



COUNTY OF SAN DIEGO

# MEDIA ADVISORY

FOR IMMEDIATE PUBLICATION

May 7, 2010

**CONTACT:** Denise Nelesen (858) 505-6474

**DAY OF EVENT:** (619) 823-9319

## **VOLUNTEERS MAKE MOTHER'S DAY SPECIAL FOR SENIORS**

*"Meals on the Move" Delivers 1,000 Hot Dinners*

**WHAT:** Meals on the Move (MOM) volunteers will deliver nearly 1,000 hot dinners with all the trimmings to homebound seniors at several sites in the county. Each volunteer also brings a carnation and a colorful placemat made by a student.

**WHO:** Volunteers with Meals on the Move, a home-delivered meal program of the Health and Human Services Agency's Aging & Independence Services.

**WHEN:** 9 a.m. on Mother's Day -- Sunday, May 9  
(Volunteers will be at the center until 10 a.m., then off delivering meals)

**WHERE:** National City Nutrition Program, 1415 D Ave., National City, 91950

**To set up a photo or ride-along opportunity, contact Denise Nelesen at the numbers listed above.**

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