



# County of San Diego

HEALTH AND HUMAN SERVICES AGENCY

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HIV, STD and Hepatitis  
Maternal, Child and Family Health Services  
Public Health Laboratory  
PH Nursing  
Border Health  
TB Control & Refugee Health  
Vital Records

Base Station Physicians' Committee  
Michele Grad, M.D., Chairperson  
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## BASE STATION PHYSICIANS' COMMITTEE MEETING MINUTES

Tuesday, April 16, 2013

### Members Present

Conrad, M.D., Heather – Rady Children's Hospital  
DeMers, D.O., Gerard – NMCS/D/Fed Fire  
Grad, M.D., Michele – Palomar BHMD  
Haynes, M.D., Bruce – County EMS  
Kahn, M.D., Chris – UCSD  
Klingensmith, Todd – S.D. Paramedic Association  
Kramer, M.D., Mark – Sharp Memorial  
Meadows-Pitt, R.N., Mary – Sharp Grossmont BHNC  
Schwartz, M.D., Brad – AMR/RCCP  
Smith, D.O., Ryan – Tri-City BHMD  
Wang, M.D. Marcus – Scripps Mercy BHMD  
Wiesner, M.D., Christopher – Scripps La Jolla

### County Staff

Conte, R.N., Meredith  
Smith, R.N., Susan  
Stepanski, Barbara  
Wolchko, Janet

### Recorder

Trujillo, Amy

### In Attendance

Aker, Donna Kelly – UCSD/ROC  
Allington, R.N., Linda – Carlsbad Fire  
Anderson, R.N., Marilyn – Vista Fire  
Bourdon, R.N., Darlene – Scripps Mercy BHNC  
Broyles, R.N., Linda – AMR/RCCP  
Cavanaugh, Mary – Miramar Fire  
Cox, R.N., Susan – Rady Children's Hospital  
Curnow, Robert – Mercy Air  
Davis, M.D., Dan – Mercy Air

### In Attendance (cont'd)

Dotson, R.N., Melody – UCSD  
Duffy, Jenny – Escondido/San Marcos Fire  
Egleston, Clint – Southwestern College  
Graydon, R.N., Cheryl – Palomar BHNC  
Healy, R.N., Marla – Sharp Memorial  
Hotka, Brian – Mercy Air  
Howard, M.D., James – UCSD EMS Fellow  
Hudnet, R.N., Carlen – Rural/Metro  
Idman-Gervais, R.N., Dianne – Sharp Grossmont  
Kelly, Brian – U.S. Border Patrol  
Lemire, Harold – S.D. Fire Department  
Lindsey, Matt – North County Fire  
Maloney, Ryan – AMR  
Maisonet, Scott – U.S. Border Patrol  
McEwan, Michael – U.S. Border Patrol  
Murphy, R.N., Mary – CSA-17 Fire Department  
Nieson, M.D., for Linnik, M.D., Bill – Sharp Grossmont  
Ochs, R.N., Ginger – S.D. Fire Department  
Przewieda, R.N., Tanya – Rady Children's Hospital  
Rod, R.N., Rick – Rural Metro – SD City EMS  
Rosenberg, R.N., Linda – Sharp Memorial  
Rosenberger, R.N., Wendy – Tri-City  
Ross, Alyssa – City of San Diego EMS  
Russo, R.N., Joe – Rural Metro/CSA-17  
Scott, R.N., Chris – San Diego Fire  
Seabloom, R.N., Lynne – Oceanside Fire  
Serra, M.D., John – UCSD/Rural-Metro  
Walls, Brandon – Reach Air  
Wells, R.N., Christine – Scripps La Jolla

**I. CALL TO ORDER/INTRODUCTIONS/ANNOUNCEMENTS**

Michele Grad, M.D., called the meeting to order at 11:00 a.m.

Heather Conrad, M.D., introduced Tanya Przewieda, R.N., as the new Nurse Liaison for Rady Children's Hospital. [This introduction took place towards the end of the meeting.]

**II. APPROVAL OF MINUTES**

**A motion was made and seconded to approve the minutes from March 19, 2013. Motion carried.**

**III. MEDICAL DIRECTOR'S REPORT (Bruce Haynes, M.D.)**

- A. Following the bombings in Boston, this reinforces all the disaster planning that we do.
- B. Currently working with Emergency Medical Oversight Committee (EMOC) to get a better handle on offload delays. First Watch has a program that will allow us to record the actual turnover time of the patient from the field personnel to the hospital.
- C. EMS Coordinator Rebecca Pate, R.N., is leaving County EMS for Palomar Hospital.
- D. There are still some drug shortages with Dextrose. Notify County EMS if you have a shortage.
- E. Follow-up on admittance for each trauma center over the last three (3) years showed volume had gone up but the percentage of distribution for each center stayed stable.
- F. Dr. Haynes thanked all the agencies who are helping with core measures.
- G. State regulations for STEMI, Stroke and Emergency Medical Services for Children (EMSC) have not come back out yet. After review, the state found all sets were different and want them more similar before they put them out for a second round of comments.
- H. The number of meningococemia cases in San Diego County does not exceed what we would normally see. Since 2005, the number of cases have ranged from four (4) to fourteen (14) with an average number of nine (9). We are currently at eight (8). There is a mini epidemic in Tijuana and an unrelated outbreak in New York City. There is a vaccine available and those who are eligible for it are recommended to get it.
  - Immediately report if you suspect meningococemia disease to Health and Human Services Epidemiology.
  - Maintain awareness of this outbreak; make sure you get a ten (10) day travel history when an individual has been in touch with somebody who lives in Mexico.
  - There are currently no travel restrictions to Mexico.
  - Prophylaxis for the field or hospital is not generally required unless mouth to mouth, intubation or endotracheal suctioning with lots of secretions and doing them without protective measures.

I. EMOC is working on reducing prescription drug abuse and death from prescription drug abuse which has become a leading cause of death in the United States. They held an event to encourage physicians to sign up for "CURES".

J. "Sidewalk CPR" is set for June 4, 2013.

K. "Strike Out Stroke" is set for June 22, 2013 at the San Diego Padres game.

**IV. SAN DIEGO HEALTHCARE DISASTER COUNCIL (SDHDC) (Linda Rosenberg, R.N.)**

The County of San Diego disaster drill is still scheduled for May 30, 2013. It will be a stadium collapse. Check with your disaster representative for further information.

**V. BEACON UPDATE (Bruce Haynes, M.D.)**

Working to sign-up additional hospitals to obtain agreements and talking to field providers about getting data sent in.

**VI. RESUSCITATION OUTCOMES CONSORTIUM (ROC) (Dan Davis, M.D.)**

A. There are now 82 patients enrolled in the Amiodarone, Lidocaine, Placebo Study (ALPS).

B. There has been a lot of e-mail discussion about Tranexamic Acid and the intent of ROC is not to interfere with normal practice. Attendees discussed this.

C. ROC is having a workshop on May 9 and 10, 2013.

**VII. BORDER PATROL AEMT PROGRAM (SBPA Brian Kelly)**

Three (3) agents from BORSTAR came and presented a video presentation on their program. They were founded in 1998 in San Diego. They consist of a 33 man team with 20 advanced EMTs. They are the Search and Rescue entity within Department of Homeland Security (DHS) and Customs and Border Protection (CBP). Their first capacity is law enforcement.

They presented two cases that were sited in San Diego County.

**VIII. PROTOCOLS AND POLICIES (Susan Smith, R.N.)**

Changes to policies:

A. P-430 – Fireline Paramedic

Handout distributed describing policy; review and e-mail Susan if you have anything.

B. A-476 – Air Ambulance Medical

The policy now reflects the actual practice.

Changes to protocols:

C. P-104, Treatment Protocol – Skills List

1. (Medical Audit Committee) MAC concluded it is not necessary to use hemostatic gauze for routine trauma care.
  2. For External Cardiac Pacemaker it was suggested rate set at 60/min should be changed to minimum of 60 as some manufactured start at 70 and cannot be changed.
  3. For Spinal Stabilization it was suggested a comment should be added to use special consideration if a patient is over 65 years of age.
- D. S-103, Treatment Protocol – BLS/ALS Ambulance Inventory  
Remove some of the catheter sizes.
- E. S-123, Treatment Protocol – Altered Neurologic Function (Non Traumatic)
  1. CVA: 250ml fluid to maintain BP >120 under ALS.
  2. Changed to 5mg of Versed on standing order and another 5mg after ten (10) minutes.
- F. S-131, Treatment Protocol – Hemodialysis Patient  
Remove access graft under ALS but leave it as part of the skills set as physician variation OR change to BHPO.
- G. S-133, Treatment Protocol – Obstetrical Emergencies  
Changed to 5mg of Versed on standing order and another 5mg after ten (10) minutes.
- H. S-134, Treatment Protocol – Poisoning/Overdose  
Changed to 5mg of Versed on standing order and another 5mg after ten (10) minutes.
- I. S-141, Treatment Protocol – Pain Management  
Still assess the patient using the standardized pain scale, but medicate as needed. This matches the Pediatric Protocol.
- J. S-142, Treatment Protocol – Psychiatric/Behavioral Emergencies
  1. Add Capnography to Monitor/EKG under ALS.
  2. Changed to 5mg of Versed on standing order and another 5mg after ten (10) minutes.
- K. S-174, Treatment Protocol – GI/GU (Non-Tramatic)  
There were no changes made.

**IX. ITEMS FOR FUTURE DISCUSSION**

This topic was not discussed.

**X. SET NEXT MEETING/ADJOURNMENT**

The next meeting is scheduled for May 21, 2013 in the Sharp Spectrum Auditorium.

The meeting was adjourned at 12:43 p.m.