



Questions about your Medi-Cal Managed Care Health Plan?

Need help:

- ✓ Selecting a Health Plan?
- ✓ Changing your Health Plan?
- ✓ Keeping your current doctor?
- ✓ Choosing or changing a doctor?

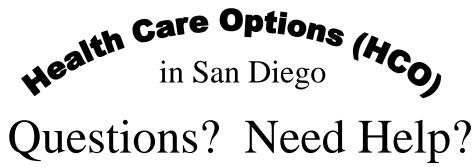
We Can Help!

Attend a Health Care Options (HCO) Orientation



Let us help you to





Call the HCO enrollment counselor at a Family Resource Center (FRC) near you.

Centre City FRC

1255 Imperial Ave, San Diego, CA **Enrollment Counselor:** 619-237-8506

El Cajon FRC

220 South First Ave, El Cajon, CA Enrollment Counselor: 619-401-6184

Lemon Grove FRC

7065 Broadway, Lemon Grove, CA Enrollment Counselor: 619-668-3784

National City FRC

401 Mile of Cars Way, National City, CA **Enrollment Counselor:** 619-731-3235

North Central FRC

5055 Ruffin Rd, San Diego, CA **Enrollment Counselor:** 858-573-7341

North Coastal FRC

1315 Union Plaza Ct, Oceanside, CA Enrollment Counselor: 760-754-5860 Northeast FRC

7290 El Cajon Blvd, San Diego, CA Enrollment Counselor: 619-337-6240

North Inland FRC

649 W. Mission Ave, Suite 1000, Escondido, CA Enrollment Counselor: 760-740-4069

Southeast FRC

4588 Market Street, San Diego, CA **Enrollment Counselor:** 619-266-3963

Chula Vista FRC

690 Oxford Street, Chula Vista, CA **Enrollment Counselor:** 619-409-3296

Healthy San Diego

Information Line: 619-515-6584

Questions about Covered California? We Can Help! Call your HCO rep today

Concerns? Problems?

Call the Consumer Center for Health Education and Advocacy: 1-877-734-3258 (toll free) State Medi-Cal Ombudsman: 1-888-452-8609 State Department of Managed Health Care: 1-888-HMO-2219

Healthy San Diego Website: http://www.sandiegocounty.gov/hhsa/programs/ssp/healthy san diego/index.html

HHSA: HSD 7 (2/2017) Health and Human Services Agency