



COUNTY OF SAN DIEGO NEWS RELEASE

FOR IMMEDIATE RELEASE
November 21, 2007

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MEDIA ADVISORY

VOLUNTEERS MAKE THANKSGIVING SPECIAL FOR AREA SENIORS *County's Meals on the Move (MOM) Program to Deliver Free Hot Turkey Dinners*

WHO: Dozens of volunteers with Meals on the Move (MOM) delivering a holiday meal and cheer to homebound seniors.

WHAT: Delivery of hot turkey dinners with all the trimmings to homebound seniors. Each MOM volunteer also brings a colorful placemat made by local school children, plus a carnation.

WHEN: 10:30 a.m. Thanksgiving morning, Nov. 22 (BRIEF TIME PERIOD)
Volunteers at church from 10:30 to 11:30 a.m. only

WHERE: All Souls' Episcopal Church, 1475 Catalina Blvd. in Point Loma

WHY: Many homebound seniors would have no holiday celebration without the caring of volunteers who brighten their Thanksgiving day. Meals on the Move, a service of the County of San Diego HHSA (Health & Human Services Agency) Aging & Independence Services, fills an important gap in meal-delivery services with this program.

To set up a photo or ride-along opportunity, call the contact person listed above.

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