



COUNTY OF SAN DIEGO NEWS RELEASE

FOR IMMEDIATE RELEASE

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MEDIA ADVISORY

STUDENTS TO GET LESSON IN UNDERSTANDING DIFFERENCES

Interactive Sessions Help Children Better Understand Living with Physical Disabilities

WHO: Staff and students at Del Mar Heights Elementary School
County of San Diego, Health and Human Services Agency (HHSA) California Children Services (CCS)

WHAT: Children at Del Mar Heights Elementary School, grades 2 and 4, will participate in "Understanding Differences: Physical Impairments Day," an interactive experience designed to help them appreciate the difficulties encountered by people with disabilities, particularly those with visual, auditory and physical impairments. The students will have the opportunity to experience three areas: gross motor, fine motor and ambulation. Some examples include performing activities using one side of their body only, attempting to tie their shoes while wearing gloves and performing activities while in a wheelchair.

"Understanding Differences: Physical Impairments Day" is a collaboration between the County of San Diego HHSA California Children Services and Del Mar Heights Elementary School, and is based on a concept created by Rady Children's Hospital and Healthcare Center neurologist Dr. Jenni Freedom.

WHEN: 9:00 a.m. – 2:30 p.m.
Monday, November 6

WHERE: Del Mar Heights Elementary
13555 Boquita Dr.
Del Mar, CA 92014

WHY: "Understanding Differences: Physical Impairments Day" serves as a hands-on method to educate grade school children about the difficulties encountered in everyday living by those who have a disability. The activities help teach empathy as well as expose the students to health care careers. The outreach event is also designed to educate the community about CCS and its services.

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