

# Sweetwater Regional Park

3218 Summit Meadow Road  
 Bonita, CA 91902  
 ThomBros: 1291-B7  
 619.472.7572



## Legend

- |  |                          |  |                           |
|--|--------------------------|--|---------------------------|
|  | Park Boundary            |  | Park Trail                |
|  | Water Body               |  | Nature Trail              |
|  | Park Entrance            |  | Concrete Path             |
|  | Gate                     |  | Paved Road                |
|  | Trailhead                |  | Unpaved Service Road      |
|  | Kiosk                    |  | River                     |
|  | Staging Area             |  | Intermittent Stream       |
|  | Parking Area             |  | 200' Topographic Contours |
|  | Picnic Area              |  | 40' Topographic Contours  |
|  | View Point               |  | Highway                   |
|  | Day-Use Area             |  | Major Roads               |
|  | Restroom                 |  | Streets                   |
|  | Bridge or River Crossing |  |                           |

Visitors to this 540-acre regional park have quite a palette of activities to choose from. The Summit Site, atop a hill overlooking the Sweetwater Valley, offers modern campsites – including some with corrals for equestrians who want to bring their horses and explore the 15 miles of trails in the area. Below the summit are hundreds of acres of streamside vegetation, grassland, and open areas that provide a variety of habitats for hikers, horseback riders, and mountain bikers. An adjacent local park features a lawn area and picnic tables with panoramic views of the countryside.

