



Overview of the Behavioral Health Advisory Board

Thursday, February 11, 2016

Phillip R. Deming, LMFT, BHAB Chair

Purpose Statement

The purpose of the County of San Diego Behavioral Health Advisory Board is to:

- review and evaluate the community's behavioral health needs, services, programs, facilities, and procedures used to ensure citizen and professional involvement in the planning process and,
- to advise the Board of Supervisors, the Director of HHSA and the Director of Behavioral Health Services on any aspects of the above.

History of BHAB

Merger of Two Boards

- Mental Health Board (MHB)
- Alcohol and Drug Advisory Board (ADAB)
 - Decision to merge followed County of San Diego decision in 2012 merging mental health and alcohol and drug services for a more effective service delivery system
 - Joint committee established to work through integration process
- BOS established BHAB: December 2, 2014
- First BHAB meeting: February 5, 2015

BHAB Membership

BHAB - 21 Members

- 20 members from the general public consisting of four members from each supervisorial district
- Board of Supervisors (BOS) designates a County Supervisor for the 21st Seat
- All serve a three-year term

Four members from each district must include:

- Person in Recovery
- Family Member
- Prevention Specialist
- Treatment and Recovery Specialist

BHAB Members



BHAB Executive Officers

Five BHAB members are elected as Officers for a one-year term; one Officer must be a Person in Recovery



left to right: Alfredo Aguirre (BHS Director), Phil Deming (Chair), Jenifer Mendel (1st Vice-Chair), John Sturm (2nd Vice-Chair), Rebecca Hernandez (Member-at-Large), Vanessa Mapula (Member-at-Large)

BHAB Accomplishments in 2015

Major Accomplishments: Inaugural Year

- Recommended BHS Implementation Plan for Assisted Outpatient Treatment (also known as Laura's Law)
- Supported expansion of Psychiatric Emergency Response Teams (PERT)
- Recommended the addition of \$10,000,000 in funds for future housing
- Formation of the **Suicide Prevention Workgroup**

Suicide Prevention Workgroup

- Established by Supervisor Dave Roberts in April 2015
- Workgroup consisted of five BHAB Members, including Supervisor Roberts as Chair
- Developed recommendations to address challenges, identify gaps and develop ways to enhance efforts toward suicide prevention
- Submitted report to BHAB in November with 12 recommendations
- In December, BHAB voted to move forward 10 of 12 recommendations

Suicide Prevention Workgroup

Next Steps: BHS is working on a feasibility review and will report back in Spring 2016



left to right: Ed Weiner, Janie Hoover, Jerry Hall, Supervisor Dave Roberts, John Sturm, Phillip Deming, Traci Finch and Tracee Estigoy

Fall Retreat Objectives

Saturday, October 10, 2015 (half-day)

- **State of BHAB** - how is the integration going?
- **Role of an Advisory Board** from the perspective of:
 - A County Supervisor: Dave Roberts
 - BHS Director: Alfredo Aguirre
 - BHS Chair: Tom Behr
- **Review of Dashboard Indicators** – understanding and improving our data reports
- **Establishing Priorities** – each BHAB members was asked to state one priority issue for consideration in 2016
- **Priorities** – formally established in January 2016 (see document)

BHAB Today

- Established Priorities driving the formation of subcommittees and/or workgroups
- February 4, 2016 – discussion of Drug Medi-Cal workgroup (likely)
- BHAB Annual Report to be finalized in March
- Finalizing the 2016 Presentation Calendar
 - Scheduling out the “must-have” topics and the suggested topics
- Continuing to build structure of BHAB meetings
 - Finding the right balance of presentations and open discussion

Opportunities for Cross Threading

- Explore aligned priorities between BHAB and SSAB
- Opportunities for cross-participation



BHAB Resources

BHAB Website: www.sandiego.networkofcare.org/mh

- Click on “Behavioral Health Advisory Board”
- Meeting Information
- Roster
- Agendas/Minutes
- Bylaws
- Reports

Traci Finch, BHAB Coordinator

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