Your guide to facilities and locations

San Diego County
# San Diego County facilities and locations

Kaiser Permanente medical centers and affiliated hospital

<table>
<thead>
<tr>
<th>No.</th>
<th>Facility Name</th>
<th>Address</th>
<th>Scheduled Open Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Kaiser Permanente San Diego Medical Center/Kaiser Foundation Hospital</td>
<td>9455 Clairemont Mesa Blvd., San Diego, CA 92123</td>
<td>April 2017</td>
</tr>
<tr>
<td>2</td>
<td>Kaiser Permanente Zion Medical Center/Kaiser Foundation Hospital</td>
<td>4647 Zion Ave., San Diego, CA 92120</td>
<td></td>
</tr>
</tbody>
</table>

Kaiser Permanente medical offices

<table>
<thead>
<tr>
<th>No.</th>
<th>Facility Name</th>
<th>Address</th>
<th>Departments and Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>Palomar Medical Center Escondido†</td>
<td>2185 W. Citracado Pkwy., Escondido, CA 92029</td>
<td>Cardiology*, Emergency Department, Endocrinology*, Gastroenterology*, General Surgery*, Head and Neck Surgery*, Hematology/Oncology*, Infectious Disease*, Internal Medicine*, Labor and Delivery, Nephrology*, Neurology*, Ophthalmology*, Orthopedic Surgery*, Pulmonary and Critical Care Medicine*, Urologic Surgery*</td>
</tr>
<tr>
<td>4</td>
<td>Bonita Medical Offices</td>
<td>3955 Bonita Rd., Bonita, CA 91902</td>
<td>Primary Care (family medicine, internal medicine), Laboratory, Nurses Clinic, Optometry/Optical Center, Pediatrics*, Pharmacies</td>
</tr>
<tr>
<td>5</td>
<td>Bostonia Medical Offices</td>
<td>1630 E. Main St., El Cajon, CA 92021</td>
<td>Primary Care (family medicine, internal medicine), Laboratory, Nurses Clinic, Pharmacy, Positive Choice Wellness Center (biofeedback, creative arts therapy, exercise classes, fitness testing, healthy cooking, personal training, walking groups, and weight management)<em>, Psychiatry</em></td>
</tr>
<tr>
<td>6</td>
<td>Carlsbad Medical Offices</td>
<td>6860 Avenida Encinas, Carlsbad, CA 92009</td>
<td>Primary Care (family medicine, internal medicine), Laboratory, Nurses Clinic, Optometry/Optical Center, Pediatrics*, Pharmacy</td>
</tr>
</tbody>
</table>

†This is a contracted Plan facility. The Emergency Department at this facility is not appropriate for urgent care. Use of the Emergency Department for urgent care services may not be paid by Kaiser Permanente.

*By referral only
Kaiser Permanente Medical Offices (continued)

7 Carmel Valley Medical Offices
3851 Shaw Ridge Rd., San Diego, CA 92130
Departments and services:
• Cardiology*
• Cosmetic services
• Dermatology*
• Endocrinology*
• Laboratory
• Neurology*
• Nurses Clinic
• Obstetrics-Gynecology
• Pediatrics*
• Pharmacy
• Primary Care (family medicine, internal medicine)
• Radiology/
  Diagnostic Imaging*

8 Clairemont Mesa Medical Offices
7060 Clairemont Mesa Blvd., San Diego, CA 92111
Departments and services:
• Allergy*
• Dermatology*
• Laboratory
• Nurses Clinic
• Optometry/
  Optical Center
• Pediatric Endocrine/
  Diabetes Clinic*
• Pediatric –
  John Richards
  Learning Center
• Pediatrics
• Pharmacy
• Primary Care (family medicine, internal medicine)
• Radiology/
  Diagnostic Imaging*
• Vision Essentials

9 El Cajon Medical Offices
250 Travelodge Dr., El Cajon, CA 92020
Departments and services:
• Laboratory
• Obstetrics-Gynecology
• Ophthalmology*
• Optometry
• Orthopedic Surgery*
• Pharmacy
• Physical/Occupational Therapy*
• Radiology/
  Diagnostic Imaging*
• Vision Essentials

10 Escondido Medical Offices
732 N. Broadway, Escondido, CA 92025
Departments and services:
• Laboratory
• Nurses Clinic
• Nutrition Services*
• Optometry/
  Optical Center
• Pediatrics*
• Pharmacy
• Primary Care (family medicine, internal medicine)
• Radiology/
  Diagnostic Imaging*
• Vision Essentials
• Pediatric*
• Pharmacy
• Primary Care (family medicine, internal medicine)
• Radiology/
  Diagnostic Imaging*
• Urgent Care
• Urologic Surgery*
• Urology*
• Vision Essentials

11 La Mesa Medical Offices
8080 Parkway Dr., La Mesa, CA 91942
Departments and services:
• After-Hours Care
• Business Services
• Dermatology
• Laboratory
• Nurses Clinic
• Nutrition Services
• Optometry/
  Optical Center
• Pediatrics
• Pharmacy
• Primary Care (family medicine, internal medicine)
• Radiology/
  Diagnostic Imaging
• Urgent Care
• Vision Essentials

12 Oceanside Medical Offices
1302 Rocky Point Dr., Oceanside, CA 92056
Departments and services:
• Laboratory
• Nurses Clinic
• Pediatrics*
• Pharmacy
• Radiology/
  Diagnostic Imaging*

13 Otay Mesa Medical Offices
4650 Palm Ave., San Diego, CA 92154
Departments and services:
• Ambulatory Surgery Unit*
• Audiology*
• Cardiology*
• Complete Care Management
• Gastroenterology*
• General Surgery*
• Hematology/
  Oncology*
• Infusion Center*
• Interventional Radiology*
• Laboratory
• Member Services
• Neurology*
• Nurses Clinic
• Nutrition Services*
• Obstetrics-Gynecology
• Occupational Medicine (Kaiser On-the-Job)*
• Ophthalmology*
• Optometry/
  Optical Center
• Orthopedics*
• Outpatient Surgicenter*
• Pediatrics*
• Pharmacy
• Physical Medicine*
• Physical/Occupational Therapy*
• Podiatry*
• Positive Choice Wellness Center (biofeedback, creative arts therapy, exercise classes, fitness testing, healthy cooking, personal training, walking groups, and weight management)*
• Primary Care (family medicine, internal medicine)
• Psychiatry*
• Pulmonary Medicine*
• Radiology/
  Diagnostic Imaging*
• Urgent Care
• Urologic Surgery*
• Urology*
• Vision Essentials
Kaiser Permanente medical offices (continued)

14 Point Loma Medical Offices
3250 Fordham St., San Diego, CA 92110
Departments and services:
• Gynecology
• Infectious Disease*
• Infertility*
• Laboratory
• Nurses Clinic
• Pharmacy
• Primary Care (family medicine, internal medicine)
• Radiology/ Diagnostic Imaging*
• Travel Advisory Service
• Urogynecology*

3420 Kenyon St., San Diego, CA 92110
Departments and services:
• Addiction Medicine*
• Psychiatry*

15 Rancho Bernardo Medical Offices
Kaiser Permanente Excel Centre
17140 Bernardo Center Dr., San Diego, CA 92128
Departments and services:
• Behavioral Health (coming in 2017)
• Laboratory
• Nurses Clinic
• Obstetrics-Gynecology
• Occupational Medicine (Kaiser On-the-Job)*
• Pediatrics*
• Pharmacy
• Primary Care (family medicine, internal medicine)
• Radiology/ Diagnostic Imaging*
• Rheumatology*

16 Rancho San Diego Medical Offices
3875 Avocado Blvd., La Mesa, CA 91941
Departments and services:
• Laboratory
• Nurses Clinic
• Pediatrics*
• Pharmacy
• Primary Care (family medicine, internal medicine)
• Radiology/ Diagnostic Imaging*

17 San Marcos Medical Offices
400 Craven Rd., San Marcos, CA 92078
Departments and services:
• Allergy*
• Audiology (self-referrals accepted)*
• Cardiology*
• Comprehensive Pain Management*
• Dermatology*
• Endocrinology*
• Gastroenterology*
• General Surgery*
• Head and Neck Surgery*
• Hematology/ Oncology*
• Infectious Disease*
• Infusion Center*
• Laboratory
• Member Services
• Nephrology*
• Neurology*

18 Vandever Medical Offices
4405 Vandever Ave., San Diego, CA 92120
Departments and services:
• After-Hours Care
• General Surgery*
• Information
• Laboratory
• Member Services
• Neurology*
• Nurses Clinic
• Obstetrics-Gynecology
• Ophthalmology*
• Optometry/ Optical Center
• Pediatric Specialties (cardiology, circumcision, cystic fibrosis, NICU follow-up, pulmonology, rheumatology, and sports medicine)*
• Pediatrics*
• Pharmacy
• Primary Care (family medicine, internal medicine)
• Radiology/ Diagnostic Imaging*
• Sleep Clinic*
• Urologic Surgery*
• Urology*
• Vision Essentials

19 Vista Medical Offices
780 Shadowridge Dr., Vista, CA 92803
Departments and services:
• Ophthalmology*
• Optometry/ Optical Center
• Pharmacy
• Psychiatry*
• Vision Essentials
• HEARx West Hearing Care Centers
  1-800-528-3277
Specialty facilities

20 Blood Donor Center
6511 Mission Gorge Rd., San Diego, CA 92120
Donate blood by appointment or walk-in. Blood drives at your place of employment, church, or club can also be arranged.

21 Garfield Specialty Center
5893 Copley Dr., San Diego, CA 92111
Departments and services:
• Ambulatory Surgery Center (ASC)
• Audiology
• Comprehensive Pain Management*
• Gastroenterology*
• General Surgery*
• Head and Neck Surgery*
• Interventional Anesthesia*
• Laboratory
• Orthopedic Surgery*
• Pharmacy
• Plastic Surgery*
• Podiatry*
• Radiology/Diagnostic Imaging*
• Urologic Surgery*
• Urology*

22 Kearny Mesa Pain and Rehabilitation Center
4510 Viewridge Ave., San Diego, CA 92123
Departments and services:
• Nephrology*
• Physical Medicine*
• Physical/Occupational Therapy*
• Speech Pathology*

23 Positive Choice Wellness Center
7035 Convoy Ct., San Diego, CA 92111
Departments and services:
• Biofeedback, creative arts therapy, exercise classes, fitness testing, healthy cooking, personal training, walking groups, and weight management*

24 San Diego Mission Road
10990 San Diego Mission Rd., San Diego, CA 92108
Departments and services:
• Continuing Care Services (family violence program, long-term care, senior/geriatric services, social services)*
• Health Education
• Home Health*
• Hospice*
• Nutrition Services*
• Pharmacies

25 Scripps Medical Office
HM Poole Building
9834 Genesee Ave., Suite 114, San Diego, CA 92037
Departments and services:
• Cardiac Surgery*
• Diagnostic and Interventional Cardiology Services*
• HEARx West Hearing Care Centers 1-800-528-3277 hearusa.com

*By referral only
If you reasonably believe you have an emergency medical condition, call 911 or go to the nearest emergency department. An emergency medical condition is a medical or psychiatric condition that requires immediate medical attention to prevent serious jeopardy to your health. For the complete definition of an emergency medical condition, please refer to your Evidence of Coverage.

kp.org/sandiego
Care close to home or work

Wherever you live in and around San Diego County, you can use this handy guide to find a Kaiser Permanente hospital, medical office, or other health facility near you.

For more information, call our Member Service Contact Center at 1-800-464-4000 or 711 (TTY), 24 hours a day, 7 days a week (closed holidays).

To make a routine, same-day, or after-hours appointment at a facility in San Diego County, call our Appointment Center at 1-800-290-5000 or 711 (TTY), 7 days a week from 7 a.m. to 7 p.m.

For after-hours care, call 1-888-KPONCALL (1-888-576-6225).

You can also schedule routine appointments online at kp.org with My Health Manager. To use the secure online features of My Health Manager for the first time, just sign up at kp.org/register, then sign on with your user ID and password.