



COUNTY OF SAN DIEGO

NEWS RELEASE

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COUNTY HOSTS MOVIE AND TV STAR AT VITAL AGING CONFERENCE

Debbie Reynolds to Discuss Experiences as Caregiver and Active Senior

The San Diego County Health and Human Services Agency (HHSA), [Aging & Independence Services](#) (AIS) is proud to host Debbie Reynolds, the star of "Singing in the Rain," "The Unsinkable Molly Brown" and 30 other films, Broadway shows and countless TV appearances, as the keynote speaker at its [Vital Aging Conference 2005](#). The conference will take place from 8:30 a.m. to 2 p.m. on Thursday, June 9, at the Town & Country Convention Center, 500 Hotel Circle N., San Diego.

Reynolds, 73, has maintained a vital, active life, performing 40 weeks each year in Las Vegas and other cities, plus on the road giving speeches at conferences throughout the country.

"I've never known life without working," she says. "I know there is a life of golf and hobbies. I have many friends who have chosen to retire and do just that. They start gardens and some are very happy. But it's not for me."

Whenever she gives talks, the entertainer interjects humor and stories. At the *Vital Aging Conference*, she'll share aspects of her career and personal life, including her experiences as a caregiver. Not only did she help her parents, but she took care of a woman she considered to be her great mentor: Lillian Burns Sidney, her former MGM drama coach.

Reynolds knows that as she gets older she needs to take greater care of herself, as well: "I'm a little more aware of my fragility. One thing caregivers forget is to take care of themselves."

Sponsors for the conference include AIS, AARP, Sharp HealthCare, Classic Residence by Hyatt at La Jolla Village, SignOnSanDiego.com, SecureHorizons, North Island Credit Union, Kaiser Permanente and ResponseLink.

To register for the conference, call (800) 82-SHARP or visit HHSA's Network of Care for Seniors and People with Disabilities Web site, at www.sandiego.networkofcare.org. Cost is \$5. Parking at the hotel is \$4.

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