



COUNTY OF SAN DIEGO NEWS RELEASE

FOR IMMEDIATE RELEASE
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MEALS AVAILABLE TO HOMEBOUND SENIORS AFFECTED BY FIRE *HHSA Works With Meals on Wheels to Deliver Food During Disaster*

The County of San Diego Health and Human Services Agency (HHSA) is working with *Meals on Wheels Greater San Diego* to deliver meals to homebound seniors, who might otherwise not have food during this fire disaster. *Meals on Wheels* has teams of volunteers ready to bring meals to seniors who may not have been able to leave their homes to get food, because of physical problems related to the poor air quality, and who may not have anyone to assist them.

Seniors who are having difficulty getting adequate nutrition at this time should contact *Meals on Wheels Greater San Diego* at (800) 573-6467. There is no charge for these emergency meals. Friends, relatives and neighbors of frail or homebound elderly should check on them to make sure they have the provisions they need during this time.

Non-emergency assistance for seniors and persons with disabilities is available through the County of San Diego Health and Human Services Agency through Aging & Independence Services at (800) 510-2020.

If you want to volunteer to deliver meals or can make a donation, contact *Meals on Wheels Greater San Diego* at (800) 573-6467.

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