



# COUNTY OF SAN DIEGO NEWS RELEASE

FOR IMMEDIATE RELEASE  
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Contact: Robyn Burns (619) 528-4082

## MEDIA ADVISORY

### **COUNTY PROGRAM PLANS SPECIAL VALENTINE'S DAY CELEBRATION** *Card Exchange Pairs Seniors, Physically Disabled Children for Friendship and Fun*

- WHO:** County of San Diego California Children Services (CCS), El Cajon Medical Therapy Unit Staff  
Children of the El Cajon Medical Therapy Unit and their parents  
Senior residents of the Country Hills Healthcare and Rehabilitation Center
- WHAT:** About a dozen children at the El Cajon Medical Therapy Unit have worked with their therapists to create over 50 handmade Valentine's Day cards for the senior residents of the Country Hills Healthcare and Rehabilitation Center. On February 14<sup>th</sup>, the children, along with their parents and therapists, will deliver the cards to the residents of the skilled nursing facility and participate in a holiday social.
- WHEN:** 3:00 – 4:00 p.m.  
Wednesday, February 14
- WHERE:** Country Hills Healthcare and Rehabilitation Center  
1580 Broadway  
El Cajon, CA 92021
- WHY:** The California Children Services Medical Therapy Unit is a special program of the County of San Diego Health and Human Services Agency that provides occupational therapy and physical therapy for children with eligible conditions such as cerebral palsy, spina bifida, muscular dystrophy and spinal cord injuries. An activity such as this Valentine's Day event provides a unique opportunity for the children to utilize their gross motor skills (e.g. dancing at the social) and fine motor skills (e.g. cutting and writing the cards). In addition, this event promotes interaction between the children, their families and the community and helps to promote awareness of the diversity of disabilities that exist in this community.

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