



# COUNTY OF SAN DIEGO

# NEWS RELEASE

FOR IMMEDIATE RELEASE  
May 4, 2005

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To call on Mother's Day: (619) 548-4111

## MEDIA ADVISORY

### **VOLUNTEERS TO MAKE MOTHER'S DAY SPECIAL FOR LOCAL SENIORS** *MOMeals Delivers Hot Dinners and Cheer to 1,000 Moms (and Dads)*

- WHO:** Volunteers with MOMeals, a home-delivered meal program of the County's Aging & Independence Services.
- WHAT:** Delivery of more than 1,000 hot chicken dinners to homebound seniors at sites throughout the county. Each *MOMeals* volunteer also brings carnations and a colorful placemat made by local school children.
- WHEN:** 8:30 a.m. on Mother's Day - Sunday, May 8  
(Volunteers at center from 8:30 to 9 a.m. and leave promptly at 9 a.m.)
- WHERE:** National City Nutrition Center (Morgan Towers)  
1415 D Ave., National City, 91950
- WHY:** Many homebound seniors would have no holiday celebration without the volunteers, who brighten their Mother's Day and other holidays. The *MOMeals* program fills an important gap in meal-delivery services, providing both meals and interaction with caring volunteers.

*To set up a photo or ride-along opportunity, call the contact person listed above.*

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