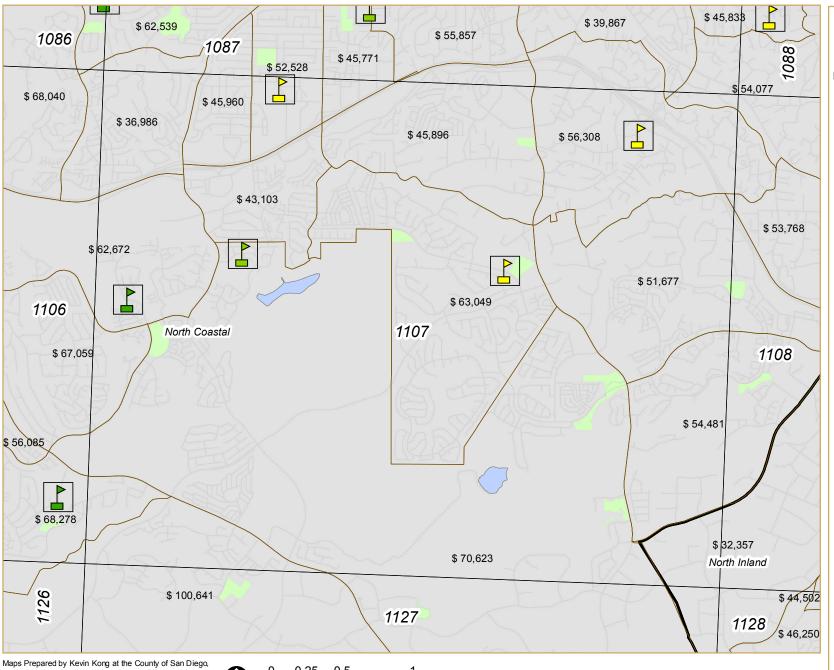


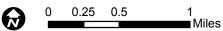
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Grid Page 1107

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40 1 - 60 C



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

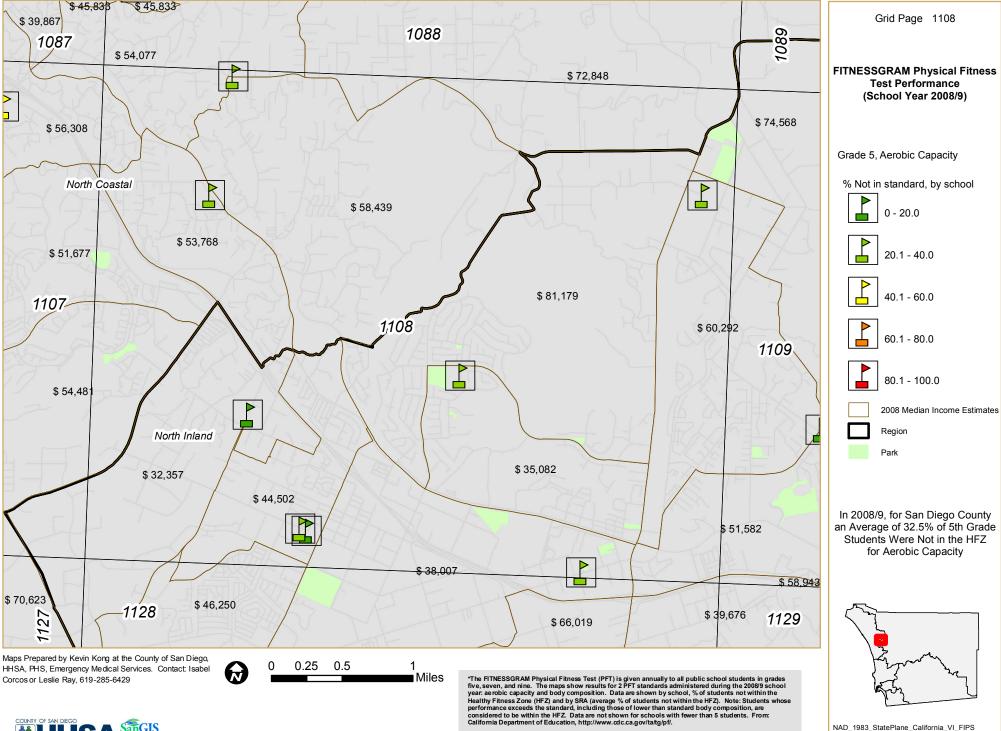


Park

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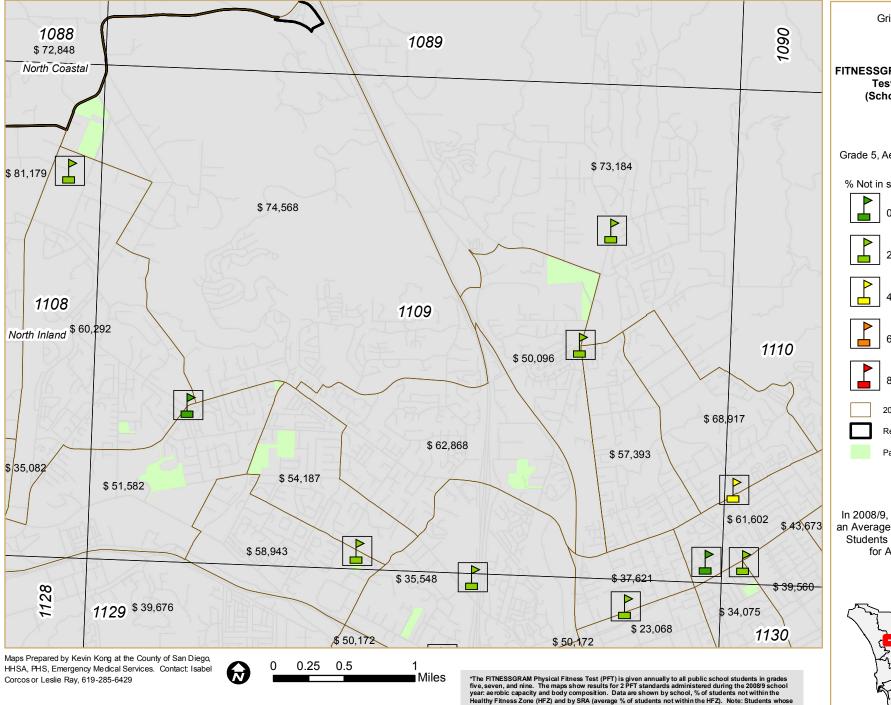






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Grid Page 1109

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school

0 - 20.0

20.1 - 40.0

60.1 - 80.0

80.1 - 100.0

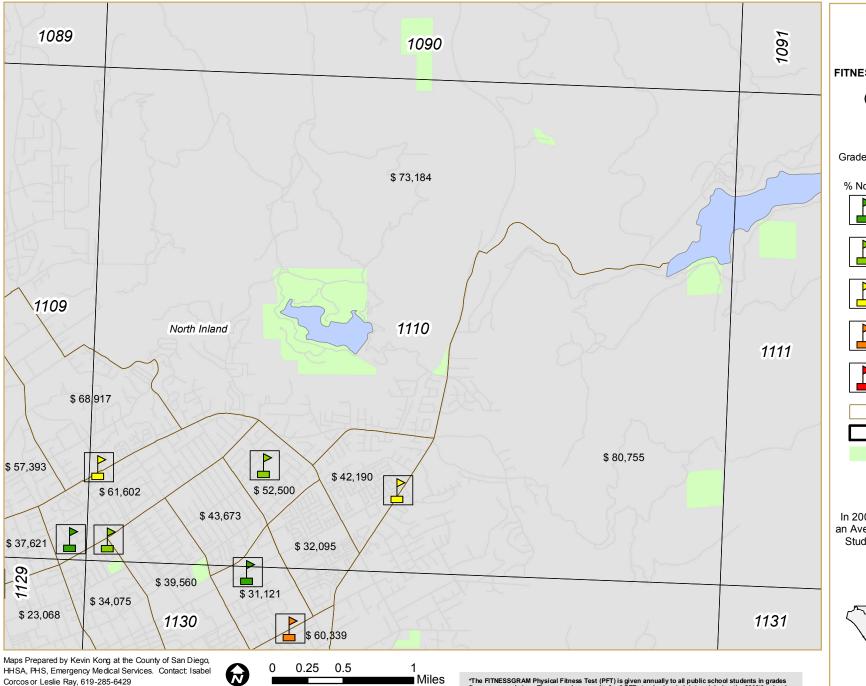
2008 Median Income Estimates

Region

Park

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Grid Page 1110

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



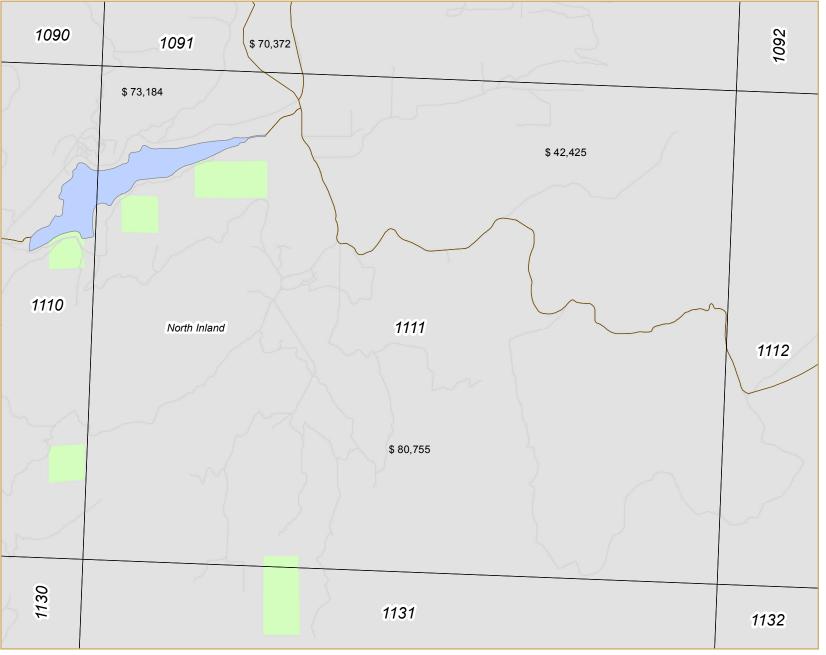
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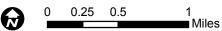


Park

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Grid Page 1111

## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

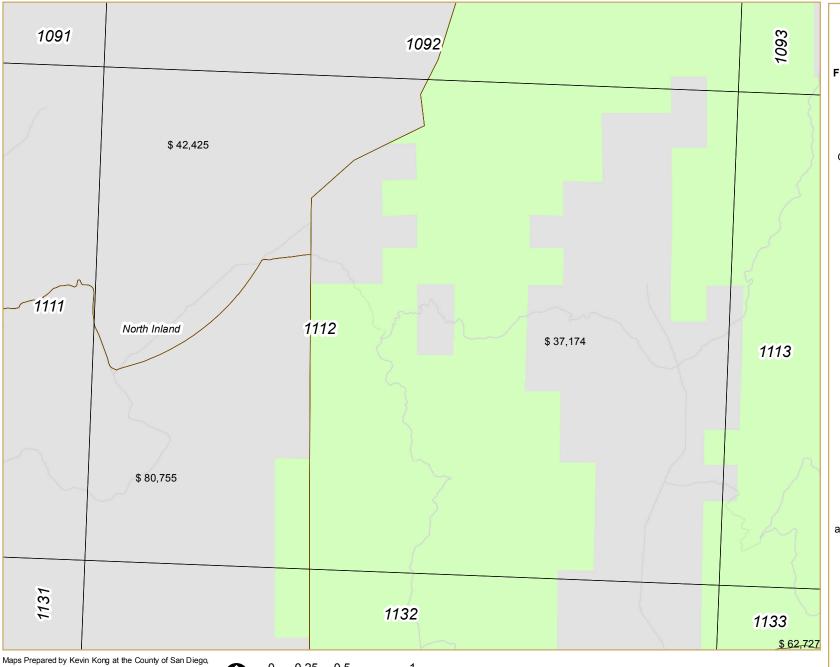


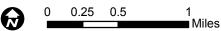
Park

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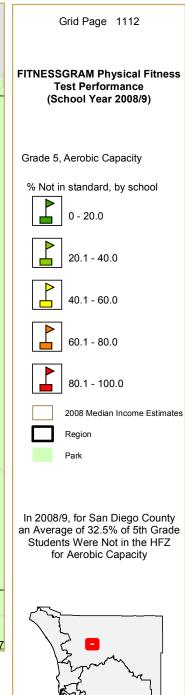


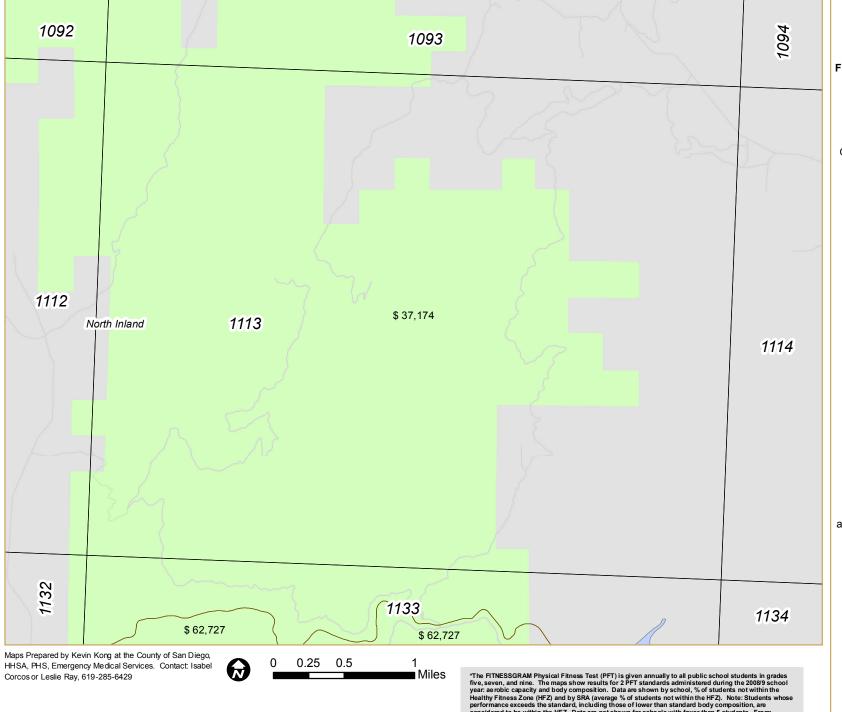




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Grid Page 1113

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



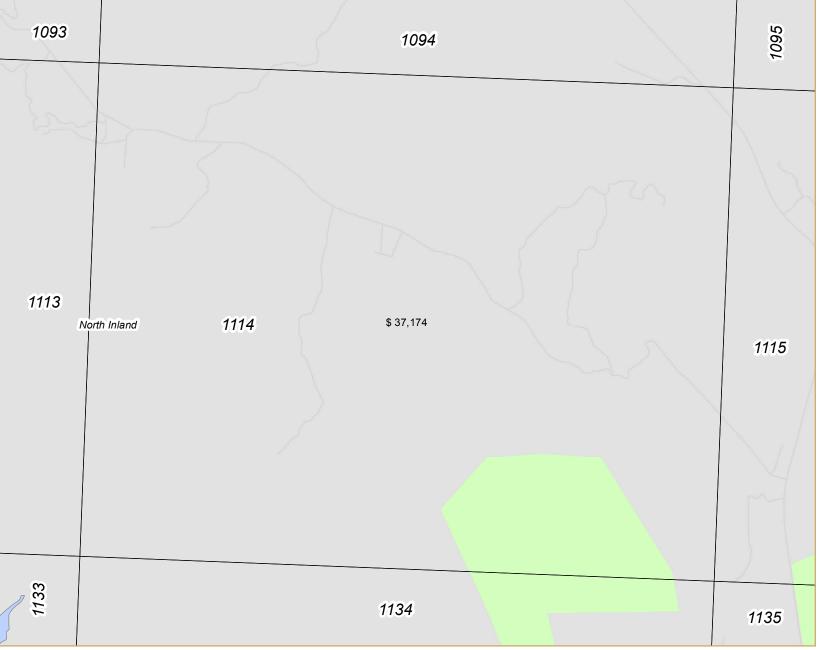
Region

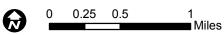


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity

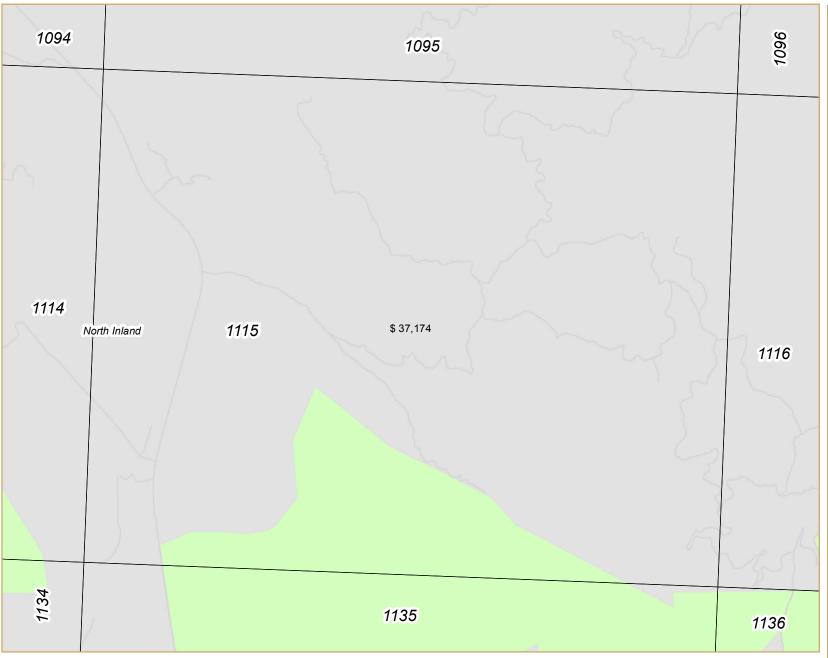


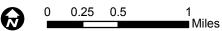




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Grid Page 1114 **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9) Grade 5, Aerobic Capacity % Not in standard, by school 0 - 20.0 40.1 - 60.0 60.1 - 80.0 80.1 - 100.0 2008 Median Income Estimates Region Park In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





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## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



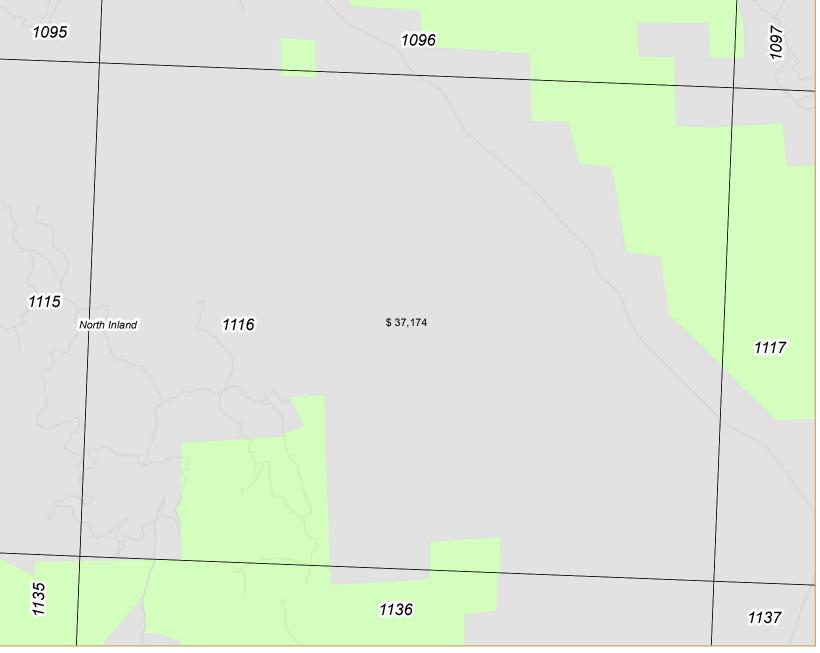
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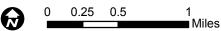


Park

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Grid Page 1116

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.4 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



]

2008 Median Income Estimates



Region

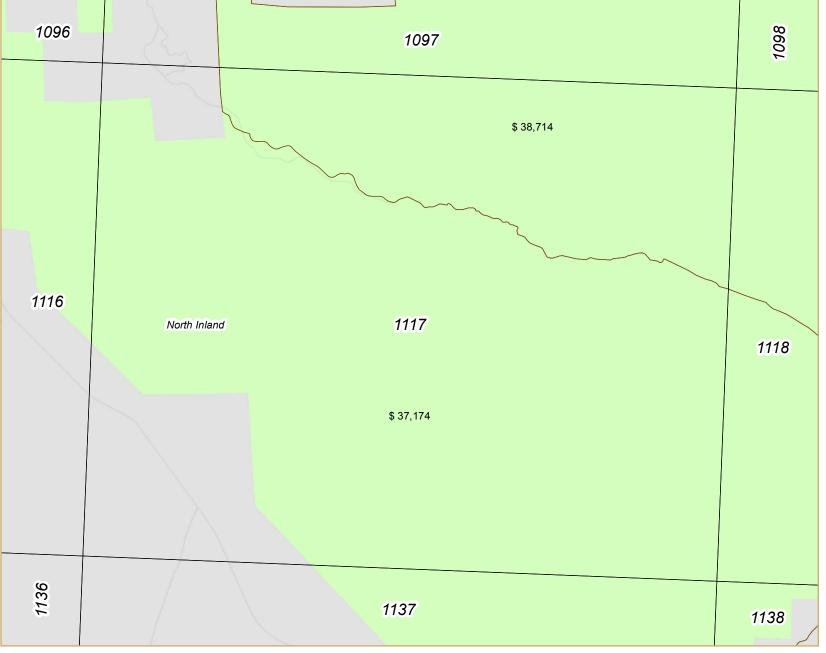


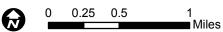
Park

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Grid Page 1117

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



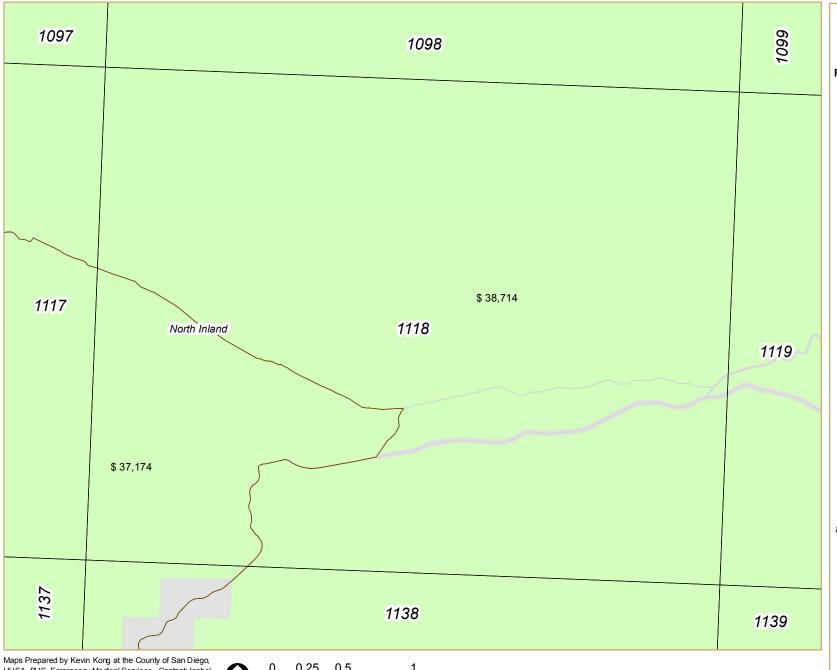
Region



Park

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Grid Page 1118

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



00 4 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



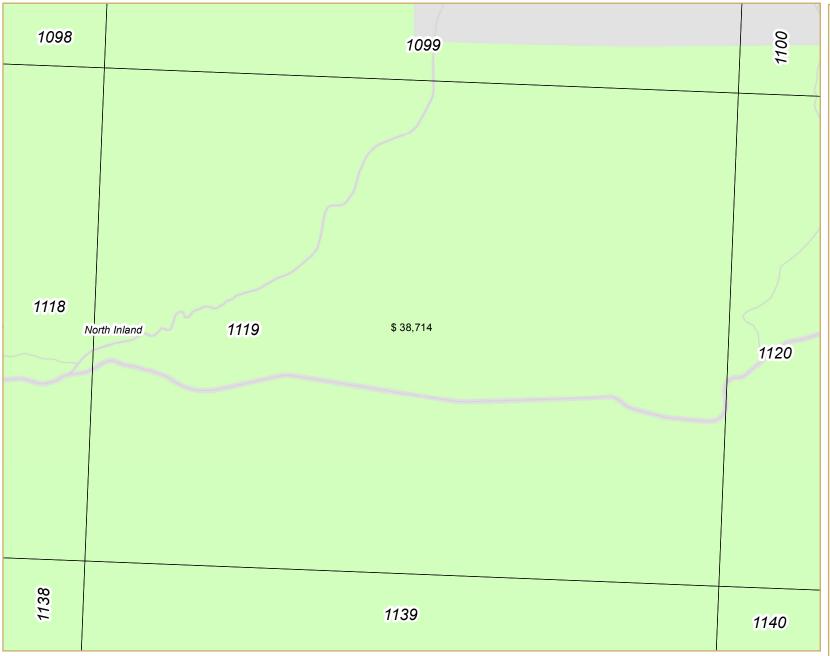
Region

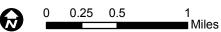


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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Grid Page 1119

## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



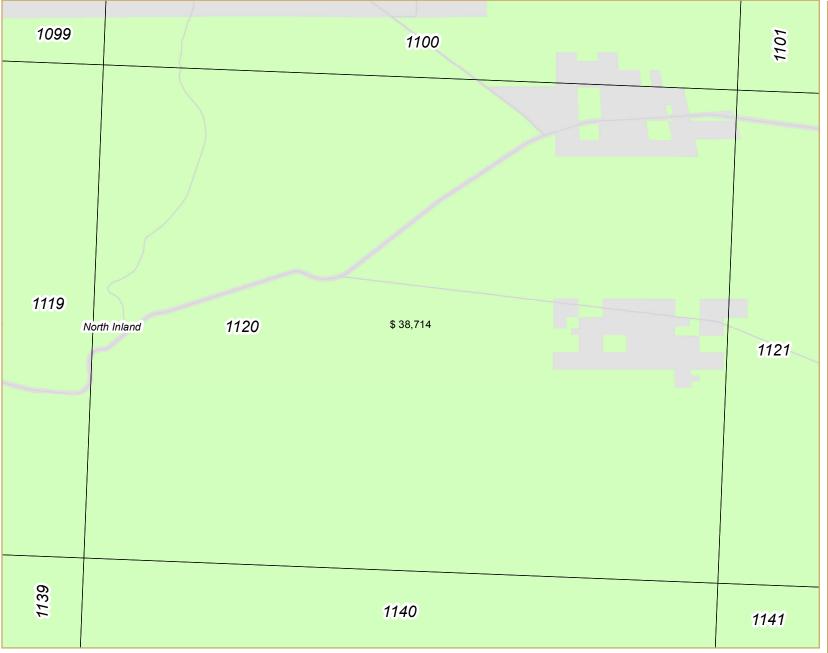
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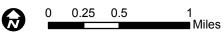


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Grid Page 1120

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

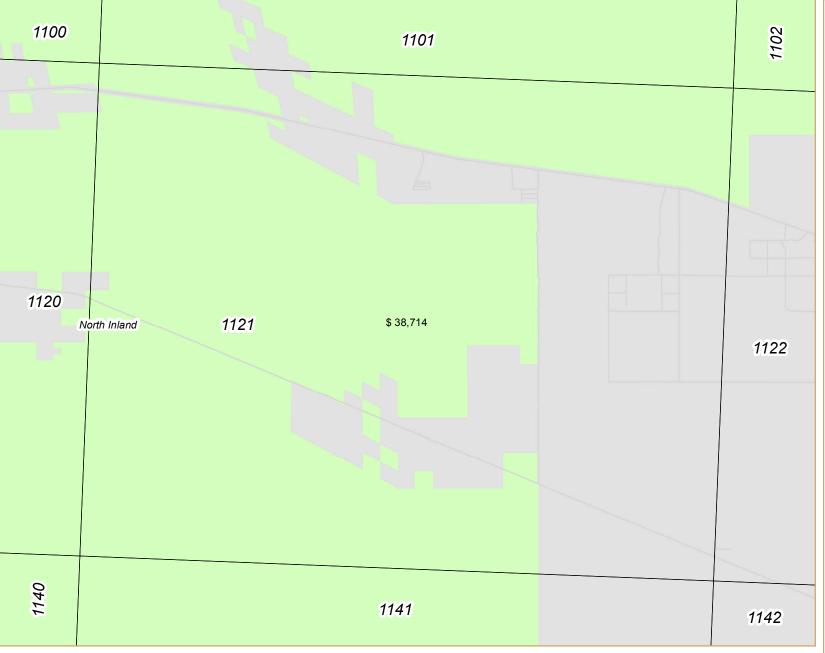


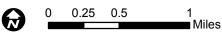
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Grid Page 1121

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

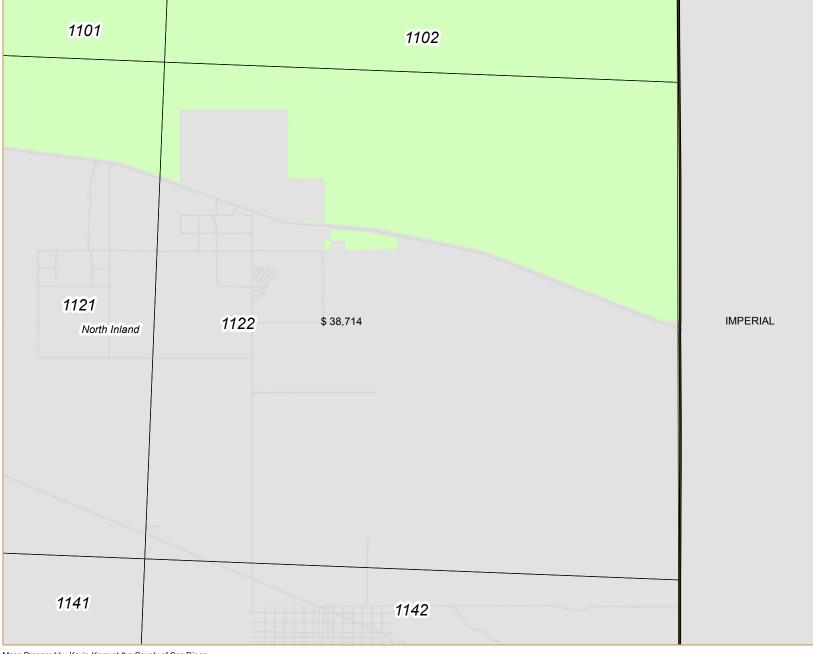


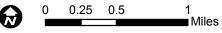
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Grid Page 1122

## **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



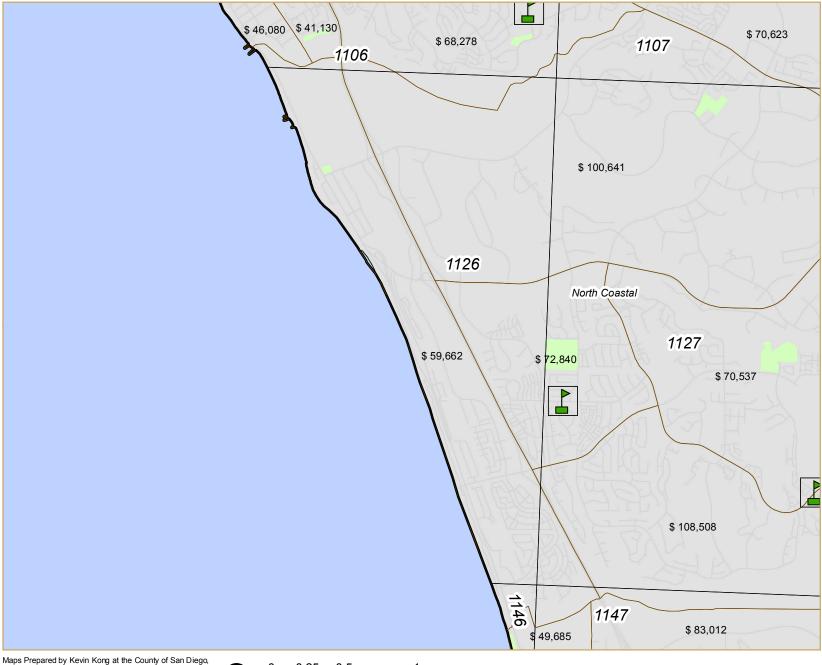
Region



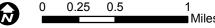
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Grid Page 1126

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



00 4 40



40.1 60.0



60.1 - 80.0



80.1 - 100.0



00.1 - 100.0

2008 Median Income Estimates



Region

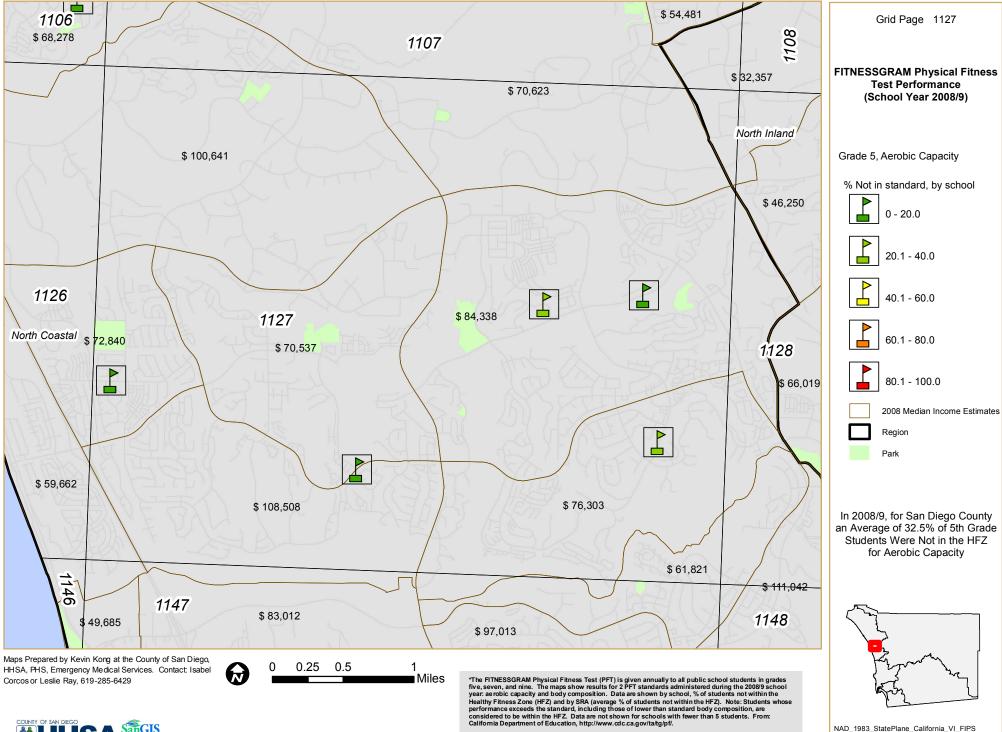


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity



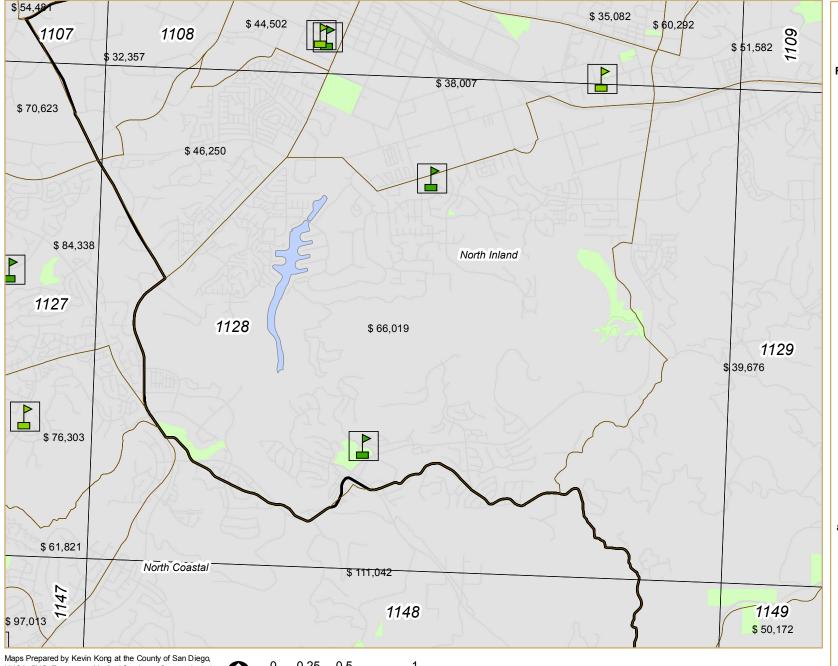


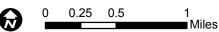




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\_0406\_Feet, D\_North\_American\_1983, Foot\_US





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Grid Page 1128

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



\_

2008 Median Income Estimates



Region

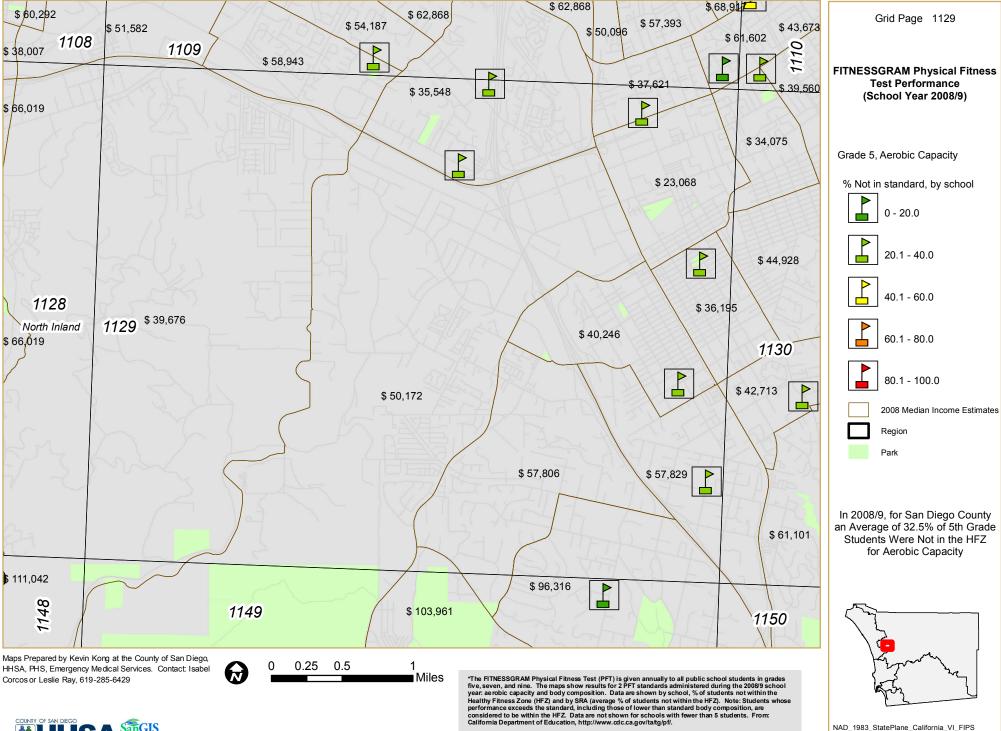


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity



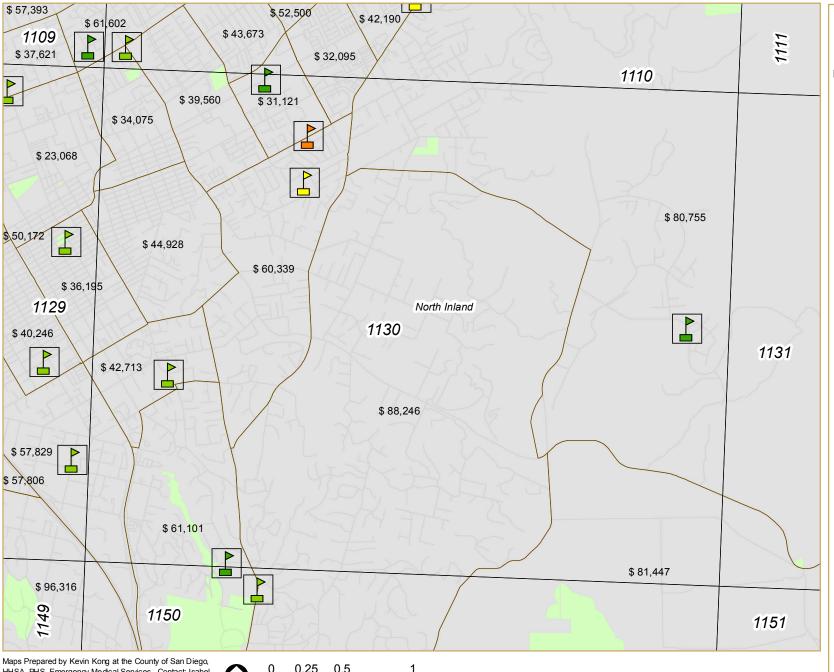






Page 135 of 320

\_0406\_Feet, D\_North\_American\_1983, Foot\_US





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Grid Page 1130

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

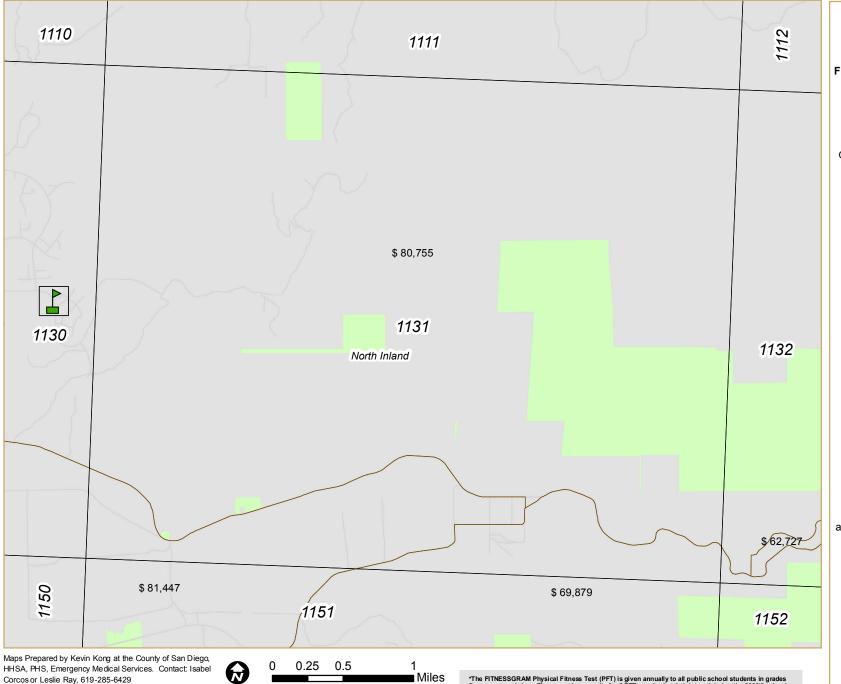


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







COUNTY OF SAN DIEGO

HEALTH AND HUMAN SERVICES AGENCY

THE COUNTY OF SAN DIEGO

BY THE

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Grid Page 1131

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 10.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



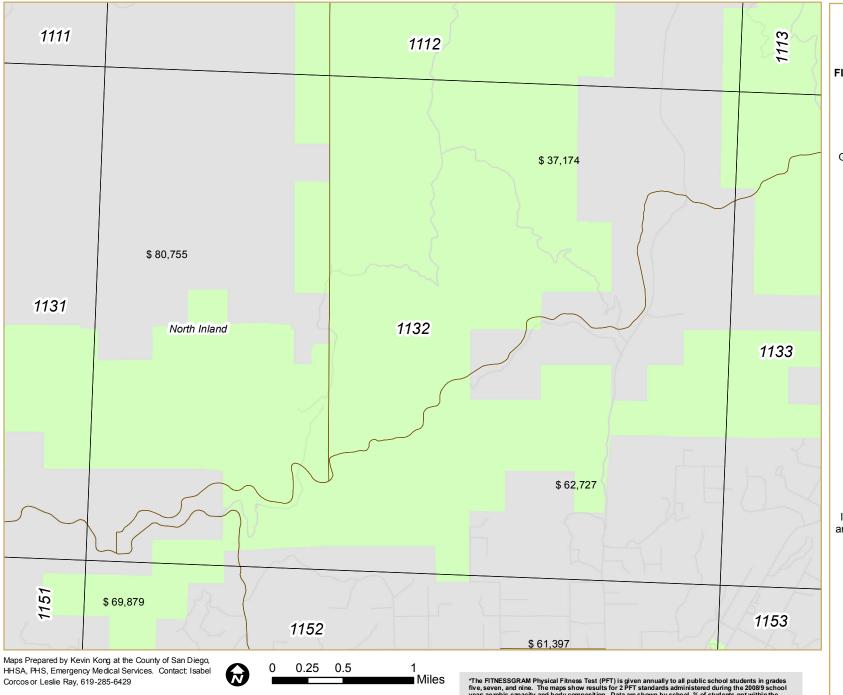
Region



Park

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Grid Page 1132

## **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



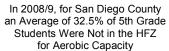
2008 Median Income Estimates



Region

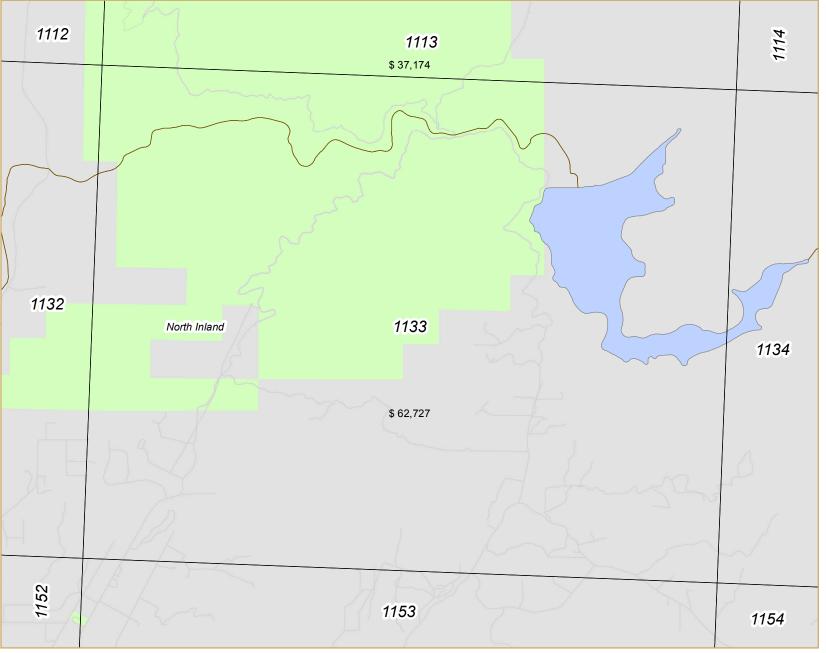


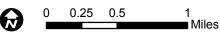
Park











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Grid Page 1133

## **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

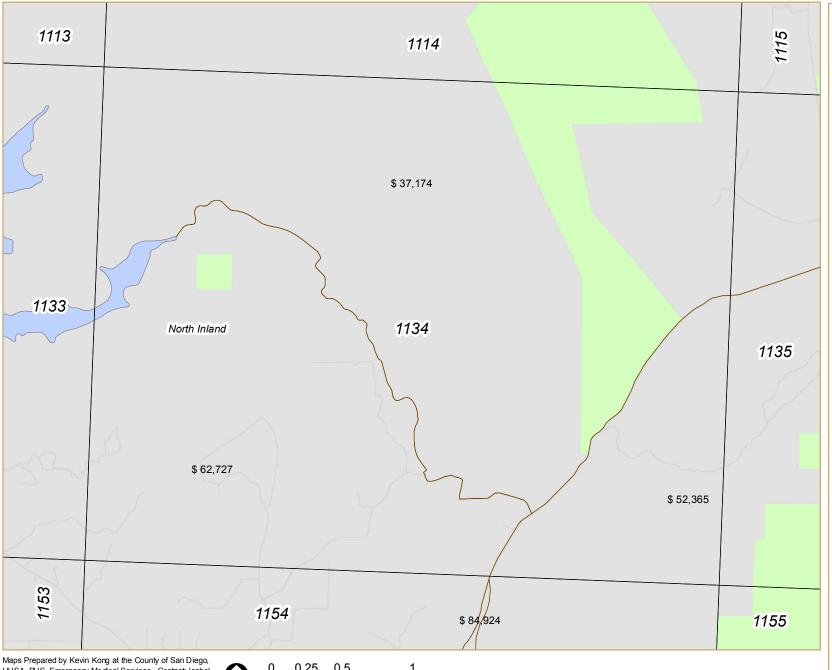


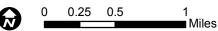
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Grid Page 1134

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

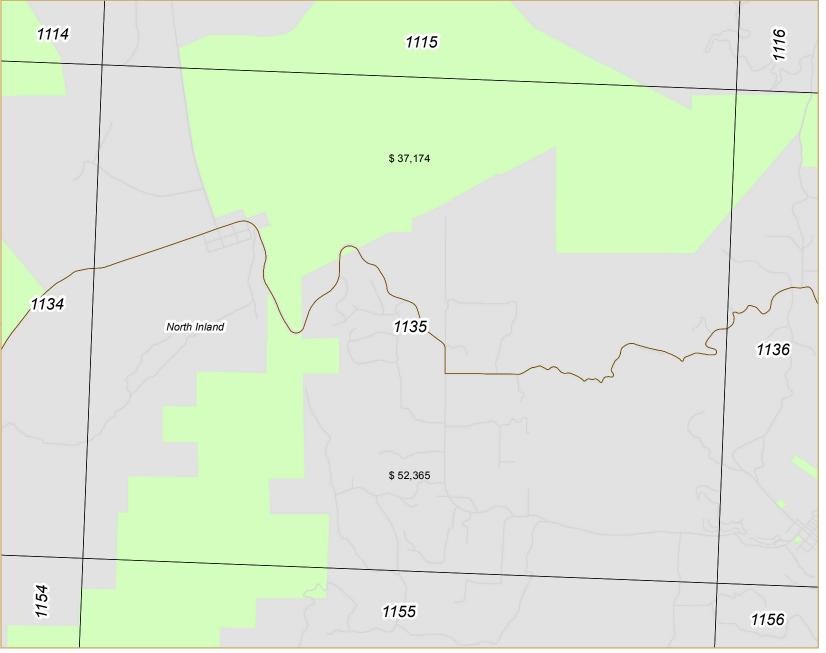


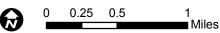
Park

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Grid Page 1135

## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

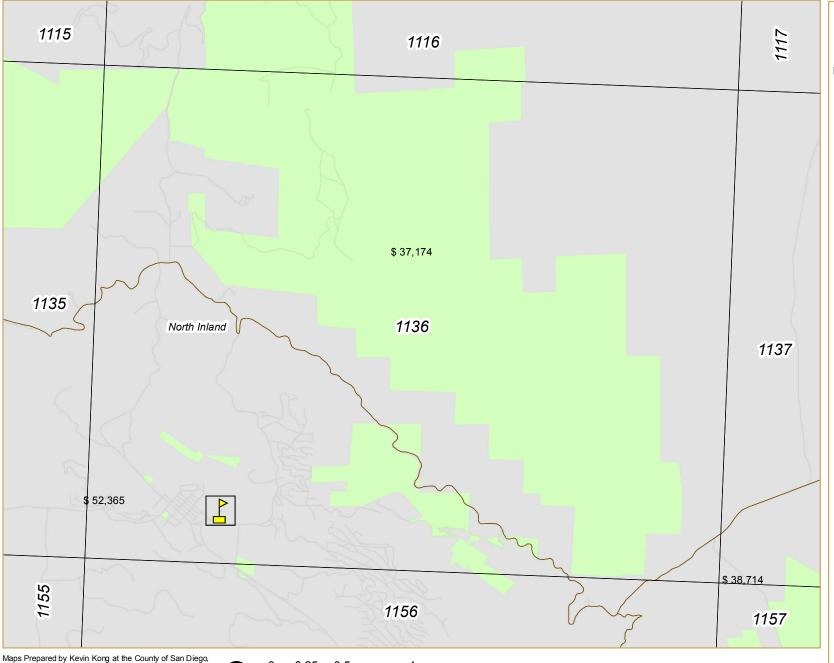


Park

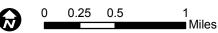
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Grid Page 1136

## **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0





Region

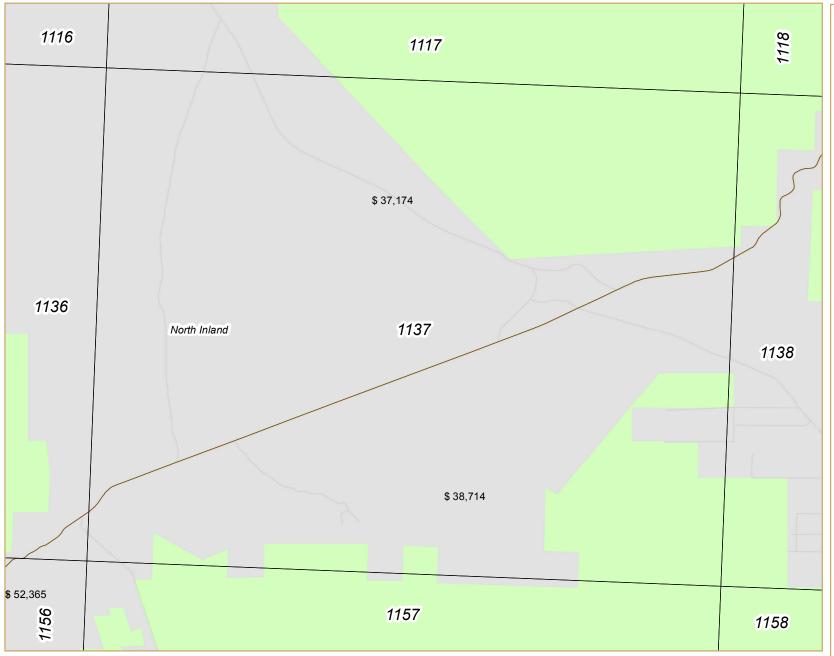


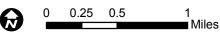
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Grid Page 1137

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

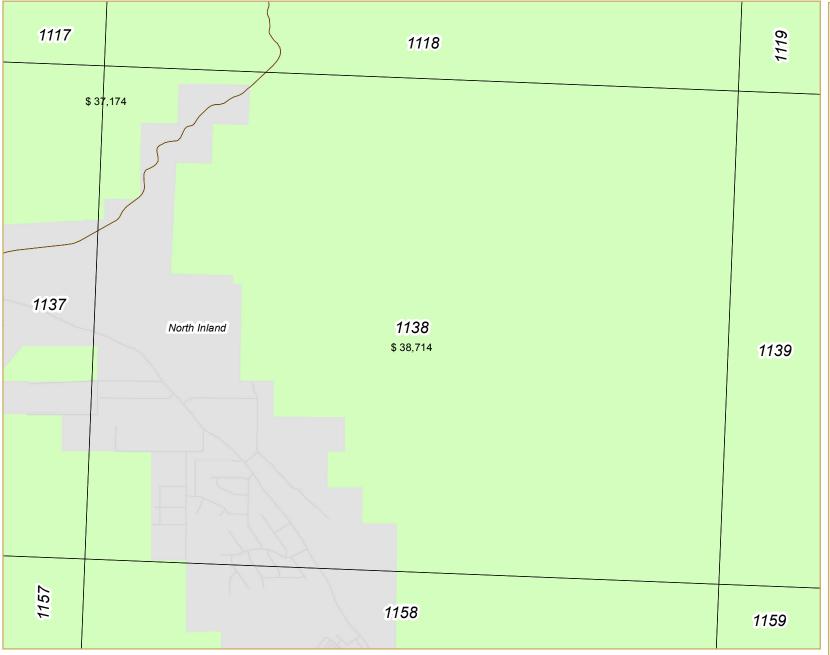


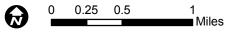
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Grid Page 1138

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.4 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



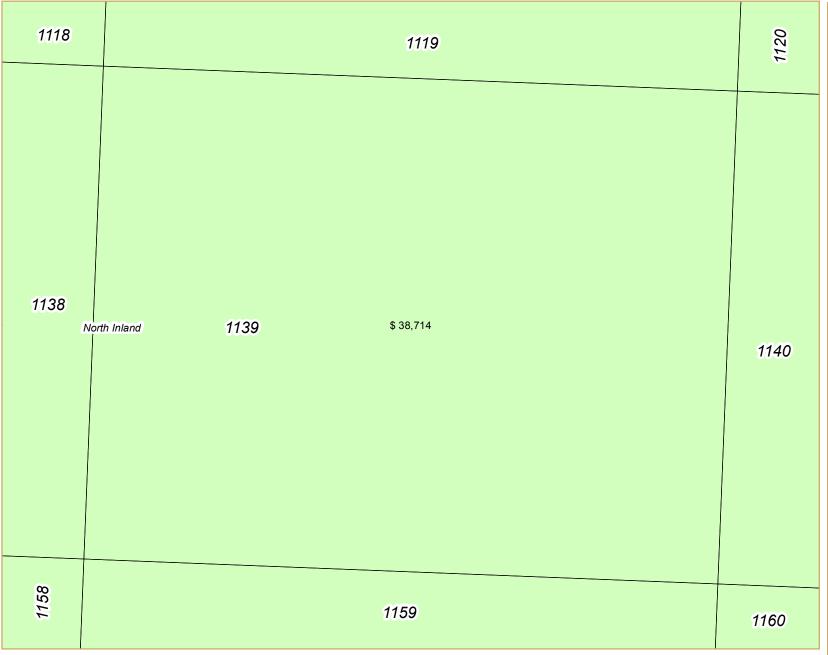
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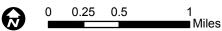


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Grid Page 1139

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



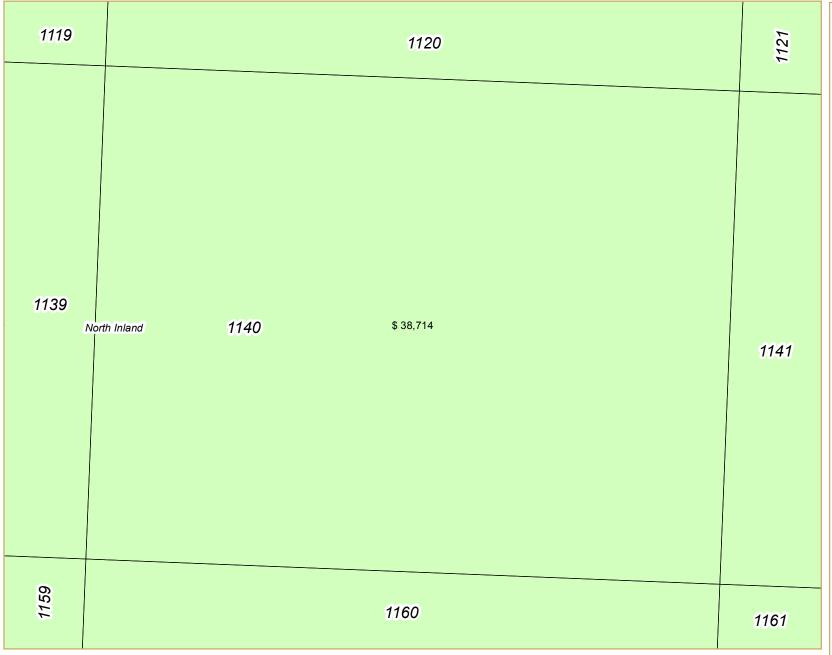
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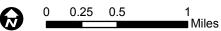


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Grid Page 1140

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0





2008 Median Income Estimates



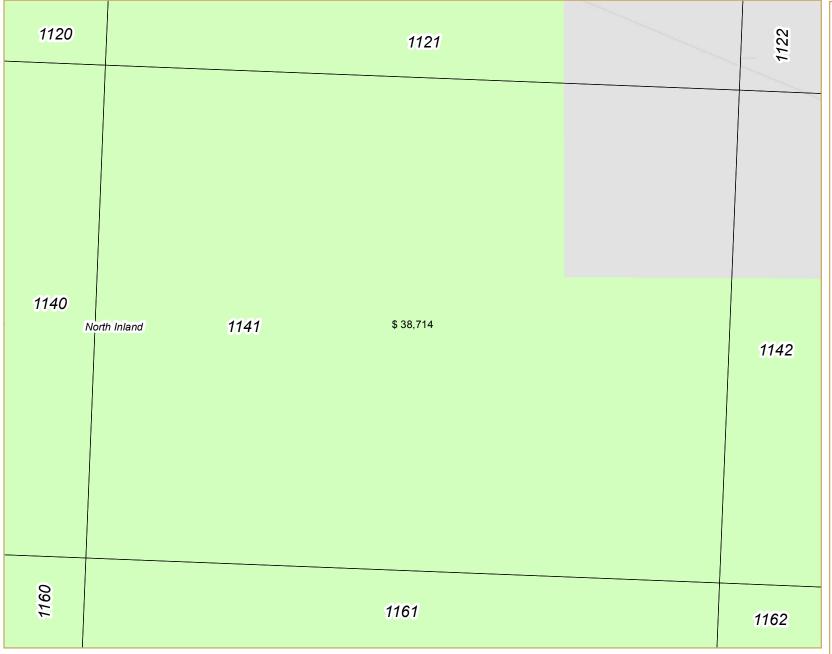
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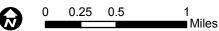


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Grid Page 1141

# **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



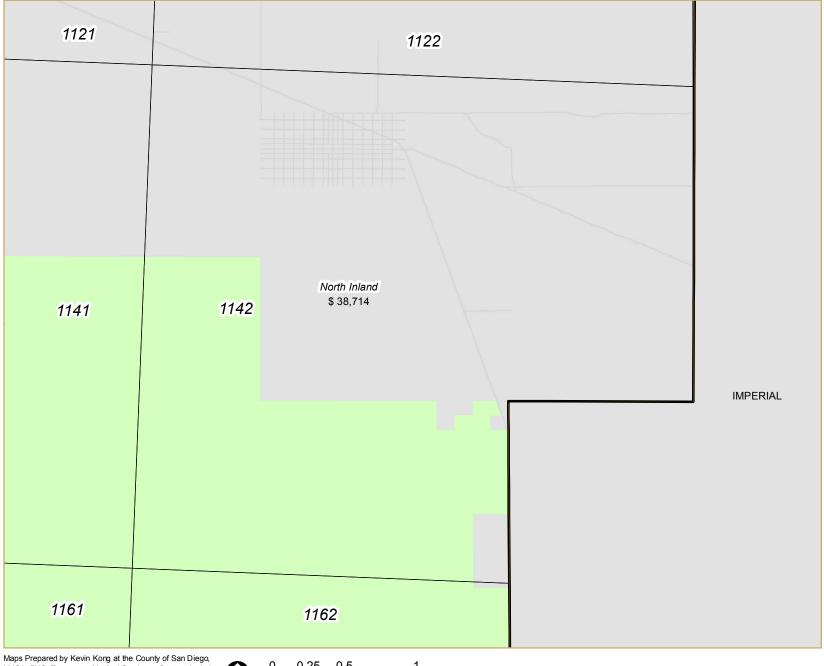
Region

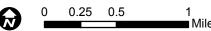


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity

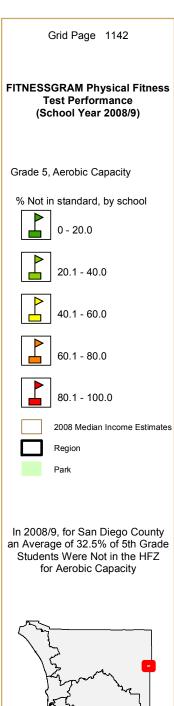




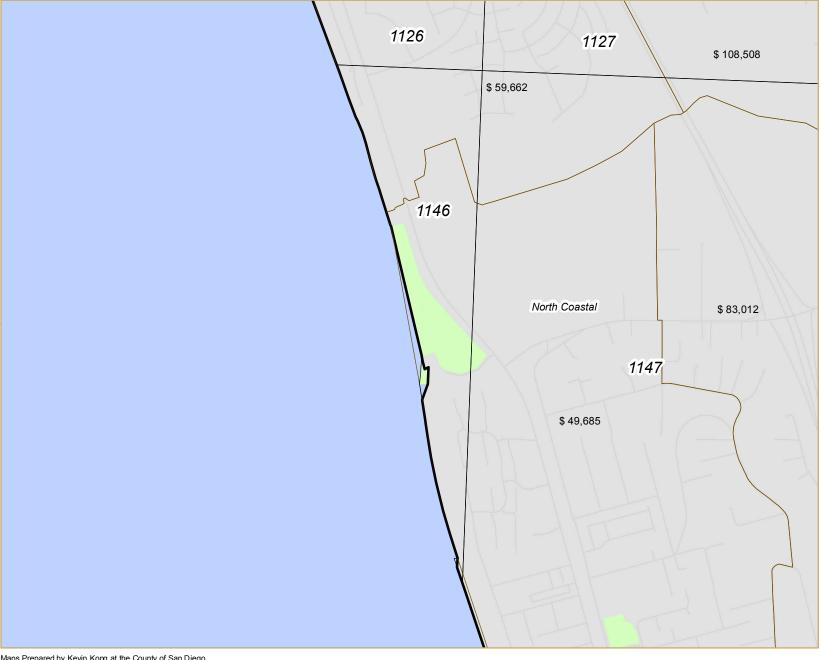


\*The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 20089 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SRA (average % of students or within the HFZ). Note: Students whose performance exceeds the standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tgp/fa





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"The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HE7) and by SRA (average % of students on within the HE7. Note: Students whose performance exceeds the standard, including those of lower than standard body composition, are considered to be within the HE7. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/tatg/pf/.





# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



00.1 - 100.0



2008 Median Income Estimates



Region

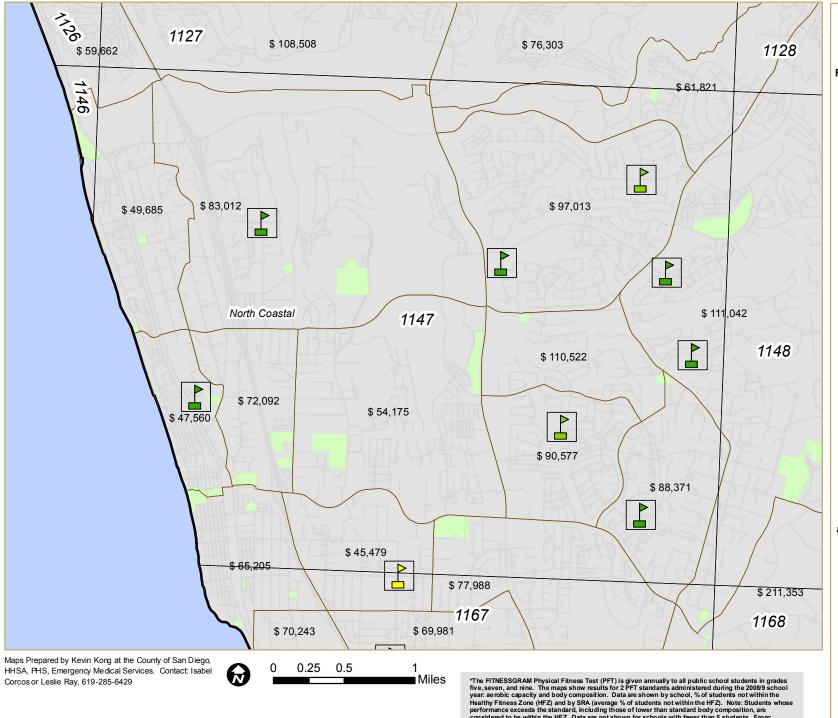


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity









considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.

Grid Page 1147

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



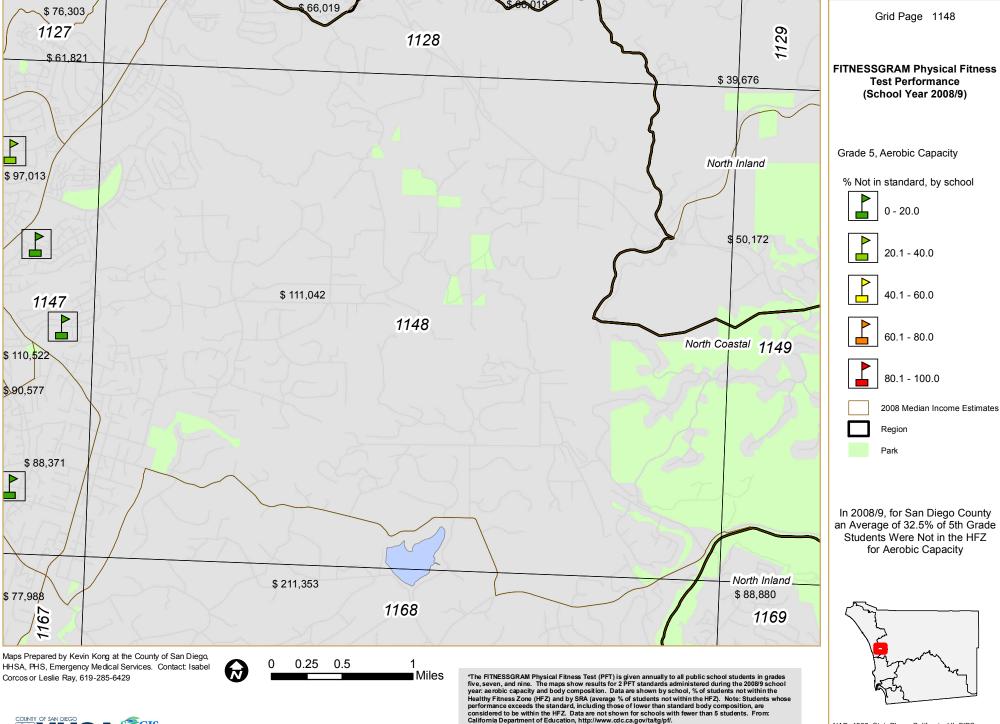
Region



Park

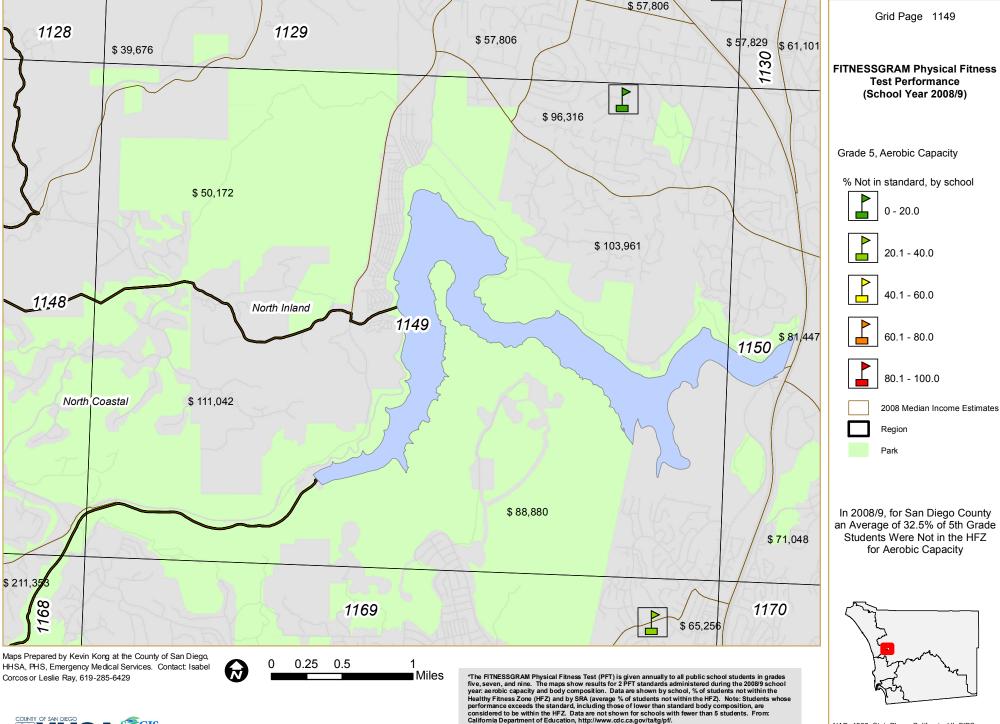
In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





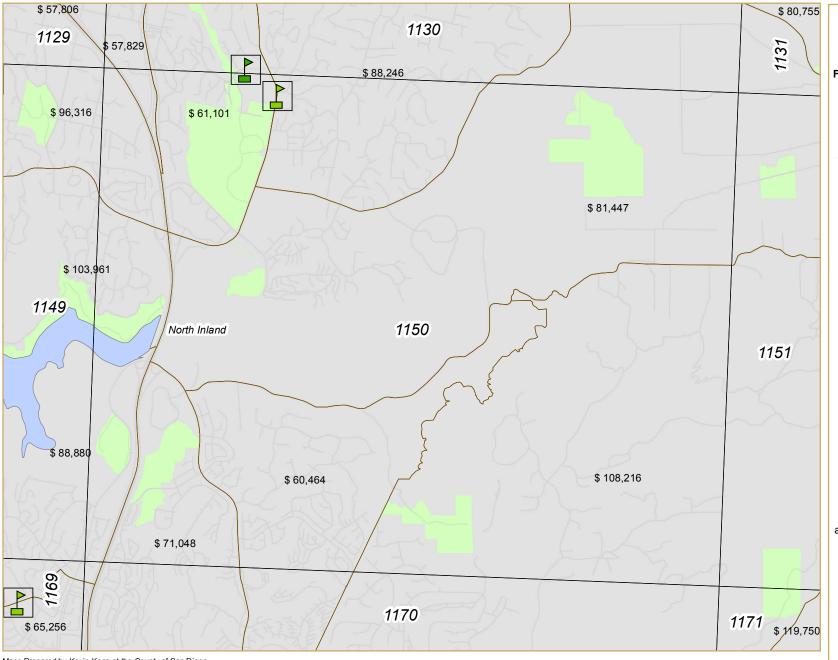


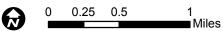
Page 151 of 320





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"The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SRA (average % of students not within the HFZ). Note: Students whose performance exceeds the standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.



Grid Page 1150

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

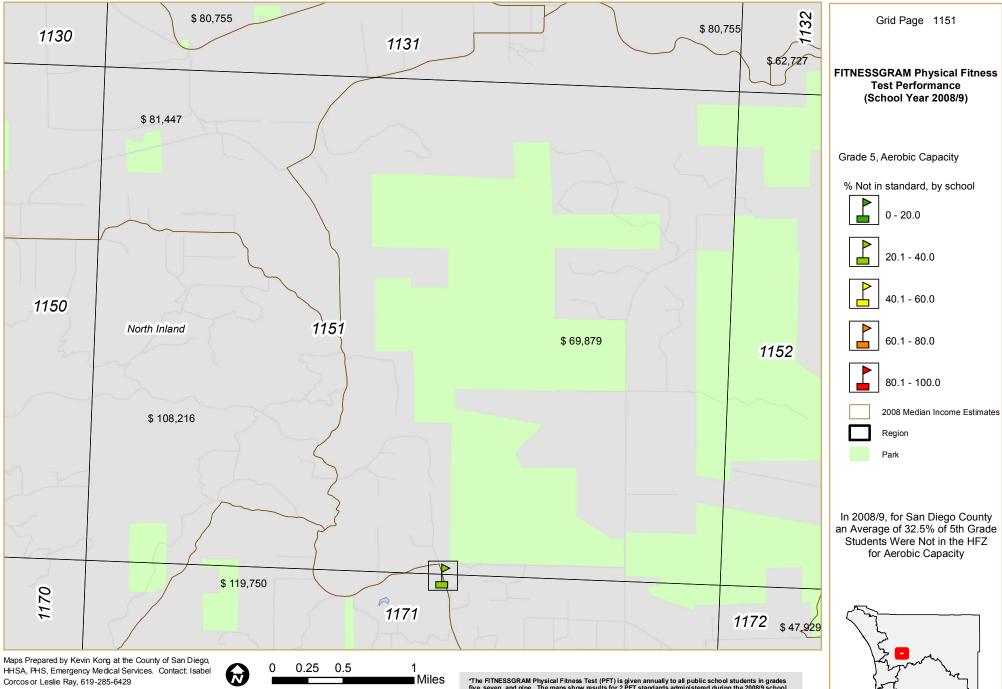


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity

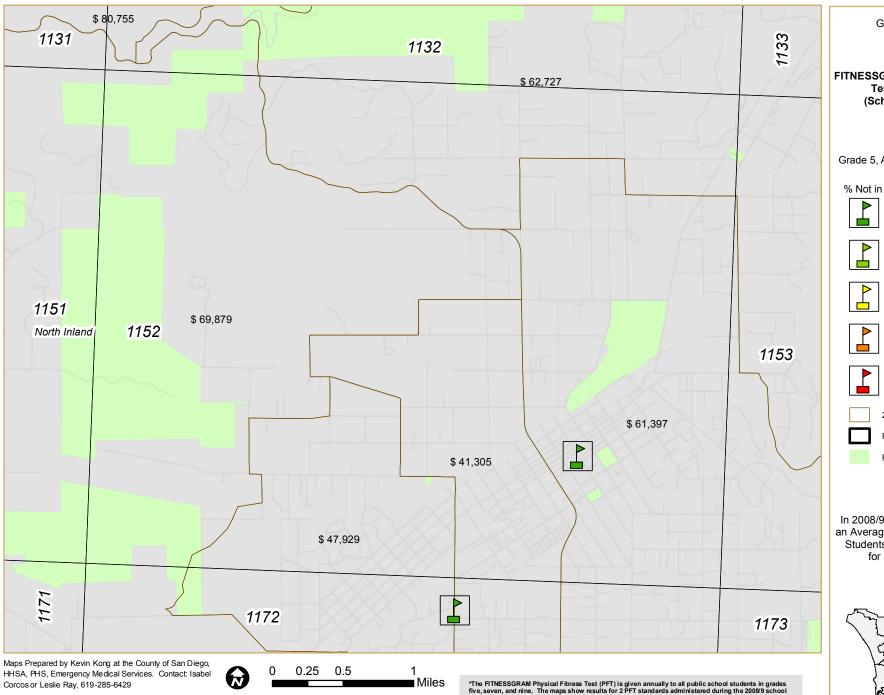








"The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the HEZ). Note: Students not within the HEZ). Note: Students whose performance exceeds the standard, including those of lower than standard body composition, are considered to be within the HEZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.



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Grid Page 1152

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school

0 - 20.0

20.1 - 40.0

40.1 - 60.0

60.1 - 80.0

80.1 - 100.0

00.1 - 100.0

2008 Median Income Estimates

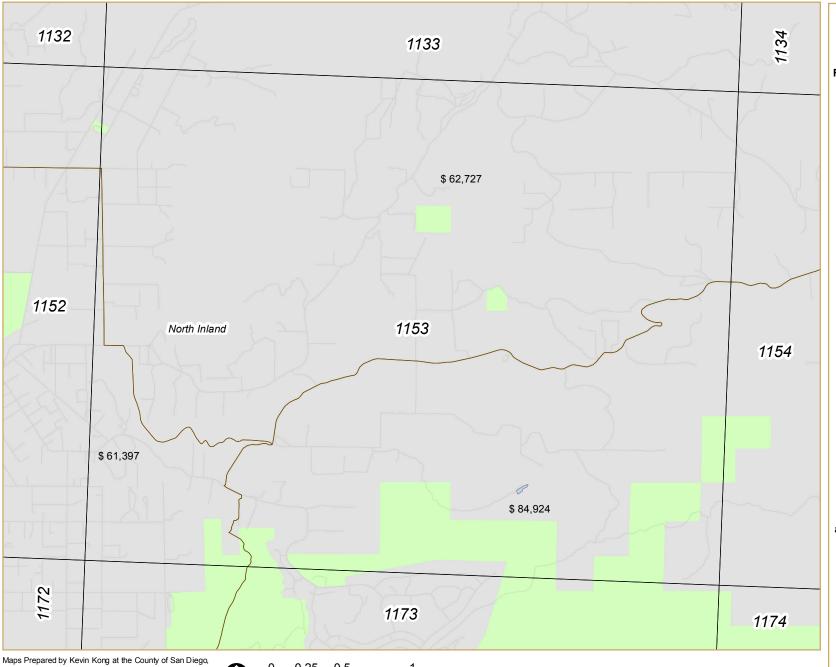
Region

Park

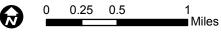
In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429



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Grid Page 1153

# FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

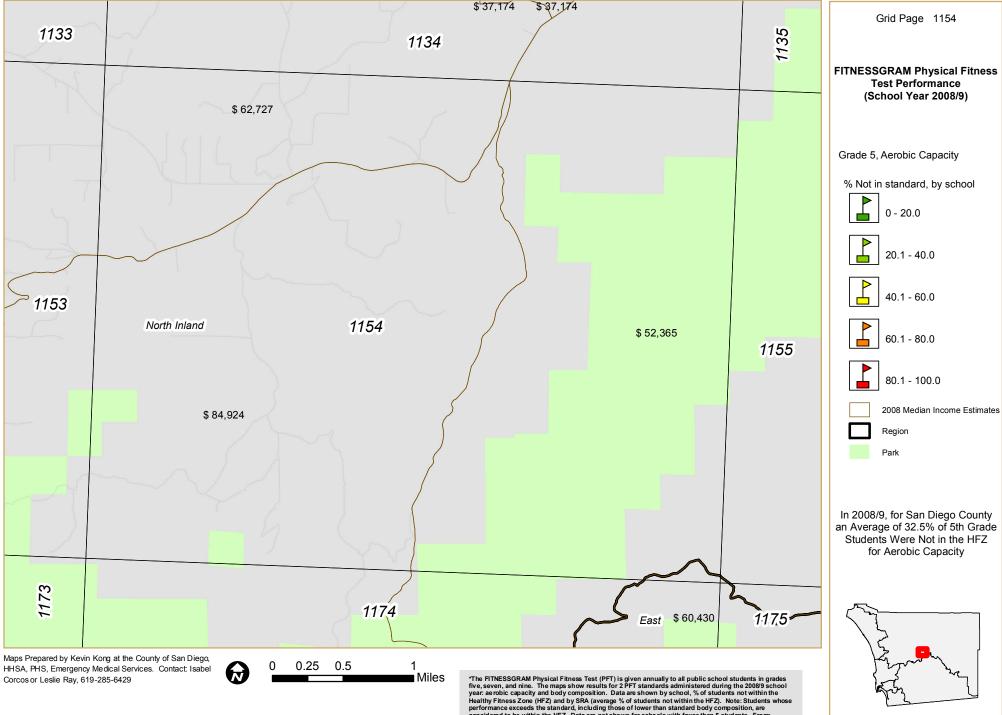


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity









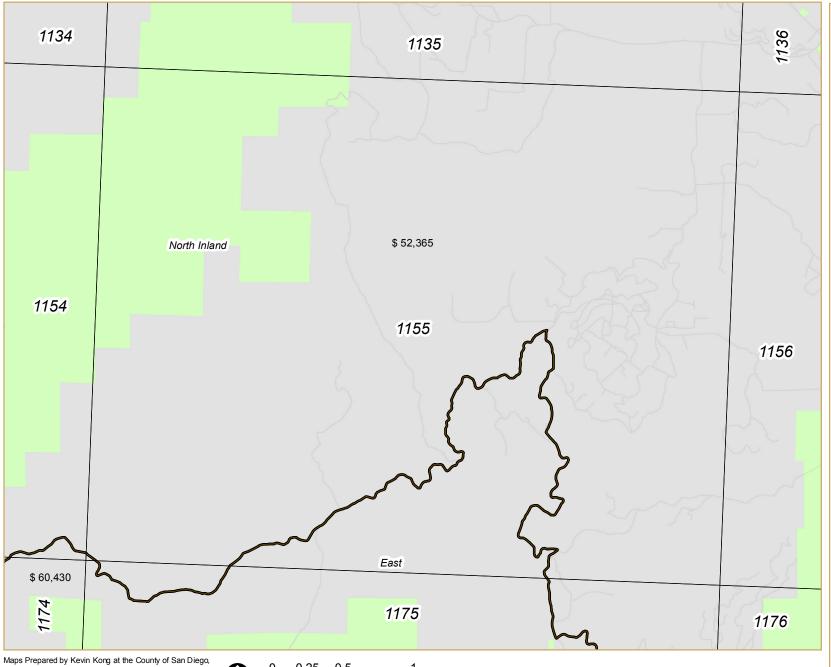
considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.

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# **Test Performance**

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ





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Grid Page 1155

# FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0





2008 Median Income Estimates



Region

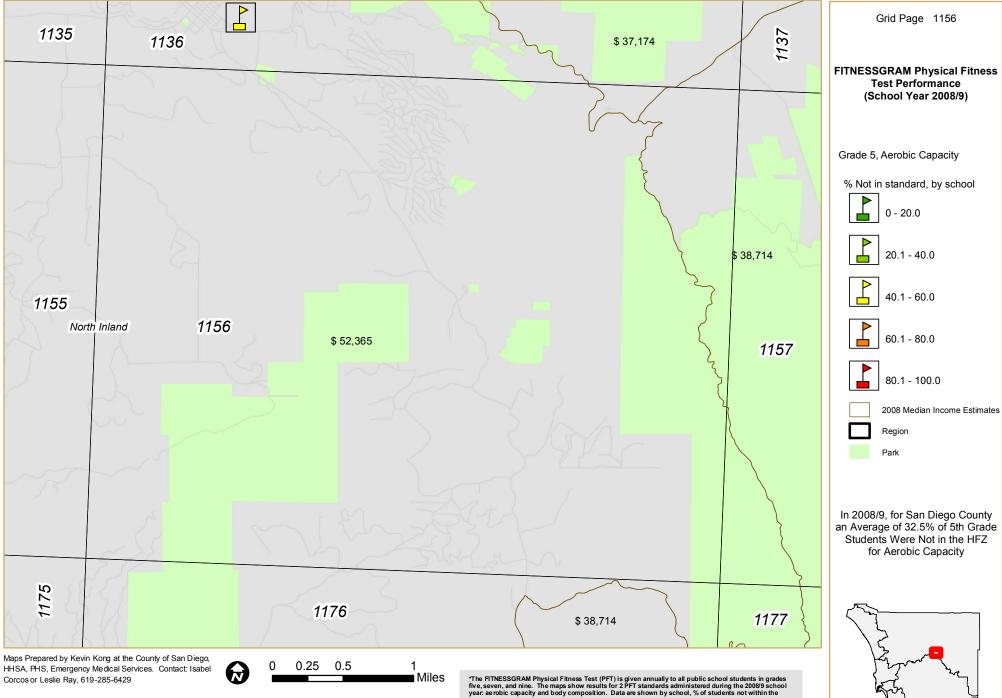


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







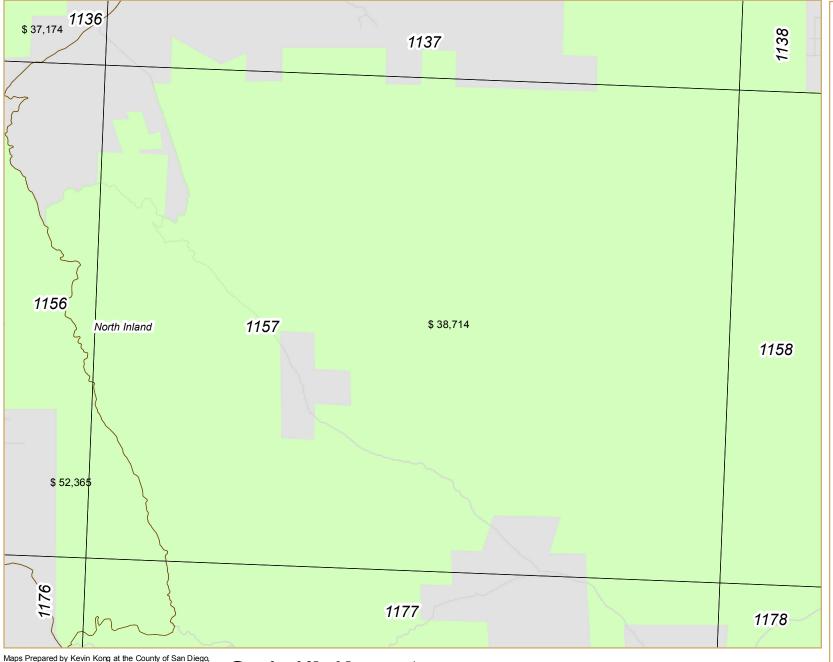


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# **Test Performance** (School Year 2008/9)

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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Grid Page 1157

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



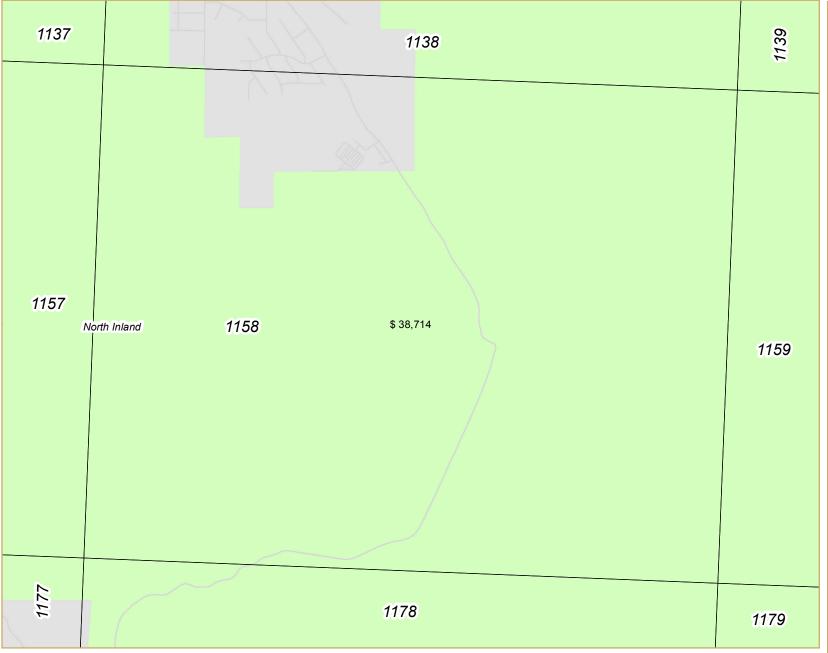
Region

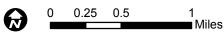


Park

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Grid Page 1158

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



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2008 Median Income Estimates



Region

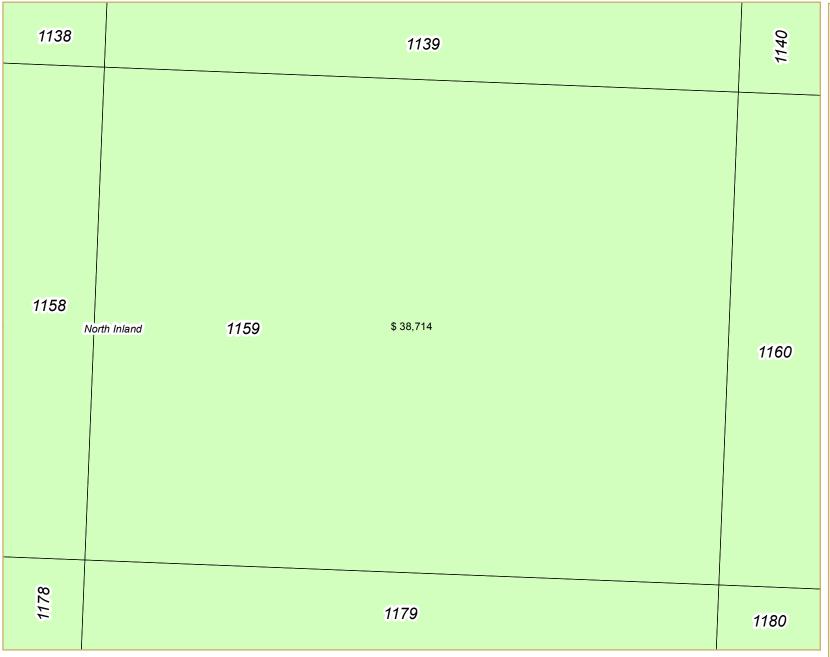


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity









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Grid Page 1159

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 40





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



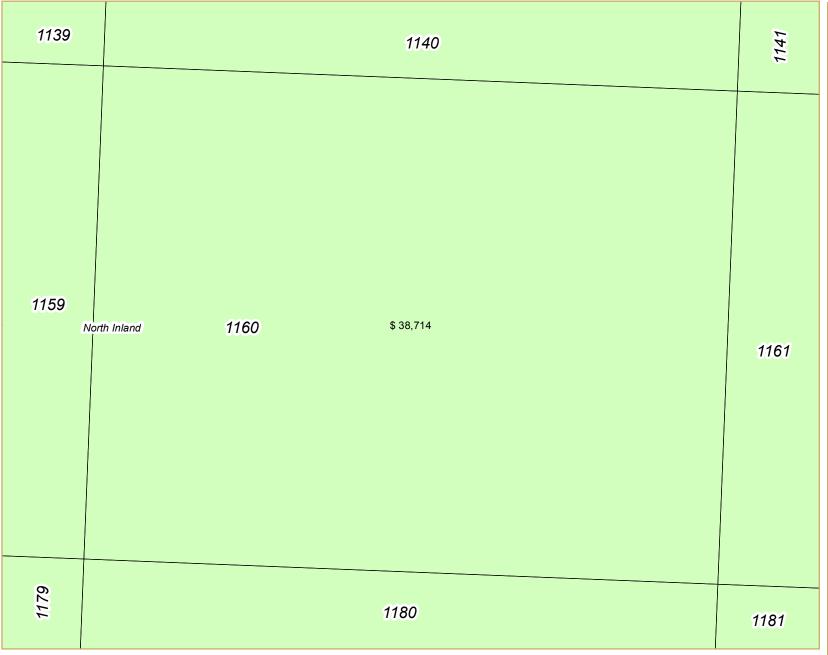
Region

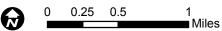


Park

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Grid Page 1160

# **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0





60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



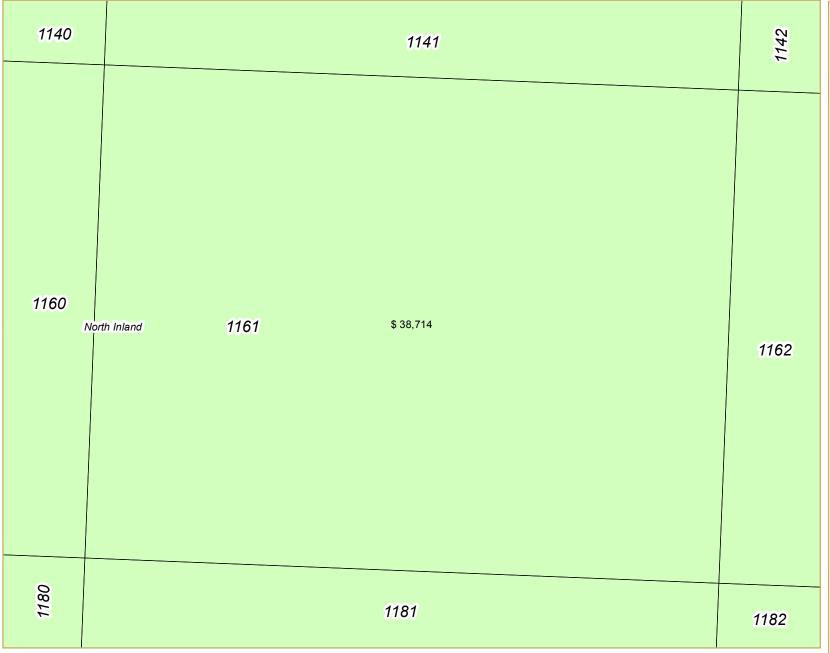
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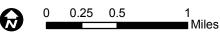


Park

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Grid Page 1161

# **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



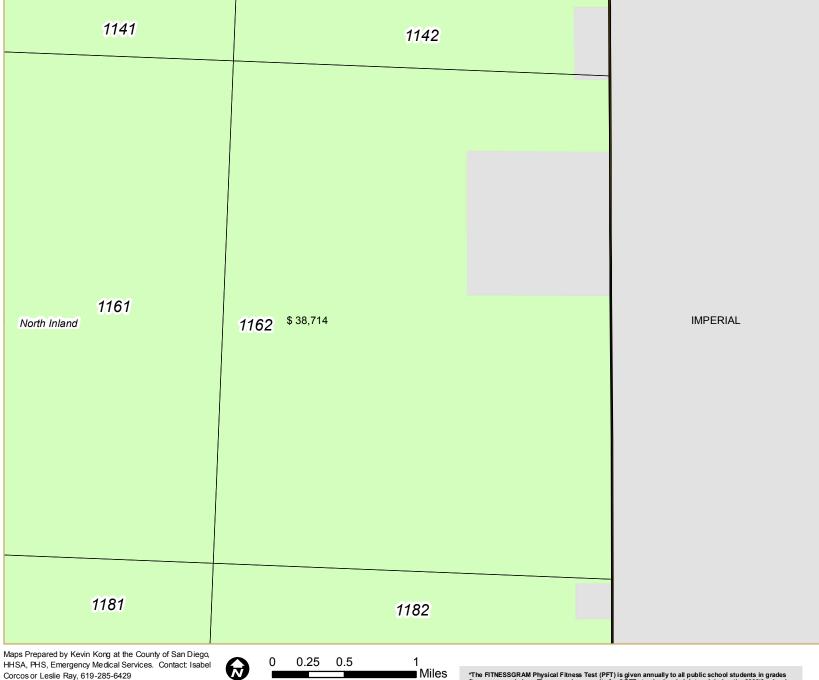
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





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Grid Page 1162

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



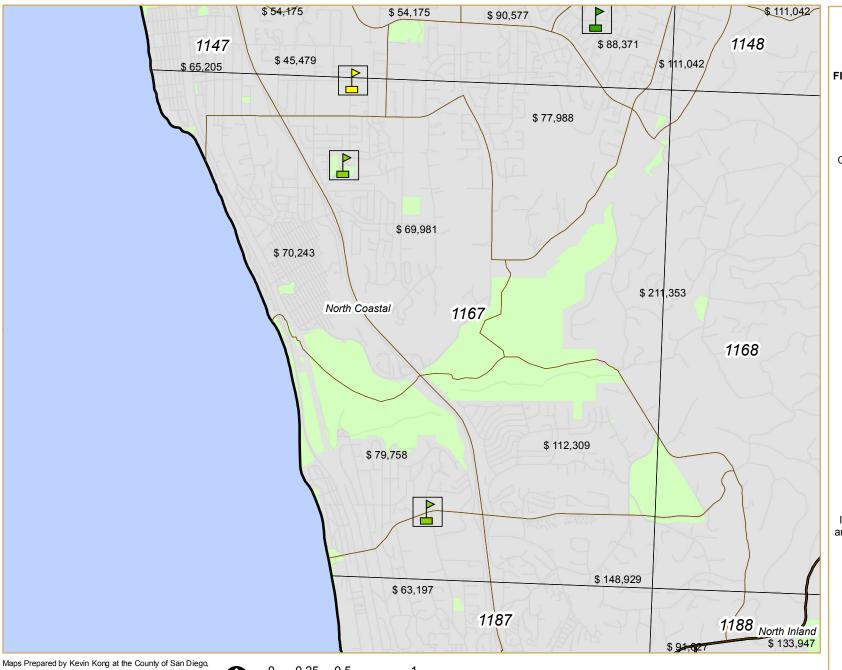
Region



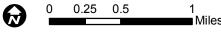
Park

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Grid Page 1167

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0





60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



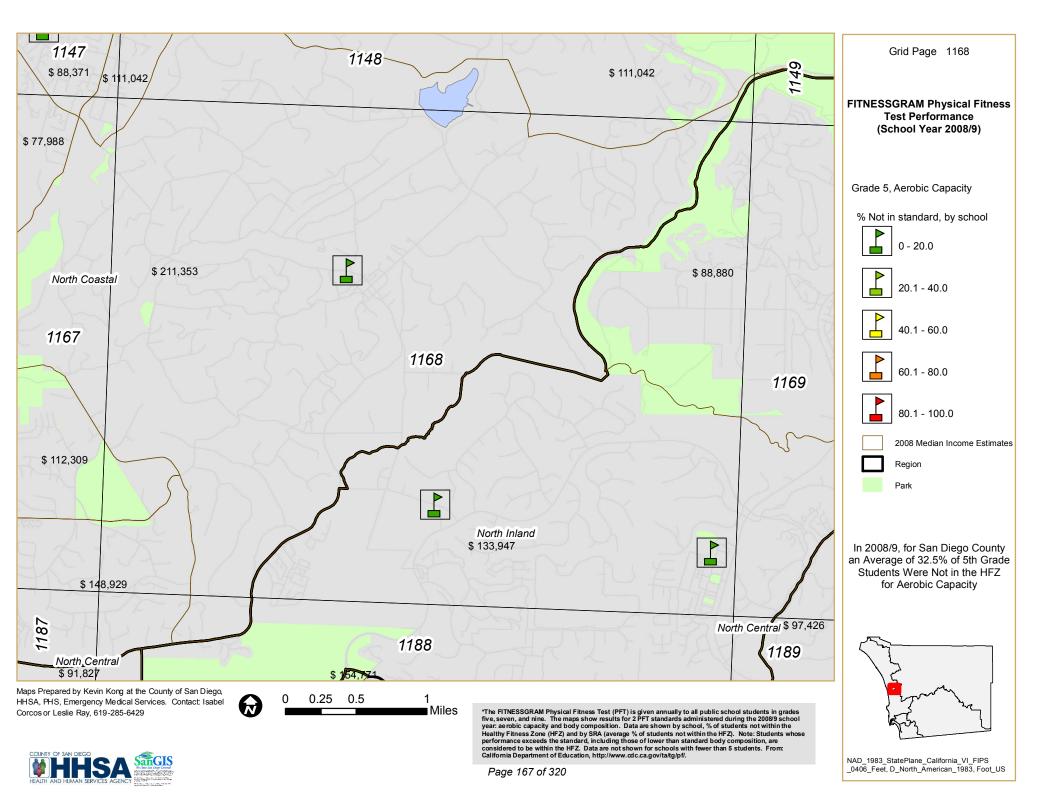
Region

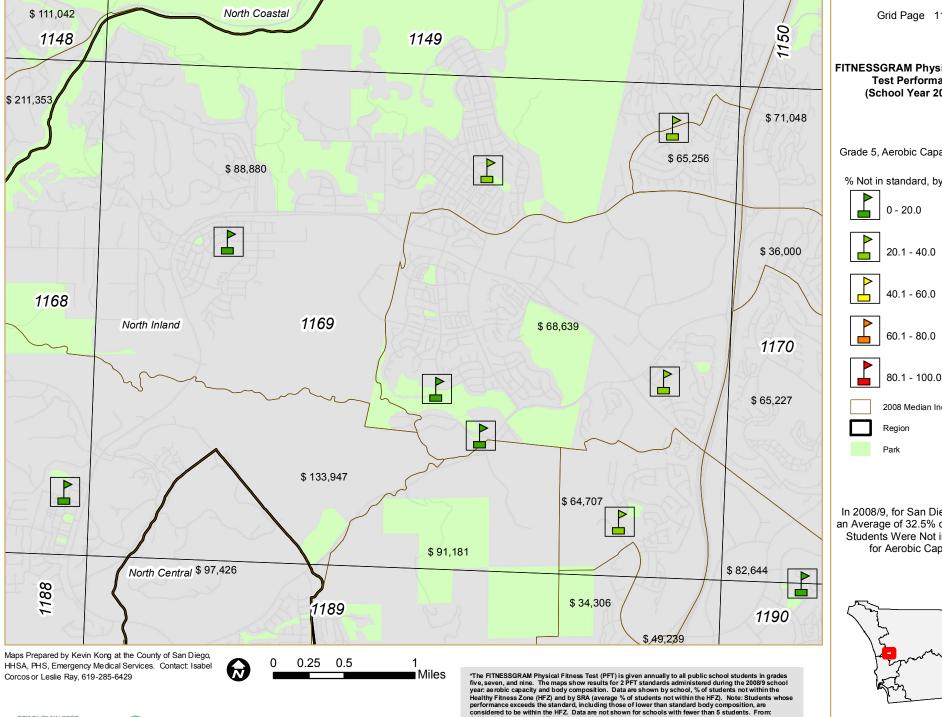


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity









considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.

Grid Page 1169

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school

40.1 - 60.0

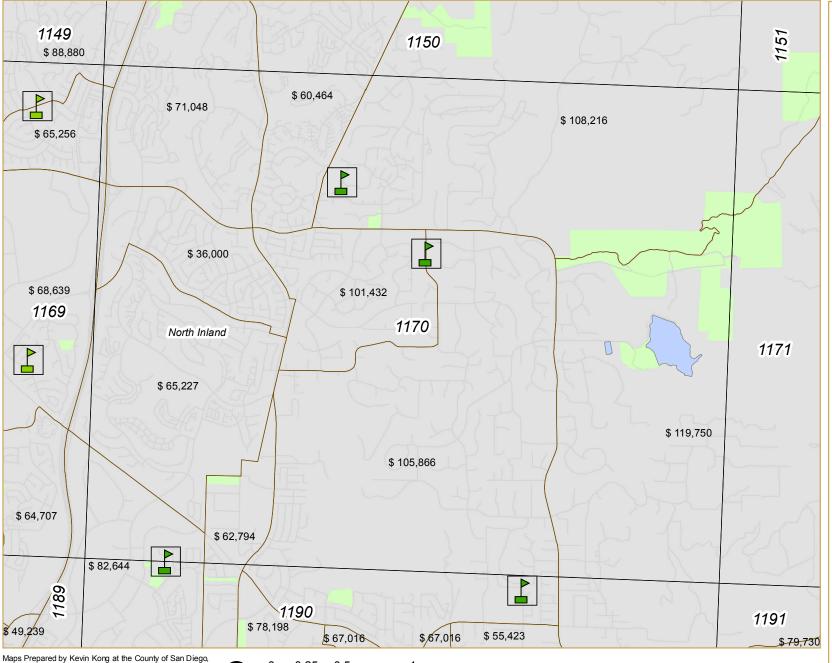
60.1 - 80.0

2008 Median Income Estimates

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity



NAD\_1983\_StatePlane\_California\_VI\_FIPS \_0406\_Feet, D\_North\_American\_1983, Foot\_US





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Grid Page 1170

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

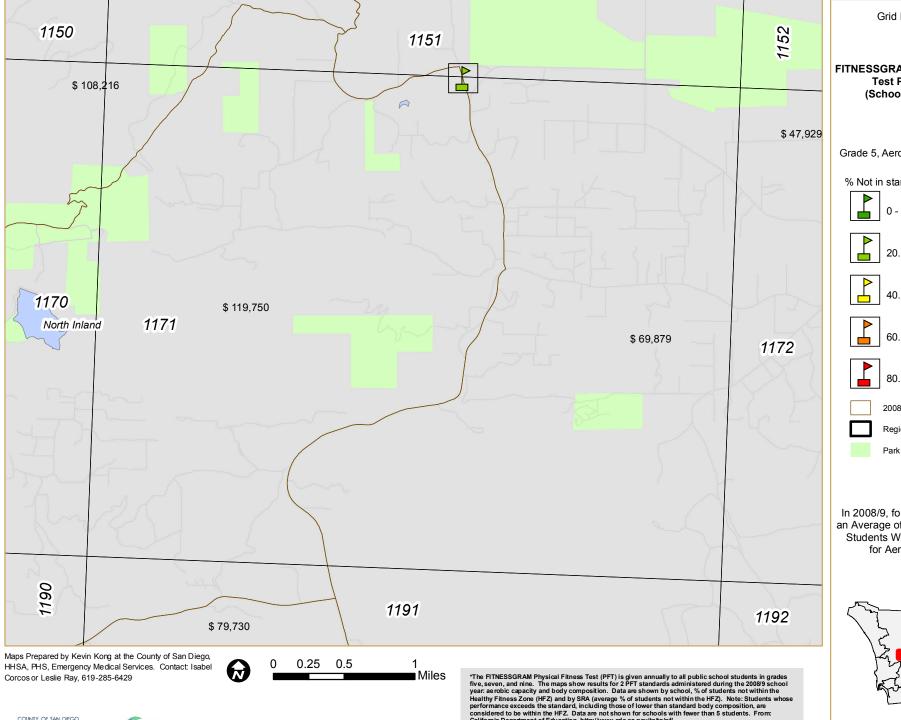


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity









considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.

Grid Page 1171

# **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school

0 - 20.0

20.1 - 40.0

40.1 - 60.0

60.1 - 80.0

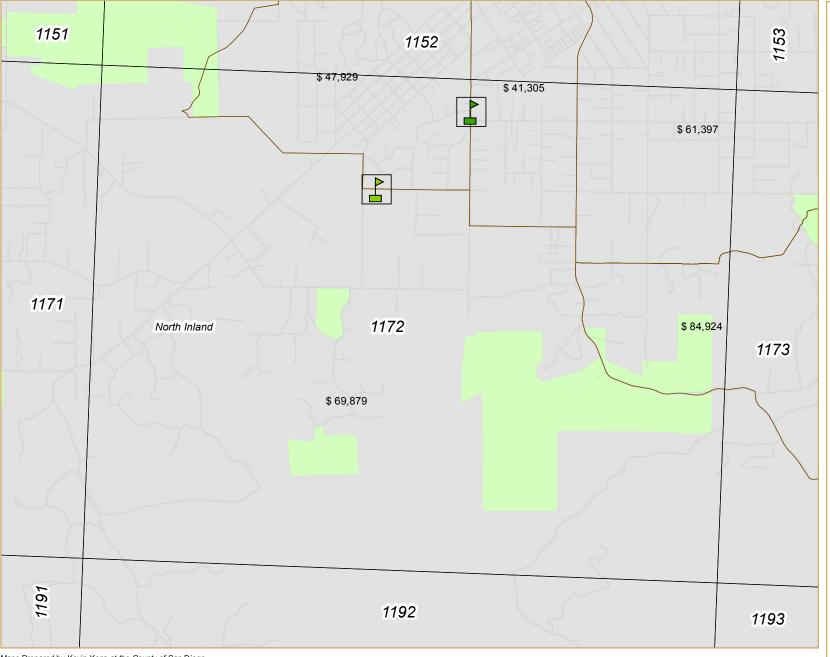
80.1 - 100.0

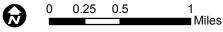
2008 Median Income Estimates

Region

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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Grid Page 1172

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0





Region

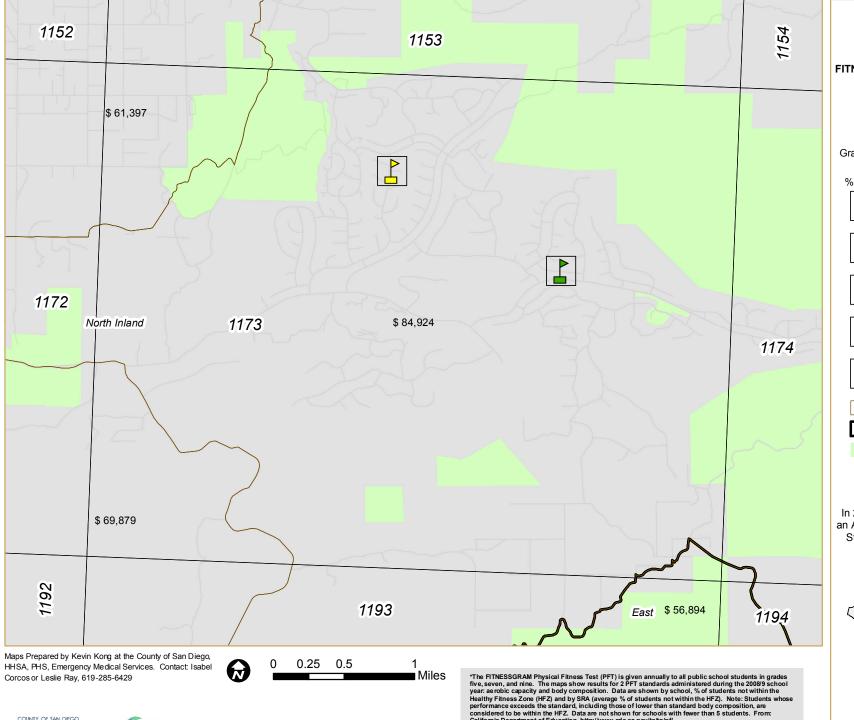


Park

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considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.

Grid Page 1173

# **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



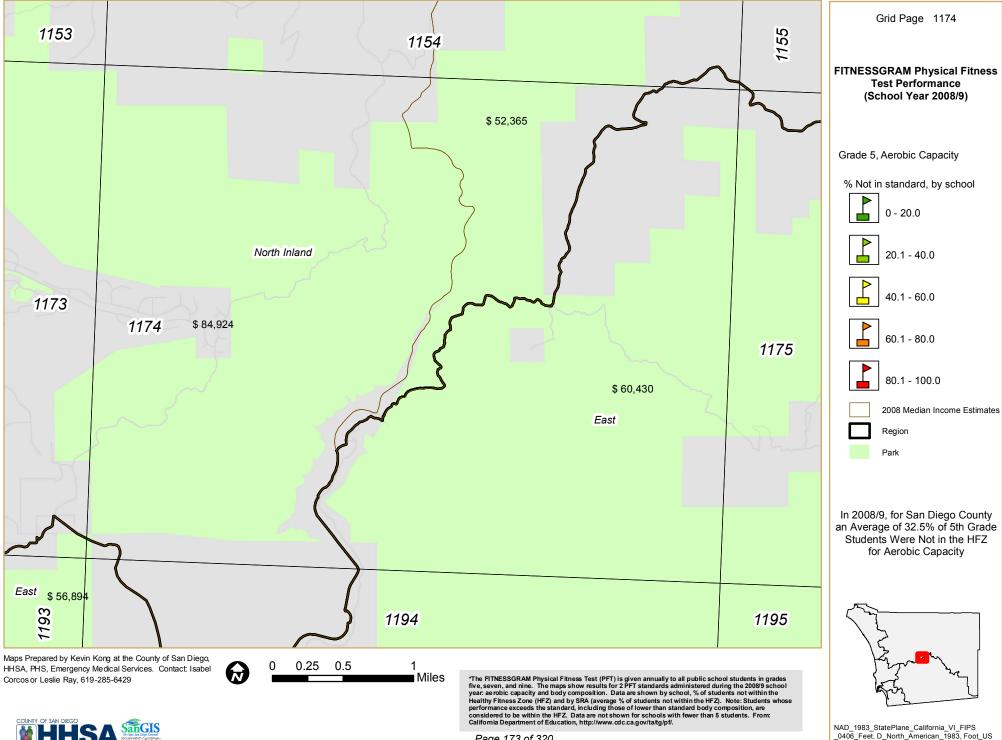
Region



Park

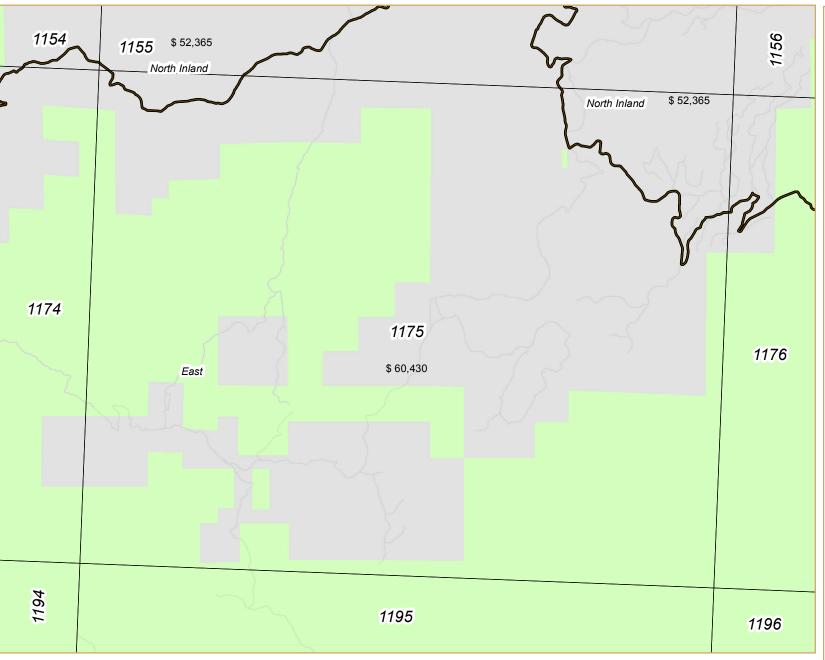
In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity

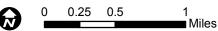






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"The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HE7) and by SRA (average % of students on within the HE7. Note: Students whose performance exceeds the standard, including those of lower than standard body composition, are considered to be within the HE7. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/tatg/pf/.



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Grid Page 1175

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



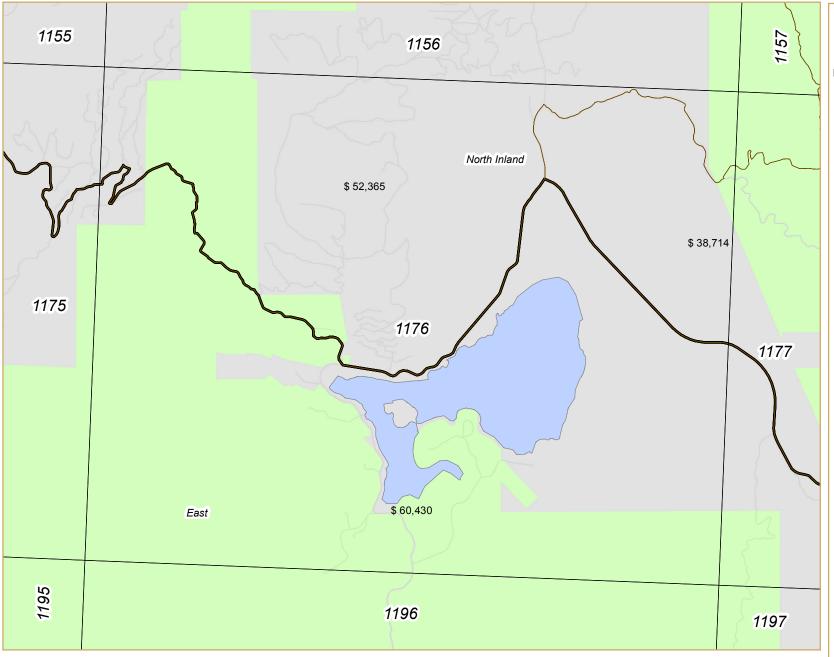
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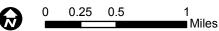


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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Grid Page 1176

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

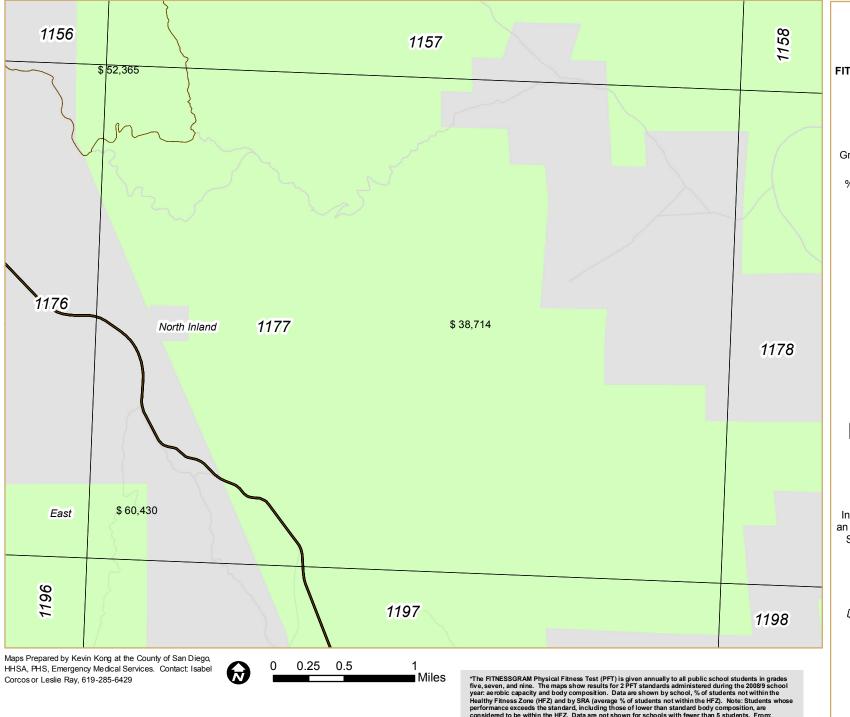


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity









considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.

Grid Page 1177

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



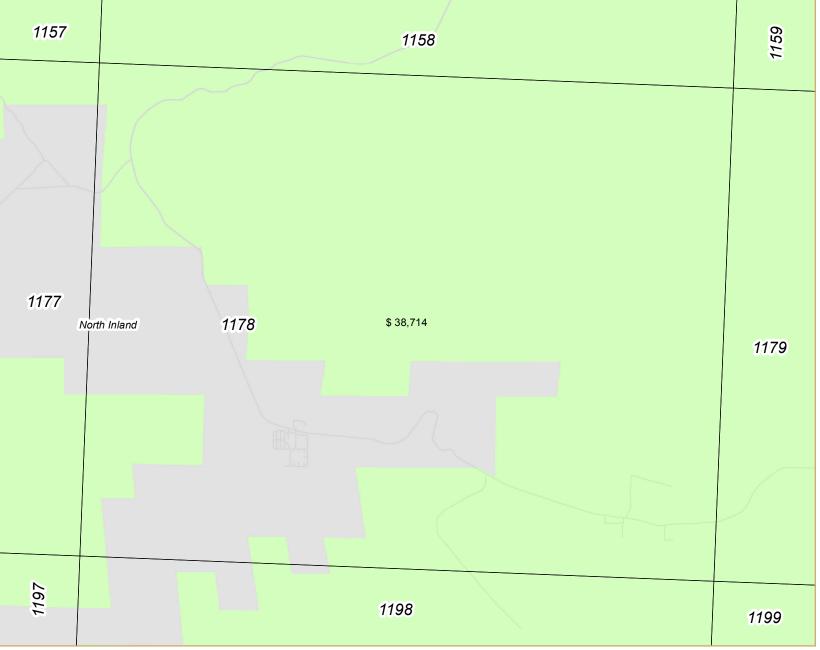
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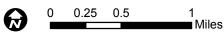


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity

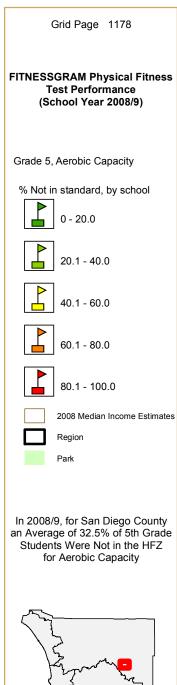


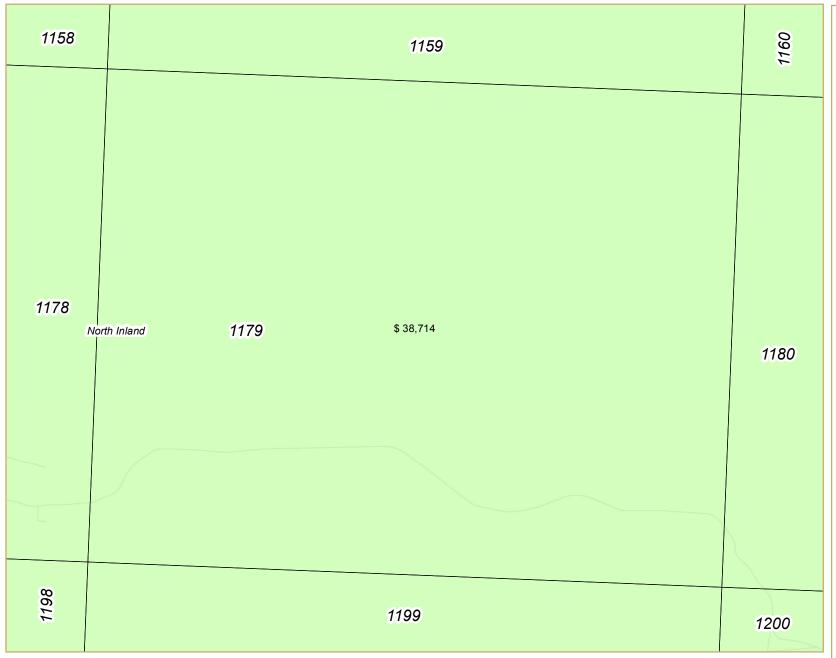


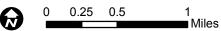


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Grid Page 1179

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



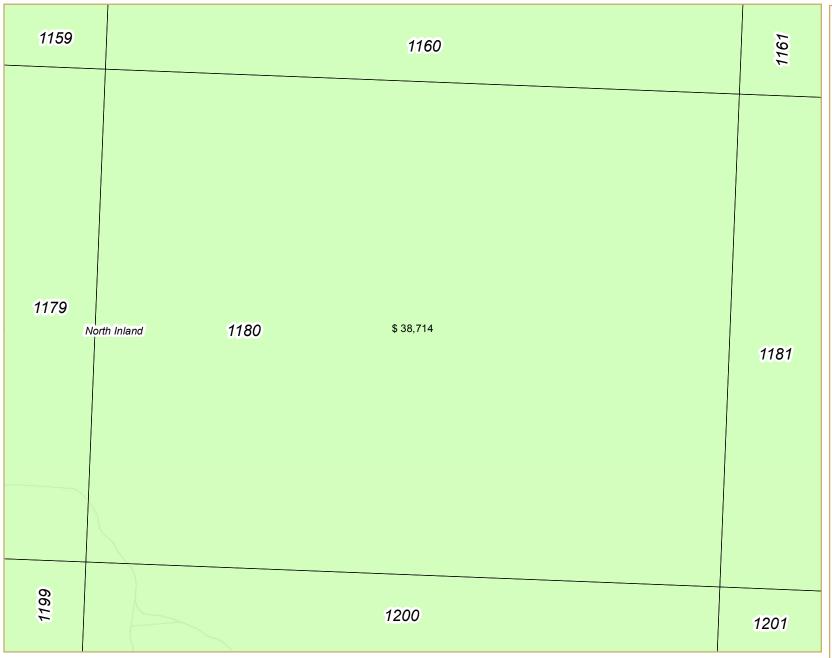
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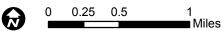


Park

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Grid Page 1180

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



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2008 Median Income Estimates



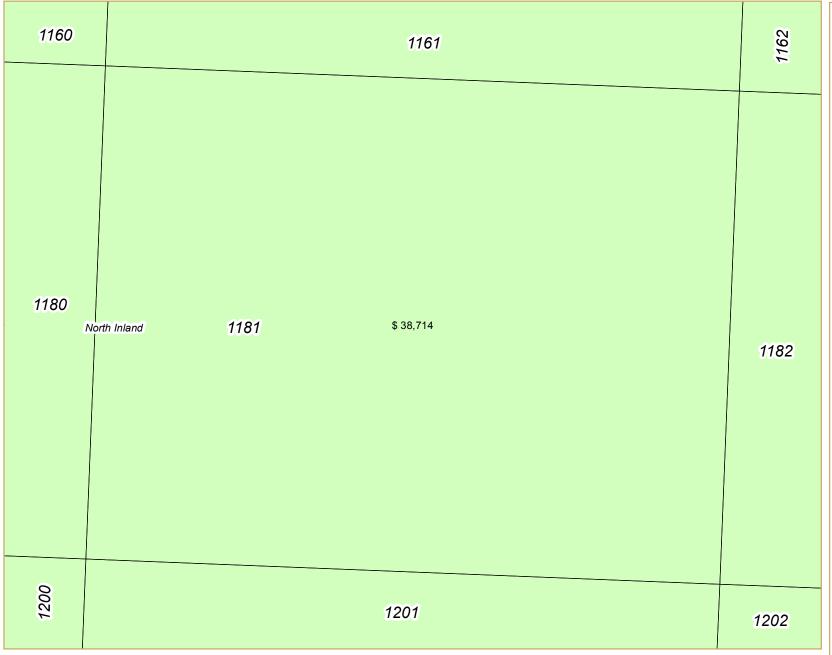
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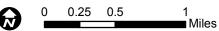


Park

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Grid Page 1181

# **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



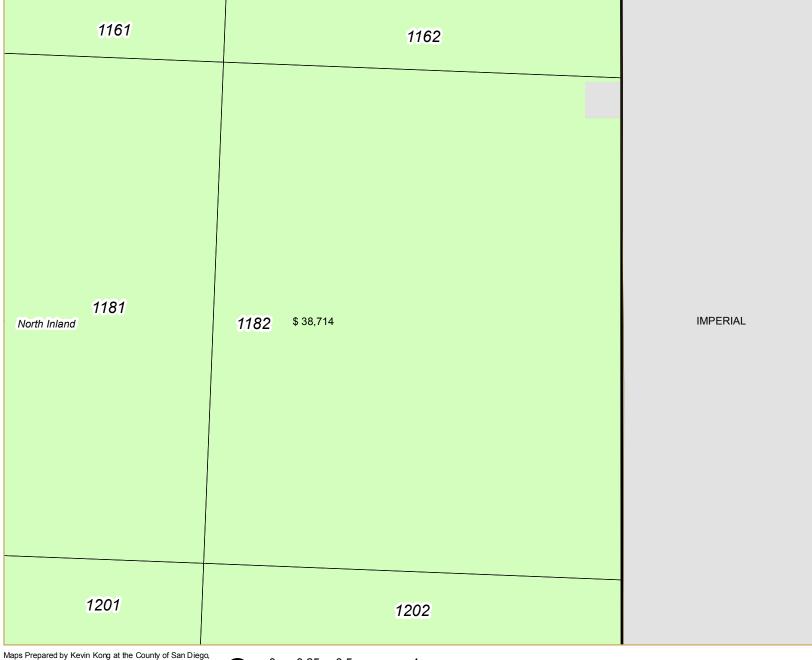
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429



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Grid Page 1182

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



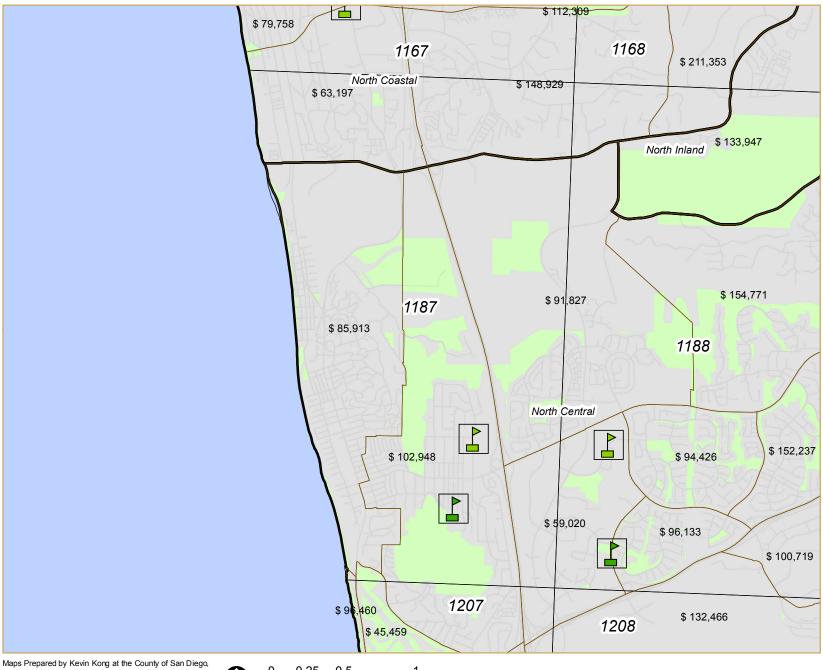
Region



Park

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Grid Page 1187

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

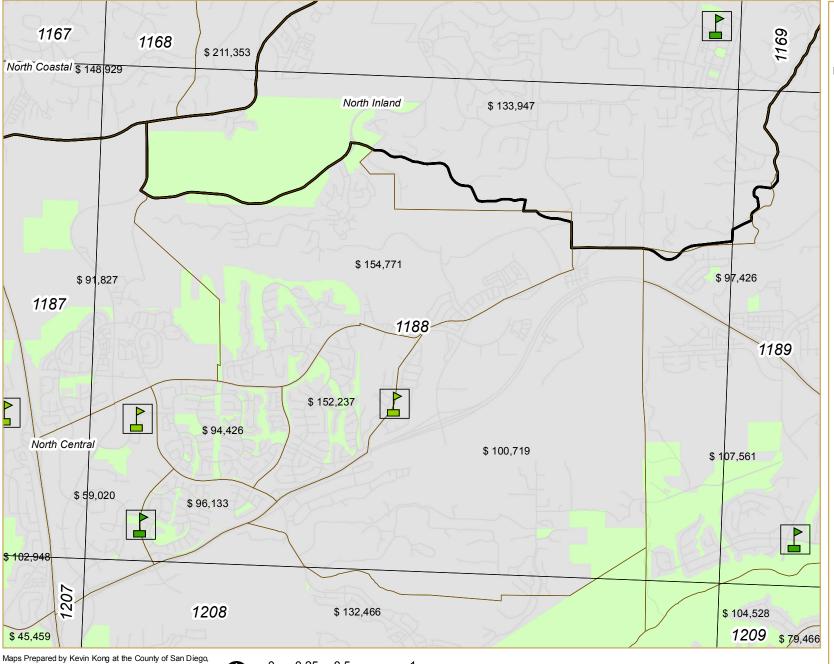


Park

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Grid Page 1188

# FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

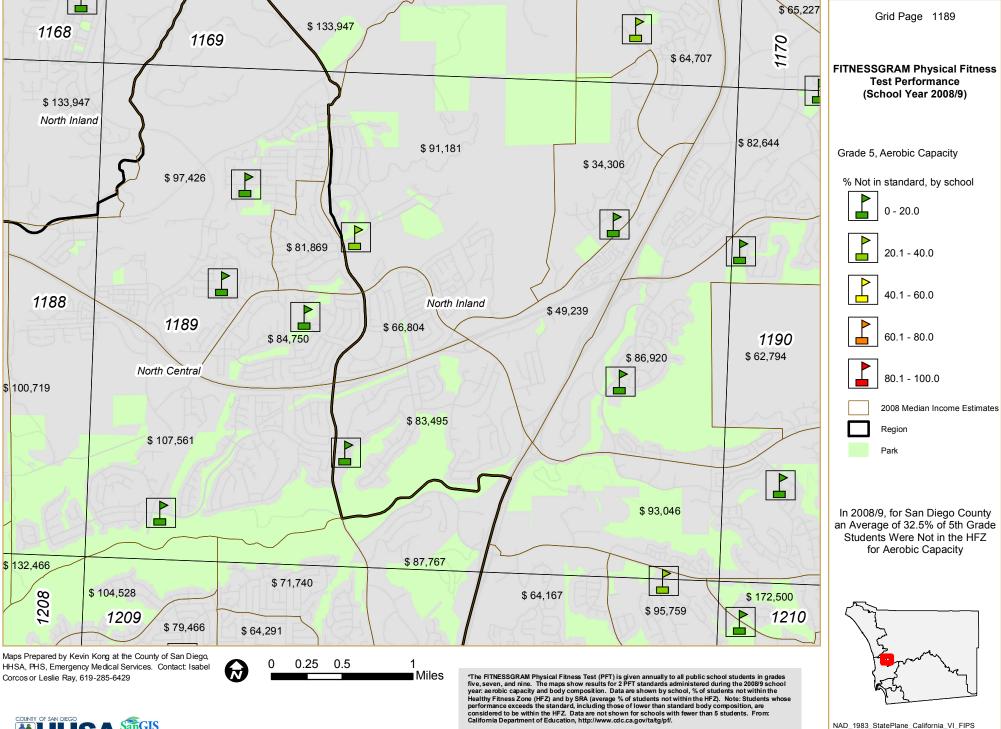


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity



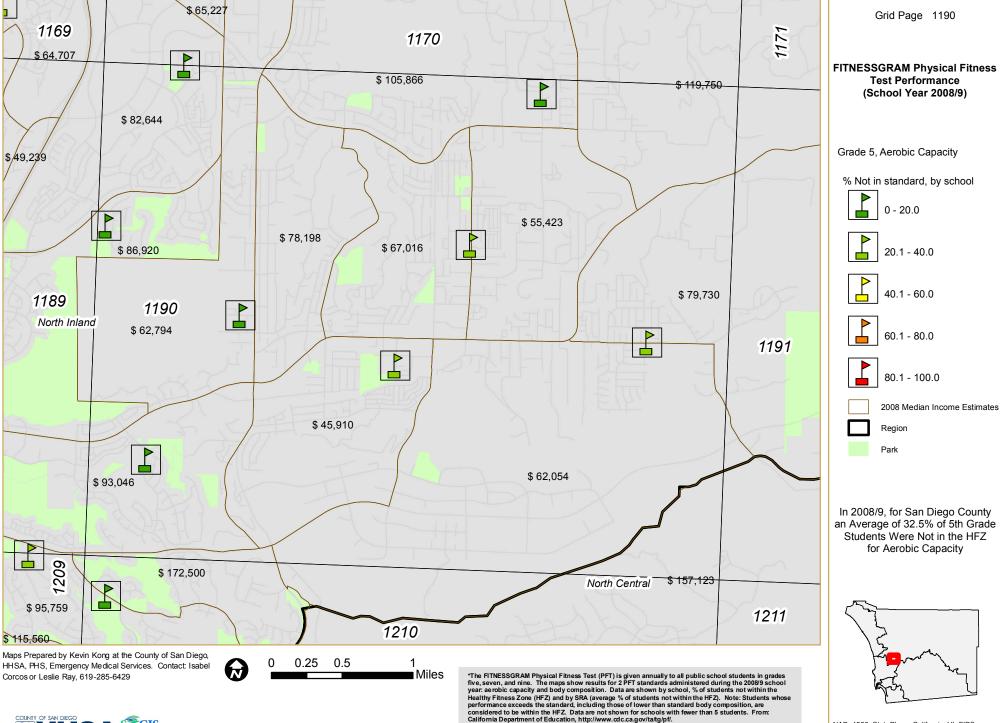






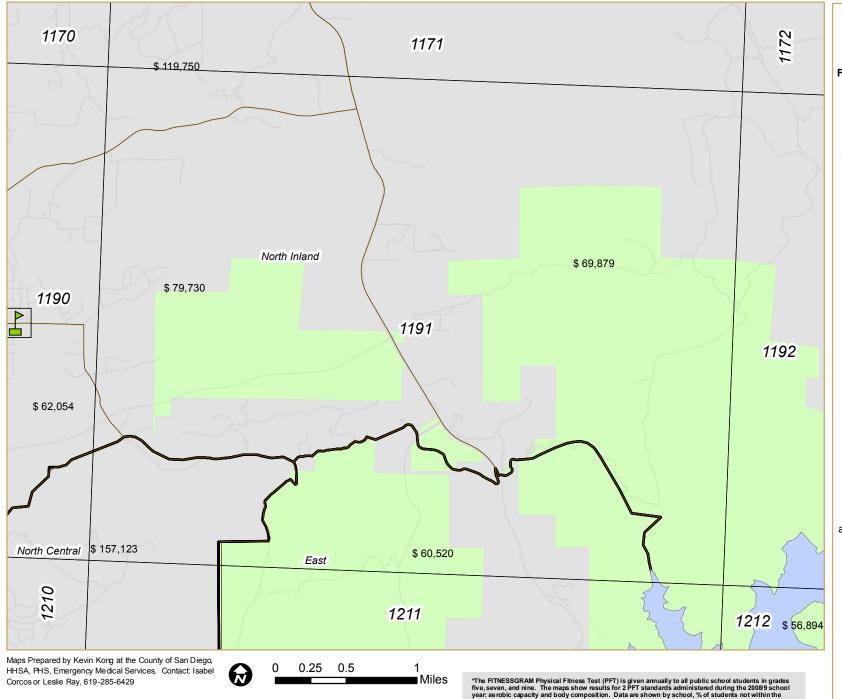
Page 184 of 320

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Grid Page 1191

### FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0





2008 Median Income Estimates



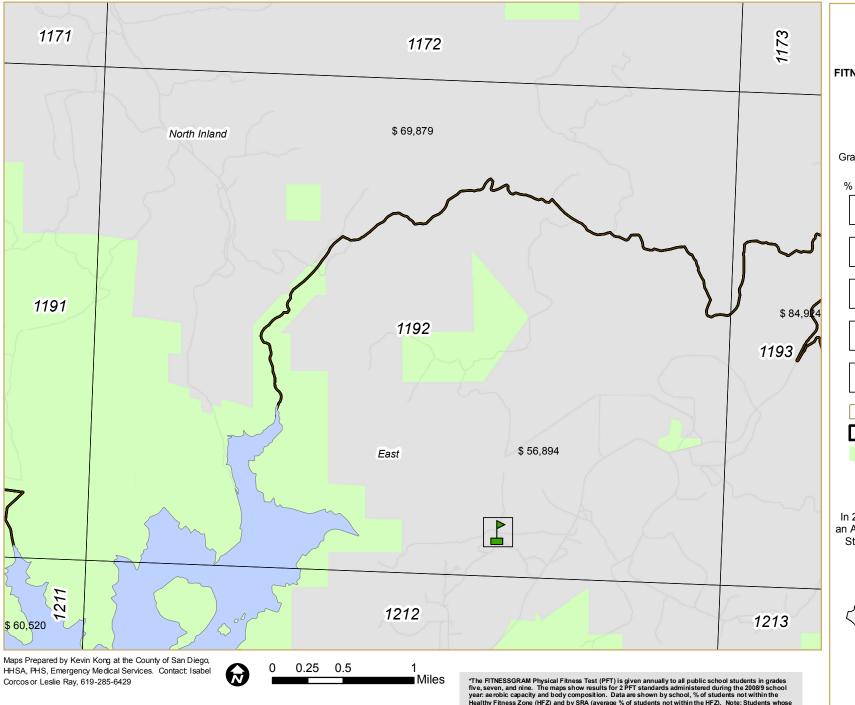
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





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Grid Page 1192

### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

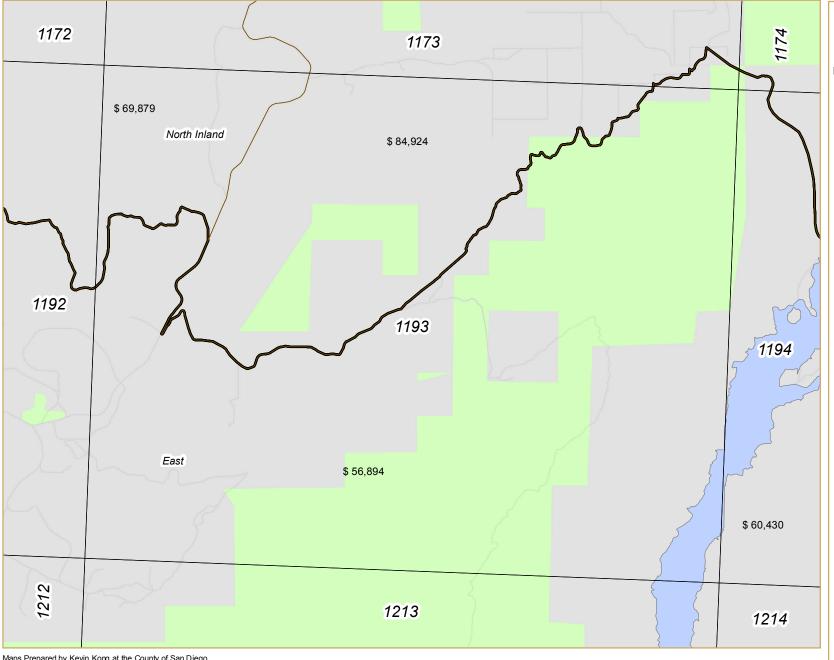


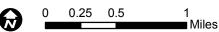
Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity









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Grid Page 1193

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

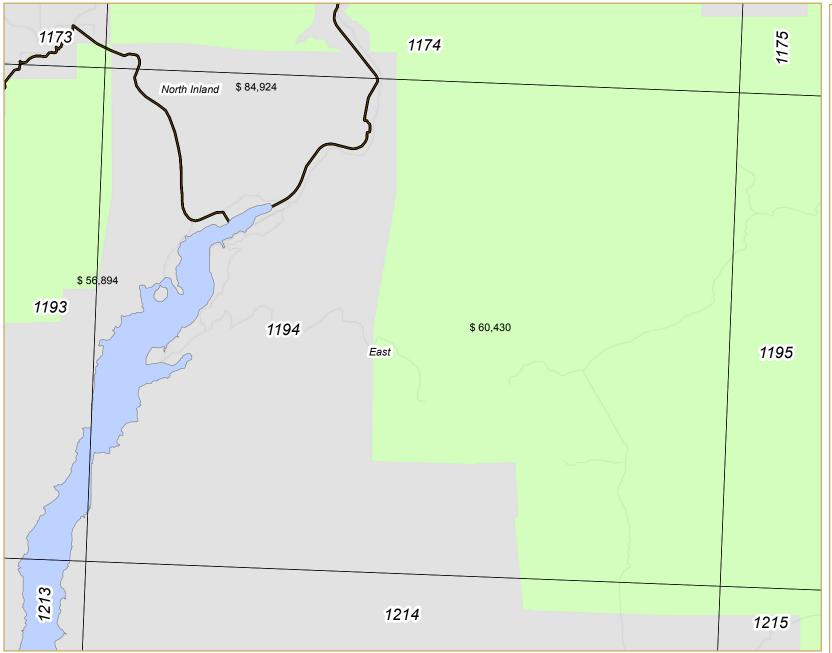


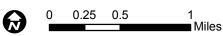
Park

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Grid Page 1194

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



00.4.40





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



00.1 - 100.0



2008 Median Income Estimates



Region

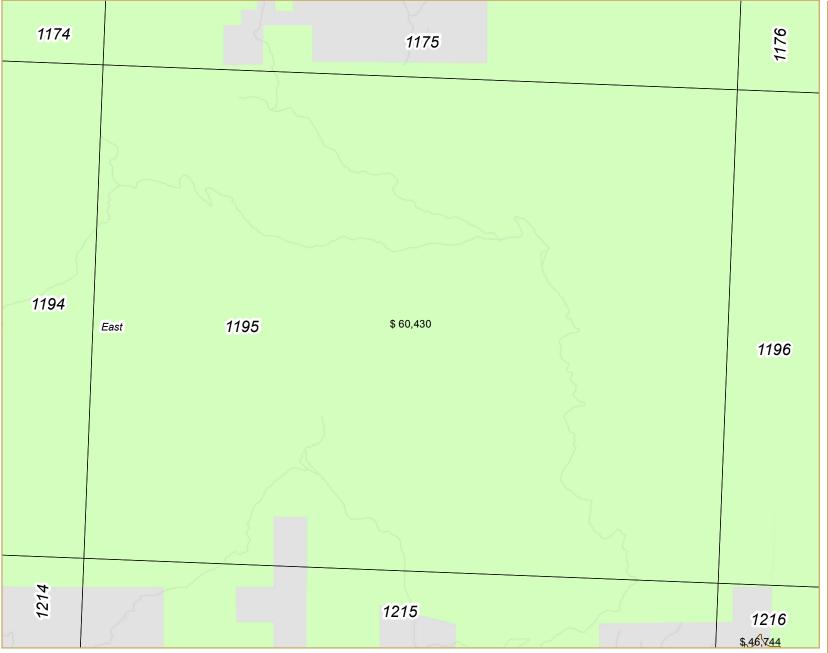


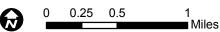
Park

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Grid Page 1195

### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0





Region

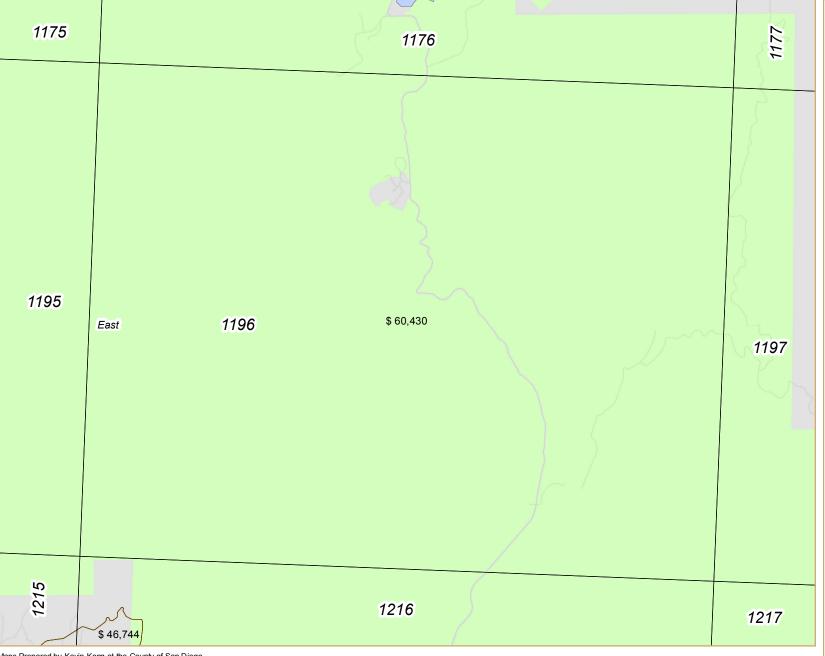


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity









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Grid Page 1196

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 10.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

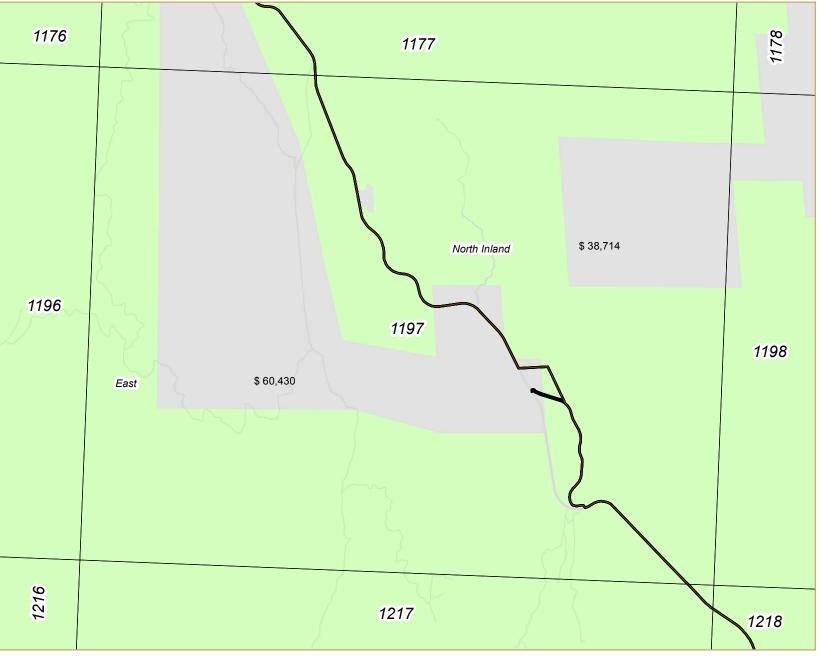


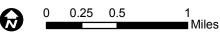
Park

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### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



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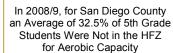
2008 Median Income Estimates



Region

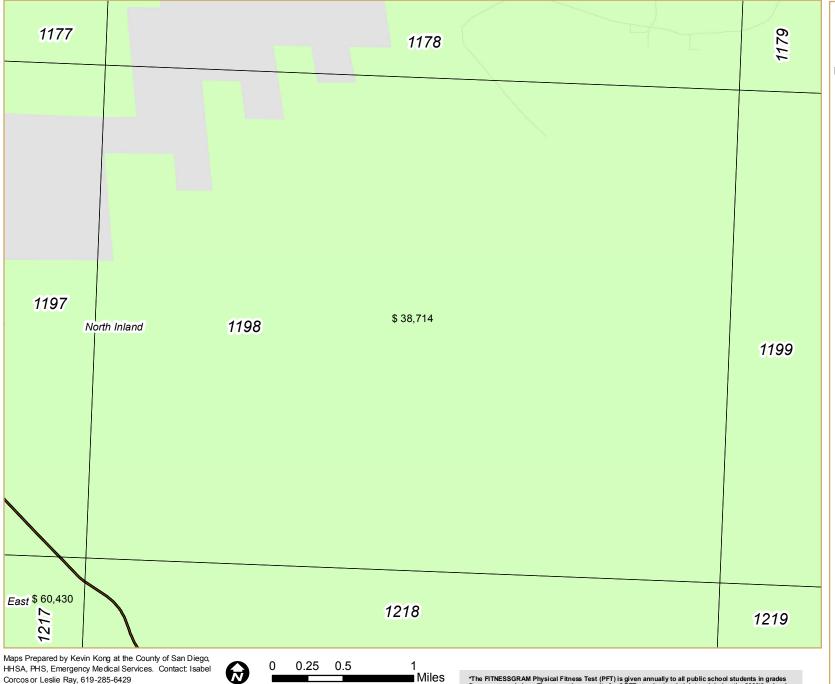


Park









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Grid Page 1198

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





\_\_\_\_\_



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



00.1 - 100.0



2008 Median Income Estimates



Region

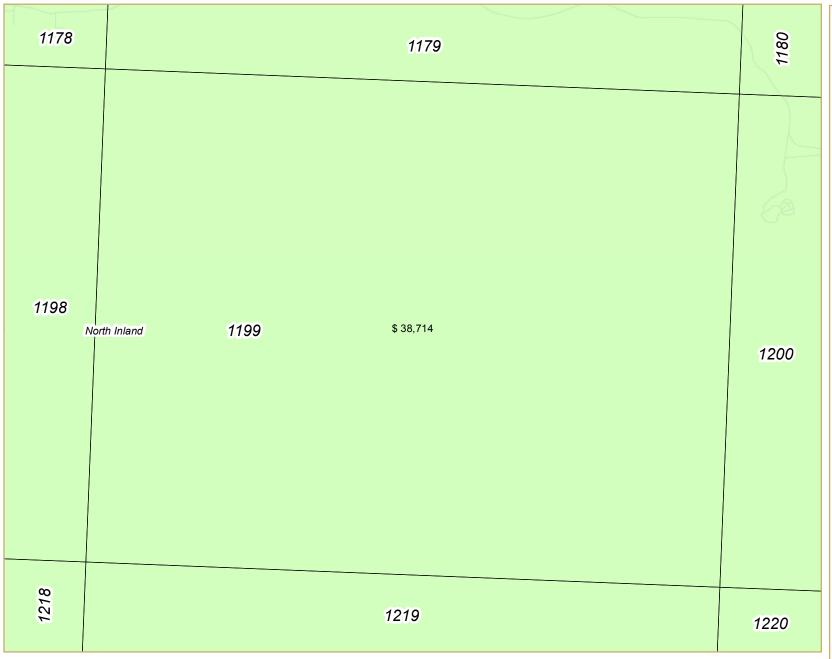


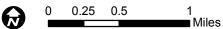
Park

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Grid Page 1199

### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



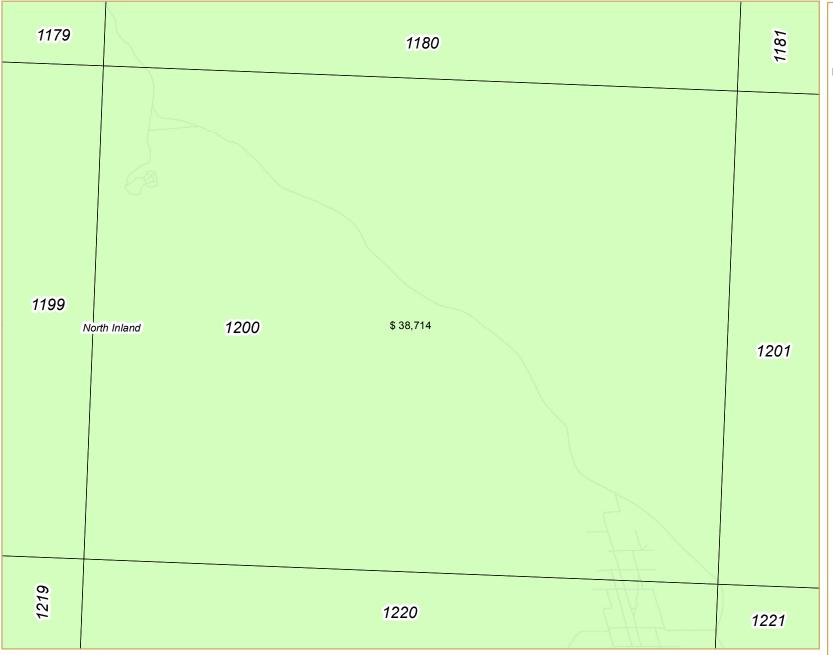
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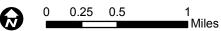


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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Grid Page 1200

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



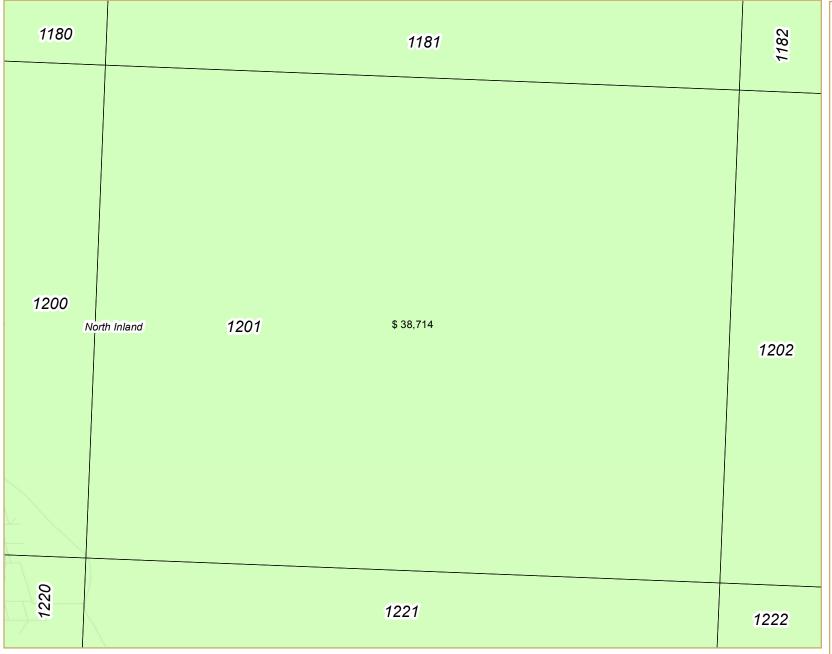
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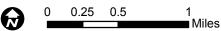


Park

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Grid Page 1201

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



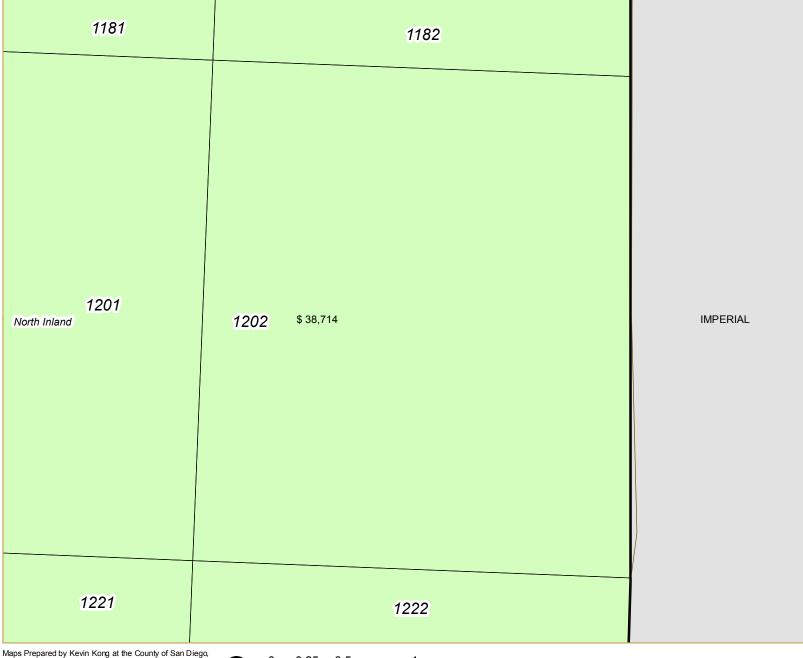
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429



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Grid Page 1202

### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



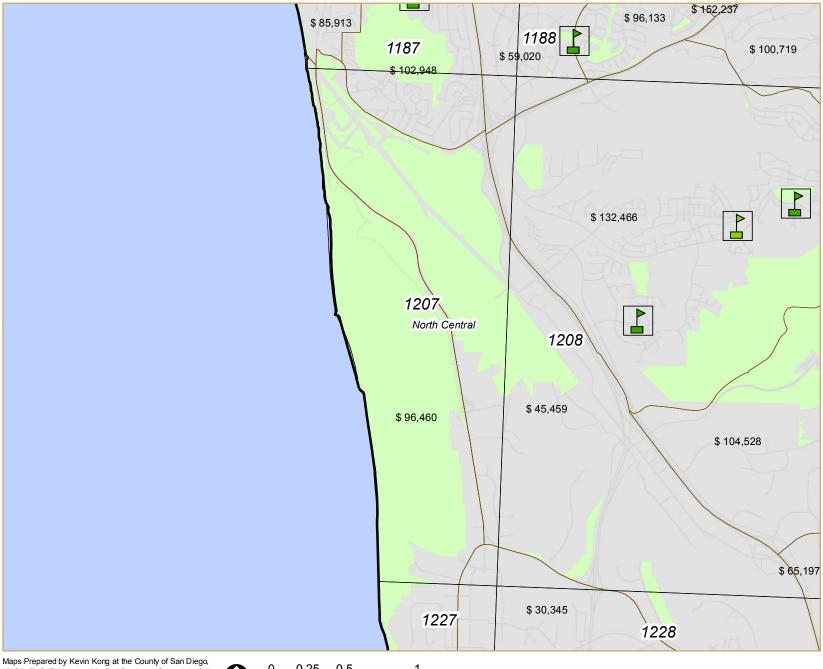
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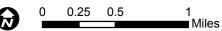
Park

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Grid Page 1207

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

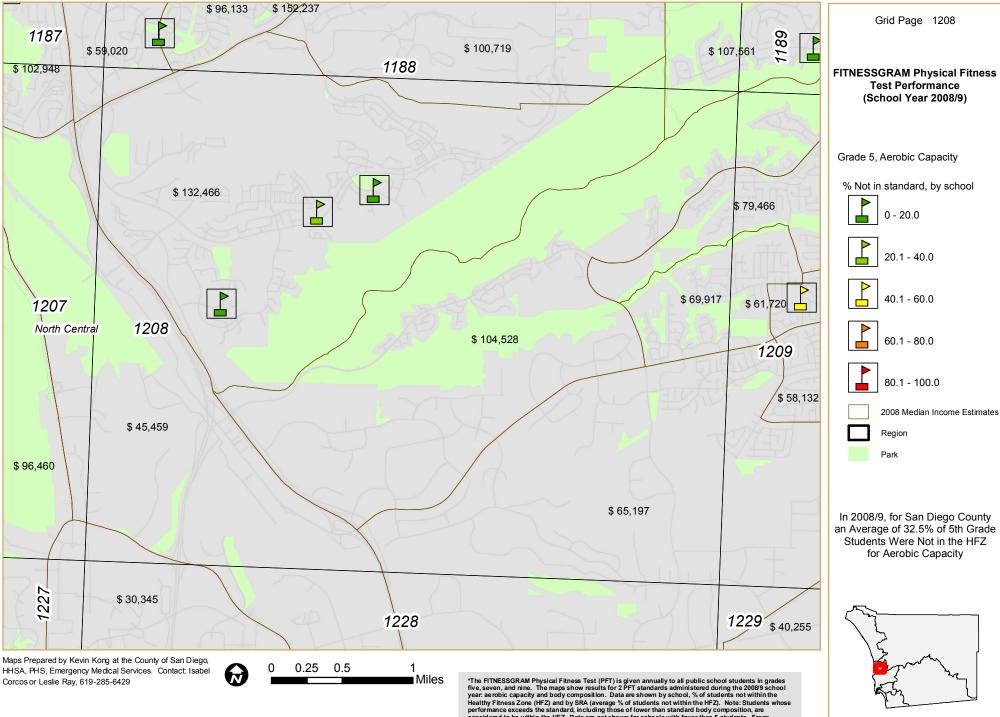


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity

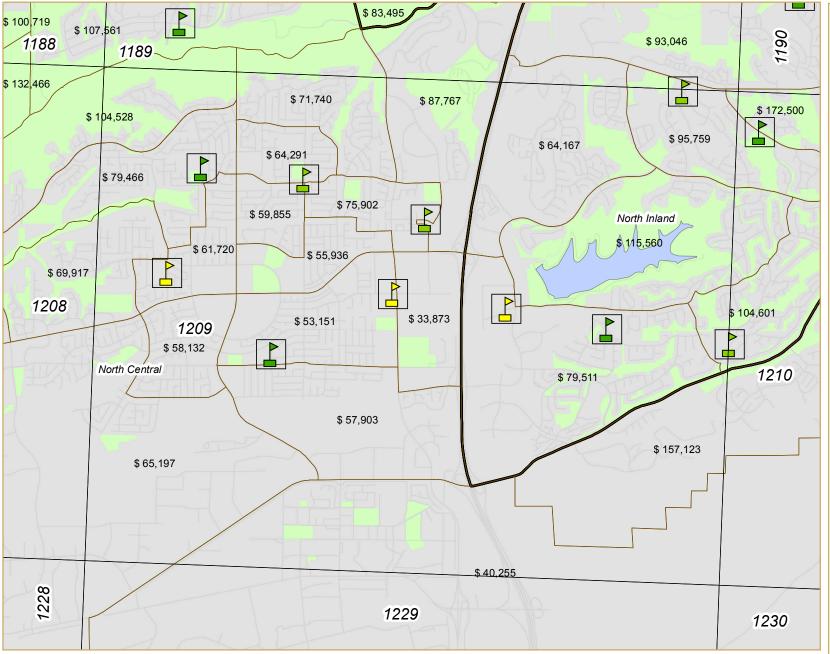


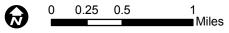






considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.





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Grid Page 1209

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



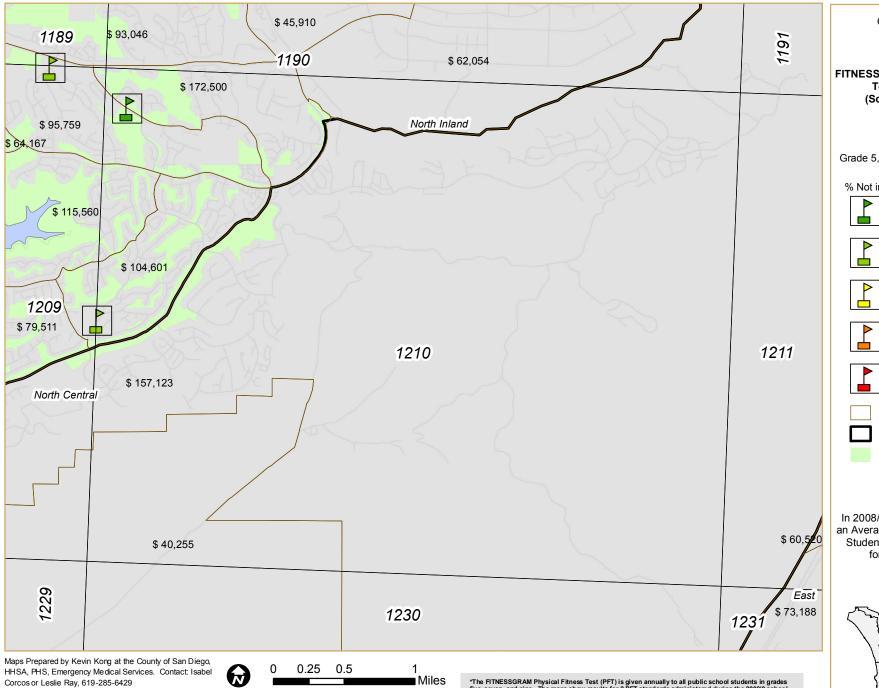
Region



Park

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Grid Page 1210

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school

0 - 20.0

20.1 - 40.0

40.1 - 60.0

60.1 - 80.0

80.1 - 100.0



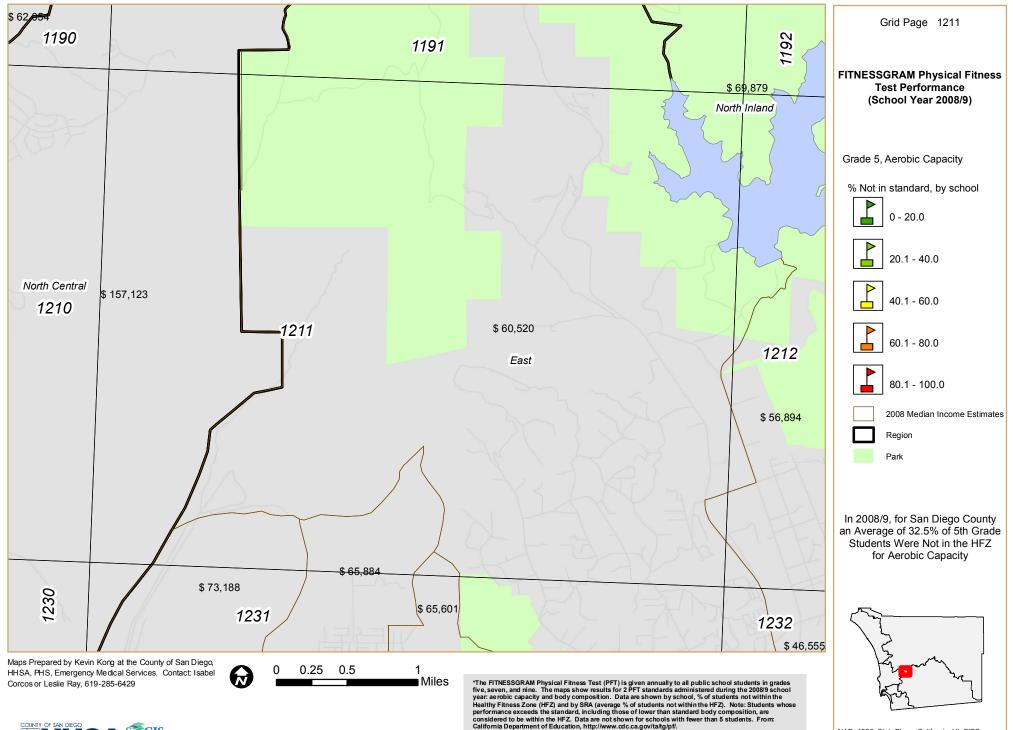
2008 Median Income Estimates

Region

Park

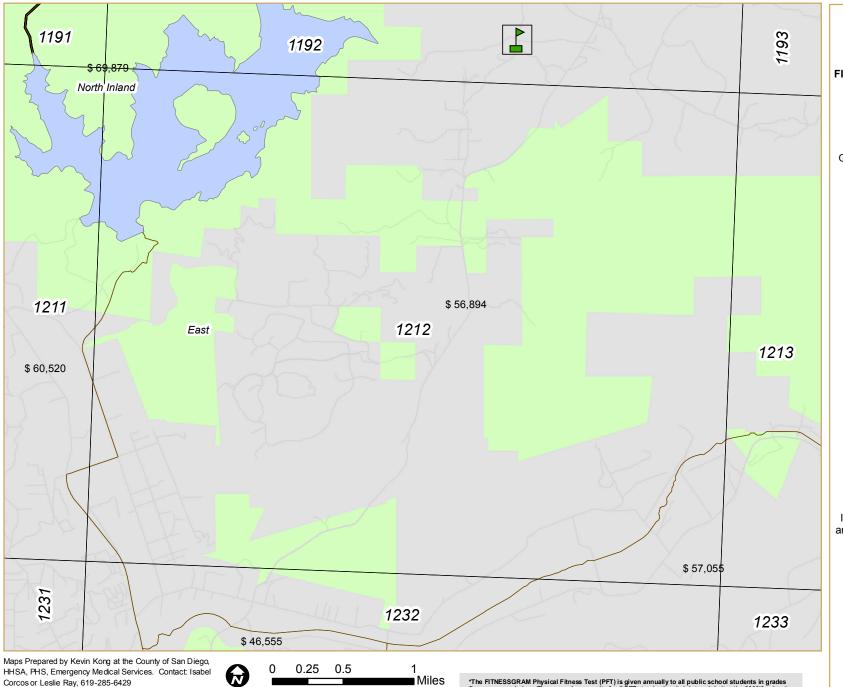
In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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Grid Page 1212

# FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0





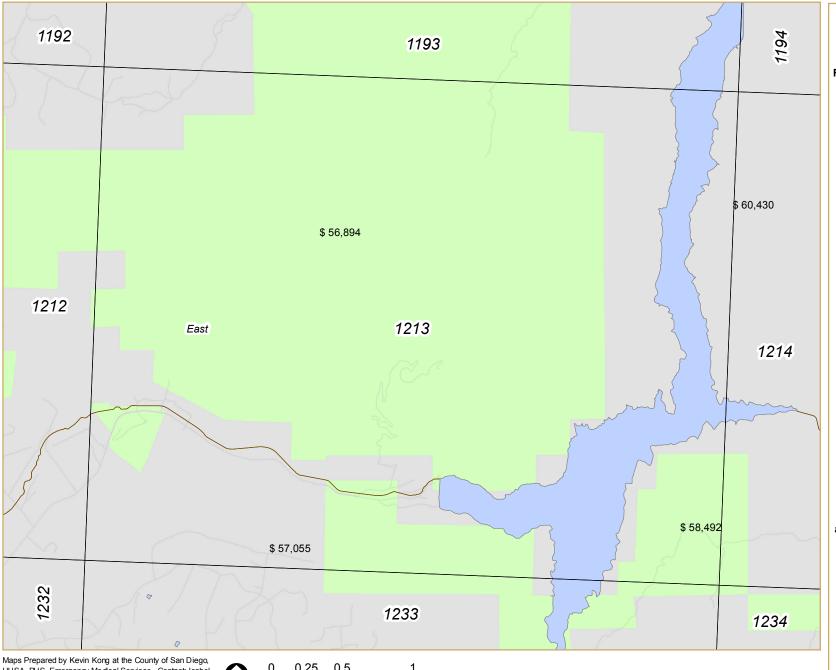
Region



Park

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Grid Page 1213

FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0









60.1 - 80.0



80.1 - 100.0





2008 Median Income Estimates



Region

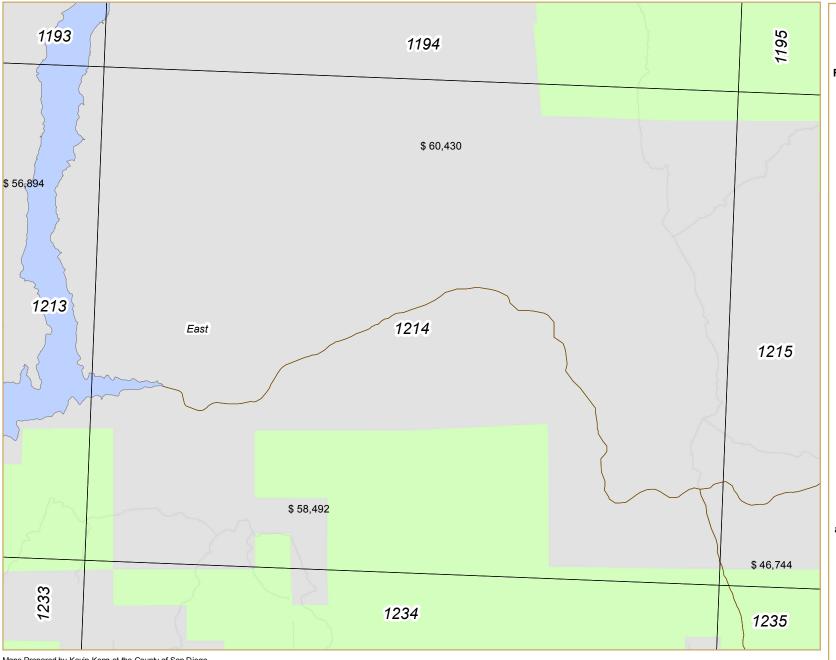


Park

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Grid Page 1214

FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



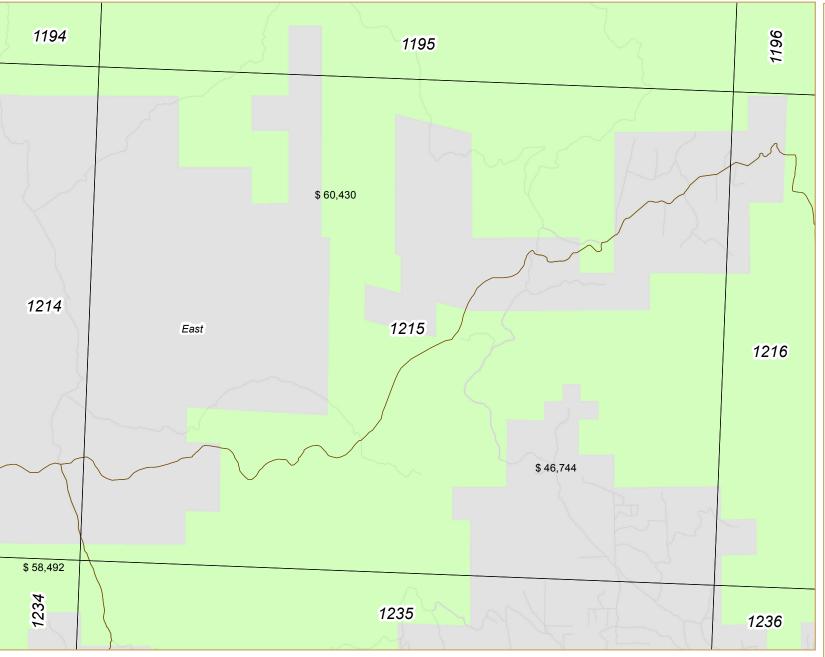
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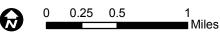


Park

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Grid Page 1215

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40 1 - 60 (



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



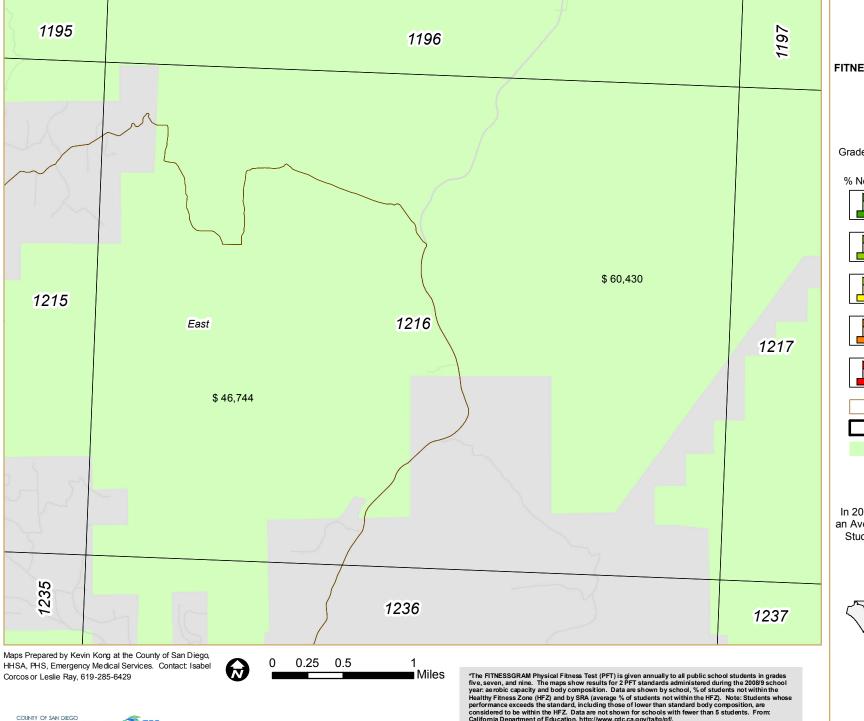
Region



Park

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Grid Page 1216

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



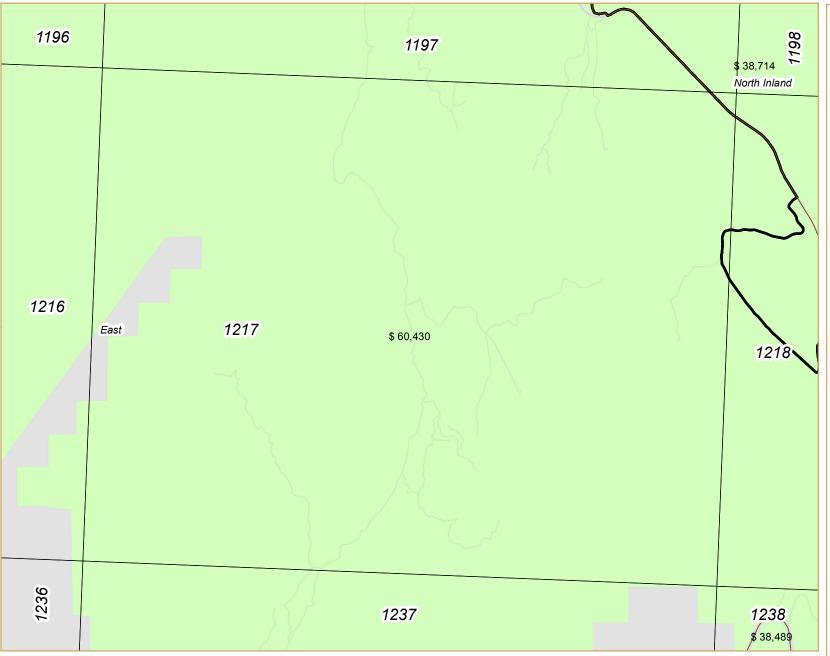
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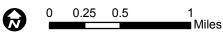


Park

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Grid Page 1217

FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



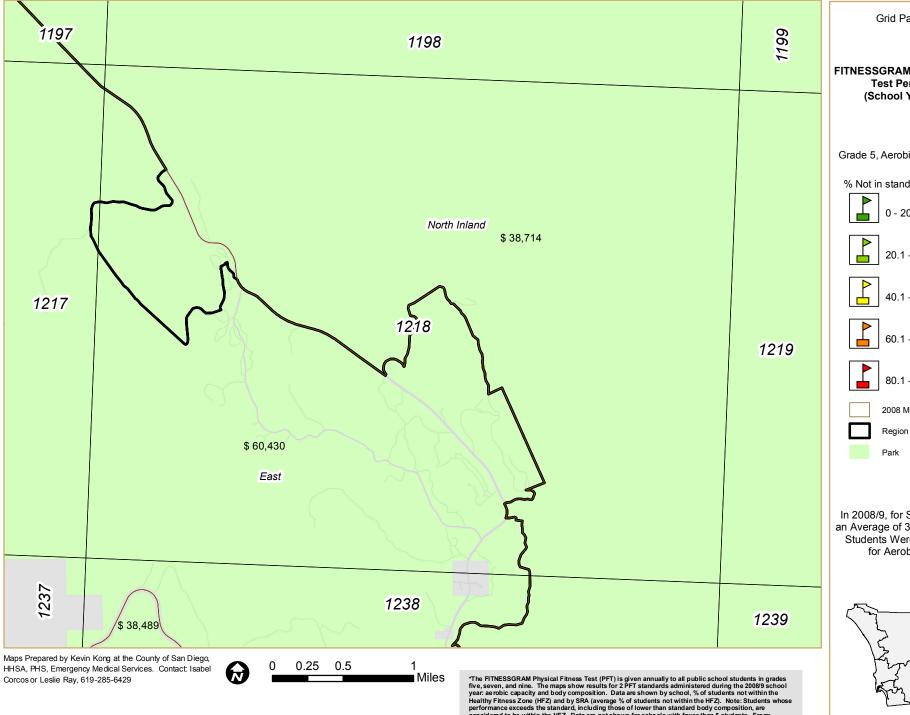
Region



Park

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Grid Page 1218

# FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school

0 - 20.0

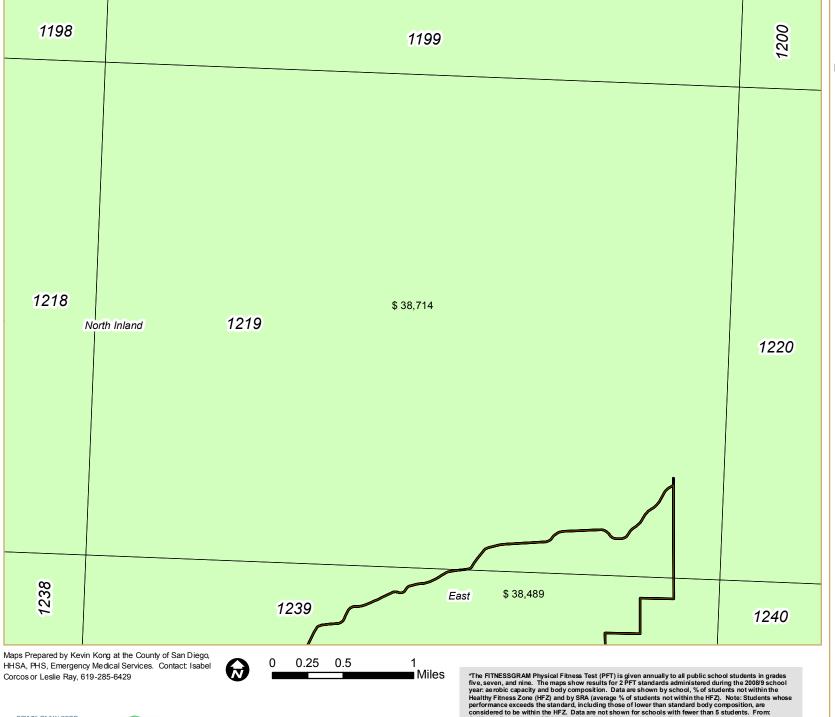
60.1 - 80.0

80.1 - 100.0

2008 Median Income Estimates

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Grid Page 1219

# **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



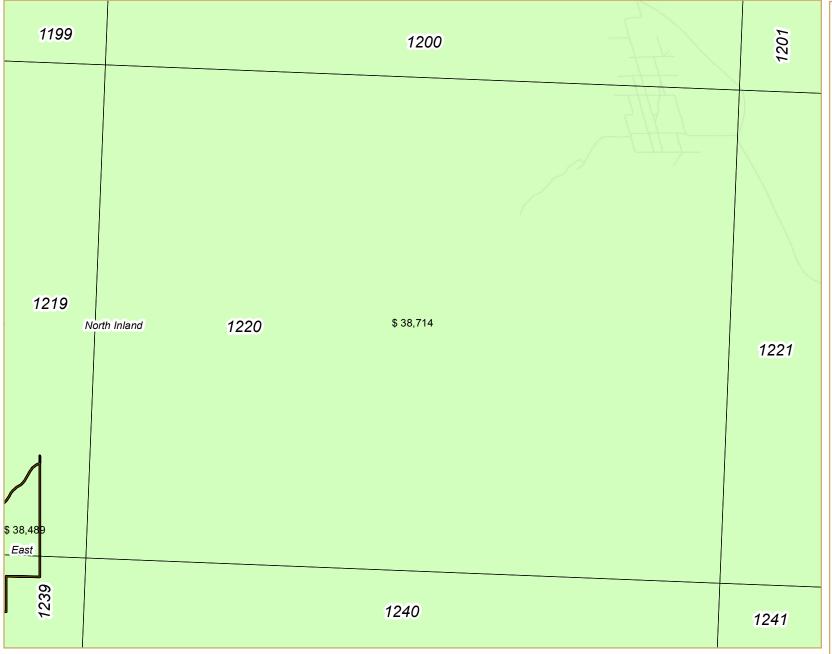
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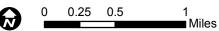


Park

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Grid Page 1220

FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



00.1 - 100.0



2008 Median Income Estimates



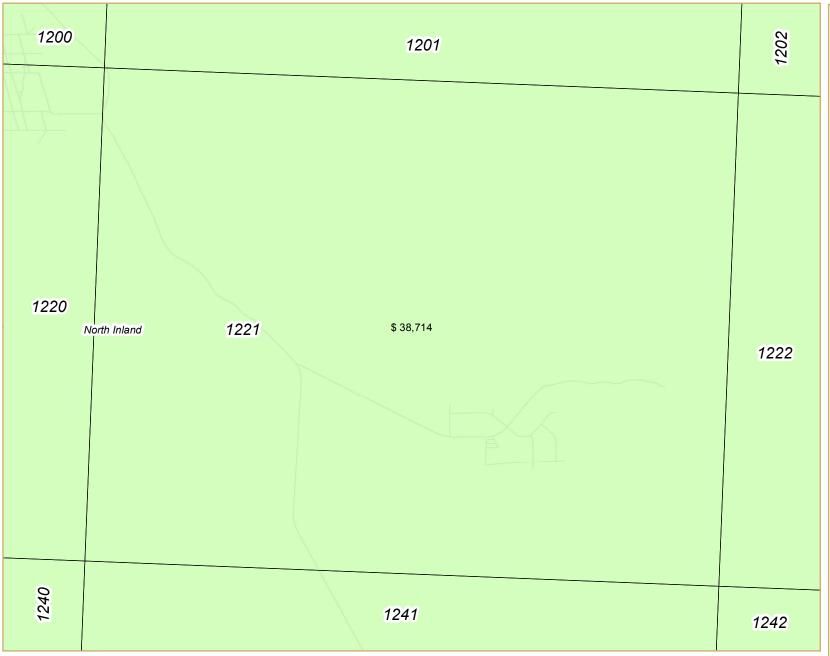
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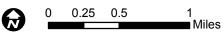


Park

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Grid Page 1221

**FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0





Region

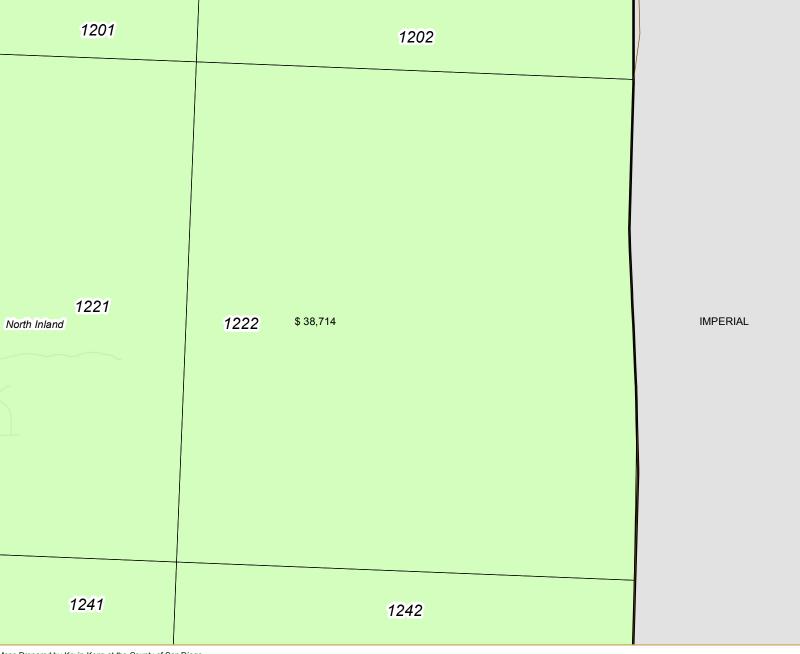


Park

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for Aerobic Capacity









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Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0









60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



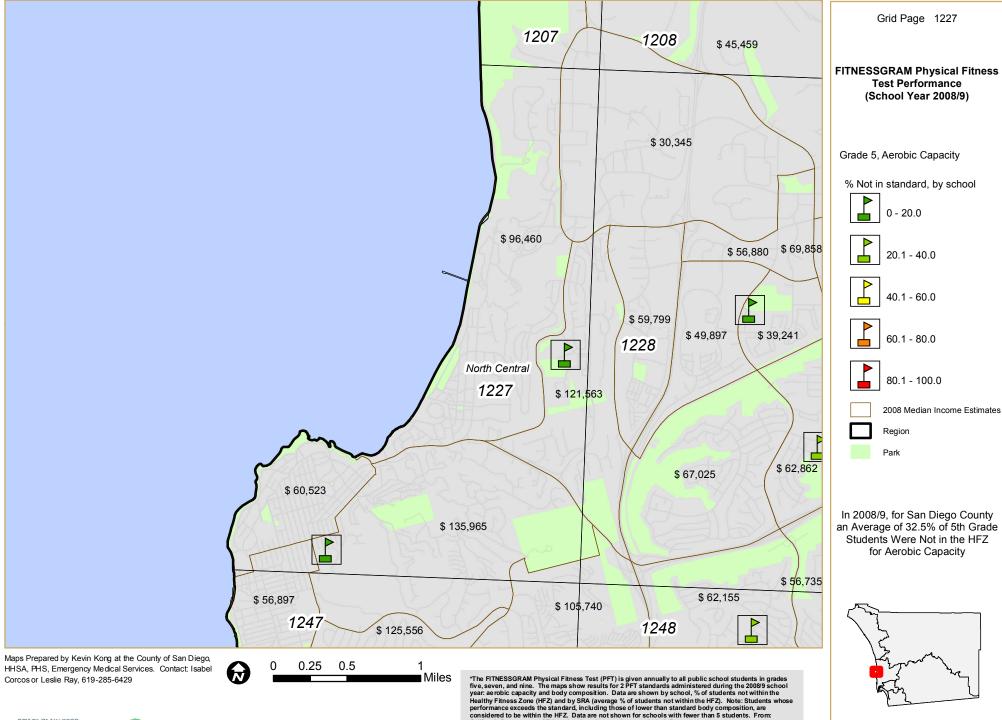
Region



Park

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#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school

0 - 20.0

20.1 - 40.0

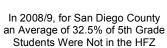
40.1 - 60.0

60.1 - 80.0

80.1 - 100.0

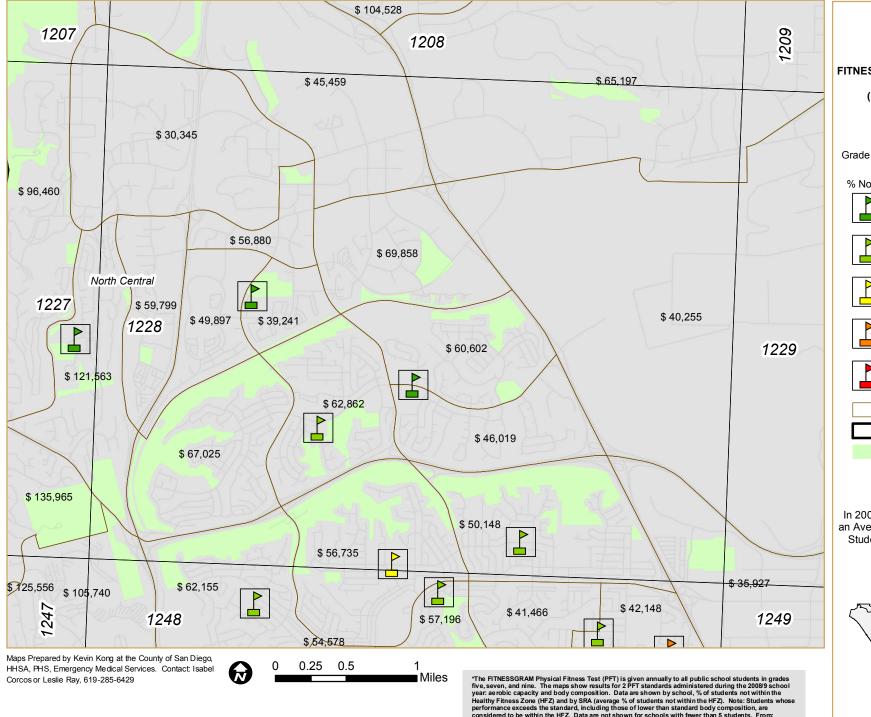
Region

Park



for Aerobic Capacity







considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.

Grid Page 1228

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



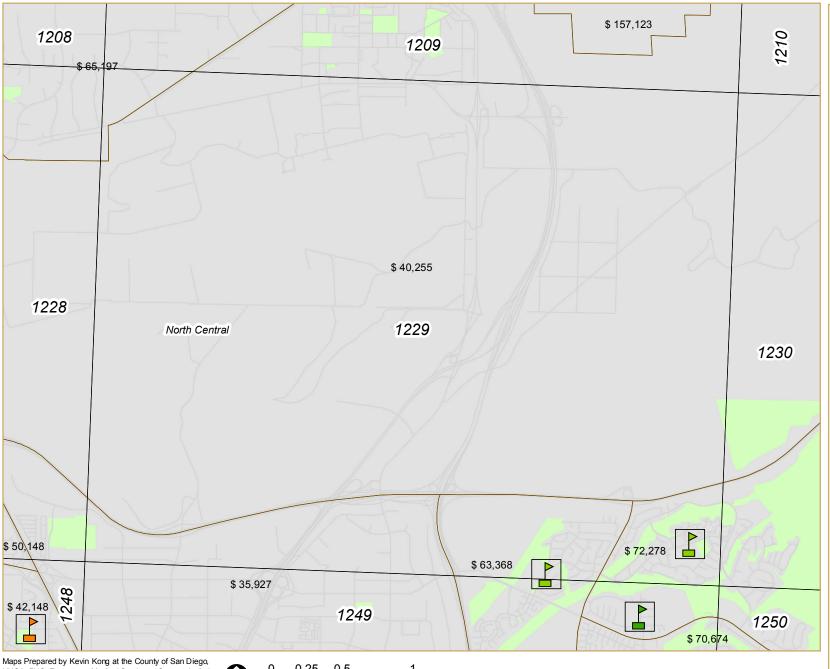
Region



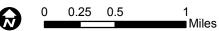
Park

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Grid Page 1229

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

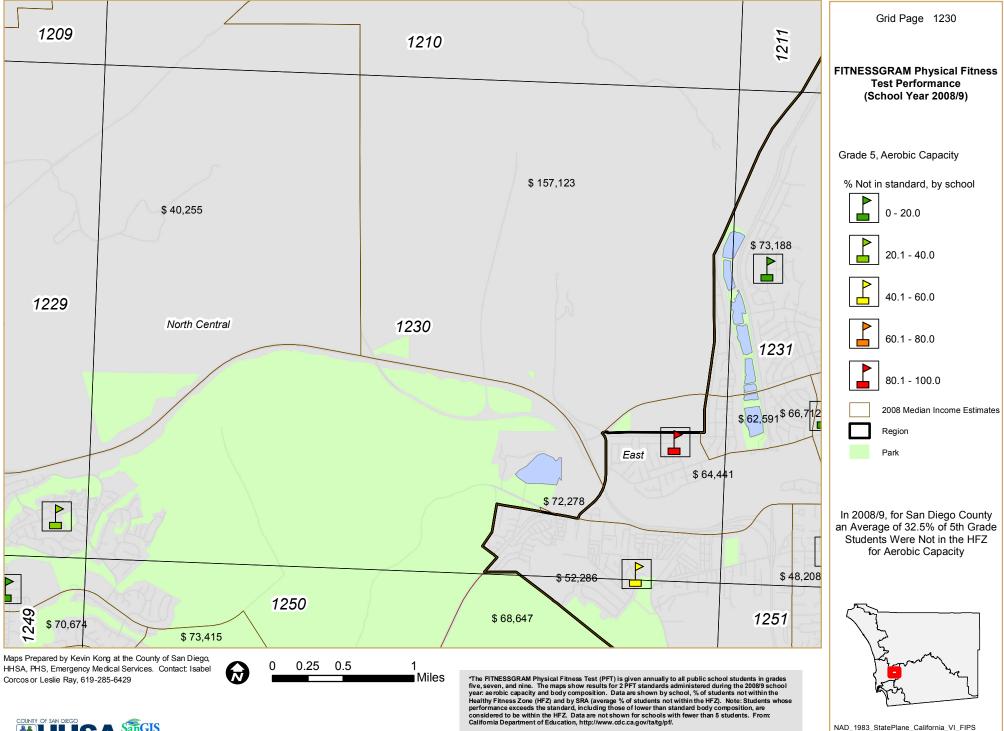


Park

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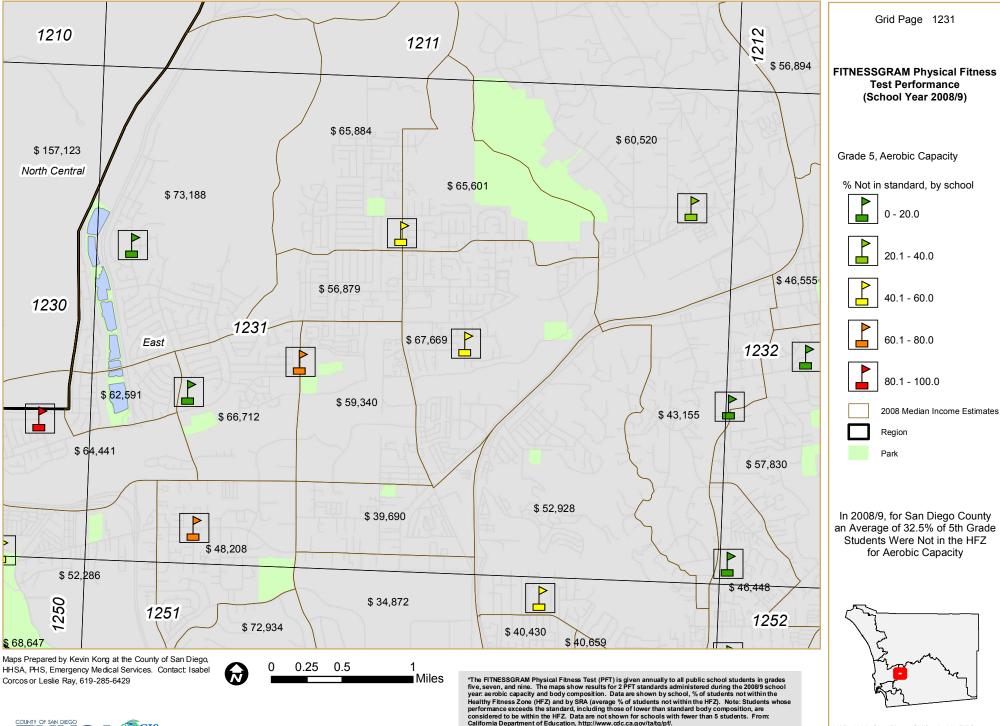






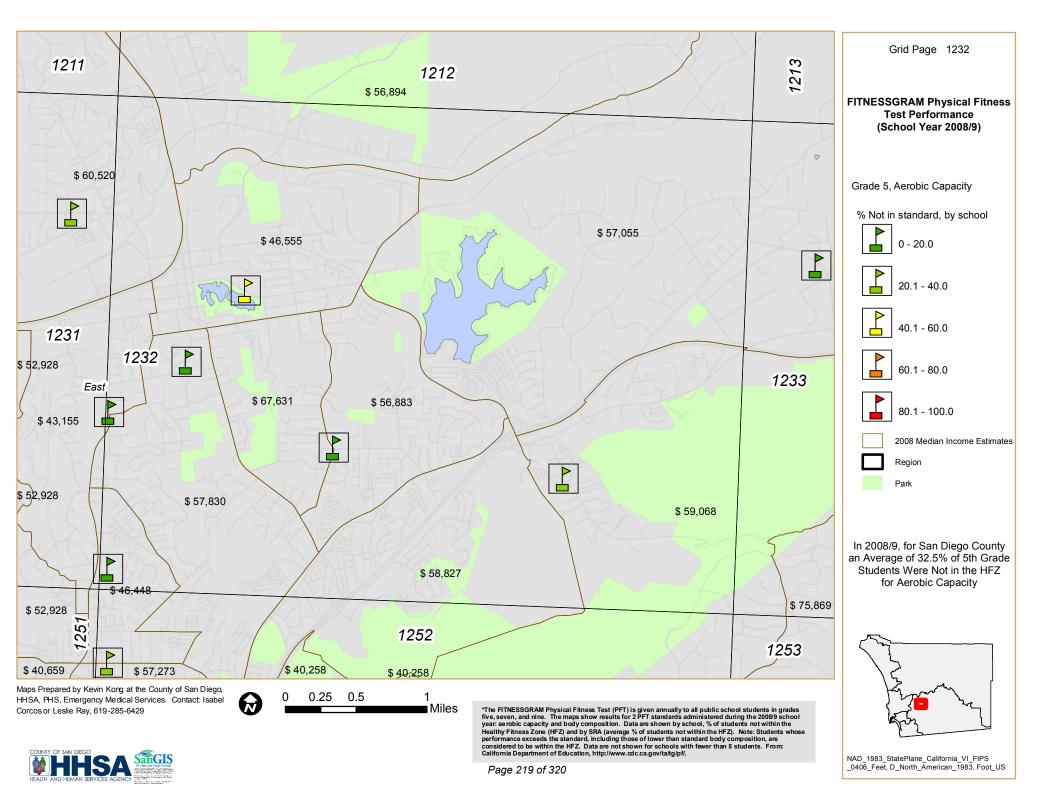
Page 217 of 320

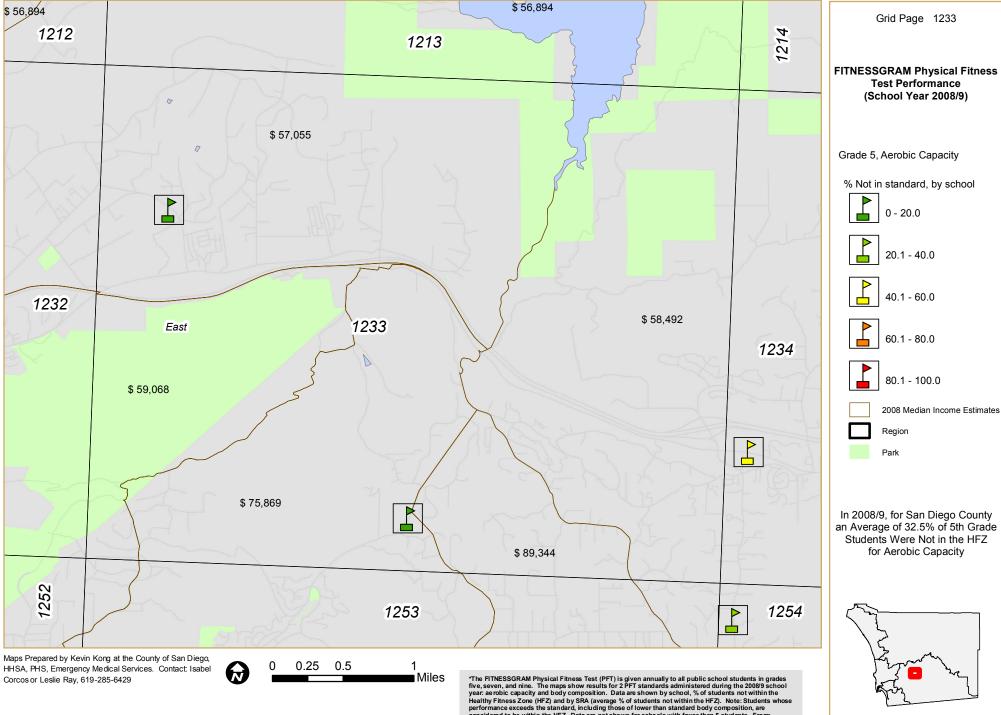
\_0406\_Feet, D\_North\_American\_1983, Foot\_US





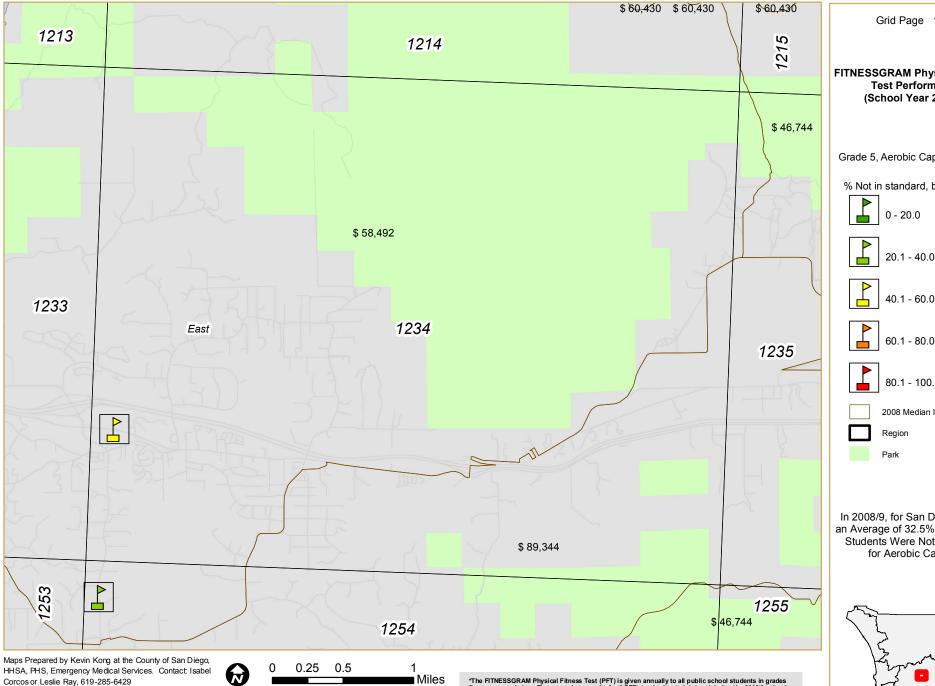
Page 218 of 320







considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.





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Grid Page 1234

**FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school

0 - 20.0

20.1 - 40.0

40.1 - 60.0

80.1 - 100.0

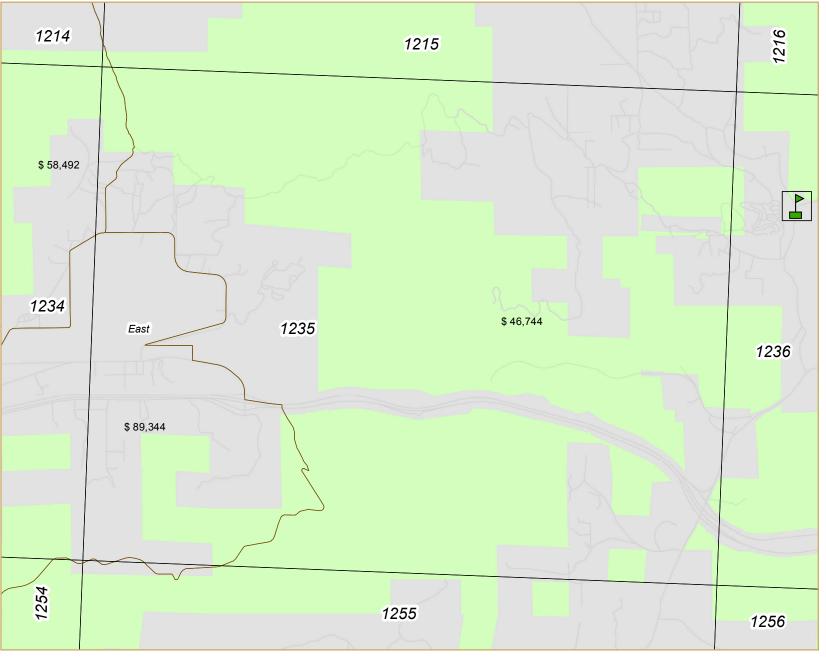
2008 Median Income Estimates

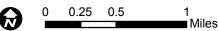
Region

Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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Grid Page 1235

FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



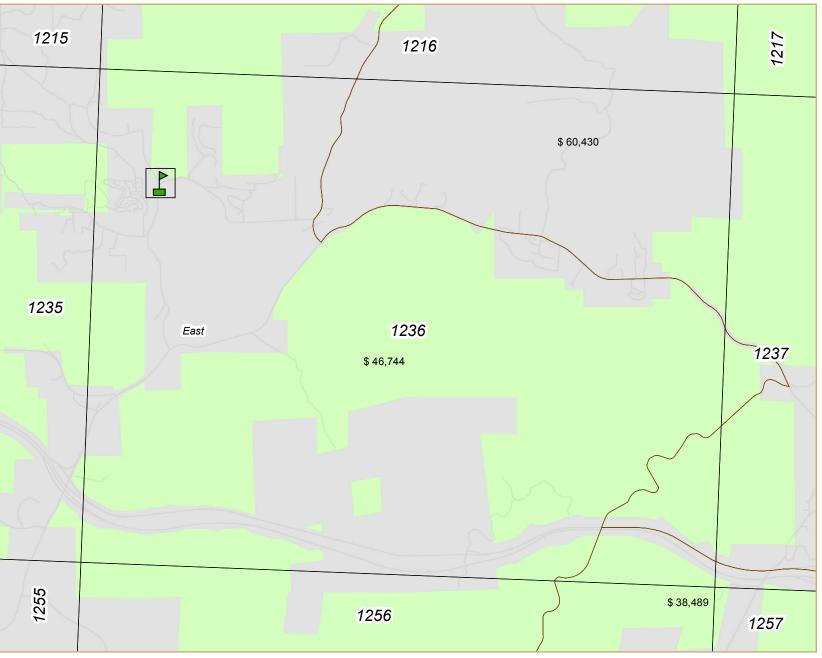
Region

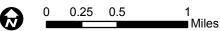


Park

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Grid Page 1236

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

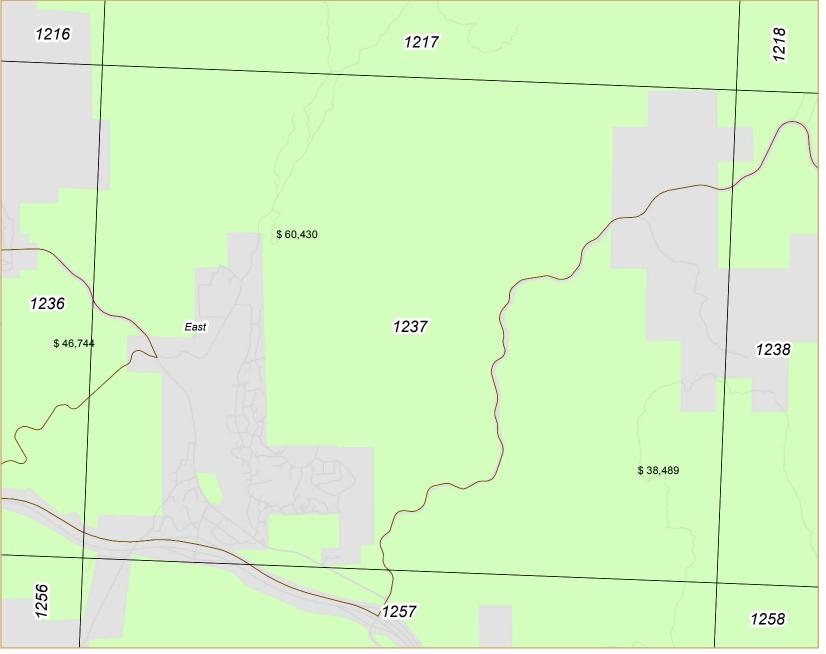


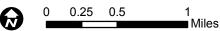
Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity









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Grid Page 1237

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 40



40 1 - 60 (



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



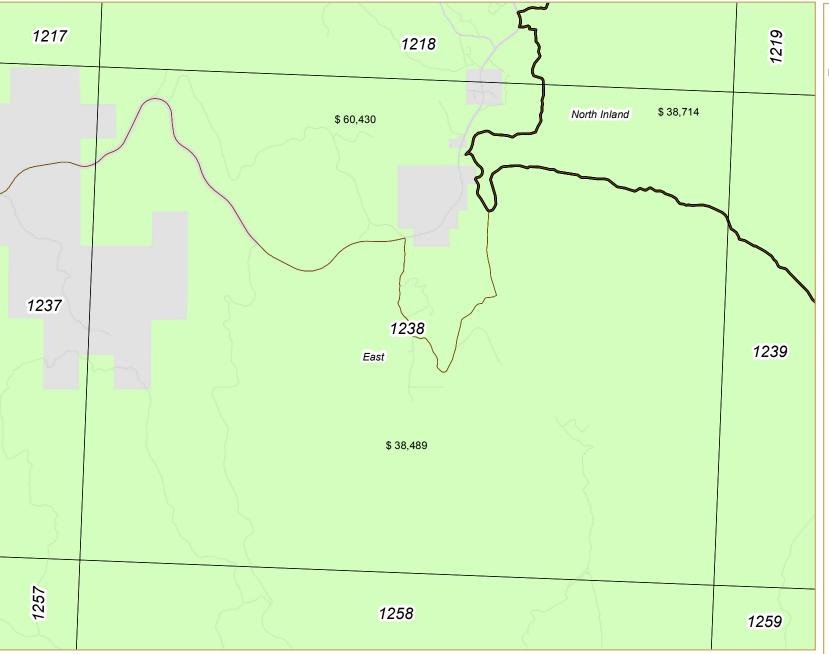
Region

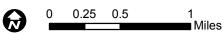


Park

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Grid Page 1238

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



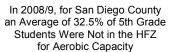
2008 Median Income Estimates



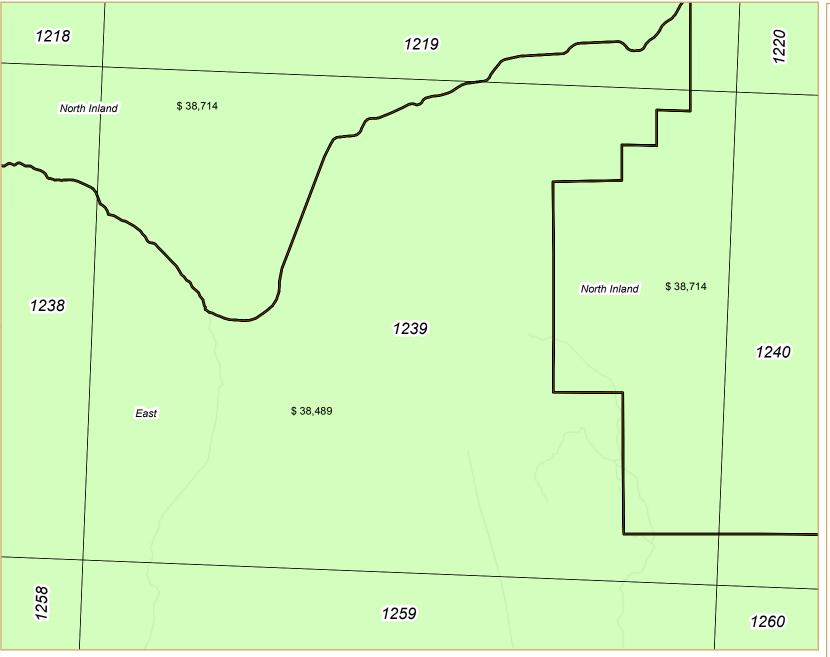
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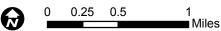


Park









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Grid Page 1239

FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40 0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



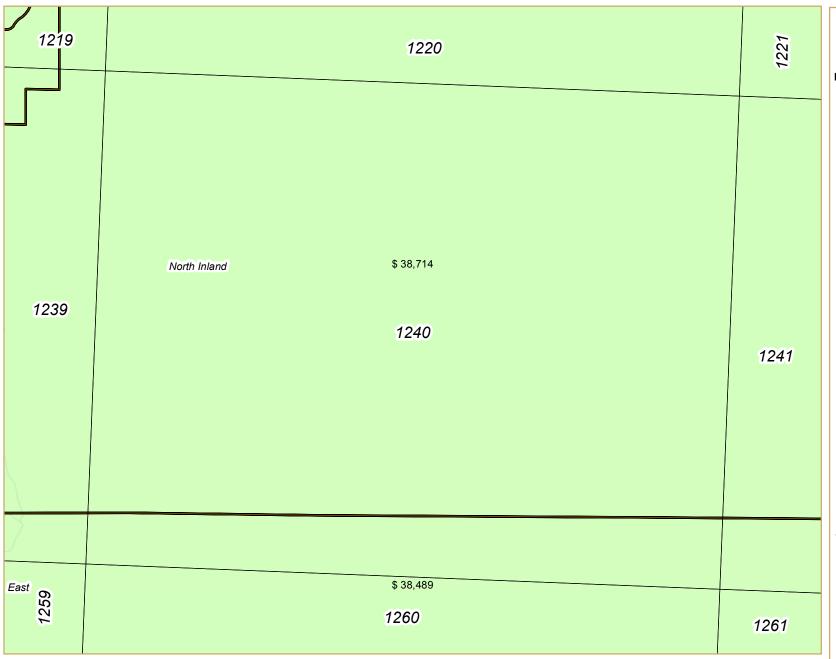
Region

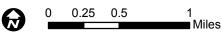


Park

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Grid Page 1240

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



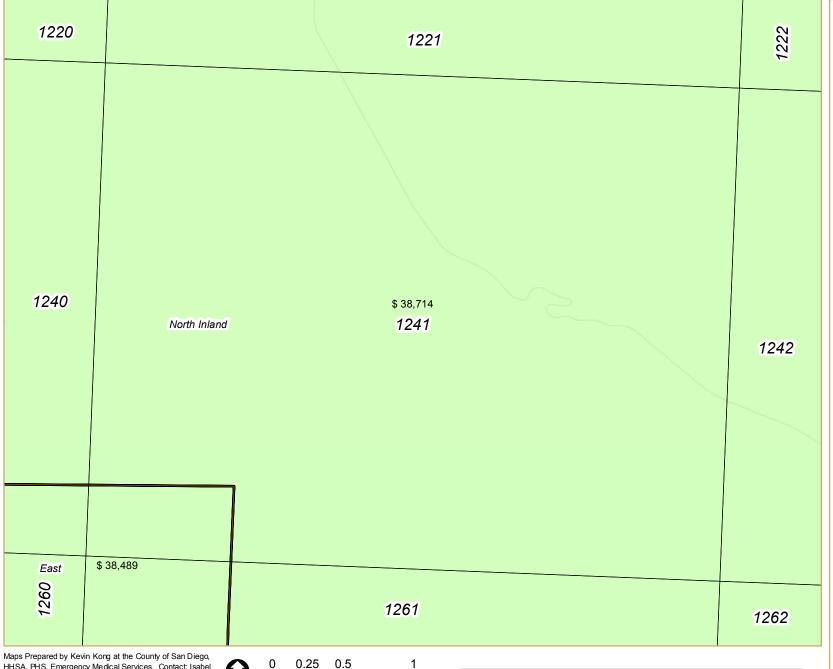
Region



Park

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Grid Page 1241

## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



\_\_ .



10.1 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



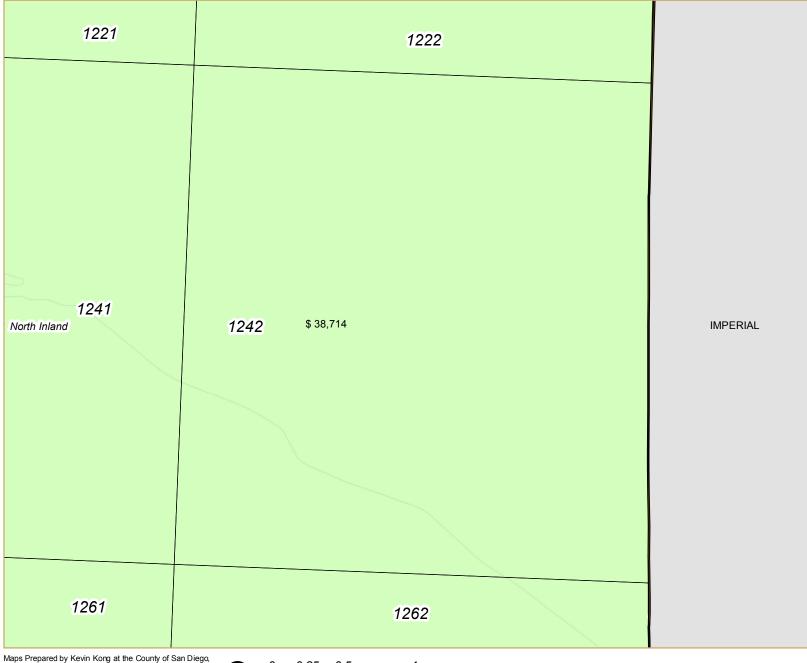
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429



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Grid Page 1242

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.4 40.4



40 1 - 60 0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



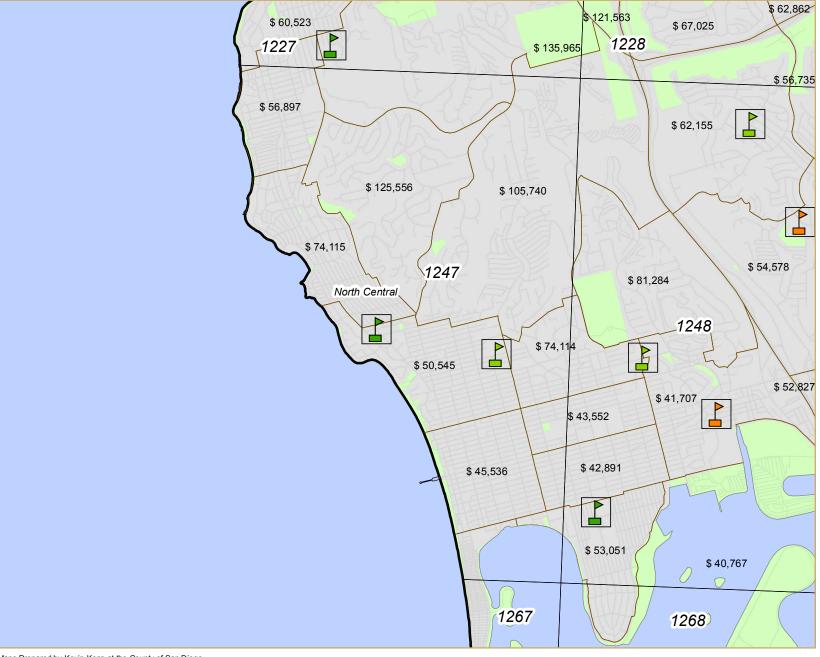
Region

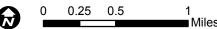


Park

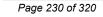
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#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

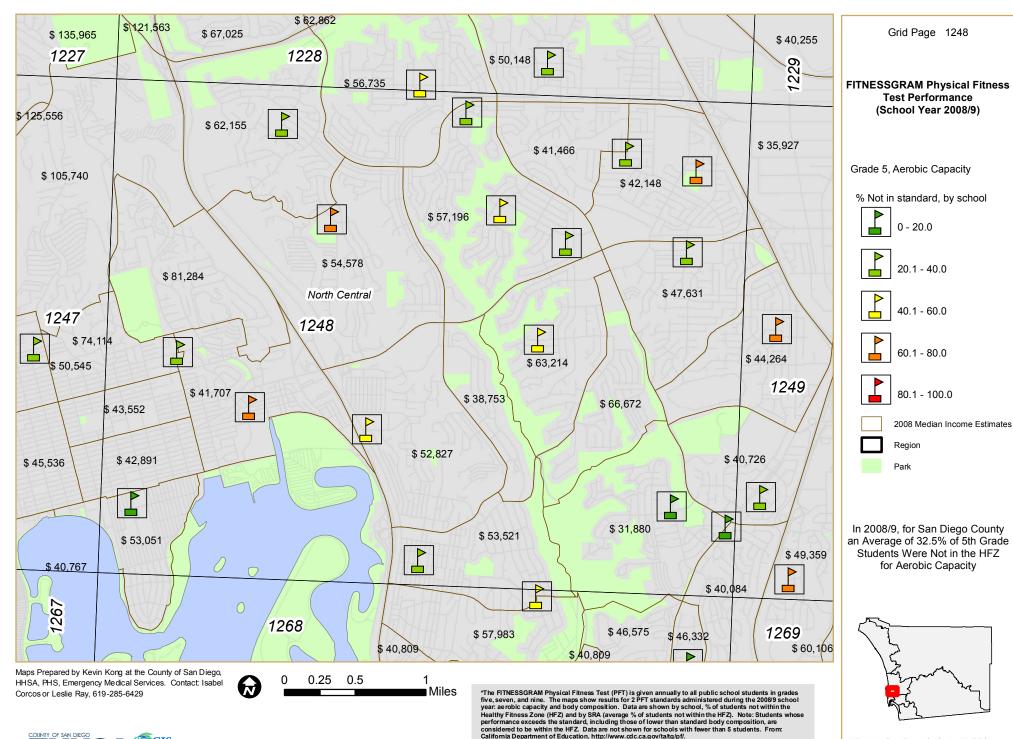


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity

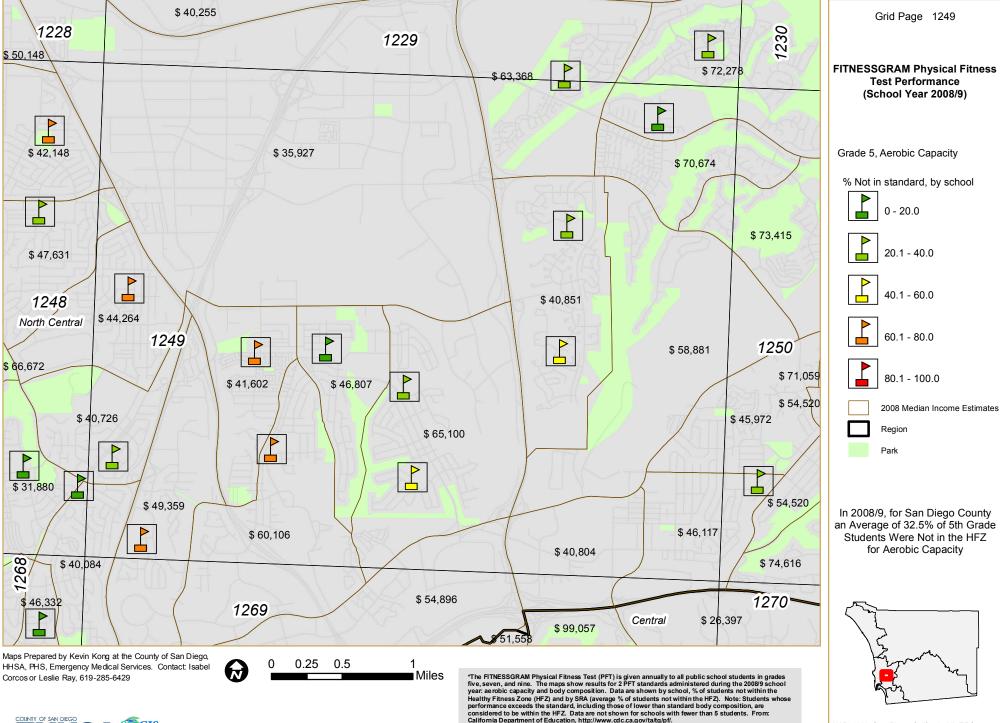




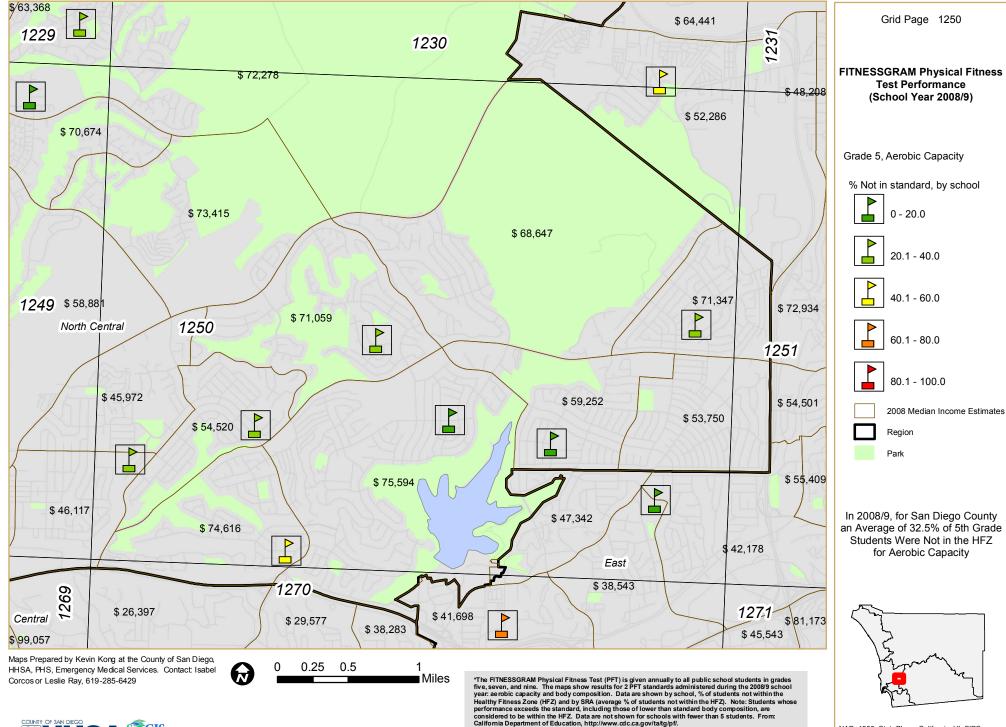




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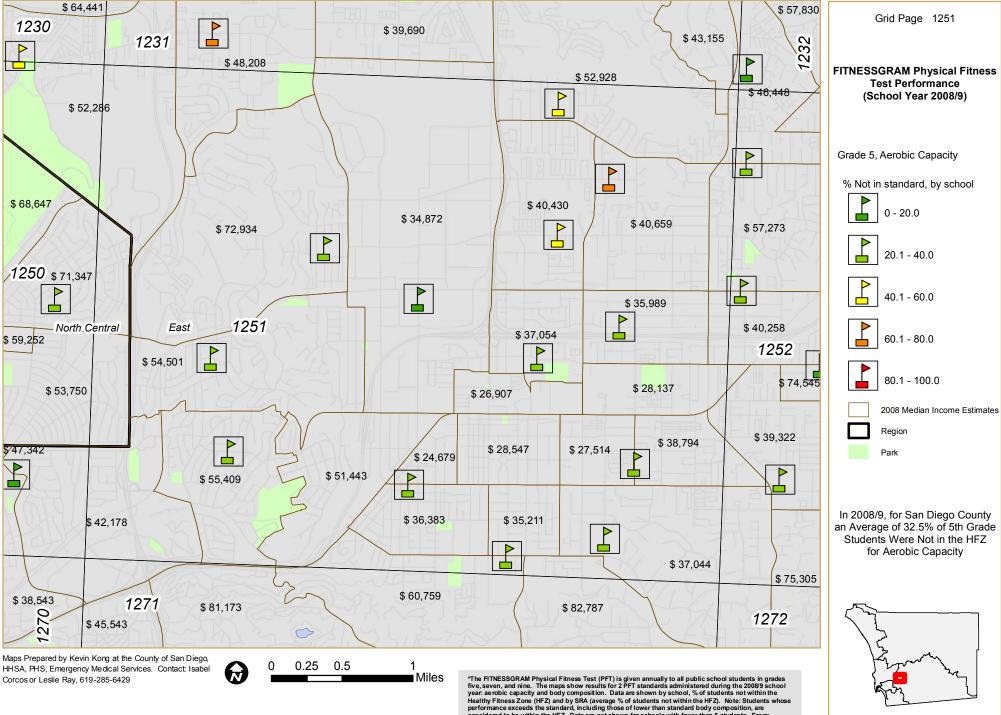






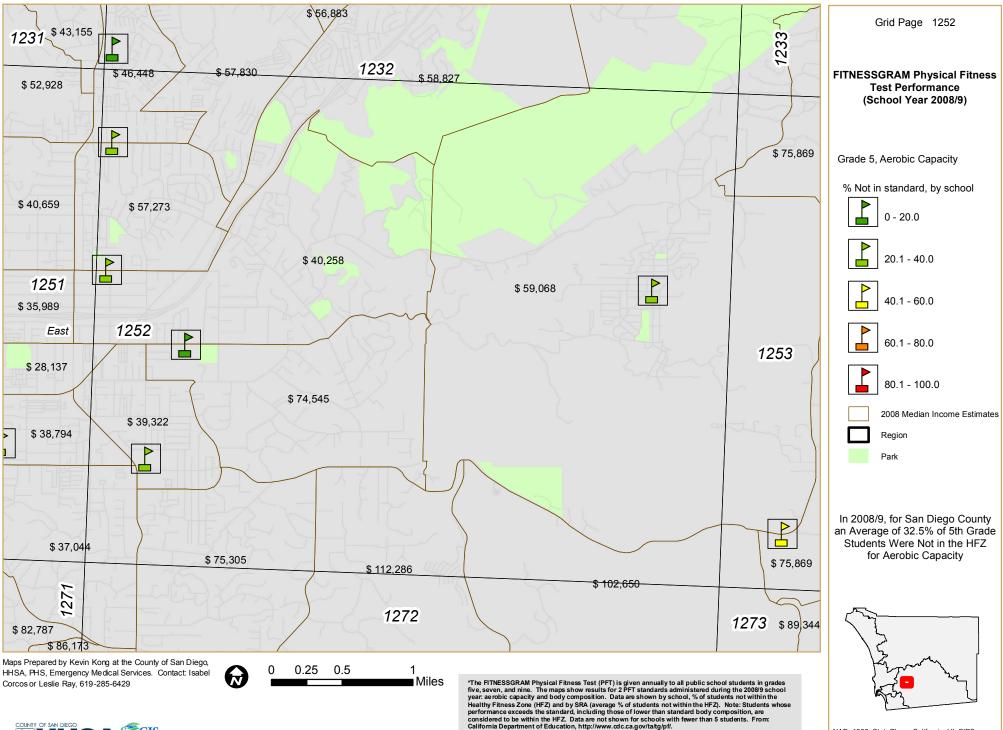


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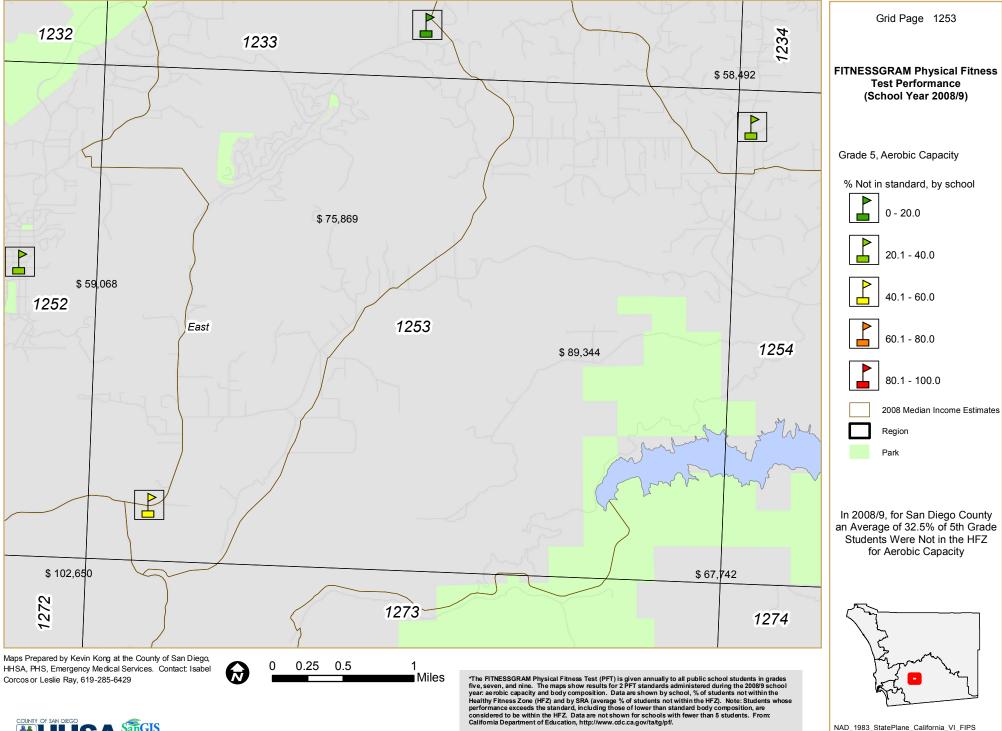




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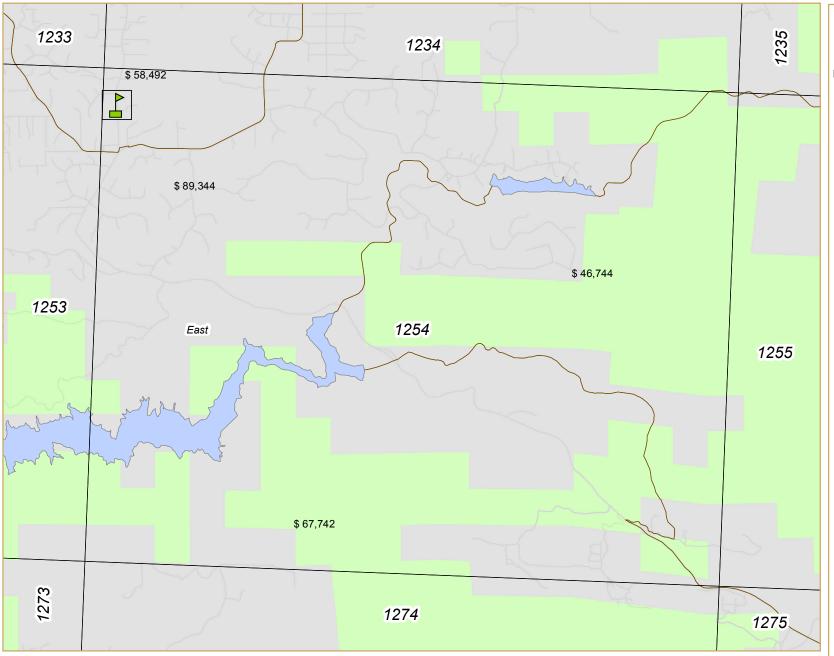
COUNTY OF SAN DIEGO

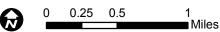
HH H S A

HEALTH AND HUMAN SERVICES AGENCY

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\_0406\_Feet, D\_North\_American\_1983, Foot\_US





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Grid Page 1254

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



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2008 Median Income Estimates



Region

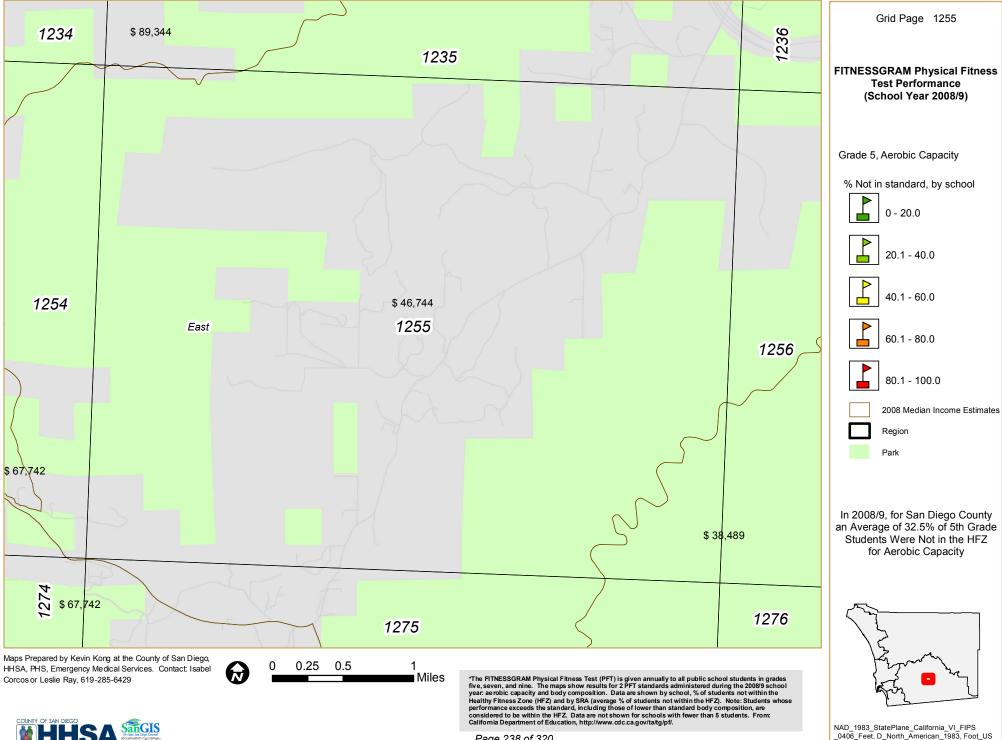


Park

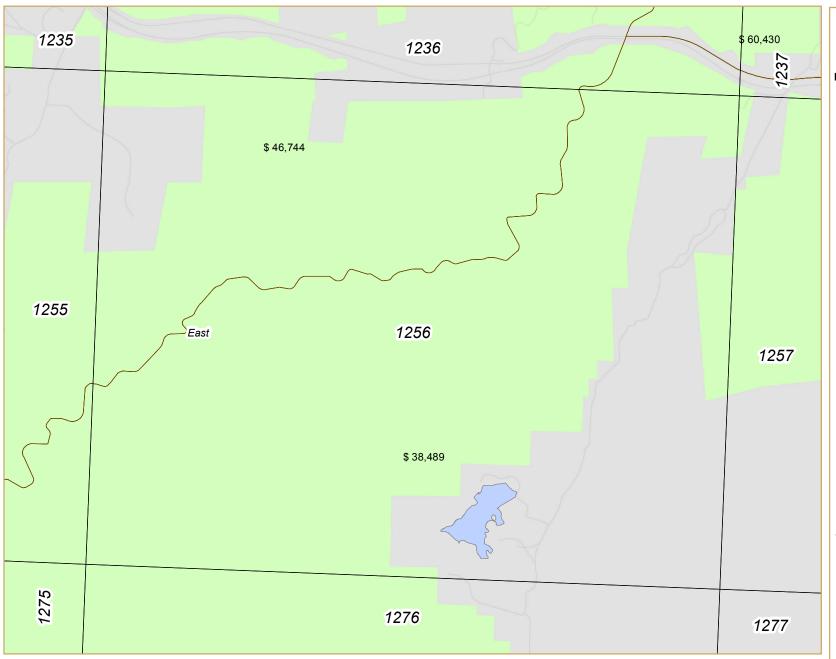
In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity

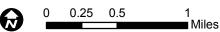






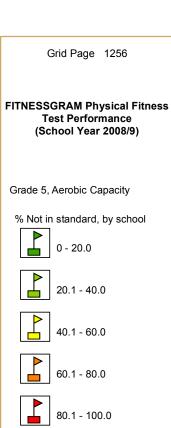






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2008 Median Income Estimates



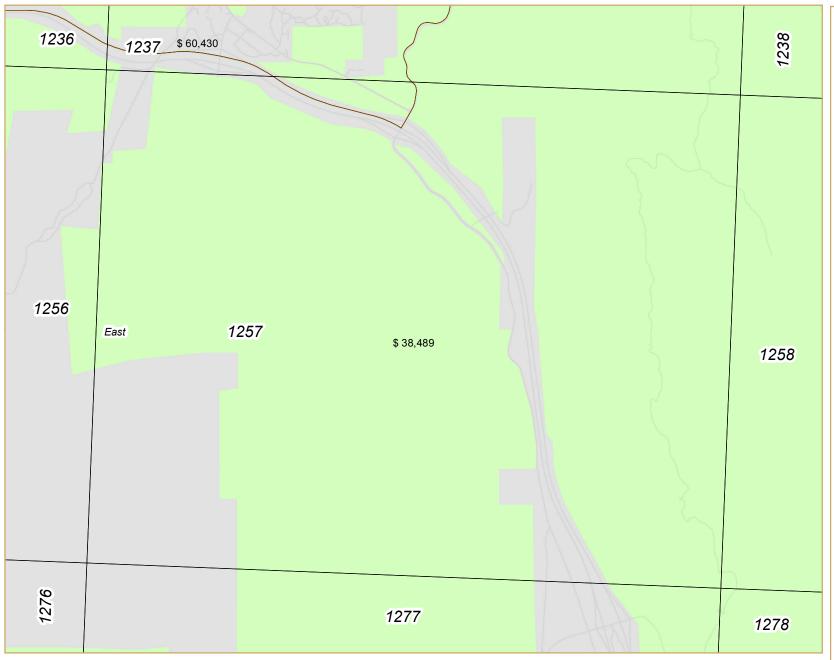
Region

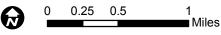


In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ

for Aerobic Capacity







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Grid Page 1257

FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40 (



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



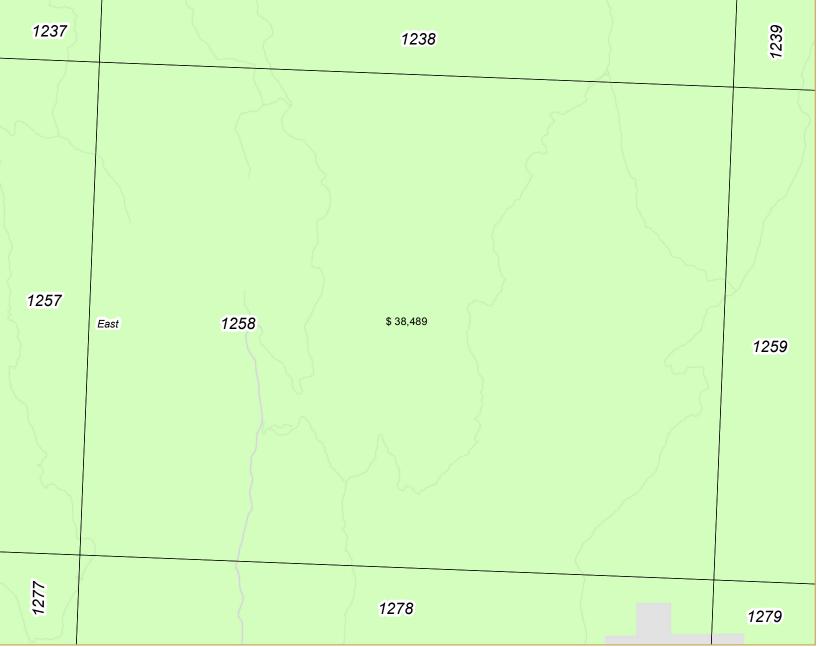
Region

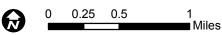


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity

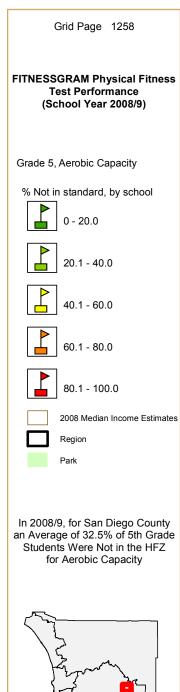


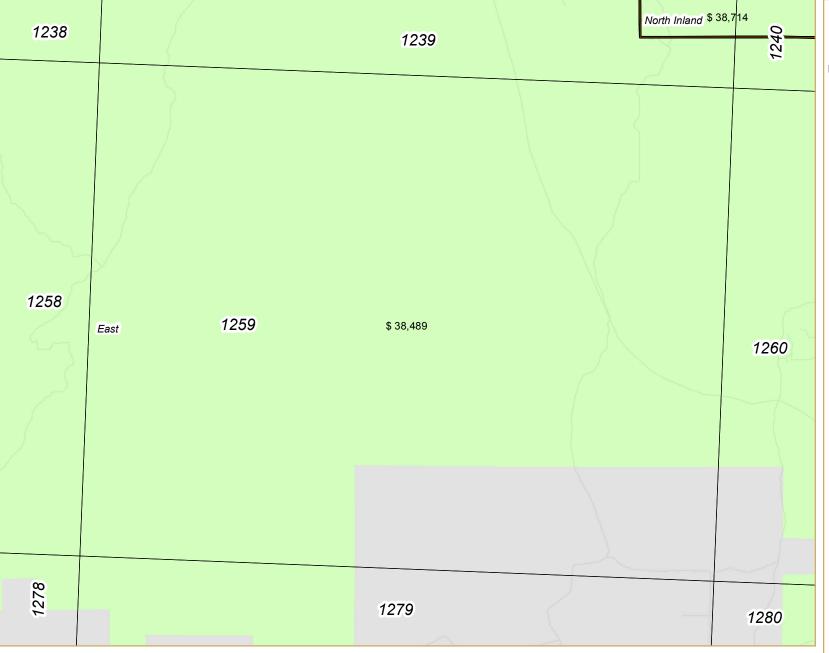




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Grid Page 1259

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



00.4.40





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



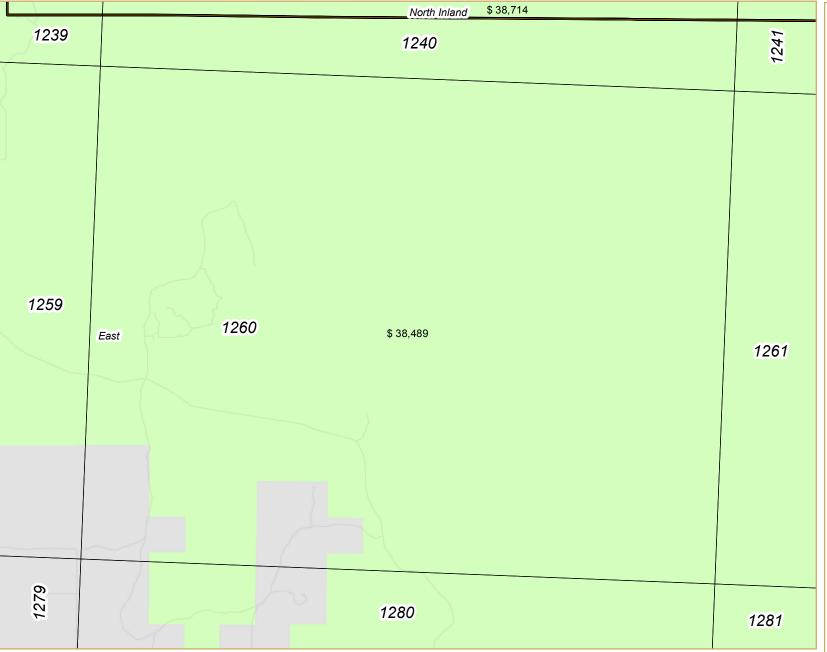
Region

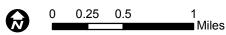


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

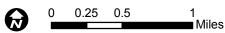


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







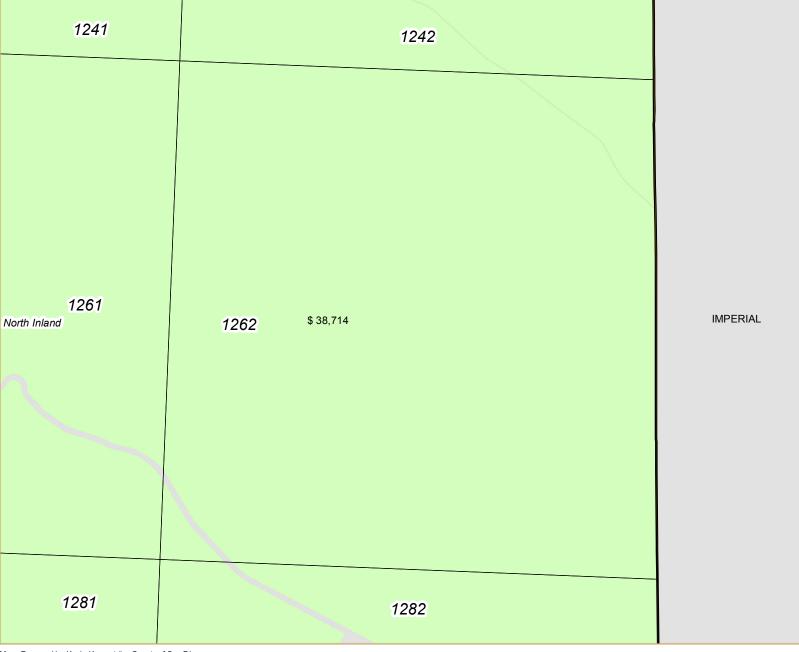
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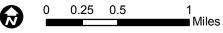


Page 244 of 320

# Grid Page 1261 **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9) Grade 5, Aerobic Capacity % Not in standard, by school 0 - 20.0 40.1 - 60.0 60.1 - 80.0 80.1 - 100.0 2008 Median Income Estimates Region Park In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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Grid Page 1262

## **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



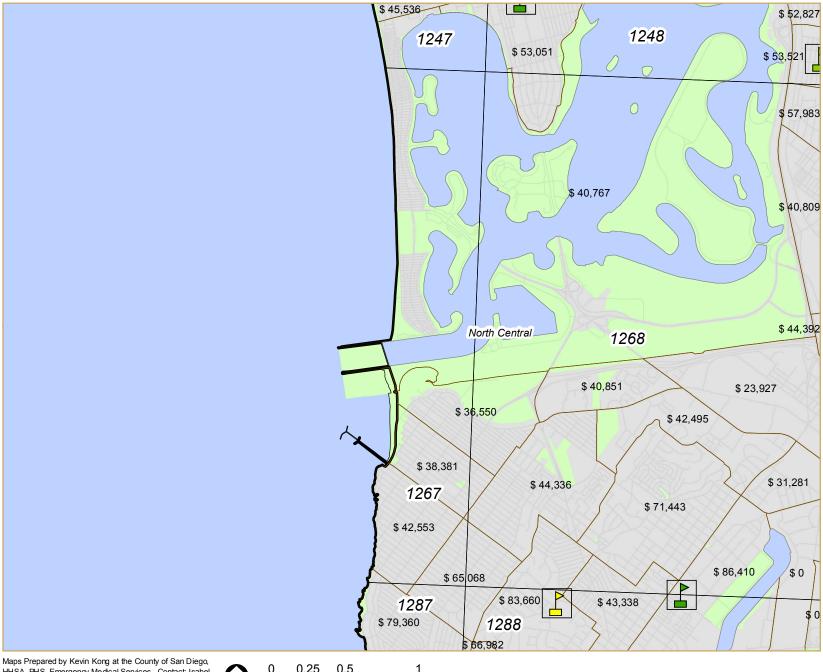
Region



Park

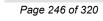
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## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40 1 - 60 C



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

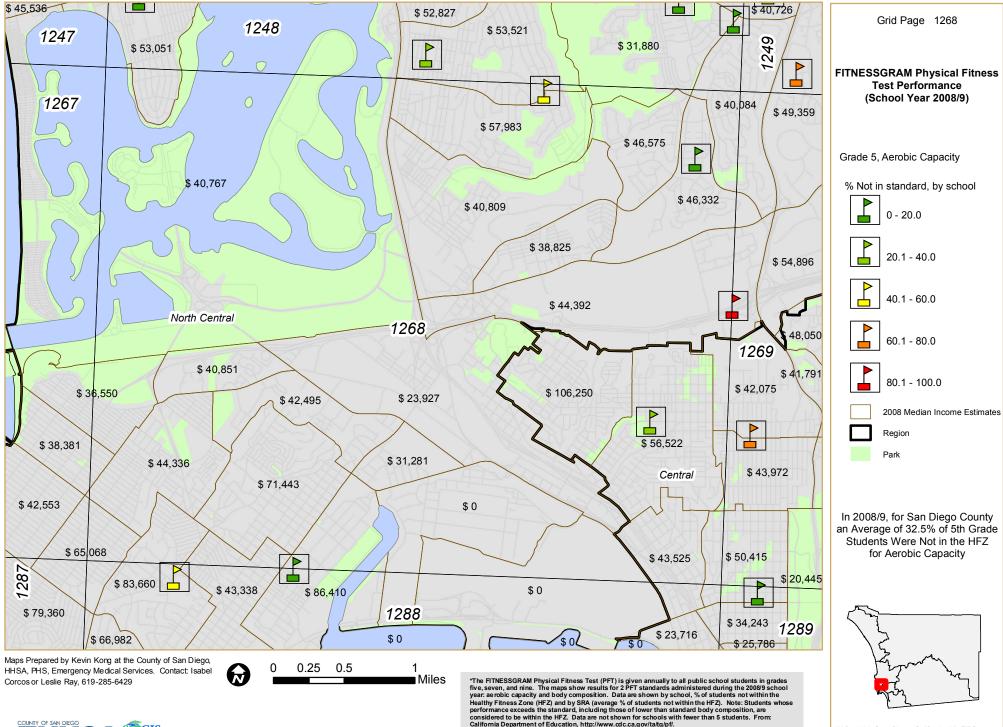


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity

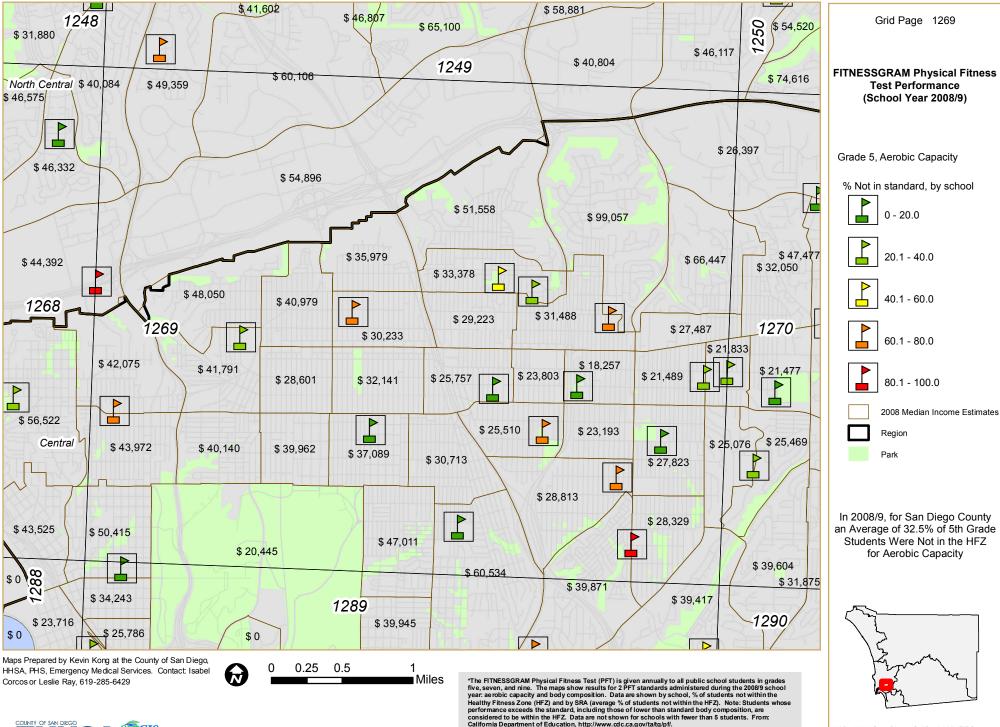






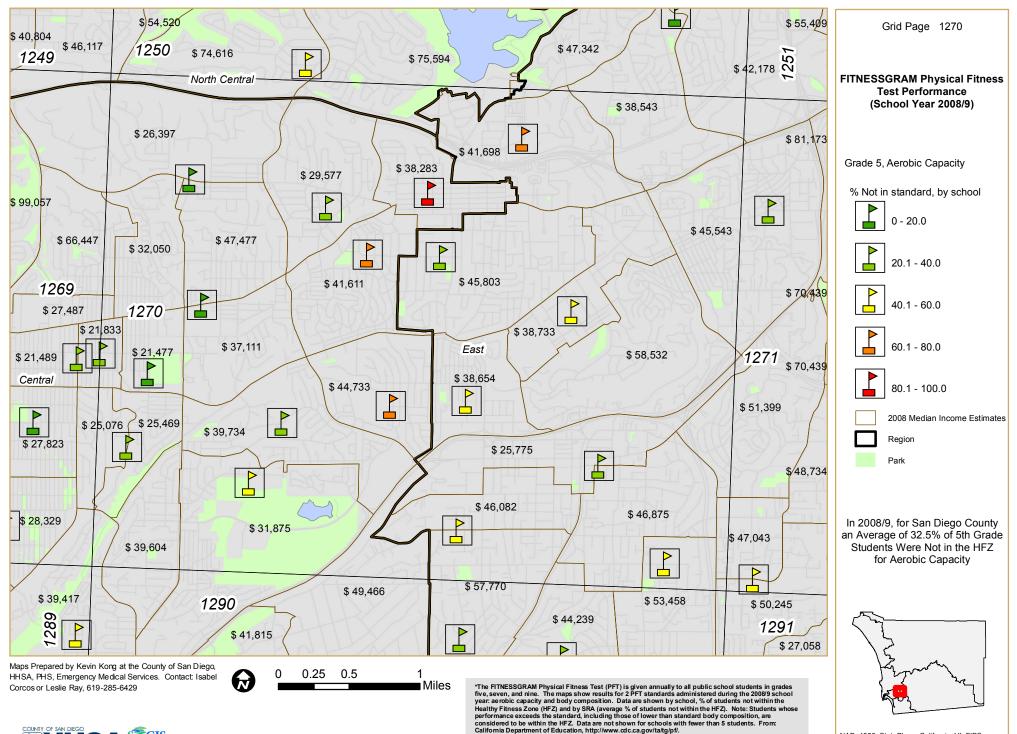


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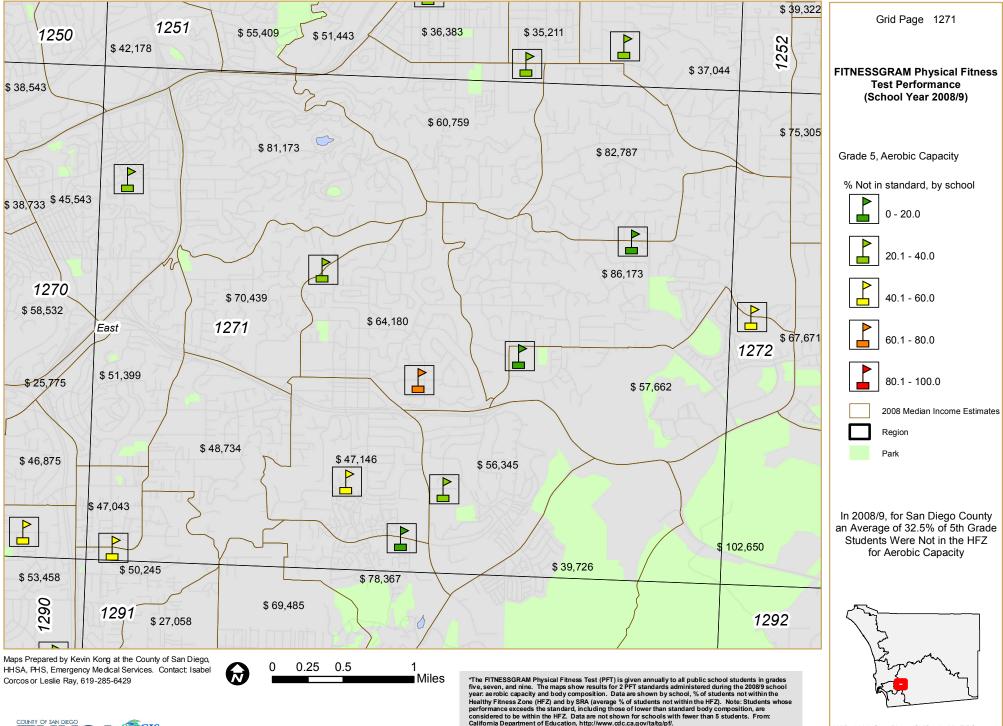


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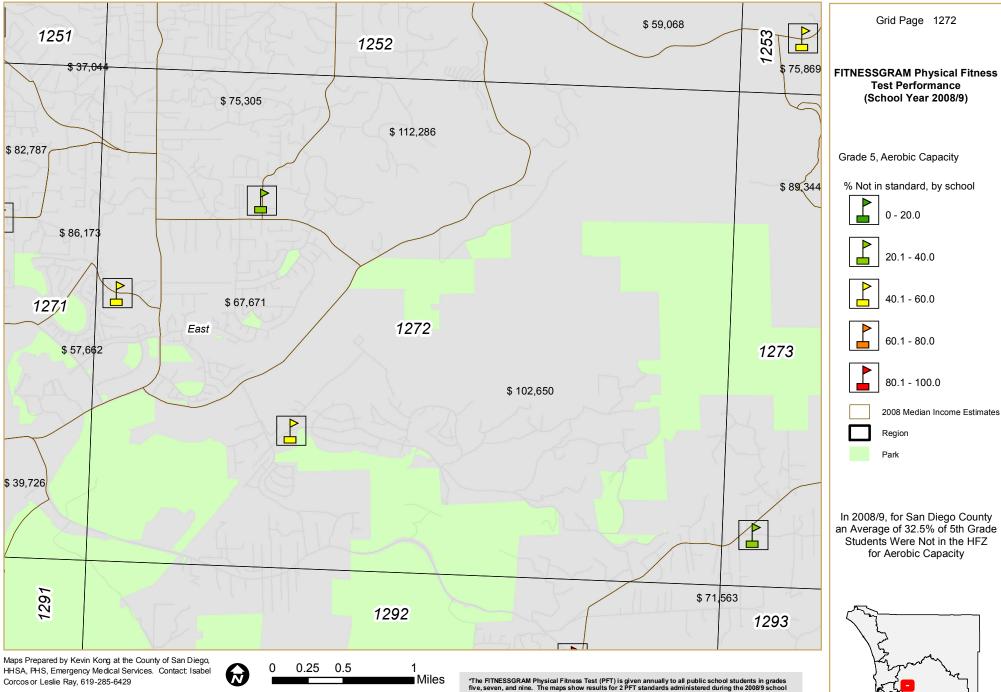


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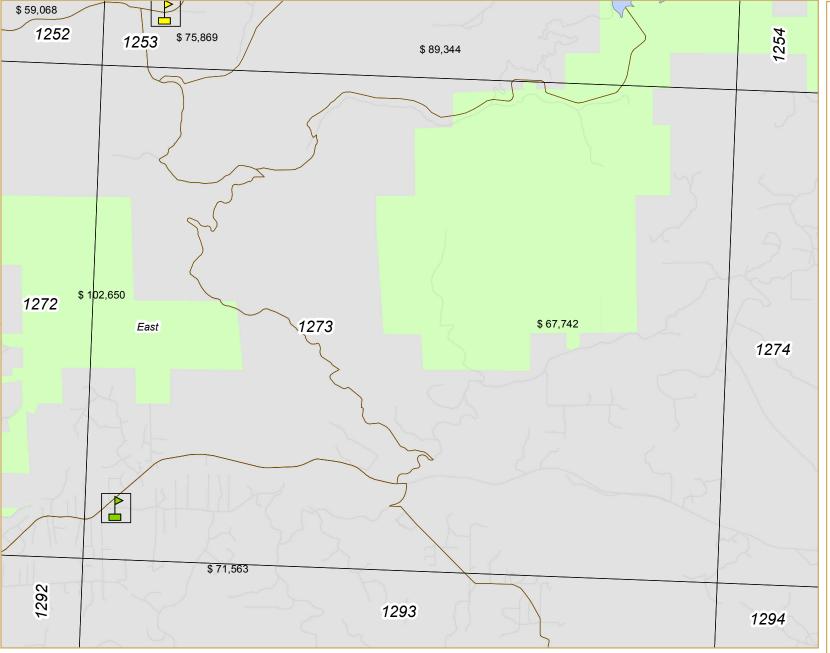


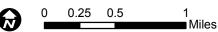
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Grid Page 1273

# FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

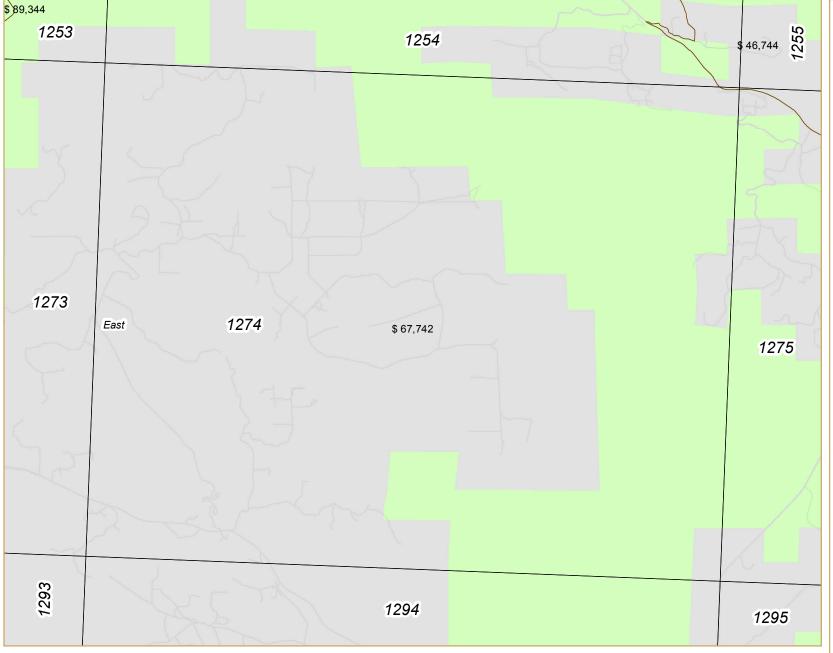


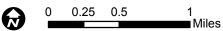
Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity









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Grid Page 1274

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



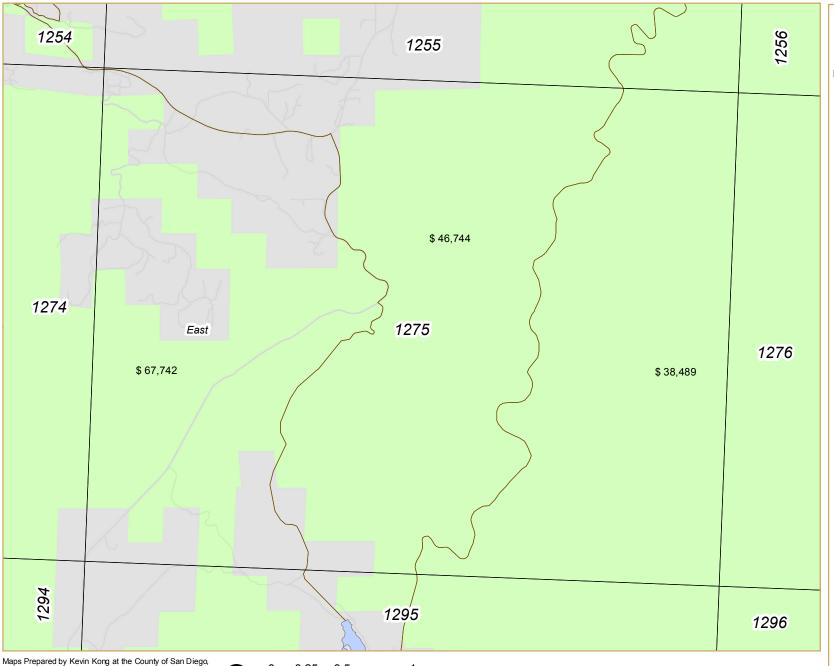
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429



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Grid Page 1275

### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0









60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



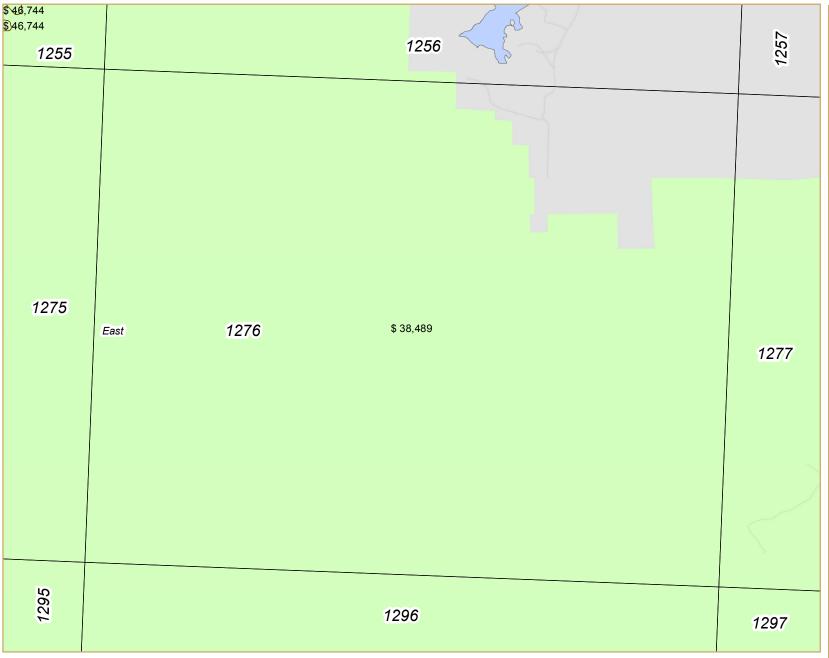
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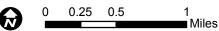


Park

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Grid Page 1276

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



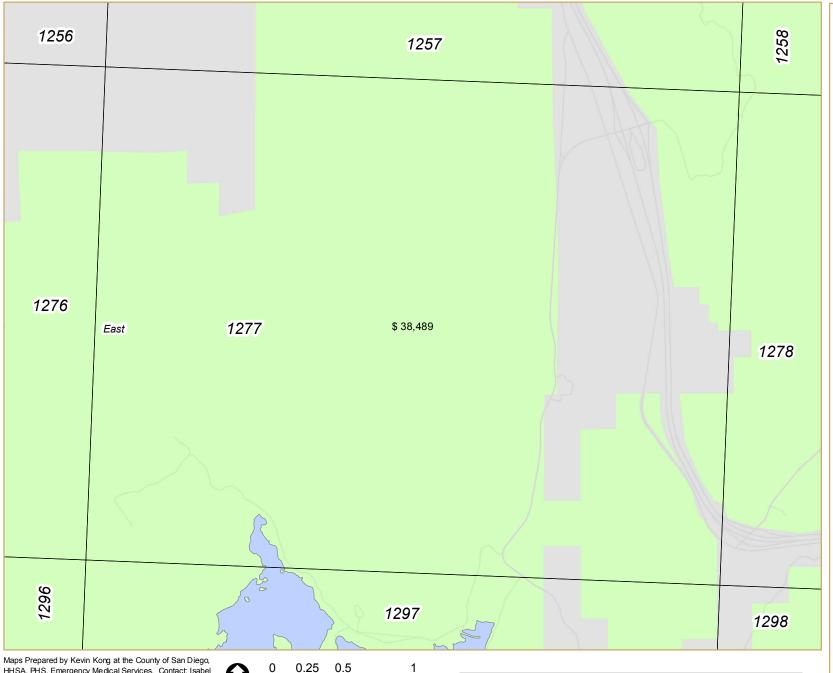
Region



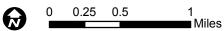
Park

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Grid Page 1277

## FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



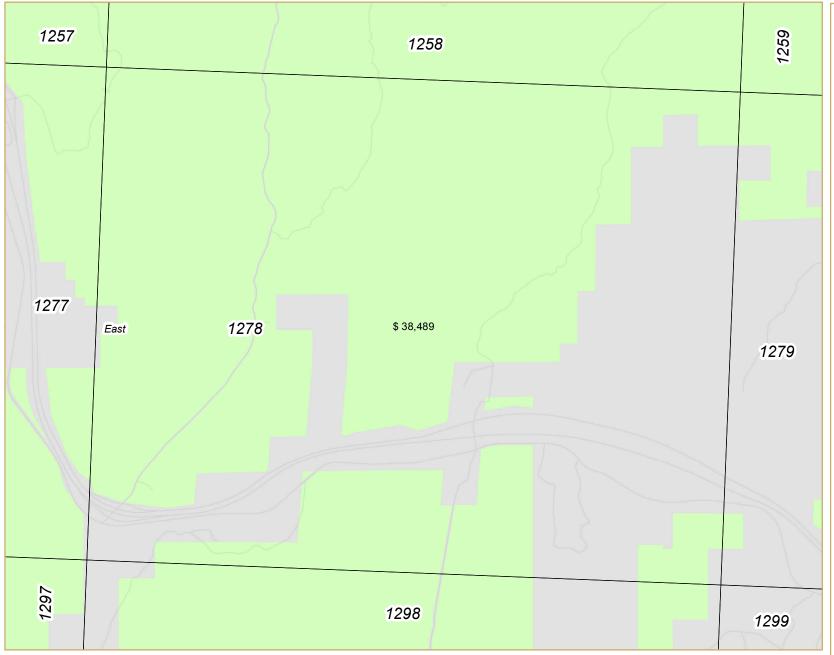
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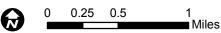


Park

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Grid Page 1278

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.4 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



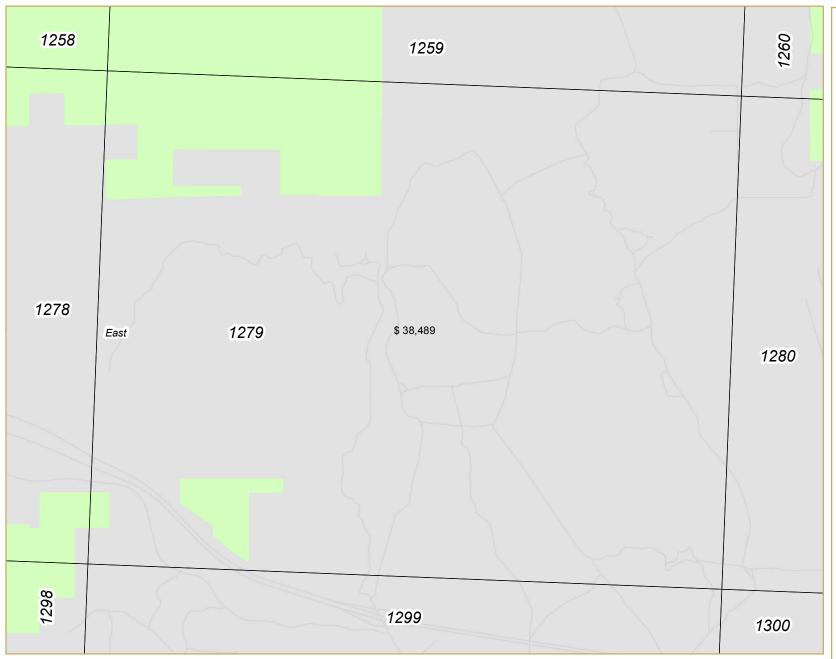
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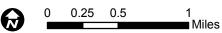


Park

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Grid Page 1279

**FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0





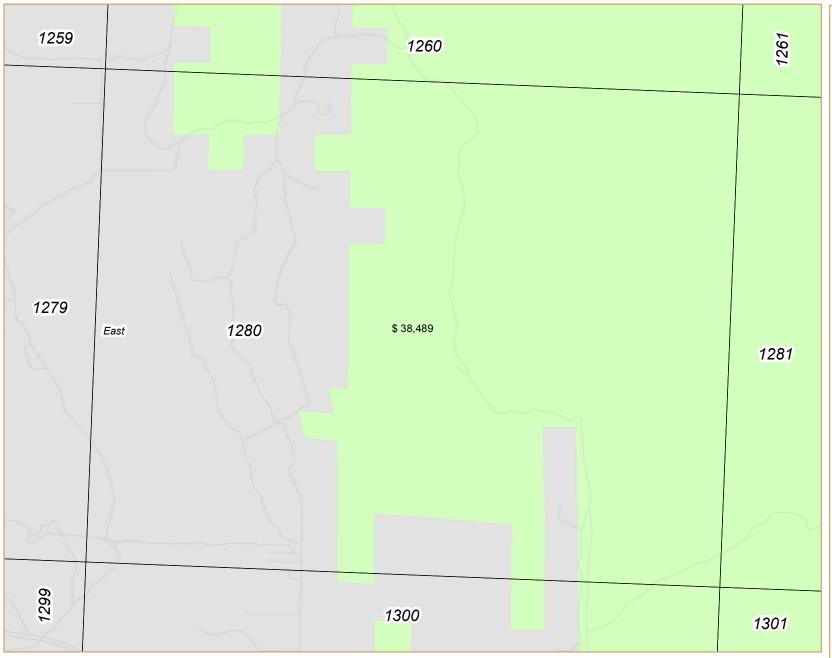
Region

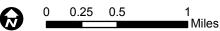


Park

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Grid Page 1280

## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.4 40.4



40 1 - 60 0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

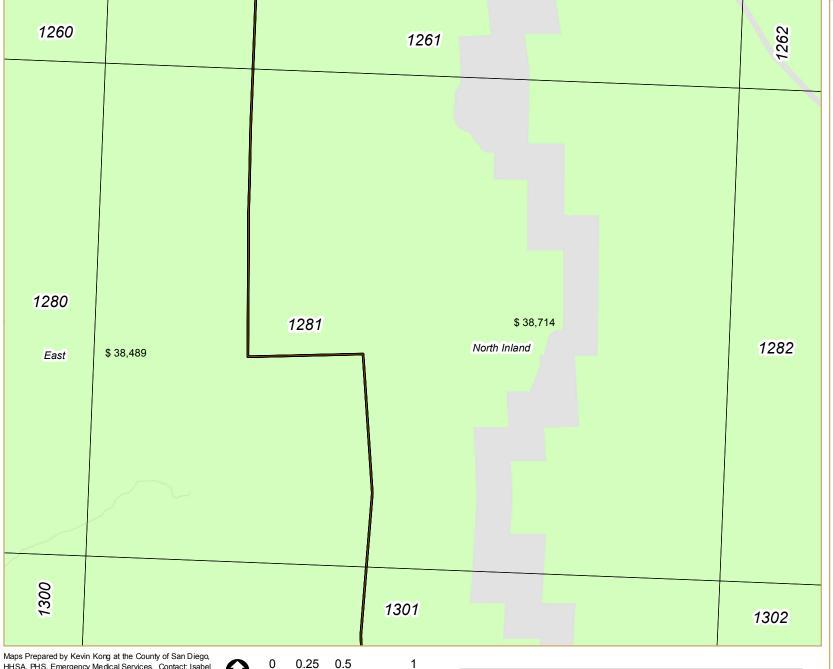


Park

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Grid Page 1281

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40 1 - 60 C



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



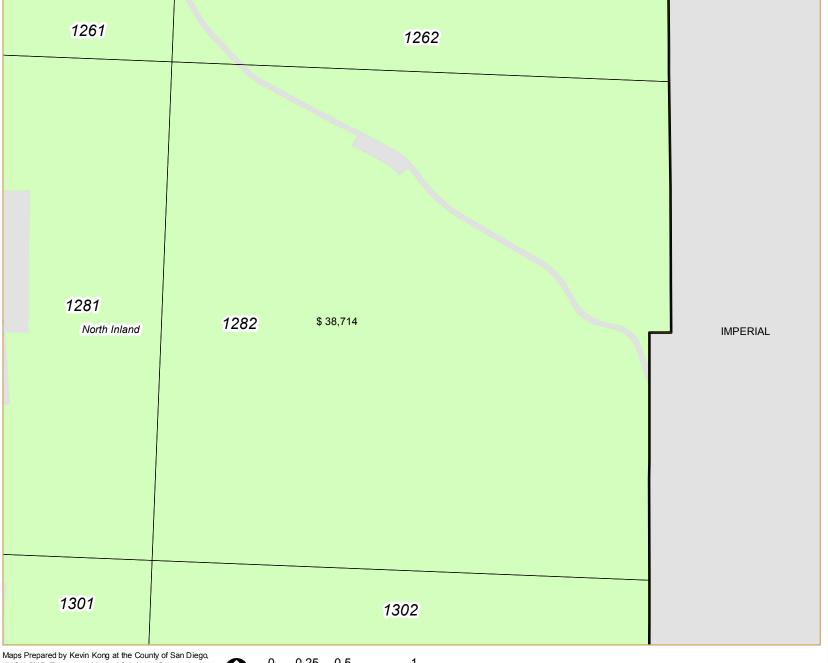
Region



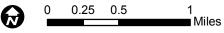
Park

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Grid Page 1282

## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40 0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



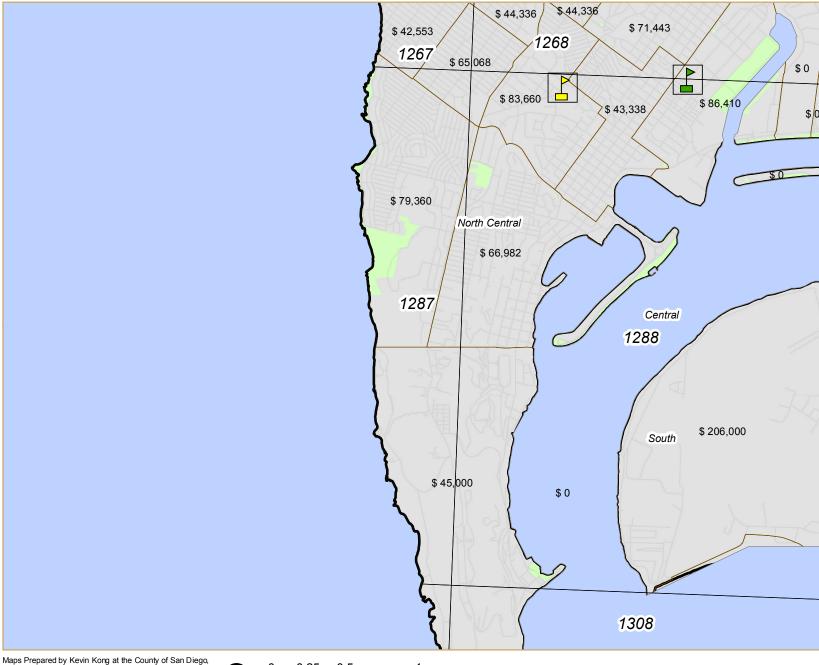
Region



Park

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Grid Page 1287

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

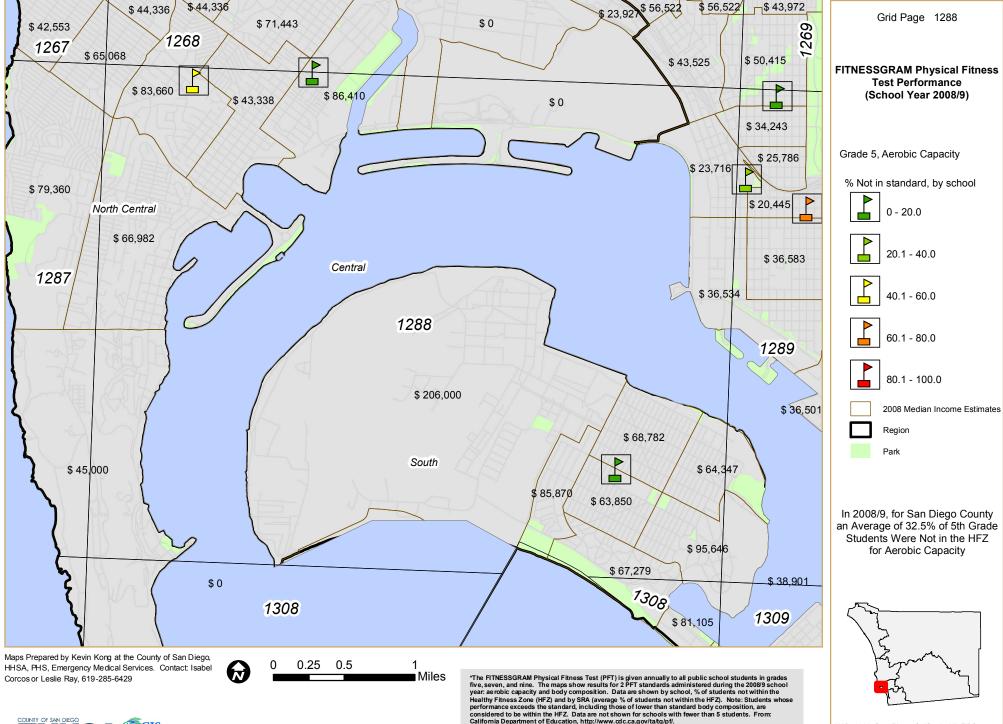


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity

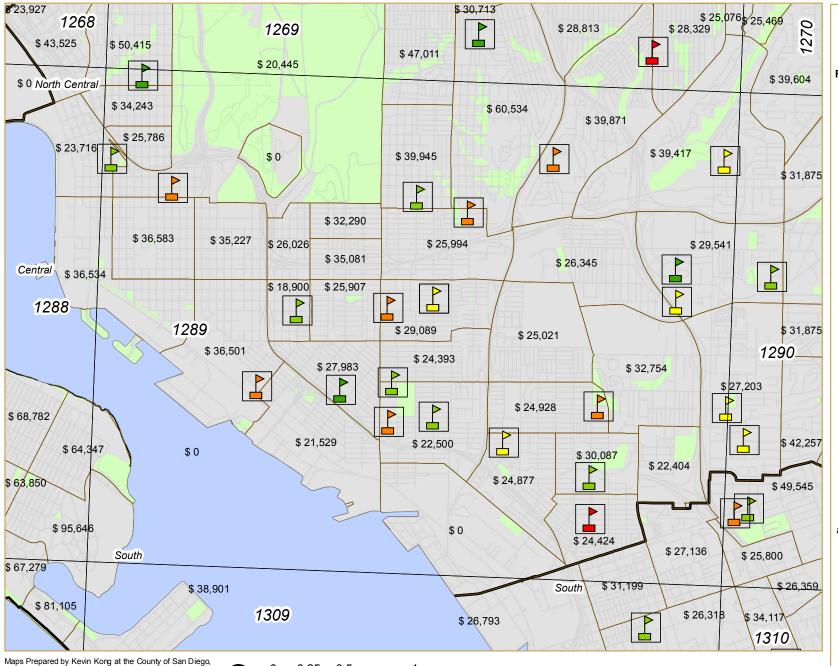




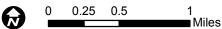




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Grid Page 1289

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0





60.1 - 80.0





80.1 - 100.0



2008 Median Income Estimates



Region

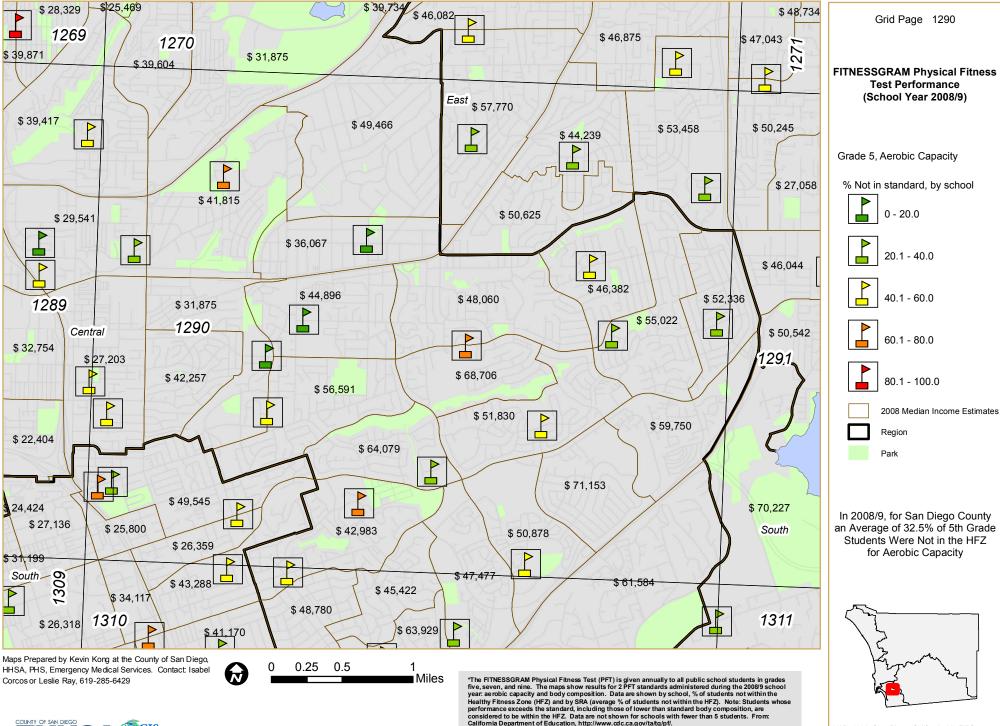


Park

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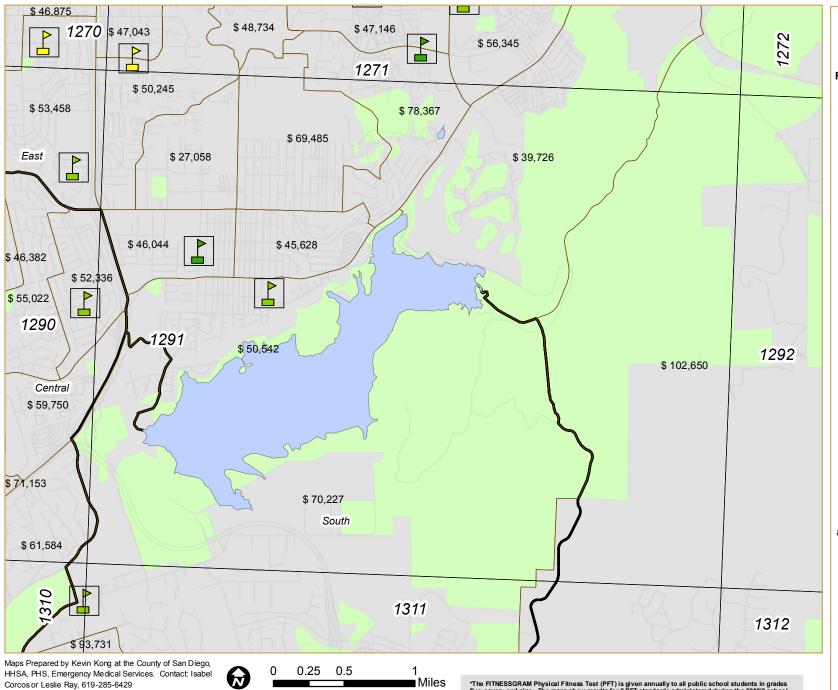








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Grid Page 1291

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0





60.1 - 80.0



80.1 - 100.0



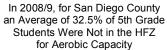
2008 Median Income Estimates



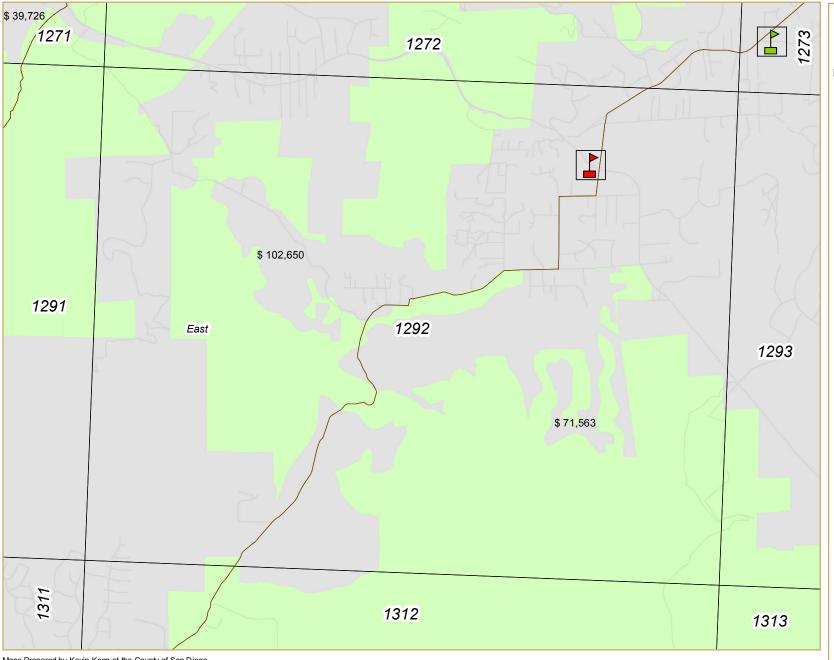
Region



Park









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Grid Page 1292

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



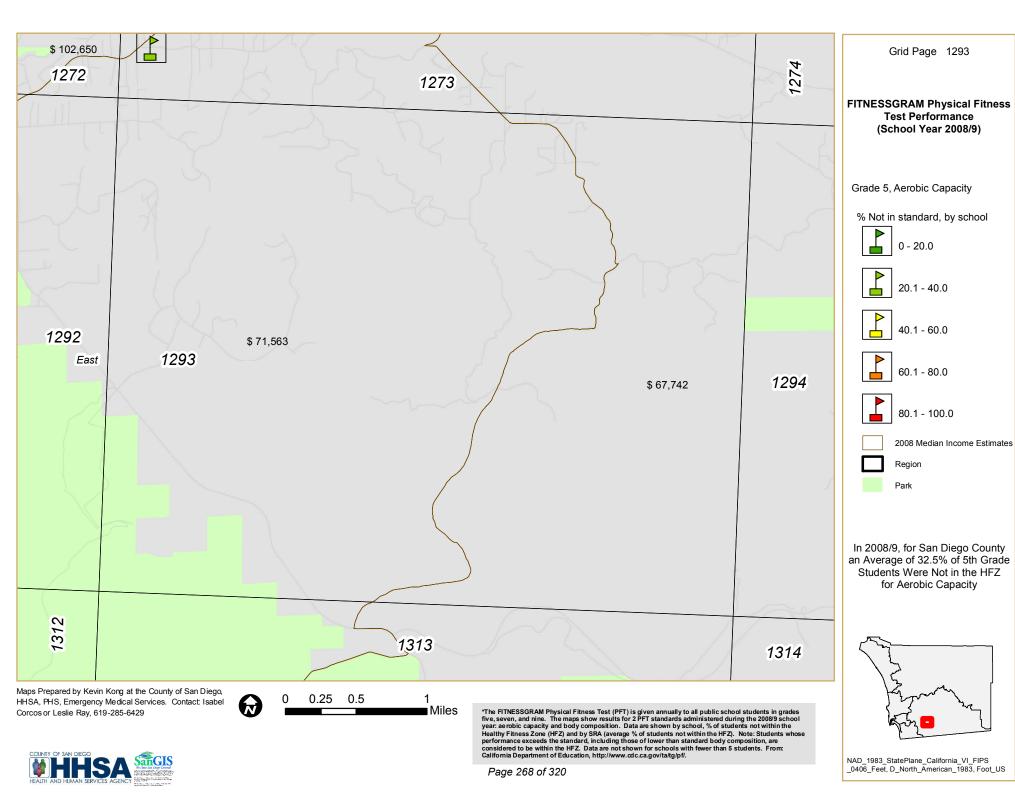
Region

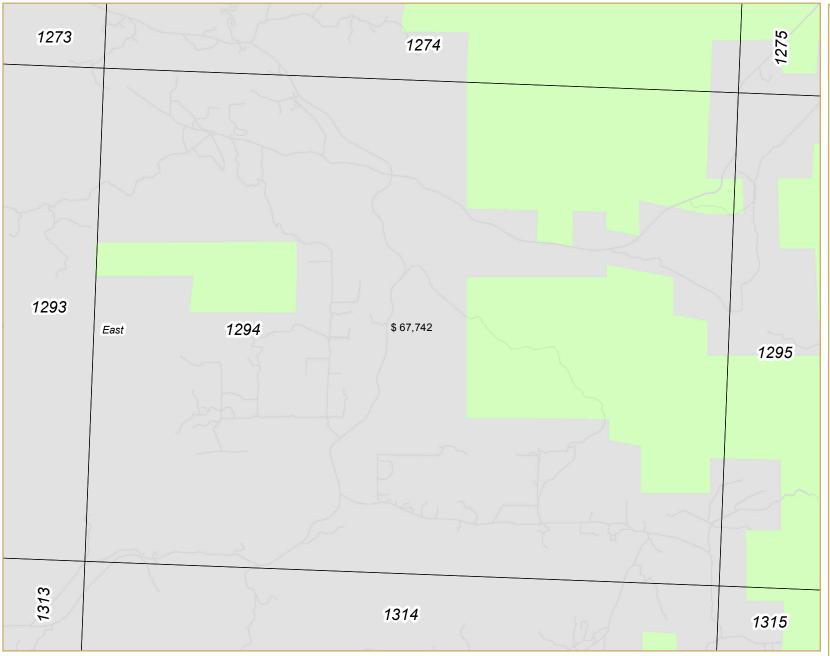


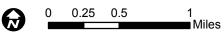
Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity









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Grid Page 1294

## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

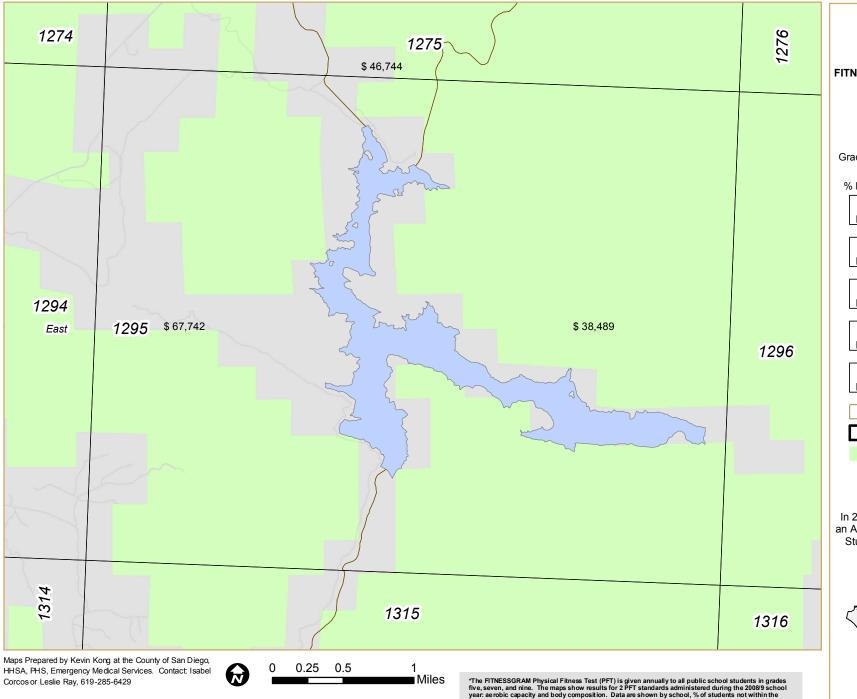


Park

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Grid Page 1295

## FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates

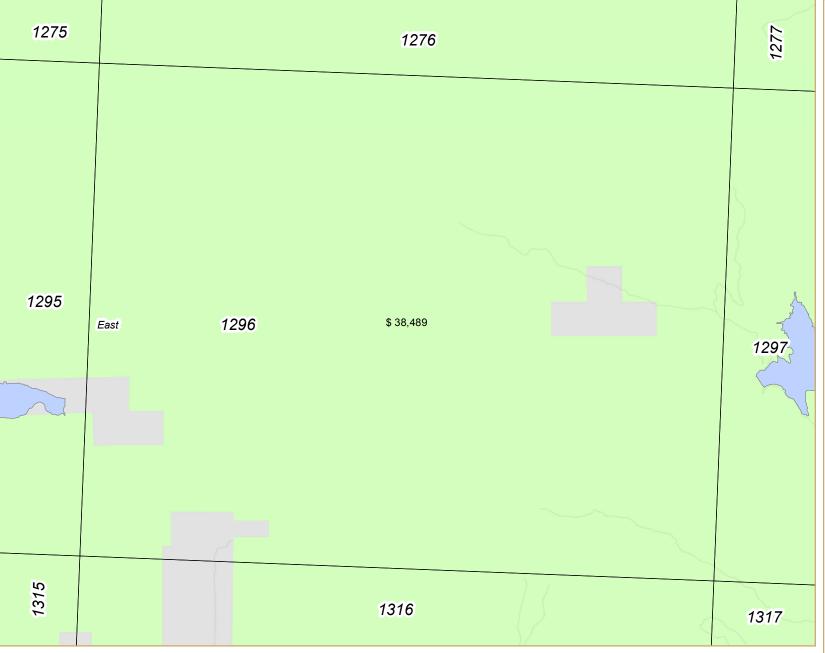


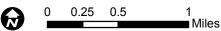
Region



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Grid Page 1296

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40 0



40 1 - 60 (



60.1 - 80.0



80.1 - 100.0



\_

2008 Median Income Estimates



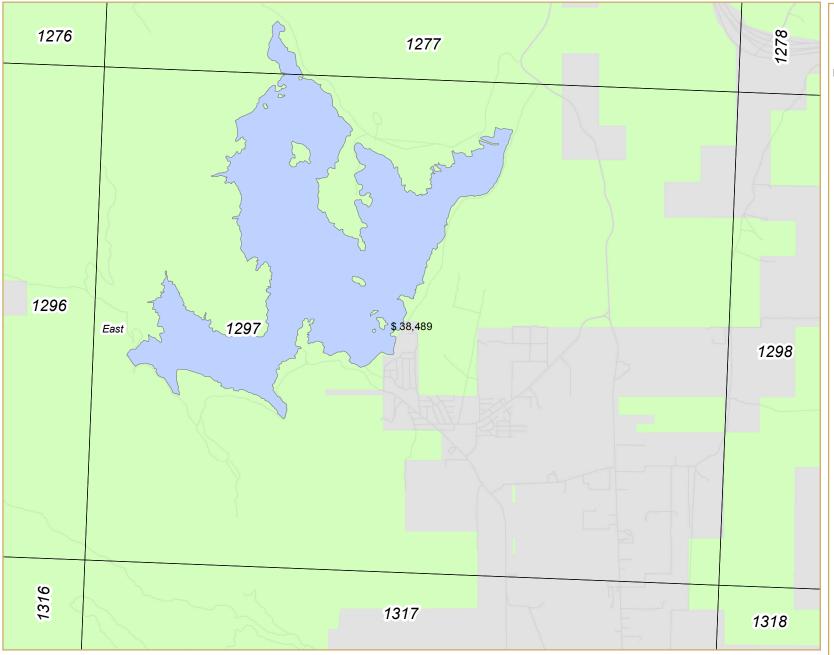
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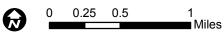


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Grid Page 1297

## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



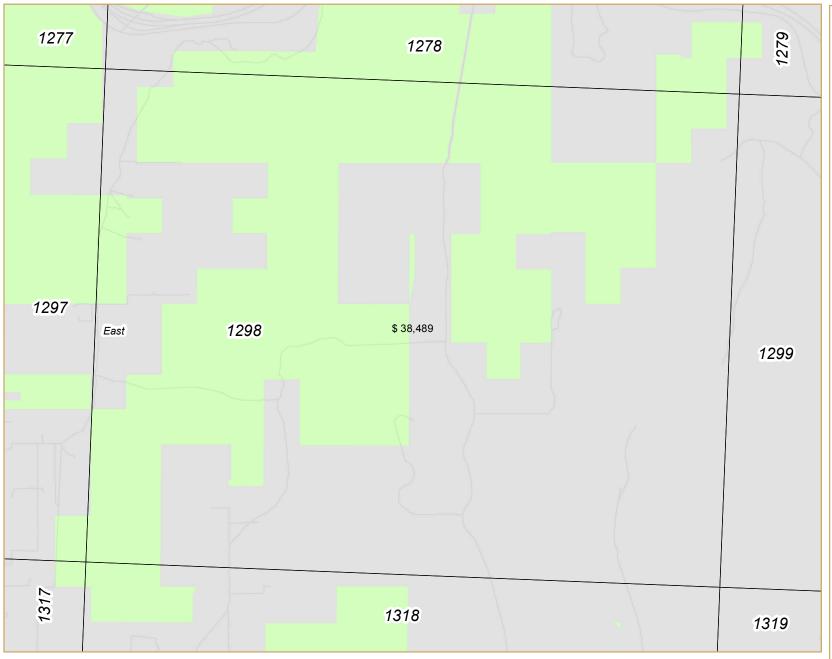
Region

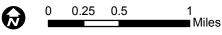


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Grid Page 1298

FITNESSGRAM Physical Fitness
Test Performance

Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



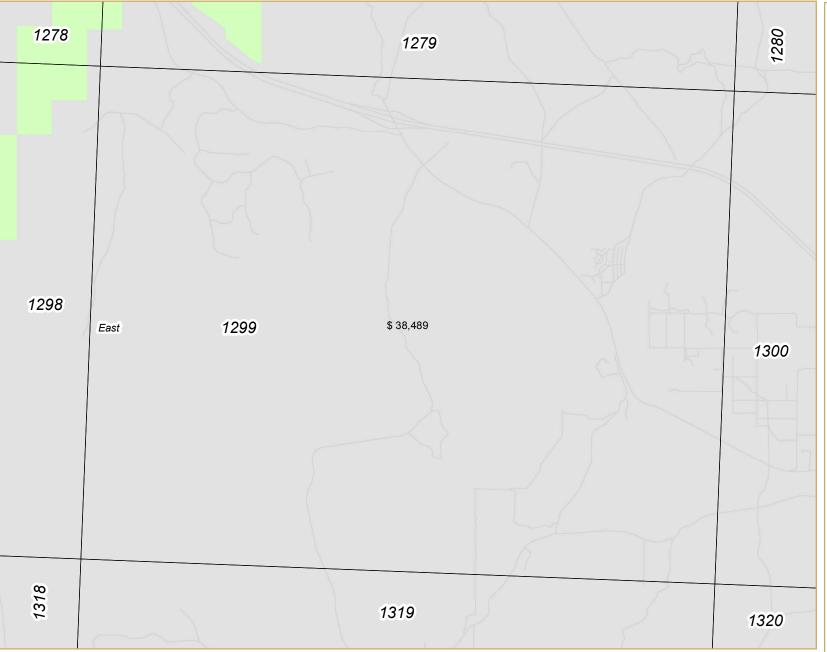
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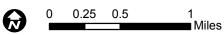


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Grid Page 1299

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



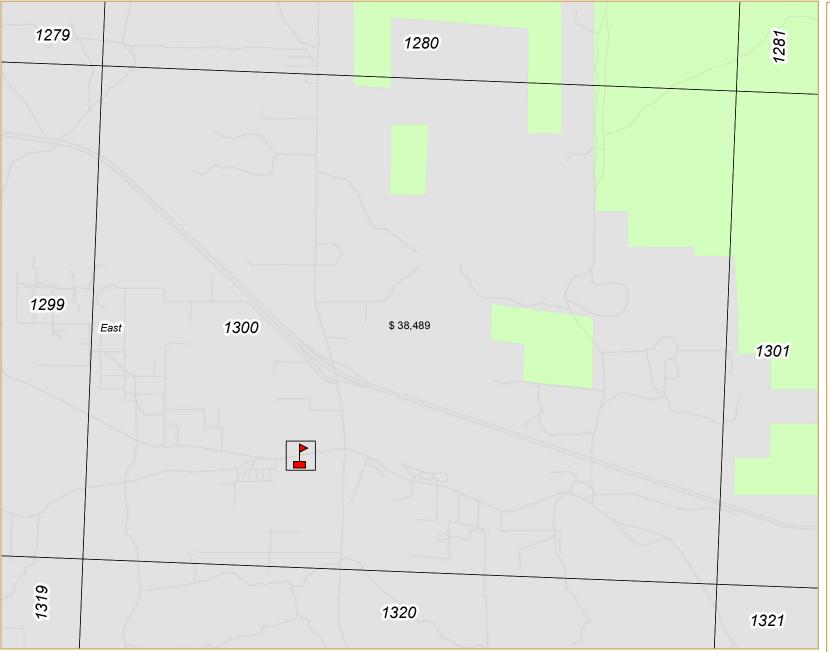
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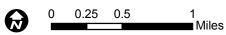


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Grid Page 1300

## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



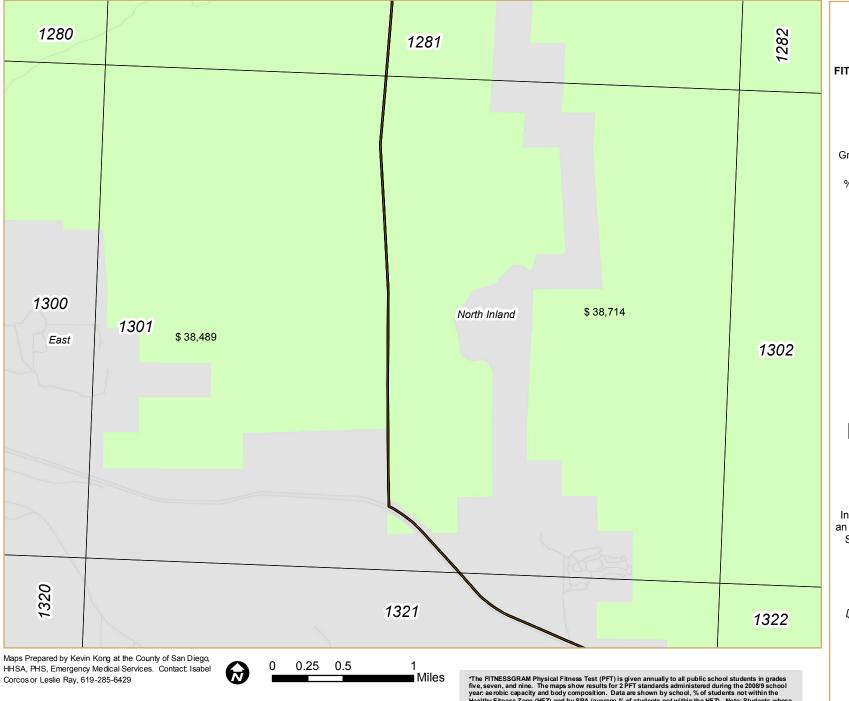
Region



Park

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#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



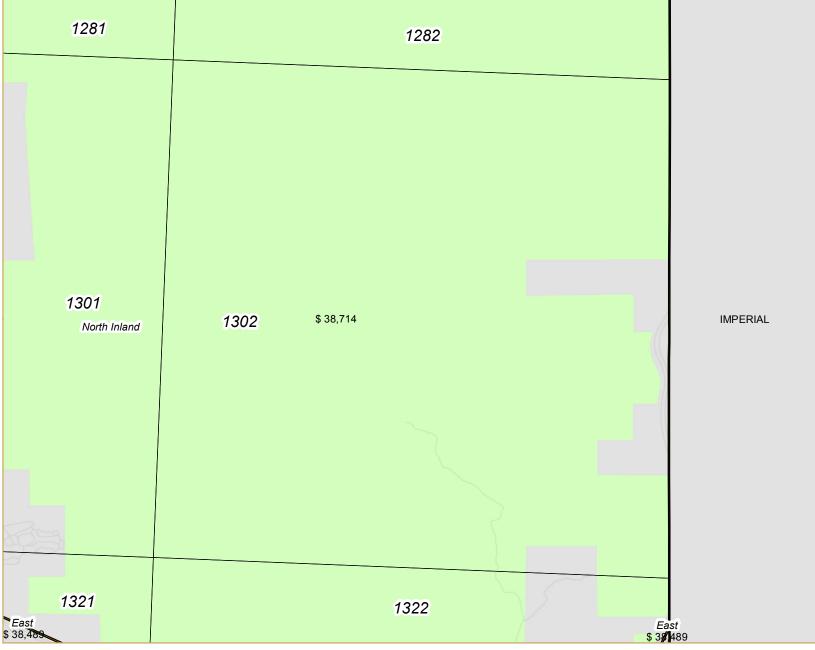
Region

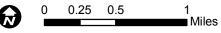


Park

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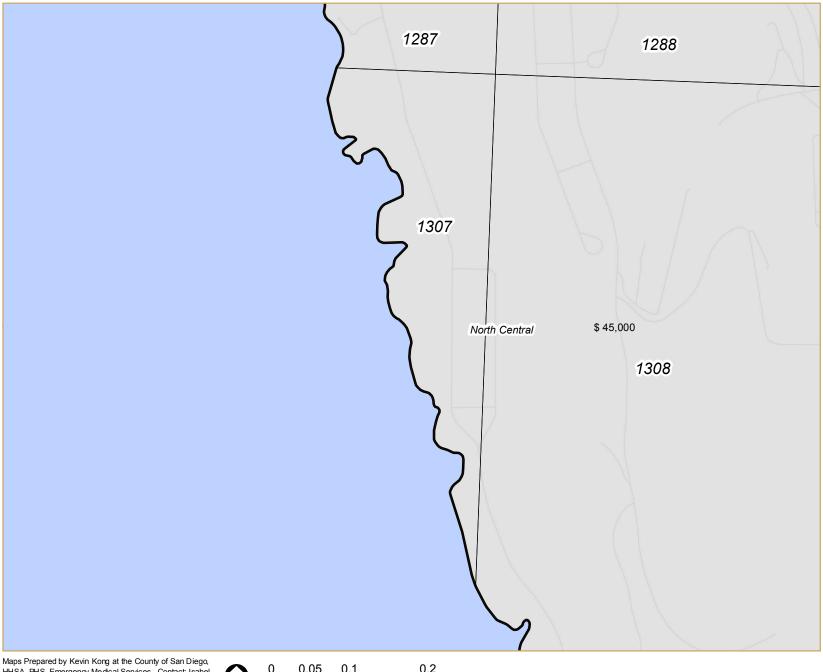


California Department of Education, Page 277 of 320

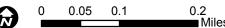
Grid Page 1302 **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9) Grade 5, Aerobic Capacity % Not in standard, by school 0 - 20.0 60.1 - 80.0 80.1 - 100.0 2008 Median Income Estimates Region Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity



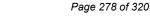


HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429



Miles

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### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0









60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region



Park

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Grid Page 1308

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



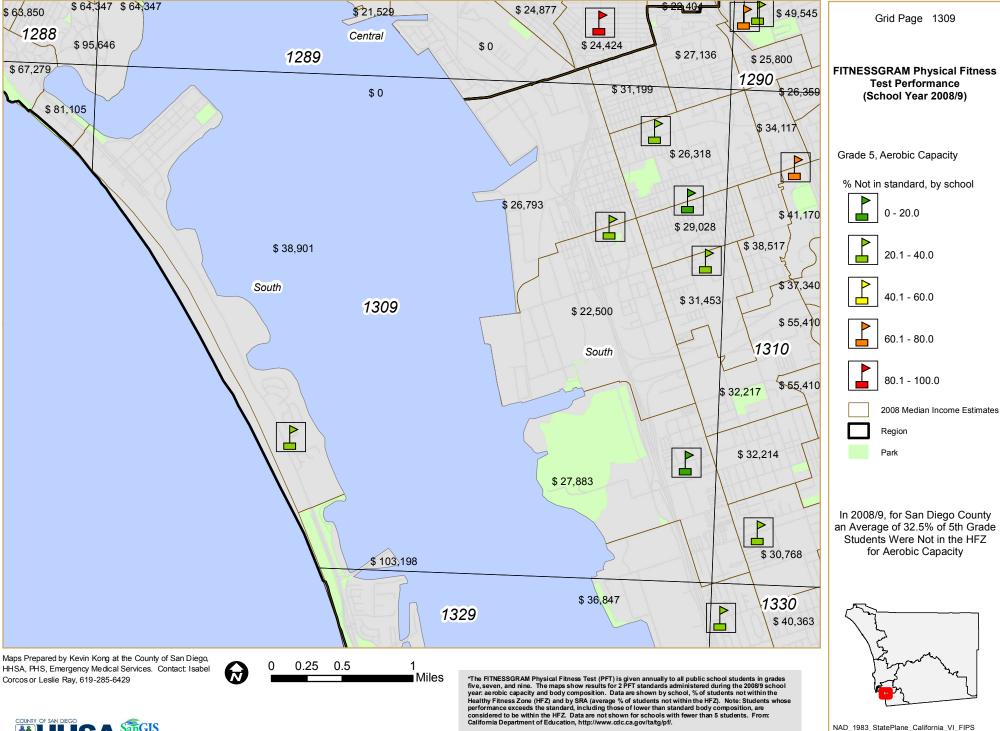
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity

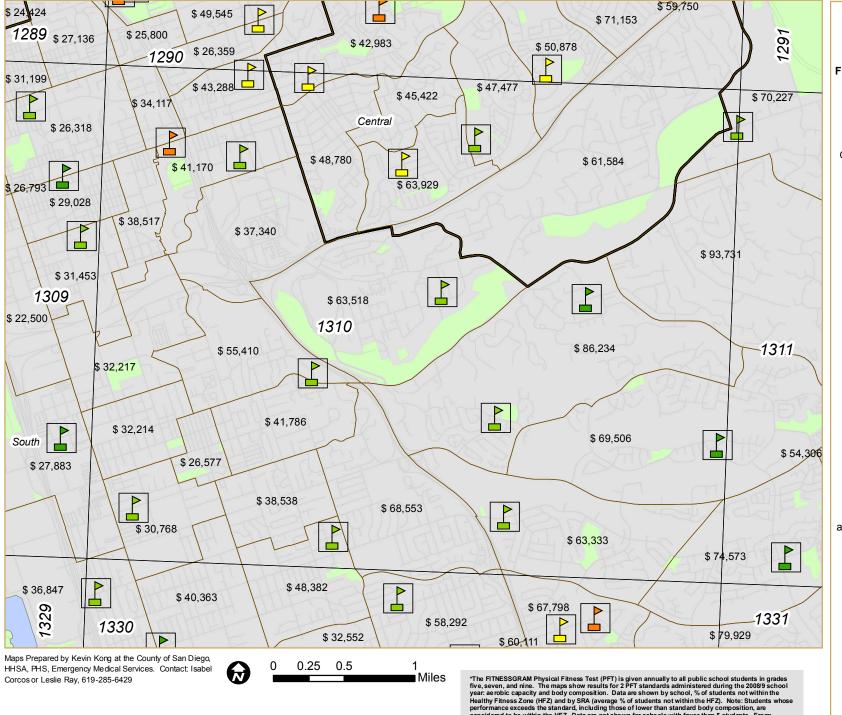






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considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.

Grid Page 1310

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



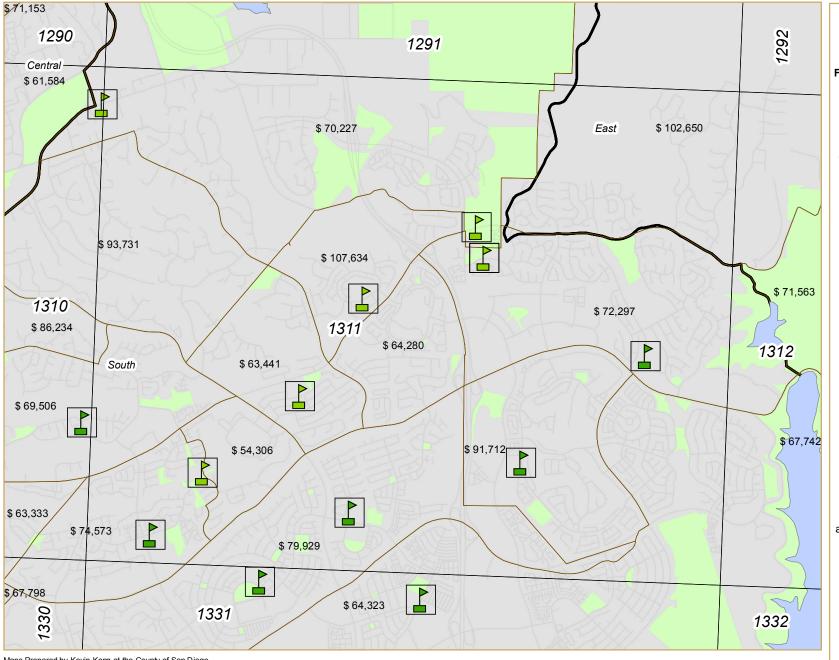
Region



Park

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Grid Page 1311

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

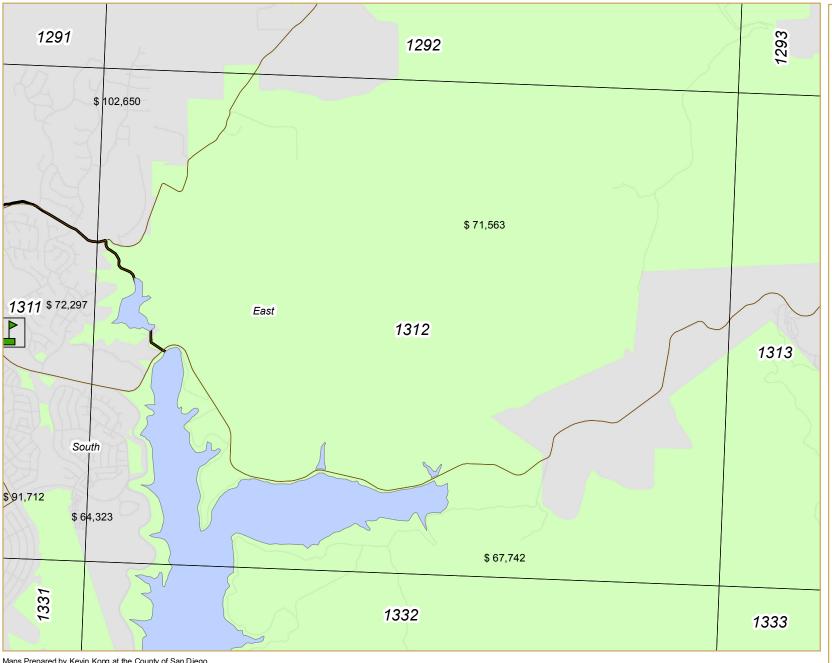


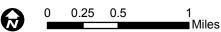
Park

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### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



00.1 - 100.0



Region

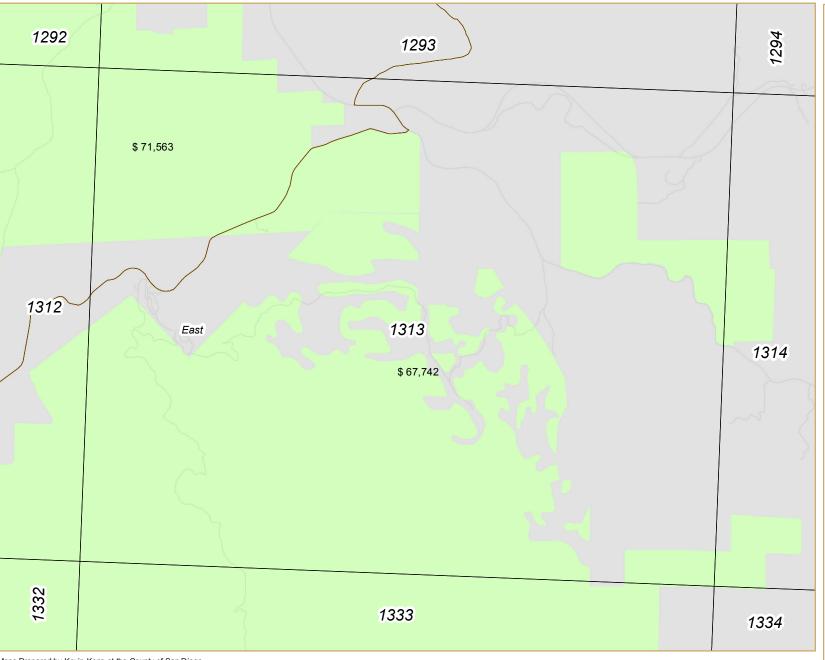
2008 Median Income Estimates

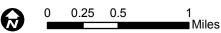




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Grid Page 1313

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.



40 1 - 60 0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



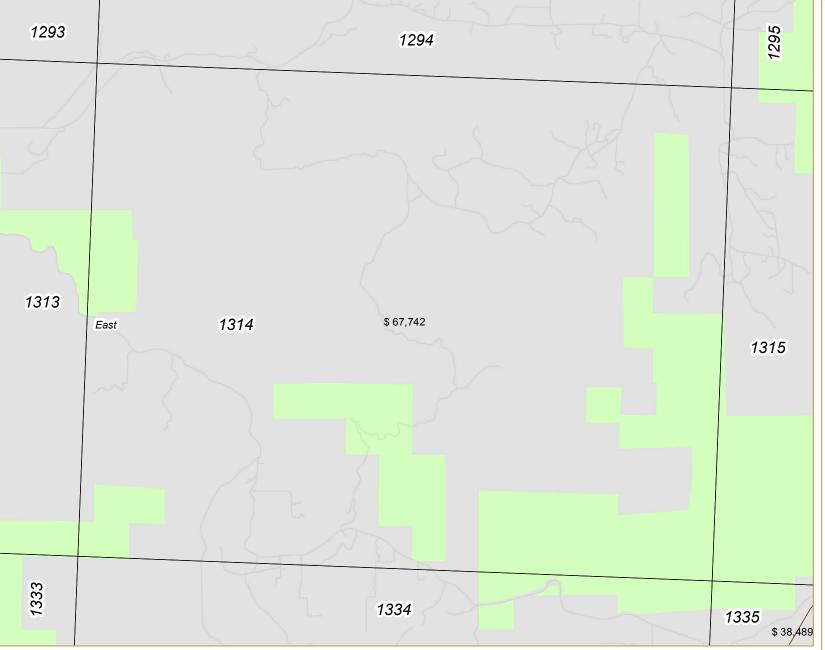
Region

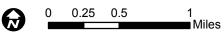


Park

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Grid Page 1314

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40 (



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



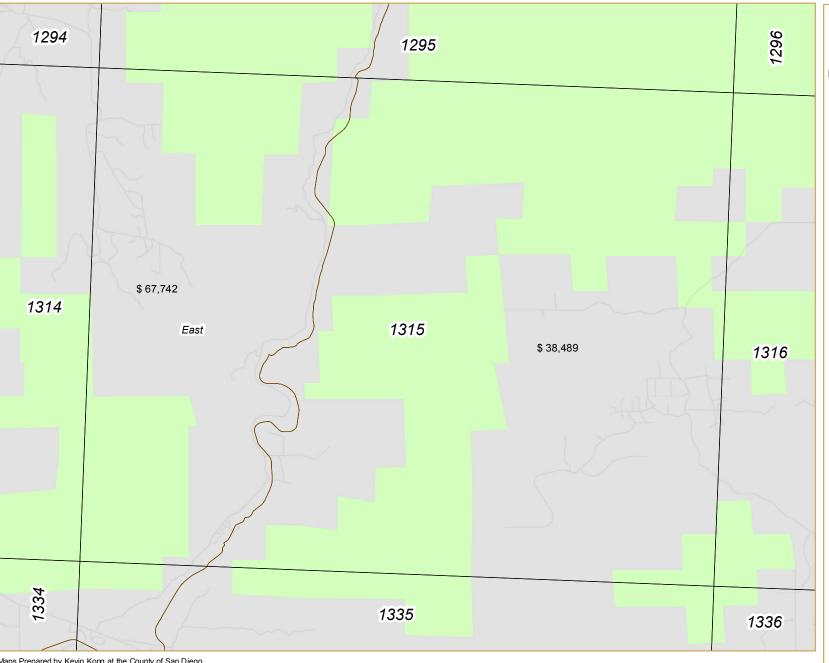
Region



Park

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Grid Page 1315

#### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



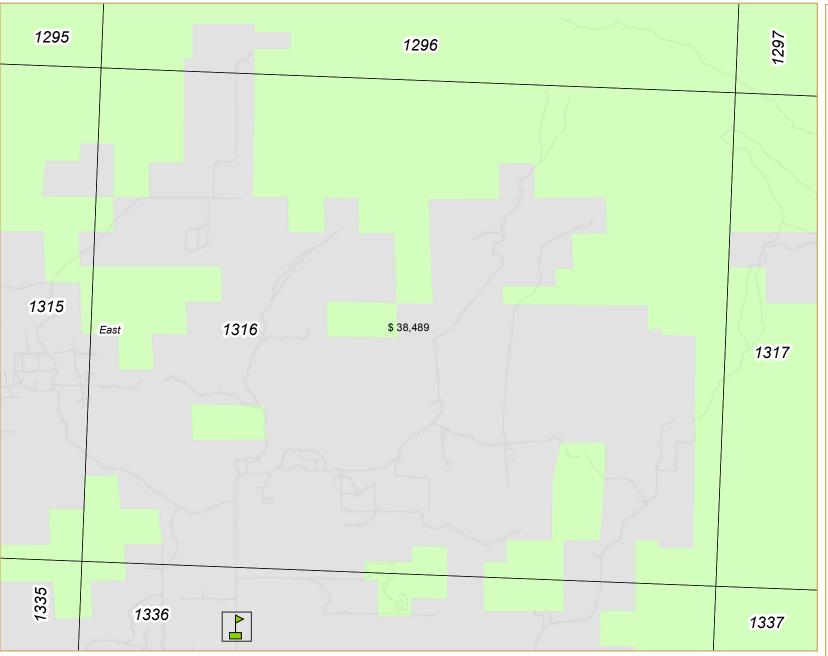
Region

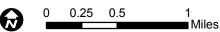


Park

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Grid Page 1316

## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



00.4.40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

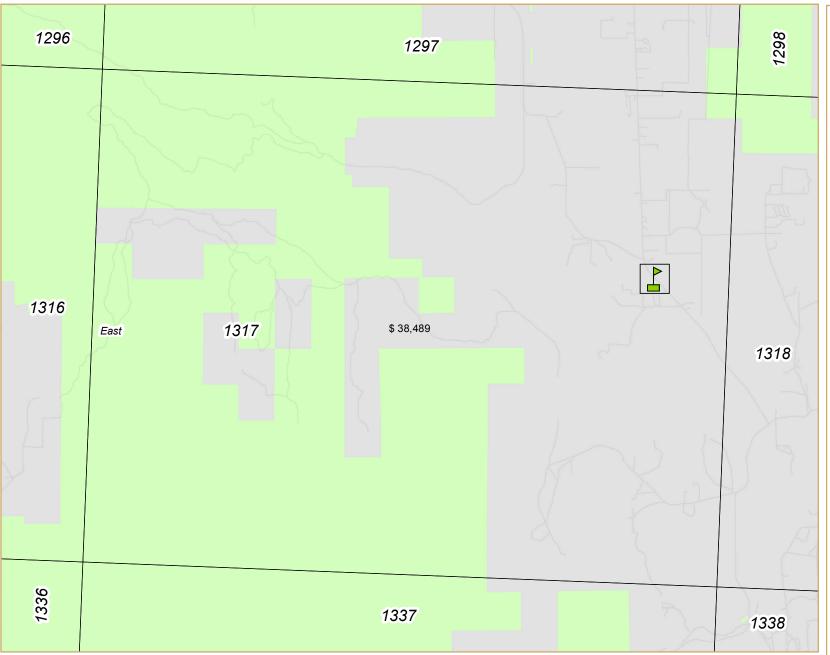


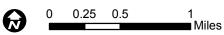
Park

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Grid Page 1317

### FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



0 - 20.



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



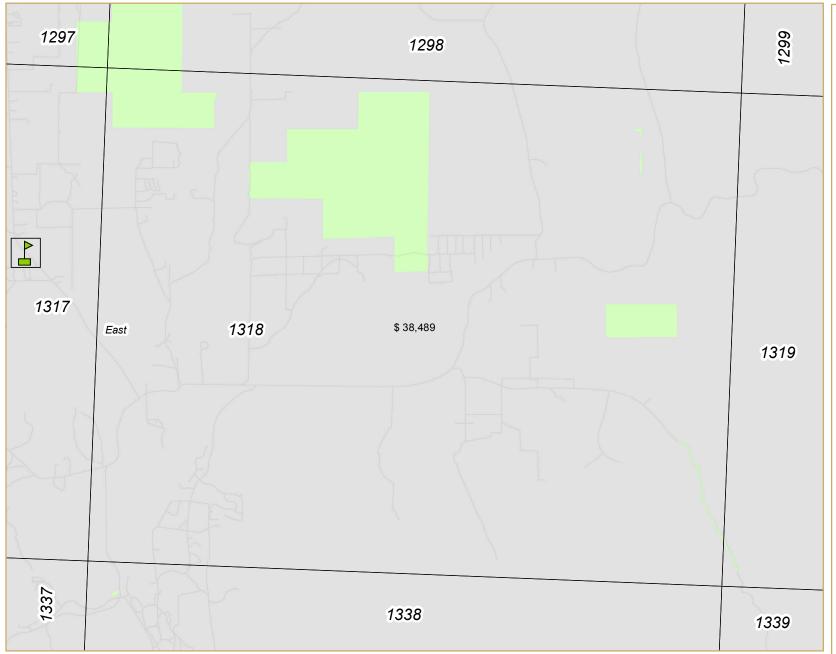
Region

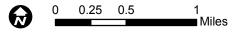


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







"The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SRA (average % of students not within the HFZ). Note: Standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.



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Grid Page 1318

# **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0





Region

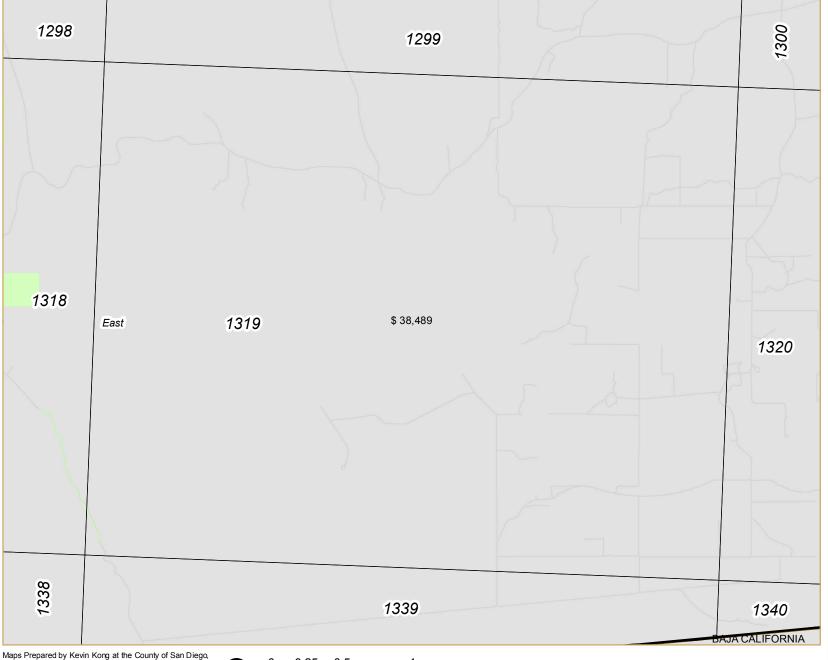
2008 Median Income Estimates





In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity

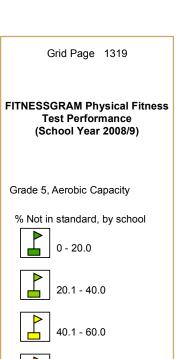






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60.1 - 80.0



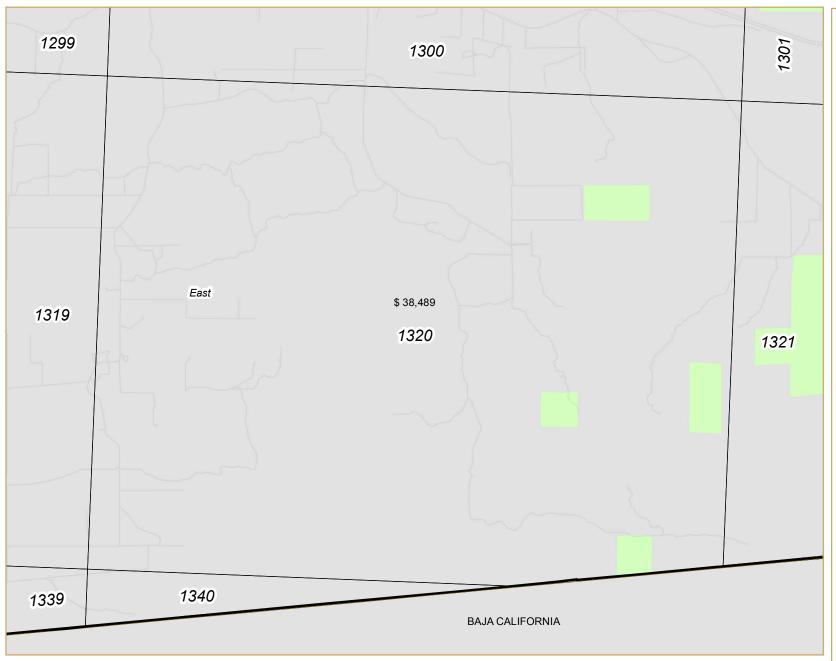




In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity



NAD\_1983\_StatePlane\_California\_VI\_FIPS \_0406\_Feet, D\_North\_American\_1983, Foot\_US





\*The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 20089 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SRA (average % of students or within the HFZ). Note: Students whose performance exceeds the standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tgp/fa



Grid Page 1320

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



00.1 - 100.0

2008 Median Income Estimates



Region

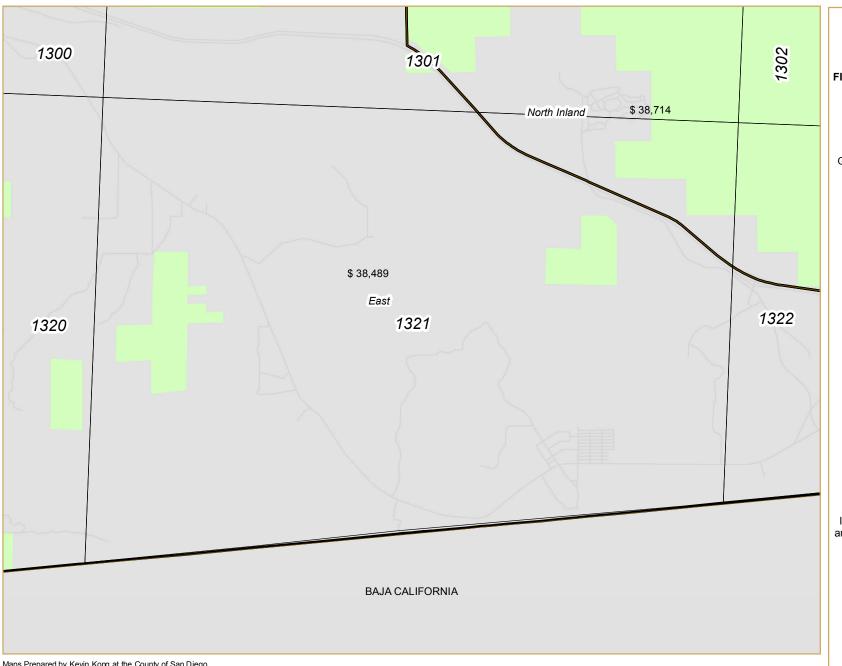


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity









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Grid Page 1321

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



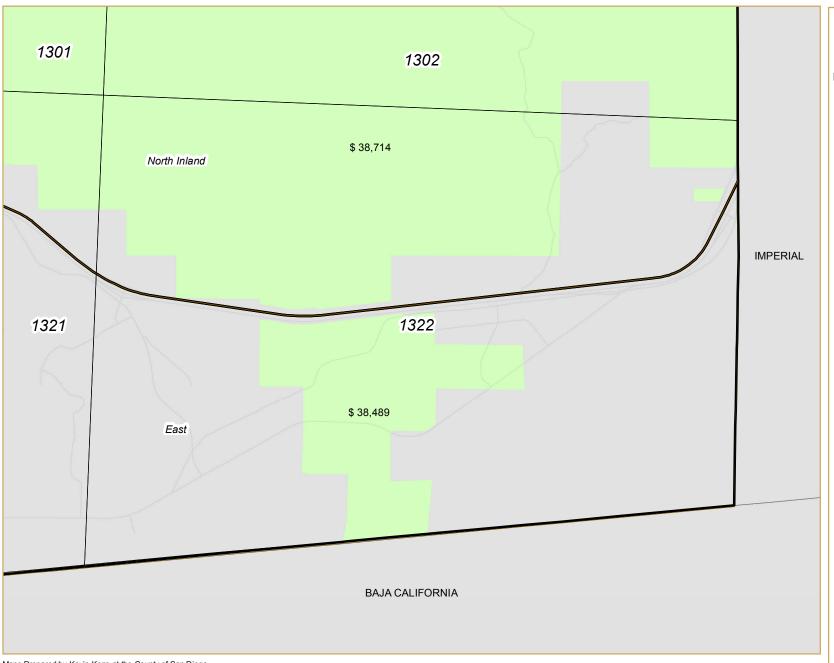
Region



Park

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# **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

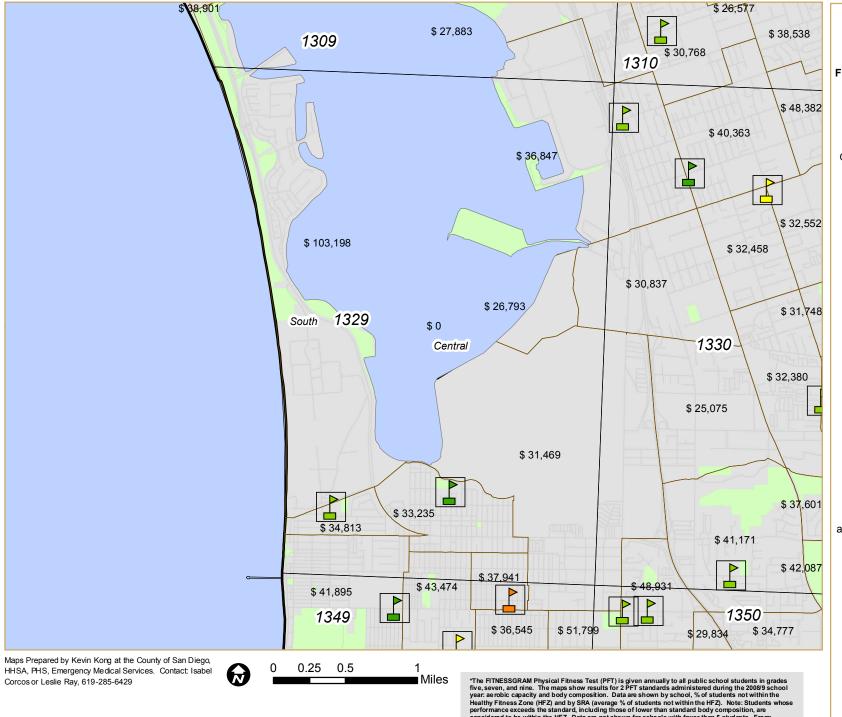


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.

Grid Page 1329

#### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



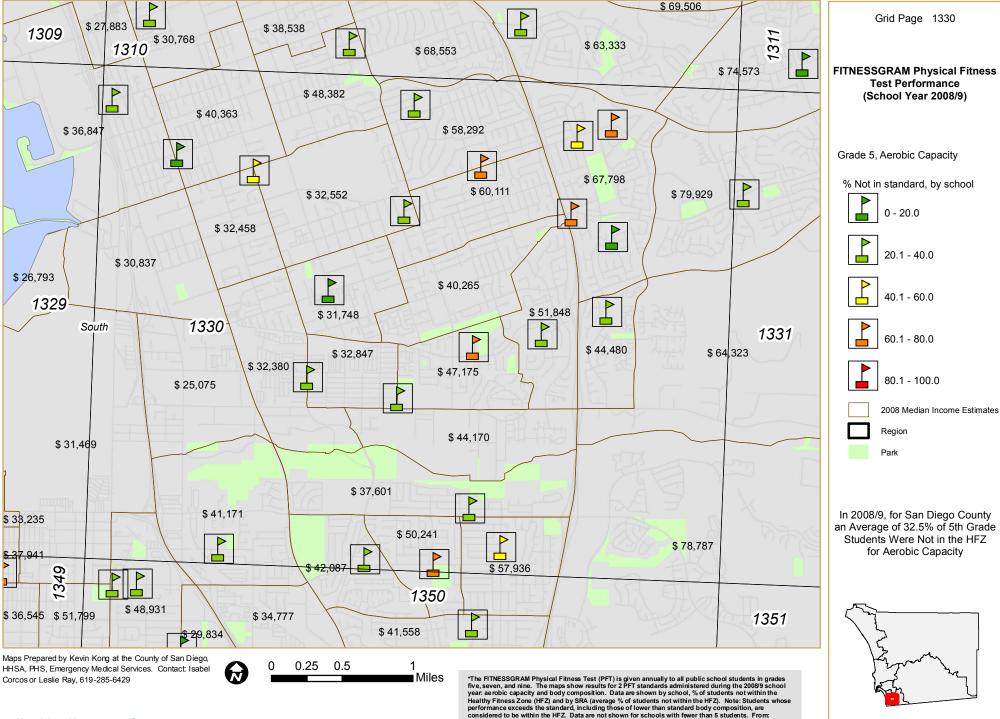
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







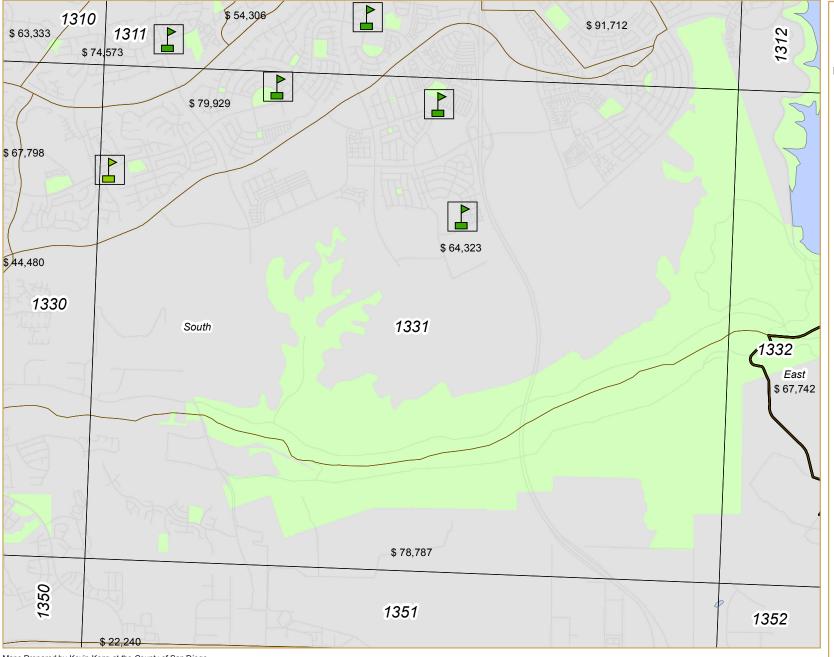
considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.

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# (School Year 2008/9)

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ







"The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SRA (average % of students not within the HFZ. Note: Students whose performance exceeds the standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/tatg/pff.



Grid Page 1331

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0





60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

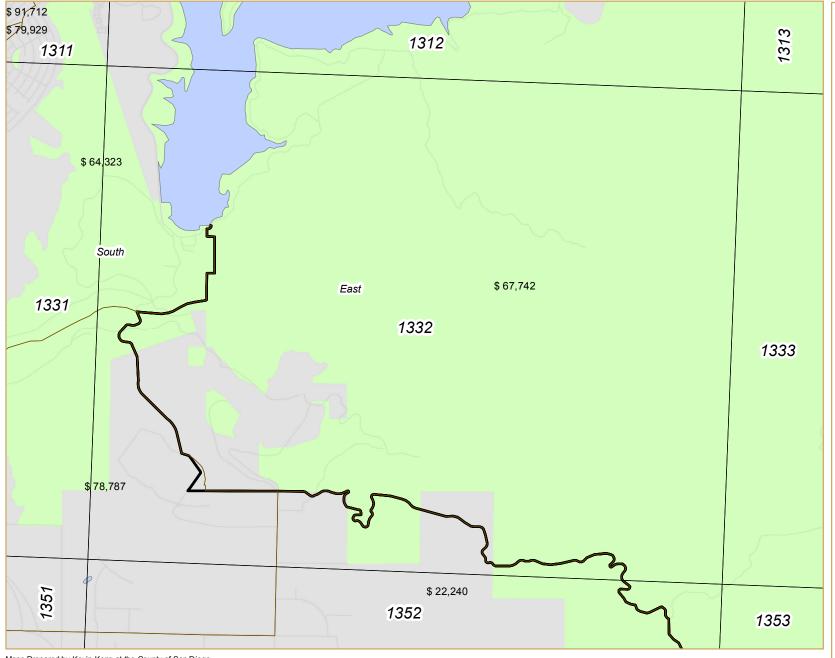


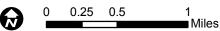
Park

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# FITNESSGRAM Physical Fitness **Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0









60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

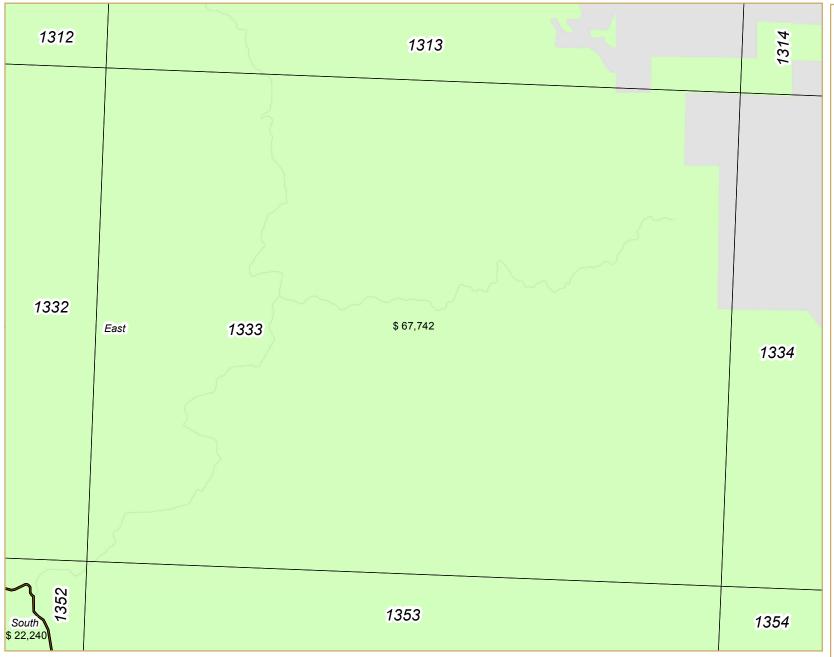


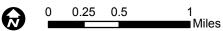


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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# **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0





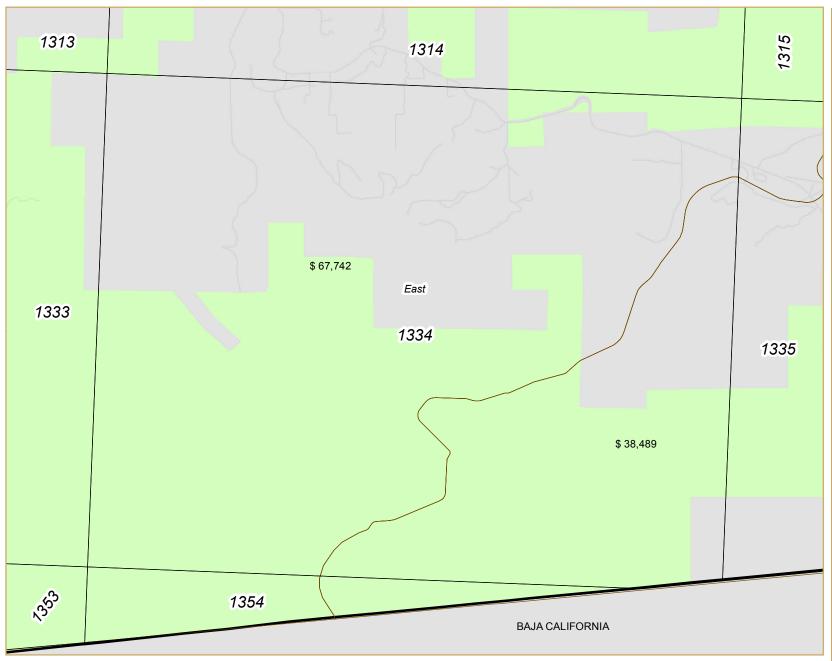
Region

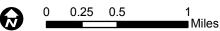


Park

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# **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

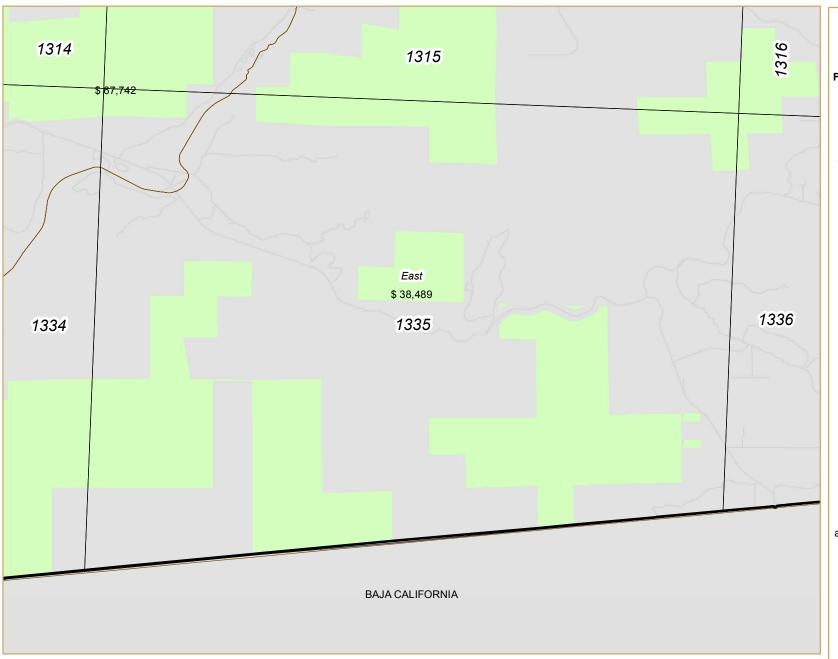


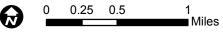
Park

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# **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



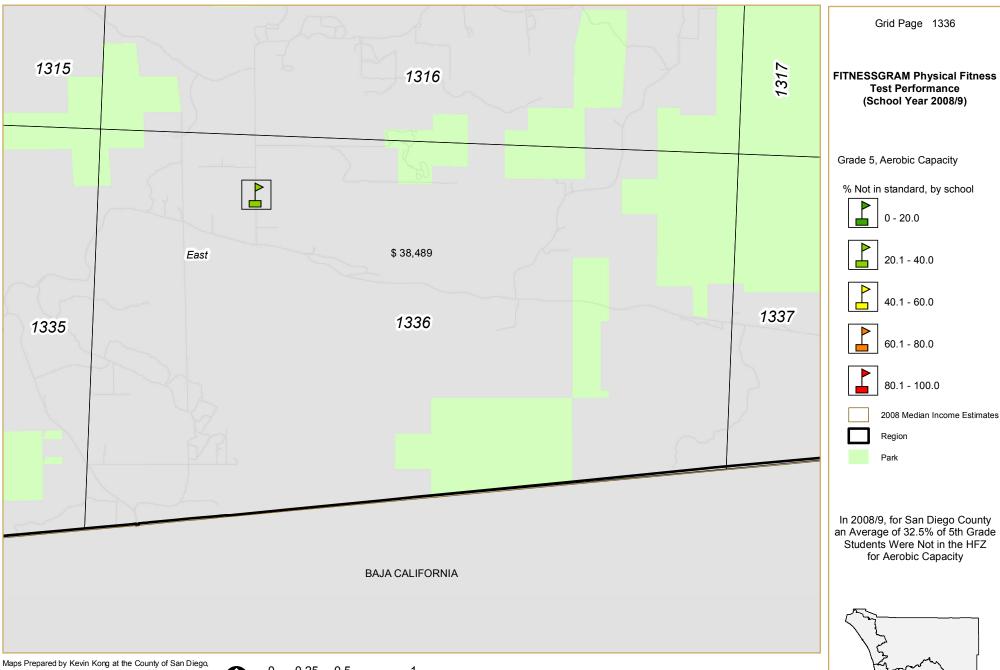
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







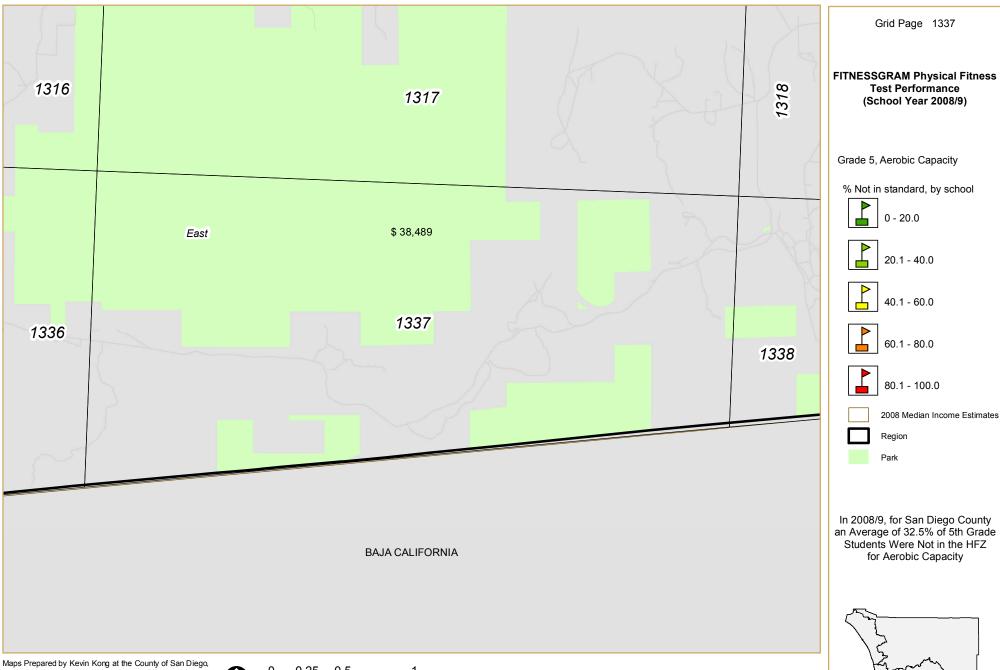
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# **Test Performance** (School Year 2008/9) Grade 5, Aerobic Capacity % Not in standard, by school 0 - 20.0 20.1 - 40.0 40.1 - 60.0 60.1 - 80.0 80.1 - 100.0 2008 Median Income Estimates Region Park In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity NAD\_1983\_StatePlane\_California\_VI\_FIPS \_0406\_Feet, D\_North\_American\_1983, Foot\_US

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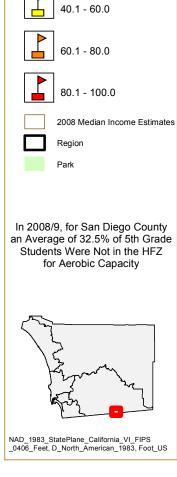




0.25 0.5 Miles

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Grid Page 1337

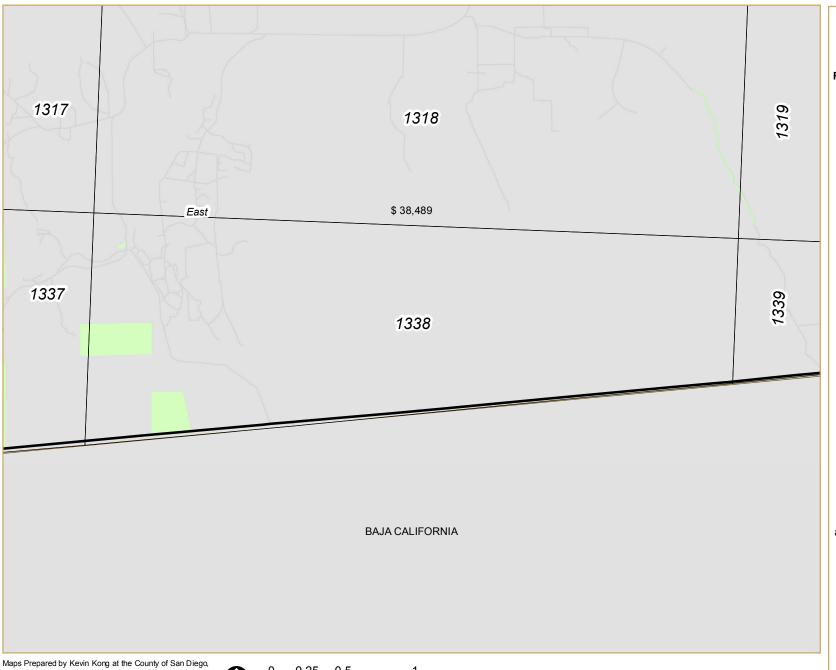
**Test Performance** 

(School Year 2008/9)

% Not in standard, by school

20.1 - 40.0

0 - 20.0



■Miles

HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429





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# **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



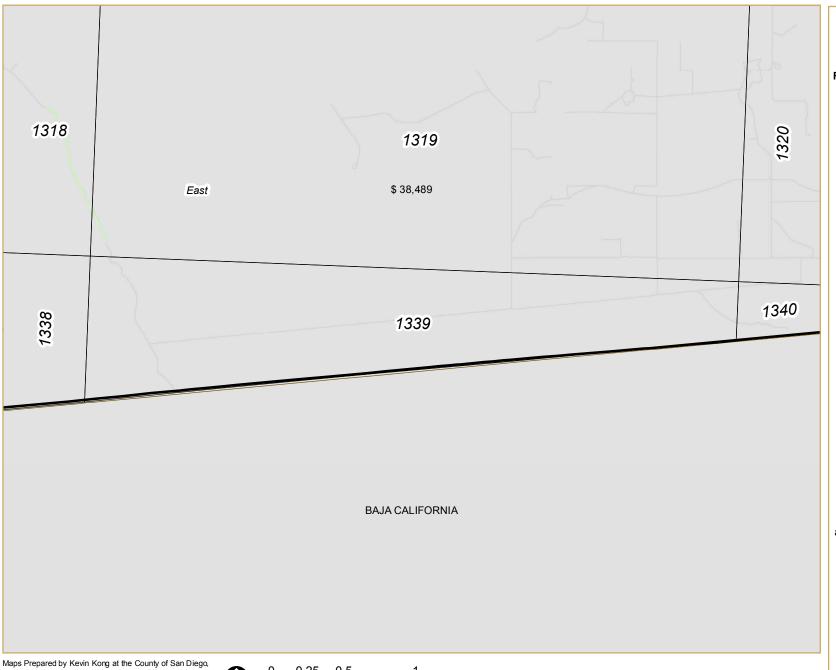
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





Miles

Maps Prepared by Kevin Kong at the County of San Diego, HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429



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Grid Page 1339

# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



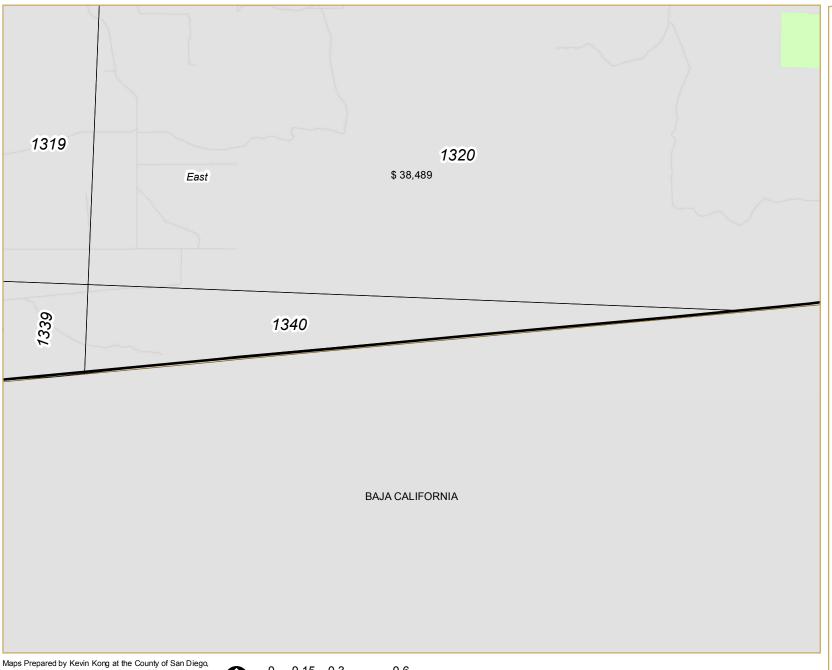
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







0 0.15 0.3 0.6 Miles

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# FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



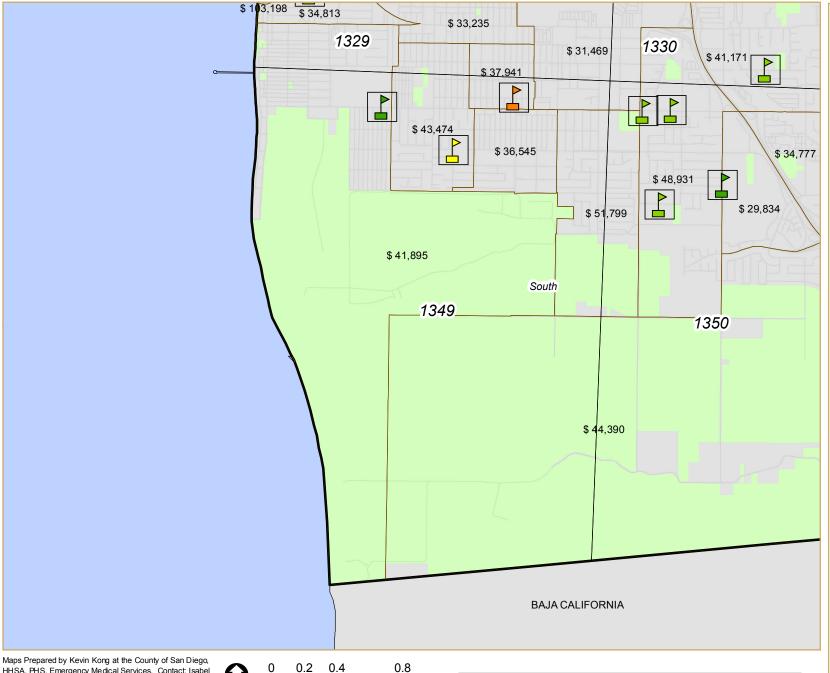
Region

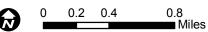


Park

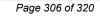
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### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



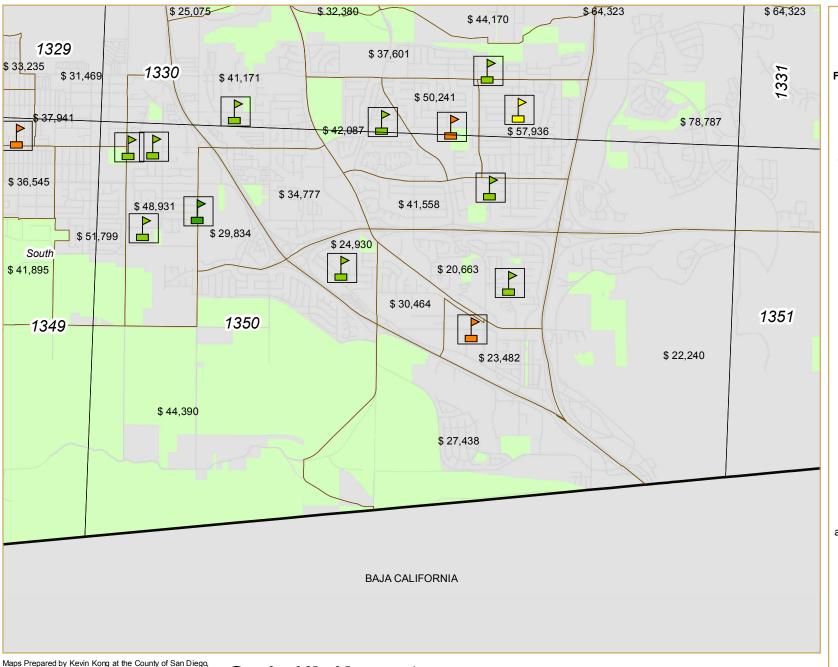
Region

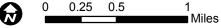


Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity



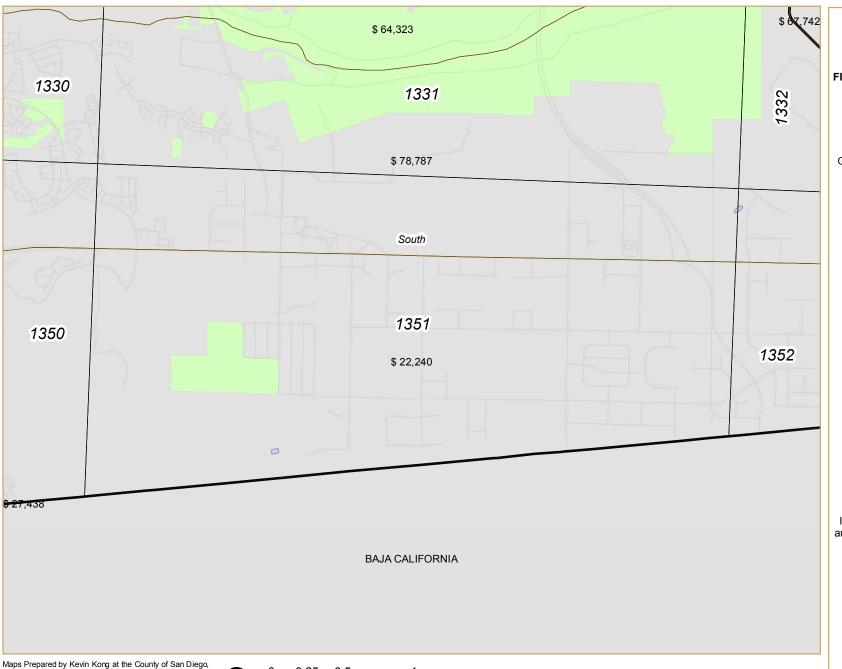




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# Grid Page 1350 **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9) Grade 5, Aerobic Capacity % Not in standard, by school 0 - 20.0 20.1 - 40.0 40.1 - 60.0 60.1 - 80.0 80.1 - 100.0 2008 Median Income Estimates Region Park In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





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# Grid Page 1351

## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0



20 1 - 40



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



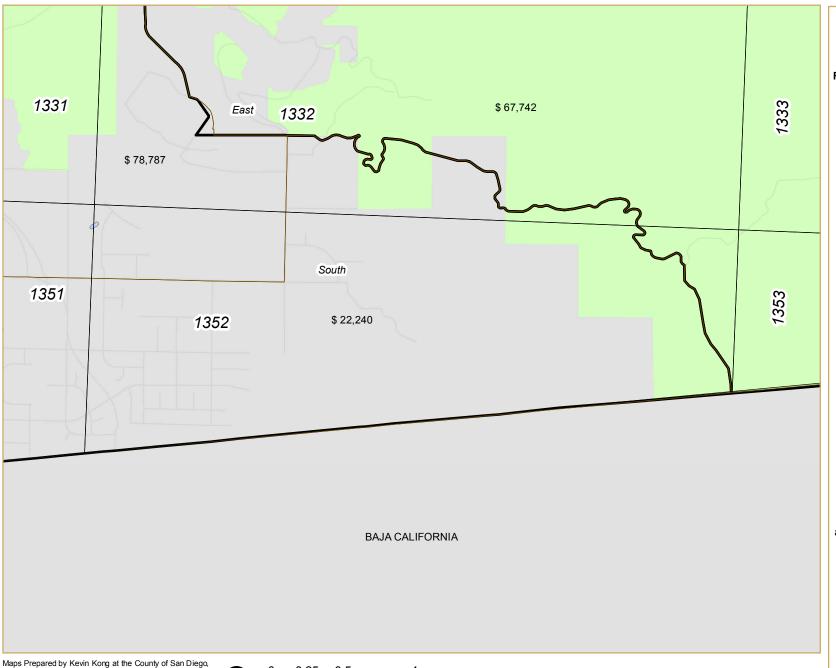
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







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Grid Page 1352

## FITNESSGRAM Physical Fitness Test Performance (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0





20.1 - 40.0



40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



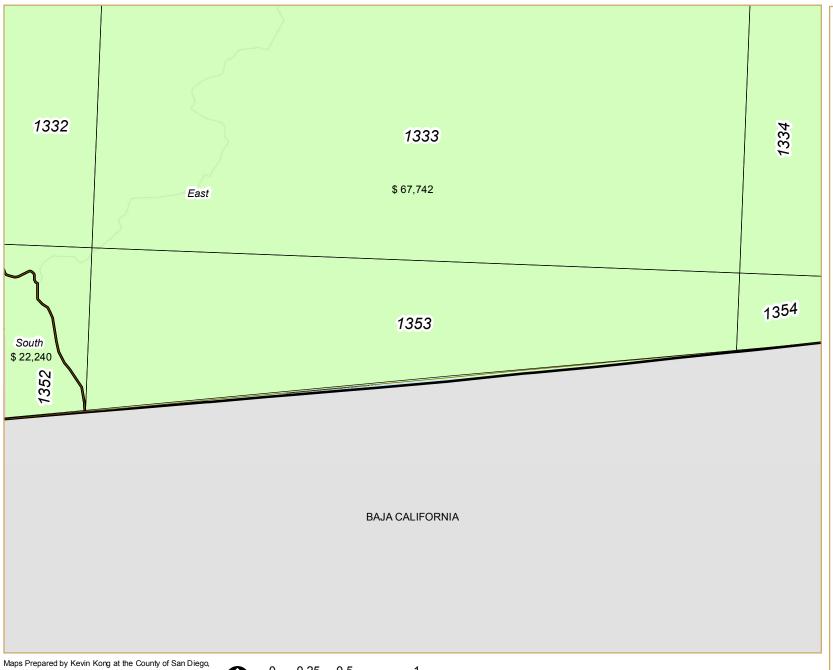
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity





Miles

HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429



considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.



"The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SRA (average % of students not within the HFZ). Note: Standard, including those of lower than standard body composition, are

Grid Page 1353

### **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







40.1 - 60.0



60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



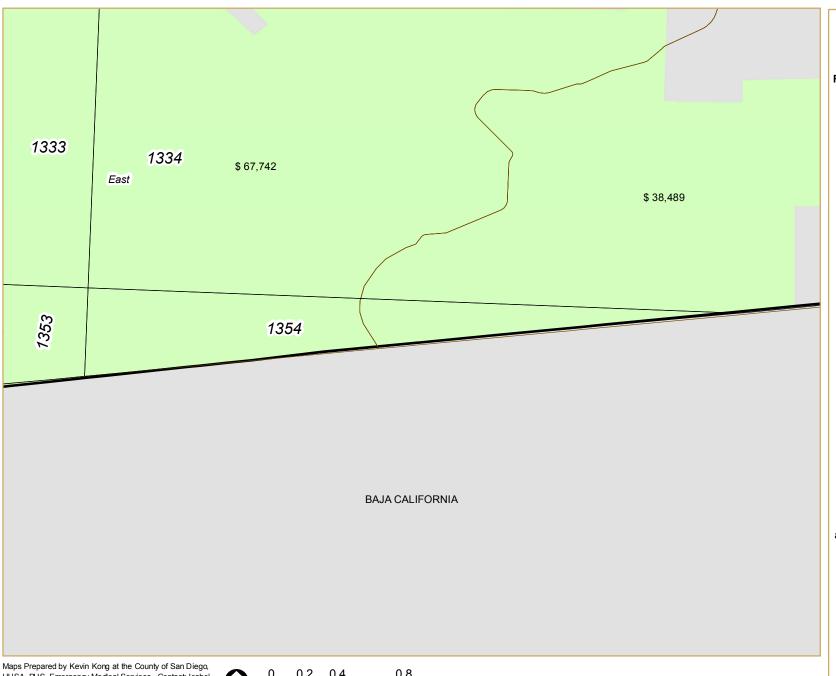
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







"The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SRA (average % of students not within the HFZ). Note: Standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.



Grid Page 1354

# **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0



2008 Median Income Estimates



Region

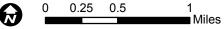


In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity



**RIVERSIDE** 989 5770 \$ 38,714 North Inland 1009 1010 1011

Maps Prepared by Kevin Kong at the County of San Diego, HHSA, PHS, Emergency Medical Services. Contact: Isabel Corcos or Leslie Ray, 619-285-6429



"The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFZ) and by SRA (average % of students not within the HFZ). Note: Standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.



Grid Page 5770 **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9) Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0





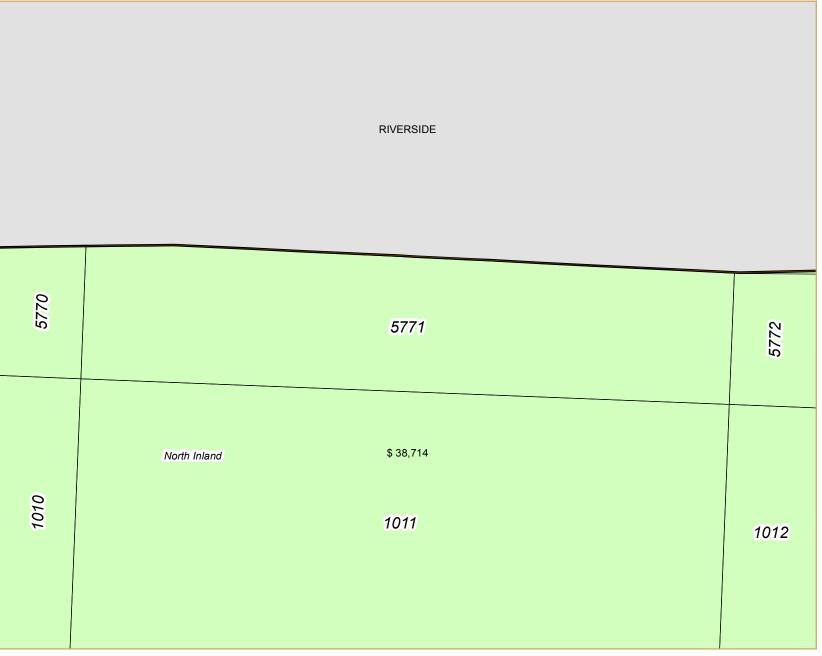
Region



Park

In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity







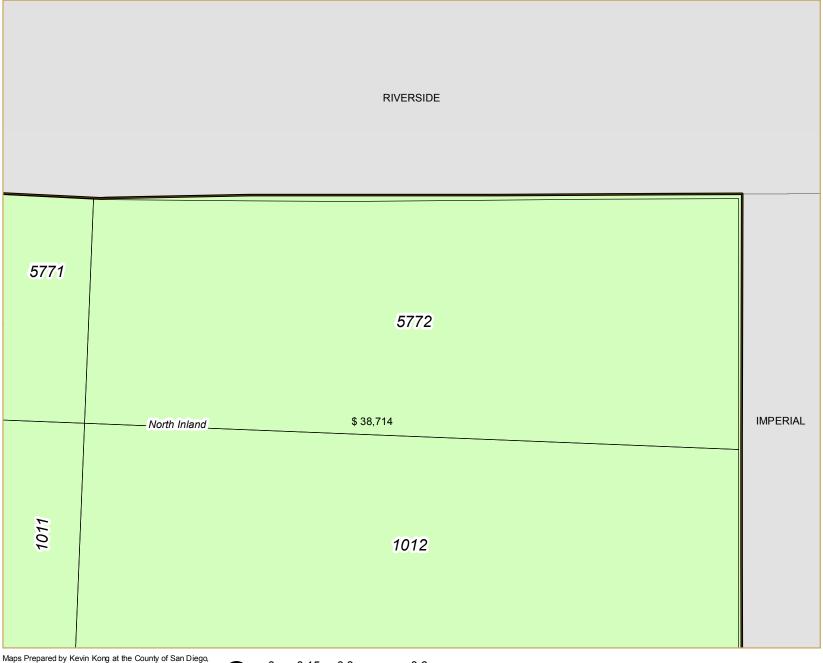
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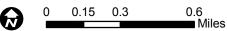


(School Year 2008/9) Grade 5, Aerobic Capacity % Not in standard, by school 0 - 20.0 40.1 - 60.0 60.1 - 80.0 80.1 - 100.0 2008 Median Income Estimates Region Park In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity NAD\_1983\_StatePlane\_California\_VI\_FIPS \_0406\_Feet, D\_North\_American\_1983, Foot\_US

Grid Page 5771

FITNESSGRAM Physical Fitness
Test Performance





\*The FITNESSGRAM Physical Fitness Test (PFT) is given annually to all public school students in grades five, seven, and nine. The maps show results for 2 PFT standards administered during the 2008/9 school year: aerobic capacity and body composition. Data are shown by school, % of students not within the Healthy Fitness Zone (HFT2) and by SRA (average % of students not within the HFZ). Note: Students whose performance exceeds the standard, including those of lower than standard body composition, are considered to be within the HFZ. Data are not shown for schools with fewer than 5 students. From: California Department of Education, http://www.cdc.ca.gov/ta/tg/pf/.



Grid Page 5772

## **FITNESSGRAM Physical Fitness Test Performance** (School Year 2008/9)

Grade 5, Aerobic Capacity

% Not in standard, by school



0 - 20.0







60.1 - 80.0



80.1 - 100.0





2008 Median Income Estimates



Region



In 2008/9, for San Diego County an Average of 32.5% of 5th Grade Students Were Not in the HFZ for Aerobic Capacity



# **Data Guide**

Below is a complete list of data sources used in the *Community Features Atlas Series*. Please note that not all of the data sources were used in this particular atlas.

# Adult Residential Care Facility

Adult residential care facilities (2010). Source: California Community Care Licensing Division, http://www.ccld.ca.gov/docs/ccld\_search/ccld\_search.aspx.

# Behavioral Health Services Clinic

Clinics providing a variety of behavioral health services (2010). Source: County of San Diego Behavioral Health Services, <a href="http://www.co.san-diego.ca.us/hhsa/programs/bhs/mental-health-services-adult-older-adult/adult-emergen-cy-and-crisis.html">http://www.co.san-diego.ca.us/hhsa/programs/bhs/mental-health-services-adult-older-adult/adult-emergen-cy-and-crisis.html</a>.

#### Bike Route

Bikeway routes, lanes and paths for San Diego General Plan (2009). Source: San Diego Geographic Information Source (SanGIS), <a href="http://www.sangis.org/Contact\_Us.htm">http://www.sangis.org/Contact\_Us.htm</a>.

# Child Care

School-age child care, child care center, group homes, small family homes (2010). Source: California Community Care Licensing Division, <a href="http://www.ccld.ca.gov/docs/ccld\_search/ccld\_search.aspx">http://www.ccld.ca.gov/docs/ccld\_search/ccld\_search.aspx</a>

# Community Clinic

Community clinics (2010). Source: San Diego Geographic Information Source (SanGIS), <a href="http://www.sangis.org/Contact\_Us.htm">http://www.sangis.org/Contact\_Us.htm</a>.

# Community Garden

Community gardens (2010). Most community gardens use empty lots and open spaces to allow residents to raise their own fruits, vegetables and other crops. Source: San Diego Master Gardener Association,

http://www.mastergardenerssandiego.org/community/index.php.

# Community-supported Agriculture (CSA) Farm

Community-supported agriculture farms (2010). Note: these are not the drop off/delivery points for agriculture products received by community subscription participants. Source: San Diego County Farm Bureau, <a href="http://www.sdfarmbureau.org/index.php">http://www.sdfarmbureau.org/index.php</a>.

# County Medical Services Clinic

Clinics contracted by the County of San Diego to provide medical services and information about programs to help individuals meet their medical needs (2007). Source:

San Diego Geographic Information Source (SanGIS), http://www.sangis.org/Contact Us.htm.

# Demographics by census tract

Total Population: Total number of persons (residents) in an area, Source: San Diego Association of Governments (SANDAG), 2010 estimates, <a href="http://sandag.org/index.asp?fuseaction=home.home">http://sandag.org/index.asp?fuseaction=home.home</a>.

Age Distribution, under 20y; 6y and older: Total number of persons (residents) in an area by age group, Source: San Diego Association of Governments (SANDAG), 2010 Estimates. http://sandag.org/index.asp?fuseaction=home.home.

*Median Age:* Divides the age distribution into two equal parts; half of all persons are older than the median and half are younger, 2008 estimates. Source: American Comm; unity Survey 2005-9 summary results, <a href="http://www.census.gov/acs/www/">http://www.census.gov/acs/www/</a>.

Family, Family with Children: Householder and one or more other people living in the same household who are related to the householder by birth, marriage, or adoption., "with or children" indicates children at home who are under the age of 18y. Source: American Comm; unity Survey 2005-9 summary results, http://www.census.gov/acs/www/.

Federal Poverty Level: Minimum annual income below which is considered poverty, 2000. Source: American Comm; unity Survey 2005-9 summary results, <a href="http://www.census.gov/acs/www/">http://www.census.gov/acs/www/</a>.

*Income Percent of Poverty Level:* The percentage of the Federal Poverty Level threshold that is met by the individual or family's household income, according to family size and composition, 2000. Source: American Comm; unity Survey 2005-9 summary results, <a href="http://www.census.gov/acs/www/">http://www.census.gov/acs/www/</a>.

*Median income*: Divides income distribution into two equal parts; half of all persons are earn more than the median and half earn less than the median. San Diego Association of Governments (SANDAG), 2010 Estimates. <a href="http://sandag.org/index.asp?fuseaction=home.home">http://sandag.org/index.asp?fuseaction=home.home</a>.

# Dental Clinic, Low income

Clinics that provide low cost dental care as part of Oral Health Initiative & Share the Care program (2010). Source: County of San Diego Health and Human Services Agency, Share the Care, http://www.sharethecaredental.org/website/contact\_us/index.html.

# Family Resource Center

Family Resource Centers (2009), which provide access to self-sufficiency programs including Cash Assistance, CalWORKs, Food Stamps, Medi-Cal and General Relief to

citizens in need. Source: San Diego Geographic Information Source (SanGIS), http://www.sangis.org/Contact Us.htm.

#### Farm Market

Farm markets that have been certified by the County of San Diego Farm Bureau (2010). Source: San Diego County Farm Bureau, http://www.sdfarmbureau.org/index.php.

# Farm Stand

Farm stands and U-pick farms and orchards. Source: San Diego County Farm Bureau, (2011) http://www.sdfarmbureau.org/index.php.

# Fire Station

Incorporated and unincorporated fire stations (2010). Source: San Diego Geographic Information Source (SanGIS), http://www.sangis.org/Contact\_Us.htm.

# FITNESSGRAM Physical Fitness Test

By law (California Education Code Section 60800), all public school districts in California are required to administer the Physical Fitness Test (PFT) annually to all students in the 5<sup>th</sup>, 7<sup>th</sup> and 9<sup>th</sup> grades. The state-designated PFT is the FITNESSGRAM developed by The Cooper Institute to evaluate health-related fitness.

The FITNESSGRAM is composed of six fitness areas: aerobic capacity, body composition, abdominal strength/endurance, trunk extensor strength/flexibility, upper body strength/endurance, and flexibility, are assessed using objective fitness tests using criteria that have been shown to offer some protection against diseases associated with a lack of physical activity. These maps show data for two of the six areas, aerobic capacity and body composition.

The aerobic capacity fitness area refers to the maximum rate that oxygen can be taken into and used by the body during exercise. Body composition tests are used to estimate the level of body fat. The desired outcome for each test is that the student achieves the "Healthy Fitness Zone" (HFZ). Those students whose performance exceeds the goals (or fall below the HFZ for scores such as Body Composition) are also classed in the HFZ. A student who does not achieve the HFZ is "Not in the HFZ". Source: California Department of Education at http://www.cde.ca.gov/ta/tg/pf/.

Results for the 2008/9 school year are presented by the percentage of students not within the standard of performance for each school. Data are not shown for schools with fewer than 5 students participating in the FITNESSGRAM . At the sub-regional (SRA) level, data are presented as the average percent of students not within the HFZ.

# Food Retailers

Categorized food retailers including grocery, warehouse, and produce stores, fast food, pizza, sandwich and convenience stores, restaurants and other vendors (2010). Source: California Department of Public Health, California Nutrition Network, <a href="http://gis.cdph.ca.gov/cnn/viewer.aspx">http://gis.cdph.ca.gov/cnn/viewer.aspx</a>.

# Hospital

Licensed hospital facilities (2007). Source: the California Office of Statewide Health Planning and Development (OSHPD), <a href="http://www.oshpd.ca.gov/">http://www.oshpd.ca.gov/</a>.

# Immunization Provider

Medical providers participating in the San Diego Immunization Registry (2007). Source: County of San Diego Immunization Branch, <a href="http://www.sdcounty.ca.gov/hhsa/programs/phs/immunization">http://www.sdcounty.ca.gov/hhsa/programs/phs/immunization</a> branch/index.html.

# Library

Libraries (2006). Includes city and county public, academic and law libraries. Source: San Diego Geographic Information Source (SanGIS), <a href="http://www.sangis.org/Contact\_Us.htm">http://www.sangis.org/Contact\_Us.htm</a>.

# Park

County parks, parcels, open space preserves, regional and community parks (2007). Source: San Diego Geographic Information Source (SanGIS), <a href="http://www.sangis.org/Contact\_Us.htm">http://www.sangis.org/Contact\_Us.htm</a>.

# Police Station

Police stations, substations and storefronts (2009). Source: San Diego Geographic Information Source (SanGIS), http://www.sangis.org/Contact\_Us.htm.

# Public Health Center

County of San Diego Public Health Centers (2010). Source: San Diego Geographic Information Source (SanGIS), http://www.sangis.org/Contact Us.htm.

# Retail Food Environmental Index (RFEI)

The Retail Food Environment Index (RFEI) is a ratio comparing different types of food retailers in a community; it provides one measure of the access to healthy food choices in an area. A selected list of retail types from the Food Retailers and Farm Market spatial layers described above were used for the RFEI analysis. These selected retailers were chosen as the places most likely to be used regularly by residents to buy food (regardless of nutritional quality), such as markets and restaurants. The RFEI was calculated by dividing the sum of fast food, convenience, and other retailers with limited options for fruit, vegetable and other nutritious foods, by the sum of grocery, market/produce, warehouse stores, and sit-down restaurants likely to have a variety of nutritious food options.

The higher the RFEI, the more likely consumers will find more retailers with limited food options than retailers with abundant nutritious food options. Sources: Community-supported agriculture farms, farm, markets, and farm stand data from San Diego County Farm Bureau (2011), <a href="http://www.sdfarmbureau.org/index.php">http://www.sdfarmbureau.org/index.php</a>. Community garden data (2010) from San Diego Master Gardener Association,

http://www.mastergardenerssandiego.org/community/index.php. All other food retailer data (2010) from California Department of Public Health, California Nutrition Network, Map Viewer, <a href="http://gis.cdph.ca.gov/cnn/viewer.aspx">http://gis.cdph.ca.gov/cnn/viewer.aspx</a>.

# School

Public and private schools (2010), categorized as Elementary, Middle (middle/junior high) and High Schools. Source: California Department of Education (DOE), <a href="https://www.cde.ca.gov">www.cde.ca.gov</a>.

# Shopping Center/Mall

Retail centers and shopping malls (2006). Source: San Diego Geographic Information Source (SanGIS), http://www.sangis.org/Contact\_Us.htm.

# Skilled Nursing Facility

Licensed skilled nursing facilities (2007). Source: California Office of Statewide Health Planning and Development (OSHPD), http://www.oshpd.ca.gov/.

# Transit Stop

Transit stops, including bus, trolley, light rail (2008). Source: San Diego Geographic Information Source (SanGIS), http://www.sangis.org/Contact Us.htm.

# Transit Route

Transit routes including bus, trolley, light rail (2008). Source: San Diego Geographic Information Source (SanGIS), http://www.sangis.org/Contact\_Us.htm.

# Women, Infant, Child Clinics

Clinics providing the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) for low-income women, infants, & children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care (2007). Source: San Diego Geographic Information Source (SanGIS), <a href="http://www.sangis.org/Contact\_Us.htm">http://www.sangis.org/Contact\_Us.htm</a>.

# Youth Attractors

Locations of places where children and youth often congregate, including athletic fields, recreation centers, theatres, media rental/sales, arcades and other amusement places (2008). From County of San Diego, Community Health Statistics Unit, <a href="http://www.sdcounty.ca.gov/hhsa/programs/phs/community\_health\_statistics/">http://www.sdcounty.ca.gov/hhsa/programs/phs/community\_health\_statistics/</a>.

County of San Diego

Health and Human Services Agency
Public Health Services
Community Health Statistics Unit

www.SDHealthStatistics.com
619-285-6729

