

Healthy San Diego Summary



In October 1994, California State legislation required the County of San Diego to move persons on CalWORKs and most Medi-Cal recipients into managed care. Healthy San Diego was developed over several years by a coalition of consumers, stakeholders and County of San Diego Health and Human Services Agency (HHSA) staff. Health care is provided by several health plans which are designated by the County and approved by the State in a managed care contract. Healthy San Diego's goal is to establish and maintain a Medi-Cal managed care system that integrates public health functions and services of a local health department with private sector full-risk, full service health plans; and that also allows for patient choice, and local involvement of providers, consumers, and advocates.

The Vision of Healthy San Diego

- Patient choice in selecting health plans
- "Value added" local involvement in assuring quality and access
- Community defined local standards
 - Participation of traditional and safety net providers
 - Integration of public health services
- Local oversight, problem solving and continuous improvement of the delivery system

In Healthy San Diego, responsibilities are as follows:



County Staff – Provide day-to-day administration and presentations for Health Care Options enrollment. Identify issues and provide a local forum for problem solving and assistance in the managed care transition.



Health Plans – Provide health care services
Community Health Group, Care1st, Health Net, Kaiser Permanente, Molina



Consumers/Professionals – Provide recommendations to County Public Health staff through the Healthy San Diego Consumer and Professional Advisory Committee process including participation in problem solving of system-wide issues and development standards.



State – Contract for services directly with the health plans

Federal Law:

Federal Admin Agency:

Federal Regulations:

State Law:

State Admin Agency:

State Regulations:

Title XIX of the Social Security Act

Center for Medicare and Medicaid Services (CMS)

Code of Federal Regulations CFR Title 42, part 435 to end
AB 2178 & SB 2139

California Medical Assistance Commission (CMAC)

State Department of Health Care Services (DHCS)

Welfare & Institutions Code (W&I) Sections 14016.5,
14089, and 14089.5