

## Senior Mentors Care

The Senior Mentor Program is an innovative approach to assist CalWorks participants and their family's transition from the rolls of welfare into the world of work.

Seniors, 55 and up, support and assist CalWorks participants through one-on-one meetings. Mentors serve as sounding boards and share varied work and life experiences.

Senior Mentors come from a wide range of educational, cultural and ethnic backgrounds. They are former teachers, doctors, engineers, artists and professionals . . . and are carefully matched with CalWorks participants.

They provide personal insight on a wide variety of subjects . . . including personal financial management, productive work environments and strengthening relationships with employers, families and their communities.

This innovative Senior Mentor program is the first of it's kind in California. It is administered by Comprehensive Training Systems in partnership with the San Diego County Health & Human Services Agency.

### SENIOR MENTORS ARE . . .

- GUIDES
- COACHES
- LISTENERS
- ADVOCATES
- RESOURCES
- SUPPORTERS
- ROLE MODELS

## Senior Mentors Help

Mentors serve as intermediaries between employers and employees to ensure that working relationships continue to be productive.

Mentors are trained to assist with the small and large conflicts that are part of the world of work.

Employees assigned to Senior Mentors are more likely to remain on the job. Mentors the no-cost solution to employee turnover.



**Comprehensive Training Systems**

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