



# COUNTY OF SAN DIEGO

# NEWS RELEASE

FOR IMMEDIATE RELEASE  
April 25, 2005

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## **CONFERENCE TEACHES THAT GREAT PARENTS ARE MADE, NOT BORN** *Fourth Annual Parenting Conference Teaches New Skills and Offers Networking Opportunities*

The San Diego County Health and Human Services Agency (HHS) will co-host the fourth annual parenting conference, "Celebrating Families," 8 a.m. to 2 p.m. on Saturday, April 30 at the Scottish Rite Center in San Diego.

"Parents are children's first teachers," said County Board of Supervisors Chairwoman, Pam Slater-Price. "It is no easy task to raise a child, and we want to offer parents the necessary tools to help them raise healthy, successful children. I am excited that we can offer this opportunity to support the parents and caregivers in our county."

The conference will feature 13 workshops in Spanish and English, and provides a great chance for parents, with children of any age, to learn new skills and increase their understanding of child and youth development, along with other parents who have similar issues and concerns. Keynote speakers, Alina Rosario and Moises Román, are hosts of the PBS series "Los Niños en Su Casa" and will provide information on encouraging reading in children. The closing speaker is Jane Clifford, Family Editor for the San Diego Union Tribune.

"Last year's conference was a great success, with more than 400 participants," said Roseann Myers, director of the County's Commission on Children, Youth and Families (CCYF), which is organizing the conference. The evaluations from participants last year emphasized how helpful the conference was in improving their knowledge of parenting.

In conjunction with CCYF, "Celebrating Families" is co-sponsored by the Child Abuse Prevention Foundation, Parenting Link, First 5 Commission of San Diego, and KPBS First Five for Kids.

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