



COUNTY OF SAN DIEGO

MEDIA ADVISORY

FOR IMMEDIATE RELEASE

February 8, 2008

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COUNTY PROGRAM PROVIDES ALTERNATIVE RECREATION OPTIONS FOR DISABLED CHILDREN

Children to test adaptive sport, recreation opportunities

- WHO:** County of San Diego California Children Services (CCS) Medical Therapy Unit Staff
CCS clients (children with various physical disabilities)
Representatives from adaptive sport/recreation organizations
- WHAT:** The staff of the Medical Therapy Unit is hosting a FREE interactive afternoon to allow children who are unable to participate in traditional sports the opportunity to explore adaptive sport and recreational opportunities. Representatives from adaptive sport/recreation organizations will host hands-on demonstrations with the children, including handcycles, rugby wheelchairs and numerous other types of activities. Informational booths and mini-presentations will also be featured.
- WHEN:** 1:00 pm – 4:00 pm
Monday, February 11, 2008
- WHERE:** CCS Medical Therapy Unit (Physical Therapy Gym)
1609 East Madison Avenue
El Cajon, CA 92019
- WHY:** The California Children Services Medical Therapy Unit is a special program of the County of San Diego Health and Human Services Agency that provides occupational and physical therapy for children with eligible conditions such as cerebral palsy, spina bifida, muscular dystrophy and spinal cord injuries. This event seeks to expose the children to adaptive sports and recreational activities to promote a healthy lifestyle, as well as provide an outlet for social interaction and personal development. Involvement in sports and other activities provides an opportunity for the children to feel successful and become familiar with their capabilities. Discovering their own potential in this way can ultimately help improve their physical and emotional health.

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