



# COUNTY OF SAN DIEGO NEWS RELEASE

FOR IMMEDIATE PUBLICATION

Dec, 7, 2005

**CONTACT:** Leslie Ridgeway (619) 685-2239

## MEDIA ADVISORY

### EVENT TO INCREASE AWARENESS OF IMPORTANCE OF HAND WASHING

**WHO:** Wilma Wooten, M.D., Deputy Public Health Officer, Health and Human Services Agency (HHS), County of San Diego  
Debbie Macdonald, Executive Director, YMCA Childcare Resource Service  
Children and staff of the Copley Family YMCA Preschool

**WHAT:** Event to recognize National Hand Washing Awareness Week (Dec. 4 – 10). Preschoolers will participate in fun activities that demonstrate the importance of proper hand washing to protect health. The children will enjoy an “illuminating” hand-washing demonstration using a black light, do pantomime to a hand washing song and listen to a book reading.

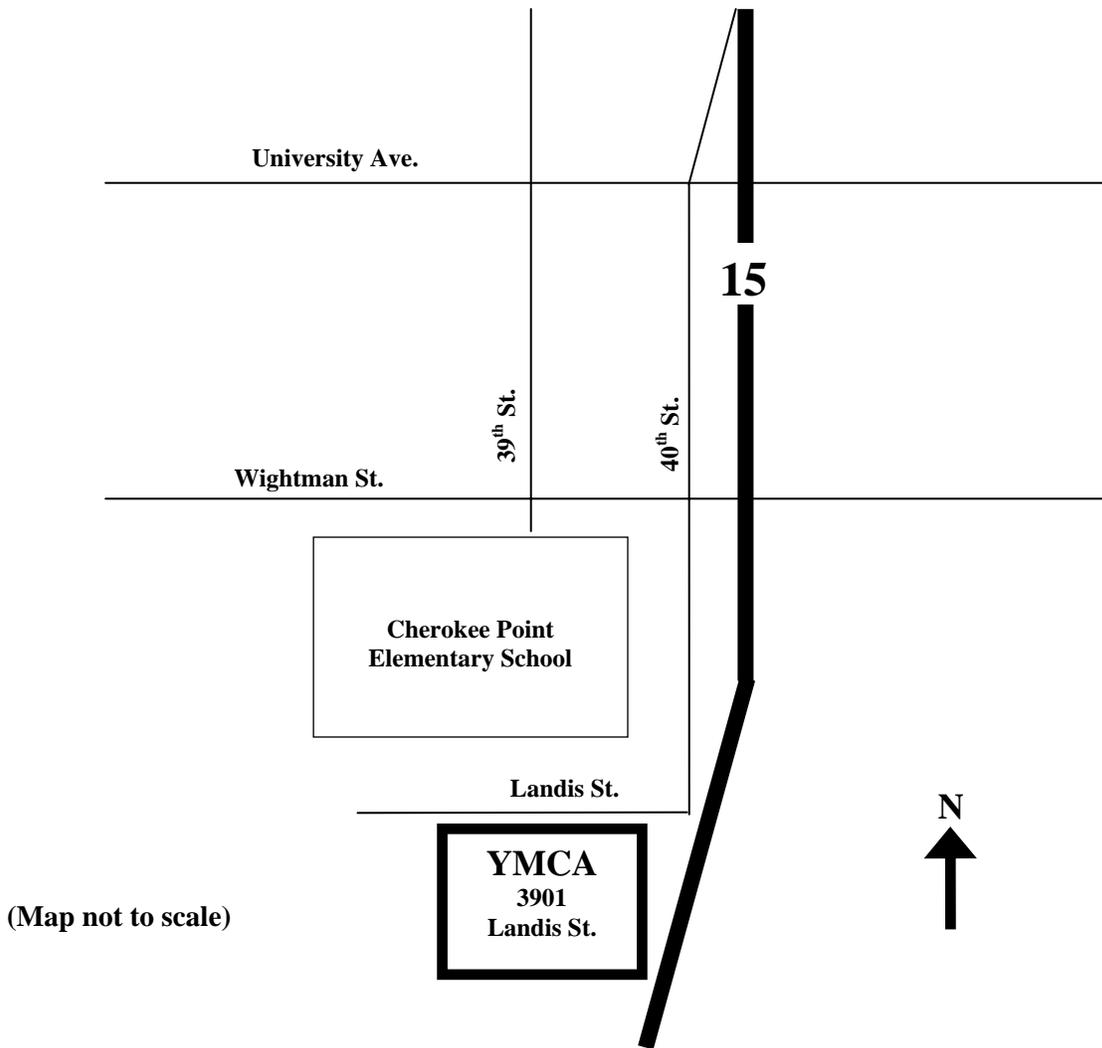
**WHEN:** 10 a.m.  
Wednesday, December 7, 2005

**WHERE:** Copley YMCA Preschool  
3901 Landis Street, San Diego  
(*event is not open to the public*)

**WHY:** National Hand Washing Awareness Week is a national observance meant to show how important hand washing can be in reducing the spread of diseases like colds and flu. This San Diego event will illustrate a simple step everyone, young and old, can take to help reduce their chances of getting sick. Proper, thorough hand washing, done often, can help reduce the amount of germs on people’s hands, and that in turn can help reduce the spread of diseases like colds and the flu. The event is presented by HHS and the YMCA Childcare Service (a department of the YMCA of San Diego County).

Dr. Wilma Wooten will be available for interviews.

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**From the North:** Take I-15 South . Take the exit toward University Ave. Take the University Ave. ramp. Stay straight to go onto 40<sup>th</sup> St. Follow 40<sup>th</sup> St. to Landis and turn right on Landis. The YMCA is on the left. Parking is available on the street and also at the parking lot ahead on the left beyond the YMCA building.

**From the South:** Take I-15 North to the University Ave. exit. Turn left onto University Ave., cross the freeway and turn left on 40<sup>th</sup> St. Follow to Landis and turn right on Landis. The YMCA is on the left. Parking is available on the street and also at the parking lot ahead on the left beyond the YMCA building.

**From the East:** Proceed west on University Ave. to 40<sup>th</sup> St., turn left on 40<sup>th</sup> St. Follow to Landis and turn right on Landis. The YMCA is on the left. Parking is available on the street and also the parking lot ahead on the left beyond the YMCA building.

**From the West:** Proceed east on University Ave. to 40<sup>th</sup> St., turn right on 40<sup>th</sup> St. Follow to Landis and turn right on Landis. The YMCA is on the left. Parking is available on the street and also the parking lot ahead on the left beyond the YMCA building.