



# COUNTY OF SAN DIEGO NEWS RELEASE

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**Contact:** Denise Nelesen (858) 505-6474

## **U.S. ADMINISTRATION ON AGING HONORS COUNTY PROGRAM *Aging & Disability Resource Connection Selected a 2007 'Champion'***

The Aging & Disability Resource Connection (ADRC), a program of San Diego County Health and Human Services Agency's Aging & Independence Services, has been named one of this year's national Choice for Independence Program Champions by the U.S. Administration on Aging.

The 2007 Champions program highlights initiatives that demonstrate the principles of choice, control and independence for older persons and those with disabilities regarding health care and long term care. Each workday in May, a new champion will be featured and the ADRC will be featured on May 25.

The ADRC is a one-stop shop for services, health literature, assistive products, Medicare Part D updates, relevant legislation, fall prevention techniques as well as home and community-based care planning.

The website, [www.sandiego.networkofcare.org/aging](http://www.sandiego.networkofcare.org/aging), is a protected site for users to store their own health-related information. Another important feature of the website is the Long-Term Care Options Counselor, which helps users think through various aspects of their needs to narrow in on the right solution.

Persons who do not have access to the Internet, or who cannot find what they need, can call the AIS Call Center at **(800) 510-2020**, or Access to Independence, the local Independent Living Center for people with disabilities at **(800) 300-4326** (TTY: 1-800-959-9395). Both centers have trained specialists to provide resource assistance.

To view the Administration on Aging's website for the Choices for Independence Program Champions, see [http://www.aoa.gov/press/oam/Program\\_champions/program\\_champions.asp](http://www.aoa.gov/press/oam/Program_champions/program_champions.asp).

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