



Live Well San Diego Top 10 Indicators Annual Progress Update October 2015



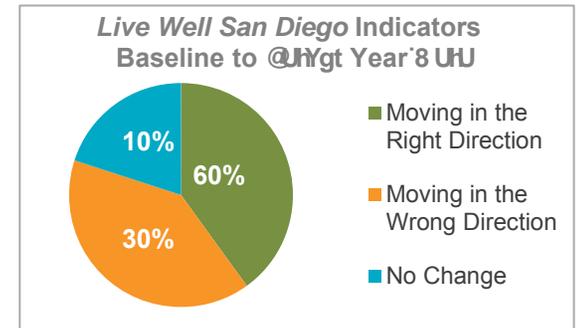
Live Well San Diego is an ambitious, long-term plan that involves everyone – not just County government – working together to promote healthy, safe and thriving communities.

How progress will be measured: The *Live Well San Diego* Indicators are part of a framework that spans across 5 Areas of Influence: Health, Knowledge, Standard of Living, Community and Social, which influence well-being across the life span of an individual. The *Live Well San Diego* Indicators, introduced in October 2013, allow the County to connect a wide array of programs and activities to measurable improvements in the health, safety and well-being of every resident.

What we will learn: We will compare current year data to baseline data, revealing if we are moving in the right direction or if more efforts are needed to change course to a positive direction. We will also review San Diego’s data compared to the state and nation to evaluate how we are doing compared to other jurisdictions.

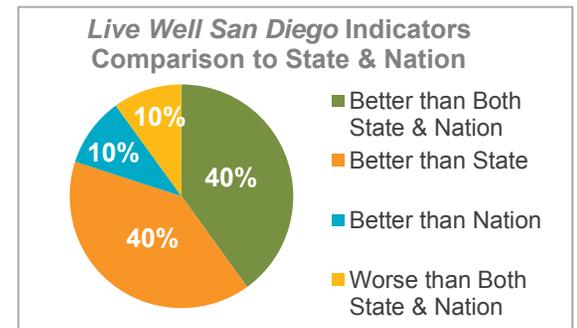
Current Year Compared To Baseline:

- Six leading Indicators moved in the right direction – **Life Expectancy, Education, Spending Less Than 1/3 of Income on Housing, Security, Physical Environment** and **Community Involvement**.
- Three leading Indicators moved in the wrong direction – **Quality of Life, Unemployment Rate***, and **Vulnerable Populations**.
- One leading Indicator showed no change because current year data was not available – **Built Environment**.



San Diego County Compared to the State and Nation:

- We are doing better than both the state and nation on four of our Leading Indicators—**Life Expectancy, Quality of Life, Security, and Community Involvement**.
- We are doing better than the state for four leading Indicators – **Education, Unemployment, Physical Environment, and Vulnerable Populations**.
- We are doing better than the nation for one leading Indicator – **Built Environment**.
- We are doing worse than both the state and nation for one leading Indicator – **Income**.



Next Steps:

- Evaluate progress; strategize to improve outcomes.
- Communicate progress with partners and the community.
- Implement actions to achieve results and move the dial on the Indicators in the right direction.



* Local Unemployment rate data, subject to adjustment, reflects a downward trend.



Live Well San Diego Top 10 Indicators

Annual Progress

October 2011



HEALTH



KNOWLEDGE



STANDARD OF LIVING



COMMUNITY



SOCIAL

How Are We Doing?	Indicator: Measure	We want to increase this ↑ We want to decrease this ↓	San Diego		California		United States	
			Baseline	Latest Yr Data	Baseline	Latest Yr Data	Baseline	Latest Yr Data
HEALTH - Enjoying good health and expecting to live a full life								
●	Life Expectancy: Measure of years of length and duration of life expected at birth	↑	81.5 (2010)	82.3 (2013)	80.8 (2010)	81.2 (2012)	78.7 (2010)	78.8 (2011)
●	Quality of Life: Percent of population that is sufficiently healthy to be able to live independently (not including those who reside in nursing homes or other institutions)	↑	95.3% (2011)	95.0% (2013)	94.7% (2011)	94.5% (2013)	94.2% (2011)	94.2% (2013)
KNOWLEDGE - Learning throughout the lifespan								
●	Education-High School Diploma or Equivalent: Percent of population with a High School Diploma or equivalent	↑	84.3% (2011)	84.7% (2013)	81.1% (2011)	81.7% (2013)	85.9% (2011)	86.6% (2013)
STANDARD OF LIVING - Having enough resources for a quality life								
●	Unemployment Rate: Percent of the total labor force that is unemployed (actively seeking employment and willing to work)	↓	9.1% (2011)	10.3% (2013)	10.1% (2011)	11.5% (2013)	8.7% (2011)	9.7% (2013)
●	Spending Less Than 1/3 of Income on Housing: Percent of population spending less than 1/3 of household income on housing	↑	48.9% (2011)	49.9% (2013)	50.2% (2011)	53.5% (2013)	60.2% (2011)	63.3% (2013)
COMMUNITY - Living in a clean and safe neighborhood								
●	Security-Overall Crime Rate: Number of crimes per 100,000 people (all crimes, including violent and property)	↓	2,430.3 (2011)	2,138.7 (2013)	2,994.9 (2011)	2,837.2 (2013)	3,295.0 (2011)	2,961.6 (2013)
●	Physical Environment-Air Quality: Percent of days that air quality was rated as unhealthy	↓	6.8% (2010)	4.7% (2014)	12.5% (2010)	5.8% (2014)	3.5% (2010)	N/A
○	Built Environment-Distance To Park: Percent of population living within a half mile of a park	↑	50.0% (2010)	N/A	58.0% (2010)	N/A	36.8% (2010)	N/A
SOCIAL - Helping each other to live well								
●	Vulnerable Populations-Food Insecurity: Percent of population with income of 200 percent of poverty or less, who have experienced food insecurity	↓	35.1% (2009)	38.1% (2014)	40.4% (2009)	38.4% (2014)	N/A	N/A
●	Community Involvement-Volunteerism: Percent of population who volunteer	↑	31.1% (2011)	36.9% (2013)	25.7% (2011)	24.3% (2013)	26.8% (2011)	25.4% (2013)

● Moving in the right direction. ● Moving in the wrong direction. ○ No change due to data not available for current year.

Note: The most current local data, that has state and national comparison data, is reported. N/A means data is Not Available.

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