

Health Care Options Only Orientation Schedules

Centre City Family Resource Center
1255 Imperial Ave., San Diego CA 92101

Day	8:30am	10:00am	1:00pm		
Monday	English	Spanish	English		
Tuesday	English	Spanish	English		
Wednesday		Spanish			
Thursday	English	Spanish	English		
Friday	English	Spanish	English		

***Note: Orientation Schedule change is effective April 21, 2014**

El Cajon Family Resource Center
220 South First Street, El Cajon CA 92019

Day	9:30am	10:45am	2:15pm		
Monday	English	Spanish	English		
Tuesday	English	Spanish			
Wednesday	English	Spanish	English		
Thursday	English	Spanish	English		
Friday	English	Spanish			

***Note: Orientation Schedule change is effective April 1, 2014**

Lemon Grove Family Resource Center
7065 Broadway, Lemon Grove CA 91945

Day	7:30am	11:00am	2:15pm		
Monday	English	English	English		
Tuesday	English	English	English		
Wednesday	English	Spanish	English		
Thursday	English	English	English		
Friday	English	English	English		

***Note: Orientation Schedule change is effective March 3, 2014**

North Central Family Resource Center
5055 Ruffin Road, San Diego CA 92123

Day	9:00am	10:30am	11:00am	1:30pm	
Monday			English	English	
Tuesday	Spanish	English		English	
Wednesday	Vietnamese	English			
Thursday	Spanish	English		English	
Friday			English	English	

***Note: Orientation Schedule change is effective February 24, 2014**

Health Care Options Only Orientation Schedules

North Coastal Family Resource Center
1315 Union Plaza Ct., Oceanside CA 92054

Day	7:30am	9:00am	9:30am	12:30pm	2:00pm
Monday	Spanish		English	Spanish	English
Tuesday	Spanish		English	Spanish	English
Wednesday		English		Spanish	
Thursday	Spanish		English	Spanish	English
Friday	Spanish		English	Spanish	English

**Note: Orientation Schedule change is effective April 1, 2014*

Northeast Family Resource Center
7290 El Cajon Blvd., San Diego CA 92115

Day	9:00am	9:00am	10:30am	1:30pm	2:30pm
Monday	Spanish	Vietnamese	English	English	English
Tuesday	Spanish	Second	English	English	English
Wednesday	Spanish	Monday of	English	English	English
Thursday	Spanish	the Month	English		
Friday	Spanish	ONLY	English	English	English

**Note: Orientation Schedule change is effective April 21, 2014*

North Inland Family Resource Center Valley Parkway
620 East Valley Parkway, Escondido CA 92025

Day	8:00am	10:00am	1:00pm	2:15pm	
Monday	English	Spanish	English	Spanish	
Tuesday	English		English	Spanish	
Wednesday	English	Spanish	English	Spanish	
Thursday	English	Spanish	English	Spanish	
Friday	English	Spanish	English	Spanish	

Southeast Family Resource Center
4588 Market Street, San Diego CA 92101

Day	8:00am	10:00am	1:00pm	2:15pm	
Monday	English		Spanish	English	
Tuesday	English	English	Spanish	English	
Wednesday	English	Last Tues.	Spanish	English	
Thursday	English	of the month	Spanish	English	
Friday	English	ONLY	Spanish	English	

**Note: Orientation Schedule change is effective June 24, 2014. There is no 2:15 pm English orientation the last Tuesday of the month.*

South Region Family Resource Center
690 Oxford Street, Chula Vista, CA 91911

Day	7:30am	9:15am	11:00am	1:30pm	
Monday	Spanish	English	Spanish	English	
Tuesday	Spanish	English	Spanish	English	
Wednesday	Spanish	English	Spanish		
Thursday	Spanish	English	Spanish	English	
Friday	Spanish	English	Spanish	English	

**Note: Orientation Schedule change is effective March 3, 2014*

Revised 6/13/2014

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