Evidence-Based Intervention Services

Community Corrections Partnership

October 27, 2011

5th Goal of CCP Realignment Plan

- Strategy: Evidence-Based Supervision and Intervention Services
- Goal: Reduce Recidivism and Promote Successful Reentry
  - Protect the Public
  - Hold Offenders Accountable
  - Provide Needed Services
    - Immediate assessment of needs
    - Timely link of offenders to services
    - Case management and follow-up
- Approximately 2,000 Post Release Offenders (PROs) annually

PRO Demographic

- San Diego anticipates:
  - 90% assessed as high risk to re-offend
  - 85% have substance abuse issues
  - 20% mental health problems
  - Four in five are male
  - Prior jail and/or prison terms
  - Over 50% homelessness

Lessons Learned SB 618

- Individuals who accessed services in the community were significantly less likely to be arrested (38%), have a new conviction (18%), and/or return to prison on a new term (8%), compared to those participants that did not receive services outside of prison (73%, 64%, and 40%, respectively)
- Nine out of ten individuals who received services were not re-arrested at 60 days (96%), and at 120 days (87%), which was a larger proportion than those who did not receive services (77% and 50%, respectively)
- Almost two-thirds (63%) were in significant/severe need for services
- First 72 hours post-release from prison is a crucial period
- Participants who did not receive services in the community recidivate sooner

Two Phased Approach

- Phase I – Behavioral Health Screening Team
  - 1 to 2 week startup
- Phase II – Community Reception Center
- Parallel approaches with Phase II inclusive of Phase I at full implementation

Behavioral Health Screening Team

- Mental Health Clinician (Telecare) and an Alcohol and Drug Specialist (MHS) located at Hall of Justice and at Vista Probation office
- Pre-Release Process
  - Upon receipt of information of a pending 109 Post Release Offender (PRO), the BHST staff will:
    - Review packet
    - Access MH/ADS databases
    - Conduct outreach to community agencies
    - Coordinate for additional information with CDCR
- Post-Release Process
  - Conduct an integrated screening
  - Contact the program and arrange for intake
  - Immediately respond to engagement issues during initial 45 days
  - Link offender to alternative programs as necessary

Community Reception Center (CRC)

- Transported directly from prison to the CRC
- Transitional Facility, up to7 working days
- Objectives during CRC stay:
  - Clean and sober for at least three days
  - Assessments (e.g. COMPAS, Alcohol and Other Drugs) completed
  - Medical and mental health screenings
  - Participation in a cognitive-behavioral therapy curriculum
  - A preliminary case plan is developed and provided to the assigned Probation Officer and PRO.
  - Meeting with assigned Probation Officer and multi-disciplinary team.
  - Referrals and connections with community services are made
- Physical space for a multi-disciplinary team
- On-site detox

Benefits of the Plan

- Addresses the known points of failure in successful reentry
- Strategically addresses public safety issue
- Evidence-Based Practices
- Leverage knowledge, expertise, and community relationships of individuals on the multi-disciplinary team
- Centralized and promotes the seamless and timely transition of PROs into the community and intervention services
- Supports capturing quality statistical data to further develop the realignment strategies
- Greater control over the management and funding of intervention services
- Engages the community

Behavioral Health Screening Team Proposal

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Background

- San Diego anticipates:
  - 85% of offenders will need substance abuse treatment
  - 20% of offenders will need specialized mental health treatment

BH Screening Team Goals

- Immediately link offenders to appropriate treatment services to address mental health and/or substance abuse needs

- Ensure treatment engagement by providing case management services during initial 45 days following referral

Staffing

Mental Health Clinician and an Alcohol and Drug Specialist will be co-located at Hall of Justice and at Vista Probation office

Pre-Release Process

- Upon receipt of information of a pending 109 Post Release Offender (PRO), the BHST staff will:
  - Review packet
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  - Conduct outreach to community agencies
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Post-Release Process

- Conduct an integrated screening
- Contact the program and arrange for intake
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Cost

Annual cost: $400-$500K

Supports following staffing at each of the two Probation sites:

- .50 FTE Mental Health Clinician
- 1.0 FTE Alcohol and Drug Specialist
- .50 FTE Administrative Assistant

Implementation

- Within 1-2 weeks of CCP approval

- Contractors:
  - Telecare: Mental Health Clinician
  - MHS: Alcohol and Drug Specialist