



COMMUNITY

Additional Information about the  
*Live Well San Diego*  
Built Environment Indicator



## THE BUILT ENVIRONMENT

The **Built Environment** refers to human-made infrastructure and resources designed to support human activity, such as schools, libraries, parks, transit routes, police and fire stations, grocery stores and other amenities.

The characteristics of the built environment can affect the health of residents in multiple ways. For example, living in proximity of fast food restaurants in an area in which there is little or no access to fresh and affordable foods can contribute to higher rates of obesity. A high density of alcohol retailers can contribute to substance abuse problems and crime. Conversely, the existence of parks, trails and recreational facilities within a community can contribute to better health because it is easier for residents to be physically active.

*Live Well San Diego* Indicators for the built environment currently include only one Indicator for access to recreational facilities. This is because there is a lack of comparable data at the national, State and county level for many dimensions of the built environment. However, these links below will direct you to data that will give you a more comprehensive picture of the built environment in San Diego County.

### Find Answers to Your Questions about San Diego County's Built Environment:



Go to: The Community Health Statistics Page on the County of San Diego Website: [CLICK HERE](#)

#### My question is...

#### Here's where I can find answers...

*Special Note: These files are large and may take a few minutes to upload to your computer.*

What does my community look like in terms of community resources and features (health care, social services, public safety, schools, bike routes and more)?

[Community Resources Atlas](#)

Where are the alcohol retailers located in my community?

[Alcohol Retailer Atlas](#)

What food retailers (grocery stores, fast food, farmers' markets, community gardens) are located in my community?

[Food Retailers Atlas](#)

How does my community rank in terms of access to healthy food choices?

[Retail Food Environment Index \(RFEI\) Atlas](#)

Where can I learn about plans for future growth (housing, open space, mobility and more) in the unincorporated parts of San Diego County?

[County of San Diego General Plan](#)